InfoTrak

Weekly Public Affairs Program

Date aired: 9-23-18   Time Aired: 6 Am

Show # 2018-38   Total running time: 29:30 (with optional exit at 24:00)

1. **Alex M. Susskind, PhD,** Associate Professor at the School of Hotel Administration at Cornell University

   Prof. Susskind co-authored a study that found that diners at full service restaurants whose menus listed calories ordered fewer calories in their appetizer and entree courses. He said even the chefs at the restaurants in the study were startled by the high number of calories in some dishes. He said the study highlights the critical importance of information for consumers to make wise decisions.

   Issues covered: **Length: 7:39**
   Nutrition
   Government Regulation
   Consumer Matters

2. **Patricia Hunt, PhD,** Meyer Distinguished Professor in the School of Molecular Biosciences at Washington State University

   Prof. Hunt is the geneticist who discovered the dangers of the endocrine disrupting chemical bisphenol A (BPA) in plastic products twenty years ago. Her latest study examined the effects of several BPA alternatives. She found that that these replacements impact reproduction in mice in much the same way as BPA. She offered advice to consumers on how to avoid products that may contain these hormone-disrupting compounds.

   Issues covered: **Length: 9:33**
   Personal Health
   Government Regulation
   Consumer Matters

3. **Liz Weston,** Certified Financial Planner, personal finance columnist at Nerdwallet.com

   In the year since the Equifax security breach, which exposed the personal information of hundreds of millions of Americans, only 10 percent of consumers reported placing a freeze on their credit, according to a survey by NerdWallet and the Harris Poll. Ms. Weston said, effective Sept. 21, consumers can freeze and unfreeze their credit files for free at all credit reporting agencies. She explained why it is particularly important for parents to freeze the credit of children under the age of 16.

   Issues covered: **Length: 4:58**
   Identity Theft
   Personal Finance
   Crime Prevention