STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: First Way Pregnancy Center Banquet

**DISCUSSION:** 

First Way Pregnancy Center is having a banquet with guest speakers, focusing on Teen Pregnancy. All are welcome to attend. First Way Pregnancy Center is an independent no profit with a board of directors. The cost of the tickets are \$25. Reach out for more and for help call 301-777-1261

DATE: 10/02 & 10/03

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

**GUEST:** Paulette Porter

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: COVID-19 Vaccinations

#### **DISCUSSION:**

Doctor Sean McCaugh's honor, get the vaccine as it prevents hospitalities. Dr. McCaugh, beloved Cumberland resident, passed away earlier this year from COVID. Terri McCaugh is Sean's widow. Sean was a week out from his vaccine, but got COVID before his vaccine. He received great care from UPMC where he later passed away. His wife says if he were here today, he would be recommending those to get vaccinated. Do it in his honor.

DATE: 10/02 & 10/03

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Terri McCaugh

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: COVID-19 Booster Shots

#### DISCUSSION:

Jinlene talks about get folks their booster shots. After FDA approval, for 65 years and older and those 18-64 with underlying medical conditions. People who work in daycare, education, healthcare, those kinds of settings are also eligible for booster shots. If you were vaccinated between January and April, you are eligible for a booster. Even with the vaccine, you are more protected than those who are not.

DATE: 10/09 10/10

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Jinlene Chan

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: COVID-19 Booster Shots

#### **DISCUSSION:**

The top goal is still getting those who are unvaccinated to get vaccinated. In the state and country are seeing much higher hospitalization in those who are not vaccinated. The vaccine gives your body a fighting chance with the vaccine. One thing she hears is the vaccine was developed too quickly. Technology has been worked on for 10 or 20 years with the genetic material it was able to extract genetic material and make it into a vaccine. This vaccine has been top priority.

DATE: 10/09 10/10

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Jinlene Chan

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Mental Health Focus

#### **DISCUSSION:**

There is such a STIGMA around Mental Health. Trone says 1 in 5 adults in the US live with some sort of Mental Illness. Less than half of them actual get treated. It takes the average of 11 years to get help. The more we talk about Mental Health, we can lessen the STIGMA. The residue of COVID will be the Opioid Epidemic and Mental Health. Trone talks about the anxiety we've all been through from health, to work. Our mental health is at a low in the US. Mental health also has a big role in our physical health as well.

DATE: 10/16 & 10/17

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

**GUEST: David Trone** 

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Mental Health Focus

#### **DISCUSSION:**

Almost every family in America have been affected with anxiety or depression. 1 in 5 Americans have Mental Health. Trone says we all need to work as a team to combat Mental Health. There is a bipartisan mental health and addiction task force. Republicans, Democrats, 150 people on the task force working together on 70 bills for mental health and addiction. To find out more visit trone.house.gov

DATE: 10/16 & 10/17

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

**GUEST: David Trone** 

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Joint Covid Vaccine Press Release with UPMC and WVU Medicine 2

#### **DISCUSSION:**

Mark Boucot talks about the flu vaccine and the importance of getting the flu vaccine. There have also been a higher case of RSV in kids. He says do not wait when he have symptoms, if you think you're sick, get tested and reach out right away. The vaccine has been tested more than any other vaccine. The studies are huge that have taken place and show that they are highly effective.

DATE: 10/23 & 10/24

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

**GUEST: Mark Boucot** 

MEDIA INTEREST: Covered in Times News

**YEAR: 2021** 

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Joint Covid Vaccine Press Release with UPMC and WVU Medicine

## **DISCUSSION:**

Mark Boucot talks about how important it was for UPMC and WVU Medicine to put out a joint press release. Explaining how important it is to understand that vaccinations and the severity of the illness. Mark talks how the vaccine helps lower the changes of COVID hospitalization and or death. Mark talks about the relationship and mutual caring/respect with UPMC Western Maryland to work together and partner together.

DATE: 10/23 & 10/24

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

**GUEST: Mark Boucot** 

MEDIA INTEREST: Covered in Times News

**YEAR**: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Habitat for Humanity Fall Fling

#### DISCUSSION:

Thursday November the 4<sup>th</sup> Habitat for Humanity Fall Fling. Appetizers, food, dessert. Live music from Surrender Dorthy. Raffles, 50/50's, silent auction. Tickets are \$25 and all the proceeds benefit Allegany County Habitat for Humanity. Tickets on Event Brite or Facebook. Habitat for Humanity is raising funds to build a building on Maple Street in Spring of 2022. Habitat for Humanity offers financial literacy. They are looking for a part timer executive officer to oversee the projects. Facebook at Allegany County Habitat for Humanity. 301-687-1006.

DATE: 10/30 & 10/31

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Nicole Whetzel

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: AHEC WEST COVID TESTING CLINIC

DISCUSSION:

ON NOVEMBER SECOND FROM NOON TO FOUR THIRTY THERE WILL BE COVID TESTING- COVID VACCINATIONS AND FLU VACCINATIONS ON THE DOWNTOWN CUMBERLAND MALL BETWEEN CBIZ AND AHEC WEST

OPEN TO ANYONE for 1ST SHOT- 2ND SHOT OR BOOSTER

MODERNA AND PHISER BOOSTERS MUST BE 6 MONTHS OUT AND JOHNSON AND JOHNSON MUST BE 2 MONTHS

BRING ID AND YOUR INSURANCE AND VACCINATION CARDS IF YOU HAVE ONE

FLU VACCINATIONS FOR MEDICAID, MEDICARE OR MARYLAND PHYSICIANS CARE INSURANCE ONLY

EVENT SPONSORED BY AHEC WEST, PHARMACARE, THE MCCOURY FAMILY AND CUMBERLAND COVID WATCH VOLUNTEERS

DATE: 10/30 & 10/31

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Katie Breenamen

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Frostburg Literature Center Veterans Day Events

#### **DISCUSSION:**

A Veterans Day event, celebrating the 100<sup>th</sup> Anniversary of the guarding of the tomb in Arlington. Guest Speaker and author Matt will Truvarez. The book helps kids understand why the soldiers guard the area and give more in depth reasoning of the concept in whole. The event will take place at City Place. Also partnering with the Frostburg American Legion. The event is free thanks to the support of the Legion. In addition, there will be a local Veteran, Patriotic Music and the Boy Scouts. Frost Elementary 4<sup>th</sup> and 5<sup>th</sup> Graders are making cover art for the event. The Legion is having a Flag Ceremony at 11am on Veterans Day. They will be in front of Mountain Ridge High School doing a flag ceremony.

DATE: 11/6 & 11/7

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Sara O'Neil

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: MINERAL COUNTY CASA BINGO

**DISCUSSION:** 

Vendor Bingo to benefit the Mineral County Court Appointed Special Advocates (CASA). "The Voice of Abused & Neglected Children." The event will be held at Brookedale Farms on

November 14, 2021. Stadell Doors open at 1:00 pm and games art at 2:30 pm. Tickets will be \$25.00 for twenty games. There will also be quickies and pull tabs, an assortment of prizes, concessions, and childcare ( ages 3-9 years old; you must RSVP) available. Come shop with various vendors from 1:00 pm – 2:00 pm. For more information, call: 304-788-0068. Dayla says they are looking for more volunteers as their current employees and volunteers are not going to be able to meet the needs of all the kids in the CASA program due to the shortage of staff and resources.

DATE: 11/06 & 11/07

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

**GUEST:** Dayla Harvey

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Fountain Primary Shoe Drive

DISCUSSION: Fountain Primary School is conducting a shoe drive fundraiser on Sunday November 14 to raise funds for our students/school. Fountain Primary School will earn funds based on the total weight of the pairs of gently worn, used and new shoes collected, as Funds2Orgs will issue a check for the collected shoes. Those dollars will benefit our school. Anyone can help by donating gently worn, used and new shoes at Fox's Pizza Den in Keyser WV.

All donated shoes will then be redistributed throughout the Funds2Orgs network of microenterprise (small business) partners. Funds2Orgs works with micro-entrepreneurs in helping them create, maintain and grow small businesses in developing countries where economic opportunity and jobs are limited. Proceeds from the sales of the shoes collected in shoe drive fundraisers are used to feed, clothe and house their families. One budding entrepreneur in Haiti even earned enough to send to her son to law school.

"We are excited about our shoe drive, We know that most people have extra shoes in their closets they would like to donate to us. By doing so, we raise money for Fountain Primary School, and we have the chance to help families in developing nations who need economic opportunities. It's a win-win for everyone."

By donating gently worn, used and new shoes to the Fountain Primary School, the shoes will be given a second chance and make a difference in people's lives around the world.

DATE: 11/13 & 11/14

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Ashly Knaggs

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: UPMC Children's Specialty Care Center

DISCUSSION: A ribbon cutting ceremony held for the grand opening of the UPMC Children's Specialty Care Center in Cumberland. We are so excited to bring world class pediatric care closer to home for our community. It is located at Johnson Heights on Kent Avenue, very close to the former Memorial Hospital site. So actually it's going to be outpatient specialty care. We will have a rotation of physicians that will be available. Different services will include cardiology, endocrinology and diabetes, gastroenterology, neurology, and orthopedics which is another important service for us in our community. For pediatric orthopedics, fractures, sprains, etc. Our website will have a link to the landing page which will have all the potent information. UPMC Children's is really a world class renowned in children's medicine. They are number nine in the country on US news and world report. A lot of their specialties are in the top ten in the country. We're just really excited to have them here. For patients that need some outpatient surgery procedures that will be available at the local outpatient surgery center just down the street; the Surg. Center on Williams Rd. for any patients who might need a colonoscopy

DATE: 11/13-11/14

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Michelle Martz

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Mountain Side Baroque Concert

#### **DISCUSSION:**

Mountain Side Barouque is having a program of singing and instrumental music for the Holidays from the 1600s and 1700s, from the Barouque Era at Emmanuel Episcopal Church in Cumberland. Everyone is invited for this free program.

DATE: 11/20 & 11/21

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Ryan Mullaney

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Holding Hands for Haley Christmas

#### DISCUSSION:

The Holding Hands for Haley Foundation will be holding their annual Christmas at the Brewery Holiday Fundraiser Wednesday December 1st from 5-10pm at 1812 Brewery! The event is a holiday theme silent auction/purchase with so much fun with performances by local youth, crafts, a build your own hot chocolate bar and Santa! Bring the whole family!

The foundation is currently seeking holiday decoration donations such as wreaths, trees, candles, wooden decor and much more! If you'd like to make a donation please reach out to The Holding Hands for Haley Facebook page or Keira by email at <a href="mailto:kshilling@holdinghandsforhaleyfoundation.org">kshilling@holdinghandsforhaleyfoundation.org</a>

DATE: 11/20 & 11/21

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Keira Shilling

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Women's Civic Club Festival of Trees

DISCUSSION: The women's Civic Club of Cumberland, 515 Washington Street, Cumberland, Md is holding a Victorian Festival of Trees. There will be self-guided tours featuring over 20 decorated Christmas trees throughout the house. In addition, to our own decorated trees, we will have one specially decorated by the Garden Club of Cumberland.

We will be hosting the open houses, starting on November 26th from 4-7 before the tree lighting downtown. We will serve crackers and cheese and champagne at this opening. On November 27th and 28th, December 4 and 5th and 11th and 12th we will be open from 12-4. We will have hot chocolate and our signature mints for sale.

Additionally, we are raffling off a catered dinner for 8 scheduled for December 29th at 7. This will include soup, salad, entree and sides plus dessert. Raffle tickets are \$20. apiece for the dinner valued at \$1200. Tickets may be purchased through any civic club member or during tour hours. The winner of the raffle will be announced and contacted after the close of the tour on December 12.

The cost of the tour is \$5.00 per person and children under 12 free. They can be purchased at the door.

Hand sanitizer and Christmas face masks will be provided. Questions, please contact Mary Shrout at 301-722-1031.

DATE: 11/27 & 11/28

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

**GUEST: Mary Shrout** 

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Run Your Bells Off for Autism

#### **DISCUSSION:**

The 10<sup>th</sup> Annual Run Your Bells Off For Autism happening Saturday December 4<sup>th</sup> in Frostburg on Main Street. A one mile fun run. Begins immediately before the Storybook Holiday Parade. Treats and prizes for all while you watch the parade from the finish line! All Proceeds benefit Allegany County Special Olympics. Suggested donation is \$5 but any amount greatly appreciated. Contact Dianna Speir at 301-697-0652 or dspeir1@hotmail.com

DATE: 11/27 & 11/28

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Dianna Spier

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Frostburg Elks Events

DISCUSSION:

Paint 'n' Sip at the Frostburg Elks Lodge #470 Hosted by award winning professional artist Patricia Wilt @ 3p. \$35 and includes complimentary beverage. Contact Sharon to RSVP 240-362-8029. Christmas Trivia at Frostburg Elks Lodge #470 @ 7:30pm Todd Logsdon is back for Christmas themed trivia. Join us for a fun evening of drinks and complimentary holiday desserts. Members and Guests are welcome. All benefiting Frostburg Elks and the scholarships and community sponsorships throughout the year.

DATE: 12/04 & 12/05

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Sharon Kyle & James Myers

MEDIA INTEREST: Covered in Times News

**YEAR: 2021** 

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Romney Winterfest

**DISCUSSION:** 

Saturday 9 to 11 am (closed for Parade) 2 to 10 pm. Come enjoy the experience of riding in a one horse open sleigh. Take in the sites of the all Christmas decorations while listening to the magical sound of the bells as Jake and Rusty stroll along. These Romney horse drawn sleigh rides will begin at 5:00 on Friday at the American Legion on Main Street. Tickets will be available at the gazebo along with a limited edition Christmas ornament of your sleigh ride ticket personalized just for you to cherish this memory. The sleigh holds up to 8 and rides are \$5 per person with a full sleigh or a private couples/family sleigh for \$40. The rides start at the side parking lot at the American Legion. Cozy up around the fire pit and toast marshmallows or make. S'mores. Warm up with hot cider, chocolate or coffee and how about some tasty cinnamon buns and gingerbread men. The Christmas Parade will shut Route 50 down on Saturday beginning at Noon. Proceeds from Winter Fest will go towards the Peach Festival and Romney Library. DECORATE THE TOWN OF ROMNEY. VOLUNTEERS ARE WELCOME. TEAMS OF ELVES WILL MEET AT THE CO-OP, GRAB DECORATIONS AND HEAD OUT TO SPRINKLE JOY THROUGHOUT MAIN STREET.

DATE: 12/04 & 12/05

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Nancy Merritt

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Toys 4 Happiness Toy Drive

**DISCUSSION:** 

It's the annual Toys 4 Happiness Toy Drive Saturday December 18<sup>th</sup> from 11am until 5pm at Chick-Fil-A In LaVale! Stop by and make a new toy donation and together we can put smiles on local children's faces! The most needed toys are for boys in the teen ages. There is still time to get registered to be a recipient of toys and can stop by the event to get registered or find Toys 4 Happiness on Facebook.

DATE: 12/11 & 12/12

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Chuck Koelker

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Western Maryland Jaycees Lights on the Lake

#### **DISCUSSION:**

The Western Maryland Jaycees are hosting Lights on the Lake drive through Holiday light display held at Rocky Gap State Park this season. Follow us on Facebook for all the details for dates and showtimes!

We're currently seeking any sponsorship and donations to participate in this amazing community activity! For just \$25 you can be a sponsor and build a display for your business or organization! If you would like to get involved please reach out to the Jaycees via our Facebook page or by email at <a href="mailto:wmdjaycees@gmail.com">wmdjaycees@gmail.com</a>

DATE: 12/11 & 12/12

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Keira Shilling

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Salvation Army

**DISCUSSION:** 

Salvation Army is a nonprofit organization that needs your help financially and volunteers to ring the bell this season. They are located on First Street in Cumberland and provides financial assistance and tutoring school age children with STEM and being role models for their Red Shield Club.

DATE: 12/18 & 12/19

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Captain Ronnette Smith

MEDIA INTEREST: Covered in Times News

**YEAR: 2021** 

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Augusta Festival of Lights

#### **DISCUSSION:**

The public is invited to attend the Christmas Festival of Lights Celebration which will be held at the Amphitheater at Central Hampshire Park in Augusta, West Virginia. Admission is FREE. We will serve coffee, hot chocolate, and cookies free of charge to all who attend the Lighting Ceremony, and Santa will be there to greet the kids of all ages. And you kids need to remember to bring an ornament to help decorate the official Christmas Festival of Lights Christmas Tree. The highlight of the Lighting Ceremony will come at 5:30 when we light the giant Christmas tree in the field above the amphitheater. Through the generosity of the Hampshire County Commission, the HCP&R Board, and many businesses and individuals throughout the area, the Festival has exploded over the past 8 years. We have grown from 24 light displays in 2013 to 230 displays this year. New features for 2021 include a huge Santa Train display in the center of the park and an animated "Merry Christmas" greeting sign over the entrance.

DATE: 12/18 & 12/19

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Larry See

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: UPMC Wellness Classes

**DISCUSSION:** 

UPMC Western Maryland is offering wellness classes that are free and open to the public and held via Zoom. Sit down with a wellness coach and move closer to achieving health goals. They are also offering a six week workshop with working on chronic pain. And a course on building better caregivers for loved ones with various health conditions. Learn more on the UPMC Western Maryland Facebook Page.

DATE: 12/25 & 12/26

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Jennifer Thomas and Brittany Friend

MEDIA INTEREST: Covered in Times News

YEAR: 2021

STATION: WCMD-AM

PROGRAM: ALLEGANY RADIO CORPORATION COMMUNITY FORUM

SUBJECT: Toys 4 Happiness Thank You and Always Collecting Items

#### **DISCUSSION:**

Toys for Happiness is a local organization that provides toys all year long for the local community and just recently distributed toys for families for 1200 children. Local people helping local people. You can make donations throughout the year as Toys 4 Happiness helps families during house fires or other life changing events. It is never too early to make a toy donation to keep the supply of toys up. Stay tuned to their Facebook Page for upcoming events as they collect all year long.

DATE: 12/25 & 12/26

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon

GUEST: Chuck Koelker

MEDIA INTEREST: Covered in Times News

YEAR: 2021