

**FOCUS ON THE FAMILY BROADCAST  
FCC ISSUES REPORT  
(For Radio Station's Public File)  
July/ August / September 2021**

TO: Katie Burke, FocusSat,

FROM: Brian Krause, Syndication Manager

Date 7/7/2021 & 7/8/2021  
Title What to Do When You're Not Okay I-II  
Length 57 minutes  
Description Life can be pretty stressful. Between work, relationships, and other obligations, the pressure builds, and we lose sight of who we are. On this two-day Focus on the Family broadcast, counselor Debra Fileta helps you better understand your emotions, assess your mental, physical, and spiritual health, and intentionally pursue a path to wellbeing. In dealing with anxiety, depression, and panic attacks, Debra understands the importance of self-examination as well as the benefits of seeking professional help. She offers biblically-based advice, tools, and encouragement to help you get on a path toward healing and wholeness.

Date 7/23/2021  
Title Overcoming Adversity Through Faith and Sports  
Length 27 minutes  
Description Four-time Olympic gold medalist and former WNBA All-Star Tamika Catchings-Smith shares her story—a journey through adversity as she dealt with bullying during childhood due to hearing loss. Finding her identity in basketball, she pursued her dream of playing at college and professional levels, even going on to be part of the Olympic teams. Her testimony is an encouragement and inspiration.

Date 8/09/2021  
Title How a Strong-Willed Woman Can be Used by God I-II  
Length 26 minutes  
Description Cynthia Tobias encourages strong-willed women to make the most of their abilities by harnessing their will to God's plans and purposes for their lives. She explains several common traits found in strong-willed women, along with the "dark side" of each attribute, explaining how that characteristic can be problematic if it's not closely monitored. She concludes with an encouraging look at a modern interpretation of the Proverbs 31 woman.

Date 08/11/2021  
Title Understanding Your Teen's Digital World  
Length 27 minutes  
Description Our kids are drawn to digital devices. Between remote learning, peer pressure, social media and general entertainment and communication, today's generation is constantly staring at a screen. What is a parent to do? Based on his latest book Parenting Generation Screen, Jonathan McKee equips parents with insight and general guidelines to promote safety and healthy boundaries as they navigate a screen-driven world with their kids.

Date 9/01/2021 & 09/02/2021  
Title Finding Freedom from Addiction I-II  
Length 57 minutes  
Description Dr. Gregory Jantz helps define what an addiction is, contrasting it with other practices that don't interfere with daily living, and what drives people to addiction. He discusses various forms of common addictions, such as opioids, eating disorders, sexual or relationship addictions, and technology. He talks about some of the dynamics of addiction in the Christian community, such as shame, accountability and the importance of receiving God's love and forgiveness. He also tackles the tough questions about intervention for family members who refuse to seek help.

Date 09/23/2021  
Title Discovering Your New Identity as a Stay-at-Home Mom  
Length 27 minutes  
Description Jen Babakhan is a former 3rd grade teacher who never intended to be a stay-at-home mom. But shortly after the birth of her firstborn, she sensed God telling her to stay home. Jen felt very conflicted for several years; thrilled to be at home yet also feeling isolated and alone, and even guilty about the financial stress upon her husband. She recounts how God compared her son's tantrum to her own distrust of His better plan for her life. Jen also addressed the importance of mom friends and community, why moms need something special for themselves outside of motherhood, and how God sees their service to their children as serving Him.