

Issues Programs List

Quarterly Issues Programs List

KATS-FM

KDBL-FM

KFFM-FM

KIT-AM

KMGW-FM

KUTI-AM

July 1, 2021 through September 30, 2021

Section I. Issues

The station has identified the following topics as significant issues facing our community in this quarter:

- A. **Education:** Yakima County data most recently revealed that we have a 29.5% population of school-age youth under age 18. Viewpoints speaks with education experts who give advice to parents and guardians wrestling with preparing their children going back to a full-time school environment in Washington state as well as continued remote learning in some areas during the pandemic.
- B. **Healthcare:** Despite the availability of the Washington State Apple Health insurance program which provides low cost medical insurance to impoverished families, sky high prices for medical services continue to plague our residents. Viewpoints helps to answer the question, "How can people negotiate down these hefty bills?"
- C. **Nutrition:** Yakima Valley residents are continuing to adopt the Keto Diet which concentrates on a steady stream of carbohydrates. Viewpoints inspects why the Keto dietary trend remains popular and how it can be used as treatment for childhood epilepsy and beyond.
- D. **Technology:** Medical experts in the Yakima Valley are sounding the alarm that cell phone addiction is adding to the decreased happiness, and quality of life for many, affecting residents in Yakima and Kittitas counties. Viewpoints probes how we can break the cycle of excess technology consumption in order to improve our mental health.
- E. **Prison Reform:** According to the Washington State Center for Court Research, the average youth incarceration rate for Kittitas County has dropped 11.8% and Yakima County reflects a 3.2% decline. Viewpoints sheds light on how the pandemic has led to decreased youth incarceration.
- F. **Workers' Rights:** Yakima is the second largest county in Washington state. The most recent data available shows that the unemployment rate for Yakima County has dropped to 6.1%. This improvement takes into account the farm workers who have recently gone on strike to protect their workers' rights. Viewpoints investigates why there are not more legal guidelines to protect these types of essential agricultural and construction workers and how providing worker centers can help low-wage employees who often don't have a voice.

Section II. Responsive Programs

The responsive programming is Viewpoints Radio, airing weekly on each station at the following times:

KATS: 6 AM on Sundays

KDBL: 6 AM on Sundays

KFFM: 6:30 AM on Sundays

KIT: 9 AM on Sundays

KMGW: 6 AM on Saturdays

KUTI: 6 AM on Sundays



Quarterly Report of Compliancy Issues & Programs List 2021-Q3 (July - September) Viewpoints Radio

- Agriculture
- Addiction
- Adolescent Health
- Agriculture
- American History
- Architecture
- Arts
- Behavioral Health
- Biology
- Business
- Career
- Child Development
- Climate Change
- Comedy
- Communication
- Construction
- Consumerism
- Cooking
- Corporate Interests
- COVID-19 Pandemic
- Creativity
- Crime
- Culture
- Customs
- Dance
- Development
- Diet
- Disease
- Editing
- Education
- Entrepreneurship
- Environment
- Exploration
- Fashion and Fashion Trends
- Film
- Government
- Happiness
- Harassment
- Health
- Health Education
- Healthcare
- Healthcare Management
- History
- Human Rights
- Inequality
- Innovation
- Insurance
- International Affairs
- Justice System
- Labor
- Law
- Literature
- Local Economy
- Marriage
- Mass Incarceration
- Media Business
- Medicine
- Mental Health
- Mental Illness
- Migration
- Mining
- Money
- Music and Music Industry
- Natural Resources
- Nonprofit Organization
- Nutrition
- Paleontology
- Parenting
- Patient Advocacy
- Performance and Performance Arts
- Personal Finance
- Policy
- Politics
- Poverty
- Prison Reform
- Psychology
- Public Health
- Public Service
- Publishing
- Racial Issues
- Remote Learning
- Savings
- Science
- Self-Confidence
- Sleep Disorders
- Small Business
- Social Media
- Space and Space Exploration
- Species Extinction
- Sports
- Streaming
- Sustainability and Sustainable Design
- Teaching
- Technology
- Terrorism
- Tourism
- Traditions
- Trauma
- Travel
- TV
- Wage Theft
- Wealth
- Wildlife Management
- Women's Rights
- Workers Rights
- Writing
- Youth Development

Program 21-27 Writers & Producers: Amirah Zaveri & Evan Rook

Air Week: **Studio Production:** Jason Dickey
7/4/21

SEGMENT 1: FAIR LABOR: THE IMPORTANCE OF WORKER CENTERS		Time	Duration
Synopsis:	Physician burnout is still a very real problem in the U.S. – and the pandemic has only exacerbated these feelings in some of the hardest hit hospitals across the country. We speak with Dr. Greg Hammer at Stanford University about the pandemic's lasting effects on mental health and systems that have been created to better support people working in medicine or in medical school.	1:47	11:25
Host:	Gary Price		
Guests:	Dr. Celeste Monforton, lecturer, Texas State University, author, On the Job: The Untold Story of Worker Centers and the New Fight for Wages, Dignity, and Health; Laura Garza, worker center director, Arise Chicago.		
Issues Covered:	Wage Theft, Harassment, Inequality, Labor Rights, Nonprofit, Workers Rights, Law, Career, Poverty		
Links:	Arise Chicago Worker Centers: Resources for Employees		
SEGMENT 2: HOW TO MAKE YOUR KID MONEY-SAVVY		Time	Duration
Synopsis:	About 60 percent of Americans don't yet have a written will in place. People spend a lifetime working hard, saving money, building assets, but often never think about what would happen in case they suddenly passed away. Viewpoints speaks with life planning expert, Abby Schneiderman, about the importance of organizing your life both on paper and online.	15:39	8:26
Host:	Marty Peterson		
Guests:	Beth Kobliner, financial expert and author, Make Your Kid A Money Genius (Even if you're not).		
Issues Covered:	Personal Finance, Parenting, Child Development, Money, Savings, Consumerism		
Links:	Learn more about Beth - BethKobliner.com		
CULTURE CRASH: WHAT'S SO FUNNY ABOUT DAVE?		Time	Duration
Synopsis:	The Hulu comedy, Dave, is a fictional story about the sensationalized rapper, Lil Dicky. The show look like many other comedies at first but is actually jam-packed with well-thought out jokes and plots. Dave is now streaming on Hulu and FXX.	25:05	1:51
Host:	Evan Rook		
Issues Covered:	Culture, TV, Comedy		

Program 21-28 Writers & Producers: Amirah Zaveri, Bridget Killian, Polly Hansen & Evan Rook

Air Week: Studio Production: Jason Dickey
7/11/21

SEGMENT 1:	LONG-TERM YOUTH INCARCERATION	Time	Duration
Synopsis:	The U.S. prison population has decreased during the pandemic, but the number of people behind bars is still close to two million. Some of these inmates have been in prison for decades and at a young age were deemed by the justice system to be 'unfixable'. This week, we shed light on the cycle of youth incarceration in this country and why people like Ian Manuel, a former inmate, were sentenced to life in prison without the possibility of parole at age 13.	1:48	9:34
Host:	Gary Price		
Guests:	Ian Manuel, former inmate, author, My Time Will Come: A Memoir of Crime, Punishment, Hope, and Redemption; Riya Saha Shah, lawyer, managing director, Juvenile Law Center; Beth Schwartzapfel, journalist, The Marshall Project.		
Issues Covered:	Crime, Justice System, Prison Reform, Mental Health, Law, Government, Poverty, Mass Incarceration, Youth Development		
Links:	Equal Justice Initiative: Ian Manual The Marshall Project: Many Juvenile Jails Are Now Almost Entirely Filled With Young People of Color		
SEGMENT 2:	A BETTER WAY TO GET AWAY	Time	Duration
Synopsis:	It seems like lately almost everyone is heading to the airport. Whether you're flying, driving or taking a train, vacations are a highly anticipated time to get away from everyday life. Everyone deserves relaxation, but is there a way to make sure that you're traveling more consciously? Are you booking excursions with local, independent companies? Supporting small shops? Does the place you're staying at or traveling with use sustainable practices?	12:44	10:26
Host:	Marty Peterson		
Guests:	Maile Meyer, Hawaii resident, owner, Native Books; Brian Mullis, sustainable tourism expert.		
Issues Covered:	Tourism, Travel, Sustainability, Traditions, Customs, History, Wildlife Management, Consumerism, Environment, Local Economy, Small Business		
Links:	Sustainability Leaders Project The World Counts FORTUNE: How eco-travelers are fueling hotel industry's sustainability drive Viator Pu'uhonua Society		
CULTURE CRASH:	ACCESSING FILM CLASSICS	Time	Duration
Synopsis:	The Criterion Channel makes it easy to watch older movies that are often forgotten on mainstream streaming platforms like Netflix. We discuss some of our favorite picks from the old Hollywood days.	24:10	2:16
Host:	Evan Rook		
Issues Covered:	Culture, Film		

Program 21-29 Writers & Producers: Amirah Zaveri & Evan Rook

Air Week: 7/18/21
Studio Production: Jason Dickey

SEGMENT 1:	NEGOTIATING THE HIGH COST OF HEALTHCARE	Time	Duration
Synopsis:	Millions of Americans put off going to a doctor or hospital because they're afraid of the high cost of care. Depending on your insurance, one MRI scan can cost upwards of a thousand dollars. One trip to the emergency room can mean thousands of dollars in charges that people can't afford to pay. So, what's driving these sky-high prices? How can people negotiate down these hefty bills?	1:17	11:48
Host:	Gary Price		
Guests:	Lisa Rossi, patient; Marshall Allen, investigative journalist, ProPublica, author, Never Pay the First Bill: And Other Ways to Fight the Health Care System and Win.		
Issues Covered:	Healthcare, Insurance, Medicine, Patient Advocacy, Personal Finance, Healthcare Management		
Links:	Fair Health Consumer: Estimate your healthcare expenses National Patient Advocate Foundation Twitter: @marshall_allen Amazon: Never Pay the First Bill: And Other Ways to Fight the Health Care System and Win		
SEGMENT 2:	THE DATED TRADITION OF DAYLIGHT SAVING TIME	Time	Duration
Synopsis:	Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints.	15:22	7:12
Host:	Marty Peterson		
Guests:	Dr. Beth Malow, professor, neurology & pediatrics, Vanderbilt University Medical Center, director, Vanderbilt Sleep Division.		
Issues Covered:	Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health		
Links:	National Society of High School Scholars TIME: The Real Reason Why Daylight Saving Time Is a Thing VUMC: Department of Neurology		
CULTURE CRASH:	THE BEAUTY OF TIKTOK	Time	Duration
Synopsis:	Taylor Swift recently re-recorded and released her hit 2008 album "Fearless". We discuss the nostalgic vibes we felt while listening to these old Taylor tracks.	23:34	2:52
Host:	Evan Rook		
Issues Covered:	Culture, Social Media		

Program 21-30 Writers & Producers: Amirah Zaveri & Evan Rook

Air Week: Studio Production: Jason Dickey
7/25/21

SEGMENT 1:	PUBLISHING 101: BEHIND EVERY WRITER IS A GREAT EDITOR	Time	Duration
Synopsis:	In 2019, the book publishing industry in the U.S. generated more than \$25 billion dollars in revenue and employed close to 70,000 people. It's a massive industry that publishes and generates publicity for many thousands of physical and e-books each year. Literary editor Peter Ginna joins us this week to breakdown the business and the crucial role that editors play in crafting a successful book.	1:47	10:20
Host:	Gary Price		
Guests:	Peter Ginna, literary editor and author, What Editors Do: The Art, Craft, and Business of Book Editing.		
Issues Covered:	Writing, Editing, Publishing, Literature, Business, Career		
Links:	University of Chicago Press – What Editors Do: The Art, Craft, and Business of Book Editing Penguin Random House – How to Get Published: The world of publishing: a guide for writers		
SEGMENT 2:	THE ENTREPRENEUR INSIDE THE MUSICIAN	Time	Duration
Synopsis:	There's much more to being a professional musician than the practice and performance aspect of the career. For independent artists, there's an entire side of entrepreneurship to handle, including money management, marketing, networking and more. Debra Silvert, the flutist of the orchestral ensemble, Duo Sequenza, highlights the challenges and rewards of carving out a career in the competitive classical music space.	14:09	8:30
Host:	Marty Peterson		
Guests:	Debra Silvert, flutist, Duo Sequenza, executive director, Sequenza Chamber Music Incorporated.		
Issues Covered:	Music, Career, Business, Nonprofit Organization, Entrepreneurship, Music Industry		
Links:	Duo Sequenza Debra Silvert Bio Majoring In Music: Music & Entrepreneurship		
CULTURE CRASH:	THE APPLE TV SPORTS COMEDY, "TED LASSO"	Time	Duration
Synopsis:	Funny man Jason Sudeikis plays Ted Lasso in Apple's TV's new series. The show follows Lasso, a small-time coach, as he moves to England to lead a professional soccer team despite having little knowledge of the sport.	23:39	2:47
Host:	Evan Rook		
Issues Covered:	Culture, Streaming, Media Business		

Program 21-31 Writers & Producers: Amirah Zaveri & Evan Rook			
Air Week:	Studio Production:	Jason Dickey	
8/1/21			
SEGMENT 1:	THE ITEMS THAT SYMBOLIZE THE COVID-19 PANDEMIC	Time	Duration
Synopsis:	Wondering what to do with the dozens of face masks and all of those unused yeast packets? Us too. There are several items that Americans sought after during the height of the Covid-19 pandemic that help to showcase what this period in time was like. Once the pandemic is fully over, how will we look back and remember this time? How are museum curators and everyday people remembering this important part of history? This week on Viewpoints.	1:48	11:13
Host:	Gary Price		
Guests:	Alexandra Lord, chair, curator, Division of Medicine and Science, Smithsonian National Museum of American History; Kevin Mitchell Mercer, professor, Valencia College; Natalie Nguyen, college student, University of Central Florida.		
Issues Covered:	COVID-19 Pandemic, Public Health, History, Career, Education, Science, Medicine		
Links:	The New York Times: A New Year's Climate Diet twitter: @4fishgreenberg Amazon: The Climate Diet: 50 Simple Ways to Trim Your Carbon Footprint		
SEGMENT 2:	FOREVER FASHION: THE HISTORY OF TIMELESS TRENDS	Time	Duration
Synopsis:	In 2017, Sara Dykman biked more than 10,000 miles, following the path of the annual Monarch migration. Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species.	15:00	8:23
Host:	Marty Peterson		
Guests:	Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics.		
Issues Covered:	Fashion, History, Fashion Trends, Consumerism, Film, Culture, Literature		
Links:	The Guardian - Lauren Cochrane Profile Amazon: The Ten: How any why we wear the fashion classics Vogue: The Story Behind That Little Black Dress Worn by Audrey Hepburn In 'Breakfast At Tiffany's Levi Strauss & Co: We have been innovating since the birth of the blue jean in 1873 Lauren Cochrane on Instagram		
CULTURE CRASH:	PIG – STARRING NICHOLAS CAGE	Time	Duration
Synopsis:	We had mixed feelings heading to see the new film, Pig, featuring actor Nicholas Cage. Listen to why this feature film ended up blowing our expectations out of the water.	24:23	2:03
Host:	Evan Rook		
Issues Covered:	Culture, Film		

Program 21-32 Writers & Producers: Amirah Zaveri, Bridget Killian & Evan Rook

Air Week: 5/16/21
Studio Production: Jason Dickey

SEGMENT 1: THE PRIVATE SECTOR SPACE RACE
Time Duration

Synopsis: The cryptocurrency that started it all, Bitcoin, is now valued at around 1.6 trillion dollars. And in just the last month, another, newer form of crypto, Dogecoin has skyrocketed in popularity across the Internet, sharply driving up the price per token. We explore the fascinating and fast-evolving world of cryptocurrency and the future of traditional financial systems as digital currency gains ground across the globe.

1:47 9:32

Host: Gary Price

Guests: Dr. David Yermack, professor, finance, NYU Stern School of Business

Issues Covered: Space Exploration, Travel, Technology, Business, Science, Wealth, History, Tourism

Links: [TIME: Why Richard Branson's Spaceflight Is a Very Big Deal](#)
[McKinsey & Company: Wall Street to Mission Control: Can space tourism pay off?](#)
[twitter: @jeffreykluger](#)

SEGMENT 2: THE WOMEN OF THE OLD WEST
Time Duration

Synopsis: When most people imagine the early West, they picture wide open landscapes, lawlessness and sweaty men working away in mines and on farms. While this is part of the narrative, the other lesser known side is the unique opportunities the West held for women of the 19th and early 20th centuries. Author Winifred Gallagher joins us this week to share how the ladies of this region fought for greater equality and recognition.

12:11 11:20

Host: Marty Peterson

Guests: Winifred Gallagher, author, New Women in the Old West: From Settlers to Suffragists: An Untold American Story.

Issues Covered: American History, Women's Rights, Travel, Migration, Marriage, Politics

Links: [Penguin Random House: New Women in the Old West](#)
[PBS: Women of the Wild West](#)
[TIME: Women and the Myth of the American West](#)

CULTURE CRASH: BINGE-WATCHING THE TV DRAMA, "ELITE"
Time Duration

Synopsis: "Elite" is a foreign language teenage drama series that does not disappoint. It's edgy, entertaining and fast-paced. The show is now streaming on Netflix with four seasons out and another one on the way.

23:21 3:05

Host: Evan Rook

Issues Covered: Culture, TV

Program 21-33 Writers & Producers: Amirah Zaveri, Bridget Killian & Evan Rook

Air Week: 8/15/21
Studio Production: Jason Dickey

SEGMENT 1:	THE LESSONS LEARNED FROM THE PANDEMIC	Time	Duration
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Synopsis:	It's that time of year already: back to school. After eighteen months of kids and teens learning remotely or on a hybrid schedule between in-person and remote, millions are returning back to classrooms full-time. While this may change as COVID-19 cases rise due to the Delta variant, for now, many schools are moving forward with plans to welcome students back with the caveat of requiring face masks while indoors. We discuss the highly anticipated return back to class and how some educators have changed their perspectives on learning over the past year.	1:48	10:16
Host:	Gary Price		
Guests:	Colleen Peluso, high school teacher, Valparaiso High School; Ron Chalusian, former teacher, executive director, Newark Trust for Education.		
Issues Covered:	Education, Teaching, Career, Remote Learning, Parenting, Child Development, Technology, COVID-19 Pandemic		
Links:	TIME: Schools Expected to Leave Virtual Learning Behind in the Fall, but the Delta Variant Is Forcing a Change in Plans NewarkTrust.org Valparaiso High School		

SEGMENT 2:	WHY DOES KETO CONTINUE TO PERSIST	Time	Duration
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Synopsis:	Every year it seems like there's a new diet or health trend that captures people's attention. The keto diet, which mainly cuts out carbohydrates, has seen a sustained rise in popularity. Originally used as a treatment for kids with epilepsy, today, thousands of ordinary people follow this regimen as well. This week – we're joined by registered dietician, Kristen Sedler, and two people who tried the keto diet and both had entirely different experiences.	12:55	8:27
Host:	Marty Peterson		
Guests:	Kristen Sedler, registered dietician; Isabelle Fiedler, college student; Carolyn Ketchum, food blogger, cookbook author, Easy Keto Breakfasts.		
Issues Covered:	Diet, Nutrition, Health, Disease, Personal Finance, Cooking		
Links:	Amazon: The Ultimate Guide to Keto Baking: Master All the Best Tricks for Low-Carb Baking Success Amazon: Easy Keto Breakfasts: 60+ Low-Carb Recipes to Jump-Start Your Day Healthline: 10 Health Benefits of Low-Carb and Ketogenic Diets		

CULTURE CRASH:	OUR FAVORITE FILMS OF 2011	Time	Duration
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Synopsis:	What were some of the best movies if we rewind back one decade? We highlight some of our top picks from the year 2011, including the documentary, Jiro Dreams of Sushi and the baseball sports hit, Moneyball.	23:21	3:05
Host:	Evan Rook		
Issues Covered:	Culture, Film		

Program 21-34 Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook

Air Week: Studio Production: Jason Dickey
5/30/21

SEGMENT 1:	SLUMBERING IN SPACE	Time	Duration
Synopsis:	Have you ever had trouble falling or staying asleep? If you have, you'll know that not getting good rest can have a big impact on how you feel physically and mentally. For astronauts in space, sleeping in a zero-gravity environment surrounded by loud fans, bright lights and cramped quarters can be an issue. We talk through some of the bodily systems behind sleep and how astronauts in space for months on end deal with these challenges.	1:47	8:39
Host:	Gary Price		
Guests:	Dr. Fred Turek, professor, biology, Northwestern University, director, Center for Sleep and Circadian Biology, Northwestern University; Dr. Emmanuel Urquieta, chief medical officer, Translational Research Institute for Space Health, assistant professor, Center for Space Medicine, Baylor College of Medicine.		
Issues Covered:	Space, Biology, Health, Mental Health, Science, Technology, Exploration		
Links:	NASA: Sleeping in Space Wired: The Surprisingly Cozy Truths of Sleeping in Space		
SEGMENT 2:	FIGHTING FOR THE FUTURE OF CLEAN WATER	Time	Duration
Synopsis:	Gold mining has been a lucrative business for many generations. Today, it's still a booming industry with global mining companies expanding into new markets each year. This week – we highlight the incredible story of activists in northern El Salvador who stood up to mining company, OceanaGold and won.	12:27	10:07
Host:	Marty Peterson		
Guests:	John Cavanagh, senior advisor, Institute of Policy Studies, co-author, The Water Defenders: How Ordinary People Saved a Country From Corporate Greed.		
Issues Covered:	Mining, Development, Natural Resources, Corporate Interests, Inequality, Policy, Law, Government, Environment		
Links:	Smithsonian Magazine: The Environmental Disaster That is the Gold Industry		
CULTURE CRASH:	THE POETRY BEHIND THE TUNES	Time	Duration
Synopsis:	We highlight the podcast, Dissect, which takes a look at the poetic lyrics behind some of the biggest songs in rap and hip-hop.	23:33	2:54
Host:	Evan Rook		
Issues Covered:	Culture, Music, Arts		

Program 21-35 Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook

Air Week: **Studio Production:** Jason Dickey
8/29/21

SEGMENT 1: THE TALIBAN TAKEOVER: WHAT DOES IT MEAN?
Time Duration

Synopsis: The news of the Taliban regaining control of Afghanistan has swept news headlines this month. Hundreds of thousands of Afghan citizens have already fled the country, but how will everyday life change for those who remain? We discuss the precarious situation in the region and the reversal of modern freedoms and economic stability for millions of men, women and children.

1:48 9:42

Host: Gary Price

Guests: Dr. Marvin Weinbaum, director, Afghanistan and Pakistan Studies, Middle East Institute, professor emeritus, political science, University of Illinois at Urbana-Champaign.

Issues Covered: International Affairs, Politics, Government, Human Rights, Women's Rights

Links: [Women for Afghan Women – WAW's Work in Afghanistan](#)
[ICRC: Donate to Afghanistan](#)
[Miles 4 Migrants](#)
[GoFundMe: Women Globally Working to Protect Afghan Women](#)

SEGMENT 2: REVISITING THE DEMISE OF THE DINOSAURS
Time Duration

Synopsis: There's something special about dinosaurs. These majestic creatures walked the Earth more than 230 million years ago, yet, even today, they capture our wildest imaginations. Most of us have heard the familiar narrative that an asteroid collided with Earth and this catastrophic event led to their downfall..but is there more to the story? Would dinosaurs still be around today if the asteroid flew past Earth? This week on Viewpoints.

13:32 8:24

Host: Marty Peterson

Guests: Michael Benton, professor, vertebrate paleontology, University of Bristol.

Issues Covered: History, Species Extinction, Paleontology, Science, Climate Change

Links: [Amazon: Dinosaurs: New Visions of a Lost World](#)
[Nature World News: Dinosaurs Were Already Dying Off Due to Climate Change Even Before Asteroid Hit](#)

CULTURE CRASH: FALL READS
Time Duration

Synopsis: We discuss some of our favorite non-fiction reads as the weather turns cooler and the season of pumpkin everything is soon upon us.

23:59 2:28

Host: Evan Rook

Issues Covered: Culture, Literature

Program 21-36 Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook

Air Week: Studio Production: Jason Dickey
9/5/21

SEGMENT 1:	ARE YOU ADDICTED TO YOUR PHONE?	Time	Duration
Synopsis:	The average American checks their phone about 90 times a day, according to a 2019 survey from tech research firm, Asurion. How often would you say you check? Every hour? Once every 20 minutes? Do you ever panic when your phone isn't right next to you? This 'attached at the hip' mentality is severely affecting happiness and quality of life for millions of people. So, what can be done to break this all-consuming cycle? Addiction expert Dr. Anna Lembke joins us to break down the widespread problem and offer up some solutions.	1:47	10:07
Host:	Gary Price		
Guests:	Dr. Anna Lembke, professor, medical director, addiction medicine, Stanford University School of Medicine, author, Dopamine Nation: Finding Balance in the Age of Indulgence.		
Issues Covered:	Mental Health, Health, Technology, Addiction, Happiness, Career, Communication		
Links:	Amazon: Dopamine Nation: Finding Balance in the Age of Indulgence SAMHSA Healthline: Is cell phone addiction really a thing? Internet and Technology Addicts Anonymous		
SEGMENT 2:	THE MANY SIDES OF BALLERINO, JAMES WHITESIDE	Time	Duration
Synopsis:	Ballet requires athleticism, artistry and decades of grueling practice. It's an extremely competitive field and few dancers manage to become principal dancers at major theatres. This week on Viewpoints – James Whiteside, a principal dancer at the American Ballet Theatre, shares his professional ballet journey and what he's learned about himself along the way.	13:56	7:54
Host:	Marty Peterson		
Guests:	James Whiteside, principal dancer, American Ballet Theatre, author, Center, Center: A Funny, Sexy, Sad, Almost-Memoir of a Boy in Ballet.		
Issues Covered:	Career, Dance, Self-Confidence, Performance Arts, Creativity		
Links:	ABT: James Whiteside Instagram: @jamesbwhiteside The Washington Post: James Whiteside isn't a typical ballet star, and his memoir isn't a typical ballet story Penguin Random House: Center Center A Funny, Sexy, Sad Almost-Memoir of a Boy In Ballet		
CULTURE CRASH:	ARTISTS' SHARED INSPIRATION	Time	Duration
Synopsis:	How do artists find inspiration for a new song on an album, or a new idea for a movie? We discuss how great art is more interconnected than you may think.	22:50	3:37
Host:	Evan Rook		
Issues Covered:	Culture, Arts		

Program 21-37 Writers & Producers: Amirah Zaveri & Evan Rook

Air Week: 9/12/21
Studio Production: Jason Dickey

SEGMENT 1:	CANDID CONVERSATIONS WITH KIDS: GETTING BACK TO SCHOOL	Time	Duration
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Synopsis: The 2021-2022 school year is officially in full swing. But, it's not the return that many were hoping for as COVID-19 cases spread, and outbreaks pop up in classrooms across the U.S. While there are barriers and challenges just like last year, school must go on. We speak with education expert, Julie King, to get some tips on how to navigate the hectic back to school season and how parents can communicate with their kids so they feel heard and supported.

Host: Gary Price

Guests: Julie King, parent educator, mother, co-author, How to Talk When Kids Won't Listen: Whining, Fighting, Meltdowns, Defiance, and Other Challenges of Childhood.

Issues Covered: Education, Communication, Parenting, Psychology, Health, Child Development, COVID-19 Pandemic

Links: [CDC: Mental health in childhood means reaching developmental and emotional milestones, and learning healthy social skills and how to cope when there are problems](#)

[CDC: COVID-19 pandemic: Helping young children and parents transition back to school](#)

[Amazon: How to Talk When Kids Won't Listen: Whining, Fighting, Meltdowns, Defiance, and Other Challenges of Childhood \(The How To Talk Series\)](#)

SEGMENT 2:	THE 20 YEAR ANNIVERSARY OF 9/11	Time	Duration
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Synopsis: "Today, there are many young adults who were mere babies when 9/11 happened. They learn about the terrorist attacks from history books, television segments and documentaries as well as the firsthand stories of people who lived through the experience. Former FDNY Battalion Chief Joseph Pfeifer joins us this week to share his story from that morning. Pfeifer was the first firefighter chief on the scene at the World Trade Center complex and lost his brother, Kevin, who was also a firefighter.

Host: Marty Peterson

Guests: Joseph Pfeifer, Former FDNY Battalion Chief, author, Ordinary Heroes: A Memoir of 9/11.

Issues Covered: History, Terrorism, Public Service, Trauma, Government, Mental Health

Links: [Combating Terrorism Center - Chief \(Ret.\) Joseph Pfeifer](#)

[Penguin Random House - Ordinary Heroes](#)

[National Geographic - 9/11: One Day in America](#)

CULTURE CRASH:	IS THE "DONDA" HYPE REAL?	Time	Duration
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Synopsis: Kanye West just released his latest album, "Donda" late last month. We sift through the hype and offer our take on the new creative release.

Host: Evan Rook

Issues Covered: Culture, Music

Program 21-38 Writers & Producers: Amirah Zaveri & Evan Rook

Air Week: 9/19/21
Studio Production: Jason Dickey

SEGMENT 1:	WORKING IN INTENSIFYING HEAT	Time	Duration
Synopsis:	Many Americans stay home and crank up the air conditioning once temperatures reach 80 degrees. Imagine working for hours on end outside in temperatures exceeding 90 or 100 degrees. On top of this, there's little shade, minimal breaks and often not enough water. This is the reality for millions of laborers who work in agriculture, construction and other industries. Why aren't there more legal guidelines protecting these essential workers?	1:47	9:33
Host:	Gary Price		
Guests:	Dr. Rachel Licker, senior climate scientist, Union of Concerned Scientists; Kate Suisman, attorney, Northwest Workers' Justice Project.		
Issues Covered:	Labor, Career, Workers Rights, Health, Agriculture, Construction, Poverty, Climate Change, Environment		
Links:	Union of Concerned Scientists USA - Dr. Rachel Licker More about the Northwest Workers' Justice Project NBC News - Why are workers in the U.S. still dying from heat exhaustion? California Office of Environmental Health Hazard Assessment (OEHHA) - Heat-related mortality and morbidity		
SEGMENT 2:	DESIGNING A GREENER BUILDING LANDSCAPE	Time	Duration
Synopsis:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste.	13:22	9:37
Host:	Marty Peterson		
Guests:	Ned Cramer, design consultant, former editor-in-chief, Architect Magazine.		
Issues Covered:	Construction, Sustainable Design, Architecture, Technology, Innovation		
Links:	Architect Magazine - Ned Cramer Editorial - The Climate is Changing. So Must Architecture Ned Cramer's Twitter		
CULTURE CRASH:	NETFLIX'S "UNTOLD" SERIES	Time	Duration
Synopsis:	We explore the different focuses of the sports documentary series that highlight the stories of different sports superstars.	23:59	2:26
Host:	Evan Rook		
Issues Covered:	Culture, Film, Sports		

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Air Week: **Studio Production:** Jason Dickey
9/26/21

SEGMENT 1:	A DEEPER EXPLANATION OF OCD	Time	Duration
Synopsis:	Like many other mental illnesses, Obsessive Compulsive Disorder (OCD) is often misunderstood and clumped into a stereotypical category. Many people believe that the disorder is just physical behaviors, such as persistent organization, washing one's hands all the time, or checking the lock on the door constantly. But what people don't realize is that OCD is a lot more than just these behavioral actions. David Adam, who has OCD and has extensively studied the disorder, joins us this week to help dispel any myths and preconceived perceptions.	1:47	9:55
Host:	Gary Price		
Guests:	David Adam, freelance journalist, author of The Man Who Couldn't Stop: OCD and the True Story of a Life Lost in Thought.		
Issues Covered:	Health, Mental Illness, Behavioral Health, Health Education, History		
Links:	Obsessive-Compulsive Disorder - National Alliance on Mental Illness (NAMI) How to Find the Right Therapist - International OCD Foundation Man Who Couldn't Stop: OCD and the True Story of a Life Lost in Thought - Available on Amazon		
SEGMENT 2:	DIVERSITY DILEMMAS IN OPERA	Time	Duration
Synopsis:	Opera is a beloved art form, but its racial history is as flawed as the rest of our culture. We talk to Naomi Andre, a professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times.	13:44	8:52
Host:	Marty Peterson		
Guests:	Naomi Andre, professor of Afroamerican and African studies, University of Michigan.		
Issues Covered:	Music, Arts, Performance, Racial Issues, History, Career		
Links:	Naomi André - UM LSA Residential College University of Illinois Press - Naomi André: Black Opera: History, Power, Engagement Washington Post - A star opera singer is changing classical music with a radical idea: Listening		
CULTURE CRASH:	PIVOTING BACK TO THEATRE MOVIE RELEASES	Time	Duration
Synopsis:	Many film lovers have gotten accustomed to watching new movies at home during the pandemic, but is it for the better? Film creators are pushing for a return back to theaters, but only time will tell what's next.	23:25	2:52
Host:	Evan Rook		
Issues Covered:	Culture, Film, Media Business, COVID-19 Pandemic		