

## Weekly Public Affairs Program

Date aired: 4-29-18 Time Aired: 6

Disc # 2018-17

Total running time: 29:30 (with optional exit at 24:00)

1. Cary Funk, Associate Director of Research at Pew Research Center

A survey by the Pew Research Center found that Americans' grasp of common science topics could be better. She outlined the results of the survey, including differences between genders, ages and education levels. She explained why a basic understanding of scientific principles is important for Americans to understand many of today's civic issues.

Issues covered: Education Science Citizenship

Length: 7:07

2. Julie Lythcott-Haims, former Dean of Freshmen and Undergraduate Advising at Stanford University, author of "How to Raise an Adult: Break Free of the Overparenting Trap and Prepare Your Kid for Success"

Ms. Lythcott-Haims believes that overparenting is out of control in America, and that it harms children, their stressed-out parents, and society at large. She explained how parents can allow children to make their own mistakes and develop the resilience, resourcefulness, and inner determination necessary for success.

Issues covered: Parenting

Length: 10:11

3. Karina Davidson, PhD, researcher and clinical psychologist at Columbia University Medical Center in New York

Dr, Davidson led a 10-year study that found that happiness may prevent a heart attack. She explained the science behind this finding and suggested ways that people can improve their outlook to improve their health.

Issues covered: Personal Health Mental Health

Length: 4:30