

KSQQ FM - MORGAN HILL / SAN JOSE, CALIFORNIA
 QUARTERLY ISSUES / PROGRAMS LIST
 FIRST QUARTER
 JANUARY 1, 2023 - MARCH 31, 2023

| ISSUE | RESPONSIVE PROGRAMMING | DATE / TIME / DURATION |
|--|---|---|
| 1. RELIGION | PORTUGUESE CATHOLIC LIVE MASS FOR THE ELDERLY & HOMEBOUND | 1/1/2023 - 3/31/2023 SUNDAY 10:30 AM 60 MIN |
| | PRE-RECORDED RECITATION OF THE CATHOLIC ROSARY | 1/1/2023 - 3/31/2023 SATURDAY- SUNDAY 6:30 PM 30 MIN OR LESS |
| 2. EMPLOYMENT & DISSEMINATION OF PUBLIC EVENTS | COMMUNITY BULLETIN CONSISTING OF EMPLOYMENT OPPORTUNITIES, COMMUNITY EVENTS, AND OBITUARIES | 1/1/2023 - 3/31/2023 MONDAY - FRIDAY 2:00 PM SATURDAY 8:30 AM 30 MIN OR LESS |
| 3. EDUCATION | PSA: HIGH SCHOOL EQUIVALENCY THIS YEAR, THOUSANDS OF ADULTS WILL FINISH THEIR HIGH SCHOOL DIPLOMAS. NONE OF THEM WILL DO IT ALONE. IF YOU'RE THINKING OF FINISHING YOUR HIGH SCHOOL DIPLOMA, YOU HAVE HELP. FIND FREE ADULT EDUCATION CLASSES NEAR YOU AT FINISHYOURDIPLOMA.ORG | 1/1/2023 - 3/31/2023 1 TIME WEEKLY 57 SEC |
| 4. HEALTH | PSA: UNNECESSARY MEDICATION UNNECESSARY MEDICATION IS ANY DRUG GIVEN UNDER THESE CIRCUNSTANCES: IN EXCESSIVE DOSE, FOR EXCESSIVE DURATION, WITHOUT ADEQUATE INDICATIONS FOR ITS USE | 1/1/2023 - 3/31/2023 2 TIMES WEEKLY 31 SEC |
| | PSA: TYPE 2 DIABETES PREVENTION ONE IN THREE AMERICAN ADULTS HAS PREDIABETES AND IS AT HIGH RISK OF DEVELOPING TYPE 2 DIABETES, A SERIOUS HEALTH CONDITION THAT CAN LEAD TO HEART ATTACK AND STROKE. VISIT DOIHAVEPREDIABETES.ORG TO TAKE A SHORT TEST AND KNOW WHERE YOU STAND | 1/1/2023 - 3/31/2023 1 TIME WEEKLY 48 SEC |
| | PSA: CANCER ALERT CANCER IS THE MOST DANGEROUS DISEASE. THERE ARE MORE THAN ONE HUNDRED DIFFERENT TYPES. THE DISEASE CAN AFFECT ALMOST ANY ORGAN OF THE BODY. SOME TYPES OF CANCER CAN BE PREVENTED THROUGH LIFESTYLE CHANGES | 1/1/2023 - 3/31/2023 3 TIMES WEEKLY 38 SEC |

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| HEALTH CONTUNUED | PSA: COVID 19 COVID 19 MENTAL HEALTH HAS BEEN CHALLENGING NOT ONLY PHYSICALLY BUT MENTALLY. ASK FOR HELP FROM MEDICAL PROFESSIONALS IF YOU NEED IT | 1/1/23 – 3/31/23 1 TIME DAILY 60 SEC |
| | PSA: DENTAL WITH OR WITHOUT DENTAL PAIN YOUR TEETH SHOULD BE SEEN BY A DENTIST EVERY YEAR. IF SEEN EVERY YEAR YOUR TEETH ARE GENERALLY EASY TO MAINTAIN. HOWEVER, IF NEGLECTED YOUR TEETH ARE AT RISK FOR MANY DIFFERENT DENTAL DISEASES. IT IS IMPORTANT TO MAINTAIN OVERAL HEALTH OF YOUR TEETH | 1/1/2023 – 3/31/2023 2 TIMES WEEKLY 60 SEC |
| | PSA: FLU VACCINE RECOMMENDATION FOR RECEIVING FLU VACCINE AND HOW TO OBTAIN THE FLU VACCINE | 1/1/2023- 3/31/2023 1 TIME DAILY 60 SEC |
| 5. SAFETY | PSA: CHILD CAR SAFETY A CHILD CAR SEAT IS REQUIRED BY LAW. A PROPER CAR SEAT IS REQUIRED DEPENDING ON THE CHILD’S AGE, WIEGHT AND HEIGHT. MAKE SURE THE CAR SEAT IS APPROPRIETE FOR THE CHILD BY READING THE CAR SEAT MANNUAL | 1/1/2023 – 3/31/2023 3 TIMES WEEKLY 30 SEC |
| | PSA: ELDER ABUSE PREVENTION ELDER ABUSE IS A SIGNIFICANT PUBLIC HEALTH PROBLEM. EACH YEAR, HUNDREDS OF THOUSANDS OF ADULTS OVER THE AGE OF 60 ARE ABUSED, NEGLECTED OR FINACIALLY EXPLOITED | 1/1/2023 - 3/31/2023 3 TIMES WEEKLY 30 SEC |