

**2013 SECOND QUARTERLY REPORT  
KMTT-‘THE MOUNTAIN 2’  
HD-2 CHANNEL**

**QUARTERLY ISSUES/PROGRAMMING REPORT FOR THE  
SECOND QUARTER, APRIL 1 – JUNE 30, 2013:**

The following is a list of issues which the management of KMTT HD-2 Channel has determined to be of significant importance to the citizens of Tacoma and the Greater Puget Sound region. Also included in this report is how each issue was treated through the station’s most significant issue-responsive programming and community activities during the reporting period.

**KMTT HD-2 Channel, Seattle-Tacoma  
PUBLIC AFFAIRS PROGRAMMING:**

**"CONVERSATIONS"** is a 30 minute interview show airing on Sundays between 9:00 p.m. – 10:00 p.m. It’s hosted and produced by Entercom’s Public Affairs Director Lizz Sommars, which focuses on a wide variety of issues that affect people in the greater Puget Sound area. Her guests include individuals from business, medicine, government, environmental and education groups. Two ‘Conversations’ shows air back-to-back for a total of 60 minutes. Contact: Lizz Sommars, 206-577-2432.

**"ETOWN"** is a syndicated weekly 60-minute program airing from 10:00 p.m. – 11:00 p.m. Sundays. By featuring diverse music and interviews with a wide variety of authors, nonprofits and policy-makers, etown creates a constantly expanding "community on the air." etown is a place where respect for each other and our natural environment go hand in hand.

**ASCERTAINED COMMUNITY ISSUES and their descriptions:**

1. Business/Economy/Labor/Technology: Including issues affecting the economic condition of Western Washington and the outlook for employment and its ramifications, inflation, job training, internet issues, labor relations, foreign trade, consumer issues and issues affecting entrepreneurs.
2. Community Activities/Families/Youth: Including issues regarding neighborhoods, families, young people, community organization, neighborhood associations, parenting skills, child support, marriage, divorce, abuse, neglect, child support and more.
3. Crime/Drug Abuse/Violence: Including police and community relations, gang activities, gun control, law enforcement, the criminal justice system, the correctional system, rehabilitation, drunk driving, recovery, legal drugs, substance abuse rehabilitation, drunk driving, recovery, fire fighting, and issues including violence.

4. Education/Arts/Communication: Including childhood education, public education, reform efforts, school busing, school violence, higher education, creative endeavors including the arts, literature, poetry, computer/internet, and related issues such as access, liability and censorship issues.
5. Environment/Transportation: Including air and water pollution, forest issues, solid waste disposal, recycling, alternative energy, endangered and threatened species, environmental justice, conservation, mass transit, car-pooling, and food system sustainability issues.
6. Government /Global Affairs/Terrorism/Middle Eastern Affairs: Including government spending, services and abuses; taxes, elections, finance reform, miscellaneous reform efforts, third party activities, terrorism threats, counter-terrorism efforts, and general political debate.
7. Health: Including nutrition, fitness, mental health, prevention, health care policy, national and local reform efforts, alternative medical practices, total wellness, and more.
8. Aging/Gender/Minorities/Poverty: Including discrimination and other problems specific to racial or ethnic minorities, people who are disabled, women, men senior citizens, gays and lesbians, religious groups. Coverage of issues regarding spirituality, and issues affecting people who are homeless, and people who go without regular meals locally and globally.

**KMTT 'THE MOUNTAIN 2', HD-2 CHANNEL, Public Affairs Programming sorted by  
Radio Program in alphabetical order for the  
Second Quarter, April 1 – June 30, 2013:**

**CONVERSATIONS:**

Program: 'Conversations' Part: 1

Subject: Beyond the Checklist

Guest: Suzanne Gordon

Length: 12:32

Date Aired: 4/7/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Suzanne Gordon, health and medical writer, author, BEYOND THE CHECKLIST, talks about what healthcare can learn about teamwork and patient safety from the aviation industry.

[www.beyondthechecklist.com](http://www.beyondthechecklist.com)

Compliance issues covered: Health/Business/Jobs/Technology

Program: 'Conversations' Part: 2

Subject: How to Navigate Around Emotional Roadblocks

Guest: Jude Bijou

Length: 12:28

Date Aired: 4/7/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Jude Bijou, psychotherapist, author, ATTITUDE RECONSTRUCTION, talks about how to navigate around emotional roadblocks to create a better life. [www.AttitudeReconstruction.com](http://www.AttitudeReconstruction.com).

Compliance issues covered: Health/Family/Youth/Spirituality

Program: 'Conversations' Part: 1  
Subject: Transparency in the Healthcare Industry  
Guest: Dr. Marty Makary  
Length: 12:28  
Date Aired: 4/7/13  
Time Aired: 9:30 – 9:45 p.m.

Summary: Dr. Marty Makary, surgeon, Johns Hopkins Hospital, associate professor, Health Policy, Johns Hopkins School of Public Health, author, UNACCOUNTABLE, talks about medical errors and the need for greater transparency in the healthcare industry. [www.unaccountablebook.com](http://www.unaccountablebook.com).  
Compliance issues covered: Health/Business/Government

Program: 'Conversations' Part: 2  
Subject: Peace Anonymous  
Guest: Johnny F.  
Length: 12:32  
Date Aired: 4/7/13  
Time Aired: 9:45 – 10:00 p.m.

Summary: Johnny F, recovering alcoholic, expert in conflict resolution, author, PEACE ANONYMOUS, talks about using the 12-step process of Alcoholics Anonymous to end violence and war and achieve global peace. [www.peaceanonymous.com](http://www.peaceanonymous.com).  
Compliance issues covered: Health/Spirituality/Government/Terrorism

Program: 'Conversations' Part: 1  
Subject: The Emotional Link to Heart Disease in Women  
Guest: Dr. Suzanne Steinbaum  
Length: 12:34  
Date Aired: 4/14/13  
Time Aired: 9:00 – 9:15 p.m.

Summary: Dr. Suzanne Steinbaum, cardiologist, national spokesperson, American Heart Association's 'Go Red for Women' campaign, author, DR. SUZANNE STEINBAUM'S HEART BOOK, talks about heart health for women and the emotional connection women have to heart disease. [www.srsheart.com](http://www.srsheart.com).  
Compliance issues covered: Health/Gender Specific/Family

Program: 'Conversations' Part: 2  
Subject: The Time Cure and PTSD  
Guest: Dr. Richard Sword  
Length: 12:26  
Date Aired: 4/14/13  
Time Aired: 9:15 – 9:30 p.m.

Summary: Dr. Richard Sword, psychologist, author, THE TIME CURE, talks about a new method of overcoming combat-related PTSD, 'Post Traumatic Stress Disorder', called 'Time Perspective Therapy' and how it differs from the traditional model of PTSD therapy. [www.lifehut.com](http://www.lifehut.com).  
Compliance issues covered: Health/Government/Terrorism/Family/Youth

Program: 'Conversations' Part: 1  
Subject: Ben Behind His Voices  
Guest: Randy Kaye  
Length: 12:31

Date Aired: 4/14/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Randye Kaye, Connecticut State trainer, Family-to-Family program, National Alliance on Mental Illness, author, BEN BEHIND HIS VOICES, talks about her son's struggles with schizophrenia and how people with this illness can lead productive lives if they are treated early and properly, and her advice for caregivers of those living with schizophrenia.

Compliance issues covered: Health/Family/Spirituality

Program: 'Conversations' Part: 2

Subject: Peaceful Parent, Happy Kids

Guest: Dr. Laura Markham

Length: 12:29

Date Aired: 4/14/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Dr. Laura Markham, editor-in-chief, [www.AhaParenting.com](http://www.AhaParenting.com), author, PEACEFUL PARENT, HAPPY KIDS, talks about parenting and how parents can stop yelling and start connecting with their kids.

Compliance issues covered: Family/Youth/Education

Program: 'Conversations' Part: 1

Subject: The Fear Project

Guest: Jaimal Yogis

Length: 12:32

Date Aired: 4/21/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Jaimal Yogis, journalist, surfer, author, THE FEAR PROJECT, talks about one of life's most basic emotions, fear, and how to use it to your advantage. [www.fearproject.net](http://www.fearproject.net).

Compliance issues covered: Health/Spirituality/Youth/Family

Program: 'Conversations' Part: 2

Subject: Animal Genetic Engineering

Guest: Emily Anthes

Length: 12:28

Date Aired: 4/21/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Emily Anthes, journalist, author, FRANKENSTEIN'S CAT, talks about the emerging science of 'animal' genetic engineering and its potential good while still addressing the importance of improving the lives of the animals we use as test subjects. [www.emilyanthes.com](http://www.emilyanthes.com).

Compliance issues covered: Business/Government/Health/Technology

Program: 'Conversations'

Subject: The Spirit of Kaizen

Guest: Robert Maurer

Length: 25:00

Date Aired: 4/21/13

Time Aired: 9:30 – 10:00 p.m.

Summary: Robert Maurer, Ph.D., psychologist, organizational consultant, author, THE SPIRIT OF KAIZEN, talks about how to create lasting excellence in the workplace 'one small step at a time' and how this benefits companies not only in excellence but employee satisfaction. [www.scienceofexcellence.com](http://www.scienceofexcellence.com).

Compliance issues covered: Business/Jobs/Education/Spirituality

Program: 'Conversations'  
Subject: The Moon in the Nautilus Shell  
Guest: Daniel Botkin, Ph.D.  
Length: 25:00  
Date Aired: 4/28/13  
Time Aired: 9:00 – 9:30 p.m.  
Summary: Daniel Botkin, Ph.D., Professor Emeritus, Department of Ecology, Evolution and Marine Biology, University of California, Santa Barbara, author, THE MOON IN THE NAUTILUS SHELL, talks about climate change and man's changing relationship with nature, and how that can be viewed by looking at the salmon industry of Washington and Oregon and how sensitive the salmon are to things like climate change. [www.danbotkin.com](http://www.danbotkin.com).  
Compliance issues covered: Environment/Government/Jobs

Program: 'Conversations'  
Subject: Us Plus Them  
Guest: Todd Pittinsky  
Length: 25:00  
Date Aired: 4/28/13  
Time Aired: 9:30 – 10:00 p.m.  
Summary: Todd Pittinsky, associate professor, SUNY Stony Brook, author, US PLUS THEM, talks about the 'us versus them' mentality that's prevalent in our world and now we need to move from that paradigm to an 'us plus them' mentality and the positive power of difference and how to tap it. [www.allophillia.org](http://www.allophillia.org).  
Compliance issues covered: Jobs/Business/Government/Minorities/Discrimination

Program: 'Conversations'  
Subject: Inside Rehab in America  
Guest: Anne Fletcher  
Length: 25:00  
Date Aired: 5/5/13  
Time Aired: 9:00 – 9:30 p.m.  
Summary: Anne Fletcher, health journalist, author, INSIDE REHAB, talks about the current state of the addiction treatment industry in the U.S. and how to find help that works. [www.annemfletcher.com](http://www.annemfletcher.com).  
Compliance issues covered: Health/Business/Economy/Community/Family

Program: 'Conversations' Part: 1  
Subject: The 'Hooked Up' Generation  
Guest: Jack Myers  
Length: 12:44  
Date Aired: 5/5/13  
Time Aired: 9:30 – 9:45 p.m.  
Summary: Jack Myers, media ecologist, chairman, Media Advisory Group, author, HOOKED UP, talks about the 'Hooked Up' generation, today's college-age young adults and how it will shape everything we experience, including culture, education, religion, politics, and even technology itself. [www.hookedupgen.com](http://www.hookedupgen.com).  
Compliance issues covered: Youth/Education/Technology/Culture/Government/Spirituality

Program: 'Conversations' Part: 2  
Subject: Nanoparticles  
Guest: Brita Belli  
Length: 12:30

Date Aired: 5/5/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Brita Belli, editor, 'E-The Environmental Magazine', talks about the increasing presence of nanoparticles in our food supply and the possible health hazards associated with them.

[www.emagazine.com](http://www.emagazine.com).

Compliance issues covered: Health/Environment/Government

Program: 'Conversations' Part: 1

Subject: Manners in a Digital World

Guest: Daniel Post Senning

Length: 12:33

Date Aired: 5/12/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Daniel Post Senning, etiquette expert, great grandson of Emily Post, author, EMILY POST'S MANNERS IN A DIGITAL AGE, talks about having good manners in a digital age, the biggest mistakes people make on social media and how to best use social media for your job.

Compliance issues covered: Jobs/Business/Family/Youth

Program: 'Conversations' Part: 2

Subject: Parenting an Anxious Child

Guest: Anne Marie Albano, Ph.D.

Length: 12:27

Date Aired: 5/12/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Anne Marie Albano, Ph.D., director, Columbia University Medical School's Clinic for Anxiety and Related Disorders, author, YOU AND YOUR ANXIOUS CHILD, talks about raising children who have anxiety disorders. [www.effectivechildtherapy.com](http://www.effectivechildtherapy.com).

Compliance issues covered: Health/Youth/Education/Family

Program: 'Conversations' Part: 1

Subject: The Myths of Happiness

Guest: Sonja Lyubomirsky

Length: 12:32

Date Aired: 5/12/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Sonja Lyubomirsky, professor of psychology, University of California, Riverside, author, THE MYTHS OF HAPPINESS, talks about where happiness actually comes from and 'what should make you happy but doesn't, and what shouldn't make you happy but does'.

Compliance issues covered: Health/Culture/Family/Jobs

Program: 'Conversations' Part: 2

Subject: Rethinking Money

Guest: Jacqui Dunne

Length: 12:30

Date Aired: 5/12/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Jacqui Dunne, journalist, CEO, Entrepreneurs Without Borders, author, RETHINKING MONEY, talks about our monetary system and the role 'alternative currencies' play in our future prosperity. [www.rethinkingmoneythebook.com](http://www.rethinkingmoneythebook.com).

Compliance issues covered: Economy/Jobs/Environment/Community

Program: 'Conversations' Part: 1

Subject: 20' Somethings and Financial Literacy

Guest: Scott Gamm

Length: 12:32

Date Aired: 5/19/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Scott Gamm, college student, personal finance journalist, author, MORE MONEY, PLEASE, talks about what 20-somethings need to know about creating financial independence, how to handle student loans and create a budget and live within it. [www.HelpSaveMyDollars.com](http://www.HelpSaveMyDollars.com).

Compliance issues covered: Youth/Jobs/Education/Economy

Program: 'Conversations' Part: 2

Subject: Defeating Our Culture of Bullying in America

Guest: Emily Bazelon

Length: 12:28

Date Aired: 5/19/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Emily Bazelon, senior editor, Slate, contributing writer, The New York Times Magazine, author, STICKS AND STONES, talks about our culture of bullying and what we can do to change it. [www.emilybazelon.com](http://www.emilybazelon.com).

Compliance issues covered: Education/Youth/Crime/Family/Discrimination

Program: 'Conversations' Part: 1

Subject: The Threat of Cyber-Terrorism

Guest: John Stuart

Length: 12:34

Date Aired: 5/19/13

Time Aired: 9:30 – 9:45 p.m.

Summary: John Stuart, high-tech internet and telecom entrepreneur, co-author, HIDING IN SUNSHINE, talks about the threat of cyber-terrorism against the United States, and specifically an attack against the physical infra-structure and banking system and what families can do to safeguard their personal information in this 'cyber age'. [www.hidinginsunshine.com](http://www.hidinginsunshine.com).

Compliance issues covered: Business/Government/Crime/Terrorism

Program: 'Conversations' Part: 2

Subject: Rising Sea Levels and it's Effect on Our Coastlines

Guest: John Englander

Length: 12:26

Date Aired: 5/19/13

Time Aired: 9:45 – 10:00 p.m.

Summary: John Englander, oceanographer, author, HIGH TIDE ON MAIN STREET, talks about rising sea levels and it's effect on our coastal areas as well as what we can learn from Superstorm Sandy. [www.hightideonmainstreet.com](http://www.hightideonmainstreet.com).

Compliance issues covered: Environment/Government/Community

Program: 'Conversations' Part: 1

Subject: Living Past 100

Guest: Sonia Arrison

Length: 12:32

Date Aired: 5/26/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Sonia Arrison, futurist, technology analyst, author, 100 PLUS, talks about 'living past 100' and how life-extending discoveries will affect our lives, our finances, careers, our social and economic lives in the coming years. [www.soniaarrison.com](http://www.soniaarrison.com).

Compliance issues covered: Aging Issues/Health/Jobs/Family/Community

Program: 'Conversations' Part: 2

Subject: City of Soldiers

Guest: Kate Fearon

Length: 12:28

Date Aired: 5/26/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Kate Fearon, member, Provincial Reconstruction Team, Afghanistan, author, CITY OF SOLDIERS, talks about her 16-months in war-torn Afghanistan in 2009 – 2010 working for the Provincial Reconstruction Team bringing social services to the people of the Helmand province in Afghanistan.

Compliance issues covered: Terrorism/Government/Discrimination/Poverty/Gender Specific

Program: 'Conversations'

Subject: The Other Wes Moore

Guest: Wes Moore

Length: 25:00

Date Aired: 5/26/13

Time Aired: 9:30 – 10:00 p.m.

Summary: Wes Moore, youth advocate, Army combat veteran, business leader, author, THE OTHER WES MOORE, talks about why some kids in America today succeed while others don't, and about his relationship with another young man, who grew up in his neighborhood with the same name as his, but how he got involved in drugs and murder and is spending the rest of his life in prison, and what factors led them to make decisions that led them in such opposite directions in life.

[www.theotherwesmoore.com](http://www.theotherwesmoore.com).

Compliance issues covered: Youth/Crime/Family/Community/Poverty/Discrimination

Program: 'Conversations' Part: 1

Subject: The Autistic Brain

Guest: Temple Grandin

Length: 12:29

Date Aired: 6/2/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Temple Grandin, Ph.D., professor, Colorado State University, author, THE AUTISTIC BRAIN, talks about the latest research into Autism and promising new ways of understanding the causes, diagnoses and treatments of this syndrome. [www.templegrandin.com](http://www.templegrandin.com).

Compliance issues covered: Health/Education/Youth/Family

Program: 'Conversations' Part: 2

Subject: Cultural Conflicts

Guest: Alana Conner, Ph.D.

Length: 12:31

Date Aired: 6/2/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Alana Conner, Ph.D., experimental cultural psychologist, author, CLASH, talks about cultural conflict in our society, how our world has become smaller through technology making cultural clashes seem more pronounced, and how cultural conflict makes us who we are.

[www.cultureclashes.org](http://www.cultureclashes.org).



Compliancy issues covered: Culture/Discrimination/Spirituality/Community

Program: 'Conversations'

Subject: Surviving American Medicine

Guest: Dr. Cary Present

Length: 25:00

Date Aired: 6/2/13

Time Aired: 9:30 – 10:00 p.m.

Summary: Dr. Cary Present, internist, hematologist, oncologist, in Los Angeles, author, SURVIVING AMERICAN MEDICINE, talks about how to successfully navigate our health care system to get the best care, including how to find the best doctor for you, looking up physicians on the internet and how to use the internet to research health conditions.

Compliancy issues covered: Health/Business/Government

Program: 'Conversations'

Subject: Young for Life

Guest: Marilyn Diamond, Dr. Rock Schell

Length: 25:00

Date Aired: 6/9/13

Time Aired: 9:00 – 9:30 p.m.

Summary: Marilyn Diamond, Dr. Rock Schnell, health researchers, authors, YOUNG FOR LIFE, talk about how eating the right foods can help you reverse 'Nutrient Deficiency Disorder, the signs of aging, and how leading a vegan lifestyle can be counter-productive to your health.

[www.youngforlife.com](http://www.youngforlife.com).

Compliancy issues covered: Health/Youth/Aging Issues

Program: 'Conversations'

Part: 1

Subject: Big Data and How It's Changing Our World

Guest: Viktor Mayer-Schoenberger

Length: 12:34

Date Aired: 6/9/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Viktor Mayer-Schoenberger, professor of Internet Governance and Regulation, Oxford University, author, BIG DATA, talks about one of the hottest trends in technology, the emerging science of 'big data' and it's many implications in our lives. [www.big-data-book.com](http://www.big-data-book.com).

Compliancy issues covered: Business/Technology/Government/Environment

Program: 'Conversations'

Part: 2

Subject: Life on the Brink

Guest: Philip Cafaro

Length: 12:26

Date Aired: 6/9/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Philip Cafaro, professor of Philosophy, Colorado State University, co-editor, LIFE ON THE BRINK, talks about the environmental implications of continued population growth in the world, where the population is growing the fastest and why it is a major force behind many of our most serious ecological problems, including global climate change, habitat loss and species extinction as well as air and water pollution and food scarcity and what we must do about it.

[www.philipcafaro.com](http://www.philipcafaro.com).

Compliancy issues covered: Environment/Government/Family/Poverty

Program: 'Conversations'

Part: 1

Subject: Psychiatry and the DSM

Guest: Gary Greenberg

Length: 12:30

Date Aired: 6/16/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Gary Greenberg, psychotherapist, author, *THE BOOK OF WOE*, talks about psychiatry and the latest revision of the DSM, *The Diagnostic and Statistical Manual of Mental Disorders*, the ‘bible’ of the profession and its effect on how we view and treat mental illness.

[www.garygreenberg.com](http://www.garygreenberg.com).

Compliance issues covered: Health/Government/Education/Family/Youth/Aging Issues

Program: ‘Conversations’ Part: 2

Subject: Inter-generational PTSD

Guest: Christal Presley, Ph.D.

Length: 12:30

Date Aired: 6/16/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Christal Presley, Ph.D., author, ‘30 DAYS WITH MY FATHER’, talks about inter-generational PTSD, ‘Post Traumatic Stress Disorder’, how families are affected by a veteran’s PTSD, how she healed her relationship with her own father who suffered from PTSD for years after the Vietnam war, and about the website she created to help families dealing with this issue.

[www.unitedchildrenofveterans.com](http://www.unitedchildrenofveterans.com).

Compliance issues covered: Health/Terrorism/Government/Family/Youth

Program: ‘Conversations’

Subject: The Multi-Year Teacher Model

Guest: David Marshak

Length: 25:00

Date Aired: 6/16/13

Time Aired: 9:30 – 10:00 p.m.

Summary: David Marshak, lecturer, Western Washington University, author, *KIDS NEED THE SAME TEACHER FOR MORE THAN ONE YEAR*, talks about the ‘multi-year classroom’ model where kids have the same teacher for two, three or even four years and the benefits of the child-teacher-parent relationship that it creates. [www.kidsneedthesameteacher.net](http://www.kidsneedthesameteacher.net).

Compliance issues covered: Education/Youth/Family

Program: ‘Conversations’ Part: 1

Subject: Breaking the Habit of Being Yourself

Guest: Dr. Joe Dispenza

Length: 12:27

Date Aired: 6/23/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Dr. Joe Dispenza, chiropractor, author, *BREAKING THE HABIT OF BEING YOURSELF*, talks about creating new habits and how to make the change stick.

[www.drjoedispenza.com](http://www.drjoedispenza.com).

Compliance issues covered: Health/Family/Jobs/Spirituality

Program: ‘Conversations’ Part: 2

Subject: When Will the Next Big Earthquake Hit the Northwest?

Guest: Sandi Doughton

Length: 12:33

Date Aired: 6/23/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Sandi Doughton, science reporter, The Seattle Times, author, FULL RIP 9.0, talks about earthquakes, earthquake research and how it's developed over the years and when the 'next big one' will hit the Pacific Northwest.

Compliance issues covered: Environment/Government/Community/Business

Program: 'Conversations' Part: 1

Subject: The Link Between Sugar and Obesity and Disease

Guest: Dr. Robert Lustig

Length: 12:35

Date Aired: 6/23/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Dr. Robert Lustig, director, UCSF Weight Assessment for Teen and Child Health Program, author, FAT CHANCE, talks about the link between sugar consumption and higher rates of obesity and disease.

Compliance issues covered: Health/Business/Government/Family

Program: 'Conversations' Part: 2

Subject: Raising the Curve

Guest: Ron Berler

Length: 12:25

Date Aired: 6/23/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Ron Berler, journalist, author, RAISING THE CURVE, talks about his year studying one of America's 45,000 failing public schools, Brookside elementary school in Norwalk, Connecticut, where teachers must 'teach to the test' and students struggle to keep up, and what this school can reveal about helping other failing schools in America. [www.ronberlerbooks.com](http://www.ronberlerbooks.com).

Compliance issues covered: Education/Government/Poverty/Youth

Program: 'Conversations'

Subject: Child Sex Trafficking in the Puget Sound region

Guest: Phil Martin, Breanna Stewart

Length: 25:00

Date Aired: 6/30/13

Time Aired: 9:00 – 9:30 p.m.

Summary: Phil Martin, national director, Compassion2one, Breanna Stewart, 'Miss Puget Sound USA, 2013', talk about child sex trafficking in the Puget Sound area, what cultural influences keep this issue in the forefront of our modern culture, legislation in Washington that's addressing the issue, about Compassion2one's efforts to rescue and restore victims of the industry, and Breanna's passion of empowering young women and girls in a positive way to help them avoid becoming victims of the sex industry. [www.Compassion2one.org](http://www.Compassion2one.org).

Compliance issues covered: Youth/Crime/Community/Government/Health

Program: 'Conversations' Part: 1

Subject: Running on Empty

Guest: Jonice Webb, Ph.D.

Length: 12:24

Date Aired: 6/30/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Jonice Webb, Ph.D., psychologist, author, RUNNING ON EMPTY, talks about overcoming childhood emotional neglect, how it becomes visible in adulthood, and what adults can do to heal their childhood painful emotions. [www.emotionalneglect.com](http://www.emotionalneglect.com).

Compliance issues covered: Health/Family/Youth/Spirituality

Program: 'Conversations' Part: 2

Subject: Eating for Cancer Survival

Guest: Dr. Christine Horner

Length: 12:36

Date Aired: 6/30/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Dr. Christine Horner, author, WAKING THE WARRIOR GODDESS, talks about eating for cancer prevention and survival, what supplements are proven to help prevent cancer and how they strengthen the immune system which is important for preventing and surviving illness.

[www.drchristinehorner.com](http://www.drchristinehorner.com).

Compliance issues covered: Health/Gender Specific/Aging Issues

## **ETOWN:**

Program: 'etown'

Date Aired: 4/7/13

Time Aired: 10:00 – 11:00 p.m.

Length: 6:23

Guest: Carol Hofgartner

Topic: Lack of art education for children in Detroit area schools. Carole founded the nonprofit 'Art Road' in 2004 to provide students that lack art in their curriculum. It provides special arts activity classes, including supplies and an instructor to no cost to elementary schools which otherwise wouldn't have any art programs.

Compliance issues covered: Education/Youth/Poverty/Community

Program: 'etown'

Date Aired: 7/14/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:00

Guest: Ron Manganiello

Topic: Transportation for people with low incomes and no car. Ron founded the nonprofit 'Bike Recycle Vermont' to repair and recycle old bicycles and make them available for use by the homeless, refugees, at-risk teens, and low-income families.

Compliance issues covered: Poverty/Community/Family

Program: 'etown'

Date Aired: 4/21/13

Time Aired: 10:00 – 11:00 p.m.

Length: 8:23

Guest: Mike Town

Topic: Lack of attention to the environment and sustainably responsible behaviors among high school students. Mike founded 'Cool Schools Program' to involve hundreds of schools across the country in reducing their carbon emissions by about 10-million pounds. Mike is also preserving over 100,000 acres of land near Seattle as wilderness.

Compliance issues covered: Environment/Education/Community

Program: 'etown'

Date Aired: 4/28/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:54

Guest: Bill Ayres

Topic: Rampant poverty and hunger. Bill founded the global organization 'WHYHunger' to look at the causes of hunger and empower grassroots organizations all over the world to provide people with food, job-training programs, nutrition education and leadership development.

Compliance issues covered: Poverty/Discrimination/Jobs/Education/Health

Program: 'etown'

Date Aired: 5/5/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:23

Guest: David Talbot

Topic: Most handicapped individuals in Africa have no crutches or wheelchairs to aid them. David founded 'Crutches for Africa' to recycle used crutches and wheelchairs in the U.S. and ship them to Africans who desperately need them.

Compliance issues covered: Poverty/Health/Family

Program: 'etown'

Date Aired: 5/12/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:48

Guest: Margot McNeelry

Topic: Waste and pollution from restaurants. Margot founded 'Project Green Fork' to work with restaurants do a better job at sustainability. They have diverted over 3-million pounds of glass, plastic, paper, aluminum and food waste from landfills.

Compliance issues covered: Environment/Business/Health

Program: 'etown'

Date Aired: 5/19/13

Time Aired: 10:00 – 11:00 p.m.

Length: 5:52

Guest: Brad Wyche

Topic: Devastation of natural land in South Carolina. Brad founded 'Upstate Forever' to preserve over 17,000 acres of land in the upstate region of South Carolina through land conservation agreements, allowing the land to be preserved indefinitely as open space.

Compliance issues covered: Environment/Government/Community

Program: 'etown'

Date Aired: 5/26/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:57

Guest: Ed Gross & Harve Timeus

Topic: Illegal dumping on public lands. Ed and Harve founded 'Trash Dogs' in Oregon to gather volunteers to collect trash and work to educate the public about dumping on National Forest Land.

Compliance issues covered: Environment/Government/Crime

Program: 'etown'

Date Aired: 6/2/13

Time Aired: 10:00 – 11:00 p.m.

Length: 10:29

Guest: Judy Collins

Topic: Lifetime achievement award. Judy Collins' folk and contemporary music career has provided her with a platform to speak about many social and political causes she cares about. Judy is a UNICEF Special Representative for the Performing Arts and has written numerous songs reflecting her political beliefs.

Compliance issues covered: Government/Discrimination/Environment

Program: 'etown'

Date Aired: 6/9/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:46

Guest: Floss Blackburn

Topic: Animals in need of care. Floss Blackburn founded 'Denkai Animal Sanctuary' in Colorado to care for some of the worst cases of animal abandonment and abuse in the Fort Collins, Colorado region. She also has at-risk youth work with caring for the animals.

Compliance issues covered: Youth/Crime/Environment

Program: 'etown'

Date Aired: 6/16/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:25

Guest: Brad Flory

Topic: Economic recession in Jackson, Michigan. Brad founded 'Brad's Lunch Bunch' to help the increased number of people struggling to meet basic needs after the economic recession in Jackson, Michigan. Brad got help from local residents by issuing a challenge through the local newspaper to help raise money for the meals.

Compliance issues covered: Community/Poverty/Youth

Program: 'etown'

Date Aired: 6/23/13

Time Aired: 10:00 – 11:00 p.m.

Length: 6:40

Guest: Dan Lill, Bill D'Anza

Topic: Lack of free bike repair and services in Rochester, New York. Dan and Bill founded 'R Community Bikes' to meet a need for bikes and bike repair in the community. So far, they've given away 10,000 bikes and repaired 9,000.

Compliance issues covered: Community/Youth/Family

Program: 'etown'

Date Aired: 6/30/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:13

Guest: Brad Ludden

Topic: Lack of outdoor programs for people in cancer therapy. Brad founded 'First Descents' to help people dealing with cancer by providing an outdoor program that provides exercise and fun to help them heal from their illness.

Compliance issues covered: Health/Community/Family/Youth