Date Aired: 10-7-18 Time Aired: 6:30a

Length: 28 Min

1. Dr. Elaina George, Author of "Big Medicine"

She discussed the concept of Medicare for all. She also talked about new options for healthcare.

Issues covered:

- 1. Health
- 2. Big Government
- 2. Melissa Ridolfi, Vice President of Retirement and College Leadership, Fidelity Investments

She commented on a new survey that looks at how families have prepared for college funding. She also urged parents to have a discussion on finances with their kids during the early years of high school.

Issues covered:

- 1. Education
- 2. College Costs
- 3. Dr. Nimani Fernando, Founder of the Dr. Yum Project

She described why nutrition counseling to poor areas is so important. She also talked about how parents can help.

- 1. Obesity
- 2. Youth

Issues	Today	18-41
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Date Aired: 14-18 Time Aired: 6.30a Length: 28 Min.

1. Mick Cornett, Oklahoma City Mayor

He discussed the emerging mid-size cities and how important they are becoming. He also talked about the local economies.

Issues covered:

- 1. Economy
- 2. Consumerism
- 2. Anthony Saccaro, Registered Investment Adviser

He commented on the strength of the economy. He also talked about how college loans are causing big problems of consumers.

Issues covered:

- 1. Economy
- 2. College Loans
- 3. Dr. Nina Shapiro, Pediatric Doctor and Author

She discussed medical myths regarding youths. She also talked about the need for better nutrition education for everyone.

- 1. Youth
- 2. Health

Date Aired: 10-21-18 Time Aired: 6:30a

Length: 28 Min

1. Dr. Antoine Kanabubirey, Author and Researcher

He discussed the dangers of marijuana. He also talked about the Increasing strength of today's cannabis.

Issues covered:

- 1. Marijuana Safety
- 2. Depression
- 2. Danny Iney, Higher Education Researcher and Author

He commented on the future of higher education. He also talked about the need for people to get lifetime education not just college degrees.

Issues covered:

- 1. Education
- 2. Communication
- 3. Dr. John Kontor, Vice President of Optum Advisory Services

He detailed new ways for doctors to evaluate whether medical tests are needed. He also talked about how new procedures can save medical costs.

- 1. Health
- 2. Education

Date Aired: 10 28 18 Time Aired: 6:30a.
Length: 28 Min.

1. Chris, Garcia, Former Deputy Director at Commerce Department

He gave an assessment of the U.S. economy. He also talked about the effects of tariffs.

Issues covered:

- 1. Economy
- 2. Tariffs
- 2. Dr. Keita Franklin, Executive Director of Suicide Prevention for Dept. of Veterans Affairs, Office of Mental Health and Suicide Prevention

She detailed the growing problem of suicide among veterans. She also called for more therapy for them.

Issues covered:

- 1. Veterans
- 2. Suicide
- 3. Rose Stuckey-Kirk, Chief of Corporate Relations for Verizon

She detailed a new program aimed at poor communities to aid kids to use technology to improve education. She also talked about the training of teachers for the program.

- 1. Education
- 2. Youth

Date Aired: 11-4-18 Time Aired: 6:30a Length: 28 Min

1. Tony Uphoff President and CEO of Thomas

He commented on the results of a poll on manufacturing in the United States. He also talked about the unemployment rate in that sector.

Issues covered:

- 1. Unemployment
- 2. Education
- 2. Kathy Longo, Author of "Flourish Financially"

She talked about her book that gives tips on how consumers can better growth their financial empires. She also discussed how couples should have better communication on financial matters.

Issues covered:

- 1. Economy
- 2. Communication
- 3. Laura Adams, Member of driversed.com

She announced the results of a study on distracted driving. She also talked about the effects of marijuana on driving.

- 1. Crime
- 2. Marijuana Safety

Date Aired: //-//-/ Time Aired: 6:30a
Length: 28 Min

1. Bruce Nagy, Clean Energy Spokesperson and Author

He commented on the future of electric cars. He also talked about other alternative energy products.

Issues covered:

- 1. Alternative Energy
- 2. Environment
- 2. Sanford Kahn, Economist and Author of "Rebellion of a Rogue, Raged Economist"

He gave an update on the economy. He also talked about the need for better economic education for the public.

Issues covered:

- 1. Economy
- 2. Education
- 3. Dr. Susan Noonen, Depression Expert and Author

She gave some tips for parents on depression in their kids. She also discussed the role of social media on the problem.

- 1. Depression
- 2. Youth

Date Aired: 11-18-18 Time Aired: 6:30a

Length: 28 Min.

1. Audra Wolfe, Writer, Editor and Historian

She discussed how science has been used for political causes. She also commented on the climate change controversy.

Issues covered:

- 1. Climate Change
- 2. Education
- 2. Dr. Ana Fuentevilla, Internal Task Force, United Health Group Opiod Crisis

She talked about the growing opioid crisis. She also talked about the role that doctors should take to reduce the risks.

Issues covered:

- 1. Opioid Epidemic
- 2. Health
- 3. Mike Moore, Former FBI Agent and Journalist

He commented on the current make-up of the FBI. He also described why needs to be done to fix the problem.

- 1. Crime
- 2. Big Government

Date Aired: 11-25-18 Time Aired: 6:30a

Length: 28 Min.

1. David Clarke, Former Sheriff and Author

He addressed increasing racial violence in the United States. He also talked about need for less harmful rhetoric in the media and other avenues.

Issues covered:

- 1. Crime
- 2. Big Government
- 2. Dr. Mark Menolascino, Medical Director of Meno Clinic for Functional Medicine

He discussed the growing problem of anxiety disorders in youth. He also talked about the need for more pure ingredients in health products.

Issues covered:

- 1. Youth
- 2. Health
- 3. Dr. Anne Kenny, Palliative Care Physician and Author

She gave some guidelines for caregivers. She also talked about how to pick the right long-term facility.

- 1. Seniors
- 2. Health

Date Aired: 6:30a

Length: 28 Min.

1. Ralph Cipriano, Investigative Reporter and Author

He discussed media bias in America. He also commented on the future of journalism.

Issues covered:

- 1. Media Bias
- 2. Communication
- 2. Dr. Ira Williams, Healthcare Expert and Author

He detailed new ways to deliver healthcare to communities. He also talked about the need for better health communication to patients.

Issues covered:

- 1. Health
- 2. Communication
- 3. Ben Shear, Owner and Director of Performance at Athletic Edge

He gave some tips for those who suffer from sports injuries and exercise in pain. He also commented on how to pick healthful foods.

- 1. Health
- 2. Seniors

Date Aired: 12-9-18 Time Aired: 6:30a Length: 28 Min.

1. Kurt Eichenwald, Author and Newsweek Contributor

He talked about social stigmas relating to epilepsy. He also discussed the growing problem of depression and suicide in society.

Issues covered:

- 1. Depression
- 2. Suicide
- 2. Jill Ferguson, Writer, Artist and Business Consultant

She extolled the virtues of career freelancing. She also talked about how to communicate better.

Issues covered:

- 1. Unemployment
- 2. Communication
- 3. Hannibal Luis Negron, Business Owner

He detailed why the veganism movement is growing. He also talked about the need to protect the environment better.

- 1. Health
- 2. Environment

Date Aired: 12-16-18 Time Aired: 6:30a Length: 28 Min.

1. John Mathews, Founder of Community Safety Institute

He put a new take on mass shootings. He also talked about new ways to protect the public.

Issues covered:

- 1. Crime
- 2. Youth
- 2. Jack Myers, Founder of Media Village and Media Ecologist

He discussed how the male culture is changing. He also talked about the role women should have in encouraging males to evolve.

Issues covered:

- 1. Women
- 2. Cultural Norms
- 3. Dr. Erin Largo-White, Assoc. Professor at University of North Florida's Dept. of Public Health

She detailed who people can better deal with stress. She also talked about the health risks of stress.

- 1. Stress
- 2. Health

Date Aired: 12-23-18 Time Aired: 6.300- Length: 28 Min.

1. Dr. Maria Brose and Nichol Miller

They comment on a new genomic test for cancer.

Issues covered:

- 1. Health
- 2. Medical Research
- 2. Joseph Falbo

He details some tips for successful retirement planning.

Issues covered:

- 1. Money
- 2. Retirement Planning
- 3. Dr. Anita Myers

She talks about how to stay out of the dentist chair.

- 1. Dental Health
- 2. Disease Prevention

Date Aired: 12-30-18 Time Aired: 6:30a Length: 28 Min.

1. Diane Herbert

She comments on life with diabetes.

Issues covered:

- 1 Health
- 2 Medical Research

2. Dan Klein, PAN Foundation

He talks about their work in giving relief for medicare costs.

Issues covered:

- 1. Money
- 2. Health Costs

3. Sarah Janssen, Editor 2019 World Almanac

She details the fascinating contents of the World Almanac.

- 1. World History
- 2. International trivia