

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/30/22 – 01/01/23**

Guests & Topics:

- Jim Lorraine President & CEO of America's Warrior Partnership – Jim Lorraine joins the show to discuss some of the top issues facing veterans across the country, along with the work AWP is doing to assist those veterans.
- Dr. David Rudd Director of the Rudd Institute for Veteran & Military Suicide Prevention – Dr. Rudd checks in to discuss mental health around the holidays, the prevalence of suicide among veterans, and strategies to address the country's suicide epidemic.
- Tatum Hunter Technology Writer for the Washington Post – Tatum Hunter breaks down some bad habit breaking and sobriety apps for those looking to make changes in the new year, data privacy dos and don'ts, and new scams to be aware of.

## Estamos Contigo: Public Affairs Special

**THIS IS A RE-PLAY OF THE 03/04-03/06 BROADCAST**

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/30/22 – 01/01/23**

Guests & Topics:

- We are talking with Dr. Adriana Cadilla who shares more information about COVID vaccines and if they can affect pregnant women and those who are breastfeeding. We also speak to Dr. Hector Colon-Rivera, President of the APA Caucus of Hispanic Psychiatrists. He will give us more information on how inflation is affecting our decisions about how we eat.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/23/22 – 12/25/22**

Guests & Topics:

- Dr. Rebecca Jackson VP of Programs & Outcomes for Brain Balance – Dr. Jackson joins the show to discuss strategies for dealing with stress and anxiety around the holidays, including cues to watch for in children who can become overwhelmed by excitement, social gatherings and schedule changes.
- Jennifer Streaks Senior Personal Finance Reporter for Business Insider – Jennifer Streaks shares tips on how to manage personal finances during the holidays and how to set yourself up for success in the New Year.
- Chloe Demrovsky President & CEO of Disaster Recovery Institute International – Chloe Demrovsky breaks down numerous issues that impacted businesses and organizations during 2022, including supply chain problems, cyber security and the effect of natural disasters.

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30min show for all Spanish stations to run in place of current show or in addition to.

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To air: **Weekend of 12/23/22 – 12/25/22**

Guests & Topics:

- We chat with Jorge del Valle Director, head of Multi-Asset Strategies & Solutions for Latin America at Blackrock, who gives us tips to invest in stocks, bonds and ETFs. We also talk with Jeanette Contreras, Director of Projects, Health Equity Campaigns, UnidosUS about health insurance and the importance of Latinos being insured for the new year.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/16/22 – 12/18/22**

Guests & Topics:

- Carole Johnson, Administrator of the Health Resources and Services Administration – Carole Johnson explains the programs HRSA oversees to help bring underserved communities access to health care. Johnson also describes the role of HRSA in the administration of COVID-19 vaccines, and the support they provide for workers in the health care industry.
- Dr. David Rudd, former President of the University of Memphis, Distinguished University Professor of Psychology, and Director of the Rudd Institute for Veteran and Military Suicide Prevention – Dr. Rudd discusses the scope of the suicide problem among veterans and civilians in the U.S., strategies he's developed for preventing suicide, and the role the holidays play in increasing pressure and stress levels on people, including veterans.

## Estamos Contigo: Public Affairs Special

**THIS IS A RE-PLAY OF THE 04/22-04/24 BROADCAST**

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/16/22 – 12/18/22**

Guests & Topics:

- According to the latest Healthy Minds Monthly\* survey from the American Psychiatric Association (APA), Hispanic Americans are more concerned than other Americans, in general, about the effects of climate change on their health.
- Nearly two-thirds (63%) of Hispanic adults believe that climate change already affects the health of Americans, and more than half agree that it affects mental health. Joining us today is Dr. Bernardo Ng, a native of Mexicali, Mexico and current Principal Investigator at Sun Valley Research Center, Inc. He will share more details about the survey.
- The number of scams and fraud cases is now at an all-time high, and millions of people lose billions of dollars a year to criminals. We speak with Alex Juárez, an AARP expert on family and loved one care issues, who gives us tips on how we can help our loved ones.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/09/22 – 12/11/22**

Guests & Topics:

- January Contreras, Assistant Secretary for the Administration for Children and Families at the Department of Health and Human Services. Secretary Contreras explains the different programs provided by ACF, including Head Start, and also offers details into their work assisting communities battle COVID-19, the flu and RSV.
- Bill Potts, Author of *Up for the Fight: How to Advocate For Yourself As You Battle Cancer, From a Five-Time Cancer Survivor*. Bill Potts discusses his battles with cancer and offers advice for those currently diagnosed with cancer, those who will eventually get cancer, and those supporting individuals with cancer. Potts steps through what to expect following the diagnosis, the importance of second opinions, and the mental and emotional toll the fight takes on those battling the disease.

## Estamos Contigo: Public Affairs Special

**THIS IS A RE-PLAY OF THE 02/25-02/27 BROADCAST**

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/09/22 – 12/11/22**

Guests & Topics:

- The number of scams and fraud cases is now at record levels and millions of people lose billions of dollars a year at the hands of criminals. We speak with Alex Juárez, AARP expert on family and loved one care issues, who gives us tips on how we can help our loved ones.
- We also spoke with Dr. Barbara Robles, an academic child psychiatrist and mental health consultant. She brings us more information about a survey that shows that about three in 10 Hispanic-Americans are concerned about the impact that social networks have on mental health.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/02/22 – 12/04/22**

Guests & Topics:

- Christina Huntsman Durham of the Huntsman Mental Health Foundation & Dr. Mark Hyman Rapaport, CEO of the Huntsman Mental Health Institute and Chair, Department of Psychiatry, University of Utah School of Medicine. Christina Huntsman Durham and Dr. Rapaport join the show to discuss a new mental health initiative started in conjunction with the Ad Council, along with an overview of the mental health challenges prevalent across the U.S.
- Jim Lorraine, President, and CEO of America's Warrior Partnership. Jim Lorraine joins the show to discuss how America's Warrior Partnership works to prevent veteran suicide, connect local veteran-serving organizations with resources, services, and partners, and assist families and caregivers of military veterans.

## Estamos Contigo: Public Affairs Special

**THIS IS A RE-PLAY OF THE 07/22-07/24 BROADCAST**

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/02/22 – 12/04/22**

Guests & Topics:

- After more than two years since the start of the pandemic, we have several vaccines and at the same time several variants. Dr. Gonzalo Bearman joins us with more details on the state of the pandemic, boosters and vaccines for children.
- We also spoke with Dr. Barbara Robles, an academic child psychiatrist and mental health consultant. She brings us more information about a survey that shows that about three in 10 Hispanic Americans are concerned about the impact that social networks have on mental health.

## iHeartRadio Communities: Public Affairs Special

**THIS IS A RE-PLAY OF THE 11/04-11/06 BROADCAST**

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 11/25/22 – 11/27/22**

Guests & Topics:

- Dr. Dara Kass, HHS Regional Director for Region 2. Dr. Kass provides the latest information on the spread of COVID-19, the COVID vaccines, flu season, and the rise of RSV cases across the country.
- Dr. Jacob Sands, American Lung Association Representative & Thoracic Medical Oncologist. Dr. Sands joined the show for Lung Cancer Awareness Month to discuss the importance of lung cancer screenings and provide the latest information on preventative measures

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30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 11/25/22 – 11/27/22**

Guests & Topics:

- We are joined by Javier Becerra, Secretary of the Department of Health and Human Services, who tells us more about the possible wave of COVID and flu this winter.
- We also talk with Aura Pérez, she completed her high school studies thanks to the "When you graduate, they graduate" program from the Dollar General Literacy Foundation (DGLF) and the Ad Council.
- Lastly, in this season of giving thanks, we're joined by singer-songwriter Luis Fonsi and Reynaldo, a childhood cancer survivor. They share more details on St. Jude's 'Thanks and Giving' campaign and how we can help.

## iHeartRadio Communities: Public Affairs Special

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To air: **Weekend of 11/18/22 – 11/20/22**

Guests & Topics:

- Dr. Loretta Christensen, Chief Medical Officer of the Indian Health Services – Dr. Christensen joins the show for Native American Heritage Month and she discusses the impact COVID-19 has had on Native American communities across the country, along with the importance of the COVID-19 vaccines and resources for more information on health services available for American Indian and Alaska Native communities.
- Avenel Joseph, Vice President of Policy at the Robert Wood Johnson Foundation – Avenel Joseph checks in for National Hunger & Homelessness Week and she breaks down how inflation and other factors have impacted hunger and homelessness, including among children nationwide.

## Estamos Contigo: Public Affairs Special

**THIS IS A RE-PLAY OF THE 07/29-07/31 BROADCAST**

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 11/18/22 – 11/20/22**

Guests & Topics:

- Dr. José Romero, Director of the National Center for Immunizations and Respiratory Diseases for the CDC, tells us about the importance of children receiving the COVID vaccine before the start of the school year.
- We also speak with Dr. Katalina Fernández McInerney, a Neuropsychologist at the University of Miami who tells us about Alzheimer's and some studies that are going to specialize in African-Americans and Hispanics.

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To air: **Weekend of 11/11/22 – 11/13/22**

Guests & Topics:

- Chiquita Brooks-Lasure, Administrator for the Centers for Medicare & Medicaid Services, where she oversees Medicare, Medicaid, the Children's Health Insurance Program, and the Healthcare.gov health insurance marketplace. Administrator Lasure explains who's eligible for Medicare, Medicaid, CHIP, and coverage at HealthCare.gov. She also discusses open enrollment and the role her agency is playing in the COVID-19 response.
- Commissioner Kenneth Hodder, National Commander of The Salvation Army. Commissioner Hodder discusses the work the Salvation Army does across the country, including their upcoming holiday efforts and the launch of their 132nd Red Kettle Campaign on Thanksgiving Day.

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To air: **Weekend of 11/11/22 – 11/13/22**

Guests & Topics:

- Winter is coming and Dr. Olveen Carrasquillo is joining us to talk more about the flu and COVID vaccines and a possible new wave of COVID. In other news, inflation is a very important issue. The cost of food is going up and Nelly Nelson, UF Family and Consumer Sciences extension agent in Manatee County tells us more about food costs and what we can do to save money

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To air: **Weekend of 11/04/22 – 11/06/22**

Guests & Topics:

- Dr. Dara Kass, HHS Regional Director for Region 2. Dr. Kass provides the latest information on the spread of COVID-19, the COVID vaccines, flu season, and the rise of RSV cases across the country.
- Dr. Jacob Sands, American Lung Association Representative & Thoracic Medical Oncologist. Dr. Sands joined the show for Lung Cancer Awareness Month to discuss the importance of lung cancer screenings and provide the latest information on preventative measures

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To air: **Weekend of 11/04/22 – 11/06/22**

Guests & Topics:

- Liliam López is president and CEO of the South Florida Hispanic Chamber of Commerce and talks to us about healthy eating habits for our children.
- We also speak with Dr. Germán Sandoya, Assistant Professor of Horticultural Sciences and he explains more about lettuce production in small-scale Hydroponic Systems.

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To air: **Weekend of 10/28/22 – 10/30/22**

Guests & Topics:

- Dr. Mohammad Jahanzeb, Medical Oncologist at the Florida Cancer Specialists & Research Institute. October is Breast Cancer Awareness Month and Dr. Jahanzeb explains how prevalent breast cancer is across the U.S. He also provides information about the disease itself, along with screening and treatment options.
- Dr. Andrew Kahn, a Licensed Psychologist and Associate Director of Behavior Change and Expertise at Understood.org, an organization focused on those who think and learn differently. October is Learning Disabilities Awareness Month. Dr. Kahn discusses the "Wired Differently" campaign and provides information on ADHD and Dyslexia.

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To air: **Weekend of 10/28/22 – 10/30/22**

Guests & Topics:

- Teresa Fernandez, Learning Materials Developer and Spanish Coordinator at Lingoda shares more details about Lingoda's latest report which shows that more than a third of US students are taking Spanish classes. As of 2022, Spanish is the most popular language to learn.
- Since the start of the pandemic, things in terms of our health have changed. Now we have several vaccines and at the same time several variants. Dr. Gonzalo Bearman joins us with more details on the state of the pandemic, boosters and vaccines for children.

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To air: **Weekend of 10/21/22 – 10/23/22**

Guests & Topics:

- Patsy Stinchfield, Retired Pediatric Nurse Practitioner and President of the National Foundation of Infectious Diseases – Information on the upcoming flu season, along with a comprehensive overview of this year's flu vaccine and the types of individuals who are most at risk for severe flu symptoms if they are not vaccinated.
- Dr. Chris Winter, Neurologist, Sleep Specialist, Best-Selling Author & Featured Expert on the *Chasing Sleep* Podcast – A breakdown of the importance of sleep in achieving a healthy lifestyle, along with tips for getting better sleep and how naps can play a role in resting the body and mind.

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To air: **Weekend of 10/21/22 – 10/23/22**

Guests & Topics:

- Joining us on today's show are Michelle Sandoval-Rosario, Region 9 Director at the Office of the Assistant Secretary for Health, and Joey Jai, HIV Social Media Influencer for the National Minority Council on AIDS. They talk to us about AIDS awareness and how they seek to unite and mobilize the Hispanic community to raise awareness about HIV.
- We also spoke with Latino Donor Collaborative President and CEO Ana Valdez about the most shocking findings of a report that shows Latinos remain largely invisible on America's television and movie screens.

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To air: **Weekend of 10/14/22 – 10/16/22**

Guests & Topics:

- Dr. Catherine Pearlman, the founder of The Family Coach®, is a licensed clinical social worker. Pearlman shared insights with parents on how to navigate the digital landscape safely and productively with their kids. Topics included digital safety, privacy, social media, sexting, cyberbullying, phone etiquette and how to set appropriate boundaries to establish a healthy digital relationship in an increasingly complicated online world.
- Amy Purdy, Paralympic Snowboarding Legend/3x Medalist. The U.S. Centers for Disease Control and Prevention is warning of an accelerating mental health crisis among adolescents, with more than 4 in 10 teens reporting that they feel “persistently sad or hopeless.” Purdy talked about her pursuit to encourage mental and physical well-being. She shared tools and techniques for coping with stress and anxiety while being on the path to becoming a whole person.

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To air: **Weekend of 10/14/22 – 10/16/22**

Guests & Topics:

- The Dollar General Literacy Foundation (DGLF) and the Ad Council partnered to launch a new campaign, "When You Graduate, They Graduate." We are joined by Aura Pérez who finished her secondary studies and shares a little more about her experience.
- According to a marketing consultant, some marketing efforts are downright shameful and use stereotypes in hopes of attracting members of the Hispanic community. Dr. Marie Cosgrove tells us what we can do to attract the Hispanic community.
- The National Breast Cancer Foundation says that breast cancer is the leading cause of cancer death among Hispanic women living in the U.S. Cinthia González, Director of Education and Outreach at the National Breast Cancer Foundation told us talks about how we can stay healthy.

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To air: **Weekend of 10/07/22 – 10/09/22**

Guests & Topics:

- Benjamin Sommers, M.D., Ph.D. | Deputy Assistant Secretary for Health Policy. A new report that is being issued soon that looks at the associations between county-level vaccination rates and COVID-19 outcomes among Medicare beneficiaries. Sommers told us what the new study shows. He also discussed what the new study tells us about the new variant and the need for updated vaccines.
- Sherri McKinney | American Red Cross Spokesperson. Osmet talked about the national blood crisis due to Hurricane Ian. She also discussed Red Cross response to weather related events, domestic and international disasters, and carrying out other humanitarian efforts.

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To air: **Weekend of 10/07/22 – 10/09/22**

Guests & Topics:

- Today we speak with Claudia Morales, Co-Founder of Women in Finance, Vice President of BlackRock, and Director at the NACCC. She tells us more about managing inflation and market volatility.
- We also spoke with Ivanette Bonilla, Director of Communications and Public Relations for Fire & Security Products, Carrier Corporation. Along with her, we spoke with Edwin Rojas, a New York City Firefighter who has been working with the Fire Safety Education Unit since 2017. They tell us more about Kidde's Cause For Alarm program.

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To air: **Weekend of 09/30/22 – 10/02/22**

Guests & Topics:

- FDNY Capt. Michael Kozo, the commanding officer of the FDNY's Fire Safety Education Unit. The National Fire Protection Association®'s "Fire Won't Wait. Plan Your Escape™" is the theme for Fire Prevention Week™, October 9-15. Kozo reinforced the critical importance of developing a home escape plan with all members of the household and practicing it regularly. He incorporated information about Kidde's 'smart' resources into the conversation.
- Michael Capponi, Founder/President Global Empowerment Mission. Capponi discussed how Global Empowerment is assisting with disaster aid throughout the Southeast following the destruction of Hurricane Ian. Global Empowerment Mission is a 501(c)(3) nonprofit organization founded in 2011 as a first responder to global disasters. Capponi also talked about GEM'S recent missions in the Ukraine.

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To air: **Weekend of 09/30/22 – 10/02/22**

Guests & Topics:

- Since the start of the pandemic, things in terms of our health have changed. Now we have several vaccines and at the same time several variants. Dr. Gonzalo Bearman joins us with more details on the state of the pandemic, boosters and vaccines for children.
- On the other hand, according to a new study led by the University of Miami Miller School of Medicine and collaborating institutions, bariatric surgery has been shown to be an effective option for adolescents struggling with obesity and other associated health complications. To tell us more about the study Dr. Nestor de la Cruz-Muñoz joins us.

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To air: **Weekend of 09/23/22 – 09/25/22**

Guests & Topics:

- Scott Strode, Founder and National Executive Director of The Phoenix. Addiction recovery is an issue that impacts nearly half of Americans. One Million Strong is an organization uniting fans, artists, and the music industry to destigmatize addiction recovery through the power of community. Strode talked about his personal journey with addiction recovery and their mission to build a national sober active community that fuels resilience and harnesses transformation.
- Lea Crager Director of FEMA's Ready Campaign – Preparing for Natural Disasters & Emergencies. September is National Preparedness Month. Crager talked about how Americans can stay prepared for emergencies and disasters, such as hurricanes, wildfires, flooding and more. He focused on the importance of knowing the risks of where you live and having a plan in place to your family safe, no matter the conditions.

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To air: **Weekend of 09/23/22 – 09/25/22**

Guests & Topics:

- On this week's show, we talk to Dr. Edgar Nuñez, who tells us more about the history of monkeypox, how we can stay safe, and how vaccines work today.
- We also speak with Dr. Carlos Del Rio, he is an infectious diseases expert, and bring us details on updated vaccines for COVID and shines a light on why Hispanics need to get vaccinated.

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To air: **Weekend of 09/16/22 – 09/18/22**

Guests & Topics:

- Dr . Gonzalo Bearman, Chairman of infectious disease at Virginia Department of Health. Hispanic Heritage month started September 15th. According to the latest data from the CDC, vaccination rates have been steadily increasing for Latinos but remain low for boosters. Bearman focused on the continued challenges facing Hispanic communities with dispensing updated COVID health information.
- Brian DiSabatino, Creator of Virtual Veteran Festival and Jenny Siler, Veteran Spouse and Director of Corporate Sponsorships at Stop Soldier Suicide. The mission of Vet Fest is to provide an uplifting and educational day, bringing the military and civilian communities together to benefit our active duty and military families. DiSabitino and Siler talked about the event and stressed the importance of peer-to-peer networking, mental health, and gratitude for active service members and vets.

## Estamos Contigo: Public Affairs Special

**(REPLAY OF THE 04/22-04/24 SHOW)**

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 09/16/22 – 09/18/22**

Guests & Topics:

- According to the latest Healthy Minds Monthly\* survey from the American Psychiatric Association (APA), Hispanic Americans are more concerned than other Americans, in general, about the effects of climate change on their health.
- Nearly two-thirds (63%) of Hispanic adults believe that climate change already affects the health of Americans, and more than half agree that it affects mental health. Joining us today is Dr. Bernardo Ng, a native of Mexicali, Mexico and current Principal Investigator at Sun Valley Research Center, Inc. He will share more details about the survey.
- The number of scams and fraud cases is now at an all-time high, and millions of people lose billions of dollars a year to criminals. We speak with Alex Juárez, an AARP expert on family and loved one care issues, who gives us tips on how we can help our loved ones.

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To air: **Weekend of 09/09/22 – 09/11/22**

Guests & Topics:

- Dr. Evelyn Twentyman, Medical Epidemiologist with the CDC Division of Reproductive Health. The new Omicron-boosters are being delivered but what do we need to know about the updated COVID vaccines? Tobin told us how they are different from the previous vaccines, and how they will they better protect us against the variants that are currently circulating. She also discussed booster availability, safety, and health equity.
- Mary Tobin, Senior Advisor for Wounded Warrior, Veteran, and Military Families, and AmeriCorps board member. 2022 marks the 21st anniversary of the attacks in New York, Washington and Shanksville, PA. Tobin discussed AmeriCorps call on the Nation to Serve on 9/11 day and explore community service year-round. Tobin discussed how people can visit the webpage that AmeriCorps has set up that directs people to volunteer opportunities in their areas.

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To air: **Weekend of 09/09/22 – 09/11/22**

Guests & Topics:

- In today's show we speak with Oscar Pulido general manager and member of the team that manages multi-asset portfolios at BlackRock about the difference between saving and investing. We also talk about the foods we eat and how reading the label before purchasing could help our health. Dr. Fabricio Mancini, Expert in Healthy Living, gives us tips on how to read the labels and make better decisions in the store.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

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To air: **Weekend of 09/02/22 – 09/04/22**

Guests & Topics:

- Christopher Jones, PharmD, DrPH, MPH (CAPT U.S. Public Health Service), currently serves as the acting director of the National Center for Injury Prevention and Control. The CDC has recently updated guidance for use in community settings and schools. Dr. Jones told us what prompted the new guidance and how these changes affect people at higher risk. She enforced what steps should still be taken to offer a higher level of protection against COVID-19.
- Dr. Matthew Miller, Executive Director for VA Suicide Prevention for the U.S. Department of Veterans Affairs. Tragically, our nation's Veterans are at a higher risk for suicide compared to the general population but there is hope. Dr. Miller discussed the "Don't Wait. Reach Out." Campaign, resources available to help Veterans who are struggling, and how everyone can be part of the solution and help save lives.

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To air: **Weekend of 09/02/22 – 09/04/22**

Guests & Topics:

- Now that kids are back in school and that means we're getting close to flu season. We spoke with Dr. Ricardo Correa, Director of the Postgraduate Education Program at the University of Arizona-Phoenix School of Medicine and he talks about COVID vaccines for children 6 months of age and older and the new guidance on boosters from the CDC.
- We are also joined by Dr. Juanita Mora, a noted allergist and spokesperson for the American Lung Association. Who is going to give us a little more information about Respiratory Syncytial Virus in children.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 08/26/22 – 08/28/22**

Guests & Topics:

- Dr. Charmain F. Jackman - Psychologist and mental health expert with the Sound It Out Campaign and Founder/CEO of InnoPsych, Inc. With back to school upon us, many families and kids are anxious when it comes to a new school year, issues like gun violence and mental health. Dr. Jackman talked about tackling those feelings of concern and the latest resources for parents and caregivers at [SoundItOutTogether.org](https://SoundItOutTogether.org)
- Zuani Villarreal - Director of Communication for Feeding America. Villarreal talked about Feeding America's mission to ensure equitable access to nutritious food for all in partnership with food banks, policymakers, supporters, and the communities they serve. With the economy and inflation, she discussed the desperate need for food banks to be replenished immediately and in time for the holidays.

## Estamos Contigo: Public Affairs Special

**(REPLAY OF THE 06/17-06/19 SHOW)**

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 08/26/22 – 08/28/22**

Guests & Topics:

- A study shows that kids who play team sports tend to have better mental health outcomes than kids who don't. Connections Wellness Group CEO Anna Arwine talks about this study.
- We also speak with Yaneth Bright, director of Annie's Place with Mommies In Need, who gives us more details about the childcare crisis and why parents face rising costs and diminishing options.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 08/19/22 – 08/21/22**

Guests & Topics:

- Dr. Greta Massetti, chief of the Field Epidemiology and Prevention Branch in the Division of Violence Prevention at the CDC. It's back to school time and the CDC has recently put out some updated guidance for use in community settings and schools. Massetti discussed the changes and what parents should be doing if their child gets exposed to COVID. She also told us where to get more information on the new guidelines.
- Sonia Manzano is a groundbreaking Latina educator, executive television producer, and award-winning children's book author. Manzano is well known after playing "Maria" on *Sesame Street* from 1971-2015. She discussed her new book, *COMING UP CUBAN: RISING PAST CASTRO'S SHADOW* and the impact of the 1959 Cuban Revolution. The conversation focused on the lives and growth of four children from very different walks of life as they experience major social, political, and cultural upheaval.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 08/19/22 – 08/21/22**

Guests & Topics:

- The Dollar General Literacy Foundation (DGLF) and the Ad Council have partnered to launch a new campaign, "When You Graduate, They Graduate," encouraging adults to complete their high school diplomas. We are joined by Aura Perez who completed her high school studies and shares a little more about her experience.
- Staying on the topic of school, several children have already started classes but there are still others who are preparing to return to school. What should we do as parents regarding COVID vaccines and what are the new indications that the CDC tells us? Dr. Emma Olivera is a pediatrician in Chicago, and she shares some tips on how to keep our kids safe this school year.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 08/12/22 – 08/14/22**

Guests & Topics:

- Dr. Adriana Cadilla, a pediatric infectious disease specialist at Nemours Children's Health in Orlando – Keeping kids safe from COVID during the return to school, plus the latest information on the COVID-19 vaccines, including who's eligible to get them and their safety and efficacy.
- Dr. John Draper, the Executive Director of the 988 Suicide and Crisis Lifeline – Launch of the 988 Suicide and Crisis Lifeline, including the types of issues it addresses, the state of mental health in the U.S., and how it differs from 211 and 911.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 08/12/22 – 08/14/22**

Guests & Topics:

- Finding a qualified and reputable appraiser is essential to ensure you don't leave money on the table when selling or insuring your most prized possessions, especially with today's inflation. We spoke with Ryan Kinahan, General Manager of Fixed Assets at RK Valuation Advisory about what to look for in an appraiser.
- Also joining us is Frank Fernandez, retired Police Chief, who tells us more about how you can protect yourself from unexpected medical bills.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 08/05/22 – 08/07/22**

Guests & Topics:

- Dr. Charmain F. Jackman - Psychologist and mental health expert with the Sound It Out Campaign and Founder/CEO of InnoPsych, Inc. With many families and kids, a little anxious when it comes to a new school year, issues like gun violence and mental health have only compounded that unease. Dr. Jackman talked about tackling those feelings of concern and the latest resources for parents and caregivers at [SoundItOutTogether.org](https://www.SoundItOutTogether.org).
- Ken Fisher CEO of Fisher House Foundation. For the first time in two years, The Warrior Games are back! The games are an annual event that brings together hundreds of elite athletes to compete in adaptive sports and celebrate the resilience and dedication of wounded, ill and injured active duty and veteran U.S. military service members. Fisher discussed the benefits of adaptive sports for vets in recovery and the role of the Fisher House Foundation.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 08/05/22 – 08/07/22**

Guests & Topics:

- As back-to-school approaches, mental health experts share tips to help families get ready. We are accompanied by Dr. Regina Miranda, Professor of Psychology at Hunter College, who gives us some tips on how we can help our children's mental health.
- We also spoke with Richard Rapoza, representative of Abbott and he talks about the importance of promoting diversity in medical research and how this can improve care among minority communities.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 07/29/22 – 07/31/22**

Guests & Topics:

- Patrick K. Porter, PhD is an award-winning author, educator, consultant, entrepreneur, and speaker. He is on a mission to build better brains. According to a new observational study, alcohol consumption of just 4 drinks a week might be changing your brain. Dr. Porter discussed the brain and how it metabolizes alcohol. He also addressed the accumulation of iron in the brain as it may contribute to Alzheimer's, Parkinson's, and other neurodegenerative conditions.
- Ron Insana is a contributor to CNBC, public speaker, and a Senior Advisor to Schrodgers, N.A. Insana talked about the current state of the US economy as we hear rumblings of a recession. He also explained The Federal Reserve's expected interest rate hike for the second straight meeting and why this is necessary to control inflation that's been running at a four-decade high.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 07/29/22 – 07/31/22**

Guests & Topics:

- Dr. José Romero, Director of the National Center for Immunizations and Respiratory Diseases for the CDC, tells us about the importance of children receiving the COVID vaccine before the start of the school year.
- We also speak with Dr. Katalina Fernández McInerney, a Neuropsychologist at the University of Miami who tells us about Alzheimer's and some studies that are going to specialize in African-Americans and Hispanics.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 07/22/22 – 07/24/22**

Guests & Topics:

- Joseph Palm, Regional Director, Region 7 & Catherine Lindsey Satterwhite, PhD, MSPH, MPH & Regional Health Administrator for the U.S. Department of Health and Human Services. We've been hearing a lot about the new BA 5 COVID subvariant that is even more contagious than the original strain. Palm and Satterwhite told us what we can do to protect ourselves against this new strain. Also, the 2022 Walcott Truckers Jamboree – which bills itself as “the best trucker party in the country” drew nearly 50,000 people last week. They also discussed why it is important to speak to specialized audiences throughout the US to combat Covid-19.
- Aaron Dworkin, CEO of the National Summer Learning Association (NSLA). Dworkin focused on Discover Summer, an online destination supported by iHeart Media, Discovery Education, Nintendo Switch, and New York Life Foundation. The platform encourages families to discover both in-person and virtual summer programs in their community. He talked about effects of summer learning loss, equity in education, and the impact of COVID-19 and summer education.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 07/22/22 – 07/24/22**

Guests & Topics:

- After more than two years since the start of the pandemic, we have several vaccines and at the same time several variants. Dr. Gonzalo Bearman joins us with more details on the state of the pandemic, boosters and vaccines for children.
- We also spoke with Dr. Barbara Robles, an academic child psychiatrist and mental health consultant. She brings us more information about a survey that shows that about three in 10 Hispanic-Americans are concerned about the impact that social networks have on mental health.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 07/15/22 – 07/17/22**

Guests & Topics:

- Dr. Peter Marks, M.D., Ph.D., Director of the Center for Biologics Evaluation and Research for the Food & Drug Administration. The FDA plans to update boosters to target Omicron variants. Marks discussed the necessity for people to stay on top of boosters. He also talked about boosters for children 5-11 years old.
- Peter Greenberg, Journalist, Reporter, and Travel Detective. It's been a tough summer for U.S. air travelers across America. Greenberg gives us tips and tricks to help successfully navigate "air-maggedon" and deal with the tribulations at America's airlines and airports.

## Estamos Contigo: Public Affairs Special

**(REPLAY OF THE 04/15-04/17 SHOW)**

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 07/15/22 – 07/17/22**

Guests & Topics:

- Kym Lee, actress and celebrity makeup artist, joined forces with Dr. Yan Katsnelson to promote the topic of how women are affected by uterine fibroids. Women of all cultures provide care and hope to their families, and they want to empower women to take control of their bodies and their lives. Today, Heidi Jantzen, the Latin ambassador for Fibroid Centers USA, joins us with more information on how fibroids affect the Latino community.
- We also talk about a new study that found nearly eight in 10 people are taking steps to build generational wealth. Miguel Horvath is General Director and Private Wealth Advisor at Horvath Wealth Management and explains the subject in better detail.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 07/08/22 – 07/10/22**

Guests & Topics:

- Clara Reynolds, President & CEO of the Crisis Center of Tampa Bay – Assessing the mental health crisis affecting the U.S., along with information on resources for those struggling with mental health issues.
- Dr. Janine Domingues, Clinical Psychologist at the Child Mind Institute – How mental health among children has been impacted by the pandemic, plus strategies for dealing with a child's mental health issues and navigating difficult topics in the news with kids.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 07/08/22 – 07/10/22**

Guests & Topics:

- The Supreme Court has ended a Trump-era policy that forced some American asylum seekers to wait in Mexico. To talk more about this topic, we speak with Héctor E. Quiroga, Immigration attorney and Co-founder of the Quiroga Law Office.
- As the pandemic has dragged on, mental health has moved to center stage. Dr. Sanjay Gupta noted that mental health issues have come to the fore in recent years. Resilience Expert, Marie Cosgrove talks to us about what we can do to communicate better when it comes to our mental health at work.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 07/01/22 – 07/03/22**

Guests & Topics:

- Jody Thomas, PhD, founder and CEO of The Meg Foundation. The Meg Foundation's mission is to empower families with pain management strategies, skills, and support to prevent and reduce pain. Dr. Thomas discussed the recently authorized COVID-19 vaccines for children as young as 6 months. She focused on what parents do to make getting a COVID-19 vaccine a good experience for babies and kids, so they don't develop any fear of needles or going to the doctor.
- Kenneth C. Davis is the bestselling author of the *Don't Know Much About® History series*. Monday is Independence Day, a federal holiday in the United States commemorating the signing of the Declaration of Independence, which was ratified on July 4, 1776. Davis discussed the holiday, its meaning and evolution, and fun fact about the 4th of July.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 07/01/22 – 07/03/22**

Guests & Topics:

- The latest Healthy Minds survey revealed that half of Hispanic adults in America feel pressured to lose weight or physically change their bodies this summer. A third rate their mental health as fair or worse. Joining us today is Dr. Bernardo Ng, Principal Investigator at Sun Valley Research Center, Inc., who tells us more about this survey.
- Also with us is Luis Orta, a service technician for Southern Comfort Mechanical. He talks about what we can do to make sure our air conditioner stays in good working order this summer.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 06/24/22 – 06/26/22**

Guests & Topics:

- Dr. Sean O'Leary, Pediatric Infectious Diseases specialist and Associate Professor of Pediatrics at the University of Colorado. COVID vaccines were just authorized for children under 5. Dr. O'Leary talked about how 13 million children under age 18 in the US have gotten COVID and why the impact on children has increased. He discussed the important milestone of vaccinations at this stage of the pandemic and what parents need to know about vaccinating their youngest children.
- Julie Garner, Founder of Project Yellow Light. With much of America looking to make their next getaway this summer, millions of people are setting their sights on the open road and ready for vacation. Garner talked about Project Yellow Light and raising awareness, so we know the dangers of distracted driving.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 06/24/22 – 06/26/22**

Guests & Topics:

- As COVID-19 vaccines become available for children under the age of 5, parents are concerned about side effects and more. We're joined by Dr. Judith Flores, a pediatrician at NYC Health + Hospitals.
- Plus, the U.S. Department of Agriculture wants to make sure people stay food safe while enjoying food during typical outdoor activities this summer like grilling, camping, hiking, and picnicking.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 06/17/22 – 06/19/22**

Guests & Topics:

- Dr. Kenneth Alexander (Chief of Infectious Diseases at Nemours Children's Health in Florida) – Dr. Alexander discusses the rise in COVID-19 cases in certain parts of the country, different COVID-related issues impacting children who contract the virus, the latest COVID vaccination guidance for children, and ways to keep the family and kids safe during summer vacations and activities.
- Kelly Navies (Museum Specialist of Oral History at the Smithsonian National Museum of African American History and Culture) – Kelly Navies discusses the history of the Juneteenth holiday, from the period of time between the conclusion of the Civil War and the freeing of slaves in Texas to the events following that moment in history that led to the recent push for Juneteenth to become a federal holiday.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 06/17/22 – 06/19/22**

Guests & Topics:

- A study shows that kids who play team sports tend to have better mental health outcomes than kids who don't. Connections Wellness Group CEO Anna Arwine talks about this study.
- We also speak with Yaneth Bright, director of Annie's Place with Mommies In Need, who gives us more details about the childcare crisis and why parents face rising costs and diminishing options.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 06/10/22 – 06/12/22**

Guests & Topics:

- Dan Kotlowski AccuWeather's Lead Hurricane Expert – Dan breaks down the expectations for the 2022 hurricane season. He also explains how these storms develop, what to watch for as a storm is approaching, and how to read the hurricane models seen on TV and online.
- Steve Gregory iHeartMedia National Correspondent & Certified Wildfire Expert – Steve offers an overview of the wildfires we've experienced so far in 2022 and breaks down the different issues responsible for the larger and more frequent wildfires we've seen in recent years.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 06/10/22 – 06/12/22**

Guests & Topics:

- This year we had the 90th United States Conference of Mayors where more than 180 mayors discussed solutions to a wide range of issues such as public safety, mental health, and infrastructure. The first Latino mayor of Allentown, Matt Tuerk, tells us a little more about what happened at the meeting.
- For years, unexpected medical bills have devastated the finances of countless families in America. A new law, the No Surprises Act, helps protect patients from receiving surprise bills. Retired Police Chief Frank Fernandez talks about how you can protect yourself from unexpected medical bills.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 06/03/22 – 06/05/22**

Guests & Topics:

- Fred Dillon is Head of Advisory Services at Hopelab. Dillon develops technology solutions that improve the health and well-being of adolescents and young adults. Pride month kicks off June 1 and Dillon focused on Pride Month and LGBTQ+ teen mental health. He discussed the launching of a new, free digital tool called imi (eye-me) for LGBTQ+ teen mental health and well-being.
- Mark Follman, author of *TRIGGER POINTS: Inside the Mission to Stop Mass Shootings in America*. Follman discussed the school shooting in Uvalde, TX, in which a gunman took the lives of 19 children and two teachers inside Robb Elementary School. His new book is the first-ever account that goes inside the world of behavioral threat assessment, a groundbreaking method for successfully preventing mass shootings. He offered insight into the Uvalde tragedy and offered hope and information on prevention for these kinds of shootings.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 06/03/22 – 06/05/22**

Guests & Topics:

- New research reveals that women who hug their partners reduce their stress levels. Dr. Pierluigi Mancini is an expert in behavioral health and gives us more details about this study.
- We also speak with César Ybarra, Vice President of Policy at FreedomWorks who brings us more details on gas prices and why it is a priority for the Biden administration.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 05/27/22 – 05/29/22**

Guests & Topics:

- Ram Koppaka, MD, PhD Associate Director for Adult Immunization Services Division Centers for Disease Control and Prevention. The CDC just recommended that kids ages 5 to 11 get booster doses. Dr. Koppaka explained the rationale behind recommending boosters for kids and gave us the latest information on boosters for all ages. He discussed what the CDC is doing to address health equity during the pandemic and reduce health disparities - particularly when it comes to vaccine access and coverage. Koppaka covered when COVID vaccines might be available to kids under 5 and the success of the public education campaigns encouraging COVID vaccination and programs to increase trust and engagement within communities.
- Bonnie Carroll President & founder of the Tragedy Assistance Program for Survivors (TAPS). TAPS provides compassionate care to all those grieving the death of a military loved one. Since 1994, TAPS has provided comfort and hope 24/7 through a national peer support network and connection to grief resources, all at no cost to surviving families and loved ones. Carroll discussed the variety of programs available to survivors nationally and worldwide. She talked about the National Military Survivor Seminar and Good Grief Camp that is held annually in Washington, D.C., over Memorial Day. TAPS also conducts regional survivor seminars for adults and youth programs at locations across the country, as well as retreats and expeditions around the world.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 05/27/22 – 05/29/22**

Guests & Topics:

- This month is Mental Health Awareness Month and now more than ever we need to pay attention to our minds and bodies. Major medical groups, including the American Academy of Pediatrics, have declared a national state of emergency on children's mental health. According to experts, a keyway to support children's mental health is for parents and caregivers to have regular check-ins and help them openly express how they feel. We're joined by mental health expert Dr. Regina Miranda as she discusses why it's important for parents and caregivers to talk to their children about their emotional well-being.
- We're also joined by Beverly Cazares, food safety specialist with the U.S. Department of Agriculture, who wants to make sure people avoid food poisoning while enjoying typical outdoor activities this summer like grilling, camping, and picnics.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 05/20/22 – 05/22/22**

Guests & Topics:

- John Bird, US Navy Vice Admiral (Retired) and Senior VP of Military Affairs at USAA – Admiral Bird joins the show to discuss the creation and significance of the USAA Poppy Honor Wall; how the poppy came to symbolize Memorial Day; and how people can join in remembrance if they can't make it to the wall in person.
- Clara Reynolds, President & CEO of the Crisis Center of Tampa Bay – Clara Reynolds joins the show for Mental Health Awareness Month to discuss America's mental health crisis, along with the impact the pandemic has had on our mental health, and resources to help those in need.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 05/20/22 – 05/22/22**

Guests & Topics:

- Mental health is a hot topic these days, which is essential to breaking down the outdated stigma surrounding the topic and helping those in need access of critical care. Dr. Danielle Ramos Madril is the medical director of UnitedHealthcare of Florida and she is here to tell us more about the importance of mental health.
- Dr. Olveen Carrasquillo, the principal investigator for the All of Us research program at the National Institutes of Health at the University of Miami, has just published a new study proving the Latino epidemiological paradox. He explains to us why Latinos have similar or even better health outcomes than their nonwhite Hispanic counterparts, has just published a new study proving the Latino epidemiological paradox. He explains to us why Latinos have similar or even better health outcomes than their nonwhite Hispanic counterparts.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 05/13/22 – 05/15/22**

Guests & Topics:

- Sarah Lovenheim Assistant Secretary for Public Affairs. Lovenheim discussed how the Public Affairs division works to ensure the public hears about top Departmental priorities and initiatives tied to the Health and Human Service mission of building a healthier America. She talked about her experience overseeing the COVID-19 Public Education Campaign for HHS and the most important priorities now in encouraging vaccinations. Lovenheim discussed reaching out to parents to ensure they are supported in the decision to get their children vaccinated and why these type of efforts with moms in social media will be effective.
- Cheryl Hostinak, executive director of American Bone Health. It's National Osteoporosis Month and Hostinak explained what osteoporosis is and why it's important to have a national awareness month. She says tests and screening are available to diagnose osteoporosis and what we can do to help prevent osteoporosis. She offered up resources that people can access from American Bone Health.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 05/13/22 – 05/15/22**

Guests & Topics:

- After two years, many families will return to their summer trips, and it is very important to be aware of our health to avoid the spread of COVID-19. Dr. Sandra Leal, President of the American Association of Pharmacists, joins us today with more details on how to prepare before the trip.
- On another topic, the foods we eat may be good, but they never taste good until we read the label. A study by Attest found that only 9% of us can correctly read a Nutrition Facts label. Dr. Fabricio Mancini, Expert in Healthy Living, gives us tips to read the labels and make better decisions at the store.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 05/06/22 – 05/08/22**

Guests & Topics:

- Dr. Sheldon Riklon M.D., University of Arkansas for Medical Sciences. May is Asian/Pacific American Heritage Month and Dr. Riklon shared how the COVID-19 pandemic has impacted AANHPI community as well as communities of color. He says it's essential to help families understand the need to stay protected from COVID-19, regardless of whether they've been vaccinated. Dr. Riklon offered "tools" and suggestions to continue staying safe from COVID-19.
- Stephen Holley, Carry The Load Co-Founder, President and CEO & Mark Elliott, Retired U.S. Army Colonel and Global Head of Military and Veterans Affairs at JPMorgan Chase. Holley is a graduate of the United States Naval Academy and former SEAL Team 5 officer and Elliot oversees firm-wide, veteran-focused efforts in employment, entrepreneurship, education and workforce development, and community engagement. May is Military Appreciation month and both discussed their service to our country and Memorial Day's true meaning. They talked about the 10th Annual Month-Long National Memorial May Relay Covering 20,000 Miles and 48 States Honoring First Responders and Fallen Military.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 05/06/22 – 05/08/22**

Guests & Topics:

- The cost of childcare is skyrocketing and for many parents, the math doesn't work. They can't afford the luxury of never going back to work, but they can't afford childcare to get back to work. Yaneth Bright, Director of Annie's Place with Mommies In Need, a nonprofit organization that provides childcare so families can access health care. Tells us details about what parents can do to help alleviate these increasing costs.
- We also talk to Dr. Pablo Rodriguez, Gynecologist and retired doctor who is going to talk to us about COVID vaccines for children and reinforcements.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 04/29/22 – 05/01/22**

Guests & Topics:

- Dr. Basim Khan, Executive Director, Neighborhood Health in Alexandria, VA. Dr. Khan focused on community and the role local organizations play in expanding access to high quality and affordable health care. Dr. Khan discussed common barriers from different patient populations and how to overcome the fear of COVID-19 vaccinations.
- Former White House chef and decorated combat veteran Andre Rush. Chef Andre Rush is a retired decorated combat Veteran known worldwide as the White House chef for four Presidents including Bill Clinton, George W. Bush, Barack Obama, and Donald Trump. Rush advocates for military service and suicide prevention. Chef Rush talked about using food, medicine and therapy to help military vets overcome depression, anxiety, and PTSD with a method called "Cooking to Cope."

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 04/29/22 – 05/01/22**

Guests & Topics:

- We are talking with Dr. Adriana Cadilla who shares more information about COVID vaccines and if they can affect pregnant women and those who are breastfeeding.
- We also speak to Dr. Hector Colon-Rivera, President of the APA Caucus of Hispanic Psychiatrists. He will give us more information on how inflation is affecting our decisions about how we eat.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 04/22/22 – 04/24/22**

Guests & Topics:

- Mary Partin, CEO of the Dan Marino Foundation. April is Autism Awareness Month. The Marino Campus is an accredited postsecondary school that prepares young adults with autism and other disabilities for gainful employment, social competence, and independent living by earning national industry certifications and gaining necessary skills vital to employment. Partin talked about resources that parents can use to help navigate through autism.
- Paul Billings, American Lung Association National Senior Vice President of Advocacy. Billings discussed the American Lung Association's 2022 "State of the Air" report that revealed how millions of Americans live in counties that have unhealthy levels of ozone or particle pollution. He focused on how air pollution harms health, who is most vulnerable to air pollution, and what steps the nation must take to make progress toward cleaner and healthier air.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 04/22/22 – 04/24/22**

Guests & Topics:

- According to the latest Healthy Minds Monthly\* survey from the American Psychiatric Association (APA), Hispanic Americans are more concerned than other Americans, in general, about the effects of climate change on their health.
- Nearly two-thirds (63%) of Hispanic adults believe that climate change already affects the health of Americans, and more than half agree that it affects mental health. Joining us today is Dr. Bernardo Ng, a native of Mexicali, Mexico and current Principal Investigator at Sun Valley Research Center, Inc. He will share more details about the survey.
- The number of scams and fraud cases is now at an all-time high, and millions of people lose billions of dollars a year to criminals. We speak with Alex Juárez, an AARP expert on family and loved one care issues, who gives us tips on how we can help our loved ones.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 04/15/22 – 04/17/22**

Guests & Topics:

- Purvi Parikh, MD is an allergist and on faculty as Clinical Assistant Professor in both departments of Medicine and Pediatrics at New York University School of Medicine. April marks National Minority Health Month. Dr. Parikh focused on how and why the pandemic has and continues to impact minority communities across the country. As an immunologist and allergist, she pointed out the similarities and differences in her practice since COVID-19 has come into play. Dr. Parikh gave advice on how we can continue to stay safe as we enter this next phase of the pandemic with potential new variants.
- KOSTYA KENNEDY, author of TRUE: THE FOUR SEASONS OF JACKIE ROBINSON. It's the start of major league baseball's 2022 season and this also marks the 50th anniversary of the passing of baseball legend Jackie Robinson. It also marks the 75th anniversary of one of the most significant moments of the 20th century - Jackie Robinson breaking the color barrier in major league baseball. Kennedy talked about Robinson's impact on MLB and society from four non-consecutive transformative years of Robinson's life: 1946, 1949, 1956, and 1972.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 04/15/22 – 04/17/22**

Guests & Topics:

- Kym Lee, actress and celebrity makeup artist, joined forces with Dr. Yan Katsnelson to promote the topic of how women are affected by uterine fibroids. Women of all cultures provide care and hope to their families, and they want to empower women to take control of their bodies and their lives. Today, Heidi Jantzen, the Latin ambassador for Fibroid Centers USA, joins us with more information on how fibroids affect the Latino community.
- We also talk about a new study that found nearly eight in 10 people are taking steps to build generational wealth. Miguel Horvath is General Director and Private Wealth Advisor at Horvath Wealth Management and explains the subject in better detail.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 04/08/22 – 04/10/22**

Guests & Topics:

- Padi Boyd, Chief of the Exoplanets and Stellar Astrophysics Laboratory in the Astrophysics Science Division at NASA, and the Project Scientist for the Transiting Exoplanet Survey Satellite Mission. Padi Boyd discusses a recent revelation made by the Hubble Space Telescope. She also explains the missions of the Hubble and James Webb Telescopes, including what their discoveries tell us about the origins of the Universe, the potential existence of extraterrestrial life, and why these revelations are important.
- Dr. Dara Kass, HHS Regional Director for Region 2. Dr. Kass discusses the effectiveness of the COVID-19 vaccines. She explains the benefits of the immunity received via vaccination as compared to natural immunity, and she talks about why those who have been infected with COVID-19 should still be vaccinated. Finally, she explains the latest guidance on booster shots, including the newest recommendation for those over the age of 50.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 04/08/22 – 04/10/22**

Guests & Topics:

- The number of scams and fraud cases is now at record levels and millions of people lose billions of dollars a year at the hands of criminals. We speak with Alex Juárez, AARP expert on family and loved one care issues, who gives us tips on how we can help our loved ones.
- We also spoke with Dr. Barbara Robles, an academic child psychiatrist and mental health consultant. She brings us more information about a survey that shows that about three in 10 Hispanic Americans are concerned about the impact that social networks have on mental health.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 04/01/22 – 04/03/22**

Guests & Topics:

- Jay Bhatt, D.O., MPH, MPA is a physician executive, internist, geriatrician, and public health innovator. He is Executive Director of the Deloitte Center for Health Solutions (DCHS) and the Deloitte Health Equity Institute (DHEI). Dr. Bhatt discussed his experiences working in Chicago Health clinics now that we seem to be entering a new phase of the pandemic. He talked about the reasons he is hearing from people who remain hesitant to get vaccinated. We've been expecting the FDA and CDC to consider authorization for the vaccine for children younger than five. Dr. Bhatt discussed the timetable for this and gave his recommendations for children getting the Covid vaccine.
- David L. Sharkis | Director of Operations Children's Dyslexia Centers, Inc. Sharkis defined dyslexia and gave us an Overview of the Children's Dyslexia Centers and its mission. He outlined the types of programs their centers offer for both tutoring and training and told us how COVID has impacted operations. Sharkis talked about resources for people with Dyslexia.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 04/01/22 – 04/03/22**

Guests & Topics:

- Since 2020 we have learned every day about COVID-19, its variants and vaccines. AltaMed's chief health officer and director of medical affairs Dr. Ilan Shapiro talks about the new variant of Omicron and the importance of being vaccinated.
- We also spoke with Barbara Robles; a Texas academic child psychiatrist and mental health consultant about how social media affects our mental health.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 03/25/22 – 03/27/22**

Guests & Topics:

- Lori Bettinger is the Co-President of Alliance Partners and serves as the President of BancAlliance. Bettinger discussed the ongoing conflict in Ukraine including a jump in U.S. food prices, a Russian oil-sparked recession, and more. She also covered the continued repercussions of the COVID-19 pandemic on our US economic system, the rise in interest rates by the fed, and the chance of a housing market crash.
- Dr. Dorothy Fink, Deputy Assistant Secretary for Women's Health and Director of the Office on Women's Health in the Office of the Assistant Secretary for Health (OASH). As we wrap up March and Women's History Month, Dr. Fink focused on what we all should be thinking about this month for women's health. She offered information and advice to women who weren't able to get their mammograms and other cancer screenings done since COVID-19 started. Dr. Fink also talked about what women should know about the COVID-19 vaccine.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 03/25/22 – 03/27/22**

Guests & Topics:

- Over the last decade, Brain Balance has evaluated more than 150,000 children and understands the nuances of development. Angie Arciga, Director of Programs at Brain Balance talks about the impact of the pandemic on our nation's children. Angie is going to give us some helpful tips to put into practice when it comes to home development.
- She also spoke with Richard Rapoza, an Abbott representative. And he tells us about the importance of promoting diversity in medical research and how this can improve care among minority communities.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 03/18/22 – 03/20/22**

Guests & Topics:

- Dr. Tina Carroll-Scott is a general practitioner and the medical director of the South Miami Children's Clinic. Dr. Scott discussed working in a underserved community of color throughout the pandemic and trying to increase access and equity with the Covid vaccines through pop ups. She focused how COVID vaccine authorization for our youngest children (under 5) may be coming in the next month, but it seems that many vaccinated parents still haven't acted on getting their older children (5 and older) vaccinated. Dr. Scott talked about weighing the dangers of getting COVID compared to the side effects of a vaccine for children.
- Parenting Expert, Carol Muleta, founder of The Parenting 411, 2019 DC Mother of the Year, and author of the newly released book, *The Parenting Odyssey: Trials*. Monday, March 21st is National Single Parent Day and Muleta offered tips on how single parents can raise their children in the best way for themselves and their kids. She discussed the importance of establishing good routines, teamwork, rules of engagement, and finding common ground with your partner's approach to parenting. Muleta also talked about the importance of personal self-care for single moms and dads.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 03/18/22 – 03/20/22**

Guests & Topics:

- We talk with Dr. Trinidad Solis, Public Health Physician, Fresno County Department of Public Health about how women can influence COVID vaccines during Women's History Month. We will also talk with Jose Javier Guarderas, co-founder and Vice President of Premios Verdes on how we can do our bit and help the community.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 03/11/22 – 03/13/22**

Guests & Topics:

- Dr. David Banach, associate professor of medicine at UConn School of Medicine. COVID cases are continuing to fall across the country. Dr. Banach discussed what these current trends mean and the current state of the pandemic. He discussed why Americans should remain optimistic that we are closer to getting back to a new “normal”. Dr. Banach talked about the concern for the emergence of new variants and what COVID will look like in the future.
- Dr. Janine Domingues, Clinical Psychologist at the Child Mind Institute. The war in the Ukraine has many children and parents on edge. Dr. Domingues discussed how do you start, and have, a conversation about what is happening in Ukraine with your kids. She talked about how the conversation will differ with young children verses older kids. She covered signs that a child may be feeling anxious about the news and how can we ease these anxieties. Dr. Domingues suggested resources for parents.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 03/11/22 – 03/13/22**

Guests & Topics:

- Poison control centers across the United States continue to be inundated with calls about children consuming cleaning products as the demand for these items continues to increase. Cinthia Vega, Coordinator of the Safe Kids Worldwide Coalition gives us advice/tips on how we can prevent this from happening to our children. And, the United States Army is offering its largest bonus yet for new recruits. Three officers are joining us today with more information about these incentives.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 03/04/22 – 03/06/22**

Guests & Topics:

- Sarah Stephens, PharmD, CPPS is the Network Medication Safety Officer for HonorHealth in Scottsdale, AZ. As a follow-up to President Biden's State of the Union, Stephens discussed the administration's shifting focus from pandemic/crisis response to managing COVID-19's new normal. She talked about the CDC's announcement to ease mask restrictions for the majority of Americans and what does this mean about the current state of the pandemic. Stephens touched on what the future might look like for COVID-19 and the responsibility of Americans to continue to get boosted.
- Dr. Sallyann Coleman King, Medical Director of the Colorectal Cancer Control Program at the Centers for Disease Control and Prevention and Commander in the U.S. Public Health Service. March is Colorectal Cancer Awareness Month, and King says that it's never been more important for men and women to routinely get screened for this disease. Colorectal cancer is the second leading cancer killer, but it can be preventable with routine screening. King discussed how too many people have put off these screenings – especially during COVID-19. She explained the Centers for Disease Control and Prevention's campaign called Screen for Life.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 03/04/22 – 03/06/22**

Guests & Topics:

- We are talking with Dr. Adriana Cadilla who shares more information about COVID vaccines and if they can affect pregnant women and those who are breastfeeding. We also speak to Dr. Hector Colon-Rivera, President of the APA Caucus of Hispanic Psychiatrists. He will give us more information on how inflation is affecting our decisions about how we eat.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 02/25/22 – 02/27/22**

Guests & Topics:

- Cole Lyle, Marine Veteran and Executive Director of Mission Roll Call – Cole Lyle discusses the work Mission Roll Call does for veterans across the country, from suicide prevention to assistance with health care and benefits.
- RADM Felicia Collins, Deputy Assistant Secretary for Minority Health & Director of the Office of Minority Health in the U.S. Department of Health & Human Services – Dr. Felicia Collins offers an update on the spread of COVID-19, the safety and effectiveness of the COVID-19 vaccines, and the impact the pandemic has had on minority communities.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 02/25/22 – 02/27/22**

Guests & Topics:

- The number of scams and fraud cases is now at record levels and millions of people lose billions of dollars a year at the hands of criminals. We speak with Alex Juárez, AARP expert on family and loved one care issues, who gives us tips on how we can help our loved ones.
- We also spoke with Dr. Barbara Robles, an academic child psychiatrist and mental health consultant. She brings us more information about a survey that shows that about three in 10 Hispanic-Americans are concerned about the impact that social networks have on mental health.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 02/18/22 – 02/20/22**

Guests & Topics:

- Ginger Zee, author, chief meteorologist at ABC News and managing editor of the climate unit at ABC News. Zee talked about her new book, *A Little Closer to Home* where she talks about facing depression and the stigmas surrounding mental health issues. Ginger tells us, how she spent most of her life shielding her vulnerabilities and discussed her personal struggle with crippling depression, suicide attempts, and many other life experiences in hopes of helping others around her.
- Dr. Byron Jasper, founder and Chief Executive Officer of Byja Clinic in New Orleans. With COVID cases decreasing across the United States, Dr Jasper focused on what's next and why it still makes sense to get vaccinated. He covered the latest information on who is eligible to receive a booster, the difference in boosters, and why is it important to get a COVID-19 booster if you're fully vaccinated. As the Omicron variant runs its course, Dr. Jasper talked about possibilities of other variants emerging.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 02/18/22 – 02/20/22**

Guests & Topics:

- If you or a loved one uses a cell phone made before 2012, an outdated alarm system, or a life-saving medical device that relies on the third-generation cell phone network, or 3G, be aware that these devices may stop working Starting next February 22. We speak with Cristina Martín Fírvida, vice president of Government Affairs at AARP, who tells us about the phase-out of 3G networks and offers advice to those who may be affected
- We also speak with Dr. Marcos Mestre, Vice President and Medical Director of Nicklaus Children's Hospital who talks about the indecision about the COVID vaccine in the Hispanic community for children.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 02/11/22 – 02/13/22**

Guests & Topics:

- Carole Johnson is the Administrator of the Health Resources and Services Administration (HRSA). Johnson discussed her role at the HRSA and how they are continuing to help people to get vaccinated. She gave us an update on COVID vaccines for children and boosters for adults and how they are providing trusted messengers from within the communities where people live, especially in minority communities throughout the USA.
- Celina Gorre is the CEO of WomenHeart: The National Coalition for Women with Heart Disease, based in Washington, D.C. February is heart health month 2022 and Gorre discussed disparities in heart disease – for women and for women of color. She discussed why women are too often misdiagnosed including the lack of awareness of heart disease in women and bias in care. She talked about WomenHeart's support services across the country for women with heart disease.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 02/11/22 – 02/13/22**

Guests & Topics:

- February is heart health month and we're bringing more information on how regular health screenings can help find problems before they start. We will speak with Dr. Maria Delgado-Lelievre. She has extensive knowledge in hypertension and is part of the University of Miami Comprehensive Hypertension Center.
- We also spoke with Richard Rapoza, representative of Abbott. And he talks about the importance of promoting diversity in medical research and how this can improve care among minority communities.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 02/04/22 – 02/06/22**

Guests & Topics:

- Katie Wilkes national spokesperson and content specialist for the American Red Cross. Wilkes talked about the national blood crisis due to the Omicron variant. She also discussed Red Cross response to weather related events, domestic and international disasters, and carrying out other humanitarian efforts.
- Dr. Rachel Villanueva, MD FACOG is a Clinical Assistant Professor of Obstetrics/Gynecology at the NYU Grossman School of Medicine. With February being Black History month, Dr. Villanueva of the National Medical Association discussed the progress of COVID vaccines and boosters in the Black community. She discussed vaccine access and vaccination rates in Black neighborhoods and communities and spoke about the impact the Omicron variant is having on Black communities and across the U.S.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 02/04/22 – 02/06/22**

Guests & Topics:

- Over the last decade, Brain Balance has assessed more than 150,000 children and understands the nuances of development. Angie Arciga, Director of Programs at Brain Balance talks about the impact of the pandemic on our nation's children. Angie is going to give us some helpful tips to put into practice when it comes to home development.
- And --- Could a change in learning style boost your child in class? We talked to Erika Twani, co-founder and CEO of Learning One to One about relational learning.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 01/28/22 – 01/30/22**

Guests & Topics:

- Dr. Assoumou is an Assistant Professor of Medicine at Boston University School of Medicine and the inaugural Louis W. Sullivan, MD, Endowed Professor of Medicine. The conversation around being “fully vaccinated” is evolving. Dr. Assoumou discussed what it now means to be to be up-to-date with your COVID vaccinations. She also gave us the latest information on the surge of the Omicron variant, its severity, other potential variants on the horizon, and how we can stay prepared.
- President & CEO, Alicia Levi, Reading is Fundamental. Levi talked about the impact of the pandemic on our nation’s children as it relates to literacy and reading. She told listeners how RIF has pivoted and addressed the social and emotional impact of COVID-19 and the role books/reading plays in supporting kid’s wellbeing. RIF and our nation’s educators have introduced a six-month reading initiative, Rally to Read 100 that includes read-alouds with notable authors, activities, and a sweepstakes giving away books. More at [www.RallytoRead.org](http://www.RallytoRead.org).

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 01/28/22 – 01/30/22**

Guests & Topics:

- We speak to Command Sergeant Major of the Miami Battalion, (CSM) Enrique Cruz; Fort Lauderdale Company First Sergeant (1SG) Kevin Alvarez; and the Commander of the Aguadilla Company of Puerto Rico Captain (CPT) Kenny Padilla of the United States Army. They are offering their largest bonus yet for new recruits with up to \$50,000 available to qualified individuals who sign up for six years of active duty.
- Cari Dighton, the Regional Director of Communications for the Northern California Coastal Region for the American Red Cross joins us and talks about what the Red Cross is currently calls “the worst blood shortage in more than a decade.” Always in need of blood, the nonprofit said the combination of the unrelenting pandemic and a rare flu season have exacerbated pre-existing shortages. She also gives us more information about the nonprofit and winter weather safety.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 01/21/22 – 01/23/22**

Guests & Topics:

- Dr. Cameron Webb, Senior Policy Advisor for Equity for the White House COVID-19 Response Team. Dr. Webb discussed this week's launch of the website COVIDTests.gov, a place where Americans can order free at-home, rapid COVID-19 tests. He also talked about how 400 million N95 masks are about to be distributed to the American people and gave us information on Omicron and the necessity for vaccine boosters.
- Gabby Landsverk, Health, Nutrition and Fitness Reporter for *INSIDER* in New York City. Gabby talked New Year's Resolutions and the latest in health and fitness in 2022. She discussed some of the latest fitness trends since the pandemic began and covered healthy eating, dieting, and explained the pros and cons of intermittent fasting.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 01/21/22 – 01/23/22**

Guests & Topics:

- Irma Treviño - spokesperson for the IRS or Internal Revenue Service offers the audience 5 steps to file taxes correctly and safely.
- Dr. Héctor Teme: Author of best sellers offers us emotional and leadership tools that can be used in our lives and communities to achieve extraordinary achievements even in the midst of the COVID19 pandemic.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 01/14/22 – 01/16/22**

Guests & Topics:

- Dr. Peter Marks, M.D., Ph.D., Director of the Center for Biologics Evaluation and Research for the Food & Drug Administration. The FDA authorized and CDC has recommended boosters for children ages 12 and older. Marks also discussed the potential for boosters for children 5-11 years old in the near future. Marks explained the reasoning behind the time frame on booster doses for Pfizer –and now Moderna – shortening to five months after the primary series. Marks talked about whether vaccines are losing their effectiveness more quickly than originally thought and the impact of the Omicron Variant.
- Trovon C. Williams- NAACP, Vice President of Marketing and Communications – Williams discussed Martin Luther King Day and how the NAACP is raising National awareness about the history of King. He also discussed some of the challenges COVID has caused for African Americans and talked about the key issues that the NAACP is spearheading in 2022.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 01/14/22 – 01/16/22**

Guests & Topics:

- Dr. Eduardo Sánchez serves as the American Heart Association (AHA) Medical Director for Prevention. Dr. Sánchez is board certified in family medicine. He obtained his M.D. at the University of Texas (UT) Southwestern School of Medicine at Dallas, an M.P.H. at the UT Health Sciences Center at the Houston School of Public Health, and an M.S. in Biomedical Engineering from Duke University. He also has a B.S. in Biomedical Engineering and a B.A. in Chemistry from Boston University. How to help stay protected against dangerous new variants like omicron. How COVID-19 vaccines and booster doses protect against newer variants. Safety and efficacy of the vaccine in children 5 to 11 years of age. Recent information on COVID-19 vaccines in the United States: who is eligible now, how many people have been vaccinated, when to get a booster, and where people can go for more information about vaccines. Where to get more information and make appointments for both yourself or your children.
- Dr. José Colón - Mental Counselor – Recently a study published in the journal Pediatrics, showed evidence of the effects on problems in childhood when they do not enjoy a healthy pattern at bedtime. Dr. Colón guides us on recommendations to put into practice every day that could help families.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 01/07/22 – 01/09/22**

Guests & Topics:

- Adriana Cadilla, MD, pediatric infectious disease specialist with Nemours Children's Hospital in Orlando, Florida. The FDA and CDC made new COVID booster vaccine recommendations this week. Cadilla discussed what vaccinated people need to know now about getting a booster. Children as young as 12 can now receive a booster. Cadilla talked about why kids need a booster and spoke about the severity of Omicron compared to previous COVID-19 variants.
- Coach Monica Aldama, host of the Netflix Emmy Award-winning docuseries, *Cheer* and author of *FULL OUT: Lessons in Life and Leadership from America's Favorite Coach*. Why is discipline and consistency the key to building a winning team? Aldama offered practical solutions for personal growth, parenting, and job excellence. She gave suggestions on how to take command of your talent, make the most of your potential, and find your drive to succeed in 2022.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 01/07/22 – 01/09/22**

Guests & Topics:

- Irma Treviño: IRS liaison explain importance about two letters the Internal Revenue System is sending for people who received stimulus checks and child tax credit.
- Dr. José Colón: Does the pandemic make us better parent? A new national survey speaks about covid19 times and parenting.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/31/21 – 01/02/22**

Guests & Topics:

- Dr. Jaime Fergie, director of infectious diseases at Driscoll Children's Hospital and medical director at the Global Institute for Hispanic Health. Dr. Fergie provided the latest information on the Omicron variant and why there is a necessity for vaccines and boosters. He also focused on how COVID has affected our Latino communities and pediatric health.
- Dr. David Spiegel Chief Scientific Officer at the Sarah Cannon Research Institute – Top Advancements in Cancer Research in 2021
- Nate Appleman Food Network Celebrity Chef – Personal story involving plasma donations and info on the plasma shortage across the country

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/31/21 – 01/02/22**

Guests & Topics:

- The analyst Luis Davila Colon with a summary of the most shocking news of 2021.
- Dr. Sixto Porras: Best-selling author and director of the organization "Focus on the family" offering advice on how to overcome the difficult moments that have impacted the family in 2021.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.  
Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/24/21 – 12/26/21**

Guests & Topics:

- Dr. Adi Rosario is a scientist and lieutenant in U.S. Public Health Services. Dr. Rosario provided the latest information on the Omicron variant and why there is a necessity for vaccines and boosters. He focused on Asian American/Native Hawaiian/Pacific Islander health services.
- Dr. Kelly Sanders, Technical Lead of the Pandemic Response Initiative at the UCSF Institute of Global Health Sciences. Dr. Sanders focused on steps the United States and the World can take to improve pandemic preparedness and support health workers as we battle the Omicron variant this holiday season and into 2022.

## Estamos Contigo: Public Affairs Special

**(NO SHOW PROVIDED)**

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: Weekend of 12/17/21 – 12/19/21

Guests & Topics:

- Dr. Rachel Villanueva, MD FACOG is a Clinical Assistant Professor of Obstetrics/Gynecology at the NYU Grossman School of Medicine. Villanueva focused on the importance of maternal vaccination, especially in the Black community. She also gave us the latest information on the Omicron variant and the importance of boosters.
- Special agent Sandra Torres-Cone, Federal Bureau of Investigation (FBI). Torres discussed our domestic intelligence and security service agency and what they are doing to address hate crimes in the United States. Torres-Cone talked about what constitutes a hate crime, how the FBI learns of potential hate crimes, and how they are investigated and prosecuted.

## Estamos Contigo: Public Affairs Special

### (REPLAY OF THE 12/10-12/12 SHOW)

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: Weekend of 12/17/21 – 12/19/21

Guests & Topics:

- Exclusive interview with Senator Marco Rubio (R-FL): Speaks about Build Back Better and the Inflation, also leadership issues in Latin America.
- Mental Health Certified Counselor Dr. José Colón special interview about the journaling technique to help anxiety and stress.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/10/21 – 12/12/21**

Guests & Topics:

- Francis S. Collins, M.D., Ph.D. is Director of the National Institutes of Health and has served under three White House administrations. Dr. Collins gave us the latest information on the Omicron variant and discussed the resurgence of the Delta variant in the United States. He discussed additional research that is underway for COVID-19 and the importance of people getting their vaccine boosters as soon as they can. He offered recommendations for having a safe 2021 holiday season.
- Arianna Taboada, author of *The Expecting Entrepreneur*. *The Expecting Entrepreneur* is a guide to parental leave planning for self-employed business owners and entrepreneurs. Taboada says Parental leave is an issue of social justice, human rights, and economic equity. She talked about easy-to-implement strategies and diverse case studies of women entrepreneurs during pregnancy and motherhood. Taboada discussed her personal experience as an entrepreneur and parent and shared her expertise as a maternal and reproductive health professional.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/10/21 – 12/12/21**

Guests & Topics:

- Exclusive interview with Senator Marco Rubio (R-FL): Speaks about Build Back Better and the Inflation, also leadership issues in Latin America.
- Mental Health Certified Counselor Dr. José Colón special interview about the journaling technique to help anxiety and stress.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/03/21 – 12/05/21**

Guests & Topics:

- Dr. Steven Gordon, Chair of the Department of Infectious Disease at Cleveland Clinic. The Omicron COVID-19 variant has been a big worldwide topic of conversation as the first case was just confirmed in the United States. Dr. Gordon spoke about what we know right now about the transmissibility, severity, and other characteristics of the variant and whether current vaccines be effective. He also addressed the continued rise of COVID-19 cases across the country and the upcoming holiday and winter months.
- Dr. Carrie Tibbles, Director of Graduate Medical Education, at Beth Israel Deaconess Medical Center in Boston. Tibbles discussed her experiences working on the frontline against COVID-19 and the fact that nearly two years into the pandemic workers still need tools to effectively combat the infection. She offered ways to improve the fight against future pandemics and the emergence of the Omicron variant.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 12/03/21 – 12/05/21**

Guests & Topics:

- ANALYST MARIANO GONZALEZ- EMPLOYMENT REPORT IS BELOW EXPECTED, UNTIL WHEN WILL WE PAY HIGH PRICES AS A RESULT OF INFLATION?
- DR JOSE F COLON- SEASONAL AFFECTIVE DISORDER: THE SADNESS THAT THE SEASON PRODUCES IN SOME AND HOW TO MANAGE IT.
- NEW VARIANT OF COVID THREATENS THE WORLD: WE TELL YOU IN A REPORT WHERE IT HAS BEEN REGISTERED AT THE MOMENT.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 11/26/21 – 11/28/21**

Guests & Topics:

- Colleen Tressler, a Consumer Education Specialist with the FTC's Division of Consumer and Business Education, Heather Allen, Assistant Director for the FTC's Division of Financial Practices, & Abby Stempson, Director of the National Attorneys General Training and Research Institute's Center for Consumer Protection at the National Association of Attorneys General. Topics included budgeting, credit, debt, organizing your finances, and how to spot, stop, and report related scams and bad business practices.
- Rear Admiral Denise Hinton, the new Deputy Surgeon General, discussed Thanksgiving, the upcoming holiday season and what we should keep in mind as we plan gatherings. RADM Hinton focused on the recent authorization of a COVID-19 vaccine for children 5-11 and how it should play into parents' holiday plans.

## Estamos Contigo: Public Affairs Special

### (REPLAY OF THE 11/19-11/21 SHOW)

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 11/26/21 – 11/28/21**

Guests & Topics:

- TSA warning about high travel season and regulations. Special Report
- Digital Marketing Alex Ochart- New Staple Center name and Black Friday trends.
- Legal Expert and Professor Anthony Suarez with depth analysis of Kyle Rittenhouse case.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 11/19/21 – 11/21/21**

Guests & Topics:

- Colleen Tressler, a Consumer Education Specialist with the FTC's Division of Consumer and Business Education, Heather Allen, Assistant Director for the FTC's Division of Financial Practices, & Abby Stempson, Director of the National Attorneys General Training and Research Institute's Center for Consumer Protection at the National Association of Attorneys General. Topics included budgeting, credit, debt, organizing your finances, and how to spot, stop, and report related scams and bad business practices.
- Rear Admiral Denise Hinton, the new Deputy Surgeon General, discussed Thanksgiving, the upcoming holiday season and what we should keep in mind as we plan gatherings. RADM Hinton focused on the recent authorization of a COVID-19 vaccine for children 5-11 and how it should play into parents' holiday plans.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 11/19/21 – 11/21/21**

Guests & Topics:

- TSA warning about high travel season and regulations. Special Report
- Digital Marketing Alex Ochart- New Staple Center name and Black Friday trends.
- Legal Expert and Professor Anthony Suarez with depth analysis of Kyle Rittenhouse case.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 11/12/21 – 11/14/21**

Guests & Topics:

- Teri Nestel is the President & Chief Executive Officer of Children's Miracle Network Hospitals. Nestel talked about the mission of Children's Miracle Network and the impact that COVID has had on sick children nationwide. She discussed new technologies and giving to the foundation. More than 10 million kids enter a children's hospital across North America every year. Since 1983, Children's Miracle Network Hospitals has helped fill those funding gaps by raising more than \$7 billion. Its various fundraising partners and programs support the nonprofit's mission to save and improve the lives of as many children as possible.
- Ava Paige, a 2022 National CMN Champion. Ava is 17 years old and has received treatment for cancer at Monroe Carell Jr. Children's Hospital at Vanderbilt. She is a songwriter and loves to golf. She talked about being a CMN ambassador who will spend her year advocating for the charitable need of children's hospitals across North America.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 11/12/21 – 11/14/21**

Guests & Topics:

- From Washington Senator Rick Scott speak about infrastructure bill consequences.
- Digital Expert Alex Ochart speaks about Black Friday and how to really save money.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 11/05/21 – 11/07/21**

Guests & Topics:

- Dr. Kenneth Alexander Chief of Infectious Diseases at Nemours Children's Hospital, Florida, spoke to 5-11 year-old vaccine approval. He discussed the impact of COVID-19 on children as compared to adults and why is it important for eligible children to get vaccinated. Alexander talked about why he thinks vaccines are safe for children and what parents should know about the recent authorization of a vaccine for children 5 to 11
- Dr. Matthew Miller, PhD, MPH (U.S. Air Force Veteran and National Director of Suicide Prevention, U.S. Department of Veterans Affairs), and Heidi Arthur (Chief Campaign Development Officer, the Ad Council). Ahead of Veterans' Day this year, the Ad Council and the U.S. Department of Veterans Affairs have partnered on a national PSA campaign to prevent Veteran suicide. The "Don't wait. Reach out." PSAs announce a new website and encourage Veterans to get support across a wide range of life challenges – before they are in crisis. According to the 2021 National Veteran Suicide Prevention Annual Report, the suicide rate among Veterans in 2019 was 52% higher than non-Veteran adults in the U.S. Miller and Arthur talked about Common stresses that Veterans face in civilian life and the new resources available to help Veterans who are struggling

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 11/05/21 – 11/07/21**

Guests & Topics:

- No show delivered

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 10/29/21 – 10/31/21**

Guests & Topics:

- Dr. Dorraya El-Ashry, Chief Scientific Officer of the Breast Cancer Research Foundation. This year, the World Health Organization announced that breast cancer is now the most common cancer worldwide—surpassing lung cancer for the first time. It's Breast Cancer Awareness Month and Dr. El-Ashry talked about the biggest advances in research over the last 30 years and what women know about screening and why is it especially important after the COVID-19 pandemic. She also discussed new treatments on the horizon and how people can potentially access them.
- Dr. Pooja Shah, Division Medical Director, OBGYN for Banner Health in Phoenix, AZ. Dr. Shah focused on why pregnant women shouldn't be fearful of getting vaccinated and why the CDC recently came out with a stronger recommendation for pregnant women to be vaccinated. She also covered why COVID-19 vaccines don't affect fertility and whether or not COVID antibodies could be passed along to the baby in utero and/or through breastmilk.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 10/29/21 – 10/31/21**

Guests & Topics:

- Irva Treviño From the Internal Revenue Service speaks about checks with the tax child credit and frauds.
- Digital Expert Alex Ochart shares information about the new concept from Facebook now Meta!

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 10/22/21 – 10/24/21**

Guests & Topics:

- Ken Seeley is an interventionist and author. He is best known for his appearances on the A&E reality show, *Intervention*. Certified as a CIP, CCMI-M, RAS, CATC, Seeley himself has been sober since July 14, 1989. Seeley discussed addiction and the impact COVID-19 has had on the increase in drug and alcohol abuse. He talked about relationships and where people can go for help. Seeley also mentioned *Stop It Where It Starts*, a nonprofit organization designed to introduce Substance Use Awareness to the Education Majors in our Colleges and Universities.
- Dr. Murtaza Akhter is Clinical Assistant Professor of Emergency Medicine and an emergency room physician at the University of Arizona College of Medicine–Phoenix. Akhter discussed vaccine hesitancy from the perspective of the emergency medicine. He let people know why you should be vaccinated. He also discussed the latest details pertaining to booster shots.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 10/22/21 – 10/24/21**

Guests & Topics:

- Political analyst Mariano González: Explain the legacy of Gen. Colin Powell.
- Tech Expert Alex Ochart speaks about the new futuristic COVID19 mask for young people and Trump new social media announcement.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 10/15/21 – 10/17/21**

Guests & Topics:

- Colleen Tressler, a Consumer Education Specialist with the FTC's Division of Consumer and Business Education. Lois Greisman, FTC's Division of Marketing Practices, and Abby Stempson, Director of the National Attorneys General Training and Research Institute's Center for Consumer Protection at the National Association of Attorneys General. The Federal Trade Commission guests discussed the latest in pandemic and related scams and frauds: vaccine passports/certificates, travel, vaccine lotteries/giveaways, job scams, and social media money making opportunities. The FTC and our 50 states collaborate on investigations and joint enforcement actions, as well as consumer education and outreach.
- Chloe Demrovsky, President and CEO of Disaster Recovery Institute International. Demrovsky discussed the supply chain and the challenges businesses and families face in conjunction while dealing with the pandemic. She talked about the difficulties we are currently facing while trying to reactivate the economy.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 10/15/21 – 10/17/21**

Guests & Topics:

- Distribution crisis will affect Christmas?- Allan Macabee business expert explains this crisis.
- Blue origin does it again but why it is important?- Digital Marketing and Tech Expert Alex Ochart in a special interview.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 10/08/21 – 10/10/21**

Guests & Topics:

- Dr. Ilan Shapiro is a pediatrician who is currently serving as AltaMed's Medical Director of Health Education and Wellness. Dr. Shapiro discussed health care equality with an emphasis on the Latino population for Hispanic Heritage month. Shapiro has created binational public health programs to improve the health of Hispanic communities on both sides of the border. He talked about advocating for vaccine confidence and can speak to hesitancy in the Latino community as well as other COVID-19 related topics.
- REV. MARKEL HUTCHINS Founder, Chairman, and CEO, Movement Forward, Inc. and Lead Organizer, National faith and Blue Weekend & New York City Police Commissioner Dermot Shea discussed the importance of taking a collaborative, grassroots approach to police reform by bringing law enforcement, local community members, and other stakeholders together to find common ground. Hutchins and Shea talked about how to deal with issues of systemic racism and inequality in policing as well as the mission of National faith and Blue weekend.

## Estamos Contigo: Public Affairs Special

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 10/08/21 – 10/10/21**

Guests & Topics:

- Digital Marketing and Tech Expert Alex OChart talks about the Facebook, Instagram and WhatsApp outage and answers the question 'Can this Happen again'?
- Certified Mental Health Expert Dr. José Colón speaks about social media addiction.

## iHeartRadio Communities: Public Affairs Special

30min show for all English stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 10/01/21 – 10/03/21**

Guests & Topics:

- Shari Sinwelski, MS/Ed.S., has been working in the field of suicide prevention since 1994 and currently serves as the Associate Project Director for the National Suicide Prevention Lifeline, where she oversees networks operations, standards, training and practices for its network of 165 crisis centers. September is [National Suicide Prevention Awareness Month](#) and this year, it's even more important to discuss mental health as both the CDC and WHO have stated that our mental health continues to be a huge issue since the COVID-19 pandemic began. Sinwelski discussed the warnings about its possible effects on suicidal behaviors. Sinwelski discussed how people can maintain hope if they are feeling suicidal and where they can get help.
- Omney Crawley, Chief Marketing Officer for Goodwill, is responsible for leading the company's brand and its 3300 stores. She discussed equity in education and work and what Goodwill is doing to bridge the gap. Crawley talked about the Goodwill enterprise and how they focus on upskilling millions of Americans and help to get them back into the workforce. She also presented ways people and companies can also get involved in the workforce effort.

## Estamos Contigo: Public Affairs Special

### (REPLAY OF THE 9/24-9/26 SHOW)

30min show for all Spanish stations to run in place of current show or in addition to.

Designed to focus on the biggest issues impacting you this week.

To air: **Weekend of 10/01/21 – 10/03/21**

Guests & Topics:

- Exclusive interview with Florida State AG Ashley Moody: Vaccine Mandates in the Nation.
- Artificial Intelligence could cause 300 millions of people to lose their jobs.- Tech expert Alex Ochart with the details.

