Program		Host(s)			Guest:
Name	Recording	Name(s)	Program Topic	Guest	Title/Affiliation
	i teeeranig	Kristina	Stress	0.000	
		Lew/Rebecca	Management in	Bill Solz,	
Project		Miller/Otto	the New Year &	LCSW,	Director of Stress
Independence	1/6/2023	Lohse	Talk of the Town	CASAC	Solutions NY
			Winter Driving		
		Kristina	Safety & Laugh		
		Lew/Rebecca	out Loud-Comedy		Public Affairs
Project	4/40/0000	Miller/Otto	for Seniors & Talk	KAREN	Specialist, AAA
Independence	1/13/2023	Lohse	of the Town	BLACKBURN	Northeast
		Kristina	Long Island		Executive
Project		Lew/Rebecca Miller/Otto	Housing Services, Inc.& Talk of the	lan S. Wilder,	Director, Long Island Housing
Independence	1/20/2023	Lohse	Town	Esq.	Services, Inc.
independence	1/20/2023	Robert C.	Quilting as an art	Matt	CEO National
Seldom Said	1/20/2023	Amato	form	Collinsworth	Quilting Museum
Joidon Jaid	.,20,2020	, 111010	Stay Informed and	30111101101111	- Canting Madeann
			In Control of Your		
			Own Healthcare!		
			Tips From Your		
		Kristina	Neighborhood		
		Lew/Rebecca	General Surgeon		
Project		Miller/Otto	& Talk of the	Jessica	Surgeon,
Independence	1/27/2023	Lohse	Town	Louie, MD	Northwell Health
			Elder Law &		
		Kristina	Estate Planning	Ronald	
Project		Lew/Rebecca	Update for 2023 &	Fatoullah,	
Independence	2/3/2023	Miller	Talk of the Town	Esq	Attorney
					Actor, Emmy
		Robert C.	Making of	David	Winner,
Seldom Said	2/3/2023	Amato	documentary film.	Millbern	Documentary Director
Seldom Sald	2/3/2023	Amato	Educational	Willibetti	Principal,
		Robert C.	philosophies and	Christina	Westbury
Seldom Said	2/10/2023	Amato	approaches.	Anderson	Friends School
20.00 30		Kristina	February is		
		Lew/Rebecca	American Heart		
Project		Miller/Otto	Month & Talk of	Dr. Evan	Cardiologist,
Independence	2/17/2023	Lohse	the Town	Schwarzwald	Northwell Health
		Robert C .			Author, spiritual
Seldom Said	2/17/2023	Amato	Intuitive thinking	Terri Jay	advisor
		Kristina			
		Lew/Rebecca	State of the Town		Town of North
Project	0/0//2055	Miller/Otto	2023 Recap &	Jennifer	Hempstead
Independence	2/24/2023	Lohse	Talk of the Town	DeSena	Supervisor
0-14 0 11	0/04/0000	Robert C.	The Holocaust	Sami	Motivational
Seldom Said	2/24/2023	Amato	and recent events.	Steigmann	speaker, survivor
		Kristina		Voron	Evecutive
Project		Lew/Rebecca	Litoropy Nassau 9	Karen	Executive
Project	3/3/2023	Miller/Otto	Literacy Nassau & Talk of the Town	Micciche, FIT/OGA	Director, Literacy Nassau
Independence	3/3/2023	Lohse Robert C.	I TAIN OF LITE TOWIT	Johanna	Author,
Seldom Said	3/3/2023	Amato	Author's new book	Siegman	photographer
	0/0/2020	Αιτιαίυ	Lynning a HEM DOOK	Oleginan	priolographe

			Deciphering Food		
		Kristina			Cornell
			Claims (nutrition		
		Lew/Rebecca	labels vs. food		Cooperative
Project		Miller/Otto	package claims) &	Khy Ee Siew,	Extension
Independence	3/17/2023	Lohse	Talk of the Town	RD	Nassau County
		Robert C.	Program assisting	Chen	Manager of
Seldom Said	1/17/2023	Amato	Israeli youth.	Drachman	Communications
			Health & Healing		Chief, Preventive
			for Life: An	Penny Stern,	& Lifestyle
		Kristina	Introduction to	MD, MPH,	Medicine
		Lew/Rebecca	Lifestyle Medicine	FACPM,	Northwell Health
Project		Miller/Otto	& Talk of the	FACOEM	Katz Institute for
Independence	3/24/2023	Lohse	Town	DipIABLM	Women's Health