

Better Life Television

TV issues/program lists (73.3526 e 11 i)

July Through Sept, 2007

Issue: Health and Diet

Time Out, 30 minutes, Monday 6:00 pm, repeated Thursday 8:30 pm

July 09, 12 "Reversing Preventing Disease with a Knife & Fork"
A discussion about how our diet and lifestyle affects our health

July 16, 20 "Menu Planning – God's Way"
A continued discussion from Reversing/Preventing Disease with a Knife & Fork" aired the previous week. This episode, however gives information about the kinds of diets that are healthier.

Issue: The Sabbath as related to physical and mental health

Feature Presentation, 60 minutes, Sunday 9:00 pm, repeated Wednesday 4:00 pm

July 8, 11 "The Physiology of the Sabbath"
This episode talks about the positive impact on the functions and activities of the human body in keeping the Sabbath.
July 15, 18 "The Sabbath and Mental Performance"
A continued discussion of "The Physiology of the Sabbath" aired the previous week. This episode extends the discussion further into the positive mental impact also gained in keeping the Sabbath.

Issue: The importance of a father in the home.

Time Out, 30 minutes, Monday 6:00 pm, repeated Thursday 8:30 pm

Aug 13, 16 "Dads are important"
A round table discussion is offered for the significance and importance of a father in the home.

Issue: Raising Children in blended families

Time Out, 30 minutes, Monday 6:00 pm, repeated Thursday 8:30 pm

Aug 20, 23 "Raising Children in Blended Families"
A follow on episode of "Dads are Important!" aired the previous week. This episode talks about the things that work and don't work when raising children in blended families.

Issue: Keeping the Ten Commandments

Feature Presentation, 60 minutes, Sunday 9:00 pm, repeated Wednesday 4:00 pm

Aug 26, 29 "Ten Commandments Testimony"
This is the testimony of a family who struggled with circumstances of life while committing to keep the Ten Commandments and honor God and His word.