Weekly Public Affairs Program

Date aired: 6-24-18 **Time Aired:** 6AM

Disc # 2018-25

Total running time: 29:30 (with optional exit at 24:00)

1. **John Hooker, PhD,** T. Jerome Holleran Professor of Business Ethics and Social Responsibility, and Professor of Operations Research, at Carnegie Mellon University, author of "*Taking Ethics Seriously: Why Ethics Is an Essential Tool for the Modern Workplace*"

   Dr. Hooker discussed common ethical dilemmas that occur in workplace environments, and how employers and employees should react. He explained how the advent of social media and the #MeToo movement has affected ethical decisions in the workplace. He listed factors than an employee should weigh before risking their job by blowing the whistle on misconduct.

   Issues covered: ***Length:*** ***9:05***
   Ethics
   Workplace
   Career
   #MeToo

2. **W. Chris Winter, MD,** board-certified and internationally recognized sleep medicine specialist, board certified neurologist, author of "*The Sleep Solution: Why Your Sleep is Broken and How to Fix It,*"

   Dr. Winter said the state of sleep in America is better than typically portrayed in the media, but he also noted it has gotten slightly worse because of all of the distractions available today. He said shift workers are at greatest risk of sleep related health issues. He suggested that people should try to wake up at the same time every day, even if their bedtime varies

   Issues covered: ***Length:*** ***8:12***
   Personal Health

3. **Evan Rufrano,** leader of the winning team from State University of New York College at Old Westbury, which recently won the sixth annual Up to Us Campus Competition

   Mr. Rufrano's team won a competition intended to raise awareness among Millennials about the $21 trillion national debt. He explained why such a massive national debt is so dangerous for his generation, no matter what their political leanings. He outlined ways that younger people can make their voices heard by politicians and others in decision-making positions.

   Issues covered: ***Length:*** ***5:06***
   National Debt
   Citizenship

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