

KIKV FM
Sauk Centre, MN 56378
Quarterly Issues Programming Listing
October – December 2022

Public Service Director Amy Foxx compiled the list for the Fourth quarter of 2022, uploaded on January 9th, 2023

Issues & Programs List

Quarterly Issues Programs list for KIKV October 1st – December 31st, 2022
Placed in the Public File January 9th, 2023

Section I. Issues.

The station has identified the following issues as significant issues facing our community in this quarter.

A. Public Health and Healthcare: Health issues and initiatives, in our area.

B. Mental Health: Helping the public remain aware and to make good choices.

C. Climate change, Environment, Science and Weather: Keeping the public informed of changes that may affect them and their surroundings

D. Education and Economics: Issues relating to public education, production and business services in our community.

E. Federal Government, Global Affairs, Politics and Law: Keeping the public aware and informed.

F. Family and Parenting Issues: Programming addressing families

Section II. Responsive Programs

The station has broadcast programming dealing with each of the above-referenced issues. Program content and broadcast details below.

A. Public Health and Healthcare

RADIO HEALTH JOURNAL

Air Week: 10/2/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

PHARMACY DESERTS: THE SHRINKING ACCESS TO HEALTHCARE

Time: 6:01am

Duration: 12:21

Synopsis:

Neighborhood pharmacies are closing across the nation, leaving their communities without close access to medication and other healthcare needs. Dr. Walter Mathis has researched pharmacy deserts and how they're affecting local communities. He explains possible solutions to this growing issue.

RADIO HEALTH JOURNAL

Air Week: 10/2/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

AN ILLNESS AFFECTING MILLIONS OF UNSUSPECTING PEOPLE - POSSIBLY YOU

Time: 6:15am

Duration: 7:51

Synopsis:

Peripheral Artery Disease may not be a household name like stroke or heart attack, but it's just as common. Unfortunately, the lack of awareness means that many patients with PAD catch it too late and end up needing an amputation. Dr. Nick West discusses why public awareness is crucial to saving lives and limbs.

RADIO HEALTH JOURNAL

Air Week: 10/9/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

DISSECTING THE EMERGENCY ROOM: EVERY PATIENT HAS A STORY

Time: 6:01AM

Duration: 12:05

Synopsis:

As an ER doctor, Jay Baruch wears many hats. He's a healer, listener, traffic director, and so much more during each shift. But in such a chaotic space, how can doctors maximize their time

with patients? Baruch explains his beliefs on medicine's moral center and changes that need to be implemented to give patients the best outcomes.

RADIO HEALTH JOURNAL

Air Week: 10/9/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

A NEW HOPE FOR MEN WITH ADVANCED PROSTATE CANCER

Time: 6:15am

Duration: 7:28

Synopsis:

Treatments for metastatic hormone-sensitive prostate cancer have remained the same for seventy years – until now. Scientists have created a medication, called Nubeqa, that pairs with the original treatments and helps lengthen the lifespan of patients. An expert discusses why this is an optimistic time for MHSPC patients.

RADIO HEALTH JOURNAL

Air Week: 10/23/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

"FIELD IN CRISIS": DOCTORS NEED 26.7 HOURS IN A DAY TO CARE FOR PATIENTS

Time: 6:01am

Duration: 11:12

Synopsis:

Primary care physicians have been experiencing a shortage in recent years. Couple that with a demanding patient load and it's no surprise that both doctors and patients are feeling slighted. Experts discuss the systemic changes needed to turn the field around.

B. Mental Health

RADIO HEALTH JOURNAL

Air week: 11/13/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

HOW TO OVERCOME YOUR MENTAL BLOCKS TO REACH SUCCESS

Time: 6:14am

Duration: 8:36

Synopsis:

Mental toughness is usually a term reserved for athletes. However, Dr. Haley Perlus, an expert in performance psychology, explains why it's so important for everyone to work on their mental

fortitude. Perlus joins us this week to offer tips on how to work past those mental blocks and achieve your goals.

RADIO HEALTH JOURNAL

Air week: 11/27/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

LOVE THE PERSON, HATE THEIR BEHAVIOR: SUPPORTING AN ADDICT

Time: 6:15am

Duration: 8:11

Synopsis:

Addiction doesn't just affect one person; it can tear entire families apart. But how can you convince a loved one to get help, and is there a way to support them without enabling the addiction? An expert discusses the steps families can take to fight against substance use addiction.

VIEWPOINTS RADIO

Air Week: 10/23/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

GETTING ORGANIZED: FINDING THE TIME

Time: 6:43am

Duration: 9:44

Synopsis:

Constantly crossing off items from your daily or weekly 'To-Do List' but feel like you never actually have time to do the things you really want to do? Acclaimed time management expert Laura Vanderkam joins us this week to share some unique tips on how to get through your mundane tasks quicker and regain more of your time.

VIEWPOINTS RADIO

Air Week:11/20/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

IN PURSUIT OF BETTER SLEEP

Time: 6:31am

Duration: 9:21

Synopsis:

About 70 million people in the U.S. struggle with sleep. We speak with sleep expert and psychologist Aric Prather about how to fix your sleep problems without relying on sleep aids.

C. Climate change, Environment, Science and Weather

VIEWPOINTS RADIO

Air Week:10/16/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

ELECTRIC VEHICLES: REDUCING SKY HIGH COSTS & A LACK OF ACCESSIBILITY

Time: 6:32am

Duration: 7:05

Synopsis:

The electric vehicle market is booming. Nearly every automaker is pledging to invest in this technology and is rolling out sleek new models with all the bells and whistles. While electric is seen as the future, for many Americans these newer cars are often out of reach because of the hefty price tag. We speak with two experts about this current market and what progress is being made to make EV's more available to all.

VIEWPOINTS RADIO

Air Week: 10/23/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

FEEDING MORE MOUTHS MORE SUSTAINABLY

Time: 6:32AM

Duration: 8:13

Synopsis:

Scientists are thinking big to voyage to Mars and one day possibly inhabit the far away planet. One big challenge is building a food production model from the ground up. We speak with one food scientist about how these food systems and people's diets on Mars may look one day and what we can learn from these advancements to improve our current food systems on Earth.

VIEWPOINTS RADIO

Air Week: 12/11/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

THE EFFECTS OF EXTREME WEATHER FELT ACROSS THE GLOBE

Time: 6:31am

Duration: 9:45

Synopsis:

From the Mississippi River's historic low water levels to Pakistan's non-stop flooding, the effects of extreme weather are being felt across the globe. Experts explain the common denominator between these seemingly opposite weather events, and the health and financial toll of natural disasters.

D. Education and Economics

VIEWPOINTS RADIO

Air Week: 10/30/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

THE FUTURE OF REMOTE WORK

Time: 6:33am

Duration: 8:55

Synopsis:

Of all job holders in America, 58 percent—or 92 million people—say they have the option to work their positions remotely at least part of the week, according to a recent nationwide survey conducted by consulting firm, McKinsey & Co. Will this way of working continue long term? What are some of the challenges that companies are facing in this still relatively new landscape? We answer these questions and more this week on Viewpoints.

VIEWPOINTS RADIO

Air Week: 11/6/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

THE HIGHER EDUCATION COST CRISIS: PART 1

Time: 6:32am

Duration: 8:23

Synopsis:

Student loan debt in the U.S. has burgeoned to 1.7 trillion dollars. And over the past two years, many borrowers have paused on paying these loans because the government paused on payment deadlines due to the COVID-19 pandemic. Last month, Biden's administration vowed to cancel \$10,000 of student loan debt for the average borrower and up to \$20,000 for Pell Grant recipients. We highlight what this move achieves (and doesn't) and what solutions are needed to solve this problem long-term.

VIEWPOINTS RADIO

Air Week: 11/13/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

THE HIGHER EDUCATION COST CRISIS: PART 2

Time: 6:32am

Duration: 8:14

Synopsis:

The average cost of attending a four-year, public college has ballooned to \$27,800 per year. This equates to more than \$110,000 spent to have an undergraduate degree. Even with current financial aid, for millions of students, it's not feasible to dig themselves into lifelong debt. We speak with two higher education experts about what needs to change with financial aid in America.

VIEWPOINTS RADIO

Air Week: 12/4/22

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

THE RISE & FALL OF GENERAL ELECTRIC

Time: 6:31am

Duration: 10:36

Synopsis:

General Electric was once valued at 650 billion dollars. For decades, it was globally recognized for its innovation in electric, aviation, healthcare, and financial services. Today, it's a much different story. The company is preparing to split into three separate entities to increase its value and is in the process of downsizing from its large headquarters in Boston. Business expert and author William D. Cohan joins us this week to share the story of General Electric.

E. Federal Government, Global Affairs, Politics and Law:

VIEWPOINTS RADIO

Air Week: 10/2/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

WORKERS ARE FED UP: THE CONTINUING STRIKES & UNIONIZATIONS IN THE U.S.

Time: 6:31am

Duration: 9:37

Synopsis:

Just last month, the railway industry narrowly averted a strike that would've resulted in more than 100,000 railway workers walking off the job. This dispute over pay, hours and working conditions would've shut down the U.S. railway system, costing billions of dollars in lost revenue from commuter travel and a stall in commodities and goods shipments. Over the past year, headlines covering workers striking or pushing to unionize have become commonplace. What's driving this labor revolt? Stay tuned this week.

VIEWPOINTS RADIO

Air Week: 11/27/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

THE 2024 PRESIDENTIAL ELECTION

Time: 6:32am

Duration: 6:57

Synopsis:

With this news making headlines, we go back in American history to uncover some of the stories of previous one-term presidents that preceded Trump.

VIEWPOINTS RADIO

Air Week: 11/27/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

THE MILITARY'S MOST CHALLENGING RECRUITING YEAR YET

Time: 6:41am

Duration: 10:45

Synopsis:

We speak with military expert Katherine Kuzminski about what's feeding into less Americans signing up and how the government aims to kick start interest.

VIEWPOINTS RADIO

Air Week: 12/18/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

IS LIVING IN THE AGE OF THE INTERNET A RIGHT OR PRIVILEGE?

Time: 6:32am

Duration: 8:29

Synopsis:

Internet has become a necessity in our lives, but not everyone has access. With serious issues, like politics and education, being discussed almost exclusively online, more and more people are wondering if internet should be free. An expert explains the pros and cons of government-subsidized internet.

F. Family and Parenting Issues

RADIO HEALTH JOURNAL

Air week: 12/11/2022

BEING SELFISH IS SOMETIMES THE HEALTHIEST OPTION

Time: 6:02am

Duration: 11:29

Synopsis:

We're taught from a young age to always share and be kind, but Dr. Scott Kaufman thinks that's not always the right thing to do. His new research looks at the idea of 'healthy selfishness'—taking care of yourself before focusing on helping others. He discusses the different forms of selfishness and why setting boundaries can be the best way to grow a relationship.

VIEWPOINTS RADIO

Air Week: 10/9/2022

Executive Producer: Amirah Zaveri

Production Manager: Jason Dickey

PHONE GUIDELINES FOR KIDS

Time: 6:43am

Duration: 8:22

Synopsis:

It seems like every preteen has their own cell phone these days. Just last week, I saw a kid (possibly 9 or 10 years old) walking down the street talking to someone through their smartwatch. Who would've thought? With more young people owning tech at an earlier age, it's important for both parents and kids to sit down from the get-go and talk about how to stay safe online, minimize social media use and more.

VIEWPOINTS RADIO

Air Week: 12/11/2022

GRIEVING AMIDST THE HOLIDAYS

Time: 6:44am

Duration: 8:07

Synopsis: Just because it's the holidays doesn't mean it's a time of joy and happiness for everyone. Millions of Americans during this period struggle to just make it through the commitments, pressure, and difficult memories that these months bring. We speak with psychologist Mary Lamia about how to sit with your emotions, communicate with loved ones and set realistic expectations this month.