

WNDZ-AM 750

2022

4th Quarter Issues/Programs List

From October 1, 2022

to

December 31, 2022

WNDZ-AM Quarterly Issues/Programs List

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Labor Rights, Labor Issues, Wealth Distribution, Equity, Health, Career; (Photography, Art, History, Segregation, Discrimination, Civil Rights)	Viewpoints/Segment 1 (Segment 2)	10/02/22	3:01pm-3:10pm 3:13pm-3:21pm	09 minutes 08 minutes

Narration: Just last month, the railway industry narrowly averted a strike that would've resulted in more than 100,000 railway workers walking off the job. This dispute over pay, hours and working conditions would've shut down the U.S. railway system, costing billions of dollars in lost revenue from commuter travel and a stall in commodities and goods shipments. Over the past year, headlines covering workers striking or pushing to unionize have become commonplace. What's driving this labor revolt? Our guests, Daisy Pitkin and Maxford Nelsen, explain.

(Segment 2) The beauty of a photo is that it freezes a specific moment in history forever. A single snapshot has the power to convey a scene better than words ever could. We speak with author and activist Philip Allen about the role photography and videography played during the Civil Rights Movement and the role it still plays today in capturing racial bias and inequality.

Pharmacy Deserts, Pharmacy, Healthcare; Public Health, Medical Access, Food Deserts, Vulnerable Populations, Consumerism, Corporatization, Public Transportation, Public Policy; (Global Health Emergency, Public Safety, Amputations, Exercise, Physical Health, Patient Safety, Public Awareness, Disease Awareness)	Radio Health Journal/Segment 1 (Segment 2)	10/02/22	3:31pm-3:43pm 3:45pm-3:53pm	12 minutes 08 minutes
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Narration: Neighborhood pharmacies are closing across the nation, leaving their communities without close access to medication and other healthcare needs. Dr. Walter Mathis has researched pharmacy deserts and how they're affecting local communities. He explains possible solutions to this growing issue.

(Segment 2) Peripheral Artery Disease may not be a household name like stroke or heart attack, but it's just as common. Unfortunately, the lack of awareness means that many patients with PAD catch it too late and end up needing an amputation. Dr. Nick West discusses why public awareness is crucial to saving lives and limbs.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Journalism, Media, Technology, Writing, Oral Communication, Social Media; (Technology, Parenting, Addiction, Cyber Safety, Child Development)	Viewpoints/Segment 1 (Segment 2)	10/09/22	3:01pm-3:09pm	08 minutes
			3:12pm-3:20pm	08 minutes

Narration: Americans are increasingly busy, and there's more content than ever before vying for a piece of their time. In this new landscape, many media are outlets shifting their formats to better compete with social media and Americans' reduced attention spans. Co-founder of Axios Roy Schwartz joins us this week to talk about how everyone, and not just journalists, can use this stylistic change to improve both their writing and presenting.

(Segment 2) It seems like every preteen has their own cellphone these days. Just last week, I saw a kid who was about nine- or ten-years old walking down the street talking to someone through their smartwatch. Who would've thought? With more young people owning tech at an earlier age, it's important for both parents and kids to sit down from the get-go and talk about how to stay safe online, minimize social media use and more.

Emergency Medicine, Patient Safety, Healthcare, Pandemic, Hospital, Consumerism, Insurance Companies, Medical Records, Creativity, Medicine, Public Health; (Patient Safety, Prostate Cancer, Novel Treatments, Cancer, Oncology, Gender Issues, Vulnerable Populations, Radiation, Chemotherapy)	Radio Health Journal/Segment 1 (Segment 2)	10/09/22	3:31pm-3:43pm	12 minutes
			3:45pm-3:52pm	07 minutes

Narration: As an ER doctor, Jay Baruch wears many hats. He's a healer, listener, traffic director, and so much more during each shift. But in such a chaotic space, how can doctors maximize their time with patients? Baruch explains his beliefs on medicine's more center and changes that need to be implemented to give patients the best outcomes.

(Segment 2) Treatments for metastatic hormone-sensitive prostate cancer have remained the same for seventy years, until now. Scientists have created a medication, called Nubeqa, that pairs with the original treatments and helps lengthen the lifespan of patients. An expert discusses why this is an optimistic time for MHSPC.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Transportation, Clean Technology, Auto Manufacturing, Climate Change, Environmental Policy; (Death, Culture, Societal Norms, Career, Grief, History, Literature)	Viewpoints/Segment 1 (Segment 2)	10/16/22	3:01pm-3:08pm 3:11pm-3:22pm	07 minutes 11 minutes

Narration: The electric vehicle market is booming. Nearly every automaker is pledging to invest in this technology and is rolling out sleek new models with all the bells and whistles. While electric is seen as the future, for many Americans these newer cars are often out of reach because of the hefty price tag. We speak with two experts about this current market and what progress is being made to make EV's more available to all.

(Segment 2) What happens if you pass away in the Arctic, or in outer space? How do people in Thailand or India mourn their dead differently than people in the U.S.? We answer these questions and more with the help of mortician Caitlin Doughty.

Regenerative Medicine, Back Pain, Stem Cell Therapy, Chronic Condition, Patient Safety, Consumerism, Vulnerable Populations, Public Health, Chronic Pain, Joint Dysfunction; (Fertility, Male Fertility, Men's Health, Reproduction, Assisted Reproduction, Lifestyle Changes, Public Awareness, Public Health, Reproductive Technology)	Radio Health Journal/Segment 1 (Segment 2)	10/16/22	3:31pm-3:42pm 3:43pm-3:52pm	11 minutes 09 minutes
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Narration: Our upper and lower body movement are connected by two small joints called the SI joint. Any changes in this joint can cause severe pain and restricted mobility. Unfortunately, SI Joint Dysfunction is extremely hard to diagnose. An expert explains the difficulties in diagnosing and how the dysfunction can be fixed using regenerative medicine.

(Segment 2) Did you know that men are just as affected by infertility as women? Yet, society tends to focus on female infertility more commonly. Because of the lack of discussion, many men wait too long to seek help for fertility issues. Dr. Scott Lundy, a urologist at the Cleveland Clinic, discusses different causes of male infertility and common treatment option men may not know about.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Primary Care, Physician Shortage, Multidisciplinary Care, Fee-For-Service, Value-Based Care, Patient Health, Public Health, Consumerism, Education; (Dreams, Sleep, Mental Health, Mental Illness, Virtual Reality, Delusions, Public Health, Mental Health Awareness, Empathy, Neuroscience)	Radio Health Journal/Segment 1 (Segment 2)	10/23/22	3:01pm-3:12pm	11 minutes
			3:14pm-3:22pm	08 minutes

Narration: Primary care physicians have been experiencing a shortage in recent years. Couple that with a demanding patient load and it's no surprise that both doctors and patients are feeling slighted. Experts discuss the systemic changes needed to turn the field around.

(Segment 2) Even with a growing awareness of mental health, researchers say our compassion for those with mental illness hasn't improved. Dr. Melanie Rosen, an assistant professor of philosophy, thinks the lack of societal empathy could be fixed in our sleep. She explains how the delusional nature of dreams could help us better understand the daily lives of those with mental illness, such as schizophrenia.

Space, Food Science, Food Production, Agriculture Innovation, Science, Engineering, Natural Resources; (Organization, Time Management, Career, Relationships, Personal Development, Health, Mental Health)	Viewpoints/Segment 1 (Segment 2)	10/23/22	3:31pm-3:39pm	08 minutes
			3:42pm-3:51pm	09 minutes

Narration: Scientists are thinking big to voyage to Mars and one day possibly inhabit the far away planet. One big challenge is building a food production model from the ground up. We speak with one food scientist about how these food systems and people's diets on Mars may look one day and what we can learn from these advancements to improve our current food systems on Earth.

(Segment 2) Constantly crossing off items from your daily or weekly 'To-Do-List' but feel like you never actually have time to do the things you really want to do? Acclaimed time management expert Laura Vanderkam joins us this week to share some unique tips on how to get through your mundane tasks quicker and regain more of your time.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
U.S. History, African American History, War, Race, Inequality, Civil Rights; (Career, Technology, Labor Trends, Hiring, Human Resources, Culture)	Viewpoints/Segment 1 (Segment 2)	10/30/22	3:01pm-3:09pm 3:12pm-3:21pm	08 minutes 09 minutes

Narration: More than 1.3 million African Americans served as part of the U.S. military and helped with war efforts during WWII. Yet rarely is this population every fairly represented in blockbuster movies or TV shows about this era. Matthew Delmont, a history professor at Dartmouth College, joins us this week to shed some light on the contributions of African Americans who stepped up and served despite the discrimination, bias, and violence they faced.

(Segment 2) Of all job holders in America, fifty-eight percent, or ninety-two million people, say they have the option to work their positions remotely at least part of the week, according to a recent nationwide survey conducted by consulting firm, McKinsey & Co. Will this way of working continue long term? What are some of the challenges that companies are facing in this still relatively new landscape? We answer these questions and more this week on Viewpoints.

Stillbirth, Stillbirth Prevention, Pregnancy, Children At Risk, Vulnerable Populations, Education, Non-Profit, Legislation, Consumerism, Public Health; (Public Health, Communication, Consumerism, Sleep, Neurology, Neuroscience, Physically Disabled, Memory, Technology)	Radio Health Journal/Segment 1 (Segment 2)	10/30/22	3:31pm-3:43pm 3:45pm-3:52pm	12 minutes 07 minutes
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Narration: Elizabeth O'Donnell experienced a stillbirth in 2020. Through her grief, she created Aaliyah in Action, a non-profit that helps women in similar situations, in honor of her daughter. She believes stillbirth prevention needs to be a public conversation, one that can save thousands of babies.

(Segment 2) Even after decades of research, much of the human brain remains a mystery. In an effort to progress communication technology for the physically disabled, Dr. Daniel Rubin, a neurologist, is working to uncover some of the questions around sleep. He explains his groundbreaking findings and sheds light on the future of bridging our brains with technology for instantaneous communication.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Higher Education, Education Policy, Government, Politics, Career, Personal Finance; (American History, Urban Culture, Geography, Arts, Discrimination, Immigration)	Viewpoints/Segment 1 (Segment 2)	11/06/22	3:01pm-3:09pm	08 minutes
			3:12pm-3:21pm	09 minutes

Narration: Student loan debt in the U.S. has burgeoned to 1.7 trillion dollars. And over the past two years, many borrowers have paused on paying these loans because the government paused on payment deadlines due to the COVID-19 pandemic. Last month, Biden’s administration vowed to cancel \$10,000 of student loan debt for the average borrower and up to \$20,000 for Pell Grant recipients. We highlight what this move achieves (and doesn’t) and what solutions are needed to solve this problem long-term.

(Segment 2) New York is America’s largest metropolis with a population of eight million people. Longtime resident and *New York Times* journalist, Sam Roberts joins us this week to highlight the stories behind some of the remarkable people who made the Big Apple the innovative and bustling city it is today.

Public Health, Healthcare, Preventive Medicine, Politics, Public Policy, Vulnerable Populations, Hunger Crisis, Housing Crisis, Consumerism, Nutrition, Health; (Paramedic, Ambulance, Public Health, Race, Healthcare, Vulnerable Populations, Consumerism, Patient Safety, Life Expectancy)	Radio Health Journal/Segment 1 (Segment 2)	11/06/22	3:31pm-3:44pm	13 minutes
			3:45pm-3:52pm	07 minutes

Narration: Hospitals are a foundational part of our health, but Dr. Michael Stein, a primary care physician, believes we may be depending too much on medicine. He explains the difference between healthcare and public health, arguing that we should pay more attention to preventing conditions before they occur.

(Segment 2) In 1966, Americans were more likely to die from a car crash than soldiers in the Vietnam War. Most people needing emergency assistance were carried to the hospital in the back of a police car. In his new book, Kevin Hazzard uncovers how our modern-day paramedics came to be.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Higher Education, Debt, Personal Finance, Government Policy, Equality, Equal Access; (Philosophy, Communication, Psychology, Ethics, Relationships, Personal Development)	Viewpoints/Segment 1 (Segment 2)	11/13/22	3:01pm-3:09pm	08 minutes
			3:12pm-3:21pm	09 minutes

Narration: The average cost of attending a four-year, public college has ballooned to \$27,800 per year. This equates to more than \$110,000 spent to have an undergraduate degree. Even with current financial aid, for millions of students, it's not feasible to dig themselves into lifelong debt. We speak with two higher education experts about what needs to change with financial aid in America.

(Segment 2) We all want answers to the complicated questions in life, but sometimes just asking the questions are enough to make us think deeply about our lives and our world. Bioethicist Dr. Gregory Stock talks to us about how he's made a living asking questions that sometimes have no hard and fast answers. In all reality, sometimes the process of coming to an answer is often more important than any one answer itself.

Antibiotics, Antibiotic Resistance, Public Health, Public Health Crisis, Patient Safety, Global Crisis, Biotechnology, Overprescribing, Genetics, Bacteria, Pharmaceutical Industry; (Mental Health, Mental Toughness, Athletics, Neurology, Public Health, Goal Setting, Relationships, Strength, Mindset)	Radio Health Journal/Segment 1 (Segment 2)	11/13/22	3:31pm-3:42pm	11 minutes
			3:44pm-3:52pm	08 minutes

Narration: People around the world have heavily relied on antibiotics to fight off infections for decades. Unfortunately, this dependency has created a global resistance to some of the drugs, leading to the deaths of more than one million people in 2019. Dr. John McKillip discusses the overuse, overprescribed, and misprescribed issues that, if left unchanged, could result in up to ten million deaths each year due to antibiotic resistance.

(Segment 2) Mental toughness is usually a term reserved for athletes. However, Dr. Haley Perlus, an expert in performance psychology, explains why it's so important for everyone to work on their mental fortitude. Perlus joins us this week to offer tips on how to work past those mental blocks and achieve your goals.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Sleep Health, Psychology, Wellness, Mental Health, Medication, Technology; (Media, News, Entertainment, Culture, History, Business, Psychology, Social Media)	Viewpoints/Segment 1 (Segment 2)	11/20/22	3:01pm-3:10pm	09 minutes
			3:13pm-3:21pm	08 minutes

Narration: About seventy million people in the U.S. struggle with sleep. We speak with sleep expert and psychologist Aric Prather about how to fix your sleep problems without relying on sleep aids.

(Segment 2) Millions of people follow celebrity culture sites, social accounts, and outlets. How did this industry of celebrity news become the billion-dollar machine it is today? We speak with two media experts about its evolution and pros and cons to this form of entertainment.

Veterans, Veterans Affairs, Sexual Assault, Military, Army, Combat, Vietnam War, Vulnerable Populations, Government, Healthcare, Chronic Conditions, PTSD, Trauma, Suicide; (Antibiotics, Agriculture, Global Crisis, Antibiotic Resistance, Animal Agriculture, Public Health, Federal Regulations, Veterinary Medicine, Meat Industry, Dairy Industry)	Radio Health Journal/Segment 1 (Segment 2)	11/20/22	3:31pm-3:42pm	11 minutes
			3:43pm-3:52pm	09 minutes

Narration: Suzanne Gordon's new book "Our Veterans" explores the question: have we failed our service members? Thought the VA Healthcare system is a great resource, too many veterans are unable to access it. Gordon exposes our society's insufficient care for the men and women who've served our country and offers solutions to help right these wrongs.

(Segment 2) In this continuation of last week's antibiotic segment, we explore the prevalence of drug use within animal agriculture. Two-thirds of the yearly antibiotic supply are consumed by this industry. What's the impact to people who ultimately eat these antibiotic-ridden meat, dairy, and produce products?

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
American History, Government, Politics, Culture, Communication, Psychology, Voting; (Military, Military Recruitment, War, Army, Homeland Security, Culture, Politics)	Viewpoints/Segment 1 (Segment 2)	11/27/22	3:01pm-3:08pm	07 minutes
			3:10pm-3:20pm	10 minutes

Narration: President Donald J. Trump announced his intentions earlier this month to run in the 2024 Presidential Election. With this news making headlines, we go back in American history to uncover some of the stories of previous one-term presidents that preceded Trump. We also highlight how campaigns have evolved and what stands out for modern voters when selecting the next Commander in Chief.

(Segment 2) Recruiting across the military's branches has hit record lows. With the pandemic and overall slowing interest, the military desperately needs to up its numbers as members at its higher rungs begin to retire from service. We speak with military expert Katherine Kuzminski about what's feeding into less Americans signing up and how the government aims to kickstart interest.

Public Health, Diet, Gut Microbiome, Bacteria, Immune System, Gastroenterology, Nature, Plant Fiber, Supplements, Antibiotics, Consumerism, Digestion, Auto-immune Disease, Allergies, Cancer; (Drug Abuse, Addiction, Homelessness, Consumerism, Drug Epidemic, Vulnerable Populations, Harm Reduction, Intervention, Family Issues, Addiction Resources, Substance Use Disorder)	Radio Health Journal/Segment 1 (Segment 2)	11/27/22	3:31pm-3:43pm	12 minutes
			3:44pm-3:52pm	08 minutes

Narration: Trillions of bacteria live in our gut, creating an intricate system called the 'gut microbiome.' Dr. Robynne Chutkan, a gastroenterologist, explains how this network is a crucial component to our immune system. She also offers step-by-step guidance on how to strengthen your own microbiome.

(Segment 2) Addiction doesn't just affect one person; it can tear entire families apart. But how can you convince a loved one to get help, and is there a way to support them without enabling the addiction? An expert discusses the steps families can take to fight against substance use addiction.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Business, Leadership, History, Culture, Innovation, Invention; (Culinary Arts, Cooking, Self-Development, Consumer Science, Literature)	Viewpoints/Segment 1 (Segment 2)	12/04/22	3:01pm-3:10pm	09 minutes
			3:14pm-3:21pm	07 minutes

Narration: General Electric was once valued at 650 billion dollars. For decades, it was globally recognized for its innovation in electric, aviation, healthcare, and financial services. Today, it's a much different story. The company is preparing to split into three separate entities to increase its value and is in the process of downsizing from its large headquarters in Boston. Business expert and author William D. Cohan joins us this week to share the story of General Electric.

(Segment 2) Boozy Pecan, French Silk, Key Lime Pie. The many pie flavors out there are endless, and just because Thanksgiving and all-things pumpkin have passed, it doesn't mean an end to holiday sweets. Viewpoints speaks with cookbook author Ken Haedrich about the prevalence of pie in American culture and how anyone, at any skill level, can learn to bake this dish.

Public Health, Long Covid, Covid, Epidemic, Vulnerable Populations, Exhaustion, Chronic Conditions, Disabilities, Health Care, Infectious Diseases, Vaccinations; (GERD, Acid Reflux, Cancer, Heartburn, Obesity, Stomach Issues, Gastroenterology, Vulnerable Populations, Diet, Pregnancy, Chronic Conditions)	Radio Health Journal/Segment 1 (Segment 2)	12/04/22	3:31pm-3:41pm	10 minutes
			3:43pm-3:51pm	08 minutes

Narration: Myalgic Encephalomyelitis/Chronic Fatigue Syndrome has long been a condition surrounded by doubt in the medical community. How could someone be completely exhausted from doing a crossword puzzle? Dr. Lucinda Bateman, an ME/CFS expert, explains the mental and physical toll that plagues the people who suffer from this condition.

(Segment 2) Acid reflux may seem like just an annoying condition, but when it becomes extreme, developing into GERD, it can create permanent damage. In fact, ignoring your acid reflux can lead to esophageal cancer. Dr. Samir Patel details how to properly treat your heartburn before it becomes a serious issue.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Climate Change, Science, Natural Disasters, Engineering, Infrastructure, Innovation; (Psychology, Mental Health, Grief, Loss, Communication, Self-Development, Travel)	Viewpoints/Segment 1 (Segment 2)	12/11/22	3:01pm-3:10pm 3:13pm-3:21pm	09 minutes 08 minutes

Narration: From the Mississippi River's historic low water levels to Pakistan's non-stop flooding, the effects of extreme weather are being felt across the globe. Experts explain the common denominator between these seemingly opposite weather events, and the health and financial toll of natural disasters.

(Segment 2) Just because it's the holidays doesn't mean it's a time of joy and happiness for everyone. Millions of Americans during this period struggle to just make it through the commitments, pressure, and difficult memories that these months bring. We speak with psychologist Mary Lamia about how to sit with your emotions, communicate with loved ones, and set realistic expectations this month.

Psychology, Kindness, Selfishness, Boundaries, Therapy, Relationships, Healthy Selfishness, Narcissism, Pathological Altruism; (Crowd Surges, Stampedes, Crowd Dynamics, Mass Death, Crowd Safety, Public Safety, Crowd Crush)	Radio Health Journal/Segment 1 (Segment 2)	12/11/22	3:31pm-3:42pm 3:44pm-3:52pm	11 minutes 08 minutes
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Narration: We're taught from a young age to always share and be kind, but Dr. Scott Kaufman thinks that's not always the right thing to do. His new research looks at the idea of 'healthy selfishness'-taking care of yourself before focusing on helping others. He discusses the different forms of selfishness and why setting boundaries can be the best way to grow a relationship.

(Segment 2) The recent tragedy in South Korea during Halloween seemed to have come out of nowhere. However, crowd dynamic experts say it was actually the perfect storm for catastrophe. Crowd surges occur when too many people are packed in one place and often results in the deaths of those unlucky enough to be stuck in the middle. An expert explains what happens during a crowd surge and how to stay safe in the middle of large gatherings.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Health, Cooking, Diet, Sugar, Obesity, Exercise, Baking; (Internet, Government Subsidizing, Politics, Consumerism, Capitalism, Education)	Viewpoints/Segment 1 (Segment 2)	12/18/22	3:01pm-3:09pm	08 minutes
			3:12pm-3:20pm	08 minutes

Narration: Many people think leading a healthy lifestyle means giving up sweets, but our two guests today prove them wrong. They explain how you can make easy substitutes when baking that produce decadent desserts without all the calories and sugar.

(Segment 2) Internet has become a necessity in our lives, but not everyone has access. With serious issues, like politics and education, being discussed almost exclusively online, more and more people are wondering if internet should be free. An expert explains the pros and cons of government-subsidized internet.

Public Health, Holidays, Death, New Years, Chronic Conditions, Patient Safety, Consumerism, Emergency Medicine, Emergency Department, First Responders; (Overdose, Harm Reduction, Naloxone, Paramedics, First Responders, Opioids, Addiction, Drug Abuse, Consumerism, Alcohol, Overdose Prevention)	Radio Health Journal/Segment 1 (Segment 2)	12/18/22	3:31pm-3:43pm	12 minutes
			3:45pm-3:52pm	07 minutes

Narration: The holidays are full of traveling, seeing, our family, and visits to the emergency room. Whether you live in snowy Colorado or sunny LA, accidents increase during winter. Experts discuss this phenomenon and share tips on how to safely make it through the holidays.

(Segment 2) The National Safety Council reports that opioid overdoses have become the number one cause of death for people age 18-45. In an effort to save lives, Theo Krzywicki created the non-profit End Overdose. The organization informs and arms the public with the tools to prevent and reverse opioid overdoses. He explains the signs of an overdose and how to use life-saving devices like Naloxone.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Incarceration, Mental Health, Trauma, Rehabilitation, Healthcare, Women's Issues; (Endangered Species, Extinction, Biodiversity, Climate Change, Wildlife Protection)	Viewpoints/Segment 1 (Segment 2)	12/25/22	3:01pm-3:08pm 3:11pm-3:21pm	07 minutes 10 minutes

Narration: Dr. Carolyn Sufrin worked for years as an OB/GYN for inmates at a San Francisco Jail. She joins us this week to talk about the challenges pregnant prisoners face and what needs to change to make the prison system more humane, compassionate, and rehabilitation-focused for women in this situation.

(Segment 2) Extinction is a normal part of evolution, but the speed at which the Earth is losing species is abnormal. Scientists estimate that today's extinction rate is hundreds, or even thousands, of times higher than the normal progression. It's hard to quantify the exact number of species affected, but experts say it's at least 10,000 species per year that go extinct. What's driving this sped up process and how can humans help more species survive?

Kidney Disease, Race Issues, Racial Inequality, Public Health, Lab Testing, Consumerism, Vulnerable Populations; (Synesthesia, Neurology, Empathy, Vulnerable Populations, Patient Safety, Sensory Issues)	Radio Health Journal/Segment 1 (Segment 2)	12/25/22	3:31pm-3:43pm 3:45pm-3:52pm	12 minutes 07 minutes
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Narration: If left untreated, kidney disease can eventually lead to death, which is why early testing is so important. However, the main test has historically had different threshold requirements based on race, which has led to lower diagnosing rates and higher death rates from the condition in people of color. Experts dissect how a new testing equation will help even the scales and give accurate results for all patients.

(Segment 2) Mirror-touch synesthesia is a sensory processing disorder where a person can feel the sensations of another. As you can imagine, this condition can be an asset for certain people, like Dr. Joel Salinas. He's a neurologist who can diagnose patients just by being able to feel their symptoms in his own body. He explains the condition and what it's like living with his empathy on overdrive.

WNDZ-AM 750
Viewpoints and Radio Health Journal
Most Significant Treatment of Issues:
10/01/22 to 12/31/22

ViewPoints

- Addiction	08 minutes
- African American History	08 minutes
- Agriculture Innovation	08 minutes
- American History	16 minutes
- Army	10 minutes
- Art	17 minutes
- Auto Manufacturing	07 minutes
- Baking	08 minutes
- Biodiversity	10 minutes
- Business	18 minutes
- Capitalism	08 minutes
- Career	46 minutes
- Child Development	08 minutes
- Civil Rights	16 minutes

- Clean Technology	07 minutes
- Climate Change	26 minutes
- Communication	24 minutes
- Consumerism	08 minutes
- Consumer Science	07 minutes
- Cooking	18 minutes
- Culinary Arts	07 minutes
- Culture	55 minutes
- Cyber Safety	08 minutes
- Death	11 minutes
- Debt	08 minutes
- Diet	08 minutes
- Discrimination	17 minutes
- Education	08 minutes
- Education Policy	08 minutes
- Endangered Species	10 minutes
- Engineering	17 minutes
- Entertainment	08 minutes
- Environmental Policy	07 minutes
- Equal Access	08 minutes
- Equality	08 minutes
- Equity	09 minutes
- Ethics	09 minutes

- Exercise	08 minutes
- Extinction	10 minutes
- Food Production	08 minutes
- Food Science	08 minutes
- Geography	09 minutes
- Government	15 minutes
- Government Subsidizing	08 minutes
- Government Policy	08 minutes
- Grief	19 minutes
- Health	17 minutes
- Healthcare	07 minutes
- Higher Education	16 minutes
- Hiring	09 minutes
- History	37 minutes
- Homeland Security	10 minutes
- Human Resources	09 minutes
- Immigration	09 minutes
- Incarceration	07 minutes
- Inequality	08 minutes
- Infrastructure	09 minutes
- Innovation	19 minutes
- Internet	08 minutes
- Invention	10 minutes

- Journalism	08 minutes
- Labor Issues	09 minutes
- Labor Rights	09 minutes
- Labor Trends	09 minutes
- Leadership	10 minutes
- Literature	18 minutes
- Loss	08 minutes
- Media	16 minutes
- Medication	09 minutes
- Mental Health	33 minutes
- Military	10 minutes
- Military Recruitment	10 minutes
- Natural Disasters	09 minutes
- Natural Resources	08 minutes
- News	08 minutes
- Obesity	08 minutes
- Oral Communication	08 minutes
- Organization	09 minutes
- Parenting	08 minutes
- Personal Development	18 minutes
- Personal Finance	16 minutes
- Philosophy	09 minutes
- Photography	08 minutes

- Politics	33 minutes
- Psychology	41 minutes
- Race	08 minutes
- Rehabilitation	07 minutes
- Relationships	18 minutes
- Science	17 minutes
- Segregation	08 minutes
- Self-Development	15 minutes
- Sleep Health	09 minutes
- Social Media	16 minutes
- Societal Norms	11 minutes
- Space	08 minutes
- Sugar	08 minutes
- Technology	34 minutes
- Time Management	09 minutes
- Transportation	07 minutes
- Trauma	07 minutes
- Travel	08 minutes
- Urban Culture	09 minutes
- U.S. History	08 minutes
- Voting	07 minutes
- War	18 minutes
- Wealth Distribution	09 minutes

- Wellness 09 minutes
- Wildlife Protection 10 minutes
- Women's Issues 07 minutes
- Writing 08 minutes

Radio Health Journal

- Acid Reflux 08 minutes
- Addiction 15 minutes
- Addiction Resources 08 minutes
- Agriculture 09 minutes
- Alcohol 07 minutes
- Allergies 12 minutes
- Ambulance 07 minutes
- Amputation 08 minutes
- Antibiotic Resistance 20 minutes
- Antibiotics 32 minutes
- Animal Agriculture 09 minutes
- Army 11 minutes
- Assisted Reproduction 09 minutes
- Athletics 08 minutes
- Autoimmune Disease 12 minutes

- Back Pain	11 minutes
- Bacteria	23 minutes
- Biotechnology	11 minutes
- Boundaries	11 minutes
- Cancer	27 minutes
- Chemotherapy	07 minutes
- Children At Risk	12 minutes
- Chronic Condition	52 minutes
- Chronic Pain	11 minutes
- Combat	11 minutes
- Communication	07 minutes
- Consumerism	136 minutes
- Corporatization	12 minutes
- Covid	10 minutes
- Creativity	12 minutes
- Crowd Dynamics	08 minutes
- Crowd Rush	08 minutes
- Crowd Safety	08 minutes
- Crowd Surges	08 minutes
- Dairy Industry	09 minutes
- Death	12 minutes
- Delusions	08 minutes
- Diet	20 minutes

- Disabilities	10 minutes
- Digestion	12 minutes
- Disease Awareness	08 minutes
- Dreams	08 minutes
- Drug Abuse	15 minutes
- Drug Epidemic	08 minutes
- Education	23 minutes
- Emergency Department	12 minutes
- Emergency Medicine	24 minutes
- Empathy	15 minutes
- Epidemic	10 minutes
- Exercise	08 minutes
- Exhaustion	10 minutes
- Family Issues	08 minutes
- Federal Regulations	09 minutes
- Fee-For-Service	11 minutes
- Fertility	09 minutes
- First Responders	19 minutes
- Food Deserts	12 minutes
- Gastroenterology	20 minutes
- Gender Issues	07 minutes
- Genetics	11 minutes
- GERD	08 minutes

- Global Crisis	20 minutes
- Global Health Emergency	08 minutes
- Goal Setting	08 minutes
- Government	11 minutes
- Gut Microbiome	12 minutes
- Harm Reduction	15 minutes
- Health	13 minutes
- Healthy Selfishness	11 minutes
- Healthcare	65 minutes
- Heartburn	08 minutes
- Holidays	12 minutes
- Homelessness	08 minutes
- Hospital	12 minutes
- Housing Crisis	13 minutes
- Hunger Crisis	13 minutes
- Immune System	12 minutes
- Infectious Diseases	10 minutes
- Insurance Companies	12 minutes
- Intervention	08 minutes
- Joint Dysfunction	11 minutes
- Kidney Disease	12 minutes
- Kindness	11 minutes
- Lab Testing	12 minutes

- Legislation	12 minutes
- Life Expectancy	07 minutes
- Lifestyle Changes	09 minutes
- Long Covid	10 minutes
- Male Infertility	09 minutes
- Mass Death	08 minutes
- Medical Access	12 minutes
- Medical Records	12 minutes
- Medicine	12 minutes
- Memory	07 minutes
- Meat Industry	09 minutes
- Men's Health	09 minutes
- Mental Health	24 minutes
- Mental Illness	08 minutes
- Mental Toughness	08 minutes
- Military	11 minutes
- Mindset	08 minutes
- Multidisciplinary Care	11 minutes
- Naloxone	07 minutes
- Narcissism	11 minutes
- Nature	12 minutes
- Neurology	22 minutes
- Neuroscience	15 minutes

- New Years	12 minutes
- Non-Profit	12 minutes
- Novel Treatments	07 minutes
- Nutrition	13 minutes
- Obesity	08 minutes
- Oncology	07 minutes
- Opioids	07 minutes
- Overdose	07 minutes
- Overdose Prevention	07 minutes
- Overprescribing	11 minutes
- Pandemic	12 minutes
- Paramedic	14 minutes
- Pathological Altruism	11 minutes
- Patient Health	11 minutes
- Patient Safety	75 minutes
- Pharmaceutical Industry	11 minutes
- Pharmacy	12 minutes
- Pharmacy Deserts	12 minutes
- Physical Health	08 minutes
- Physically Disabled	07 minutes
- Physician Shortage	11 minutes
- Plant Fiber	12 minutes
- Politics	13 minutes

- Pregnancy	20 minutes
- Preventative Medicine	13 minutes
- Primary Care	11 minutes
- Prostate Cancer	07 minutes
- Psychology	11 minutes
- PTSD	11 minutes
- Public Awareness	17 minutes
- Public Health	176 minutes
- Public Health Crisis	11 minutes
- Public Policy	25 minutes
- Public Safety	16 minutes
- Public Transportation	12 minutes
- Race	07 minutes
- Race Inequality	12 minutes
- Race Issues	12 minutes
- Radiation	07 minutes
- Regenerative Medicine	11 minutes
- Relationships	19 minutes
- Reproduction	09 minutes
- Reproductive Technology	09 minutes
- Selfishness	11 minutes
- Sensory Issues	07 minutes
- Sexual Assault	11 minutes

- Sleep	15 minutes
- Stampedes	08 minutes
- Stem Cell Therapy	11 minutes
- Stillbirth	12 minutes
- Stillbirth Prevention	12 minutes
- Stomach Issues	08 minutes
- Strength	08 minutes
- Substance Use Disorder	08 minutes
- Suicide	11 minutes
- Supplements	12 minutes
- Synesthesia	07 minutes
- Technology	07 minutes
- Therapy	11 minutes
- Trauma	11 minutes
- Vaccinations	10 minutes
- Value-Based Care	11 minutes
- Veterans	11 minutes
- Veterans Affairs	11 minutes
- Veterinary Medicine	09 minutes
- Vietnam War	11 minutes
- Virtual Reality	08 minutes
- Vulnerable Populations	118 minutes

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Public Affairs Schedule
10/01/22-12/31/22

Sunday, October 02, 2022	3pm-4pm
Sunday, October 09, 2022	3pm-4pm
Sunday, October 16, 2022	3pm-4pm
Sunday, October 23, 2022	3pm-4pm
Sunday, October 30, 2022	3pm-4pm

Sunday, November 06, 2022	3pm-4pm
Sunday, November 13, 2022	3pm-4pm
Sunday, November 20, 2022	3pm-4pm
Sunday, November 27, 2022	3pm-4pm

Sunday, December 04, 2022	3pm-4pm
Sunday, December 11, 2022	3pm-4pm
Sunday, December 18, 2022	3pm-4pm
Sunday, December 25, 2022	3pm-4pm