

WHCF Quarterly Issues Report
January 1 – March 30, 2024

Section I. Issues

The station has identified the following issues as significant issues facing our community in this quarter:

- A. Education: Changes in education that impact the community.
- B. Health and Safety: Issues dealing with health and local safety and/or crime that impact the community.
- C. Family Issues: Issues that directly impact families, youth and religion.
- D. State and Local Economy: Issues affecting the state, local residents and personal finances
- E. Other: Other Issues of significant importance to the local community.

Section II. Responsive Programs

The station has broadcast programming dealing with each of the above-referenced issues. Programming dealing with each issue is set out below:

A. Education

WHCF Good Day Morning Show **01/15/2024** **6:00 – 9:00 AM** **1:00 min**

In an effort to build core literacy instruction for students and support instructional components, \$10 million in Literacy Grants has been set aside for Maine schools through Governor Mills Administration. The funding can be used by schools for things like compensating educators for participating in evidence-based literacy learning opportunities, training instructional coaches, and purchasing evidence-based literacy materials. The literacy grants will be allocated to schools based on a formulaic model.

WHCF Good Day Morning Show **01/30/2024** **6:00 – 9:00 AM** **1:00 min**

Union 93's Superintendent of Schools, Derek Perkins, was taken aback when an anonymous benefactor came forward with a \$40,000 donation for the Adams School after the person learned the school was not in compliance. Perkins said the donation will help improve the school's kitchen by replacing its oven and refrigerators, and will be used to service the school's fire panel. Perkins says the donation goes to show the importance of the Adams School to the Castine community.

WHCF Good Day Morning Show **02/06/2024** **6:00 – 9:00 AM** **1:00 min**

Gov. Mills has proclaimed this week as School Counselor Week across the state. It's a week where students, staff, and parents give extra thanks to school counselors. Scott Harris, Chair of Maine School Counselor Association, says it's usually school counselors that are first on the scene in emergency situations, and that counselors work to support the whole child and their family. For more information on the Maine School Counselor Association, you can visit maineschoolcounselor.org.

WHCF Good Day Morning Show **02/13/2024** **6:00 – 9:00 AM** **1:00 min**

Husson's Board of Trustees approved three new online undergraduate and two graduate degree programs. Programs include a Bachelor's of Science in Applied Health Sciences, Health and Fitness, Nutrition and Health, and Masters of Science in Applied Psychology, and Applied Animal Behavior. It's Husson University's biggest expansion yet to its online degree opportunities. Officials say the online option is great for non-traditional students who require more educational flexibility.

WHCF Good Day Morning Show **02/27/2024** **6:00 – 9:00 AM** **1:00 min**

The National Federation of State High School Associations will be honoring one of Easton’s finest educators. Easton Music Director Pam Kinsey was chosen as Maine’s state winner of the NFHS 2023-24 Music Outstanding Educator Award. The President of the Maine Music Educators Association, Andrew Forster, says, “This year we thought Pam Kinsey was a wonderful example of an educational leader.” Kinsey says she is overwhelmed. She will be recognized for her achievement at the Maine Music Educators Association conference in May.

WHCF Good Day Morning Show **03/06/2024** **6:00 – 9:00 AM** **1:00 min**

Riley Bosco, a ninth grader at Bangor High School, is among 126 students who won an all-expense paid trip to Washington D.C. in April to showcase their inventions. Bosco's Biodegradable Intravenous Packet (Bio-IVP), is her contest-winning creation that she hopes will help solve part of the problem of medical waste. The high schooler is now working to connect with a medical supply company in hopes of moving operations out of her own kitchen, and into modern medicine.

WHCF Good Day Morning Show **03/15/2024** **6:00 – 9:00 AM** **1:00 min**

Students from across the state will be competing in the annual SkillsUSA Maine Championships at United Technologies Center in Bangor. Competing until noon, students will test skills in carpentry, culinary, welding, video production, and more. The SkillsUSA Maine Championships is the state-level competition for high school and college students enrolled in trade, technical, and skilled service instructional programs including allied health occupations.

WHCF Good Day Morning Show **03/27/2024** **6:00 – 9:00 AM** **1:00 min**

A gathering of parents and community members took place last night in Hampden to discuss a possible restructuring of RSU 22. Three scenarios discussed included combining 6th through 8th grade, combining 3rd through 8th, also organizing students by grade level in Kindergarten through 8th grade rather than by town. The discussion was prompted after an equity audit in 2020 found the outcomes of middle school students at the Wagner school in Winterport were lagging. For more information or to leave input you can go to rsu22.us.

B. Health and Safety

WHCF Good Day Morning Show **01/02/2024** **6:00 – 9:00 AM** **1:00 min**

Warden Rick Ouellette and Maine Snowmobile Association Regional Director Larry Lafland are reminding snowmobilers of a new law that is now in effect. The Maine Legislature passed an act that prohibits off-trail operation. Many trails run through the properties of private landowners who are gracious enough to allow riding. Lafland says property damage and accidents could be an issue. Ouellette stated that fines range from \$100 to \$500. They say to watch for the signs, respect landowners, and just stay on the trails.

WHCF Good Day Morning Show **01/02/2024** **6:00 – 9:00 AM** **1:00 min**

Two of Maine’s largest healthcare systems welcomed the first babies of the New Year. Northern Light Health at Eastern Maine Medical Center in Bangor welcomed Keeley Richardson. Keely arrived at 12:21am on Monday; and exactly one hour later, MaineHealth welcomed its first baby of the year at 1:21am:

Leif MacFarlane was born at LincolnHealth in Damariscotta. Congratulations to the families.

WHCF Good Day Morning Show **01/08/2024** **6:00 – 9:00 AM** **1:00 min**

Some Ellsworth residents living within the areas of Birch, School, Park, and Church streets are breathing a sigh of relief as a boil water order has now been lifted as of yesterday afternoon. The order went into effect last Friday due to a leak in the water system in that area, but city workers have now made the repair.

WHCF Good Day Morning Show **01/08/2024** **6:00 – 9:00 AM** **1:00 min**

Waldo County Firefighters are being called heroes after saving two dogs on St. George Lake; one of them had broken through the ice and into the frigid water. The call came in about the dire situation around 7:15am last Friday. Firefighters used water rescue equipment to get ‘Pickles’ out of the water. Last report is that the dog is doing fine.

WHCF Good Day Morning Show **01/09/2024** **6:00 – 9:00 AM** **1:00 min**

Law enforcement reminds drivers to make sure and clear all the snow and ice from your vehicle, not just enough to see out the windows. The Maine Legislature enacted a law in May 2023 that requires drivers to make a “reasonable effort” to prevent snow or ice from falling off vehicles while driving. Drivers face potential fines starting at \$50 for a first offense and \$150 for a second offense for failing to clean off your vehicle. Prior to the

2023 law, Maine drivers were only required to keep the windshield, front driver side, and passenger side windows clear. Maine State Police said last year ice and snow flying off vehicles caused more than 30 crashes.

WHCF Good Day Morning Show **01/10/2024** **6:00 – 9:00 AM** **1:00 min**

Versant Power and CMP are anticipating a lot of work ahead as another powerful storm has moved into Maine. Versant has readied over 100 internal and external crews as well as tree crews in anticipation of widespread power outages. Central Maine Power has also prepared in similar fashion. Both companies remind people not to touch any downed wires and to slow down when approaching a work crew.

WHCF Good Day Morning Show **01/11/2024** **6:00 – 9:00 AM** **1:00 min**

Just a reminder as we travel the roads post storm, that flooding and high winds have caused damage to a number of areas, especially for those near and along the coast. State officials ask everyone to be careful, patient, and respectful as road and line crews continue cleanup and power restoration.

WHCF Good Day Morning Show **01/15/2024** **6:00 – 9:00 AM** **1:00 min**

Senator Susan Collins made a stop at St. Joseph Hospital in Bangor to see the major upgrades made with congressional funding that she helped secure. Collins was pleased that over \$700,000 went to upgrade their mammogram imaging equipment, and \$1.5 million will be used to provide age-friendly care, which includes plans for more ADA compliant facilities and also space for family members to comfortably accompany loved ones in end-of-life care. The new renovations are slated to start in April, coinciding with the end of respiratory illness season.

WHCF Good Day Morning Show **01/19/2024** **6:00 – 9:00 AM** **1:00 min**

A group called Flavors Hook Kids Maine says the Environmental Priorities Coalition has joined their effort to end the sale of flavored tobacco products in Maine. Officials say the coalition is made up of nearly 40 environmental, conservation, and public health organizations representing more than 120-thousand members. A report says the expanded group has endorsed a bill that would end the sale of flavored tobacco products in the state. It passed the Senate last year and is due to be taken up in the House during the current session.

WHCF Good Day Morning Show **01/23/2024** **6:00 – 9:00 AM** **1:00 min**

After a recent snowmobile fatality here in Maine, Maine's Snowmobile Association's President Al Sweat reminds riders to slow down. Sweat says before heading out, you should check the entire sled from headlights and taillights to the gauges and belt; bring a first aid kit, warm clothing, a spare belt, grease the wheel bearings, and make sure the trailer is in good shape. He says to stay aware of signs on the trails, as some will give riders information if they need to call for help.

WHCF Good Day Morning Show **01/25/2024** **6:00 – 9:00 AM** **1:00 min**

Things may have seemed a little quiet at the CSL Plasma donation center recently. Officials say it was closed because they had used equipment while providing emergency support for a donor last Friday. It's said that the equipment was used prior to the donation and is no longer available. Officials said they will begin accepting donations again when replacement equipment arrives.

WHCF Good Day Morning Show **01/25/2024** **6:00 – 9:00 AM** **1:00 min**

Northern Light Radiation Oncology recently debuted a new piece of equipment—a Linear Accelerator. The new equipment makes cancer care safer and faster for patients. Officials say with the old technology it was up to technicians to visually see movement; the Linear Accelerator shuts off if it detects movement so no healthy cell will receive the powerful yet tiny radiation. The new technology was funded by private support and community donations, and money raised through Eastern Maine Medical Center's Champion the Cure Challenge.

WHCF Good Day Morning Show **01/26/2024** **6:00 – 9:00 AM** **1:00 min**

The Shaw House in Bangor, which has been working with youth who are homeless or at risk of becoming homeless since 1991, has received \$550,000 in ARPA funds. With the approved funding and the matching funds coming from Penobscot County, it totals \$1.1 million. The money will help with renovations on a structure that's been around since 1902. David McCluskey the Executive Director of Community Care says a lot of work gets done in that building, and a safe structure is so important. The much needed renovations will take roughly 18 months to finish.

WHCF Good Day Morning Show **01/26/2024** **6:00 – 9:00 AM** **1:00 min**

In what little spare time that they have, firefighters with the Bangor Fire Department were out training on water rescue operations on Union Street. You may have wondered what was going on if you saw the rescue vehicles and men and women in bright yellow suits. The crew trained on rescuing both conscious and unconscious

victims in icy waters. Capt. Chad Bean with the Bangor Fire Department says they always need to be ready for when citizens need assistance. Bean urges everyone to avoid thin ice and to always inspect ice conditions as ice can change every few feet.

WHCF Good Day Morning Show **01/30/2024** **6:00 – 9:00 AM** **1:00 min**

The U.S. Department of Housing and Urban Development’s Continuum of Care Program is providing more than \$20 million to help those in need of housing, and those fleeing domestic violence, sexual assault and stalking here in Maine. Fifteen organizations and state agencies in will benefit. Sen. Susan Collins made the announcement and stated that as Vice Chair of the Senate Appropriations Committee she was pleased to champion these substantial investments that will address the urgent needs of vulnerable populations in Maine.

WHCF Good Day Morning Show **02/01/2024** **6:00 – 9:00 AM** **1:00 min**

With news of a hepatitis A outbreak in Portland, Bangor Public Health is partnering with Penobscot Community Health Care to bring vaccines to members of the community who are uninsured or experiencing homelessness. Maine’s CDC says there are currently 21 cases total, but it is unclear how many of those people are unsheltered. Officials say they hope by March the vaccines will be administered at local shelters and warming centers.

WHCF Good Day Morning Show **02/01/2024** **6:00 – 9:00 AM** **1:00 min**

In an effort to get people outside and active, "Main Street Skowhegan" has opened an outdoors basecamp last week with a gear lending library. The outdoor recreational equipment is free to use if you live in Somerset County. They have more than 200 pieces of outdoor equipment including snowshoes, fat tire bikes and cross-country skis. Non-Somerset County residents can still borrow gear from the library with a \$50 membership for the year or \$75 for families.

WHCF Good Day Morning Show **02/07/2024** **6:00 – 9:00 AM** **1:00 min**

After 10 years at the helm, the director of Bangor Public Health and Community Services, Patty Hamilton, is stepping down. Hamilton served well, overseeing the department’s response to the COVID-19 pandemic, homelessness and the rise of fentanyl use. Jennifer Gunderman, who currently leads the Maine Area Health Education Center, will replace Hamilton. Gunderman says she will work to improve conditions for the unhoused, tackle youth vaping, and bring clarity to the public on what the department does. Her new role begins on April 1.

WHCF Good Day Morning Show **02/13/2024** **6:00 – 9:00 AM** **1:00 min**

The battle against the sale of flavored tobacco products continues as the Hallowell City Council voted to end the sale of the products in the city. Hallowell is now the seventh community in Maine to ban the products including Bangor and Bar Harbor. High school students also spoke at the meeting last night expressing concerns among their peers. The ordinance was passed after a 3-3 tie was resolved by the presiding officer. The ban will go into effect in 10 days.

WHCF Good Day Morning Show **02/16/2024** **6:00 – 9:00 AM** **1:00 min**

Iowa authorities are thanking Maine State Police after a 6-year-old child who had been reported missing for months has been found safe in Maine. A report says that the child was located Wednesday on Peaks Island. Police said the child's mother unlawfully removed the child from Iowa in October of last year. She was in violation of a court order. The child is safe and doing fine.

WHCF Good Day Morning Show **02/21/2024** **6:00 – 9:00 AM** **1:00 min**

The U.S. Environmental Protection Agency says Maine will be receiving \$50 million for drinking water and clean water infrastructure upgrades, thanks to a bipartisan infrastructure law. David Cash, the EPA’s Regional Administrator, says communities face challenges with failing pipes and new concerns with things like PFAs. Cash says they plan to finance upgrades to wastewater treatment plants, replacing old and aging water mains, and developing new filtration sites to remove contaminants from drinking water.

WHCF Good Day Morning Show **02/27/2024** **6:00 – 9:00 AM** **1:00 min**

A virtual workshop titled “Protecting Houses of Worship” is being offered to the faith community this Thursday. The free, online workshop will focus on safety and security practices, and is sponsored by the Hancock and Washington County Emergency Management agencies along with the state and national agencies including the FBI and U.S. Department of Justice. The online workshop is Thursday, February 29th from 6:00 PM to 9:00 PM. You do need to register ahead of time to attend. Search for justice.gov/usao-me.

WHCF Good Day Morning Show **03/06/2024** **6:00 – 9:00 AM** **1:00 min**

Just one month after a disaster declaration was made for the state for the December 2023 storm, FEMA has released \$3.6 million in grants for storm recovery. 630 applicants in Androscoggin, Franklin, Kennebec, Oxford, and Somerset counties will receive funds for storm recovery. The funding will help with costs associated with housing and home repair, personal property loss, and loan assistance for small businesses affected by the storms. Applications are still being accepted until April 1. Go to [disasterassistance.gov](https://www.disasterassistance.gov) for more information.

WHCF Good Day Morning Show **03/07/2024** **6:00 – 9:00 AM** **1:00 min**

Thanks to Penobscot County Commissioners voting to award 650-thousand dollars in federal ARPA funds to Eagle Point Energy Company, the new company that purchased the former PERC facility in Orrington, they will be able to purchase a baler to reduce the waste that's still at the site. Officials state that the baler will compact waste to 20-percent of its current size. The new owners plan to reopen the facility for the processing and recycling of municipal waste.

WHCF Good Day Morning Show **03/07/2024** **6:00 – 9:00 AM** **1:00 min**

A bill called the Kids Online Safety Act, which would give kids and parents better tools for protecting minors online, and holds Big Tech accountable for harm that comes to kids as a result of social media algorithms, is being supported by Senators Susan Collins and Angus King. Collins says that although the bipartisan bill would look at limiting harmful websites, it still aims to protect people's online freedoms. She says the bill has an uncommonly large amount of support from the Senate with 60 bipartisan co-sponsors.

WHCF Good Day Morning Show **03/08/2024** **6:00 – 9:00 AM** **1:00 min**

Although it may look like an early start for ATV riders with snow quickly disappearing, the Maine Warden Service and ATV clubs say riding early could create major problems for riders and landowners, stating that the trails are just not ready. Wardens issue a caution saying riding on the trails too soon can be a safety hazard and impact riding for the rest of the season. Officials say local clubs will put out notices once the conditions are rideable, until then the trails and ATV access routes will remain closed.

WHCF Good Day Morning Show **03/08/2024** **6:00 – 9:00 AM** **1:00 min**

As we spring forward this Sunday, turning the clocks ahead one hour, the American Red Cross is encouraging everyone to test their smoke alarms to ensure they're working, and to change batteries if they have them. Red Cross volunteers have assisted 952 people in Maine affected by over 200 house fires over the past year. Free smoke alarms and installation are also available through the Red Cross. You can make your request by visiting [redcross.org](https://www.redcross.org).

WHCF Good Day Morning Show **03/13/2024** **6:00 – 9:00 AM** **1:00 min**

A \$300-thousand dollar donation from Northeast Delta Dental will help Maine veterans get the dental care that they need. Governor Mills announced Tuesday that the grant will go to the Maine Veterans' Dental Network. The network launched in 2021 helps Maine veterans who cannot pay out of pocket for dental care and do not have dental insurance. Services are offered on a first-come, first-serve basis until grant funding is exhausted. Veterans can apply online by visiting [maine.gov](https://www.maine.gov).

WHCF Good Day Morning Show **03/13/2024** **6:00 – 9:00 AM** **1:00 min**

A sure sign of early spring, the ice has been officially called out at about 40 lakes across the state by the Maine Bureau of Parks and Lands Boating Facilities Division. Officials define "ice out" when you can navigate your craft without any obstructions of ice from one end of the water body to the other. They say there may still be ice in coves or along the shoreline. A full list of ice outs across Maine can be seen at the Maine Bureau of Parks and Lands Boating Facilities Division's website at [maine.gov](https://www.maine.gov).

WHCF Good Day Morning Show **03/15/2024** **6:00 – 9:00 AM** **1:00 min**

The Maine Department of Inland Fisheries and Wildlife officials are saying black bears are getting active sooner than normal with the arrival of early spring conditions. Biologists have already seen sows with yearlings out and about. Biologists suggest taking care of bear attractants on your property. They say to store feeders and seed indoors, and rake up spilled seed; secure garbage cans; keep grills clean and store them inside when not in use; and to secure pets and livestock in buildings at night and store their food indoors, as well. You can visit [maine.gov](https://www.maine.gov) to learn more.

C. Family Issues

Focus on the Family	01/01/24	11:30 AM	30:00 min
Understanding the Goodness of God's Word - In a culture where consumerism is an important part of our lives, why is it so difficult to consume the Bible? On the next "Focus on the Family," Wendy Speake describes how the sweet taste of lingering on the Word of God will give you the satisfaction you've been craving.			
Focus on the Family	01/02/24	11:30 AM	30:00 min
How to Take Your Family Through a Digital Fast - If your children are obsessed with digital media 24/7, it's time to take a break! Next time on "Focus on the Family," a simple plan for creating healthy boundaries and alternatives for your family, which will inspire creativity, learning, and less stress for everyone!			
Focus on the Family	01/03/24	11:30 AM	30:00 min
How to Experience Great Intimacy and Love in Your Marriage I - Falling in love is a wonderful way to start your marriage, but love is NOT enough to keep you together for a lifetime! On the next "Focus on the Family," Dave and Ashley Willis describe the importance of emotional, spiritual, and physical intimacy between husbands and wives.			
Focus on the Family	01/04/24	11:30 AM	30:00 min
How to Experience Great Intimacy and Love in Your Marriage II - Vulnerability is a key essential for your marriage! Next time on "Focus on the Family," Dave and Ashley Willis discuss how couples can trip over conflicts with money and with health, IF they're not willing to communicate openly and honestly.			
Focus on the Family	01/05/24	11:30 AM	30:00 min
Finding Freedom Through the Art of Forgiveness - Has your trust been shattered? Are you struggling to forgive the person who betrayed you? On the next "Focus on the Family," Pastor Phil Waldrep will explain the importance of extending forgiveness to your betrayer, so you can find emotional freedom and lasting peace.			
Focus on the Family	01/08/24	11:30 AM	30:00 min
Filling Your Marriage with Joy - You've been married for a number of years, and you're starting to feel distant from your spouse. You're experiencing a "joy-gap!" On the next "Focus on the Family," Dr. Marcus Warner and Chris Coursey explain the brain science behind joy and offer easy, practical ways you can increase joy in your marriage by playing together and nurturing a rhythm of rest.			
Focus on the Family	01/09/24	11:30 AM	30:00 min
Special Needs and the Imago Dei - Encouragement for Parents Raising a child with special needs can be one of the most joyous and heart-breaking experiences for moms and dads! Next time on "Focus on the Family," two moms describe how they've learned to trust God's plan and leading for their special children.			
Focus on the Family	01/10/24	11:30 AM	30:00 min
Breaking Bad Habits in Your Life I - Change is hard! Because we'd all like to think that we're "better than average." But deep inside, we know there's room for improvement. Next time on "Focus on the Family," Debra Fileta explains how asking the Lord and others for feedback can reveal growth areas in your life.			
Focus on the Family	01/11/24	11:30 AM	30:00 min
Breaking Bad Habits in Your Life II - Negative thinking never does you any good. But how do you rewire your brain to be more positive? On the next "Focus on the Family," counselor Debra Fileta describes how thinking intentionally, controlling your emotions, and healing childhood wounds can transform your life!			
WHCF Good Day Morning Show	01/12/2024	6:00 – 9:00 AM	1:00 min
It's called the Island of Imagination, a new \$5 million early learning center that is a collaboration between Jackson Laboratory and Down East Family YMCA, as they combined efforts to expand access to childcare in Hancock County. Officials say that Jackson Labs paid for the building and the Down East Family [YMCA] will run it. Governor Mills assisted with the ribbon-cutting ceremony on Thursday.			
Focus on the Family	01/12/24	11:30 AM	30:00 min
Growing Closer Through Family Devotions - If you don't feel equipped to lead family devotions, don't worry. It's not as difficult as you may think. On the next "Focus on the Family," you'll get some practical help and encouragement to gather at dinner time and dialogue with your kids about spiritual matters. Jonathan and Kanika Evans will share about their family experience.			
Focus on the Family	01/15/24	11:30 AM	30:00 min

How to Avoid Bad Influences on Your Marriage - A loving relationship with your spouse is great, but you also need to avoid bad habits if you want your marriage to survive! Next time on “Focus on the Family,” Dave and Ashley Willis warn about living separate lives, keeping score, and not dealing with conflict

Focus on the Family **02/06/24** **11:30 AM** **30:00 min**

Using Your Unique Personality to Share Your Faith I - Are you a reluctant evangelist? Next time on “Focus on the Family,” Dr. Mike Bechtle describes his struggles sharing his faith as an introvert. He explores many misperceptions about evangelism and how a team approach is the best witness for Christ!

Focus on the Family **02/07/24** **11:30 AM** **30:00 min**

Using Your Unique Personality to Share Your Faith II - On the next “Focus on the Family,” Dr. Mike Bechtle reviews differences between extroverts and introverts and why we need both to share the gospel. He encourages us to evangelize like Jesus, meeting people right where they are and praying for God’s help to share His truth.

Focus on the Family **02/08-09/24** **11:30 AM** **30:00 min**

Leading Your Family as a Single Mom I & II - As a single parent, you’re doing the job of two people and giving your all for your children! On the next “Focus on the Family,” we explore some of the best decisions you can make as the solo leader of your family; things like choosing to thrive, creating a nurturing home, introducing your child to Jesus, and learning to respond to situations in healthy ways. It’s an encouraging conversation for the single parent.

Focus on the Family **02/12/24** **11:30 AM** **30:00 min**

Cultivating a Mentally Healthy Family - Parents worry about rising levels of anxiety and depression among children — but the best way to protect your kids is by connecting with them on a regular basis! Next time on “Focus on the Family,” how encouragement, good communication, and spiritual habits can offset mental problems!

Focus on the Family **02/13-14/24** **11:30 AM** **30:00 min**

Discovering the Secrets to a Lifelong Romance I & II - You and your spouse can rekindle romance and enjoy a close, intimate marriage! On the next “Focus on the Family,” Dr. Kevin Leman uses humor, wit, and wisdom to share the secrets to a lifelong marriage, such as how to meet your spouses’ needs, deal with feelings in marriage and live a lifestyle of “24-7 intimacy.”

Focus on the Family **02/15/24** **11:30 AM** **30:00 min**

Believing God’s Promises Despite Hard Circumstances - Sooner or later, life gets difficult. Then what do you do? On the next “Focus on the Family,” Lisa Harper shares how the Lord brought her through a devastating set of circumstances, and how she discovered His blessings on the “other side of tragedy.”

Focus on the Family **02/16/24** **11:30 AM** **30:00 min**

The Impact of a Life Well Lived - Over the years, Dr. Gary Chapman has delivered life-changing relationship advice to couples and families. On the next “Focus on the Family,” he shares the lessons God has taught him throughout his life—through his parents, his wife, and his children. You’ll glean some solid insight on marriage and parenting to help your family thrive in Christ..

Focus on the Family **02/19/24** **11:30 AM** **30:00 min**

Changing Minds to Save the Preborn - The topic of abortion is very polarizing in the culture. But hearts and minds are still being influenced every day to choose life. On the next “Focus on the Family,” Kristan Hawkins, the president of Students for Life of America, will share inspiring stories about the pro-life movement and will help you to speak up for the preborn and vulnerable women.

Focus on the Family **02/20/24** **11:30 AM** **30:00 min**

Practical Advice for Parenting Strong-willed Children I - Strong-willed kids. You’ve gotta love ‘em...but how do you deal with them? On the next “Focus on the Family,” author Cynthia Tobias shares practical ideas to stop the conflict, take control, and bring peace back to your home!

Focus on the Family **02/21/24** **11:30 AM** **30:00 min**

Practical Advice for Parenting Strong-willed Children II - Tired of fighting your strong-willed child? Maybe it’s time for a peace treaty...on your terms! On the next “Focus on the Family,” author Cynthia Tobias helps you win the battle against stubbornness without being combative.

Focus on the Family **02/22-23/24** **11:30 AM** **30:00 min**

Restoring Your Marriage After an Affair I & II - When couples experience infidelity, it’s easy to walk away from their marriage. But what if God has something better in mind? Next time on “Focus on the Family,” Josh

and Katie Walters describe how God intervened and saved their broken relationship. A powerful message of hope.

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| Focus on the Family | 02/26/24 | 11:30 AM | 30:00 min |
| Learning to Live Out God's Call in Your Life - Did you know that God uses ordinary people like you to do extraordinary things? On the next "Focus on the Family," Pastor Jeff Simmons shares insights about living a joyful and fulfilling life by embracing God's calling. He'll encourage you to invest your time and money wisely, with your focus on God and others instead of yourself. | | | |
| Focus on the Family | 02/27-28/24 | 11:30 AM | 30:00 min |
| When Lives Collide: Navigating Remarriage and Stepfamily I & II - Remarriage and stepfamily life is often fraught with more challenges than anyone can foresee! On the next "Focus on the Family," we'll examine how grief, changing roles, and ex-spouses can cause chaos and how God can create a beautiful new family over time. | | | |
| Focus on the Family | 02/29/24 | 11:30 AM | 30:00 min |
| Who God Says You Are - Do you believe you're lovable? How about valuable? On the next "Focus on the Family," British evangelist Jay-John shares an encouraging message about how God views each and every one of us as people created in His image who are lovable, valuable, capable, and forgiven. | | | |
| Focus on the Family | 03/01/24 | 11:30 AM | 30:00 min |
| Teaching Kids to Love God and Serve Others Well - Successful parenting doesn't "just happen" you have to be intentional about how you raise your kids. But you'll never be successful without God's help! Next time on "Focus on the Family," we'll examine how character training and focusing on your children's hearts can have a tremendous impact on their lives! | | | |
| Focus on the Family | 03/04/24 | 11:30 AM | 30:00 min |
| Embracing Your Role as a Spouse - As a spouse, you have three roles to play: a friend, a partner, and a lover. On the next "Focus on the Family," Kevin Thompson explores those different roles and challenges you to live them out by investing emotionally, mentally, and physically in your relationship. You'll also learn five keys to save your marriage! | | | |
| Focus on the Family | 03/05-06/24 | 11:30 AM | 30:00 min |
| God's Amazing Grace in a Transgendered Person's Life I & II - On the next "Focus on the Family," Laura Perry Smalts shares about her journey of transitioning and identifying as a man before realizing it was all a lie. Learn how God changed her heart through loving Christians, as she fully embraced her female identity. Laura and Dr. Meg Meeker speak compassionately about gender confusion and offer hope. | | | |
| Focus on the Family | 03/07/24 | 11:30 AM | 30:00 min |
| Never Perfect: Finding More Joy, and Less Guilt - As a Mom, do you ever worry about how your children will turn out? I think we all do at some point, but does it do any good? On the next "Focus on the Family" a mother of SIX, from an Alaskan fishing-family, shares how God helped her overcome "negative parenting" by embracing His purpose for her OWN life. | | | |
| Focus on the Family | 03/08/24 | 11:30 AM | 30:00 min |
| Choosing Joy For Healthy Relationships - Joy is a necessary ingredient for healthy relationships. On the next "Focus on the Family," Chris Coursey helps you better understand the role of joy in your marriage, parenting, and friendships. You'll learn about the joy center in your brain, and how to keep it from turning off. Connect with others in healthy, thriving, joyful ways! | | | |
| Focus on the Family | 03/11/24 | 11:30 AM | 30:00 min |
| Putting Children First in Education - Do you really know what your children are learning today? Next time on "Focus on the Family," learning styles expert Cynthia Tobias outlines dangerous agendas in public schools and urges parents to explore better options for their child's education! | | | |
| Focus on the Family | 03/12/24 | 11:30 AM | 30:00 min |
| From Rebellion to Redemption - On the next "Focus on the Family," Phil and Al Robertson from the Duck Dynasty clan share about the impact of the gospel in their lives and the need for Jesus as the answer to all of today's cultural woes. They each share about living in rebellion from God as young adults and how He redeemed and restored their lives. Hear about the hope of Christ. | | | |
| Focus on the Family | 03/13-14/24 | 11:30 AM | 30:00 min |
| Identifying Triggers in Your Marriage I & II - They were both convinced they had married the wrong person. Amber and Guy Lia faced so many tensions and personality clashes, they were tempted to give up on their | | | |

relationship. On the next “Focus on the Family,” the Lias share what caused rifts in their marriage, how they addressed the issues, and how they found true peace.

Focus on the Family **03/15/24** **11:30 AM** **30:00 min**
Becoming Screen Savvy as a Family - Our entertainment consumption shapes who we are and what we believe. On the next “Focus on the Family,” Adam Holz and Paul Asay from Focus on the Family’s Plugged In team equip you to guide your family to make healthy media choices. They explain what the Bible says about entertainment and how to teach your kids media discernment.

Focus on the Family **03/18/24** **11:30 AM** **30:00 min**
Overcoming Obstacles to Pursue God’s Direction in Life - It’s often tough to obey God’s leading in a tricky situation. How do you push through? On the next “Focus on the Family,” author Robyn Dykstra will explain how the Lord can direct and guide us past obstacles and detours on the way to the outcome He desires – if only we’ll listen.

Focus on the Family **03/19-20/24** **11:30 AM** **30:00 min**
Praying for Your Teen’s Heart and Future I & II - Today’s teens face more dangers than we ever did! Coming up next time on “Focus on the Family,” how to pray specifically for your teenager about relationships, conflict, technology, and their faith! Discover more confidence for your parenting journey.

Focus on the Family **03/21/24** **11:30 AM** **30:00 min**
Seeing God’s Goodness During Medical Crises - As a former trauma surgeon, Dr. Kathryn Butler saw suffering and death firsthand more times than she could count. On the next “Focus on the Family,” Dr. Butler shares how these tragedies initially led her to question God, but eventually caused her to see glimmers of grace and to trust in the sovereign God of the universe.

Focus on the Family **03/22/24** **11:30 AM** **30:00 min**
Bringing Laughter to Your Marriage - Your marriage needs a good laugh! On the next “Focus on the Family,” Ted Cunningham helps you discover your humor muscle and learn to flex it. With great stories from his own marriage, Ted shares insight into the language of comedy and how to apply that to everyday life with your spouse. Learn about benefits of laughter, the best medicine for your marriage.

Focus on the Family **03/25/24** **11:30 AM** **30:00 min**
Establishing Clear Boundaries in Your Life - When driving a car, you have to stay in the right lane to get to where you’re headed. Relationships are the same! On the next “Focus on the Family,” pastor Kevin Thompson helps you learn how to navigate the roads of life, circumstances, situations, and relationships, by staying in your lane. You’ll get a strong grasp on boundaries and how to apply them in your life.

Focus on the Family **03/26/24** **11:30 AM** **30:00 min**
Creating a Shared Vision for Your Marriage I - With faith in God, your marriage can overcome any obstacle! On the next “Focus on the Family,” Sean and Lanette Reed describe how family members believed their marriage was a mistake, but their commitment to Christ and to each other kept their relationship strong!

Focus on the Family **03/27/24** **11:30 AM** **30:00 min**
Creating a Shared Vision for Your Marriage II - Every relationship has rollercoaster moments. But a shared vision for your marriage will keep you on the right track! Next time on “Focus on the Family,” Sean and Lanette Reed explain how a lot of grace and grit in their commitment to each other helped their marriage survive many obstacles.

Focus on the Family **03/28/24** **11:30 AM** **30:00 min**
Building Strong Father-Son Relationships - One big problem facing families today is disengaged dads! Next time on “Focus on the Family,” we’ll examine the vital role you as a godly father can play in shaping the life and faith of your sons. It begins by being authentic and transparent about your mistakes and your need for God’s grace.

Focus on the Family **03/29/24** **11:30 AM** **30:00 min**
Jesus and His Power - What’s the good news of Good Friday? On the next “Focus on the Family,” Pastor Tony Evans takes us through an overview of the entire Bible, emphasizing how Christ’s work on the cross can bring His power and authority into your life. It’ll be a great start to the most Holy of weekends.

D. State and Local Economy

- WHCF Good Day Morning Show** **01/03/2024** **6:00 – 9:00 AM** **1:00 min**
Senator Susan Collins announced yesterday that the Navy approved \$34 million for Bath Iron Works for six workforce projects. Officials say the funding will be used to increase workers at BIW apprentice academies and provide new workers on-the-job training at the shipyard. In addition, the monies will also pay for 85 new housing units for workers closer to the shipyard, provide 150 additional year-round childcare slots, and offer a free bus service to BIW employees in Bath and Brunswick. The funding comes from the 2023 Defense Appropriations Bill.
- WHCF Good Day Morning Show** **01/03/2024** **6:00 – 9:00 AM** **1:00 min**
City officials in Bangor are calling 2024 the ‘Year of Housing’, as they plan to allocate their remaining federal relief funding before they reach the 2024 deadline. In 2023, over \$17 million was allocated to several community organizations through the American Rescue Plan Act. Officials say they now have \$3.8 million that has yet to be obligated. The plan is to move forward with a Bangor-centered housing study and to continue searching for housing solutions well beyond the expiration of the ARPA funds.
- WHCF Good Day Morning Show** **01/03/2024** **6:00 – 9:00 AM** **1:00 min**
The Social Security Administration has increased the benefit to Americans enrolled in Social Security and Supplemental Security Income programs. More than 390,000 Mainers will see a 3.2 percent cost-of-living adjustment this year. According to AARP's Maine State Director, Noël Bonam, he estimates the increase will give social security recipients an average of \$59 more dollars per month.
- WHCF Good Day Morning Show** **01/08/2024** **6:00 – 9:00 AM** **1:00 min**
Thousands of child care workers here in Maine are expected to benefit from increased and tiered stipends in an effort to help them remain in their profession while giving support to providers. The funding was approved in Governor Mills biennial budget last year, doubling the state funding for stipends to \$30 million annually. Mills says it will help attract and retain more of the qualified workers to expand the availability and affordability of child care while strengthening our economy.
- WHCF Good Day Morning Show** **01/09/2024** **6:00 – 9:00 AM** **1:00 min**
Recent storms have caused damage to Maine’s snowmobile trails across the state, and that’s why Maine Snowmobile Association President Al Swett is seeking help from Governor Mills to fund clean-up and make repairs. He says storms have wiped out bridges and there are many fallen trees that need to be cleared. Swett also says Maine's winter outdoor economy is about a month behind its usual pace. Trail users are asked to look for warning signs along the trails and stay informed with local snowmobile club’s Facebook pages and websites.
- WHCF Good Day Morning Show** **01/10/2024** **6:00 – 9:00 AM** **1:00 min**
A new interim CEO and President has been appointed for the Loring Development Authority. Jonathan Judkins has been tapped to take over the position that was once occupied by Carl Flora who retired just days ago. Judkins, who held the position of finances and accounting for the LDA says growing new businesses on the former base is key, but a top priority is improving the infrastructure. Promoting local communities is also on the list.
- WHCF Good Day Morning Show** **01/10/2024** **6:00 – 9:00 AM** **1:00 min**
In about a month or two, Bangor will have another ice cream shop choice. Betty’s Ice Cream will offer up a Mexican style ice cream that emphasizes fresh fruit flavors, ice pops, and more. Owner, Ana Guzman, says her family runs a similar business in Mexico. The shop will be located at 1010 Stillwater Avenue, a strip mall next to Town Fair Tire. Ana’s husband Eric, who runs Las Palapas restaurant, is helping to get the business going.
- WHCF Good Day Morning Show** **01/12/2024** **6:00 – 9:00 AM** **1:00 min**
After Pixelle Specialty Solutions, a manufacturer of specialty papers, announced its closure in 2022 and shuttered in April of 2023, Camjay LLC, a real estate company and leader with a long history in the state has purchased the mill in Jay, as well as all mill equipment and the nearby power plant. Officials say they are already finding potential new tenants for the property and plan to invest money and time into the site.
- WHCF Good Day Morning Show** **01/15/2024** **6:00 – 9:00 AM** **1:00 min**
As post storm cleanup continues, especially along coastal areas, Governor Mills is urging individuals or businesses that experienced property damage because of the storm to report it to the State of Maine. A press

release from Mills Administration stated that “while a damage report is not an application for financial assistance, the information will help the State measure the full extent of the storm as it explores options for federal assistance.”

WHCF Good Day Morning Show **01/16/2024** **6:00 – 9:00 AM** **1:00 min**

Good news as gasoline prices have dropped almost four more cents in the past week alone. GasBuddy, a tech company headquartered in Boston that tracks prices at gas stations, surveyed more than 1,200 stations around the state and found the average price is now \$3.16 a gallon. That price is almost 7 cents a gallon lower than a month ago and a little over 18 cents a gallon less than a year ago.

WHCF Good Day Morning Show **01/16/2024** **6:00 – 9:00 AM** **1:00 min**

The University of Maine System Board of Trustees has voted to approve the sale of four acres of campus property to the Bangor Housing Development Corporation for the appraised value of \$160,000 to enable development of new affordable housing for seniors. UMA President Jenifer Cushman says they look forward to partnering with Bangor Housing and serving the residents, including expanding educational access and opportunities to them. Cushman says it’s really a win-win.

WHCF Good Day Morning Show **01/18/2024** **6:00 – 9:00 AM** **1:00 min**

The University of Maine has issued a request for proposals for the re-purposing of the Hutchinson Center on Belmont Avenue in Belfast. Although controversial, UMaine made the decision to close the center last year in a cost-cutting move. UMaine officials will consider options for the Hutchinson Center such as selling, leasing or other creative solutions. The appraised value for the property is more than \$2.5 million. The deadline for proposals is February 5th.

WHCF Good Day Morning Show **01/22/2024** **6:00 – 9:00 AM** **1:00 min**

Maine Senator Susan Collins was joined by fishermen and town officials from the Harpswell area as she saw first-hand the damage done by the recent storms. Collins stated, “From long standing local businesses to private properties, to public waterfronts, these storms have negatively impacted so many in our state. As Vice Chair of the Senate Appropriations Committee, I am committed to working with federal agencies and our state officials to ensure that support for rebuilding can be promptly delivered to as many of those affected as possible.”

WHCF Good Day Morning Show **01/22/2024** **6:00 – 9:00 AM** **1:00 min**

Maine will receive an infusion of money to help repair and rebuild bridges, roads, and other infrastructure. The Maine Department of Transportation released its three-year work plan involving 2,672 projects set for 2024, 2025 and 2026. The infusion of \$4.74 billion is coming from both federal and state funds.

WHCF Good Day Morning Show **01/23/2024** **6:00 – 9:00 AM** **1:00 min**

Bangor and Brewer council members got together yesterday to outline their priorities for the upcoming year. The members addressed a number of topics and bills involving the housing crisis, general assistance, schools, and rail expansions. But the main focus of Monday night’s discussion was Bangor’s plan to tackle the homelessness crisis in the area. You can watch the entire meeting on the City of Bangor’s Youtube page.

WHCF Good Day Morning Show **01/23/2024** **6:00 – 9:00 AM** **1:00 min**

Senator Chip Curry of Belfast has submitted a bill to transfer the ownership of the UMaine Hutchinson Center to the city of Belfast after the university closed it down last year in a cost-cutting move. Curry wants to keep it as an educational center for residents in the region. The bill would temporarily pass ownership of the facility to the city of Belfast, giving local officials and residents a say in the next move.

WHCF Good Day Morning Show **01/24/2024** **6:00 – 9:00 AM** **1:00 min**

The owners of the establishments where the Lewiston shootings took place last October now say they will reopen. Samantha Juray, owner of Just-in-Time Recreation, says renovations are underway and the business has a reopening target of March or April. Kathy Lebel, owner of Schemengees Bar & Grille, says she will reopen, but at another location, the memories are too much. Community members can’t wait for them to reopen.

WHCF Good Day Morning Show **01/29/2024** **6:00 – 9:00 AM** **1:00 min**

For decades the Ground Round on the Odlin Road in Bangor has been serving hungry clientele in their own unique way. But according to owner Dan Tremble, the property has been leased to a restaurant group that has multiple locations and they will be renovating and rebranding the site. Staff say they expect the building to be re-opened in the summer, but they do not know what business will be taking over the property.

WHCF Good Day Morning Show **01/29/2024** **6:00 – 9:00 AM** **1:00 min**

It might be some time before Maine's commercial fishing industry is completely restored after damage to wharves, floats and vessels was caused by the recent storms and flooding. That's why the Maine Coast Fishermen's Association has created the "Working Waterfront Support Fund." Organizers are encouraging Mainers to make a contribution to help in the reconstruction of the working waterfront. For more info and to contribute, go to mainecoastfisherman.org.

WHCF Good Day Morning Show **02/02/2024** **6:00 – 9:00 AM** **1:00 min**

The U.S. Postal Service's Processing Facility in Hampden will undergo improvements to modernize it as officials say it will now remain open. They were once considering merging the facility with the one in Scarborough. The improvements will be part of a \$40 billion investment to upgrade the nation's aging postal network. USPS is conducting a facility review and plans to share the results with members of the public at a meeting scheduled for Thursday, February 29th at 4 pm at Jeff's Catering in Brewer.

WHCF Good Day Morning Show **02/02/2024** **6:00 – 9:00 AM** **1:00 min**

If you're heading up to the Greenville area, you might consider stopping into a restaurant that just received an important award. The Distinguished Restaurants of North America Award of Excellence has added 368 Maine in Greenville to their list. Owners say 368 Maine uses locally sourced, seasonal ingredients, offering a unique blend of traditional and innovative dishes that capture the essence of the region. The DiRoNA Award of Excellence is one of the most prestigious awards in the industry.

WHCF Good Day Morning Show **02/06/2024** **6:00 – 9:00 AM** **1:00 min**

Following the disaster declaration issued by FEMA, people that live in or have businesses in certain areas that were impacted by the December 17 storm now have until June 17 to file returns and pay any taxes that were originally due. This affects Mainers in Androscoggin, Franklin, Hancock, Kennebec, Oxford, Penobscot, Piscataquis, Somerset, Waldo and Oxford counties. IRS.gov has detailed information.

<https://www.irs.gov/newsroom/irs-maine-taxpayers-impacted-by-severe-storms-and-flooding-qualify-for-tax-relief-various-deadlines-postponed-to-june-17#:~:text=WASHINGTON%20%E2%80%94%20The%20Internal%20Revenue%20Service,returns%20and%20make%20tax%20payments.>

WHCF Good Day Morning Show **02/07/2024** **6:00 – 9:00 AM** **1:00 min**

The Bangor Planning Board has officially signed off on the Maine Woods Townhouses project. Owned by Team Properties, LLC, the housing development was temporarily put under a stop work order back in October, but were approved to resume work on January 2. Subdivision developer Emily Ellis and the Maine Veterans Project have been working together to house a local Veteran in the subdivision for free. Marine veteran Daniel Farrow and his family hope to move in by February 14th. Ellis hopes to double the number of properties.

WHCF Good Day Morning Show **02/08/2024** **6:00 – 9:00 AM** **1:00 min**

Dexter's Regional Airport is getting a financial boost. The U.S. Department of Transportation is providing \$140,000 for some much needed improvements. Officials say approximately \$52,000 will be used for the terminal building, and \$91,000 will be utilized for a 150 square yard terminal apron. Built in 1941, Dexter Regional Airport was an auxiliary airport to the former Dow Air Field in Bangor.

WHCF Good Day Morning Show **02/08/2024** **6:00 – 9:00 AM** **1:00 min**

Stressing the need of a new jail for more than ten years, the Penobscot County Sheriff's Office is searching for land to purchase that will fit the dynamics and parameters around the project, while being conscientious of residents. The county is looking for around 14 to 20 acres. County Commissioner Scott Adkins says that it costs over \$2 million each year to send inmates to other facilities. He says they are excited and eager to get the project started.

WHCF Good Day Morning Show **02/08/2024** **6:00 – 9:00 AM** **1:00 min**

The town of Newport will soon see a new business. Crazy Sumo II, a Japanese hibachi steakhouse that features traditional Japanese cuisine, is expected to open later this month at 6 Main Street. The name of the restaurant may sound familiar as it is inspired by the original Crazy Sumo in Ellsworth, where the owner used to work. Owner Lalu Sutantu says it's original Japanese food with a little bit of fusion. The business is in the final stages of remodeling.

WHCF Good Day Morning Show **02/09/2024** **6:00 – 9:00 AM** **1:00 min**

The coveted Maine Elver fishing license is a possibility for sixteen Maine residents. Those who are at least 15 years old who haven't had an Elver license suspended are eligible to enter the lottery until March 4. Lottery winners for the license will be given the chance to apply for one before the start of the season on March 22. Those who are granted the license will be able to fish a minimum quota of four pounds. You can enter the lottery online at Maine.gov by visiting the Department of Marine Resources offices in Augusta.

WHCF Good Day Morning Show **02/13/2024** **6:00 – 9:00 AM** **1:00 min**

Some Maine airports will be seeing infrastructure improvements in the near future as the Federal Aviation Administration will release \$18 million in funding to help with the projects. Senator Susan Collins, who helped secure funding, says the Portland International Jetport will get more than \$10 million, Presque Isle International Airport will receive \$6.5 million, and Eastport Municipal Airport will see about \$1.1 million.

WHCF Good Day Morning Show **02/14/2024** **6:00 – 9:00 AM** **1:00 min**

Another airline is looking to serve those traveling in and out of Maine. Officials at the Portland International Jetport say that Frontier Airlines will start seasonal service between Portland and Cincinnati/Northern Kentucky International Airport. May 16th of this year will begin the summer service of Frontier Airlines as they'll provide flights on Tuesdays, Thursdays and Sundays.

WHCF Good Day Morning Show **02/15/2024** **6:00 – 9:00 AM** **1:00 min**

A state bill was introduced this week that would provide a \$50 million lifeline for small businesses trying to recover from the recent severe storms. Some businesses are still not open after the historic flooding. Senator Craig Hickman is the lead sponsor for the bipartisan bill that would create the "Small Business Weather Emergency Relief Program." The Department of Economic and Community Development would create the eligibility requirements, the process and how distribution would be determined.

WHCF Good Day Morning Show **02/15/2024** **6:00 – 9:00 AM** **1:00 min**

A workshop is inviting farmers with at least five years of experience to explore personal time management and priorities and hear from other farmers about their financial decision-making. The workshop is being made available through the University of Maine Cooperative Extension. The class titled 'Communicating about Personal Money Values' will take place from 1:00 to 3:00 PM on February 28th. The workshop is free. Registration is required at extension.umaine.edu.

WHCF Good Day Morning Show **02/20/2024** **6:00 – 9:00 AM** **1:00 min**

You may have seen a little increase in gas prices. Officials at AAA say the average price of gas in the state has risen two cents since last week, averaging \$3.22 a gallon as of yesterday morning. The national price took a little jump, increasing by eight cents averaging \$3.27. The average price of diesel in the state is \$4.38.

WHCF Good Day Morning Show **02/21/2024** **6:00 – 9:00 AM** **1:00 min**

Governor Mills has announced that Sears Island will be the location of an offshore wind port, critical to developing the nation's first floating offshore wind power research array. Lawmakers have an interest as it has the potential of creating jobs, diversifying the economy, and sustaining clean energy. Applying for state and federal permits with the Maine DOT is the next step which will include assessments on the environmental impact of the project.

WHCF Good Day Morning Show **02/27/2024** **6:00 – 9:00 AM** **1:00 min**

New license plate designs were unveiled in Augusta yesterday. The first features a white background with a pine tree and a blue star; and the second design is a plain plate with blue identification number and letter combinations. The new design will help law enforcement better read the plate number. The new standard-issue plates will replace the current Chickadee Plate.

WHCF Good Day Morning Show **02/ 29/2024** **6:00 – 9:00 AM** **1:00 min**

It's official, Reny's new department store location on Springer Drive in Bangor will open on Thursday, April 4 at 10:00 AM. Reny's took over the site of the former Christmas Tree Shop late last year and has been working on renovations for the past few months. And today, from 10:00AM to 7:00 PM, Reny's will hold a hiring fair for those interested. They say to bring your resume and be prepared for an on-site interview.

WHCF Good Day Morning Show **02/ 29/2024** **6:00 – 9:00 AM** **1:00 min**

An important part of the Orland community is now back open after the pandemic forced them to close for four years. H.O.M.E Inc's soup kitchen program is now back to feeding and helping those in need. Rosalani Moore, acting Executive Director at H.O.M.E. Inc., says since the closure they had the chance to renovate the dining

room and kitchen. For more information about all the services the organization offers, you can visit hommemausa.org.

WHCF Good Day Morning Show **03/05/2024** **6:00 – 9:00 AM** **1:00 min**

Things are looking a little different at the intersection of Court and Hammond St. in Bangor, as the former YMCA is being demolished. The property that has been owned by Penobscot County sat unoccupied for years and had fallen into disrepair. The gymnasium has already come down, and the rest of the 130-year-old building will be taken down in the coming days. At this point, the county has no plans for the site following the demolition.

WHCF Good Day Morning Show **03/07/2024** **6:00 – 9:00 AM** **1:00 min**

A business in Belfast is celebrating a reopening after back to back storms and subsequent flooding caused them to close indefinitely. The Nautilus Seafood and Grill restaurant opened yesterday with a flock of customers eager to get in. Co-owners Shelly Trisch and Shawna Aitken said the support from the community has been overwhelming. They say that going forward, they'll be open seven days a week from 11:30 AM until business dies down at night.

WHCF Good Day Morning Show **03/08/2024** **6:00 – 9:00 AM** **1:00 min**

From the days of old, a brick and mortar store is planning to open 35 locations across the country. According to their website, Ames Department Store plans to return by 2026. The popular store was once a part of the Airport Mall complex in Bangor. However, it's still uncertain if Maine is on the list for an Ames Store location. Store officials note that Ames Cafe will be available at all the new locations as well as plans for a pharmacy.

WHCF Good Day Morning Show **03/12/2024** **6:00 – 9:00 AM** **1:00 min**

Bangor International Airport's sole runway is in need of rehabilitation. Recognizing the necessity, Bangor City Council has authorized the work, passing a \$45.5 million dollar contract to Eurovia Atlantic Coast LLC, the sole bidder for the project. The construction contract will be funded by Federal, MEANG, Maine DOT, and local funds. The project will be done in phases and is slated to take 2 years beginning in April.

WHCF Good Day Morning Show **03/13/2024** **6:00 – 9:00 AM** **1:00 min**

The airline known as JetBlue could very well be providing air service at Presque Isle's International Airport. The City Council made the recommendation after four airlines bid to deliver air service. Among the bidders were United Airlines, JetBlue, American Airlines, and Boutique Air. Citizens also voiced support for JetBlue. Councilor Kevin Freeman says that Jetblue is more likely to keep up with the growing demand of the airport. The recommendation will be sent to the US Department of Transportation, who will make the final decision.

WHCF Good Day Morning Show **03/15/2024** **6:00 – 9:00 AM** **1:00 min**

As construction will begin soon on a new public safety building in Machias; officials are saying it's been a long time coming. With seven facilities that are spread out, Washington County commissioners say they will consolidate some of the departments stating that it'll be very good for the public. Construction is slated to last about ten months at a cost of \$5.5 million, with funding coming from the American Rescue Plan Act of 2021. They hope to open in March 2025.

WHCF Good Day Morning Show **03/19/2024** **6:00 – 9:00 AM** **1:00 min**

\$15 million in funding to support working waterfronts in Maine has been secured by Sen. Susan Collins, after storms damaged infrastructure up and down Maine's coast. \$10 million will be used for repairs and renovations in those areas, while the other five million will be used to establish a program for working waterfronts at the Economic Development Administration. A letter was also sent by Maine's Congressional Delegation to the president supporting the governor's request to treat the Jan. 10 and Jan. 13 storms as a single disaster as damage assessments are considered.

WHCF Good Day Morning Show **03/19/2024** **6:00 – 9:00 AM** **1:00 min**

A bipartisan bill supporting the maple industry would provide a new market for maple syrup producers while increasing seniors' access to maple products. 'Making Agricultural Products Locally Essential Act' would add maple syrup to the eligible products under the Seniors Farmers Market Nutrition Program which gives low-income seniors access to locally grown products. Maine Senators Susan Collins and Angus King, and Senator Peter Welch of Vermont are co-sponsors of that bill. Maine is the third largest producer of maple syrup in the nation with 575,000 gallons in a typical season.

WHCF Good Day Morning Show **03/20/2024** **6:00 – 9:00 AM** **1:00 min**

With the tax deadline just around the corner, the Maine Revenue Services has introduced the new Maine Tax Portal to help streamline filing and payments. Director of Promotions at Maine Revenue Services, Michael Fortin, says the new tax portal replaces I-File and EZ Pay. He states that MTP expands possibilities for digitally filing taxes, including the ability to file property taxes for the first time online. There are instructional videos, and live webinars to answer any tax questions filers may have.

WHCF Good Day Morning Show **03/20/2024** **6:00 – 9:00 AM** **1:00 min**

Some relief and hope for farmers in Maine that have been affected by "forever chemicals," also known as PFAS. Farmers can now apply for financial help to offset two years' worth of lost income caused by PFAS contamination. \$60 million in funding has been made available. The funding will also support more PFAS research and will also be used to buy contaminated land from farmers looking to sell. The state says more programs are set to launch later this year, including a PFAS blood testing program. More information at maine.gov.

WHCF Good Day Morning Show **03/20/2024** **6:00 – 9:00 AM** **1:00 min**

The community organization known as the Heart of Ellsworth has announced a series of workshops that will focus on historic preservation. Participants will be educated on the principles, processes and practices of preservation and how it shapes communities. The workshops and their unique offerings are scheduled for March 28, April 11 and 25. You can visit heartofellsworth.org for more information.

WHCF Good Day Morning Show **03/21/2024** **6:00 – 9:00 AM** **1:00 min**

A Major Disaster Declaration by Governor Mills office for January's storms has been approved by the president. Eight coastal communities will receive help needed to recover. Federal assistance for both public and individual repairs in Washington, Hancock, Waldo, Knox, Lincoln, Sagadahoc, Cumberland, and York counties will be provided. FEMA, MEMA, and other state agencies will begin establishing Disaster Recovery Centers in the coming weeks.

WHCF Good Day Morning Show **03/21/2024** **6:00 – 9:00 AM** **1:00 min**

Portland Sea Dog officials are hoping a proposal to give the team a \$2 million tax break to help pay for Hadlock Field upgrades will be passed in the House and Senate. The proposal is now moving forward despite a deadlocked vote by members of the legislation's taxation committee on Tuesday. Team officials say upgrades at Hadlock Field, which is owned by the city of Portland, could cost up to \$10 million and would bring the ballpark in line with Major League Baseball standards.

WHCF Good Day Morning Show **03/21/2024** **6:00 – 9:00 AM** **1:00 min**

Organizers at Kennebec Valley Community Action Program announced they've received over 150,000 diapers through a partnership with Baby2Baby. The diapers have already begun to be distributed through KVCAP's Family Enrichment Council. KVCAP Director of Social Services Erin Whitham, stated that infants need up to 12 diapers a day, so the need for diapers is continuous. Last year, they distributed 98,000 diapers. These diapers are available at KVCAP's offices in Waterville, Skowhegan, and Augusta, and other locations in their network.

WHCF Good Day Morning Show **03/22/2024** **6:00 – 9:00 AM** **1:00 min**

The Board of Environmental Protections voted Wednesday not to adopt the "Advanced Clean Cars II Rule." The rule would have required zero emission vehicles to make up four out of every 10 new car sales by 2027. The board said the goal is worthy, but that it was too ambitious for Maine consumers and the current EV infrastructure. Republican leaders say they're not against EVs, they just agree that Maine's infrastructure can't handle the transition that soon.

WHCF Good Day Morning Show **03/22/2024** **6:00 – 9:00 AM** **1:00 min**

One hundred and sixty-two individuals impacted by the Lewiston-Auburn shootings last October are beneficiaries of over \$4.6 million dollars thanks to the Maine Community Foundation (MaineCF) and the Lewiston-Auburn Area Response Fund. Tom Platz, chair of the Lewiston-Auburn Area Response Fund Victims & Families Fund said, "I think I speak for the entire steering committee when I say we are honored to have played a small part in helping our community recover." To learn more about the Maine Community Foundation, visit mainecf.org.

WHCF Good Day Morning Show **03/26/2024** **6:00 – 9:00 AM** **1:00 min**

According to a press release from Central Maine Power, as of 9:00 PM last night, approximately 19,000 customers remain without power after Saturday's devastating ice storm. Officials say crews will continue

working 24/7 until every customer is restored and they expect to have the vast majority of customers restored by the end of the day today. The hardest hit counties were Cumberland, Lincoln and York.

WHCF Good Day Morning Show **03/26/2024** **6:00 – 9:00 AM** **1:00 min**

According to Maine Listings, home sales have jumped more than 11% in February. Paul McKee, President of the Maine Association of Realtors said, the recent uptick in listing activity has led to a higher sales volume in February, and buyer demand remains steady and strong, outpacing supply in many local markets. The median price for a home reached \$354,000 in February, that was a 7.5% increase from February of last year.

WHCF Good Day Morning Show **03/26/2024** **6:00 – 9:00 AM** **1:00 min**

\$5 million has been secured for Bangor YMCA’s new Comprehensive Health Center, thanks to Senator Susan Collins. Collins stated the funding will allow the Bangor Y to reach additional families in the region and provide important health and wellness care to those who need it most. CEO Diane Dickerson says the new center will transform the lives and wellbeing of Mainers, from babies to older adults. The Bangor Y serves more than 152,000 people in Eastern Maine.

WHCF Good Day Morning Show **03/27/2024** **6:00 – 9:00 AM** **1:00 min**

After going through nearly 50 resumes and interviewing many people, Houlton’s town council members are excited to announce that Mr. Jeremy Smith of New Mexico will be their next town manager. Chairman Chris Robinson says they feel like Smith will integrate well into the community. Smith is from a small community, is used to the snow, likes the outdoors, and is people oriented—all qualities that made Smith stand out. The council will officially appoint Smith to the position at a special town council meeting on April 1st.

E. Other

WHCF Good Day Morning Show **01/02/2024** **6:00 – 9:00 AM** **1:00 min**

The Maine Legislature is set to reconvene on Wednesday. The Maine Senate will begin the session with a tribute to the Lewiston shooting victims. There are several committee hearings and work sessions scheduled throughout the day.

WHCF Good Day Morning Show **01/11/2024** **6:00 – 9:00 AM** **1:00 min**

Mike Morris is now the City of Waterville’s 55th mayor, being installed for the position just over a week ago. Morris already has plans and a focus on economic development, and drawing in visitors and addressing Waterville’s housing. He says the biggest priority is people. Morris encourages anyone with an idea for the city to come and meet with him to talk about it. Happy and humbled to fill the position, he hopes to leave behind a legacy like those that came before him.

WHCF Good Day Morning Show **01/11/2024** **6:00 – 9:00 AM** **1:00 min**

Although yesterday’s storm flooded roads and knocked out power to many Mainers, the conditions on Maine’s mountains looked a bit different. In Rangeley, the storm brought roughly a foot of fresh snow that stayed on the ground. Officials say the season’s lack of snow has affected businesses in that region. Officials at Saddleback Mountain Ski Resort and the Rangeley Lakes Trails Center, state that once the temps drop they’ll be able to groom their trails and expect the skiers and snow enthusiasts to come to enjoy them.

WHCF Good Day Morning Show **01/12/2024** **6:00 – 9:00 AM** **1:00 min**

In a 33 to 1 vote, the Maine Senate Thursday confirmed retired U.S. Army Brigadier General Diane Dunn to lead the Maine National Guard. Dunn is a former Assistant Adjutant General and Chief of Staff of the Maine Army National Guard with 33 years of distinguished military service. In addition to her appointment, Dunn will also serve as Commissioner of the Department of Defense, Veterans and Emergency Management. Dunn is the first woman in history to lead the Maine National Guard and hold the post of Commissioner.

WHCF Good Day Morning Show **01/16/2024** **6:00 – 9:00 AM** **1:00 min**

A pop-up dinner is coming to Bangor. Area farms and businesses are working together to offer a four course meal that will showcase meat and produce grown right here in Maine. Andrew Toothacker, owner of Hart Farm in Holden, has been offering ‘farm to table pop-up dinners’ since purchasing his property in 2019. The event will take place on Sunday, January 21st on the ground floor of the Phoenix Inn on Broad Street in Bangor. Tickets are \$90 each and can be purchased at hartfarmmaine.com. Toothacker encourages Mainers to get behind local farmers.

WHCF Good Day Morning Show **01/18/2024** **6:00 – 9:00 AM** **1:00 min**

Officials from the United States Postal Service will be holding an informational meeting to discuss the potential consolidation of the Hampden processing and distribution center with the Scarborough plant. Hampden town officials are encouraging all concerned to attend. Many say it'll cause a loss in jobs and decrease the service to residents and businesses. The meeting will be at Jeff's Catering in Brewer at 400 PM on Friday, February 2.

WHCF Good Day Morning Show **01/18/2024** **6:00 – 9:00 AM** **1:00 min**

The town of Lamoine is offering up a little wintertime fun as they're opening a new ice rink this Saturday. Stu Marckoon, the Administrative Assistant to Lamoine's Select Board, says the idea passed unanimously at a special town meeting. With some help from volunteers, the rec committee, and the Lamoine Fire Department, they got it done. Located behind the Lamoine Consolidated School, the rink will be open for the community starting this Saturday. It's open after 3:30 PM on school days and all day on the weekends...and it's free.

WHCF Good Day Morning Show **01/19/2024** **6:00 – 9:00 AM** **1:00 min**

If you ran the Maine Marathon on October 1st of last year in Portland or were part of the event staff, and you received a parking ticket from USM, you may be owed a refund. Parking Revenue Recovery Services has been instructed to waive tickets upon requests from runners and event staff. Officials say you need to make sure to specify that you were there for the race. Spectators are not part of that refund. You can send an appeal to:

lprappeals@parkingrevenuerecovery.com.

WHCF Good Day Morning Show **01/19/2024** **6:00 – 9:00 AM** **1:00 min**

Ryan Hafener of Hampden and Claire Oullette of Caribou are two high school students that have been selected to represent Maine in the 62nd annual United States Senate Youth Program. This March they will spend a week in Washington D.C. to get hands-on experience with government and making policy changes. Ouellette looks forward to speaking with Maine Senator Susan Collins who is also from Caribou and she also participated in the program as a youth.

WHCF Good Day Morning Show **01/22/2024** **6:00 – 9:00 AM** **1:00 min**

A fundraising event was held on Saturday at the Hudson Town Office in honor of Benny Strong, a 3-year-old boy from Levant battling a rare form of childhood cancer. Family, friends, and community gathered to raise money for his care and his trips back and forth from Boston as he receives treatment. A benefit supper and silent auction was held. Another benefit will be held on Feb. 29th. For more information you can visit Benny Strong's Facebook page.

WHCF Good Day Morning Show **01/24/2024** **6:00 – 9:00 AM** **1:00 min**

Mason's in Brewer was the site of the second annual 'Big Gig Pitch Off'. Three entrepreneurs presented their ideas for a shot at \$500 and a chance to go to the finale. Katherine Swann of Pen and Cob Farm, Katie Wringley of The Pain Changer, and John Painter of Maine Green Crabs competed. In the end John Painter was crowned the winner with his products made from the invasive Green Crab. The finale in April will be at KANU Restaurant in Old Town.

WHCF Good Day Morning Show **01/24/2024** **6:00 – 9:00 AM** **1:00 min**

Miller Elementary School in Waldoboro was the Moment of the Week winner in week two of the 7th annual WinterKids Winter Games. Sixteen schools compete over four weeks for a \$5,000 prize as they learn outdoors while having fun. Schools were tasked with capturing a "forced perspective picture," making little things look big and big things little. You can see the competitors, the standings, and pictures and videos of all the fun at winterkids.org.

WHCF Good Day Morning Show **01/25/2024** **6:00 – 9:00 AM** **1:00 min**

In support of Governor Mills' request to treat the two recent storms that hit Maine earlier this month as one single disaster event, Maine's Congressional Delegation has written a letter to FEMA. They say the request will reduce the administrative burden on municipalities affected by the storm allowing all assessments to be done simultaneously. The deadline to report damage has been extended to the end of this month.

WHCF Good Day Morning Show **01/26/2024** **6:00 – 9:00 AM** **1:00 min**

Some family fun is happening in Camden tomorrow. Winterfest, in their 21st year, will offer ice carving, a doggie fashion show, a polar plunge, crafts and a story walk for kids! Most of the fun will be held at the Camden Amphitheater, and will run from 11:00 AM to 2:00 PM. There will also be food from local businesses, with all proceeds going towards the library and Harbor Park. You can visit the Camden Winterfest Facebook page for more information.

WHCF Good Day Morning Show **01/29/2024** **6:00 – 9:00 AM** **1:00 min**

Is it too early to start making summer camping plans and reservations? No! According to the Maine Bureau of Public Lands website, campground reservations at Maine state parks will open at Lily Bay State Park near Moosehead Lake and Sebago Lake State Park on February 1. Officials say it's a first-come-first-serve basis so book early. More information can be found regarding booking campground reservations at maine.gov.

WHCF Good Day Morning Show **01/30/2024** **6:00 – 9:00 AM** **1:00 min**

A bill that would make the paid family leave tax credit permanent has been introduced to the legislation by Senator Angus King. The bill would make it easier for businesses to offer paid family and medical leave and would also provide additional options for financing paid leave through PFML insurance. It would allow eligible employers to receive the credit for leave offered in excess of any state or local mandates, offering a significant incentive for employers who wish to offer more leave than the Maine requirement.

WHCF Good Day Morning Show **02/01/2024** **6:00 – 9:00 AM** **1:00 min**

Kevin Tesseo, Darlings' Auto Group Executive Vice President, stated that one of the most important goals of the company is community involvement. That's why they didn't hesitate to provide a new van to help the Maine Discovery Museum's STEM program when they heard that staff members were using their own vehicles to travel to schools. Kate Dickerson, Executive Director of Maine Discovery Museum says the new van is, "a game changer." She says their goal for 2024 is to educate more people.

WHCF Good Day Morning Show **02/02/2024** **6:00 – 9:00 AM** **1:00 min**

89 year-old Billy Miller is on the mend after being hit by a car last week. The former owner of Miller Drug in Bangor and musician for the Bangor Symphony Orchestra and Bangor Band, was on his way to services on January 22nd at Congregation Beth Israel on York Street when the accident happened. A report says that Billy is still recovering in the hospital but is doing well. The congregation is working with his occupational therapist to coordinate his visitation schedule.

WHCF Good Day Morning Show **02/06/2024** **6:00 – 9:00 AM** **1:00 min**

Both the Democratic and Republican Parties are holding primaries, which means the no-excuse absentee voting has begun for Maine's March 5 Presidential Primary. Voters may request ballots online or by contacting their town or city clerk. Maine's in-person absentee voting at town and city halls continues through Thursday, Feb. 29. You can go to maine.gov to request an absentee ballot or to obtain more information.

WHCF Good Day Morning Show **02/07/2024** **6:00 – 9:00 AM** **1:00 min**

You may have heard them before you saw them on the Penobscot River. Coast Guard icebreakers named Bridle and Tackle were our busting ice to get the river flow going. Officials say icebreaking helps eliminate the risk of flooding due to ice jams ahead of warmer weather and storms—a sign, too, that Spring draws near.

WHCF Good Day Morning Show **02/09/2024** **6:00 – 9:00 AM** **1:00 min**

A new app makes it easier to watch local news and information for free on all major streaming platforms. The Zeam app will make a splash with an advertising campaign featuring a famous actor and musician and will air on almost 100 local television stations, including during the Super Bowl. The Zeam app features local programming from nearly every city in the U.S., allowing users to check in on communities they care about from anywhere. Gray Television is a ZEAM investor and owner of the local CBS affiliate, WABI TV5.

WHCF Good Day Morning Show **02/09/2024** **6:00 – 9:00 AM** **1:00 min**

Officials from one of the area's most iconic and longest running events have announced that it is time for pre-registration. The 57th Annual Kenduskeag Stream Canoe Race is scheduled to take place on April 20. Anyone interested in pre-registering for the race can find more information on the Kenduskeag Stream Canoe Race Facebook page.

WHCF Good Day Morning Show **02/14/2024** **6:00 – 9:00 AM** **1:00 min**

Senator Susan Collins and a group of lawmakers are backing a bill to help veterans access transportation in rural areas. The bipartisan bill would expand access to the Veterans Administration's Highly Rural Transportation Grant Program to help with transportation costs. Piscataquis County is the only county eligible for the program because the program is limited to counties with fewer than seven people-per-square mile. Collins' office said the bill would adjust what the VA considers to be "rural" to include more counties in Maine.

WHCF Good Day Morning Show **02/14/2024** **6:00 – 9:00 AM** **1:00 min**

Friends in Action, an Ellsworth nonprofit that assists the elderly and adults with disabilities, is collaborating with local businesses and organizations to provide new programs for their clients. Executive Director John Lindquist says they've partnered with MDI Wheelers to give seniors a chance to exercise with tricycles in the

park; they've also teamed up with Hannaford to provide nutrition classes. Most of the programs are free to use. Friends in Action counts on volunteers and donations, so if you'd like to support them you can visit friendsinactionellsworth.org.

WHCF Good Day Morning Show **02/15/2024** **6:00 – 9:00 AM** **1:00 min**

The children's classic, 'Lost on a Mountain in Maine', authored by the late Donn Fendler who passed in 2016, has been turned into a feature film and is slated to be released this summer. In 1939, Fendler became lost in the Katahdin wilderness after separating from his family. For nine days the 12 year-old survived only off his wits, determination, and his boy scout training. The story captivated Mainers and the nation. The film was produced by Sylvester Stallone's Balboa Productions and was also picked up by Blue Fox Entertainment for distribution.

WHCF Good Day Morning Show **02/16/2024** **6:00 – 9:00 AM** **1:00 min**

With "Super Tuesday," less than three weeks away, March 5th, there's something new for Maine this year: a "semi-open" primary. A "semi-open" primary is where people can't cross party lines, but the unenrolled/independent can pick one, and only one, party primary and vote. The goal is to get more people involved. According to the most recent numbers, about 36 percent of Maine voters are Democrats, 30 percent Republican and 29 percent unenrolled, or independent. There is no independent party in Maine.

WHCF Good Day Morning Show **02/16/2024** **6:00 – 9:00 AM** **1:00 min**

The Bangor Region Chamber of Commerce held their Early Bird Breakfast this past week to discuss the upcoming solar eclipse. The historic event will take place on April 8, and it'll be the last one in Maine until 2079. Presentations at the breakfast shared ideas to local businesses on how they can prepare and make the most out of the event. Maine is expected to see a boost in tourism during that time.

WHCF Good Day Morning Show **02/20/2024** **6:00 – 9:00 AM** **1:00 min**

Last Friday, the 2024 Presidential Salute auction took place in Houston, and among the items auctioned off was the speedboat that former President George H.W. Bush kept at Walker's Point in Kennebunkport. The 38-foot "Fidelity V" sold for a mere \$435,000. The winning bidder was anonymous and placed their bids over the phone as part of a friendly bidding war. Proceeds from the sale will be used to expand offerings at the George H.W. Bush Presidential Library & Museum and The Bush School of Government & Public Service at Texas A&M.

WHCF Good Day Morning Show **02/20/2024** **6:00 – 9:00 AM** **1:00 min**

The Presque Isle Forum is the place to be for kids as they are offering up free skating from 1:00 to 3:00 PM during February break. Kids are invited to come out and have some fun on the ice. The event is made free thanks to different organizations sponsoring each day. Skate rentals are \$3. You visit their Facebook page for more information.

WHCF Good Day Morning Show **02/21/2024** **6:00 – 9:00 AM** **1:00 min**

Gifford's Ice Cream officials in Skowhegan are happy to announce that after a devastating fire last February, the plant is back in operation. While restoration was underway, Gifford's called on other businesses to help with production. CEO Lindsay Skilling says the community outpouring of support has been pivotal in bouncing back. Skilling says this March you'll see favorites like Toasted Coconut and Black Raspberry Chocolate Chip Frozen Yogurt back on shelves.

WHCF Good Day Morning Show **02/22/2024** **6:00 – 9:00 AM** **1:00 min**

Since learning that they are in the path of solar eclipse totality in April, Greenville has been preparing for a massive turnout. Generally, the town will see around 10,000 people during their annual seaplane fly-in, but the eclipse is expected to bring upwards of 30,000 people. Businesses are preparing with extra food and supplies, and Town Manager Michael Roy has researched what other towns have experienced with such an event. A big concern is people on the ice at Moosehead Lake as temperatures rise. The solar eclipse will happen on April 8th.

WHCF Good Day Morning Show **02/22/2024** **6:00 – 9:00 AM** **1:00 min**

Two-time NBA champion and former Most Valuable Player in the NBA, Kevin Durant, paid a nice compliment to Newport native and basketball sensation, Cooper Flagg. Durant believes Flagg could be one of the top players in the league for at least 15 years. The comment was made on Durant's Boardroom talk show. At 6' - 10", Flagg is the top-ranked high school basketball player in the country. Flagg currently plays at Montverde Academy in Florida. Their mom, Kelly Flagg, is a former captain of the University of Maine women's basketball team.

WHCF Good Day Morning Show **02/22/2024** **6:00 – 9:00 AM** **1:00 min**
One doesn't often think of Maine when it comes to excellent beaches in the U.S., but Trip Advisor has ranked Ogunquit Beach as one of the best in the country. It has been noted for its beauty, cleanliness, white sand, gorgeous views and more. Coming in at number 30, Ogunquit Beach is the highest rated beach in New England. La Jolla Cove in San Diego topped the list followed by Clearwater Beach in Clearwater, Florida.

WHCF Good Day Morning Show **02/ 29/2024** **6:00 – 9:00 AM** **1:00 min**
As the Senate GOP leader Mitch McConnell made the announcement that he will step down from his position later this year, Maine Senator Susan Collins made it known that she is not interested in replacing McConnell. However, Collins did take some time on the Senate floor yesterday to share kind words about her long-time colleague. Collins is the Senior Republican woman in the Senate, and currently has the seventh longest term of service.

WHCF Good Day Morning Show **03/05/2024** **6:00 – 9:00 AM** **1:00 min**
Sixteen states are participating in Super Tuesday today, and Maine is one of them. It marks the largest single day of voting outside the general election in November. More than one-third of the total delegates available in each party's nomination are decided on Super Tuesday through early or absentee voting and voting at the polls. This year it's a semi-open primary, where unenrolled voters, independents, are able to pick a party and vote. Polls close at 8:00 PM.

WHCF Good Day Morning Show **03/05/2024** **6:00 – 9:00 AM** **1:00 min**
And now some chilling news: A Maine woman has braved the cold in a different way recently. Mandy Sumner has set a new world record by swimming 75 meters under the ice in the country of Norway, about 3,000 miles away. The North Berwick-native is a professional free diver who once swam for Sanford High School. 75 meters is about 246 feet.

WHCF Good Day Morning Show **03/06/2024** **6:00 – 9:00 AM** **1:00 min**
Officials from the Maine Department of Inland Fisheries and Wildlife say they've received information about golden eagle observations at seven new locations, six of which are in towns where golden eagles have not been documented in the last 10 years. The endangered eagle disappeared from the state in 1997. The department is asking for help as they study the majestic bird. They are currently interested in finding new monitoring sites north of Greenville and south of Lewiston. You can visit the department's website at maine.gov for more information.

WHCF Good Day Morning Show **03/12/2024** **6:00 – 9:00 AM** **1:00 min**
As a growing number of automakers have announced their intention to remove AM radios from future models, Sens. Susan Collins and Angus King have joined bipartisan legislation that would require automakers to keep AM radio service in all new vehicles. The senators say AM radio is especially important for rural communities. Two-thirds of farmers listen to AM stations for relevant updates. The AM for Every Vehicle Act is endorsed by both the National and Maine Association of Broadcasters, the National Association of Farm Broadcasters and AARP.

WHCF Good Day Morning Show **03/12/2024** **6:00 – 9:00 AM** **1:00 min**
A new race is coming to Bangor that is certain to create excitement and boost the economy. The Great Bangor Marathon & Half will take place on June 23, 2024. Local couple, David and Laura McIntyre of Lifestyle Sports Global, are behind the event. They say runners from across the country have already signed up for the race. The McIntyres have already had successful running events in the Lincoln area, including the Great Loon Triathlon and the Great Lincoln Marathon & Half. You can visit The Great Bangor Marathon & Half Facebook page for more information.

WHCF Good Day Morning Show **03/14/2024** **6:00 – 9:00 AM** **1:00 min**
An energy summit in Hallowell yesterday was hosted by the Maine State Chamber of Commerce. The focus, according to Patrick Woodcock, CEO and President of Maine State Chamber of Commerce, is the rapidly changing energy technology regulatory structure and what it means for the Maine business community. Topics relating to EV charging and heat pumps were discussed. Woodcock says a big focus for the Maine Chamber of Commerce and for all homeowners is affordability, which needs to be at the forefront.

WHCF Good Day Morning Show **03/14/2024** **6:00 – 9:00 AM** **1:00 min**
Residents in the town of Kenduskeag will be getting a new library. Thanks to efforts by Sen. Susan Collins, \$1 million in appropriations funding will help construct a new building allowing for more storage and community

space. The current building was originally a doctor's office in the 1800s and later donated to the town in 1915 to be used as a public library, which still has no septic or running water. A construction timeline meeting is being held today.

WHCF Good Day Morning Show **03/14/2024** **6:00 – 9:00 AM** **1:00 min**

With the Red Sox' opening day just around the bend, a report states that Luke's Lobster is now the new "official lobster roll" of the Boston Red Sox. Luke's Lobster is a Maine-based seafood company and restaurant group renowned for its commitment to sustainability and sourcing only the freshest seafood. The lobster rolls will be available for purchase at two Fenway Park locations. The Red Sox will play against the Baltimore Orioles for their first 2024 regular-season home game on April 9.

WHCF Good Day Morning Show **03/19/2024** **6:00 – 9:00 AM** **1:00 min**

The Central Aroostook Humane Society in Presque Isle received an unexpected gift, and it couldn't have come at a better time as funding is low and they have many dogs in need of a forever home. With the cancellation of this year's Can-Am dog races due to the lack of snow, the six to seven hundred pounds of dog food earmarked for that event had to go somewhere, and Central Aroostook Humane Society was the beneficiary. Dennis Cyr, the President of Can-Am said they were able to make lemonade out of lemons by providing the food to the shelter.

WHCF Good Day Morning Show **03/22/2024** **6:00 – 9:00 AM** **1:00 min**

A former Newport, Maine student and basketball sensation, Cooper Flagg, is one of three finalists for the 2023-24 Gatorade National Boys Basketball Player of the Year award. The award "is the top honor in high school sports, celebrating the nation's best high school athletes for their success on and off the court." Flagg, who moved to Montverde, Florida, is joined by fellow top prospects Ace Bailey and VJ Edgecombe in the top three. Cooper will be playing for Duke next season.

WHCF Good Day Morning Show **03/27/2024** **6:00 – 9:00 AM** **1:00 min**

Two Maine women helped lead two of the top women's basketball teams in the country to the Sweet 16 of the Women's NCAA Division 1 basketball tournament. Anna DeWolfe of Cumberland scored 9 points helping to secure Notre Dame's win over Ole Miss Monday night; and Gorham-native Mackenzie Holmes scored a game-high 29 points to help the Indiana Hoosiers advance. On Friday, Notre Dame will face Oregon State, and Indiana will play number one seed, South Carolina.

*** Good Day Morning Show with Nelson Jewell and Dorian Daniels News Clips run at 6:50 and 7:50 AM for 1:30 min**

Section III. Other Issues on Programs

The station has the following short broadcast programming dealing with the above identified issues and other issues:

A. Love Language Minute:

A daily weekday program aired at 5:50 PM. Speaker Gary Chapman presents topics concerning the family.

B. My MoneyLife

A two minute weekday program aired at 10:00 AM. Crown Financial counselors share helpful information in dealing with personal, family, and small business finances.

C. Family Minute

A daily weekday program aired at 9:30 PM. Speakers address many family and parenting issues.

D. Real Family Life

A 90 second daily weekday program aired at 10:00 AM and 7:00 PM. Speakers Dave and Ann Wilson address many family and parenting issues.

E. My Family Talk

A 90 second daily weekday program aired at 12:00 PM. Speaker James Dobson addresses many family and parenting issues.

The station has the following 30 or 60 minute broadcast programming dealing with the above identified issues and other issues:

A. Focus on the Family

Broadcast weekdays at 11:30 AM and 7:30 PM. Focus on the Family is a global Christian ministry dedicated to helping families thrive. Providing help and resources for couples to build healthy marriages that reflect God's design and for parents to raise their children according to morals and values grounded in biblical principles.

B. Family Life Today

FamilyLife Today is conversational in nature and provides practical, biblical tools to address the issues affecting your family. You'll receive motivation, encouragement, and help. Broadcast weekdays at 11:00 AM and 6:30 PM with hosts Dave and Ann Wilson.

C. Family Talk

Dr. James Dobson provides sound biblical advice on Christian marriages, families and parenting through the ministry of Family Talk's radio program with co-host Ryan Dobson and LuAnne Crane. Broadcast weekdays at 9:00 AM.

D. Faith and Finance

Teaching people of all ages how to handle money based on the principles of the Bible. Broadcast weekdays at 12:30 PM with host Rob West.