

**2013 THIRD QUARTERLY REPORT  
KMTT/KHTP -‘THE MOUNTAIN 2’  
HD-2 CHANNEL**

**\*\* On 9/11/13 at midnight, KMTT HD2 became KHTP HD2.**

**QUARTERLY ISSUES/PROGRAMMING REPORT FOR THE  
THIRD QUARTER, JULY 1 – SEPTEMBER 30, 2013:**

The following is a list of issues which the management of KMTT/KHTP HD-2 Channel has determined to be of significant importance to the citizens of Tacoma and the Greater Puget Sound region. Also included in this report is how each issue was treated through the station’s most significant issue-responsive programming and community activities during the reporting period.

**KMTT/KHTP HD-2 Channel, Seattle-Tacoma  
PUBLIC AFFAIRS PROGRAMMING:**

**"CONVERSATIONS"** is a 30 minute interview show airing on Sundays between 9:00 p.m. – 10:00 p.m. It’s hosted and produced by Entercom’s Public Affairs Director Lizz Sommars, which focuses on a wide variety of issues that affect people in the greater Puget Sound area. Her guests include individuals from business, medicine, government, environmental and education groups. Two ‘Conversations’ shows air back-to-back for a total of 60 minutes. Contact: Lizz Sommars, 206-577-2432.

**“ETOWN”** is a syndicated weekly 60-minute program airing from 10:00 p.m. – 11:00 p.m. Sundays. By featuring diverse music and interviews with a wide variety of authors, nonprofits and policy-makers, ‘etown’ creates a constantly expanding "community on the air." ‘etown’ is a place where respect for each other and our natural environment go hand in hand.

**ASCERTAINED COMMUNITY ISSUES and their descriptions:**

1. Business/Economy/Labor/Technology: Including issues affecting the economic condition of Western Washington and the outlook for employment and its ramifications, inflation, job training, internet issues, labor relations, foreign trade, consumer issues and issues affecting entrepreneurs.
2. Community Activities/Families/Youth: Including issues regarding neighborhoods, families, young people, community organization, neighborhood associations, parenting skills, child support, marriage, divorce, abuse, neglect, child support and more.
3. Crime/Drug Abuse/Violence: Including police and community relations, gang activities, gun control, law enforcement, the criminal justice system, the correctional system, rehabilitation, drunk driving, recovery, legal drugs, substance abuse rehabilitation, drunk driving, recovery, fire fighting, and issues including violence.



Summary: Michael Gurian, marriage and family counselor, Founder, Gurian Institute, author, THE WONDER OF AGING, talks about our youth-obsessed culture and how the second half of life can actually be enormously fruitful, exciting and fulfilling. [www.michaelgurian.com](http://www.michaelgurian.com).

Compliance issues covered: Health/Family/Youth/Spirituality

Program: 'Conversations' Part: 1

Subject: Beyond the Checklist

Guest: Suzanne Gordon

Length: 12:32

Date Aired: 7/7/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Suzanne Gordon, health and medical writer, author, BEYOND THE CHECKLIST, talks about what healthcare can learn about teamwork and patient safety from the aviation industry.

[www.beyondthechecklist.com](http://www.beyondthechecklist.com)

Compliance issues covered: Health/Business/Jobs/Technology

Program: 'Conversations' Part: 2

Subject: How to Navigate Around Emotional Roadblocks

Guest: Jude Bijou

Length: 12:28

Date Aired: 7/7/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Jude Bijou, psychotherapist, author, ATTITUDE RECONSTRUCTION, talks about how to navigate around emotional roadblocks to create a better life. [www.AttitudeReconstruction.com](http://www.AttitudeReconstruction.com).

Compliance issues covered: Health/Family/Youth/Spirituality

Program: 'Conversations' Part: 1

Subject: The New World of Work

Guest: Terri Maxwell

Length: 12:31

Date Aired: 7/14/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Terri Maxwell, business consultant, author, THE NEW WORLD OF WORK, talks about 'the cloud' and how it's revolutionizing how work is sourced and performed.

[www.NewWorldofWork.com](http://www.NewWorldofWork.com).

Compliance issues covered: Business/Jobs/Youth/Aging Issues

Program: 'Conversations' Part: 2

Subject: Slouching Toward Adulthood

Guest: Sally Koslow

Length: 12:29

Date Aired: 7/14/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Sally Koslow, journalist, author, SLOUCHING TOWARD ADULTHOOD, talks about post-college age kids who 'boomerang' home again to life with mom and dad and the joys and challenges of this situation and how both are coping with this new 'trend' in our culture.

Compliance issues covered: Culture/Youth/Family/Jobs/Economy/Education

Program: 'Conversations' Part: 1

Subject: The American Way of Eating

Guest: Tracie McMillan

Length: 12:30

Date Aired: 7/14/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Tracie McMillan, journalist, senior fellow, Schuster Institute for Investigative Journalism, Knight-Wallace Fellow, University of Michigan, author, THE AMERICAN WAY OF EATING, talks about why Americans eat the way they do, how America came to eat this way, why we keep doing it and what it would take to change it. [www.americanwayofeating.com](http://www.americanwayofeating.com).

Compliance issues covered: Health/Culture/Business/Family

Program: 'Conversations' Part: 2

Subject: Man Up

Guest: Carlos Gomez

Length: 12:30

Date Aired: 7/14/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Carlos Gomez, award-winning poet, actor, writer, author, MAN UP, talks about redefining what masculinity looks like in the 21<sup>st</sup> century, and how men can deal with women, avoid violence, handle fear and express emotions in a more healthy way than they have in the past.

Compliance issues covered: Gender Specific/Culture/Family/Youth

Program: 'Conversations' Part: 1

Subject: The Bliss Experiment

Guest: Sean Meshorer

Length: 12:29

Date Aired: 7/21/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Sean Meshorer, journalist, author, THE BLISS EXPERIMENT, talks about the nature of happiness amidst the challenges of modern living, why happiness is not external, the differences between happiness and pleasure, and how to experience bliss even when confronted with physical injury and pain. [www.TheBlissExperiment.com](http://www.TheBlissExperiment.com).

Compliance issues covered: Health/Spirituality

Program: 'Conversations' Part: 2

Subject: International Adoption

Guest: John Simmons

Length: 12:31

Date Aired: 7/21/13

Time Aired: 9:15 – 9:30 p.m.

Summary: John Simmons, founder, nonprofit, 'Ele Lembra', author, TO SING FROGS, talks about the joys and challenges of international adoption and how his family adopted 6 children from Russian orphanages and his advice for other families looking to adopt internationally. [www.EleLembra.com](http://www.EleLembra.com).

Compliance issues covered: Youth/Family/Health/Government/Poverty

Program: 'Conversations' Part: 1

Subject: 20' Something's and Financial Literacy

Guest: Scott Gamm

Length: 12:32

Date Aired: 7/21/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Scott Gamm, college student, personal finance journalist, author, MORE MONEY, PLEASE, talks about what 20-somethings need to know about creating financial independence, how to handle student loans and create a budget and live within it. [www.HelpSaveMyDollars.com](http://www.HelpSaveMyDollars.com).

Compliancy issues covered: Youth/Jobs/Education/Economy

Program: 'Conversations' Part: 2

Subject: Defeating Our Culture of Bullying in America

Guest: Emily Bazelon

Length: 12:28

Date Aired: 7/21/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Emily Bazelon, senior editor, Slate, contributing writer, The New York Times Magazine, author, STICKS AND STONES, talks about our culture of bullying and what we can do to change it. [www.emilybazelon.com](http://www.emilybazelon.com).

Compliancy issues covered: Education/Youth/Crime/Family/Discrimination

Program: 'Conversations'

Subject: The Symmetry of our Universe

Guest: Dave Goldberg, Ph.D.

Length: 25:00

Date Aired: 7/28/13

Time Aired: 9:00 – 9:30 p.m.

Summary: Dave Goldberg, Ph.D., professor, director, Undergraduate Studies, Dept. of Physics, Drexel University, author, THE UNIVERSE IN THE REAR VIEW MIRROR, talks about the world of science and physics and the role symmetry plays in how we understand our universe.

Compliancy issues covered: Education/Technology/Spirituality

Program: 'Conversations' Part: 1

Subject: Living Past 100

Guest: Sonia Arrison

Length: 12:32

Date Aired: 7/28/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Sonia Arrison, futurist, technology analyst, author, 100 PLUS, talks about 'living past 100' and how life-extending discoveries will affect our lives, our finances, careers, our social and economic lives in the coming years. [www.soniaarrison.com](http://www.soniaarrison.com).

Compliancy issues covered: Aging Issues/Health/Jobs/Family/Community

Program: 'Conversations' Part: 2

Subject: City of Soldiers

Guest: Kate Fearon

Length: 12:28

Date Aired: 7/28/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Kate Fearon, member, Provincial Reconstruction Team, Afghanistan, author, CITY OF SOLDIERS, talks about her 16-months in war-torn Afghanistan in 2009 – 2010 working for the Provincial Reconstruction Team bringing social services to the people of the Helmand province in Afghanistan.

Compliancy issues covered: Terrorism/Government/Discrimination/Poverty/Gender Specific

Program: 'Conversations' Part: 1

Subject: Building Leadership Skills in Business

Guest: Tish Squillaro

Length: 12:30

Date Aired: 8/4/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Tish Squillaro, CEO, Candor Consulting, author, HEADTRASH, talks about leadership skills in business and how to get a handle on unproductive motions and fears that might be undermining your effectiveness. [www.headtrash911.com](http://www.headtrash911.com).

Compliance issues covered: Business/Technology/Jobs/Economy

Program: 'Conversations' Part: 2

Subject: Finding Home after Displacement

Guest: Sally Ooms

Length: 12:30

Date Aired: 8/4/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Sally Ooms, journalist, author, FINDING HOME, talks about 'home' and a sense of 'belonging' that people associate with their homes and how Americans prevail once they've been displaced to recreate their sense of home.

Compliance issues covered: Environment/Family/Poverty/Discrimination

Program: 'Conversations' Part: 1

Subject: Manners in a Digital World

Guest: Daniel Post Senning

Length: 12:33

Date Aired: 8/4/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Daniel Post Senning, etiquette expert, great grandson of Emily Post, author, EMILY POST'S MANNERS IN A DIGITAL AGE, talks about having good manners in a digital age, the biggest mistakes people make on social media and how to best use social media for your job.

Compliance issues covered: Jobs/Business/Family/Youth

Program: 'Conversations' Part: 2

Subject: Parenting an Anxious Child

Guest: Anne Marie Albano, Ph.D.

Length: 12:27

Date Aired: 8/4/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Anne Marie Albano, Ph.D., director, Columbia University Medical School's Clinic for Anxiety and Related Disorders, author, YOU AND YOUR ANXIOUS CHILD, talks about raising children who have anxiety disorders. [www.effectivechildtherapy.com](http://www.effectivechildtherapy.com).

Compliance issues covered: Health/Youth/Education/Family

Program: 'Conversations' Part: 1

Subject: Good Nutrition in Middle Age

Guest: Dr. John Salerno

Length: 12:32

Date Aired: 8/11/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Dr. John Salerno, family physician, author, THE SILVER CLOUD DIET, talks about the middle aged, their higher suicide rate than other age groups, and why he believes there's a nutritional link that's missing that can be part of the problem, and the nutrients that all middle aged American should include in their diets. [www.thesilverclouddiet.com](http://www.thesilverclouddiet.com).

Compliance issues covered: Aging Issues/Health/Family/Environment

Program: 'Conversations' Part: 2

Subject: Acid Reflux in the Young

Guest: Dr. Jamie Koufman

Length: 12:28

Date Aired: 8/11/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Dr. Jamie Koufman, director, The Voice Institute of New York, author, DROPPING ACID, talks about a common medical issue, acid reflux, once thought to afflict only the middle-aged and older, but now it's affecting people in their 20's and 30's and what to do about it.

[www.thevoiceinstituteofnewyork.com](http://www.thevoiceinstituteofnewyork.com).

Compliance issues covered: Youth/Health/Environment/Government

Program: 'Conversations' Part: 1

Subject: The Autistic Brain

Guest: Temple Grandin

Length: 12:29

Date Aired: 8/11/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Temple Grandin, Ph.D., professor, Colorado State University, author, THE AUTISTIC BRAIN, talks about the latest research into Autism and promising new ways of understanding the causes, diagnoses and treatments of this syndrome. [www.templegrandin.com](http://www.templegrandin.com).

Compliance issues covered: Health/Education/Youth/Family

Program: 'Conversations' Part: 2

Subject: Cultural Conflicts

Guest: Alana Conner, Ph.D.

Length: 12:31

Date Aired: 8/11/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Alana Conner, Ph.D., experimental cultural psychologist, author, CLASH, talks about cultural conflict in our society, how our world has become smaller through technology making cultural clashes seem more pronounced, and how cultural conflict makes us who we are.

[www.cultureclashes.org](http://www.cultureclashes.org).

Compliance issues covered: Culture/Discrimination/Spirituality/Community

Program: 'Conversations' Part: 1

Subject: The Rise and Fall of Washington Mutual

Guest: Kirsten Grind

Length: 12:33

Date Aired: 8/18/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Kirsten Grind, reporter, Wall Street Journal, author, THE LOST BANK, talks about the rise and fall of 'WaMu', Washington Mutual, the biggest bank failure in American history, how and why it happened, and whether anything has fundamentally changed to prevent this type of thing from happening again. [www.kirstengrind.com](http://www.kirstengrind.com).

Compliance issues covered: Economy/Jobs/Crime/Culture

Program: 'Conversations' Part: 2

Subject: Living and Traveling in the South Pacific Islands

Guest: J. Maarten Troost

Length: 12:27

Date Aired: 8/18/13

Time Aired: 9:15 – 9:30 p.m.

Summary: J. Maarten Troost, travel writer, author, HEADHUNTERS ON MY DOORSTEP, talks about living and traveling in the South Pacific, island life, how climate change has affected the atoll islands, and why he decided to retrace the path of the author Robert Louis Stevenson.  
[www.jmaartentroost.com](http://www.jmaartentroost.com).

Compliance issues covered: Environment/Culture/Jobs

Program: 'Conversations' Part: 1

Subject: Psychiatry and the DSM

Guest: Gary Greenberg

Length: 12:30

Date Aired: 8/18/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Gary Greenberg, psychotherapist, author, THE BOOK OF WOE, talks about psychiatry and the latest revision of the DSM, The Diagnostic and Statistical Manual of Mental Disorders, the 'bible' of the profession and its effect on how we view and treat mental illness.

[www.garygreenberg.com](http://www.garygreenberg.com).

Compliance issues covered: Health/Government/Education/Family/Youth/Aging Issues

Program: 'Conversations' Part: 2

Subject: Inter-generational PTSD

Guest: Christal Presley, Ph.D.

Length: 12:30

Date Aired: 8/18/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Christal Presley, Ph.D., author, '30 DAYS WITH MY FATHER', talks about inter-generational PTSD, 'Post Traumatic Stress Disorder', how families are affected by a veteran's PTSD, how she healed her relationship with her own father who suffered from PTSD for years after the Vietnam war, and about the website she created to help families dealing with this issue.

[www.unitedchildrenofveterans.com](http://www.unitedchildrenofveterans.com).

Compliance issues covered: Health/Terrorism/Government/Family/Youth

Program: 'Conversations' Part: 1

Subject: Jump-Starting Boys

Guest: Pam Withers

Length: 12:33

Date Aired: 8/25/13

Time Aired: 9:00 - 9:15 p.m.

Summary: Pam Withers, author, JUMP-STARTING BOYS, talks about how to help pre-teen and teen boys who are underperforming in school and in life, how to work with teachers and schools and inspire them to want to learn. [www.pamwithers.com](http://www.pamwithers.com).

Compliance issues covered: Education/Youth/Family/Culture

Program: 'Conversations' Part: 2

Subject: Pilgrim's Wilderness

Guest: Tom Kizzia

Length: 12:27

Date Aired: 8/25/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Tom Kizzia, reporter, Anchorage Daily News, author, PILGRIM'S WILDERNESS, talks about a story he covered as a reporter in Alaska about a family cult that was headed by a man who was abusing his family, the disputes the family engaged in with local residents and the Alaska

Park Service, and how finally the embittered family members were emboldened to leave their bondage after years of abuse. [www.tomkizzia.com](http://www.tomkizzia.com).

Compliance issues covered: Crime/Family/Government/Discrimination/Spirituality

Program: 'Conversations' Part: 1  
Subject: Big Data and How It's Changing Our World  
Guest: Viktor Mayer-Schoenberger  
Length: 12:34

Date Aired: 8/25/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Viktor Mayer-Schoenberger, professor of Internet Governance and Regulation, Oxford University, author, BIG DATA, talks about one of the hottest trends in technology, the emerging science of 'big data' and its many implications in our lives. [www.big-data-book.com](http://www.big-data-book.com).

Compliance issues covered: Business/Technology/Government/Environment

Program: 'Conversations' Part: 2  
Subject: When Will the Next Big Earthquake Hit the Northwest?  
Guest: Sandi Doughton  
Length: 12:33

Date Aired: 8/25/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Sandi Doughton, science reporter, The Seattle Times, author, FULL RIP 9.0, talks about earthquakes, earthquake research and how it's developed over the years and when the 'next big one' will hit the Pacific Northwest.

Compliance issues covered: Environment/Government/Community/Business

Program: 'Conversations' Part: 1  
Subject: Survival Instincts and Modern Life  
Guest: Marc Schoen, Ph.D.  
Length: 12:28

Date Aired: 9/1/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Marc Schoen, Ph.D., specialist, mind-body medicine, author, YOUR SURVIVAL INSTINCT IS KILLING YOU, talks about a possible down side to our technology-infused modern lifestyles which is a survival instinct that's run amok and how we need to become more comfortable with 'agitation' as a part of daily life. [www.marcschoen.com](http://www.marcschoen.com).

Compliance issues covered: Health/Technology/Jobs/Culture

Program: 'Conversations' Part: 2  
Subject: The hijacking of America's Middle Class  
Guest: George Tyler  
Length: 12:32

Date Aired: 9/1/13

Time Aired: 9:15 – 9:30 p.m.

Summary: George Tyler, counselor, World Bank, Deputy Assistant Treasury Secretary, Clinton administration, author, WHAT WENT WRONG, talks about America's economic experience over the last 30 years and what's happened to the 'middle class' and how we can make it strong again.

Compliance issues covered: Government/Economy/Jobs/Culture

Program: 'Conversations'  
Subject: Child Sex Trafficking in the Puget Sound region  
Guest: Phil Martin, Breanna Stewart

Length: 25:00

Date Aired: 9/1/13

Time Aired: 9:30 – 10:00 p.m.

Summary: Phil Martin, national director, Compassion2one, Breanna Stewart, ‘Miss Puget Sound USA, 2013’, talk about child sex trafficking in the Puget Sound area, what cultural influences keep this issue in the forefront of our modern culture, legislation in Washington that’s addressing the issue, about Compassion2one’s efforts to rescue and restore victims of the industry, and Breanna’s passion of empowering young women and girls in a positive way to help them avoid becoming victims of the sex industry. [www.Compassion2one.org](http://www.Compassion2one.org).

Compliance issues covered: Youth/Crime/Community/Government/Health

Program: ‘Conversations’ Part: 1

Subject: Preserving Our National Parks

Guest: Peter Brown Hoffmeister

Length: 12:33

Date Aired: 9/8/13

Time Aired: 9:00 – 9:15 p.m..

Summary: Peter Brown Hoffmeister, author, GRAPHIC THE VALLEY, talks about preserving our wild and beautiful parks and natural resources, and how we must still encourage people to visit our public lands yet we need to also protect these spaces from the encroachment of civilization and ‘Big Business’. [www.peterbrownhoffmeister.com](http://www.peterbrownhoffmeister.com).

Compliance issues covered: Environment/Government

Program: ‘Conversations’ Part: 2

Subject: Animal Genetic Engineering

Guest: Emily Anthes

Length: 12:28

Date Aired: 9/8/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Emily Anthes, journalist, author, FRANKENSTEIN’S CAT, talks about the emerging science of ‘animal’ genetic engineering and its potential good while still addressing the importance of improving the lives of the animals we use as test subjects. [www.emilyanthes.com](http://www.emilyanthes.com).

Compliance issues covered: Business/Government/Health/Technology

Program: ‘Conversations’

Subject: Inside Rehab in America

Guest: Anne Fletcher

Length: 25:00

Date Aired: 9/8/13

Time Aired: 9:30 – 10:00 p.m.

Summary: Anne Fletcher, health journalist, author, INSIDE REHAB, talks about the current state of the addiction treatment industry in the U.S. and how to find help that works.

[www.annefletcher.com](http://www.annefletcher.com).

Compliance issues covered: Health/Business/Economy/Community/Family

Program: ‘Conversations’ Part: 1

Subject: Pongo Teen Poetry Writing Project

Guest: Richard Gold

Length: 12:31

Date Aired: 9/15/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Richard Gold, founder, Pongo Teen Poetry Writing Project, talks about how writing poetry is helping distressed or incarcerated youths in the Puget Sound area deal with the trauma in their lives including drug and sexual abuse and homelessness, and how teachers and counselors can use poetry in their dealings with youth as well as an positive adjunct to therapy.  
Compliance issues covered: Crime/Youth/Poverty/Community

Program: 'Conversations' Part: 2  
Subject: The Dyslexia Empowerment Plan  
Guest: Ben Foss  
Length: 12:29  
Date Aired: 9/15/13  
Time Aired: 9:15 – 9:30 p.m.

Summary: Ben Foss, entrepreneur, founder, Headstrong Nation, author, THE DYSLEXIA EMPOWERMENT PLAN, talks about dyslexia and how to help dyslexic children thrive in school and in life in part by helping them find and focus on their strengths. [www.benfoss.com](http://www.benfoss.com).  
Compliance issues covered: Youth/Education/Family

Program: 'Conversations'  
Subject: Young for Life  
Guest: Marilyn Diamond, Dr. Rock Schell  
Length: 25:00  
Date Aired: 9/15/13  
Time Aired: 9:30 – 10:00 p.m.

Summary: Marilyn Diamond, Dr. Rock Schnell, health researchers, authors, YOUNG FOR LIFE, talk about how eating the right foods can help you reverse 'Nutrient Deficiency Disorder, the signs of aging, and how leading a vegan lifestyle can be counter-productive to your health. [www.youngforlife.com](http://www.youngforlife.com).  
Compliance issues covered: Health/Youth/Aging Issues

Program: 'Conversations' Part: 1  
Subject: Parenting Without Power Struggles  
Guest: Susan Stiffleman  
Length: 12:35  
Date Aired: 9/22/13  
Time Aired: 9:00 – 9:15 p.m.

Summary: Susan Stiffleman, licensed psychotherapist, teacher, parenting coach, Malibu, California, author, PARENTING WITHOUT POWER STRUGGLES, says 'power struggles' are one of the most common challenges facing parents and gives advice on how to address them, keep them from escalating, and how parents can 'keep their cool' in the midst of inevitable 'meltdowns' by their kids. [www.passionateparenting.net](http://www.passionateparenting.net).  
Compliance issues covered: Family/Youth/Education

Program: 'Conversations' Part: 2  
Subject: Fracking and Our Energy Future  
Guest: Richard Heinberg  
Length: 12:25  
Date Aired: 9/22/13  
Time Aired: 9:15 – 9:30 p.m.

Summary: Richard Heinberg, senior fellow, Post Carbon Institute, author, SNAKE OIL, talks about hydraulic fracturing or 'fracking' and its implications for our energy future as well as environmental risks to local communities where 'fracking' occurs.  
Compliance issues covered: Environment/Government/Jobs/Community/Economy

Program: 'Conversations' Part: 1

Subject: The American Way of Eating

Guest: Tracie McMillan

Length: 12:30

Date Aired: 9/22/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Tracie McMillan, journalist, senior fellow, Schuster Institute for Investigative Journalism, Knight-Wallace Fellow, University of Michigan, author, THE AMERICAN WAY OF EATING, talks about why Americans eat the way they do, how America came to eat this way, why we keep doing it and what it would take to change it. [www.americanwayofeating.com](http://www.americanwayofeating.com).

Compliance issues covered: Health/Culture/Business/Family

Program: 'Conversations' Part: 2

Subject: Man Up

Guest: Carlos Gomez

Length: 12:30

Date Aired: 9/22/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Carlos Gomez, award-winning poet, actor, writer, author, MAN UP, talks about redefining what masculinity looks like in the 21<sup>st</sup> century, and how men can deal with women, avoid violence, handle fear and express emotions in a more healthy way than they have in the past.

Compliance issues covered: Gender Specific/Culture/Family/Youth

Program: 'Conversations'

Subject: Bullying in Young Girls Part: 1

Guest: Patrice Gendelman

Length: 12:12

Date Aired: 9/29/13

Time Aired: 9:00 – 9:15 p.m.

Summary: Patrice Gendelman, parenting expert, author, HANNAH ROSE KNOWS series of books, talks about bullying in young children, especially girls, and how to build secure, confident children as young as kindergarten, and how her series of books is written specifically to encourage, enlighten and empower children. [www.hannahroseknows.com](http://www.hannahroseknows.com).

Compliance issues covered: Youth/Crime/Education/Family/Gender Specific

Program: 'Conversations' Part: 2

Subject: Everyday Trauma

Guest: Mark Epstein, M.D.

Length: 12:34

Date Aired: 9/29/13

Time Aired: 9:15 – 9:30 p.m.

Summary: Mark Epstein, M.D., psychiatrist, author, THE TRAUMA OF EVERYDAY LIFE, talks about the nature of 'trauma', even everyday trauma such as loneliness and sickness, its effect on us as well as its transformational potential if we're willing to work through it.

[www.MarkEpsteinMD.com](http://www.MarkEpsteinMD.com).

Compliance issues covered: Health/Crime/Youth/Family/Spirituality

Program: 'Conversations' Part: 1

Subject: The Link Between Sugar and Obesity and Disease

Guest: Dr. Robert Lustig

Length: 12:35

Date Aired: 9/29/13

Time Aired: 9:30 – 9:45 p.m.

Summary: Dr. Robert Lustig, director, UCSF Weight Assessment for Teen and Child Health Program, author, FAT CHANCE, talks about the link between sugar consumption and higher rates of obesity and disease.

Compliance issues covered: Health/Business/Government/Family

Program: 'Conversations' Part: 2

Subject: Raising the Curve

Guest: Ron Berler

Length: 12:25

Date Aired: 9/29/13

Time Aired: 9:45 – 10:00 p.m.

Summary: Ron Berler, journalist, author, RAISING THE CURVE, talks about his year studying one of America's 45,000 failing public schools, Brookside elementary school in Norwalk, Connecticut, where teachers must 'teach to the test' and students struggle to keep up, and what this school can reveal about helping other failing schools in America. [www.ronberlerbooks.com](http://www.ronberlerbooks.com).

Compliance issues covered: Education/Government/Poverty/Youth

## **ETOWN:**

Program: 'etown'

Date Aired: 7/7/13

Time Aired: 10:00 – 11:00 p.m.

Length: 8:28

Guest: Larsen Jay

Topic: Lack of visitation and flowers for medical patients and nursing home residents with no extended family. Larsen Jay founded 'Random Acts of Flowers', which collects flowers from grocery stores, weddings, funerals, churches that would otherwise be thrown away and recycles them for medical patients and nursing home residents to enjoy.

Compliance issues covered: Health/Environment/Aging Issues

Program: 'etown'

Date Aired: 7/14/13

Time Aired: 10:00 – 11:00 p.m.

Length: 8:00

Guest: Carolee Hazard

Topic: Lack of compassion among everyday adults. Carolee founded 'The \$93 Club' online to encourage people to do 'random acts of kindness' to strangers and 'pay it forward' in local communities.

Compliance issues covered: Spirituality/Community

Program: 'etown'

Date Aired: 7/21/13

Time Aired: 10:00 – 11:00 p.m.

Length: 8:07

Guest: Paula Goldberg

Topic: Bullying. Paula Goldberg founded the nonprofit 'PACER' to help special needs children in schools but noticed that bullying was an increasing problem so she expanded her organization to include a center to stop this terrible trend.

Compliance issues covered: Education/Youth/Discrimination

Program: 'etown'

Date Aired: 7/28/13

Time Aired: 10:00 – 11:00 p.m.

Length: 9:38

Guest: Ed Butchart

Topic: Mobility and access to wheel chairs and crutches for disabled folks with low incomes. Ed founded FODAC, 'Friends of disabled Adults and Children', to help disabled people remain mobile by providing equipment, ramps and resources.

Compliance issues covered: Health/Poverty/Community

Program: 'etown'

Date Aired: 8/4/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:53

Guest: Kristin Walter

Topic: World hunger. Kristin was introduced to 'The Hunger Project' while in college which addresses issues of gender inequality, particularly concerning the silencing of women around the world. She started chapters of 'FeelGood' on 23 campuses around the country to help raise funds for this organization.

Compliance issues covered: Discrimination/Gender Specific/Poverty

Program: 'etown'

Date Aired: 8/11/13

Time Aired: 10:00 – 11:00 p.m.

Length: 9:39

Guest: Derreck Kayongo

Topic: Lack of soap in underdeveloped countries. Derreck came from a Kenyan refugee camp to attend college in the U.S. While here he noticed that American hotels throw away huge amounts of soap. So he created The Global Soap Project to recycle soap to other poor parts of the world to help with hygiene abroad.

Compliance issues covered: Poverty/Health/Business

Program: 'etown'

Date Aired: 8/18/13

Time Aired: 10:00 – 11:00 p.m.

Length: 8:52

Guest: Annie Okerlin

Topic: Lack of fitness programs for amputees. Annie opened her own yoga studio and began working with veterans who are amputees. She founded The Exalted Warrior Foundation when she saw the benefit the vets were receiving from yoga and now the program has spread to 8 hospitals and medical centers around the country.

Compliance issues covered: Health/Government/Community

Program: 'etown'

Date Aired: 8/25/13

Time Aired: c.

Length: 6:23

Guest: Gary Allegretto

Topic: Lack of music as healing programs for kids dealing with cancer and other life threatening diseases. Gary uses the harmonica as a tool to bring music to soothe, heal, nourish and bring joy to special needs children in hospitals, detention centers and disaster areas around the world.

Compliance issues covered: Youth/Health/Community

Program: 'etown'

Date Aired: 9/1/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:23

Guest: Jon Rose

Topic: Clean drinking water in under developed countries and places that have faced recent natural disasters. Jon founded Waves for Water which has distributed more than 100,000 water filters to help communities have access to clean water.

Compliance issues covered: Environment/Poverty/Business

Program: 'etown'

Date Aired: 9/8/13

Time Aired: 10:00 – 11:00 p.m.

Length: 8:16

Guest: Renee Boughman

Topic: Lack of access to organic and health foods among lower income families. Renee founded the 'FARM Café', 'Feed All Regardless of Means' as a low-waste, local, sustainable pay-what-you-can eating establishment to bring good food to people who otherwise might not be able to afford it.

Compliance issues covered: Poverty/Health/Community

Program: 'etown'

Date Aired: 9/15/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:18

Guest: Dr. Rick Rhodes

Topic: Spine disease and lack of access to surgeries in Africa. Dr. Rhodes lives and works in Ethiopia as the medical director for the American Jewish Joint Distribution Committee and deals with 'orphan diseases' and bringing medical care to the poor children of that region.

Compliance issues covered: Health/Poverty/Youth

Program: 'etown'

Date Aired: 9/22/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:58

Guest: Tom Costello

Topic: Lack of socks for the homeless. Tom founded the nonprofit 'The Joy of Sox' which collects and distributes socks to the homeless in 14 states and 3 countries.

Compliance issues covered: Health/Poverty/Community

Program: 'etown'

Date Aired: 9/29/13

Time Aired: 10:00 – 11:00 p.m.

Length: 7:02

Guest: Della Rae

Topic: Access to certain goods among homeless and the poverty-stricken. She started the website called DonorsResource.org to connect people wanting to give away items with nonprofits and their

clients. To date, the site has helped redistribute over 70,000 usable items that would have ended up in the trash.

Compliance issues covered: Business/Poverty/Community