WGVX-FM / WRXP-FM / WWWM-FM RADIO

Minneapolis/St. Paul

Quarterly Issues and Program Report

1st Quarter – April 3th, 2017

Dates: January 1st – March 31st, 2017

This station airs four 30-minute programs weekly on Sundays (Access Minnesota is 26 minutes and :30 seconds). We address local an statewide community issues and concerns.

Current KQRS, 93X and 105 The Vibe Schedule:

4:00 am – 4:30 am The Best of Our Knowledge

4:30 am - 5:00 am Viewpoints

5:00 am – 5:30 am Access Minnesota 5:30 am – 6:00 am Big Force Radio

Public Affairs Programs

The Best of our Knowledge – is a 30 minute program produced by National Productions that is hosted by Bob Barrett. It highlights breakthroughs across disciplines and across the globe putting listeners at the forefront of their fields. Each week this program examines some of the issues unique to education, looks at the research and invites commentary from experts and administrators from all levels of education.

Viewpoints – is a 30 minute program produced by Media Tracks; moderator host, Shel Lustig. Program covers health care, crime reduction, economy, political issues, and many other important local and global issues.

Access Minnesota – is a weekly public affairs radio and television show featuring noted academics, authors, politicians and business leaders engaging in common sense conversations about compelling and relevant issues in the state of Minnesota, across the nation, and around the globe. The show is produced at the University of Minnesota with the Minnesota Broadcasters Association.

Big Force Radio— Twin Cities attorney, writer and businessman Terrance Moore of the Hellmuth & Johnson law firm discusses contemporary issues from the perspective of a negotiator and litigator. He is the author of the book *Big Force Negotiation: The 8 Skills You Need to Negotiate With Power*. Big Force Radio is produced by the Minnesota Broadcasters Association.

The following issues are commonly addressed topics:

- 1. Economy
- 2. Education
- 3. Environment
- 4. Health
- 5. Legal/Law
- 6. Miscellaneous
- 7. Urban

Economy

Access Minnesota

2/26/17

Fast Food Wages and Income Inequality (Rebroadcast from 2014)

In recent years, a debate has raged over raising the minimum wage. The federal minimum wage of \$7.25 has not increased since 2009. Some states and cities have passed laws establishing a minimum wage above the federal mandate. Minneapolis is holding listening sessions for the public to weigh in on a proposal to boost the minimum wage for workers in the city. At the state capitol, some lawmakers are supporting legislation that would strike down employment regulations set by municipalities. Advocates for a higher minimum wage say it will improve the economy, but opponents believe businesses will scale back their work forces.

Guest: Ken Jacobs, Chair at the UC Berkeley Center for Labor Research and Education and co-author of "Fast Food, Poverty Wages."

"The combination of low wages, meager benefits and often part-time hours means that many of the [fast food workers] have to rely on tax-payer funded safety net programs to make ends meet," says Jacobs. Of the four largest national federal safety net programs (health insurance, earned income tax credit, supplemental nutrition assistance program and temporary aid for needy families), the cost of public assistance to fast food workers is \$7 billion. "When companies pay so low that people can't survive and support their families, that does have a cost for the rest of us."Low wages and reliance on public subsidies goes hand in hand with the growing income inequality in the US. "We have an economy that is consumer based and we need to have a strong middle class," Jacobs says on the negative effects income inequality has on the US economy.

Access Minnesota

3/19/17

Economic Impacts of Trade and Immigration

A look at the economic consequences of trade and immigration policy, especially as these policies relate to Minnesota. **Guests:** Timothy Kehoe, Professor of Economics at the University of Minnesota and advisor for the Federal Reserve Bank of Minneapolis; Maura Donovan, Executive Director of the Office of University Economic Development at the University of Minnesota

Professor Kehoe discusses the implications of tariffs and border taxes and our standing within the World Trade Organization. "If we had a trade war," Kehoe warns, "I cannot see how that will work out well for the world economy and for Minnesotans." Under the leadership of Humphrey School of Public Affairs Dean Eric Schwartz and Maura Donovan, Executive Director of UED, this Committee on Minnesota Workforce and Immigrants commissioned a study by Associate Professor Ryan Allen to look at the future of Minnesota's workforce and immigrant population. Many parts of the state are expected to see population decline in the coming decades; therefore, immigrants will need to play a larger role in the state's workforce.

For more information on the report "Immigrants and Minnesota's Workforce" go to:

http://www.research.umn.edu/business/immigrants.html

Education

Access Minnesota

1/8/17

Best of Our Knowledge

1/8/17

Best of Our Knowledge

1/29/17

Access Minnesota

1/29/17

The Road Ahead for the College of Liberal Arts

A conversation on the future of the University of Minnesota's College of Liberal Arts recorded live at Coffman Memorial Union Theater in October, 2016.

Guests: Ascan Koerner, Professor of Communications Studies at the University of Minnesota and Director of Career Pathways Initiative; Judy Anderson, VP at Emerging Advantage and Coordinator of the Career Pathways Initiative; John Coleman, Dean of the College of Liberal Arts at the University of Minnesota

Professor Ascan Koerner and Judy Anderson discuss the Career Pathways Initiative. While both believe a liberal arts degree provides students with many valuable skills—"We're not trying to train for the first job" says Koerner, "we're trying for the third or fourth job, or the career, really"—the college needs to better connect students to career options and employment opportunities.

"The knowledge and the skills created by the liberal arts are really at the foundation of prosperous, equitable, democratic societies," says Dean John Coleman. By placing empathy at the core of the curriculum, the liberal arts prepares students to see the world through other people's eyes. "It doesn't mean they have to agree, but it does mean that you at least have an ability to understand how is it someone could be thinking what they're thinking."

We are just a few days away from a new administration in Washington, and as we anticipate what that will mean for education in the US in the coming months and years there is another question some educators are facing: how will we teach the history of this election?

Today on the Best of Our Knowledge, we'll talk again with Dr. Adam Carrington, an assistant professor of politics, and not only put the election in historic perspective, but see how history will talk about our choices.

Over the past few months we've been hearing about plans to make public colleges and universities in some states tuition free. But that hasn't happened yet and does not include private schools. Today on the Best Of Our Knowledge, we'll talk about the new edition of Paying For College Without Going Broke.

We'll also hear talk to an Iraqi refugee who became a published poet a little over a year ago at age 14...and we'll spend an Academic Minute with the lasting effects of Jim Crow laws.

Bridging the School-Community Divide

Students at Gordon Parks High School are connecting to the Midway community by producing oral history projects. **Guest:** Catherine Squires is Professor of Communication Studies and the Director of Race, Indigeneity, Gender & Sexuality Studies Initiative at the University of Minnesota

Gordon Parks, best known for his photography (he has photographs in the Smithsonian), was also a filmmaker, biographer and novelists. The school, named after Parks, encourages students to continue his legacy by using creativity and community to overcome life's obstacles. In partnership with the Minnesota Historical Society, students documented stories of residents and business owners affected by the Light Rail project; and currently, students are digitally preserving and labeling the archives from Hallie Q. Brown Community Center in St. Paul. The community projects help students contextualize history as well as learn to compose and curate historical narratives. Squires thinks more school districts could engage students in neighborhood history projects: "All of our communities have what you might call 'hidden figures," she says, adding that in Minnesota "our story is so diverse and sometimes we don't tell it in its fullest fruition."

Education

Access Minnesota

2/5/17

Early Perceptions of Speech and Sound

How children perceive sounds and eventually produce speech has a profound effect on language acquisition and social communication later in life.

Guest: Benjamin Munson is a professor in the Department of Speech-Language-Hearing Sciences at the University of Minnesota

From hearing their mother's voice in the womb, children continue to prefer her voice, as well as the language she spoke. Munson looks at these early childhood preferences for voices and how these preferences shape early notions of gender and sexuality that influence speech into adulthood. When should parents and caregivers worry about their children's phonological development? Munson says though the age of a child's first word is variable (from 10-14 months), by 15 months parents should look for a referral and by 18 month, if the child has not yet said his or her first word, it is definitely time for a speech-language evaluation.

Viewpoints

2/5/17

SEGMENT 2: The Craft and Responsibility of Writing Books for Young People

Synopsis: We encourage our children to read...but what are they reading? We talk to two authors, one for children and one for young adults, who discuss juggling their desire to entertain with the necessity of teaching young people about ethics, history, and tougher topics like drugs and addiction.

Host: Marty Peterson. Guests: Linda Fairstein, author of Into the Lion's Den: The Devlin Quick Mysteries; Ellen Hopkins, author of The You I've Never Known

Links for more info: http://www.lindafairstein.com/ http://www.penguinrandomhouse.com/books/535800/into-the-lions-den-by-linda-fairstein/9780399186431/

http://www.ellenhopkins.com/

http://www.simonandschuster.com/books/The-You-Ive-Never-Known/Ellen-Hopkins/9781481442909

Best of Our Knowledge 2/12/17

The first time new Secretary of Education Betsy DeVos tried to visit a school her first week on the job, she was blocked by protesters. It was an unsettling debut for one of the most controversial cabinet appointments, ever, from nomination to confirmation. Today on the Best of Our Knowledge, we'll hear from Secretary DeVos, as she addressed members of the department of Education her first day on the job.

We'll also hear how companies who specialize in big data are making money off your medical records...and spend an Academic Minute getting thirsty at bedtime.

Education

Best of Our Knowledge

2/19/17

When we talk about learning a second language in school we're usually talking about Spanish or French or Mandarin. But one of the most important languages a student can learn today is computer code, and it seems not many girls are signing up. Today on the Best of Our Knowledge, we'll hear from the founder of the group Girls Who Code.

We'll also talk to Henry Winkler about his diagnosis of dyslexia and the books he writes for kids growing up with the same issues...and spend an Academic Minute with political satire in a post truth world.

Viewpoints

3/19/17

SEGMENT 2: Education in Somaliland

Synopsis: Somaliland, a breakaway region of Somalia, is an impoverished region that isn't officially recognized as a distinct country. Children born there are given very little opportunity, but Jonathan Starr is trying to change that. Starr, a former hedge fund manager, talks about his journey from Wall Street money manager to Somaliland school runner and how he and his school and changing lives where it matters most.

Host: Marty Peterson. Guests: Jonathan Starr, author and former hedge fund manager who opened the Abaarso School in Somaliland Links for more info:

http://www.barnesandnoble.com/w/it-takes-a-school-jonathan-starr/1124070849?ean=9781250113450

Best of Our Knowledge 3/19/17

Reading is the core of the Common Core, and yes that's still a thing. For the most part, education cannot begin without a student first learning how to read.

Today on the Best of Our Knowledge, we'll take another look at the book Reading Reconsidered, which looks at the power of reading and how it is being taught on all levels...or at least, maybe, how it probably should be.

We'll also spend an academic minute learning why writing a science good science paper means writing a good story.

Best of Our Knowledge

3/26/17

You know what almost never happens anymore here in the US? A unanimous Supreme Court decision. But last week that's just what happened. The court ruled that school districts are required to give students with disabilities more than just the bare minimum education.

Today on the Best of Our Knowledge, we'll talk to a special education expert about this decision and what it may mean for students with disabilities, from minor learning disorders to children on the autism spectrum.

We'll also spend an academic minute helping students who may have had a concussion.

Environment

Access Minnesota

1/22/17

Mapping Smallholder Farms

A new study from the University of Minnesota's Institute on the Environment maps average farm sizes across the globe and highlights the contribution smallholder farms make to global food production.

Guest: Leah Samberg, postdoctoral research associate with the Institute on the Environment's Global Landscapes Initiative at the University of Minnesota

Combining agriculture data with household data, Samberg's map identifies the regions in the world that most depend on small farms—agricultural land that is fewer than five hectares. Samberg says her smallholder farm study is the first to map "agriculture that thinks about the people on the ground." She hopes the data generated from the map helps to better understand the needs of farmers around the world and provides insight on issues of health, poverty and nutrition. More information on Leah Samberg's research on smallholder farm distribution can be found at IOP Science's Environmental Research Letters

Viewpoints

2/19/17

SEGMENT 1: The Funny Side of Philosophy

Synopsis: Often, philosophy is so dense and hard to fully process that it feels impossible to understand and enjoy. Thomas Cathcart and Daniel Klein are trying to fix that problem. Their book, *Plato and a Platypus Walk Into a Bar* explains some of the deepest thinkers of all time, like Immanuel Kant or John Locke, with humor. Both authors join the show to tell stories, crack jokes, and clarify some of the big ideas of philosophy.

Host: Gary Price. Guests: Thomas Cathcart and Daniel Klein, philosophers, humorists, and authors of *Plato and Platypus Walk Into a Bar...Understanding Philosophy Through Jokes*

Links for more info: http://www.penguinrandomhouse.com/books/302997/plato-and-a-platypus-walk-into-a-bar----by-thomas-cathcart/9780143113874/

Health

Access Minnesota

2/19/17

The Search for a Mono Vaccine

Mono is commonly known as the "kissing disease" and often dismissed as a rite of passage into early adulthood; but the disease, caused by the Epstein-Barr Virus, can be much more serious. 280,000 college freshman contract the disease every year and EBV has been linked to certain forms of cancer and multiple sclerosis. Why don't we have a vaccine for such a disease? Dr. Balfour discusses the history of EBV and his research into finding a vaccine.

Guest: Dr. Henry Balfour, Jr., Professor of Pediatrics in the Division of Infectious Diseases and Professor of Laboratory Medicine and Pathology at the University of Minnesota

The Epstein-Barr Virus is one of nine herpes viruses that infect humans, and once infected, the virus never leaves the body. Dr. Balfour explains how EBV causes mono and why it has been linked to other diseases found later in life. The preclinical work for a vaccine for EBV has just begun at the U of M; Dr. Balfour hopes this work will lead to approval from the FDA and that the experimental vaccine will be tested on subjects as early as the 2018 school year.

More information on EBV and Dr. Balfour's research can be found on the U of M's Department of Laboratory Medicine and Pathology <u>website</u>; and more information on how to donate to further EBV research can be found on the U of M's makingagift.umn.edu page.

Viewpoints

3/5/17

SEGMENT 1: Life in the Shadow of the Columbine High School Shooting

Synopsis: On April 20, 1999, Sue Klebold's son and his friend went into Columbine High School and committed one of the largest mass shootings in US history. Over the last 18 years, Klebold has been forced to cope with this horrible tragedy while managing anxiety attacks and being blamed by so many. Klebold talks about her story and the mental health messages she wants every American to know.

Host: Gary Price. Guests: Sue Klebold, author of the book A Mother's Reckoning

Links for more info: https://suicidepreventionlifeline.org/

https://bbrfoundation.org/mental-illness-1?gclid=CL6I_4iZqdlCFQ2UaQodYjUFqw

National Suicide Prevention Lifeline: 1-800-273-8255

Legal / Law

Viewpoints

1/1/17

SEGMENT 1

Synopsis: With new gadgets and programs being invented every day, the technologies used in solving crimes are changing constantly. We reached out to leading experts on the subject, including a programmer, a 3D printing specialist, and best-selling crime author Patricia Cornwell.

Through these interviews, we got the inside scoop on how mobile devices, 3D models, and even "smart home" devices like a refrigerator can be used to crunch the data, solve crimes, and present cases in court.

Host: Gary Price. Guests: Lee Reiber, COO for Oxygen Forensics Inc.; Jerry Ropelator, CEO of White Clouds; Patricia Cornwell, bestselling crime author, author of "Chaos."

Viewpoints

2/26/17

SEGMENT 2: Sweatshops and Unfair Labor Practices

Synopsis: Corban Addison is a law-trained author who uses his books to shine a light on human rights violations. He joins the show to talk about researching his latest novel, *A Harvest of Thorns*, about sweatshops and unfair labor. Addison talks about the violations he found around the world including here in America and the brands he recommends for shoppers trying to make a positive impact with where they spend their dollars.

Host: Marty Peterson. Guests: Corban Addison, attorney, activist, and author of A Harvest of Thorns

Links for more info: http://corbanaddison.com/

Access Minnesota

3/5/17

Immigration Policy Under Trump

On February 9, The United States Court of Appeals for the Ninth District upheld a decision to suspend President Trump's executive order banning travelers from seven predominantly Muslim countries. Despite the court ruling, Trump's immigration policies are already having an effect on noncitizens in the US and more legal challenges to these policies are very likely in the coming years. Professor Stephen Meili discusses the legal issues of Trump's executive order, rights of noncitizens in the US and a recent grant from the Robina Foundation that will help the U of M Law School continue work on immigration and human rights law.

Guest: Stephen Meili, Clinical Professor in Law at the University of Minnesota and director the Immigration and Human Rights Clinic

The President and congress have broad authority over immigration due to foreign policy and national security matters. But Trump's executive order was overly broad. "While courts are willing to give deference to those political branches, the President and the congress, it's not without limits," says Meili. "That's what we're seeing here, in a struggle between the branches, it's given all of us an illustration of what the separation of powers means." How will Trump's policies affect immigrant communities in the US and in Minnesota? In the long-run, Meili says the US could no longer be seen as a "beacon of hope" or a viable option in applying for asylum. But some immediate effects are already happening: Trump's policies and increased enforcement have created a climate of fear. "Some of those fears may be exaggerated, but, that's the kind of situation that can be created when you have pronouncements like the executive order."

Legal / Law

Access Minnesota 3/12/17

The Incarceration of Japanese Americans

Following Japan's surprise attack on Pearl Harbor, fear of domestic espionage and sabotage ran high. President Roosevelt ordered the removal and detention of 120,000 people of Japanese ancestry, many of whom were U.S. citizens. This week, the mass incarceration of Japanese Americans and its context in the current debate on immigration.

Guest: Yuichiro Onishi, Professor in the Department of African American & African Studies and the Program in Asian American Studies at the University of Minnesota

Professor Onishi discusses the 75th anniversary of President Franklin D. Roosevelt's Executive Order 9066 and how the order paved the way for the government to incarcerate Japanese Americans. "How we remember is very important," says Onishi, "we have to understand the costs of racism...the price that all Americans paid by accepting this political reality of race." Despite parallels to anti-immigrant sentiment in the current political climate, Onishi says he is optimistic that people seem to be resisting racism and checks and balances are happening at the judicial level.

Access Minnesota

1/1/17

Viewpoints

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1/1/17

1/1/17

Big Force Radio

The Best of Our

The Best of Our Knowledge

Viewpoints

1/8/17

The Ford Century in MN

From a St. Cloud bicycle shop that signed a contract to sell a "Fordmobile" in 1903, to the millions of Ford vehicles manufactured in Minnesota, and, to the closing of the Twin Cities Assembly Plant in 2011—author Brian McMahon discusses his new book "The Ford Century in Minnesota."

Guest: Brian McMahon, author

Henry Ford had a special interest developing Ford's Highland Park plant. Situated on the High Dam on the Mississippi River, Ford was able to use the resources of the site like silica for glass and hydroelectric power for navigation.

Globalization and automation contributed to the downfall of car manufacturing and though a rebound was seen in Detroit, the Twin Cities Assembly Plant closed in 2011.

SEGMENT 2: What we love about time travel

Synopsis: We see it everywhere: time travel. The concept has dominated our books, movies, and television for decades. We even saw a time travel ethics question dominate our primary election coverage. So what is it about these stories that we find so irresistible? We talk to Dr. Travis Langley, a pop culture psychologist, to uncover what lies underneath the fantasy we've all indulged from time to time: traveling backwards and forwards through time.

Host: Marty Peterson. Guests: Dr. Travis Langley, author of a series of pop culture psychology books including, "Doctor Who Psychology: A Madman with a Box."

Links for more info: https://www.psychologytoday.com/experts/travis-langley-phd https://www.psychologytoday.com/experts/travis-langley-phd http

How to tell truth from fiction in media coverage (both traditional and social media)

Let's start the New Year off with a slogan: education needs communication. Not my best work, but the point is learning to communicate and listen is something many of us need help with.

Today on the Best of Our Knowledge, we'll hear from the author of a journal article of effective forms of communication.

SEGMENT 1: Uniquely Jazz: Sheila Jordan

Synopsis: With "La La Land"tapping into theaters around the country and a strong contender for this year's Oscars, we wanted to re-visit one of the quintessential American art forms: jazz. And nobody sings jazz better, or more distinctly, than Sheila Jordan. We talk to Jordan and her biographer about Jordan's rise, the racism that jazz musicians –both black and white –experienced, and the need to preserve from poverty to her career singing with some of the most famous jazz musicians of the 20th century this music for future generations.

Host: Gary Price. Guests: Sheila Jordan, jazz singer, teacher and composer. Ellen Johnson, singer, musician, author of Jazz Child: A portrait of Sheila Jordan

Links for more info: www.sheilajordanjazz.com www.jazzchildthebook.com

SEGMENT 2: Fighting Fair and Productively

Synopsis: Of course, conflict is part of life, but it doesn't always have to turn into a big argument. We talk to two experts on conflict about how to make disagreements with anyone, from your work life to your home life, into a more peaceful, enlightening experience.

Host: Marty Peterson. Guests: Dana Caspersen, mediator, teacher and author of, "Changing the

Conversation: The 17 principles of conflict resolution." Dr. Judith Wright, author, coach, corporate consultant and founder of the Wright Graduate University for the Realization of Human Potential, where she also teaches. Links for more info: www.danacaspersen.com www.judithwright.com www.wrightliving.com

Big Force Radio

1/8/17

Scandals and controversies in the University of Minnesota's Athletics Department and Men's Football Program

The Best of Our Knowledge

1/15/17

So we're going to start out close to home this week. New York Governor Andrew Cuomo recently toured the state promoting his legislative plans for the New Year. He spent a lot of that time talking about education...and leaders around the state noticed.

Today on the Best of Our Knowledge, we'll hear reaction to education policy changes in the Empire State.

Then it's off to the UK to hear how scientists are trying to repair defects in DNA with gene splicing...and we'll spend an Academic Minute learning fertility from a fruit fly.

Big Force Radio

1/15/17

The assassination of the Russian ambassador to Turkey and the parallels with the assassination of Archduke Franz Ferdinand that triggered World War I

Viewpoints

1/15/17

SEGMENT 1: The Precarious Position of African-American Republicans

Synopsis: Later this week, President-elect Donald Trump will become President Donald Trump. With his inauguration looming, the Republican party must feel pretty good about their position moving forward. But how are they doing with minority voters, specifically African Americans? We talk to expert and author Corey Fields about what motivates black Republicans, how they're treated both at home and within their party, and what the future may hold for the direction of minorities within the Republican voting block.

Host: Gary Price. Guests: Corey Fields, Assistant professor of sociology at Stanford University, affiliated member at the Center for the Comparative Studies of Race & Ethnicity, and author of the

book Black Elephants in the Room: The Unexpected Politics of African American Republicans Links for more info:

https://sociology.stanford.edu/people/corey-d-fields

http://www.ucpress.edu/book.php?isbn=9780520291904

SEGMENT 2: Digital Independence: How to sign off and like it

Synopsis: With emails, spam, texts and instant messaging it's a wonder we ever have time anymore to just sit and relax with family and friends. At the office, we spend so much time online, how do we get anything done...or done well? That's what worried our guest who took a 31-day vacation from the Internet to reconnect with her loved-ones and learn about how online life needs to be balanced with face-to-face communications and relaxation.

Host: Marty Peterson. Guests: Christina Cook, communications professional and author of the

book, The Joy of Missing Out: Finding balance in a wired world

Links for more info:

http://www.jomobook.com/

Access Minnesota

1/15/17

The Proliferation of Fake News

Why did fake news spread so easily on social media this election cycle? Former journalist and University of Minnesota professor Chris Ison discusses ethics and the importance of truth in news reporting.

Guest: Chris Ison, Professor of Journalism and Mass Communication at the University of Minnesota

Fake news can be traced back to the penny press era of news in the early-to-mid 19th century; but, the political impact of fake news on the recent election has brought new concern to this old issue. Facebook and Google have taken steps to flag fake news, but in the year of "post-truth"—the Oxford Dictionary's word of the year—there is concern that facts are less important to many readers.

Big Force Radio

1/22/17

The sorry state of political discourse and what can be done to improve its quality

SEGMENT 1: The Art of Quitting

Synopsis: Many people remain in bad situations because they are afraid to quit, but they shouldn't. Our guest says that if you take the time to carefully plan just how and when you'll walk out the door, it's easier to deal with the anxiety, fear and depression that can follow such a big decision. We'll hear about steps anyone can take – and those they shouldn't –when it's time to quit and move on.

Host: Gary Price. Guests: Peg Streep writes non-fiction, is a blogger at Psychology Today.com and the author of the book, "Quitting: Why we fear it, and why we shouldn't, in life, love and work," now out in paperback.

Links for more info: http://www.facebook.com/PegStreepauthor

Viewpoints

1/22/17

SEGMENT 2: Unleashing Your Creativity

Synopsis: It's a common goal to get back to the creative passions of your youth and write that novel...but something always seems to be holding us back. We talk to two experts about the roadblocks on the way to finishing your masterpiece and how to overcome them.

Host: Marty Peterson. Guests: Danielle Krysa, author of the book *Your Inner Critic Is a Big Jerk: And other truths about being creative*, David W. Berner, radio host, professor at Columbia College

Chicago, author of Night Radio

Links for more info: http://www.chroniclebooks.com/titles/your-inner-critic-is-a-big-jerk.html

http://www.thejealouscurator.com/blog/

http://www.davidwberner.com/

Best Of Our Knowledge

1/22/17

We all have a picture in our head about what the perfect learning environment looks and sounds like. Secluded, comfortable, quiet. Yeah, that's pretty much all wrong. Today on the Best Of Our Knowledge, we'll talk to the author of the book How We Learn...and learn how most of us get it all wrong.

We'll also hear from a student in the northeast who is always being asked "where are you from?"...and we'll spend an Academic Minute mourning the loss if the roadside motel.

SEGMENT 1: The State of American Cities

Synopsis: Cities, from New York and Chicago to New Orleans and San Francisco, are a vital piece of our country. First, we talk to author Joshua Jelly-Schapiro about the role these cities have come to play in our culture and out lives. Then, we talk to author and former professor William Goldsmith about the problems facing our cities and his ideas on how we can fix them.

Host: Gary Price. Guests: Joshua Jelly-Schapiro, co-author of *Nonstop Metropolis: A New York City Atlas*; William Goldsmith, retired professor of city and regional planning at Cornell University and author of the book, *Saving Our Cities: A Progressive Plan to Transform Urban America*

Links for more info: http://www.cornellpress.cornell.edu/book/?GCOI=80140100510000

http://joshuajellyschapiro.com/

http://www.ucpress.edu/book.php?isbn=9780520285958

SEGMENT 2: The Real Story Behind Our Favorite Nursery Rhymes

Synopsis: Have you ever stopped to think about where those cute little nursery rhymes you read to your children came from? You might be surprised to know that many were actually protests against religious persecution, corrupt politicians and even sexual conduct. We talk to a librarian and author about where nursery rhymes came from and how they were used before they ended up in Mother Goose books.

Host: Marty Peterson. Guests: Chris Roberts, librarian, author of *Heavy Words Lightly Thrown: The reason behind the rhyme.*

Links for more info: https://www.amazon.com/Heavy-Words-Lightly-Thrown-Reason/dp/B001G8WV8Y

Big Force Radio

Viewpoints

1/29/17

1/29/17

What we can learn about negotiating from the Seinfeld TV show

Best of Our Knowledge

2/5/17

Questions help us break down barriers, discover secrets, solve puzzles, and imagine new ways of learning and doing things. But few of us know which questions to ask, when to ask them...how to ask a question the right way. Today on the Best of Our Knowledge, we'll hear from an Emmy-award-winning journalist Frank Sesno about how asking questions can be the key to learning...and living well.

We'll also spend an Academic Minute getting answers...about the opioid addiction crisis, past and present.

Big Force Radio 2/5/17

Discussion of the book Outliers: The Story of Success by Malcolm Gladwell and its impact on youth sports

Viewpoints

2/5/17

SEGMENT 1: History, Not Precedent: America's Internment Camps

Synopsis: Japanese internment camps are something we're aware of, but may not fully understand. Photo historian and author Richard Cahan talks about the history of the camps, what makes them so "un-American," and why he says we shouldn't look back at the camps as precedent or a blueprint, but as a black eye we should avoid repeating at all costs. Host: Gary Price. Guests: Richard Cahan, photo historian, former Chicago Sun-Times editor, and author of *Un-American: The Incarceration of Japanese Americans During World War II*

Links for more info: http://www.cityfilespress.com/books/un-american-incarceration-japanese-americans-world-war-ii/

Big Force Radio

2/12/17

The nomination of Federal Judge Neil Gorsuch to the U.S. Supreme Court

Viewpoints

2/12/17

SEGMENT 1: Empowering Yourself to Feel Joy

Synopsis: In a country that seems to be pulling away more and more every day, it can seem nearly impossible to find time for yourself to clear your mind and feel joy. We talk to Douglas Abrams about the week he spent learning from two of the world's spiritual leaders, His Holiness the 14th Dalai Lama and Archbishop Desmond Tutu. Abrams shares the joy practices and little things that the Dalai Lama and Archbishop Tutu do daily to experience joy regularly.

Host: Evan Rook, Gary Price. Guests: Douglas Abrams, author of *The Book of Joy: Lasting Happiness in a Changing World*

Links for more info: http://www.bookofjoy.org/ https://www.harpercollins.com/cr-107780/douglas-abrams

SEGMENT 2: Empowering Your Community to Create Change

Synopsis: The news typically shows us stories about the national government being stuck in a gridlock on most of the big, important issues. Sarah VanGelder, co-founder of Yes! Magazine, went on a trip across America to see how change is being made at the local level and found inspirational stories and examples of community involvement solving big problems while paving the way for a better future. She shares these anecdotes and helpful hints for others out there hoping to make a difference in their area.

Host: Marty Peterson. Guests: Sarah Van Gelder, co-founder of YES! Magazine, author of *The Revolution Where You Live: Stories from a 12,000-Mile Journey Through a New America*

Links for more info: https://revolutionwhereyoulive.org/ http://www.yesmagazine.org/about/staff-board

Abuse Prevention for Vulnerable Adults

From physical harm to financial exploitation, many older Minnesotans in need of care are exposed to abuse. This week, a look at the risk factors, how to spot abuse and how Minnesota is working to prevent abuse in vulnerable adults.

Guests: Kari Benson, Director of the Aging and Adult Services Division of the Minnesota Department of Human Services and Executive Director of Minnesota Board on Again; Alex Bartolic, Minnesota Department of Human Services Disability Services Division; Mary Dierich, Clinical Associate Professor at the University of Minnesota's School of Nursing The Minnesota Adult Abuse Reporting Center, started in July of 2015, responds to suspected cases of maltreatment of a vulnerable adults. Last year, the center received approximately 50,000 cases of maltreatment. A recent ad campaign hopes to make more Minnesotans aware of the issue and provide assistance to those who have been abused.

More information on adult abuse prevention in Minnesota: mn.gov/dhs/adult-protection

To report abuse of a vulnerable adult call the Minnesota Adult Abuse Reporting Center: 844-880-1574 Up to one in six residents in nursing homes are abused, says nursing school professor, Mary Dierich, adding much of abuse is due to inadequate staffing and training. As Minnesota's baby boomer population ages, the state must address the lack of care facilities and care providers that the growing elderly population is expected to need. Dierich discusses how the U of M is training students to specialize in care of older adults and how families should address the topic of aging and end-of-life care.

Access Minnesota 2/12/17

Viewpoints

2/19/17

SEGMENT 2: Civil Rights History: The March Against Fear

Synopsis: In 1966, Civil Rights pioneer James Meredith set out on The March Against Fear, a walk to prove black citizens no longer needed to fear white people. Soon after beginning, he was ambushed and shot. The march was continued by Dr. Martin Luther King Jr., Stokely Carmichael, and countless others. Weeks later, Meredith had recovered and rejoined the walk, giving history an enduring image of persistence and determination. We talk to historian Ann Bausum about the history and impact of the march.

Host: Marty Peterson. Guests: Ann Bausum, historian and author of the book, *The March Against Fear: The Last Great Walk of the Civil Rights Movement and the Emergence of Black Power*

Links for more info: http://www.annbausum.com/

Big Force Radio

2/19/17

President Donald Trump's Executive Actions

Viewpoints

2/26/17

SEGMENT 1: Post-Election Protests: Can They Make Real Change?

Synopsis: Since the election, protests for issues on both sides of the political spectrum have grabbed headlines. A women's march, a march for life, a march for science, the list goes on. But can these protests make a difference, and if so, where? We talk to political science experts about movements that have succeeded in the past and how change may come about, specifically when it comes to the electoral college system that some feelover-values certain states over others.

Host: Gary Price. Guests: David Cannon, Professor and Chair of Political Science at the

University of Wisconsin-Madison; Jasmine Farrier, Professor of Political Science at the University of Louisville

Links for more info: https://polisci.wisc.edu/people/faculty/david-canon

https://louisville.edu/politicalscience/political-science-faculty/jasmine-farrier

Big Force Radio

2/26/17

The impact of social media on political discourse

Best of Our Knowledge 2/26/17

A new government survey of parents suggests that 1 in 45 children, ages 3 through 17, have been diagnosed with autism spectrum disorder. This is notably higher than the official government estimate of 1 in 68 American children with autism, by the Centers for Disease Control and Prevention. And even though there has been seemingly endless debate about what causes autism, for a parent whose child has the condition, all they care about is helping that child live a full, happy life.

Best of Our Knowledge

3/5/17

Last week we talked about children with autism and some of the help they can receive both in and out of school. But school doesn't last forever, and soon those former students can find themselves with little to no help at all. Today on the Best of Our Knowledge, we'll learn what can happen when a child with autism becomes an adult.

We'll also spend an Academic Minute with government, health and trust.

Big Force Radio

3/5/17

A profile of President Donald Trump's advisor Kellyanne Conway

Viewpoints

3/5/17

SEGMENT 2: Teaching Your Kids About Money

Synopsis: All parents want their kids to succeed and live good lives, and part of accomplishing that is raising them to understand the value of a dollar. We talk to Beth Kobliner, a financial expert and author of the book *Make Your Kid A Money Genius (Even if you're not)* about tips and tricks to

help our kids, from toddlers to post-grads, handle money responsibly.

Host: Karen Hand. Guests: Beth Kobliner, financial expert and author of

Make Your Kid A Money Genius (Even if you're not) Links for more info: http://www.bethkobliner.com/

Big Force Radio 3/12/17

Truthfulness in government

Viewpoints

3/12/17

SEGMENT 1: What Goes Into a Spy Thriller Series

Synopsis: Mark Greaney is a New York Times bestselling author perhaps best known for collaborating with Tom Clancy on three books, but Greaney's own spy series has been ongoing since 2009. He joins the show to talk about his *Gray Man* series, where he gets his inspiration, and to separate the true elements he learned from real US operatives from the fiction he imagines when writing.

Host: Gary Price. Guests: Mark Greaney, author, Gunmetal Gray

Links for more info: http://markgreaneybooks.com/

SEGMENT 2: A Fresh Look at the Bill of Rights

Synopsis: The Bill of Rights may seem like they were simply added on to the end of the Constitution. Civil liberty lawyer Burt Neuborne offers a different outlook on the document. Neuborne dives into the structure of the Bill of Rights and explains how James Madison used organization skills to ensure the first ten amendments to the United States Constitution build on each other and establish a logical system of government.

Host: Marty Peterson. Guests: Burt Neuborne, Norman Dorsen Professor of Civil Liberties, Bennan Center for Justice at New York University and former national legal director of the American Civil Liberties Union

Links for more info: https://www.billofrightsinstitute.org/founding-documents/bill-of-rights/

Best of Our Knowledge 3/12/17

Hope Jahren was one of those rare children who had a definite answer when someone asked her what she wanted to do when she grew up. She wanted to build her own lab, and work in it every day. Just like her father. Today on the Best of Our Knowledge, we'll talk to Dr. Jahren about her book called Lab Girl, which talks about her science, her labs and her life. We'll also tour a new manufacturing institute in New York, and spend an Academic Minute hitting the slopes.

Big Force Radio

3/19/17

The politics of distraction; how politicians divert attention from negative news and reframe issues in a more favorable light

Viewpoints

3/19/17

SEGMENT 1: Raising a Transgender Child

Synopsis: What should you do if you child tells you they feel they were born as the wrong gender? Do you force them to conform to their born gender or do you support their feeling of being born into the wrong body? We talk to the parent and the doctor of a transgender child to sort through the confusion and discover what science says about gender transitions and how one family navigated the issues associated with having a child yousuddenly don't fully understand.

Host: Gary Price. Guests: Dr. Michele Angello, a therapist and gender specialist; Alisa Bowman, journalist, author, and mother of a transgender child

Links for more info: http://micheleangello.com/

http://www.barnesandnoble.com/w/raising-the-transgender-child-michele-angello/1123537769?ean=9781580056359

Big Force Radio

3/26/17

Will President Donald Trump's budget and policies help or hurt rural Americans?

SEGMENT 1: Charlton Heston's Politics: MLK Marches and NRA Speeches

Synopsis: You may know Charlton Heston from Ben Hur, The Planet of the Apes, or The Ten

Commandments. But biographer Marc Eliot tells us about Heston's other side. He was a soldier, a liberal, and a conservative in his 84 years. He walked with Dr. King and became president of the NRA. Eliot discusses how his politics impacted his career...and his legacy.

Host: Gary Price. Guests: Marc Eliot, biographer and author of "Charlton Heston: Hollywood's Last Icon" Links for more info:

http://www.marceliot.net/

http://www.barnesandnoble.com/w/charlton-heston-marc-eliot/1123951205?ean=9780062420435

SEGMENT 2: Bob Marley's Legendary Life

Synopsis: It has been decades since Bob Marley's death, but his music is still played and his face still shows up on tee shirts. From "One Love" and "Jamming" to "Buffalo Soldier" and "Three Little Birds," you've heard his iconic music, but what about his life and career made such an impact? We talk to two Marley experts, James Henke and Vivien Goldman to uncover what made Marley tick and how his message became so prominent.

Host: Marty Peterson. Guests: James Henke, rock journalist and author of "Marley Legend;" Viven Goldman, adjunct professor at Rutgers University and author of "Exodus: The Making & Meaning of Bob Marley's Album of the Century" Links for more info:

http://www.chroniclebooks.com/titles/marley-legend.html

http://www.penguinrandomhouse.com/books/68925/the-book-of-exodus-by-vivien-goldman/9781400052868/

Viewpoints

3/26/17

- Public Service Announcements:
- **KQRS 310** PSAs ran from 1/1/2017 3/31/2017
- 93X 152 PSAs ran from 1/1/2017 3/31/2017
- **105 The Vibe 1,275** PSAs ran from 1/1/2017 3/31/2017
- Total PSAs that ran in first quarter on KQRS, 93X and 105 The Vibe were: 1,737.