



Date aired: 4-15-18 Time Aired: 6 AM

Weekly Public Affairs Program

Show # 2018-15

Total running time: 29:30 (with optional exit at 24:00)

1. **Angela C. Santomero, M.A.**, co-creator of the educational children's TV program "Blue's Clues," author of *"Preschool Clues: Raising Smart, Inspired, and Engaged Kids in a Screen-Filled World"*

Ms. Santomero explained why healthy, research-based television programs and other media actually help preschoolers flourish academically, socially, and emotionally. She outlined the ways that parents can evaluate and monitor their child's exposure to a rapidly expanding array of media choices.

Issues covered:

Parenting
Education
Media

Length: 8:05

2. **Jason Fung, MD**, weight loss and diabetes expert, author of *"The Diabetes Code: Prevent and Reverse Type 2 Diabetes Naturally"*

Nearly ten percent of all Americans have some form of diabetes. Dr. Fung talked about the causes behind this epidemic and the wide array of dangerous conditions it spurs. He also explained how dietary changes and weight loss can often eliminate the disease.

Issues covered:

Diabetes
Nutrition

Length: 9:01

3. **Bob Gardner**, Executive Director of the National Federation of State High School Associations

Youth sports programs across the nation are experiencing shortages of referees. Mr. Gardner said 80% of high school officials quit before their third year, and the average age of referees is climbing, now in the mid 50s. He said the primary reason behind this trend is abusive behavior by parents. He talked about the rewards of working as a sports official and explained how someone can volunteer.

Issues covered:

Substance Abuse
Parenting

Length: 4:56