In accordance with the Commission's rules, the following, in the opinion of Station WVNU-FM, are problems and needs of the community for the period noted above. They are not necessarily listed in order of importance. Each is addressed by significant public affairs and/or public consultation with Patrick Hays, General Manager, with community leaders.

## Issues Today Quarterly Summary-4<sup>th</sup> Quarter, 2023

- 1. Health
- 2. Education
- 3. Youth
- 4. Consumerism
- 5. Seniors
- 6. Veterans
- 7. Environment
- 8. Economy
- 9. Big Government
- 10. Divorce

There were a total of 41 issues covered this quarter. Detailed information follows.

The following were live in-studio interviews:

October 31, 2023 - 8:10 AM -10 minutes. Interview with Alyssa Barrett, Curriculum Director for the Greenfield schools to discuss district's programs and state tests.

November 28, 2023 - 8:10 AM - 10 minutes. Interview with Tim Bolendar regarding the athletic activities in the district.

December 19, 2023 – 8:10 AM – 10 minutes. Interview with Randy Closson, newly named principal at Buckskin Elementary School, regarding the activities at the school.

In addition, WVNU hosts the "Newsline" program Monday through Friday, 7:20 AM - 8 AM and Saturday 8:05 AM - 8:30 AM, and features local public service announcements and interviews with community leaders on topics of area importance.

Live telephone interviews were conducted throughout the quarter about various subjects and the dates, times, and topics are attached. There were seventeen (17) interviews of approximately 10 minutes each.

Date Aired: _	10-1.23	Time Aired:	6 Any	
Lenath: 28 M	lin.			

1. Abigail Zapote, Social Security Senior Adviser

She detailed information about the Supplemental Security Income program. She also explained their outreach programs to minority communities.

Issues covered:

- 1. Disabled Rights
- 2. Poverty
- 2. Fran Kern, Attorney, Division of Marketing Practices at FTC

She talked about the latest online scams that are going on. She also discussed what to do if you are a victim of a scam.

Issues covered:

- 1. Crime
- 2. Education
- 3. Jazmin Albarran, Executive Director of Seed Your Future

She gave a history of the organization and then talked about their efforts to produce more jobs in the horticultural industry. She also talked about education programs in the industry.

- 1. Youth
- 2. Careers

Date Aired: 10-8-22 Time Aired: 6 Am Length: 28 Min.

1. Ron Siarniski, Bethany Shields, Members of National Fallen Fighters Foundation

They discussed their efforts to gain more donors for kidney transplants. They also talked about new national education campaigns.

### Issues covered:

- 1. Health
- 2. Education
- 2. Jordan Crenshaw, Sen. VP of U.S. Chamber of Commerce Technology Engagement Center

He commented on how AI is helping small business. He also answered questions about whether AI will replace human jobs.

Issues covered:

- 1. Economy
- 2. AI
- 3. Mitch Petterson, Public Safety Engagement Lead for Onstar

He detailed why personal disaster preparedness is so important for everyone. He also gave some tips on what items are needed to get ready for a possible disaster.

- 1. Emergency Preparedness
- 2. Communication

Date Aired: 18-15-73Time Aired: 6Aug. Length: 28 Min.

1. Jonas Bordo, CEO and Co-Founder of Dwellsy

He gave some tips on how renters can better navigate leases. He also commented on the health of the rental market in the country.

Issues covered:

- 1. Rental Costs
- 2. Consumerism
- 2. Jeff Arnold, Consumer Advocate

He discussed how people can save money on insurance. He also commented on the effects of inflation on insurance costs.

Issues covered:

- 1. Insurance Costs
- 2. Inflation
- 3. Dr. Kami Hoss, Oral Health Expert

He discussed the problems that vaping has on oral health. He also talked nicotine addiction.

- 1. Health
- 2. Drug Abuse

Date Aired: 10-77-73 Time Aired: 6 Am Length: 28 Min.

1. Shushanna Mignot, Program Director of Safe Kids Worldwide

She gave some tips on how to educate kids about railroad safety. She also cited stats on injuries that do occur.

Issues covered:

- 1. Youth
- 2. Education
- 2. Shannon Pope, Head of Diversity and Sustainability, Sony

She discussed new hearing aid options for those suffering hearing loss. She also talked about how to choose the right products.

Issues covered:

- 1. Hearing Loss
- 2. Health
- 3. Anand Varma, Wildlife Photographer with National Geographic

He detailed new exhibits that focus on wildlife photography. He also talked about the National Geographic Wonder Lab.

- 1. Youth
- 2. Education

Date Aired:	10-29-23	Time Aired: _	6 Azy	
Length: 28 Min				

1. Mae Stevens, CEO of American Business Water Coalition

She gave a report on the status of water infrastructure in the country. She also talked about better public education on the subject.

Issues covered:

- 1. Water Pollution
- 2. Education
- 2. Melissa Mullampby, Mental Health Expert

She gave some tips on how people can better advocate for themselves regarding health care. She also talked about rising healthcare costs.

Issues covered:

- 1. Seniors
- 2. Health
- 3. Rosemary Britts, Executive Director of Sickle Cell Assn.

She defined the symptoms of Sickle Cell Disease. She also talked about treatments and ongoing research on the disease and the need for more blood donations.

- 1. Health
- 2. Blood Donations

Date Aired: //-5-73 Time Aired: 6 Ample Length: 28 Min.

1. Rawle Andrew, Executive Director of American Psychiatric Assn. Foundation

He talked about how some cultures are reluctant to get mental health counseling. He also discussed why teens are in need of more counseling.

Issues covered:

- 1. Mental Health
- 2. Youth
- 2. Ari Parker, Co-Founder of Medicare Advisory Care

He detailed how people can better plan their Medicare coverage. He also talked about the need for more communication on the subject.

Issues covered:

- 1. Seniors
- 2. Health
- 3. Hannah Heimbuch, Commercial Fisherwoman

She defined what sustainable seafood is all about. She also talked about why sustainable programs are important for the environment.

- 1. Environment
- 2. Consumerism

Date Aired: //-/2-73 Time Aired: 6 / Am Length: 28 Min.

1. Sophia Dominguez, Dir. of Platform Partnerships and EcoSystems for SNAP Amrutha Vassan, Co-Founder and COO of Inspire

They both talked about augmented reality and how it is being used in Education. They also talked about the Innovative Hearing Hub.

### Issues covered:

- 1. Youth
- 2. Education
- 2. Dr. Eliza Chin, Executive Director of American Medical Womens Assn.

She gave an update on COVID. She also talked about new treatment procedures that are utilizing antivirals.

### Issues covered:

- 1. Health
- 2. Seniors
- 3. Dr. Craig Hirschberg, President of Amer. Assn. of Endodontists

He defined what endodontists do. He also talked about the fear many people have in getting broken teeth.

- 1. Health
- 2. Digital Dentistry

Date Aired: 11-19-23 Time Aired: 6 Am

Length: 28 Min.

1. Jeff Hardy, International Relations Expert

He discussed new ways to garner peace in the world. He also cited the need for more cooperation between races and religions.

### Issues covered:

- 1. Israeli War
- 2. Stress
- 2. Dr. Magnolia Martinez, Lead Property Manager and Congressional Liaison, PETA

She outlined the dangers that PETA feels is taking place with the testing of animals for scientific purposes. She also talked about new efforts in Congress to outlaw animal testing in other countries.

### Issues covered:

- 1. Animal Safety
- 2. Health
- 3. Richard Simon, Member of New Home National Title

He described the growing problem of real estate title fraud. He also outlined procedures homeowners can take to reduce the risks.

- 1. Fraud
- 2. Crime

Date Aired: 1/-26-23 Time Aired: 6Am, Length: 28 Min.

1. Kristin Bride, Online Safety Expert

She talked about how to improve online safety for kids. She also commented on the growing suicide rate among teens.

Issues covered:

- 1. Youth
- 2. Suicide
- 2. Brian Walsh, Mortgage Expert

He discussed the mortgage situation in the country. He also gave predictions for the market in 2024.

Issues covered:

- 1. Economy
- 2. Personal Debt
- 3. Jeremy Walters, Sustainability Ambassador with Republic Services

He gave some tips on how to improve recycling in the country. He also talked about which plastics should not be recycled.

- 1. Environment
- 2. Consumerism

Date Aired: 12-3-202 Time Aired: 6 Ary

Length: 28 Min.

1. Thomas Tighe, President and CEO of Direct Relief

He talked about trends in charitable giving in the country and world. He also commented on growing poverty and hunger.

Issues covered:

- 1. Charitable Giving
- 2. Poverty
- 2. JP Degance, President and Founder of Comunio

He detailed the results of a survey on spiritual life in America. He also spoke about the need for more family counseling in religious institutions.

- 1. Divorce
- 2. Depression

Date Aired: 12-10-22 Time Aired: 6Am

Length: 28 Min.

1. Vedia Burnett, Senior Campaign Strategist, Sierra Club

She described the Sierra Club Military Outdoors program that aids vets. She also talked about positive effects on the environment.

### Issues covered:

- 1. Veterans
- 2. Environment
- 2. Kevin Thibeau, Principal at Wheeler Resource Recovery

He talked about the future of the fossil fuel industry. He also defined some tax advantages of oil well investments.

Issues covered:

- 1. Environment
- 2. Economy
- 3. Lowell Baier, Legal and Environment Historian

He commented on the 50<sup>th</sup> anniversary of the Endangered Species Act. He also noted some of the accomplishments of the act.

- 1. Environment
- 2. Big Government

Date Aired: _	12-17-23	Time Aired:	6 Ary	
Length: 28 M	lin.			

1. Dr. Nicholas Bequelin, Human Rights Expert

He defined what human rights are all about. He also discussed the proliferation of repressive governments.

### Issues covered:

- 1. Human Rights
- 2. Big Government
- 2. Alyssa O'Grady, VP of Clinical Research for Michael J. Fox Foundation Allen Dance, Parkinsons Patient

Alyssa described a new survey to look at both Parkinsons patients and those who may be in the future. Allen talked about his experiences with the disease.

### Issues covered:

- 1. Health
- 2. Seniors
- 3. Anthony Mohr, Author of "Every Other Weekend"

He detailed his experiences of growing up with two fathers. He also commented on family dynamics.

- 1. Divorce
- 2. Communication

Date Aired:	12-24.31	Time Aired:	6 Am
Length: 28 Min	l.		

1. Patrick Smithwick, Homeless Vet Expert and Author

He defined the growing problem of homeless vets. He also discussed his own son's journey to homelessness.

Issues covered:

- 1. Veterans
- 2. Homeless
- 2. Brandi Bynum, Blue Campaign Section Chief of Homeland Security

She commented on the growing human trafficking problem in the U.S. She also talked about the Blue Campaign and Human Trafficking Month.

Issues covered:

- 1. Human Trafficking
- 2. Youth
- 3. Jennifer Nelson, Education Expert and Author

She talked about challenges of being a teacher. She also detailed some techniques to improve the education experience.

- 1. Education
- 2. Youth

Date Aired: 12-31-22 Time Aired: 6 Ann Length: 28 Min.

1. Dan Correa, CEO of Federation of Amer. Scientists

He discussed efforts to improve STEM education in the country. He also talked about the need for more women to join scientific industries.

### Issues covered:

- 1. Education
- 2. Women
- 2. Renee Worcester, Executive with Wreaths Across America

She described the program that places wreaths on graves of veterans around the country. She also talked about the work of volunteers who make the program happen each year.

### Issues covered:

- 1. Veterans
- 2. Charities
- 3. Sarah Janssen, Executive Editor of World Almanac

She detailed some of the topics covered in the almanac. She also discussed the process that is used to include topics.

- 1. Cultural Affairs
- 2. Education

10 mwares

### melishardy@aol.com

10/3/2023 1:58 PM

CONFIRMATION BELOW-MEAGHAN B. MURPHYY MAGAZINE EDITOR, AUTHOR & BREAST CANCER PREVIVOR SHARES HER PERSONAL STORY DURING BREAST CANCER AWARNESS MONTH INTERVIEW TAPED THURSDAY, OCTOBER 5TH

To nelson@wvnu.com • Nelson Eads <nelsoneads@yahoo.com>

# Hello Nelson, You are booked for a TAPED interview at 11:30-11:40AM(ET).

HERE IS THE CONFIRMATION BELOW FOR OUR INTERVIEW ON THURSDAY, OCTOBER 5TH IN CONJUNCTION WITH

OCTOBER'S BREAST CANCER AWARENESS MONTH WITH
MEAGHAN B MURPHY, longtime magazine editor; author; breast cancer
"previvor". Meaghan who is passionate about raising awareness for genetic
testing will share her personal story, explain why she underwent testing and
the subsequent surgery and how her decision has empowered her to help
others take action.

I WILL BE CONDUCTING VERBAL CONFIRMATIONS ON WEDNESDAY MORNING. WE WILL BE ROLLING IN B-ROLL.

Best, Melissa Hardy-Media Specialist-212-794-3827

### SATELLITE INTERVIEW CONFIRMATION

Thursday, October 5, 2023

### Satellite Coordinates:

HD C-Band Digital 9 MHz

0750-0935 Eastern, Firm Out and

1215-1230 Eastern, Firm Out

Galaxy 19 C-

Transponder 24

Slot D

Bandwidth: 9 Mhz

Downlink: 4193.5 (H)

10 MINUTES

### Lauren Gottlieb < gottlieb\_lauren@hotmail.com>

10/3/2023 1:52 PM

Confirming Friday 10/6 Interview on Huntington's Disease & more information

To nelson@wvnu.com • nelsoneads < nelsoneads@yahoo.com>

Confirming you are still set for the **Friday 10/6 interview at 8:50 AM ET** focusing on Huntington's Disease.

No last name for patient due to privacy issues

I've included suggested into and questions, b-roll, guest bio and safety information.

 PLEASE EMAIL ME BACK TO CONFIRM AND CAN RECONFIRM YOUR TIME SLOT & PHONE NUMBERS.

Thank you, Lauren Gottlieb 917-568-7750

- · Trouble number is:
- Interview courtesy:
- · Website for more information:
- Guests located:
   Katie in Elk Grove, CA

404-965-7932

Neurocrine Biosciences, Inc.

INGREZZA.com

Dr. Furr Stimming in Houston;

- B-roll
- Huntington's Disease SMT B-roll Preview Quality
- Huntington's Disease SMT B-roll Broadcast Quality

### SUGGESTED ANCHOR LEAD-IN:

WITH APPROXIMATELY 41,000 ADULTS CURRENTLY AFFECTED IN THE U.S. AND ANOTHER 200,000 PEOPLE AT RISK, THE IMPACT OF HUNTINGTON'S DISEASE (H-D) CANNOT BE UNDERESTIMATED. APPROXIMATELY 90 PERCENT OF PEOPLE WITH HD EXPERIENCE CHOREA (kor-ee-uh), AN INVOLUNTARYY MOVEMENT DISORDER THAT IMPACTS ALL AREAS OF LIFE.

INDIVIDUALS WITH H-D CHOREA AND THEIR CAREGIVERS CONSISTENTLY DISPLAY REMARKABLE STRENGTH AND RESILIENCE IN THE FACE OF SUCH TRYING CIRCUMSTANCES.

10 MINUTES

**terrimintz@aol.com** 10/3/2023 11:55 AM

Interview Confirm for Wed Oct 11th with Best Selling Author Ari Parker "It's Not That Complicated"

To nelson@wvnu.com • Nelson Eads <nelsoneads@yahoo.com>

### Hi Nelson

This is to confirm your interview at 10:50 - 11:00 AM Eastern Time on Wed Oct 11th with Best Selling Author Air Parker "It's Not That Complicated"

She will be talking about the Costliest Mistakes Older American's Make when Choosing a Medicare Plan

She will also give Tips for maximizing Medicare Benefits and Saving Money despite skyrocketing Inflation.

As seniors navigate crushing inflation, higher cost-of-living, and new changes to Medicare, it's more important than ever to discuss some of the costliest mistakes people make when choosing plans.

In addition, new out-of-pocket caps on prescription drug costs will begin taking effect in 2024, which could have a major impact on your audience, potentially saving them thousands of dollars annually.

### Ari Parker will discuss:

- The costliest mistakes older Americans make when choosing a Medicare plan
- Tips for maximizing Medicare benefits and saving money despite skyrocketing inflation
- Anticipated changes to prescription drug costs in 2024

melishardy@aol.com

LO MINUTES 10/17/2023 9:34 AM

CONFIRMATION BELOW-MYOPIA HAS BECOME AN EPIDEMIC IN KIDS AND ADULTS WITH DR. FELICIA TIMMERMAN BOOKED WEDNESDAY, OCTOBER 18TH

To nelson@wvnu.com • Nelson Eads <nelsoneads@yahoo.com>

# Hello Nelson, You are booked for a live interview at

9:40-9:50am(et).

HERE IS THE CONFIRMATION BELOW FOR OUR INTERVIEW ON WEDNESDAY, OCTOBER 18TH with Dr. Felicia Timmerman who will be taking a look at Myopia becoming an epidemic in kids as well as adults.

I WILL BE CONDUCTING VERBAL CONFIRMATIONS ON TUESDAY **MORNING!** 

### INTERVIEW CONFIRMATION MATERIALS

Date:

October 18, 2023

7am-1pm ET

Title:

Myopia Has Become an Epidemic. What's Causing It?

Learn about MiSight 1-Day, the ONLY FDA-approved treatment on the market

that slows the worsening of Myopia

Interview With:

Dr. Felicia Timmermann, pediatric optometrist at CooperVision

Studio Location:

**New York City** 

Satellite:

Ku Digital: SES 02 Ku

Transponder: K01 Slot: A9

Downlink: 11723.50 H

Symbol Rate: 7.5

FEC: 3/4

Data Rate: 16.71

MPEG: MPEG-4

Imbedded Audio

10 MINUTED VIEW TAPED 10/20 10/17/2023 7:01 PM

### terrimintz@aol.com

Trouble Info/ Confirm for Thurs Oct 19th with Dr. Gina Williams, UnitedHealthCare

To nelson@wvnu.com • Nelson Eads < nelsoneads@yahoo.com>

### Hi Nelson

Please shoot me an email back so I know you received the below Confirm with Trouble Info for your interview on Thurs Oct 19th with Dr. Gina Williams. Thanks! Terri

This is to Confirm your Interview at 11:20 - 11:30 AM Eastern Time on Thursday Oct 19th with Dr. Gina Williams, Associate Medical Director, UnitedHealthCare.

### **TROUBLE INFO**

**Producer: Michael O'Donnell** 

Trouble Number: 631 - 805 - 6394

Dr. Williams will contact you at: 937-981-5050

SUGGESTED ANCHOR LEAD-IN: THE ANNUAL ENROLLMENT PERIOD IS UNDERWAY, AND THOSE WHO HAVE BOTH MEDICARE AND MEDICAID MAY QUALIFY FOR A DUAL SPECIAL NEEDS PLAN AND ADDITIONAL BENEFITS THAT CAN HELP WITH EVERYDAY NEEDS. JOINING US NOW TO DISCUSS IS MEDICAL DIRECTOR AT UNITEDHEALTHCARE, DR. GINA WILLIAMS.

### **Suggested Interview Questions:**

- Can you discuss who qualifies for a Dual Special Needs (DSNP) plan and what they cost?
- What are some unique benefits that people can access through a Dual Special Needs plan?
- With the Annual Enrollment Period underway, why is it so important to empower people with healthcare information?
- Where can we go for more information?

terrimintz@aol.com

10 MINUTES

10/23/2

10/23/2023 12:54 PM

Trouble Info/Confirm for Tues Oct 24th with Dr. Darria Long "Cold and Flu Season Survival Guide"

To nelson@wvnu.com • Nelson Eads < nelsoneads@yahoo.com>

Hi Nelson (sorry if you got this twice - not sure if the first one went thru so sent again)

<u>Please shoot me an email back so I know you received the below Confirm with Trouble</u>
<u>Info for your interview on Tues Oct 24th with Dr. Darria Long. Thanks! Terri</u>

<u>This is to confirm your interview at 8:30 - 8:40 AM Eastern Time on Tues Oct 24th</u> with Dr. Darria Long, Emergency Room Physician.

### TROUBLE INFO

Producer: Sara Lafkir

Trouble Number: 929 - 575 - 3167

Dr. Long will call you at: 937-981-5050

SUGGESTED ANCHOR LEAD-IN: AS THE COLDER MONTHS APPROACH, MILLIONS OF PEOPLE ACROSS THE NATION ARE GEARING UP FOR THE INEVITABLE COUGH, COLD AND FLU SEASON. JOINING US NOW TO SHARE TIPS AND ADVICE ON HOW TO STAY HEALTHY AND PREPARED IS, EMERGENCY ROOM PHYSICIAN, DR. DARRIA LONG. THANKS FOR JOINING US DOCTOR.

### **Suggested Interview Questions:**

- So, Doctor, why is it essential to prepare for the upcoming cough, cold and flu season ahead of time?
- Can you talk a little bit about the common symptoms people experience during cough, cold and flu season?
- How can we manage these symptoms effectively?
- How can we take better care of ourselves during this cough, cold and flu season?
- Where can we go for more information?

TAPED TO AIR \*\* 10 MINUTES

Radio Interviews: Wednesday, November 1, 2023 7:30am to 1:00pm EASTERN

# Four Ways to Honor Our Military Community This Veterans Day and Beyond

# CEO of Fisher House Foundation, Ken Fisher Discusses the Importance of Ongoing Support for Our Service Members

Contact: Irene Minett - 516-570-2369 - iminett@broadcastdirectpr.com

Each year on Veterans Day, the nation collectively pauses to honor the dedication and sacrifice of our military heroes and their families. While this annual observance serves as a reminder of their service, it's crucial to recognize that our veterans deserve appreciation not just on one day, but every day.

In interviews on November 1, CEO of Fisher House Foundation, Ken Fisher, will discuss the importance of recognizing and honoring our veterans year-round.

He'll share tips on how communities can support military families beyond Veterans Day and promote awareness of veterans' healthcare needs.

Ken will also share more about Fisher House Foundation and what's being done to ensure the well-being of our military service members, veterans, and their families.

### **Suggested Questions:**

- What are some of the issues facing our military community today?
- Why is it important to show continued support to veterans beyond Veterans Day?
- Tell us about Fisher House Foundation and your work with military families.
- What are some practical tips individuals and communities can use to show ongoing support for veterans beyond Veterans Day?
- · Where can we go to learn more information?

### **About Fisher House:**

Fisher House Foundation is best known for their network of comfort homes where military & veteran families can stay free of charge while a loved one received medical treatment far from home. Since its inception, the Foundation has served 455,000 families and provided \$525 million in savings to military families. These homes are located at military and VA medical centers around the world. Fisher Houses have up to 21 suites, with private bedrooms and baths. Families share a common kitchen, laundry facilities, a warm dining room, and an inviting living room.

### About Ken Fisher:

Ken Fisher is strongly committed to serving our military community as he carries on his Great Uncle, Zach Fisher's, legacy as chairman and CEO of Fisher House Foundation. The Foundation is a leading nonprofit serving service members, veterans and their families through a network of more than 95 comfort homes where families of ill and injured veterans

and military members can stay at no cost while receiving treatment far from home. In addition to these roles, Ken currently serves as co-chairman of the Board of Trustees of the Intrepid Sea, Air and Space Museum, co-managing partner at Fisher Brothers and also served as the chairman of the 2016 Invictus Games. In 2007, Ken was appointed by the Bush Administration to the President's Commission on Care of America's Returning Wounded Warriors and has served on several policy boards, in support of former U.S. Secretary of Defense Ashton Carter and former U.S. Secretary of Defense Chuck Hagel. He has participated in several roundtables in support of current U.S. Secretary of Defense, James Mattis. Ken attended Ithaca College and received an honorary Doctor of Commercial Science from the University in May 2016, among other recognitions including being named one of America's Best Leaders by U.S. News & World Report. Additional distinctions form a long list of honors from organizations including the United States Marine Corps, the Department of Defense, the Department of Veteran Affairs, HillVets, the Friends of the Vietnam Memorial and many others.

This interview is provided by Fisher House Foundation For more information, visit: <a href="www.fisherhouse.org">www.fisherhouse.org</a>

\* 10 MINUTES LIVE

### terrimintz@aol.com

10/26/2023 12:57 PM

Interview Confirm for Thurs Nov 2nd with Tatyana Zlotsky, President, A Place For Mom

To nelson@wvnu.com • Nelson Eads <nelsoneads@yahoo.com>

Hi Nelson

This is to confirm your interview at 9:50 - 10:00 AM Eastern Time on Thursday Nov 2nd with Tatyana Zlotsky, President of A Place for Mom.

"November is National Family Caregivers Month"

Tatyana will be giving Tips and Advice to help empower Family Caregivers and help them get the support and guidance they deserve

There is a big and growing need for senior care, with the 85+ population expected to double over the next two decades. Today, 41 million Americans are unpaid caregivers for seniors, most often the adult daughter or son of their aging parents.

As we head into National Family Caregivers Month and the upcoming holiday season, when many are seeing their loved ones for the first time in a while, your audience might be wondering: How do I get the support I need to keep my mom or dad safe and well cared for?

Tatyana Zlotsky will cover topics such as:

- Ins and outs of senior care and the latest research and survey findings on the state of caregiving in America
- Helping family caregivers navigate the process of finding the right senior care or senior living solution for mom or dad
- Support and resources available for family caregivers and benefits of finding the right senior care
- Monetary assistance available to veteran families and how to get access (Veterans Day is coming up on November 11th)

Below is a press release with additional information.

Thanks so much!

Terri Mintz

× lo m enares

terrimintz@aol.com 11/6/2023 8:11 PM

Interview Confirm for Wed Nov 8th with Dr. L. Linda Singh, Retired Army Two Star General

To nelson@wvnu.com • Nelson Eads < nelsoneads@yahoo.com>

### Hi Nelson

<u>Please shoot me an email back so I know you received the below Confirm with Trouble Info for your interview on Wed Nov 8th</u> with Dr. Linda L. Singh. Thanks! Terri

This is to confirm your interview at 10:20 - 10:30 AM ET on Wed Nov 8th with Dr. Linda Singh, Retired Army Two Star General as well as The first Woman and African American To lead the Maryland National Guard.

### TROUBLE INFO

**Producer: Christine** 

Trouble Number: 240-381-8612

Dr. Singh will call you at: 937-981-5050

<u>SUGGESTED ANCHOR LEAD-IN:</u> ON VETERANS DAY, WE CELEBRATE THE MANY INDIVIDUALS WHO HAVE DEDICATED THEIR LIVES IN SERVICE TO OUR COUNTRY. TODAY, WE HAVE THE OPPORTUNITY TO HEAR ABOUT THE INSPIRING STORY OF <u>ARMY VETERAN DR. LINDA L. SINGH</u>, A RETIRED ARMY TWO-STAR GENERAL AND THE FIRST WOMAN AND AFRICAN AMERICAN TO LEAD THE MARYLAND NATIONAL GUARD. SHE JOINS US NOW TO SHARE HER STORY.

### Suggested Interview Questions:

- What was your journey to the Army?
- What impact did your service have on your life?
- How did your Army career set you up for success in the civilian sector?
- Based on your life experience, what would you say to a young person trying to find the right path for themselves?
- Where can we go for more on the possibilities of Army service?

FOR MORE INFORMATION VISIT: TO LEARN MORE ABOUT THE POSSIBILITIES OF ARMY SERVICE, VISIT GOARMY.COM

Station Note: This segment is brought to you by the U.S. Army

\* 10 MEN UTS

### terrimintz@aol.com

10/26/2023 2:01 PM

Interview Confirm for Thurs Nov 9th with Nutrition Expert Mia Syn "Nutrition Tips"

To nelson@wvnu.com • Nelson Eads < nelsoneads@yahoo.com>

### Hi Nelson

This is to confirm your interview at 11:20 - 11:30 AM ET on Thurs Nov 9th with Nationally Recognized Nutrition Expert Mia Syn, RDN.

Mia will be giving Nutrition Advice and Tips for Overall Wellness for the upcoming fall and winter months

As the daylight hours get shorter and time spent outside exercising decreases, many people focus on their diets to stay healthy and happy throughout the coming months.

The U.S. Department of Agriculture recommends eating meals made up of fruits, vegetables, lean meats, and low-fat dairy products. In fact, a healthy dietary pattern can benefit all individuals regardless of age, race, ethnicity, or current health status.

Fitness, wellness, and nutrition experts all agree that a balanced diet helps the brain function properly. B-vitamins are key nutrients needed for making the brain chemicals known to influence how awake and energized people feel in the morning. Optimal levels of serotonin require sufficient Vitamin D, B6, folate and amino acids.

### Mia Syn will be available to discuss:

- Nutrition and overall wellness goals
- Healthy eating habits
- Tips for adding protein to meal plans
- Convenient ways to boost daily vitamin intake

Below is a press release with additional information.

Thanks so much!

Terri Mintz 917-450-1000

# HEALTHY HABITS FOR YOUR FAMILY THIS FALL

Registered Dietician Nutritionist Provides Tips to Enhance Overall Wellness

X 10 MINUTES LIVE

### terrimintz@aol.com

10/18/2023 11:45 AM

Interview Confirm for Tues Nov 14th with Hilary Crow, VP of Civics "The U.S. Chamber of Commerce"

To nelson@wvnu.com • Nelson Eads <nelsoneads@yahoo.com>

### Hi Nelson

9:50

This is to confirm your interview at 10:40 - 10:50 AM Eastern Time on Tues Nov 14th with Hillary Crow, Vice President at the U.S. Chamber of Commerce Foundation and Leads the National Civic Bee.

(Ohio applied to be one of the hosts of the Civic's Bee)

Hillary will talk about "The National Civics Bee" which is open to Middle Schoolers (6th, 7th and 8th graders) across the United States. The finalist will be competing for \$50,000 in prizes.

She will give the details of how the students can apply and what the Competition entails as well why it's so importan for young people to learn about Civics.

For more information and to apply, visit <a href="https://www.momselect.com/national-civics-bee/">https://www.momselect.com/national-civics-bee/</a>

# **Hilary will discuss:**

- The goal of the National Civics Bee
- The importance of young people learning about civics
- How students can get involved in the competition
- What students can win

# **Suggested Questions:**

• What is the goal of the National Civics Bee?

X 10 Minures

#### terrimintz@aol.com

11/15/2023 7:23 PM

Trouble Info/Confirm for Friday Nov 17th with Carolyn Cawley, Pres of U.S. Chamber of Commerce

To nelson@wvnu.com • Nelson Eads <nelsoneads@yahoo.com>

Hi Nelson

<u>Please shoot me an email back so I know you received the below Confirm with Trouble Info for your interview on Friday Nov 17th</u> with Carolyn Cawley. Thanks! Terri

This is to confirm your interview at 8:30 - 8:40 AM Eastern Time on Friday Nov 17th with Carolyn Cawley, President of the U.S. Chamber of Commerce Foundation.

### **TROUBLE INFO**

Producer: Brian Osuch

Trouble Number: 917-370-3900

Carolyn will call you at: 937-981-5050

SUGGESTED ANCHOR LEAD-IN: IT IS NO SECRET ON MAIN STREET THAT WHEN BUSINESSES THRIVE, COMMUNITIES THRIVE. CORPORATE SOCIAL RESPONSIBILITY AND COMMUNITY ENGAGEMENT ARE MORE IMPORTANT THAN EVER AND HIGHLIGHTING THOSE INNOVATIVE LEADERS IS AT THE HEART OF THE U.S. CHAMBER OF COMMERCE FOUNDATION'S 2023 CITIZENS AWARDS. JOINING US TO DISCUSS IS CAROLYN CAWLEY, PRESIDENT OF THE U.S. CHAMBER OF COMMERCE FOUNDATION.

### **Suggested Interview Questions:**

- Carolyn, can you start off by telling us, what are the Citizen Awards?
- Are there particular winners and projects from the 2023 Citizens Awards that you want to highlight?
- How are businesses finding innovative ways to serve their communities?
- Can you tell us more about the U.S. Chamber of Commerce Foundation's work in helping to ensure that when businesses thrive, communities thrive?
- Where can we go for more information?

RECORDED PORIR

### terrimintz@aol.com

12/4/2023 11:36 AM

Trouble Info/Confirm for Tues Dec 5th with Alyssa O'Grady VP The Michael J. Fox Foundation

To nelson@wvnu.com • Nelson Eads <nelsoneads@yahoo.com>

Hi Nelson

(Thanks for moving your interview time to 10:40 AM ET) below is your new confirm with Trouble info)

<u>Please shoot me an email back so I know you received the below Confirm with Trouble Info for your interview on Tues Dec 5th with Alyssa O'Grady and Allen Dance. Thank you!</u>

This is to confirm your interview "NOW" at 10:40 - 10:50 AM Eastern Time on Tuesday Dec 5th with Alyssa O'Grady, The Vice President of Clinical Research of The Michael J. Fox Foundation for Parkinson's Research and Allen Dance, Person Living with Parkinson's Disease Risk Factors and a participant of their new research study.

### **TROUBLE INFO**

Producer: Brian Osuch

Trouble Number: 917 370 3900

Alyssa and Allen will call you at: 937-981-5050

SUGGESTED ANCHOR LEAD-IN: PARKINSON'S DISEASE IS THE FASTEST GROWING NEURODEGENERATIVE DISEASE, AFFECTING AROUND 6 MILLION PEOPLE WORLDWIDE — AND EXPECTED TO DOUBLE BY 2040. BUT UNTIL RECENTLY, OUR UNDERSTANDING OF PARKINSON'S BIOLOGY HAS MAINLY BEEN THROUGH PEOPLE OF WHITE, OR EUROPEAN, DESCENT. JOINING US TO DISCUSS WHAT RESEARCHERS ARE LEARNING ABOUT BRAIN HEALTH AND RISK FACTORS TO LOOK OUT FOR, AND WHY DIVERSITY IN RESEARCH IS CRITICAL IN GETTING BETTER TREATMENTS AND CURES, ARE ALYSSA O'GRADY, VICE PRESIDENT OF CLINICAL RESEARCH AT THE MICHAEL J. FOX FOUNDATION FOR PARKINSON'S RESEARCH (MJFF), AND ALLEN DANCE, MICHAEL J. FOX FOUNDATION RESEARCH ADVOCATE AND A STUDY PARTICIPANT AS A PERSON LIVING WITH PARKINSON'S DISEASE RISK FACTORS.

## **Suggested Interview Questions:**

 Alyssa, what is the current state of Parkinson's disease and how many people are living with it?

X 8 MINUTES

**terrimintz@aol.com** 12/6/2023 12:57 PM

# Trouble Info/ Confirm for Fri Dec 8th with Dr. Michael Reardon "All About Heart Valve Disease"

To nelson@wvnu.com • Nelson Eads <nelsoneads@yahoo.com>

Hi Nelson

Please shoot me an email back so I know you received the below Confirm with Trouble Info for your interview on Fri

Dec 8th with Dr. Michael Reardon. Thanks! Terri

This is to confirm your interview at 11:50 - Noon Eastern Time on Fri Dec 8th with Dr. Michael Reardon, Cardiothoracic Surgeon.

### TROUBLE INFO

Producer: Elesia Carrey

Trouble Number: 347-366-0798

Dr. Reardon will call you at: 937-981-5050

### Suggested Intro

Joining us today is Dr. Michael Reardon, Cardiothoracic Surgeon. Dr. Reardon will discuss how 5 million Americans are diagnosed with Heart Valve Disease every year. He will share what the symptoms are and what to do if you have been diagnosed. Welcome Dr. Reardon!

### Suggested Questions:

- What is heart valve disease and what should people do if they've been diagnosed?
- Tell us more about the current treatment options for aortic stenosis.
- What should people know about the benefits of TAVR?

Where can we go for more information?

Below is a press release with additional information.

Thanks so much!

# 16 MINUTES

### terrimintz@aol.com

12/12/2023 10:55 AM

Trouble Info/Connfirm Wed Dec 13th with Nick Biasini "Preventing Cyber Attacks & Threats"

To nelson@wvnu.com • Nelson Eads <nelsoneads@yahoo.com>

Hi Nelson

Please shoot me an email back so I know you received the below Trouble Info and Confirm for your interview on Wed

Dec 13th with Nick Biasini. Thanks! Terri

This is to confirm your interview at 9:50 - 10:00 AM Eastern Time on Wed Dec 13th with Nick Biasini, Head of Outreach at Cisco Talos.

### **TROUBLE INFO**

Producer: Mike Farr

Trouble Number: 646 599 2315

Nick will call you at: 937-981-5050

SUGGESTED ANCHOR LEAD-IN: AS CYBER THREATS BECOME HARDER AND HARDER FOR THE EVERYDAY PERSON TO SPOT, MANY OF US ARE THINKING HOW WE CAN SPOT AND PROTECT AGAINST THE LATEST SCAMS. JOINING US WITH INSIGHTS AND TIPS IS NICK BIASINI, HEAD OF OUTREACH AT CISCO TALOS. WELCOME TO THE SHOW.

### **Suggested Interview Questions:**

- What should people know about the latest online scams, credit card fraud, and identity theft?
- So many of us will be shopping online this season, what steps should we take to protect our privacy?
- What role does the threat intelligence team at Cisco play?
- In addition to individuals, how can businesses protect themselves?
- · Where can someone go for more information?

FOR MORE INFORMATION VISIT: CISCO.COM/GO/SECURITY

Station Note: This segment is brought to you by Cisco

Below is a press release with additional information.

\* 10 MINUTES

### terrimintz@aol.com 12/13/2023 1:26 PM

Trouble Info/Confirm Fri 12/15 with Dr. Johanna Contreras "Heart Healthy Tips for The Holidays"

To nelson@wvnu.com • Nelson Eads <nelsoneads@yahoo.com>

Hi Nelson

Please shoot me an email back so I know you received the below Confirm with Trouble Info for your interview on Fri Dec 15th with Dr. Johanna Contreras. Thanks! Terri

This is to confirm your interview at 10:50 - 11:00 AM Eastern Time on Friday Dec 15th with Dr. Johanna Contreras, American Heart Association Volunteer.

### **TROUBLE INFO**

Producer: Smitha Rao

Trouble Number: 315-727-9527

Dr. Contreras will call you at: 937-981-5050

### **SUGGESTED INTRO**

Joining us today is American Heart Association Volunteer, Dr. Johanna Contreras. Dr. Contreras will discuss the risk factors that lead to an increase of cardiac events during the winter months, Symptoms and Prevention Strategies.

### SUGGESTED QUESTIONS

- Why is there an increase in fatal heart attacks during the winter months?
  - o While we don't know exactly why there are more deadly heart attacks during this time of year, it's important to be aware that several factors could lead to this increase.
  - o The holidays can be a busy, stressful, time; research shows chronic stress can increase the risk of cardiovascular disease over time; the release of stress hormones can also lead to an increase in high blood pressure and cardiac events.
  - o Men who worry more may develop heart disease and diabetes risk factors at younger ages

X 10 MM 4 TES

### terrimintz@aol.com

12/18/2023 1:23 PM

Trouble Info/Confirm for Wed Dec 20th with Dr. Mike (AHA) "Preventing Holiday Heart Attacks"

To nelson@wvnu.com • Nelson Eads <nelsoneads@yahoo.com>

### Hi Nelson

<u>Please shoot me an email back so I know you received the below Confirm with Trouble Info for your interview on Wed Dec 20th</u> with Dr. Mike with the AHA. Thanks! Terri

<u>This is to confirm your interview at 11:20 - 11:30 AM Eastern Time on Wed Dec 20th</u> with Dr. Mike, American Heart Association Volunteer Medical Expert and Health Influencer. Dr. Mike has 25 Million Followers across all platforms.

### TROUBLE INFO

Producer: Elesia Carey elesia.carey@gmail.com

Trouble Number: 347-366-0798

Dr. Mike will call you at: 937-981-5050

### Suggested Intro

Joining us today is American Heart Association Volunteer, Medical Expert and Health Influencer - Dr. Mike. Dr. Mike will be giving Tips and Advice on "How To Prevent a Heart Attack This Season and The Importance of Learning CPR"

### **SUGGESTED QUESTIONS**

- Why are there more heart related events during the holidays?
- What are the symptoms of a heart attack?
- How can one learn hands-only CPR? Why is it important to know?
- What are five heart healthy steps everyone can take during these winter months?
- Where can we go for more information?