

Program Name	Recording	Host(s) Name(s)	Program Topic	Guest	Guest: Title/Affiliation
Project Independence	9/15/2023	Kristina Lew & Rebecca Miller	Medication Management & Talk of the Town	Danielle Ezzo, PharmD	(Associate Clinical Professor at St. John's College of Pharmacy and Allied Health Services)
Project Independence	9/22/2023	Kristina Lew/Rebecca Miller/Otto Lohse	Project Independence and You Radio Show 12th Anniversary	TONH Supervisor Jennifer DeSena	TONH Supervisor
Project Independence	9/29/2023	Kristina Lew/Rebecca Miller/Otto Lohse	Crohn's and Colitis, Long Island Chapter & Talk of the Town	Lisa Schwerdt	Executive Director, Crohn's and Colitis, Long Island Chapter
Project Independence	10/13/2023	Kristina Lew & Rebecca Miller	Northwell Health At Home & Talk of the Town	Shannon Prasad	Director of Operations, RegionCare Nursing Agency, Northwell Health At Home
Project Independence	10/20/2023	Kristina Lew/Rebecca Miller/Otto Lohse	Medicare 2024 Updates & Open Enrollment & Talk of the Town	Barry Klitsberg	Assistant Program Coordinator-Nassau County HIICAP Program
Project Independence	10/27/2023	Kristina Lew/Rebecca Miller/Otto Lohse	National Grid's Home Energy Affordability Team (HEAT SM) Programs & Services & Talk of the Town	Michele Bontempi	Associate Program Manager CLEAResult National Grid
Project Independence	11/3/2023	Kristina Lew/Rebecca Miller/Otto Lohse	Technology and Hearing & Talk of the Town	Lawrence Cardano, Au.D.	Doctor of Audiology, Hearing Center of LI and Author
Project Independence	11/27/2023	Kristina Lew/Rebecca Miller/Otto Lohse	American Red Cross-Service to the Armed Forces-Hero Care Network	Lallita Maharaj and	American Red Cross Service to the Armed Forces and International

			and Talk of the Town		Services Manager
Project Independence	12/1/2023	Kristina Lew/Rebecca Miller/Otto Lohse	Northwell Military Liaison Services & Talk of the Town	Cynthia LaRocca, DNP, RN, NPD-BC	Director of Education and Policy-Military Liaison Services, Northwell Health
Project Independence	12/8/2023	Kristina Lew/Rebecca Miller/Otto Lohse	Sensi 24/7 AI Virtual Care & Talk of the Town	Gregg Balbera, CSA	Owner, Certified Senior Advisor, Right at Home Nassau Suffolk
Project Independence	12/15/2023	Kristina Lew & Rebecca Miller	Healthy Holiday Eating & Talk of the Town	Khy Ee Siew, RD	Cornell Cooperative Extension Nassau County