

## Quarterly Issues Programs List

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Stations: KOLM

July 1st, 2023 through September 30th, 2023

### SECTION I. Issues

**A) Public Health** – Minnesota experienced its worst air quality on record in 2023. The Minnesota Pollution Control Agency issued 24 air quality alerts for days when the air was polluted enough to be considered either unsafe for everyone or unsafe for vulnerable groups.

**B) Mental Health**– A new report from the Bowman Family Foundation, a non-profit that works to improve the lives of people with mental health and substance use conditions, shows 57 percent of patients who sought mental health or substance use care didn't receive it in at least one case between January 2019 and April 2022.

**C) Legalization of Cannabis** – On May 30th, Minnesota Governor Tim Walz signed a bill making recreational marijuana legal in the state. The new law took effect on August 1<sup>st</sup>.

**D) Public Education** – The Minnesota Department of Education released statewide test results for 2023 that show more than half of students are struggling.

**E) Food Insecurity**– Feeding America says, “In Minnesota, 390,000 people are facing hunger - and of them 120,650 are children.”

### SECTION II – RESPONSIVE PROGRAMS

**MINNESOTA MATTERS** is a weekly locally produced public affairs program that discusses matters of importance to Minnesotans. Minnesota Matters runs every Sunday morning on KOLM at 8:00 AM.

#### **July 2nd, 2023 – - Issues Discussed: Public Health, Public Safety, Air Quality, Wild Fires**

Leanne Langenberg from the Interagency Fire Center discusses the surge in wildfires in northern Minnesota in June.

Tony Ofsted, Director at the Minnesota Department of Commerce Fraud Bureau, addresses the rise in auto thefts in the state.

#### **July 9th 2023 – - Issues Discussed: Public Health, Public Safety, Civil Rights, Police Violations**

The hosts discuss a US Department of Justice report on the Minneapolis Police Department (MPD) that found multiple civil rights violations. Findings included excessive use of force, racial discrimination, violations of First Amendment rights, and violations of the Americans with Disabilities Act.

Emily Honner, Minnesota Department of Education joins to discuss “The Summer Meals Program” which offers up to two meals per day to Minnesota students during the summer. She explains eligibility and directs people to the Minnesota Department of Education website to located meal sites near them.

Representative Liz Lee of Saint Paul is interviewed and discusses concerns about the misclassification of ethnic groups in the 2020 Census data, particularly the misclassification of Hmong people as East Asian. Lee explains how these errors can impact public health and policy decisions.

#### **July 16th 2023 – - Issues Discussed: Food Insecurity, Public Education, Public Assistance**

Emily Hohner from the Minnesota Department of Education explains the Meals for School Kids program.

The hosts explore the upcoming offerings at the Minnesota State Fair.

#### **July 23<sup>rd</sup>, 2023 – - Issues Discussed: Mental Health, Public Health, Healthcare Services**

Bill Werner, discussed a report by the Bowman Family Foundation on mental healthcare in the United States. Then, Sue Abner Holden - from the Minnesota Chamber of the National Alliance on Mental Health (NAMI), joined to discuss the challenges in accessing mental health care, including issues related to parity and network adequacy.

Pamela Mink - Director of Health Services Research with the Minnesota Department of Health, discussed a study on the increased use of telehealth services in Minnesota. Telehealth services have seen significant growth in Minnesota, especially for mental and behavioral healthcare. The discussion touched on how telehealth has become a more accessible option, particularly during the COVID-19 pandemic.

#### **July 30th, 2023 – - Issues Discussed: Legalization of Cannabis, Mental Health, Public Health, Addiction**

The legalization of marijuana and its potential consequences are discussed during this program.

Senator Scott Jensen, Majority Leader Paul Gazelka, and House Majority Leader Ryan Winkler’s thoughts on marijuana legalization are all featured. Then, Lydia Bird from Hazelden Betty Ford joins the program to discuss health and addiction concerns related to legalizing cannabis.

#### **August 6th, 2023 - Issues Discussed: Public Safety, Legalization of Cannabis, Public Health**

This episode starts by addressing the recent fatal shooting of a black man, 33-year-old Rick Cobb, by a state trooper during a traffic stop on I-94 in north Minneapolis. The hosts discuss the preliminary investigation and the circumstances leading up to the shooting. Hamline University Professor David Schultz, provides insights into when officers are allowed to use deadly force under Minnesota law.

The program also covers the legalization of cannabis in Minnesota for adults aged 21 and older. Senator

Lindsay Port discusses the significance of this change and the expungement of records for those with prior nonviolent marijuana offenses, new cannabis laws, responsible use, and the importance of keeping cannabis out of the hands of young people.

#### **August 13th, 2023 - Issues Discussed: Public Health**

A University of Minnesota study on racial and ethnic disparities in COVID-19 vaccination rates is highlighted on this program. The disparities in time to vaccination are also discussed, emphasizing the advantage of Minnesota's white population.

The hosts also talk about a proposed federal rule that would allow retailers in Minnesota to sell E15 gasoline year-round. The benefits of E15, as well as the challenges in getting it approved, are mentioned.

#### **August 20th, 2023 - Issues Discussed: Public Health, Food Insecurity**

The program starts with an update from the Minnesota Pollution Control Agency and the Department of Health about the impact of Canadian wildfire smoke on Minnesota's air quality. The Air Quality Index (AQI) is explained as are the concerns for sensitive groups like children, the elderly, and people with respiratory or heart conditions.

Second Harvest Heartland CEO, Allison O'Toole, joins to discuss the increasing need for food assistance in Minnesota. She says, food shelves are struggling to keep up with the rising demand, highlighting the importance of a strong farm bill and increased funding for nutrition programs.

#### **August 27th, 2023 - Issues Discussed: Public Education, Public Safety, Public Health**

The Minnesota Education Department released statewide test results for 2023, revealing that over half of the tested students are not reading at grade level. In math, about 55% did not meet grade level standards, and 61% fell short in science. The hosts discuss the report and talk about how local leaders want to address the lower scores. Republicans are advocating for a focus on academics and Democrats are emphasizing investments in mental health and other programs.

The Moorhead Police Department announced it was pulling its resource officers from schools due to a new law restricting law enforcement's use of certain techniques on students during altercations at school. The hosts talk about that decision and the statewide debate over the law's impact on student safety.

This program also reports on Minnesota Attorney General Keith Ellison's public hearings to address problems with medical billing and healthcare access in the state. Reports of aggressive hospital billing, unfair collection practices, and denial of care have prompted the investigation.

#### **September 3rd, 2023: Public Education, Public Safety, Legalization of Cannabis**

School Resource Officers are the first subject covered in this program. There's a debate about the role of SROs in schools after a recent change in the law. The law has made it unclear when SROs are allowed to use force, which has led some police departments to withdraw their on-site officers from schools. Some argue that this change may affect school safety.

The hosts also talk about a new program offered at St. Cloud State University. The university is launching a program to educate individuals about the cannabis industry. The program includes courses in cannabis business, healthcare and medicine, compliance and risk management, and agriculture and horticulture. It is designed to provide opportunities for those interested in various aspects of the cannabis industry.

#### **September 10th, 2023: Public Education, Public Health**

Minnesota Attorney General Keith Ellison is featured on this program and discusses the investigation of 52 student loan debt relief companies suspected of scamming students. These companies promise loan forgiveness but often charge high fees for services they cannot deliver.

Dr. Matthew Hunt, a University of Minnesota neurosurgeon, is hiking 350-miles to raise funds for brain tumor charities. He talks about his journey and the importance of supporting patients with brain tumors on this episode.

### **September 17th, 2023: Politics, Legalization of Cannabis, Public Safety**

On this episode the hosts discuss the legal efforts being made to prevent former President Donald Trump from appearing on Minnesota's presidential ballot in 2024. The program explains the lawsuit is based on Trump's alleged role in the January 6th insurrection at the US Capitol.

Then the program talks about Minnesota's plans to regulate the cannabis industry and the process of appointing the first director of the Minnesota Office of Cannabis Management.

And finally, the hosts share information about Rail Safety Week in Minnesota and the importance of educating the public about railway safety to prevent accidents.

### **INFOTRAK**

KOLM also airs a nationally syndicated community affairs program each Sunday from 9:30 a.m. to 10:00 a.m. See attached program log.



Weekly Public Affairs Program

Call Letters: KOLM

## **QUARTERLY ISSUES REPORT, JULY-SEPTEMBER, 2023**

Show # 2023-27

**Date aired: 7/2 Time Aired: 9:30 AM**

**Nora Volkow, MD**, Director of the National Institute on Drug Abuse, part of the National Institutes of Health

Fentanyl overdoses are the leading cause of death for Americans ages 18 to 49, more than car accidents or suicides. On average, one person dies of a fentanyl overdose in the United States every seven minutes, and the number of Americans killed by the drug has jumped 94 percent since 2019. Dr. Volkow discussed why the problem has skyrocketed and what steps the federal government is taking to address it. She said that, while the epidemic was worse in certain rural areas of the US in past years, the problem has now overwhelmed every city and state. She talked about the importance of education and treatment programs, and also explained why fentanyl is a particularly troubling issue for pregnant women.

**Issues covered:**

**Substance Abuse and Treatment  
Government Policies**

**Length: 17:52**

**Sam Quinones**, author of *"The Least of Us: True Tales of America and Hope in the Time of Fentanyl and Meth"*

The opioid crisis' damage to US communities cost the economy \$1.5 trillion in 2020 alone, according to a congressional analysis. Mr. Quinones talked about steps that cities and towns can take to try to repair community bonds, most effectively on the neighborhood, school and church level. He believes that stronger law enforcement is necessary to force drug abusers into treatment, whether they want it or not.

**Issues covered:**

**Substance Abuse and Treatment  
Community Rehabilitation  
Law Enforcement  
Homelessness**

**Length: 5:08**

Show # 2023-28

**Date aired: 7/9 Time Aired: 9:30 AM**

**Paul R. Lawrence**, former Under Secretary of Benefits at the U.S. Department of Veterans Affairs, author of *"Veterans Benefits for You: Get What You Deserve"*

Mr. Lawrence offered tips for veterans to successfully apply for benefits they have earned from their service. He explained several ways that a veteran can document a service-related injury, and how they can request their medical records with help from the National Archives and Veterans

Administration. He also talked about the value of benefits not just to a veteran, but to his or her family, as well.

**Issues covered:**  
**Veterans' Benefits**  
**Military Service**

**Length: 8:14**

**David Maimon, PhD**, Professor of Criminal Justice and Criminology, Georgia State University

Prof. Maimon explained how criminals are increasingly targeting US Postal Service blue collection boxes and residential mailboxes to steal filled-out checks. He said the thieves sell the stolen checks via social media platforms, then buyers alter the payee and amount on the checks to rob victims' bank accounts of thousands of dollars. He recommends that consumers only hand mail directly to a clerk at a US Post Office, or use other methods to send payments.

**Issues covered:**  
**Crime**  
**Identity Theft**  
**Government**

**Length: 9:09**

**Lori R. Sackler**, Senior VP and family wealth advisor at Morgan Stanley, author of *"The M Word: The Money Talk Every Family Needs to Have about Wealth and Their Financial Future"*

Conversations about money remain taboo for most U.S. households. Ms. Sackler said a staggering 70 percent of families lose their money, assets, and family harmony in the aftermath of estate transfers. She explained how to successfully talk about money matters. She said many people make the same money mistakes that their parents made.

**Issues covered:**  
**Retirement Planning**  
**Aging**

**Length: 5:05**

Show # 2023-29

**Date aired: 7/16 Time Aired: 9:30 AM**

**Pam Baker**, freelance journalist who focuses on emerging tech topics like artificial intelligence, data analytics, and edge computing, author of *"ChatGPT For Dummies"*

ChatGPT has garnered an amazing amount of attention in just a few months. Ms. Baker explained how the rise of artificial intelligence has already begun affecting our daily lives. She talked about the importance of learning to use AI in the workplace, and why learning how to prompt AI is both the easy part and the most difficult part of using it.

**Issues covered:**  
**Artificial Intelligence**  
**Education**  
**Career**

**Length: 9:05**

**Ruchi S. Gupta, MD, MPH**, board-certified pediatrician and health researcher, Professor of Pediatrics and Medicine at Northwestern University Feinberg School of Medicine, Clinical Attending at Ann & Robert H. Lurie Children's Hospital of Chicago, founding director of the Center for Food Allergy & Asthma Research

Dr. Gupta led a groundbreaking study of allergies in adults and found the prevalence of food allergy is highest among black, Hispanic and Asian individuals across all ages. She also found that food allergy

is lowest among households earning more than \$150,000 a year. She talked about potential reasons for these findings and the importance of getting a proper diagnosis.

**Issues covered:**  
**Food Allergies**  
**Minority Concerns**

**Length: 8:23**

**Greg Keoleian**, Director of the Center for Sustainable Systems at the University of Michigan School for Environment and Sustainability

Environmentally-conscious consumers have probably heard that today's highly efficient dishwashers use less energy and water than traditional hand-washing techniques. However, Prof. Keoleian led a study that found that one manual washing technique--the two-basin method, in which dishes are soaked and scrubbed in hot water and then rinsed in cold water--that is associated with fewer greenhouse gas emissions than machine dishwashing. He offered numerous energy-saving tips related to the task of washing dishes.

**Issues covered:**  
**Environment**  
**Energy**  
**Consumer Matters**

**Length: 5:03**

Show # 2023-30

**Date aired: 7/23 Time Aired: 9:30 AM**

**Haywood Talcove**, CEO of LexisNexis Risk Solutions' Government Group, a multinational information and analytics company based in Atlanta

Mr. Talcove outlined a frightening new wave of scams: next-gen thieves are utilizing sophisticated new artificial intelligence tools to steal millions of dollars from consumers. He discussed the use of AI-generated voices--that criminals can now clone from social media profiles--to easily con parents or grandparents out of significant sums of money. He said the schemes are almost impossible to detect, but he suggested three steps every family should take to defend themselves

**Issues covered:**  
**Crime**  
**Identity Theft**  
**Technology**

**Length: 8:49**

**F. Perry Wilson, MD, MSCE**, Associate Professor of Medicine, Director, Clinical and Translational Research Accelerator at the Yale University School of Medicine, author of *"How Medicine Works and When It Doesn't."*

Dr. Wilson explained how and why the doctor-patient relationship has eroded in recent years. He believes that profit-driven companies—from big pharma to healthcare corporations—have corrupted what should have been medicine's golden age. He offered several potential solutions to restore trust between patients and doctors.

**Issues covered:**  
**Personal Health**

**Length: 8:15**

**Morag MacKay**, Director of Research, Safe Kids Worldwide

Ms. MacKay said that an American child is killed every five days in a train collision, a preventable tragedy that most parents overlook. She outlined the most common scenarios for these incidents and explained how parents can teach their children to avoid dangerous situations with trains.

**Issues covered:**

**Railroad Safety  
Child Safety  
Parenting**

**Length: 5:06**

Show # 2023-31

**Date aired: 7/30 Time Aired: 9:30 AM**

**Kate W. Bauer, PhD MS**, Associate Professor of Nutritional Sciences, University of Michigan School of Public Health

Prof. Bauer recently led a study that compared beverage consumption in low-income households that utilize taxpayer-funded food assistance programs. She found that families that used just one of the programs were in the normal range, but those that participated in both the Supplementation Nutrition Program for Women, Infants, and Children (WIC), and the Supplemental Nutrition Assistance Program (SNAP), consumed high amounts of sugar-sweetened beverages. She explained why this is a concern.

**Issues covered:**

**Government Food Assistance  
Poverty  
Nutrition**

**Length: 8:00**

**Patrick Olsen**, Editor-in-Chief, CarFax

More than 2.5 million vehicles that have been issued a "Do Not Drive" or "Park Outside" safety recall remain unrepaired, Carfax data shows. Mr. Olsen talked about the most common reasons behind these serious recalls, and why consumers fail to take their cars to dealers to get the issue taken care of. He also explained how someone can check to see if their car is on a recall list.

**Issues covered:**

**Auto Recalls  
Consumer Matters  
Transportation**

**Length: 9:22**

**Rachel Neale, PhD**, Professor, Group Leader, Deputy Coordinator of the Population Health Department at QIMR Berghofer Medical Research Institute in Brisbane, Australia

Dr. Neale led a study that examined whether monthly vitamin D supplementation for older adults can prevent major cardiovascular events. She found that vitamin D did result in a small reduction for patients who were already at risk of a heart attack, and she believes further research is needed to better understand the link.

**Issues covered:**

**Personal Health  
Nutrition**

**Length: 4:58**



Show # 2023-32

**Date aired: 8/6 Time Aired: 9:30 AM**

**Bacall Hincks**, Family Advocate and Program Coordinator at Children's Service Society of Utah

More than one million American children now live with grandparents, primarily because of their parent's addiction to opioids and other drugs. Ms. Hincks said this growing trend is causing grandparents to put off retirement and plow through savings to rescue their grandchildren from dangerous situations. She discussed how these difficult experiences can negatively affect children's mental and physical health.

**Issues covered:**

**Length: 9:17**

Parenting  
Substance Abuse  
Foster Care  
Retirement

**Maryanne Wolf, PhD**, Professor of Child Development and Director of the Center for Reading and Language Research at Tufts University, author of *"Reader, Come Home: The Reading Brain in a Digital World"*

Prof. Wolf discussed the latest research into the human brain as we become increasingly dependent on digital technologies, rather than the printed word. She expressed concerns for both children's and adults' ability to "deep read," as the brain is literally rewired by huge amounts of short bursts of information. She offered suggestions for how the nation's education system needs to adapt.

**Issues covered:**

**Length: 8:04**

Literacy  
Education  
Technology

**David Michael Slater**, teacher, author of *"We're Doing It Wrong: 25 Ideas in Education That Just Don't Work—And How to Fix Them"*

Mr. Slater explained why he believes that many current approaches in education simply aren't working—for students, for teachers, and for society at-large. He explained how teacher evaluations could be improved and why anti-bullying programs in schools don't work.

**Issues covered:**

**Length: 4:50**

Education

Show # 2023-33

**Date aired: 8/13 Time Aired: 9:30 AM**

**Paul Pilibosian**, a Houston attorney specializing in real estate law

It is a pattern being played out in many cities in the United States: squatters move into a home, refuse to leave, and homeowners have few options to evict them. Mr. Pilibosian explained why this trend is on the rise and what homeowners should do to try to discourage squatters from moving into a house in the first place.

**Issues covered:**

**Length: 8:50**

Crime  
Home Ownership  
Legal Issues

**Anupam Babu Jena, MD, PhD**, Joseph P. Newhouse Professor at Harvard Medical School, physician at Massachusetts General Hospital, co-author of *"Random Acts of Medicine: The Hidden Forces That Sway Doctors, Impact Patients, and Shape Our Health"*

Dr. Jena explained how unexpected—but often predictable—events can profoundly affect our health. He offered several examples of how randomness affects medical decisions and treatment options. He said a healthy diet and exercise are the wisest choices to lead a healthy life.

**Issues covered:**  
**Personal Health**

**Length: 8:16**

**Sophie Kjærvik**, doctoral candidate in communication at Ohio State University

Firearms contribute to the deaths of more children ages 1-17 years in the U.S. than any other type of injury or illness. While much of that total is gang-related teen shootings, sometimes younger deaths are tragic accidents after a child finds an unsecured gun. Ms. Kjærvik was the co-author of a recent study that found that a simple 60 second video on gun safety made a significant difference in whether kids ages 8 to 12 played with a found gun.

**Issues covered:**  
**Gun Safety**  
**Parenting**

**Length: 5:04**

Show # 2023-34

**Date aired: 8/20 Time Aired: 9:30 AM**

**Karl Brauer**, Executive Analyst at ISeeCars.com

The pain of inflation has hit every consumer's pocketbook in the past couple of years, but perhaps the impact has been greatest in the car buying market. Mr. Brauer shared research that found that while the value of used electric vehicles has been plummeting in 2023 (and the trend is accelerating), the price of used cars in general has jumped 47% since 2019. He added that more than half of today's used cars also have 20% or more miles than they did three years ago.

**Issues covered:**  
**Consumer Matters**  
**Transportation**

**Length: 9:01**

**LeRoy Hood, MD, PhD**, biologist who has served on the faculties at the California Institute of Technology and the University of Washington, developed ground-breaking scientific instruments which made possible major advances in the biological and medical sciences, author of *"The Age of Scientific Wellness"*

Dr. Hood discussed the reasons that medicine is undergoing a major transformation from a reactive, hit-or-miss approach to a personalized, predictive, data-rich, and preventive one. He calls this new form of care "scientific wellness", which uses information from our blood and genes, as well as AI, to optimize our health and extend our "healthspan." He believes this new technology can eventually conquer heart disease, Alzheimer's disease and many other illnesses, with noticeable progress within five years.

**Issues covered:**  
**Personal Health**  
**Technology**

**Length: 8:15**

**Tobias Rose-Stockwell**, author of *“Outrage Machine: How Tech Amplifies Discontent, Disrupts Democracy—And What We Can Do About It”*

The original internet was not designed to make us upset, distracted, confused, and outraged. But Mr. Tobias explained why something unexpected happened at the turn of the last decade, when a handful of small features were quietly launched at social media companies with little fanfare. Together, they triggered a cascading set of dramatic changes to how media, politics, and society itself operate. He explained what needs to happen to find a promising pathway back to a healthier online environment.

**Issues covered:**  
**Social Media**  
**Mental Health**

**Length: 5:14**

Show # 2023-35

**Date aired: 8/27 Time Aired: 9:30 AM**

**Anna Mills**, textbook author, English instructor at the College of Marin, member of a joint Artificial Intelligence task force with the Modern Language Association and College Conference on Composition and Communication

AI chatbots have triggered a panic among educators, who are flooding listservs, webinars and professional conferences to figure out how to deal with the technology in this new academic year. Ms. Mills explained why many professors are expecting chaos. She said few universities are offering clear guidelines for teachers or students. She also talked about the difficulty of detecting AI-generated cheating.

**Issues covered:**  
**Higher Education**  
**Artificial Intelligence**

**Length: 7:50**

**J. Scott Roberts, PhD**, Professor in Health Behavior and Health Education at the University of Michigan, Associate Director of a poll from the University of Michigan Institute for Healthcare Policy and Innovation

Prof. Roberts led a poll of people age 65 to 80 and found that while 80% adults see the benefit of tests that can give an early warning of memory and thinking decline, 80% of older adults said they haven't had a cognitive test in the past year to look for early signs of dementia, and 59% reported never having had such a screening. He said the poll also found very low awareness of blood tests that can help detect Alzheimer's disease.

**Issues covered:**  
**Personal Health**  
**Technology**

**Length: 9:17**

**Peter Clark**, Applied Forest Ecologist at the Rubenstein School of Environment and Natural Resources at the University of Vermont

The US Forest Service has been given taxpayer funding to plant more than a billion trees across the country in the next nine years. Prof. Clark's research found a troubling bottleneck that could threaten these efforts: U.S. tree nurseries don't grow nearly enough trees—nor have the species diversity needed—to meet the unprecedented plans. He talked about the reasons behind the problem and what can be done to remedy it.

**Issues covered:**  
**Environment**  
**Government**

**Length: 5:13**

Show # 2023-36

**Date aired: 9/3 Time Aired: 9:30 AM**

**ChatGPT**, an artificial-intelligence (AI) chatbot

ChatGPT was launched as an artificial intelligence prototype on November 30, 2022, quickly gaining much attention for its detailed responses and articulate answers across many topics. It explained how was it trained and learns, and what its biggest weakness are. It acknowledged that the concerns about potential biases in its answers are legitimate. It also outlined the top 5 human endeavors in which it anticipates making the biggest impact.

**Issues covered:**

**Length: 9:29**

**Artificial Intelligence**

**Technology**

**Employment**

**Andrew Houtenville, PhD**, Professor of Economics at the University of Hampshire, Research Director of the UNH Institute on Disability

Prof. Houtenville discussed recent findings from the National Trends in Disability Employment report, issued semi-monthly by Kessler Foundation and the University of New Hampshire. He explained what is driving historic highs in employment of people with disabilities, and why disabled employment has outstripped the non-disabled since the start of pandemic lockdowns.

**Issues covered:**

**Length: 7:59**

**Disabilities**

**Employment**

**Erin Dooley, PhD**, Assistant Professor of Epidemiology at the University of Alabama at Birmingham School of Public Health

Prof. Dooley was the lead researcher of a study that measured the number of daily steps that may make a difference in the risk of heart problems in senior citizens. Her study of people ages 70 and older found walking an additional 500 steps per day, or an additional quarter mile of walking, was associated with a 14% lower risk of heart disease, stroke or heart failure.

**Issues covered:**

**Length: 5:06**

**Personal Health**

**Senior Citizens**

Show # 2023-37

**Date aired: 9/10 Time Aired: 9:30 AM**

**Erica Eversman**, President of the Automotive Education and Policy Institute in Akron, OH

Drivers are looking for ways to save money on auto insurance as premiums rise rapidly. Ms. Eversman explained a new offering from some insurance companies: usage-based car insurance programs, where the insured agrees to share detailed data about their driving habits with their insurer via a phone app or an in-vehicle device. She said the data does permit insurance companies to evaluate risk better and better match the price of the insurance for the risk, but at a steep cost to consumers' privacy and legal rights.

**Issues covered:**  
Consumer Matters  
Auto Insurance  
Legal Matters

**Length: 8:55**

**Caroline Leaf, PhD**, clinical and cognitive neuroscientist, author of *"How to Help Your Child Clean Up Their Mental Mess"*

Increasingly, children ages 3-10 are struggling with anxiety, depression, and mental health challenges. Dr. Leaf discussed the factors behind this trend and warning signs that parents should watch for. She said if left unaddressed, childhood mental health problems often follow kids into their teens and adulthood.

**Issues covered:**  
Child Mental Health  
Parenting

**Length: 8:15**

**Edgar Dworsky**, Founder & Editor of ConsumerWorld.com

Grocery costs for Americans have skyrocketed in the past two years. Mr. Dworsky discussed the subtle trend of "shrinkflation," in which many manufacturers shrink their packaging, rather than raising prices. He explained what products most commonly are affected, and ways that consumers can protect themselves against the tricky practice.

**Issues covered:**  
Consumer Matters

**Length: 5:01**

Show # 2023-38

**Date aired: 9/17 Time Aired: 9:30 AM**

**Ryan P. Burge, PhD**, sociologist, Assistant Professor of Political Science at Eastern Illinois University, co-author of *"The Great Dechurching: Who's Leaving, Why Are They Going, and What Will It Take to Bring Them Back?"*

The largest and fastest religious shift in US history is in progress. Prof. Burge co-authored a comprehensive study to learn who is leaving organized religion and why. He said the most common reason people stopped attending church was because they moved, and that lower-income people with a high school education or less are the most likely to leave. He also talked about societal effects when faith-based community services such as food banks, after-school programs and prison ministries disappear.

**Issues covered:**  
Religion

**Length: 9:22**

**Chris Carosa, MBA**, Certified Trust & Financial Advisor, Senior Contributor to Forbes.com, author of *"Hey! What's My Number: How to Improve the Odds You Will Retire in Comfort"*

A recent New York Life survey found that Americans believe they need \$4.3 million stashed away to retire comfortably. Unfortunately, the average person has around \$135,000 saved. Mr. Carosa explained how to determine how much money will really be needed for a comfortable retirement, along with simple steps to get there.

**Issues covered:**  
**Retirement Planning**  
**Personal Finance**

**Length: 8:03**

**Kevin Fiscella, MD, MPH**, Associate Professor of Family Medicine and Community & Preventive Medicine at the University of Rochester School of Medicine & Dentistry

Dr. Fiscella discussed his groundbreaking research that found that the lives of nearly 8,000 black Americans could be saved each year if doctors could figure out a way to bring their average blood pressure down to the average level of whites. He talked about the reasons behind the gap between the races in controlling blood pressure, and the possible ways to reduce it.

**Issues covered:**  
**Personal Health**  
**Minority Concerns**

**Length: 4:50**

Show # 2023-39

**Date aired: 9/24 Time Aired: 9:30 AM**

**Diane Mullins**, founder of Deborah's Voice, a national non-profit women's advocacy organization

Pastor Mullins said that child trafficking has become the 2nd largest criminal activity in the world behind illegal drug sales. She said most Americans are unaware of the existence of human trafficking and forced prostitution in their own towns, but it is surprisingly prevalent – not just on dimly lit street corners, but at music concerts, VIP dinners, and sporting events. She talked about techniques used by human traffickers to select their victims.

**Issues covered:**  
**Human Trafficking**  
**Women's Issues**  
**Crime**

**Length: 7:26**

**Dawn Graham, PhD**, psychologist, employment and career expert, Director of Career Management for the Executive MBA Program at The Wharton School, author of *"Switchers: How Smart Professionals Change Careers -- and Seize Success"*

Dr. Graham offered job search advice, particularly for those in middle age who are considering career changes. She said a job search in a new field or occupation requires much more work than a typical job search. She offered suggestions on how to tailor a resume to sidestep age biases and other potential hurdles.

**Issues covered:**  
**Career**  
**Aging**

**Length: 9:45**

**Susie Vanderlip**, teen counselor, author of "*52 Ways to Protect Your Teen*"

Ms. Vanderlip has conducted school assemblies for more than 1 million teens and adults, aimed at helping youth make wise choices and seek help. She talked about the motivations of today's teenagers and why parents may be fearful of their kids. She offered tips to improve communication in a parent/teen relationship.

**Issues covered:**

**Youth at Risk**  
**Parenting Issues**  
**Drug Abuse**

**Length: 4:54**