| Program | | Host(s) | | | Guest: |
|-------------------------|-------------|----------------------------|---------------------------------|--------------------------|---------------------------------|
| Name | Recording | Name(s) | Program Topic | Guest | Title/Affiliation |
| | | Kristina | Aging Alone and | | Owner Certified |
| | | Lew/Rebecca | maintaining your | Gregg | Senior Advisor- |
| Project | | Miller/Otto | quality of life! & | Balbera, | Right at Home |
| Independence | 3/31/2023 | Lohse | Talk of the Town | CSA | Nassau Suffolk |
| | | | Carfit: Helping | | |
| | | Kristina | Mature Drivers | | |
| | | Lew/Rebecca | Find Their Safest | | Public Affairs |
| Project | 4/7/0000 | Miller/Otto | Fit & Talk of the | Karen | Specialist, AAA |
| Independence | 4/7/2023 | Lohse | Town | Blackburn | Northeast |
| | | | The need for | | Medical |
| | | Robert C. | reconciliation and | Bernie | practitioner, motivational |
| Seldom Said | 4/14/2023 | Amato | meaningful | Furshpan | speaker |
| Seluoiti Salu | 4/14/2023 | Amato | exchange Book: Home | Furstipati | Speaker |
| | | | Detox: Make | | |
| | | | Your Home a | | |
| | | | Healthier Place | | |
| | | | for Everyone | | |
| | | Kristina Lew | Who Lives There | Daniella | Clinical |
| Project | | & Rebecca | & Talk of the | Chace, MSc, | practitioner, author |
| Independence | 4/21/2023 | Miller | Town | CN | and educator |
| | | Robert C. | Actor's career as | Jim | Actor, |
| Seldom Said | 4/21/2023 | Amato | an impressionist. | Meskimen | impressionist. |
| | | Robert C. | Biography of Roy | Julie Rogers | Roy Rogers' grand |
| Seldom Said | 4/29/2023 | Amato | Rogers' family | Pomilia | daughter |
| | | | | | (Interim Program |
| | | | Oral Health for | | Director, General |
| | | | Seniors & | | Practice |
| | | Kaiatia a | Administration for | | Residency |
| | | Kristina | Community | lassuslins | Department of Dental |
| Droject | | Lew/Rebecca Miller/Otto | Living-Older American Month- | Jacqueline A. Sobota, | |
| Project Independence | 5/10/2023 | Lohse | Aging Unbound | DMD, PhD | Medicine,Northwell Health) |
| independence | 3/10/2023 | Lonse | Necessities | DIVID, FIID | Executive, owner: |
| | | Robert C. | needed in artistic | Sally | The Artist's |
| Seldom Said | 5/13/2023 | Amato | production | Antonaccio | Company |
| | 2, 10, 2020 | | May is Mental | | |
| | | | Health | | Behavioral Health |
| | | | Awareness | | Educator, Mental |
| Project | | Kristina Lew | Month & Talk of | Rachel E. | Health Association |
| Independence | 5/19/2023 | & Otto Lohse | the Town | Priest | of Nassau County |
| | | | | | Assistant |
| | | | | | Professor |
| | | | | | Department of |
| | | 17 | | | Dermatology, |
| | | Kristina | Older Handlift Co. | Dania D | Zucker School of |
| Drainat | | Lew/Rebecca | Skin Health for | Pooja R. | Medicine at |
| Project Independence | 5/26/2023 | Miller/Otto Lohse | Seniors and Talk of the Town | Shah, MD, FAAD | Hofstra Northwell Health |
| machemache | 3/20/2023 | LUISE | OI LITE TOWIT | 1 770 | ı ıcalılı |
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| | 6/2/2023 | Kristina Lew | Fall Prevention& | Mariel | Director of Speech |
|--------------|-----------|-----------------|---------------------|------------|---------------------|
| Project | | & Rebecca | Memory | Hunerberg | Therapy, Metro |
| Independence | | Miller | Retention: Learn | | Occupational and |
| | | | how dual-task | | Physical Therapy |
| | | | activities can help | | |
| | | | improve your | | |
| | | | memory and | | |
| | | | reduce your risk | | |
| | | | of falling at home | | |
| | | | or in the | | |
| | | | community and | | |
| | | | Talk of the Town | | |
| | | | | | Horticulture, Urban |
| | | | | | & Community |
| | | | | | Forestry, Subject |
| | | | You're Never Too | | Educator, Cornell |
| | | | Old to Harvest | | University |
| Destant | | IZ da Cara II.a | the Benefits of | \ P 1 | Cooperative |
| Project | 0/0/0000 | Kristina Lew | Gardening and | Vincent | Extension of |
| Independence | 6/9/2023 | & Otto Lohse | Talk of the Town | Drzewucki | Nassau County |
| | | | Project HELP | | |
| | | | Long Island- | | |
| | | | Education & | | |
| | | Kristina | Awareness on | | |
| Droinet | | | Mental Health & | | Co Foundar of |
| Project | 6/46/2022 | Lew/Rebecca | Addiction and | loff Ctopo | Co-Founder of |
| Independence | 6/16/2023 | Miller | Talk of the Town | Jeff Stone | Project HELP |