

## ISSUES PROGRAMS LIST

### Quarterly Issues Programs List for KTMY-FM October 1<sup>st</sup> – December 31<sup>st</sup> 2019

Placed in the Public File – January 10, 2020

#### Section I. Issues.

The station has identified the following issues as significant issues facing our community in this quarter:

- A. Health
- B. Sexual Awareness
- C. Community
- D. LGBTQ issues
- E. Children's issues
- F. Women's issues

#### Section II. Responsive Programs

The station has broadcast programming dealing with each of the above referenced issues. Programming dealing with each issue is set out below.

##### A. Health

**Jason and Alexis**

**11/8/19**

**6:05am, 5 minutes**

##### **CAFFEINE AND SLEEP QUALITY**

Dawn discusses that she has given up caffeine due to poor sleep quality. She talks about the ease of this process and how it has positively impacted her ability to get to sleep and stay asleep.

**Jason and Alexis**

**11/11/19**

**7:05am, 5 minutes**

##### **VETERAN'S MENTAL HEALTH**

Veteran's are polled, and over half agree that the phrase, "Thank You for your service" makes them uncomfortable. Dawn brings up this topic on Veteran's day, and the way that Veterans would prefer you address their time in the military.

**Jason and Alexis**

**12/17/19**

**6:18am 6 minutes/6:30am 10 minutes (total 16 min)**

##### **BODY IMAGE AND ADVERTISING**

Stephanie Hansen brings up a commercial where an overweight man is seen with his shirt off as the 'joke' of the commercial. The show discusses how the perception of men being overweight and women being overweight is different. Jason talks about how as a child he was very embarrassed of his weight and how that affected his adult life.

**Donna and Steve**

**10/1/19**

**10:50am, 5 minutes**

**LIVING WITH OBSESSIVE COMPULSIVE DISORDER**

Steve opens up a bit about his Obsessive Compulsive Disorder and talks about what his counselor says how to handle it.

**Donna and Steve**

**12/24/19**

**9:45am, 10 minutes**

**BODY SHAMING**

Stephanie Hansen brings up a commercial where an overweight man is seen with his shirt off as the 'joke' of the commercial. The show discusses how the perception of men being overweight and women being overweight is different. Jason talks about how as a child he was very embarrassed of his weight and how that affected his adult life.

**Colleen and Bradley**

**10/14/19**

**2:15pm, 10 minutes**

**GOOP.COM AND YOUR "SKINNIEST LIVABLE WEIGHT"**

Colleen and Bradley discuss the post on Goop.com that claims you should be trying to reach your 'leanest livable weight' and how this messaging is potentially dangerous. The concept comes from Dr. Traci Mann a psychologist at the University of Minnesota, who runs The Mann Lab, a health and eating laboratory at the university. Mann's message of 'leanest livable weight' is confusing and may mislead consumers to pursue unhealthy relationships with their body and with food.

**Colleen and Bradley**

**11/19/19**

**1:30pm, 10 minutes**

**DR. OZ AND MISLEADING MEDICAL NEWS**

Colleen and Bradley discuss the fake medical news distributed by Dr. Mehmet Oz, host of THE DR. OZ SHOW. Dr. Oz tweeted out the reason why eating carbs cold might help you lose weight. Colleen and Bradley deconstruct why this is not actual health news and how influential health celebrities like Dr. Oz are doing a public disservice by spreading half-truths.

**Colleen and Bradley**

**11/20/19**

**1:15pm, 10 minutes**

**TODAY SHOW WEIGHIN IN ON LIVE TV**

Colleen and Bradley discuss the negative ramifications of TODAY show hosts Hoda Kotb and Jenna Bush Hager weighing themselves on live TV and sharing their body weights. Colleen and Bradley talk about the harmful effects of sharing their body weight and share some science behind intermittent fasting, the diet that Kotb and Hager say they want to try.

**Lori and Julia**

**11/6/19**

**4:15pm, 3 minutes**

**NATIONAL STRESS AWARENESS DAY**

Lori and Julia talk about National Stress Awareness Day. A new study revealed that people suffering from lack of sleep due to stress could affect their heart health and blood pressure. Lori and Julia talk about the study's findings on six ways to improve sleep.

**Lori and Julia**

**12/3/19**

**4:15pm, 3 minutes**

**SEASON AFFECTIVE DISORDER**

Lori and Julia discuss Seasonal Affective Disorder, a medical condition that many people have to deal with. Some are turning to dietary supplements to seek relief, but there is no evidence they really work. Lori and Julia also discuss other methods that have been proven to offer relief.

## **B. Sexual Awareness**

**Donna and Steve**

**10/15/19**

**10:05am, 5 minutes**

**PHARRELL WILLIAMS AND THE LYRICS TO "BLURRED LINES"**

Pharrell Williams has spoken out about his song Blurred Lines and how he regrets the song for its sexually regressive lyrics and Donna and Steve talk about how the song would be unacceptable today.

**Donna and Steve**

**11/7/19**

**9:50am, 5 minutes**

**T.I. AND HIS DAUGHTER: POLICING SEXUAL AGENCY**

Donna and Steve discuss the revelation that hip-hop star T.I. he takes his daughter to the doctor to monitor her virginity, opening up a greater conversation of how women around the world are still oppressed in this fashion but it is especially controversial taking place in the United States.

**Donna and Steve**

**11/18/19**

**9:10am, 5 minutes**

**PRINCE ANDREW AND JEFFERY EPSTEIN**

Donna and Steve talk about Prince Andrew's interview with the BBC about his Prince Andrew gave his relationship with convicted sexual assaulter Jeffery Epstein. The interview was a PR disaster and Donna and Steve talk about Andrew's dismissive talking points on sexual assault survival.

**Colleen and Bradley**

**11/6/19**

**12:05pm, 10 minutes**

**LYRIC CHANGING TO "BABY, IT'S COLD OUTSIDE"**

Colleen and Bradley discuss the lyrics to the controversial holiday song, "Baby, It's Cold Outside." In recent years, the song has become controversial due to its lyrics potentially portraying unwanted sexual advances. A local singing duo, Lydia Liza and Josiah Lemanski, remade the lyrics to the song to reflect a more contemporary attitude toward sexual agency and John Legend and Kelly Clarkson are recording another updated version. Colleen and Bradley talk about whether or not this update is needed or necessary.

**Colleen and Bradley**

**11/22/19**

**1:30pm, 10 minutes**

**TONY ROBBINS BUZZFEED INVESTIGATION INTO SEXUAL ASSAULT ALLEGATIONS**

Colleen and Bradley discuss the BuzzFeed investigation into self-help guru Tony Robbins, who has been accused of sexual assault and sexual misconduct by multiple people who worked with Robbins. The report goes into detail about these assaults, which happened in the 1980's.

**Colleen and Bradley**

**11/20/19**

**2:15pm, 10 minutes**

**LEAVING NEVERLAND UPDATE**

Colleen and Bradley have an update on the documentary LEAVING NEVERLAND, which shares the story of two men who accused Michael Jackson of sexually assaulting them as children. Wade Robson and James Safechuck, then men who accuse Jackson of sexual assault, filed suit against Michael Jackson's estate in 2017 and the lawsuits were dismissed, but a new ruling could bring the battle back to court. Colleen and Bradley reflect how the changes in the culture, fueled by the #meToo movement, may have influenced the court to revisit this case.

## **C. Community**

**Jason and Alexis**

**10/28/19**

**6:05am, 5 minutes**

**EVENT: MAKING STRIDES AGAINST BREAST CANCER**

Alexis participated and led a team of Mytalk walkers for the Making Strides Against Breast Cancer walk at Mall of America, put on by the American Cancer Society. Her team raised more than \$5k towards the fight against breast cancer that goes towards research and support for victims of the disease.

**Jason and Alexis**

**11/19/19**

**7:05am, 5 minutes**

**LITTLE BROTHERS, FRIENDS OF THE ELDERLY**

Dawn talks about her elder friend, Iris, who she met through an organization that matches people with the elderly to fight loneliness. Little Brothers is a non-profit organization. Dawn gives information on how to join and make an impact in an elder-friend's life.

**Colleen and Braldehy**

**12/26/19**

**2:05pm, 10 minutes**

**INTERVIEW WITH CARRIE CARLSON-GUEST, AMERICAN RED CROSS: THE DRAKE HOTEL FIRE**

Colleen and Holly interview Carrie Carlson-Guest, the Regional Communicatios Officer for the American Red Cross. Colleen and Holly ask how the American Red Cross is helping vicitms of the Drake Hotel fire, which displaced more than 250 people who are experiences homelessness. Carlson-Guest shares what can people to do support victims and how can people continue to support other victims of emergencies in the Twin Cities.

**Lori and Julia**

**10/1/19**

**3:30pm, 10 minutes**

**INTERVIEW WITH GAIL SHORE, PROJECT EXPLORER**

Lori and Julia interview Gail Shore about Project Explorer, a non-profit which supplies free educational videos for over 6 million students. ProjectExplorer's mission is to bring the world into classrooms and living rooms with free video content and curriculum that fosters global awareness and cross-cultural understanding.

**Lori and Julia**

**11/4/19**

**4:30pm, 6 minutes**

**INTERVIEW WITH LISA BECK, PROP FOOD SHELF**

Lori and Julia interview Lisa Beck from PROP Food Shelf, the local non-profit food shelf serving Eden Prairie and Chanhassen. PROP hosted a fundraiser fashion show.

**D. LGTBQ issues**

**Jason and Alexis**

**10/1/19**

**7:30am, 10 minutes**

**EDDIE MURPHY APOLOGIZES FOR PAST HOMOPHOBIC JOKES**

In preparation for his upcoming hosting of Saturday Night Live in December and the resurgence of his career, Comedian Eddie Murphy addresses his past jokes from the 1980's that now would be considered homophobic. In a New York Times article, Eddie Murphy admits his ignorance at the time and promises that he has moved

beyond these kinds of jokes. The show discusses how these jokes were more accepted in the 80's and how they are hurtful and harmful to the LGBTQ community.

**Jason and Alexis**

**10/29/19**

**7:05am, 5 minutes**

**MICHAEL CHE SNL JOKE ABOUT KAITLYN JENNER**

The show discusses if Michael Che's joke about Kaitlyn Jenner this weekend on Saturday Night Live was insensitive and offensive to transgender people. What is the line that is crossed if you make a comment that someone used to be another gender? Is this considered comedy anymore, or should comedians leave out those jokes?

**Jason and Alexis**

**12/3/19**

**7:30am, 15 minutes**

**DWAYNE WADE DEFENDS HIS SON'S GENDER IDENTITY CHANGE**

NBA player Dwayne Wade defends and supports his son in his desire to identify as a girl. Dwayne shuts down haters and uses the pronoun "she" to refer to his son. He also supports his son's self expression when it comes to his clothes, nails and hair.

**Jason and Alexis**

**12/4/19**

**6:05am, 5 minutes**

**TRANSGENDER ISSUES**

Jason talks about his support of a friend who transitioned from male to female. He talks about how he wishes he would have been able to offer more support.

**E. Children's issues**

**Jason and Alexis**

**11/12/19**

**8:00am, 10minutes**

**INSTAGRAM REMOVING LIKES FOR SOME ACCOUNTS, FOCUSING ON TEENS**

Due to the pressure on minors and cyber bullying, Instagram is doing a trial on random accounts to remove the number of likes that users see. This issue was discussed on the show because of the pressure on children and teens to have social credibility. Studies have found that teens desperately depend on social media to determine their worth, which leads to mental health issues and even suicide.

**Colleen and Bradley**

**10/15/19**

**2:05pm, 10 minutes**

**HALLOWEEN CANDY SAFETY**

Colleen and Bradley discuss Halloween candy safety. The Johnstown police department in Johnstown, PA issued a warning on their Facebook page to parents to watch out for CBD Halloween candy. Colleen and Bradley talk about candy safety panics of the past and the myths surrounding Halloween candy safety.

**Colleen and Bradley**

**12/6/19**

**1:05, 10 minutes**

**SEXIST CHILDRENS TOYS**

Colleen and Bradley discuss a listing of the highest-selling toys on Amazon.com for the holidays. Colleen and Bradley talk about how the toys are gendered and reflect gender stereotypes. For example, the toys that resemble household appliances are geared toward girls and the action toys are marketed to boys.

**Lori and Julia**

**10/3/19**

**4:15pm, 4 minutes**

**BULLYING PREVENTION**

Lori and Julia discuss tactics for parents on how to prevent bullying and ways to help if your child is bullied. Lori and Julia share nine steps parents can take to handle the situation.

**Lori and Julia**

**11/4/19**

**4:15pm, 3 minutes**

**CHILDHOOD SPORTS INJURIES**

Lori and Julia discuss the popularity of flag football. Many 6-12 year olds are playing flag football, but the number of injuries for those playing that sport has increased 44% causing new parental concerns

**F. Women's Issues**

**Jason and Alexis**

**10/3/19**

**7:41am, 10 min**

**UNBELIEVABLE: A NETFLIX SHOW ABOUT RAPE REPORTING**

Jason watched the Netflix show. Unbelievable and talks about how impactful it is to victims of rape. The show surrounds a teen who reports being raped, then recants her story because of the pressure of the process. Based on a true story.

**Donna and Steve**

**11/15/19**

**9:35am, 5 minutes**

**CMAS AND FEMALE REPRESENTATION IN COUNTRY MUSIC**

Donna and Steve talk about female representation at the Country Music Awards and in the country music industry. People were upset that the Country Music Association was trying to be more diverse with women but the actual award recipients were mostly men and this opens up a discussion of women country artists on the radio.

**Colleen and Brdley**

**11/7/19**

**2:05pm, 10 minutes**

**WHEN IS IT TIME TO STOP DRESSING "SEXY?"**

Colleen and Bradley talk about Kim Kardashian, noted for her provocative and sexual style, wanting to dress more modestly as she grows older and pursues a career in law. They take calls from listeners on whether or not there is an appropriate age to stop dressing "sexy" or if that is just a societal construct.

**Lori and Julia**

**10/15/19**

**4:15pm, 3 minutes**

**WOMEN, ALCOHOL CONSUMPTION AND MENTAL HEALTH**

Lori and Julia talk about a new report that state women who stop drinking alcohol improve their mental health. The study comes as many Americans are trying out an alcohol-free life as part of the sober-curious movement.

**Lori and Julia**

**11/11/19**

**3:30pm, 3 minutes**

**WOMEN AND HEART DISEASE PREVENTION**

Lori and Julia talk about women and heart disease: Women wanting to protect their heart should eat most of their calories earlier in the day. They talk about a study that show heart disease risk factors worsened when a large proportion of calories were consumed after 6pm.