



Weekly Public Affairs Program

Date aired: 10-7-18 Time Aired: 6am

Show # 2018-40

Total running time: 29:30 (with optional exit at 24:00)

1. **Ryan Hampton**, recovering addict, author of "*American Fix: Inside the Opioid Addiction Crisis - and How to End It*"

Nearly every American knows someone who has been affected by the opioid crisis. Mr. Hampton shared his story of addiction and recovery. He said 9 out of 10 Americans who need addiction treatment are not able to access it. He believes the nation's approach to treatment needs to be reformed from the bottom to the top. He said billions of dollars of federal spending aimed at this problem are not making it to local communities.

**Issues covered:**

**Drug Addiction  
Government Policies**

**Length: 9:08**

2. **Kevin Leman, PhD**, psychologist, author of "*When Your Kid Is Hurting: Helping Your Child through the Tough Days*"

The impulse for parents to protect their children is strong, but Dr. Leman said that very protection can end up handicapping them for life. He said that rather than seeking to save them from unhappiness or struggle, parents must teach their kids how to cope with and rise above their problems. He discussed the importance of listening and offered techniques to get kids to talk about their problems.

**Issues covered:**

**Parenting  
Youth at Risk**

**Length: 8:12**

3. **Amanda Dixon**, Analyst and Senior Reporter at Bankrate.com

Ms. Dixon outlined the results of a recent Bankrate.com survey that found that American households with the lowest incomes spend the most on items they don't need, such as lottery tickets, restaurant food and prepared drinks, like coffee and smoothies. She said even minor changes in a person's spending can have a dramatic impact on their ability to build an emergency savings fund.

**Issues covered:**

**Poverty  
Consumer Matters  
Personal Finance**

**Length: 5:09**