A 5-Minute Program Heard Saturdays* at 6:25 AM and 6:55 PM October - December, 2023

DATE	ISSUE	GUEST AND DESCRIPTION
October 7, 2023	Serving Homeless Families and Children in California	Host: Carmen Shantz Guest: Malissa Christoffersen, Teacher, Precious Lambs Preschool, (Long Beach, CA). https://preciouslamb.org/ Description: Precious Lambs is a preschool for the children of homeless families. The program follows a state-approved curriculum with an emphasis on trauma recovery and faith-based principles. Their needs for an emotional connection are developed, even as they are individually homeless, they have become a
October 14, 2023	Maternity Home for Expectant Mothers in Golden State	Host: Carmen Shantz Guest: Beckie Perez, Co-Founder and Executive Director, 29: Eleven Maternity, (San Diego, CA). https://29eleven.org/ Description:29: Eleven Maternity provides a safe place for women facing unplanned pregnancies to live. They receive healthcare, counseling and life-skills training to give them the confidence to navigate towards parenthood or create an adoption plan. This Jeremiah 29:11-based Maternity Home is serving homeless mothers with much trauma. A maternity home (for unborn and newborns) is offered, as well as an extended care home (for baby and other children). Mothers are helped with employment and educational goals, addictions, and mental health issues.
October 21, 2023	Edible School Yards Teach Land Stewardship in Bakersfield	Host: Carmen Shantz Guest: Dylan Wilson, Executive Director, Grimm Family Education Foundation, (Bakersfield, CA). https://www.grimmeducation.org/ Description: The focus of the Grimm Family Education Foundation is to provide edible schoolyard programs in schools across Kern County, including in Bakersfield. These programs include hands-on educational gardening from seed to table. The mission is to create growth in the communities that they serve, to broaden community impact through their programs, partnerships, research, fund development, and community outreach. There are eight campuses with ¾-acre gardens where students grow, cook, and eat their own food. This helps them to learn good stewardship of the land and of their bodies.

*KFRB's local edition of Community Bridge was preempted by national Community Bridge public affairs programming in November 2023, please see descriptions below.

A 5-Minute Program Heard Saturdays* at 6:25 AM and 6:55 PM October - December, 2023

DATE	ISSUE	GUEST AND DESCRIPTION
October 28, 2023	Providing Food and	Host: Charrie Slater
	Access to those in	Guest: Keith Bergthold, CEO, Fresno Metro Ministry (Fresno,
	Need in California	CA). www.fresnometmin.org
		<u>Description</u> : Keith told about their mission and programs to go along with providing food for those in needs. He first told us about their Food to Share program that partners with community gardens and other resources. Next, he told us about the food system and how they try to use food that would otherwise be wasted, to feed people. There is a high poverty rate in Fresno along with a food access problem. They provide healthy food, as well as access/distribution and have partnered with a local church to create a warehouse.

A 5-Minute Program Heard Saturdays* at 6:00 AM and 6:30 PM October - December, 2023

DATE	ISSUE	GUEST AND DESCRIPTION
December 2, 2023	Success in	Host: Carmen Shantz
	Challenges Offers	Guest: Paula Wood, Executive Director, Success in Challenges,
	Hope and Skills to	(Long Beach, CA). https://successinchallenges.org/
	Seniors and Teens	<u>Description</u> : Success in Challenges is an outreach organization
		that provides programs that addresses the various challenges for
		low-income and homeless individuals. These programs include
		afterschool mentoring, men's programs, fitness programs, and
		community outreach to name a few. If there is a need presented,
		Success in Challenges creates a program to address that need. For
		example, seniors have exercise classes and social interactions,
		while teens learn in a "Pathways to Adulthood" course, followed
D	II 2- XV2	by 6 weeks of training.
December 9, 2023	Heaven's Window	Host: Carmen Shantz
	Overcomes Hunger in California	Guest: Angela Kretschmar, CEO and Founder, Heaven's Window,
	m Camorma	(El Cajon, CA). https://www.heavenswindows.org/
		<u>Description</u> : Food insecurity extends to working families and seniors now, as well as immigrant families. Heaven's Window is
		a charitable organization and community resource network in San
		Diego County aiming to help improve the lives of families, senior
		citizens, migrants, un-housed individuals, children, and more.
		They work to connect people with various resources to help
		overcome food insecurity in the local community. This is a food
		distribution program after school that includes at risk kids, whose
		favorite food is the fresh produce!
December 16, 2023	Volunteer Center	Host: Carmen Shantz
December 10, 2023	Unleashes	Guest: Lori Honea, Executive Director, Volunteer Center of Kern
	Bakersfield Helpers	County, (Bakersfield, CA). https://www.volunteercenter
		Description: The Volunteer Center of Kern County serves the
		Kern County area, including Bakersfield, focusing on the
		community, civic and social issues that impact the greater region.
		Their goal is to serve the community utilizing volunteers
		dispatched from our Volunteer Exchange program, the Americorps
		Senior Retired & Senior Volunteer Program (R.S.V.P.) and the
		court ordered Community Service Program. "Volunteers" are the
		heart of Kern County. With a focus on giving to seniors and
		veterans, they match nonprofit organizations needing volunteer
		help to volunteers to needs (for example, giving blankets and
		food). Some very grateful seniors are served!

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A 5-Minute Program Heard Saturdays* at 6:00 AM and 6:30 PM October - December, 2023

DATE	ISSUE	GUEST AND DESCRIPTION
December 23,	*	* Community Bridge was pre-empted by special Christmas
2023*		programming.
December 30, 2023	Focus Forward	Host: Carmen Shantz
	Serves Trauma-	Guest: Joanna Litchenberg, CEO, Focus Forward, (Fresno, CA).
	Impacted Youth	https://www.focusforward.org
		<u>Description</u> : A common thread amongst troubled kids is trauma in
		their childhood. This sometime leads to harm related to drugs and
		gangs and ultimately, the law. Focus Forward supports Fresno
		County youth in the juvenile justice and child welfare systems, and
		their families. A multitude of service activities are provided
		including case management, one-on-one and group interventions,
		family support, education and employment support, free tax
		preparation services, tangible resources, referrals to community-
		based programs and more. While their main core program offered
		is mentoring, they also have parenting higher education support,
		comprehensive and critical re-entry and family services, and
		school-based services. Youth often continue their relationships
		with mentors after they leave the program.

Family Stations, Inc. Issues/Program List *Community Bridge*, Heard Saturdays at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain

October - December, 2023

DATE	ISSUE	GUEST AND DESCRIPTION
	1	
October 7, 2023	U.S. Student Athletes	Host: Jenny Burkhiser
	Share Faith Today	Guest: Jeff Martin, Executive Vice President of Strategic
	(25 minutes)	Partnerships, Fellowship of Christian Athletes, (Kansas City, MO).
		www.fca.org; www.fieldsoffaith.com
		<u>Description</u> : The leading edge of Gen Z has turned 25 years of
		age, which means this cohort is starting to graduate from college,
		obtain jobs, vote, rent apartments—and walk into church. But
		Generation Z is the least religious generation in the United States:
		about 44% of Gen Z adults identify as atheist, agnostic, or have no
		specific religious affiliation, while only 35% identify as Christian.
		Notably, Generation Z Christians are "missionaries" to their own
		generation, with 82% of such teenagers reporting having shared
		about God in the last year. The Fellowship of Christian Athletes'
		(FCA) vision is to see the world transformed by Jesus Christ
		through the influence of coaches and athletes growing in Christ
		and His Church. This year, FCA is hosting its Fields of
		Faith events, offering an athletic field as a neutral rallying point
		for a community of faith believers where side by side, student
		athletes invite, pray for, share with, and challenge their peers to
		read the Bible and follow Jesus Christ.
October 14, 2023	Showing Care &	Host: Jenny Burkhiser
	Support for	Guest: Brian Kluth, National Spokesperson for the <i>Bless Your</i>
	Your Pastor	Pastor Movement, (Golden, CO). www.blessyourpastor.org
	(25 minutes)	<u>Description</u> : Called shepherds of their flocks, those serving as
		pastors to care for the people of God have a high calling that
		comes with many demands: from church service preparations and
		attending to the numerous spiritual needs of the congregation to
		comforting and serving those who have lost loved ones. Sadly, the
		number of pastors seriously considering quitting full-time ministry
		has risen dramatically in recent years, citing stress of the job,
		loneliness and isolation, current political divisions, family
		problems, and financial strain, as many churches have limited
		budgets and are often not able to compensate their pastors or
		church staff very well. That's why the Bless Your Pastor
		Movement was created to mobilize Christians and churches
		everywhere to show and share God's love for their pastors and
		church staff even as churches work toward better compensation.

Family Stations, Inc. Issues/Program List *Community Bridge*, Heard Saturdays at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain October - December, 2023

DATE	ISSUE	GUEST AND DESCRIPTION

DATE	ISSUE	GUEST AND DESCRIPTION
_		
		To better love and care for pastors and church staff, go to
		BlessYourPastor.org to give your pastor various blessings.
October 21, 2023	Comforting Israel	Host: Jenny Burkhiser
	Crisis-Impacted	Guest: David Parsons, Vice President & Senior International
	(25 minutes)	Spokesman, International Christian Embassy Jerusalem,
		(Jerusalem, Israel). https://icejusa.org/
		<u>Description</u> : Deadly terrorist attacks in Israel have resulted in a
		tragic and volatile situation. As Israel goes through its greatest trial
		in modern history, how can we respond biblically, praying for the
		peace of Jerusalem? The International Christian Embassy
		Jerusalem was established in 1980 in recognition of the biblical
		significance of all of Jerusalem and its unique connection with the
		Jewish people. Their goal is to stand with Israel in support and
		friendship, equip and teach the worldwide church regarding God's
		purposes with Israel and the nations of the Middle East, be an
		active voice of reconciliation between Jews, Christians, and Arabs,
		and support the churches and congregations in the Holy
		Land. With so many Jewish people living in unthinkable
		conditions right now in Israel and around the world — including
		innocent children, families, and elderly Holocaust survivors —
		generous donations can help The Fellowship provide basic
		necessities like food, medical assistance, and shelter as well as
		safety and security provisions. Americans with Jewish neighbors
		were encouraged to support their local synagogues and Jewish
		neighbors in these difficult times with a Christian testimony of
		comfort and love.
October 28, 2023	Supporting Mental	Host: Jenny Burkhiser
	Health, Preserving	Guest: Ron Maxwell, Founder of the <i>Christian Music</i>
	Christian Music,	Preservation Project, (St. Petersburg, FL). www.musicprez.org
	& Hymns	Description: Martin Luther was facing giants. What did he do for
	(25 minutes)	courage? He wrote the hymn, "A Mighty Fortress Is Our God"
		with the timely words, "Christ Jesusmust win the battle." Has
		God ever encouraged your heart with a special worship song at
		just the right time? Ron shared how Christian music is the best
		music in the world, supporting our faith, mental health, and overall
		health. That's why they are working to preserve worship songs for
		future generations. There are many reasons to preserve the most
		powerful music in the world: from the deterioration of media, loss of
	1	11

Family Stations, Inc. Issues/Program List Community Bridge, Heard Saturdays

at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain October - December, 2023

DATE	ISSUE	GUEST AND DESCRIPTION
	1	
		digital devices and hard drives due to failures, accidents, thefts and
		fires, to increasing censorship, the threat to Christian music is real.
		The Music Preservation Project values creating a plan that will
		provide access to the most powerful music in the world, now and
		for future generations. Prayers, ideas, involvement and financial
		support for this historic Project were welcomed to help preserve,
November 4, 2022	The UC Cos Morbest	promote & provide the music worth saving!
November 4, 2023	The US Gas Market	Host: Jenny Burkhiser Cyacty Spott Angella former U.S. Byrney of Sofety and
	and Conservation:	Guest: Scott Angelle, former U.S. Bureau of Safety and
	Lowering Pump Pain	Environmental Enforcement Director and Founder of USA Energy
	(25 minutes)	Workers, (Lafayette, LA). https://usaenergyworkers.com/
		<u>Description</u> : Thanksgiving and Christmas are supposed to be times of gratitude and joy—not stress and anxiety. However,
		inflation-battered drivers will have to dig deeper into their wallets
		to afford the cost of this year's holiday road trips with friends and
		family as gasoline prices are on the rise yet again and the cost of
		nearly everything is up thanks to increasing inflation. With
		the average price for a gallon of gasoline is \$3.82 – 60 cents
		higher than at the beginning of 2023, how can one best plan ahead
		to enjoy creating memories with loved ones without the needless
		worry? Tips to conserve fuel include planning for trips, pack light,
		do not needlessly idle a vehicle with it running, clean or replace
		the air filter, and limit high speed, starts and stops. Scott
		maintained that there is a need for more American-produced and
		generated energy, with superior climate and environmental metrics
		as derived from USA Energy Workers. His perspective was to
		balance the 3Es: Environment, Energy, and Economy,
		encouraging American energy policy that includes traditional and
		renewable energy resources that support US energy workers,
		Americans in poverty and on fixed incomes, and the economy.
November 11,	Saving Lives,	Host: Jenny Burkhiser
2023	Restoring Families, &	Guest: Brandon Kunath, American Combat Veteran and National
	Changing Legacies of	Programs Director, Mighty Oaks Foundation, (Magnolia, TX).
	American Veterans	https://www.mightyoaksprograms.org/
	through Christ	<u>Description</u> : Jesus Christ can change a legacy forever—no matter
	(~40 minutes)	how broken. Branden Kunath shared his own story and how to be
		a part of changing legacies for veterans—lives saved and families
		restored as they become "mighty oaks" rooted in God's Word.

Family Stations, Inc. Issues/Program List Community Bridge, Heard Saturdays

at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain October - December, 2023

DATE	ISSUE	GUEST AND DESCRIPTION
November 18, 2023	Building a Family Economy for Strong Households, Communities, Society, & Earth Stewardship (35 minutes)	Post-traumatic stress can occur following a life-threatening event like military combat, natural disasters, terrorist incidents, serious accidents, or violent personal assaults. People who suffer from PTSD often suffer from nightmares, flashbacks, difficulty sleeping, and feeling emotionally numb. Members of the military exposed to war/combat and other groups at high risk for trauma exposure are at risk for developing PTSD. Among veterans returning from the current wars in Iraq/Afghanistan, PTSD and mild to moderate traumatic brain injury (TBI) are often linked and their symptoms may overlap. The physical changes that take place in the body and brain following trauma are beginning to be understood, but most treatments for these changes are still experimental. This makes it difficult to "hold on" until hope can be found for many veterans. The Mighty Oaks Foundation is committed to serving the brokenhearted by providing intensive peer-based discipleship through a series of programs, outpost meetings, and speaking events, hosting Mighty Oaks Warrior Programs for men and women, as well as Marriage Advance Programs. The Warriors who attend are fully sponsored for training, meals, and lodging needs to ensure that upon arrival to the ranch, each Warrior is focused solely on recovery and identifying purpose going forward. Host: Jenny Burkhiser Guest: Ray Simmons, Pastor of Ascension Reformed Church and Author of The Confessional County: Realizing the Kingdom through Local Christendom, (Montgomery County, IA). https://gatherandgrow.us/ Description: As we are celebrating Thanksgiving in a few weeks, we will be remembering the Pilgrims as well as revisiting the stories and history of our American forefathers and families. Today, moral values and families are declining, even as record inflation, homelessness and crimes such as flagrant shoplifting are seen. The Scripture notes that the home is the focus of discipleship and fathers are key to this, however, about 41% of children in America are born without present fathers.

Family Stations, Inc. Issues/Program List Community Bridge, Heard Saturdays

at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain

October - December, 2023

DATE	ISSUE	GUEST AND DESCRIPTION
		Economy was defined as productive families that are unified and complementary, practically providing for the needs of the family and producing things as distinguished from the individual or corporate economy where the family is fragmented and each goes to his own place through the day. Children are part of serving and helping in age-appropriate ways. The husband and wife work together in a family economy per Genesis 2. While the Industrial Revolution had many positives, it moved fathers from the home during the most productive hours of the day and machinery took the place of the family helping each other. Deuteronomy 6 is a very good picture of the blessings of being in a covenant community, family, or church. For example, Pastor Simmons has built a family economy through a construction business; while he makes bids for jobs, his sons perform the construction and his daughter is responsible for accounting. Pastor Simmons advised to start your own family economy to be self-sufficient, including family devotions in the evenings for family discipleship. Grandparents can teach their grandchildren and multigenerational family unit is biblical and early puritans were interdependent and formed a microeconomy. He shared how one family has opened a store with the mother and kids homeschooling in the back while the father maintains the store. There are practical steps that parents and even grandparents can take now to build a successful and God honoring "family economy" model of the pilgrims and puritans — including bee keeping, raising chickens, and growing your garden.
November 25, 2023*		* Community Bridge was pre-empted by special Christmas programming.
December 2, 2023*		* Community Bridge was pre-empted by special Christmas programming.
December 9, 2023*		* Community Bridge was pre-empted by special Christmas programming.
December 16, 2023*		* Community Bridge was pre-empted by special Christmas programming.
December 23, 2023*		* Community Bridge was pre-empted by special Christmas programming.
December 30, 2023*	_	* Community Bridge was pre-empted by special Christmas programming.

Issues/Program List

"FAMILY NEWS TODAY" with Jason Frentsos

A 2-Minute Program Heard Weekdays

DATE	ISSUE	DESCRIPTION
October 2, 2023	Wedding Day Charity Rescue	In a heartwarming display of kindness, a passerby came to the rescue of a bride whose wedding day nearly took a turn for the worse when her car broke down enroute to the church.
October 3, 2023	Food Insecurity	A group of students in St. Petersburg, Florida, is helping other students with food insecurity and in need through a local nonprofit organization.
October 4, 2023	Kindness of Healthcare Heroes	A high school senior, who wasn't able to attend her homecoming dance due to a recent brain surgery, received a heartwarming surprise when the hospital staff brought the homecoming festivities to her.
October 6, 2023	Saving Pet's Lives	A postal worker in Georgia has emerged as an unexpected hero by saving the life of a dog who was bitten by a venomous snake.
October 9, 2023	Honoring Heroes	Every day, folks across the country remember the heroes who gave their lives to save ours, including one woman who has found a way to honor them through her love for cooking.
October 10, 2023	Autism Awareness	A thrift store in Tampa, Florida, is giving back in a big way selling secondhand goods to help those living with autism.
October 12, 2023	Acts of Goodwill	When a thrift store manager in California found a pile of cash in donated clothes, he tracked down the owner and returned the money.
October 13, 2023	Philanthropy	A billionaire who managed to give away his entire fortune during his lifetime passed away this weekend at the age of 92 years of age.
October 16, 2023	Church Food Pantry	A megachurch in Nebraska plans to build a food pantry and an auto repair shop to serve low-income community members.
October 17, 2023	Free Haircuts	A barber on Chicago's Southside has spent the last 20 years giving out free haircuts to anyone in need, from star athletes to military brass!
October 20, 2023	Supporting Israel	Christians from around the quad cities of Iowa and Illinois joined together for an evening to honor Israel.

Issues/Program List

"FAMILY NEWS TODAY" with Jason Frentsos

A 2-Minute Program Heard Weekdays

DATE	ISSUE	DESCRIPTION
October 23, 2023	Celebrating Life	A man from Houston who was given just two months to live is crediting God for keeping him alive.
October 25, 2023	Road Safety	A small town is putting a stop to speeding by planting thousands of flowers, which have caused drivers to slow down as they pass by!
November 1, 2023	Repairing Homes for People in Need	Veterans in St. Louis recently received free home repairs from a group of volunteers who say it's their way of saying "thank you" to those who have served the country.
November 2, 2023	Anti-Choking Devices	A family in Lowell, Massachusetts, has donated hundreds of anti- choking devices to schools in their community.
November 4, 2023	Repurposing Furniture for Needy	A Christian teacher is building custom furniture items out of his garage in Iowa and it's all for a good cause!
November 6, 2023	Overcoming Disabilities	A ten-year-old quadruple amputee says he's on top of the world after summiting a 650-foot mountain to raise money for other children with disabilities.
November 10, 2023	Flagpole for Freedom	One family is making it their mission to remember veterans and their sacrifices by creating the world's tallest flagpole and building a park to honor every fallen soldier.
November 11, 2023	Creating Hiring Opportunities	A brownie bakery outside New York City is creating sweet new hiring opportunities for all who have a passion for work!
November 13, 2023	Dental Care for Veterans	A Houston dentist met a U.S. Air Force veteran who was struggling with dental issues and decided to surprise him with \$15,000 worth of dental work.
November 16, 2023	Operation Christmas Child	Volunteers across the country are unrolling the packing tape this week as Operation Christmas Child has officially opened up their drop-off centers for <i>National Shoebox Collections Week!</i>

Issues/Program List

"FAMILY NEWS TODAY" with Jason Frentsos

A 2-Minute Program Heard Weekdays

DATE	ISSUE	DESCRIPTION
N 1 21 2022		
November 21, 2023	Supporting Local Businesses	A business owner in Portland recently suffered a string of break-ins at his establishment, but amidst all the challenges, a stranger's selfless act
		sparked a chain of generosity in the community.
November 27, 2023	Ending Youth Crime	A man tracked down the teenager who mugged his nephew. Rather than hand him in to the police, he spoke to the teenager about turning
		his life around.
November 28, 2023	Giving Tuesday	Following two of the biggest shopping days of the year, Black Friday
		and Cyber Monday, Giving Tuesday celebrates generously giving back.
December 1, 2023	Food Bank Donation	Last week, an anonymous donor stepped forward with an extraordinary
		\$800,000 donation, completely covering the expenses associated with the relocation of a Food Bank in Auburn, Washington!
December 4, 2023	Spreading Christmas Cheer	Every Christmas, a woman in Philadelphia hands out hundreds of stuffed animalsnot for kids, but for seniors in need of some
	Checi	Christmas cheer.
December 11, 2023	Sharing Christmas	A family in Georgia has found a creative way to brighten Christmas for
	Норе	many while helping others all year long.
December 12, 2023	Tennessee Disaster	As residents of Middle Tennessee continue to clean up following the
	Relief	devastating tornadoes that tore through the area on Saturday, relief organizations like <i>Convoy of Hope</i> have been on the ground serving the
		residents with food, water, and other necessities.
December 13, 2023	Christmas Sock	Thanks to a generous teenager, there are hundreds of people across the
	Giveaway	nation getting socks for Christmas—they couldn't be happier about it.
December 14, 2023	Toys For Joy	Loud cheering amid encouraging words of prayer could be heard as
		over 2,500 families and children received donated toys and boxes filled with groceries during a California church's drive-through distribution
		event, Toys for Joy.

Issues/Program List

"FAMILY NEWS TODAY" with Jason Frentsos

A 2-Minute Program Heard Weekdays

DATE	ISSUE	DESCRIPTION
December 15, 2023	Homes for Pets	A 9-year-old girl from Colorado has turned her personal loss into an inspiring mission to bring joy to pets without homes!
December 18, 2023	Giving Back to Veterans at Christmas	Christmas is a time when people give thanks and help their fellow neighbors. Military families are no exception. For the many American veterans who need a helping hand during the holiday, <i>Code of Vets</i> is there to step in.
December 19, 2023	Celebrating First Responders	First responders always deserve our gratitude, but especially during the holidays, and the <i>Tunnels to Towers Foundation</i> is helping do just that!
December 20, 2023	Feeding School Children at Christmas	A North Carolina teacher said with the help of donations from the community, she was able to buy \$100,000 worth of groceries at Costco to help feed 5,000 students in Durham Public Schools through the holiday break.
December 22, 2023	Giving Christmas to Homeless Charity	Christmas is the season of giving AND giving back! A former homeless man has decorated his home with more than 16,000 Christmas lights to raise money for a local homeless charity.