

Program	Date	Time	Length	Program Description	Issue/Topic
1. People’s Pharmacy	7/8/2023	9:00 AM	One Hour	How Delicious Flavors Shaped Human Behavior: This week Joe and Terry Graedon discussed the evolution and the role of delicious flavors. We talk with Dr. Rob Dunn, ecologist and evolutionary biologist, about how the search for food with delicious flavors as well as high nutrient content might have shaped our behavior as we evolved.	Healthcare/ Nutrition
2. Peace Talks	7/15/2023	10:00AM	One Hour	On this edition host Paul Ingles explored the challenges surrounding conflicts around cultural appropriation which involves adopting elements from a culture or identity that’s not your own in a way that may be harmful, stereotypical, or exploitative. However, in case of appropriation there usually is a one-way transfer, in terms of pleasure, or income and opportunity— sometimes irking the other side. Paul Ingles guest was Dr. Eve Dunbar, Professor of English at Vassar College.	Cultural Appropriation
3. Making Contact	7/26/2023	7:00 PM	One Half Hour	Criminalized Survival: Host: Amy Gastelum talked with Journalist Natalie Pattillo and filmmaker Daniel A. Nelson about the documentary film they created, <u>And So I Stayed</u> , to raise awareness about criminalized survival. The criminal justice system’s long practice of imprisoning survivors of intimate partner violence when they fight back against their abusers. Pattillo, herself a survivor, followed the stories of Kim Dadou Brown, Tanisha Davis and Nikki Addimando, women imprisoned for killing their abusers in a struggle to survive.	Survivors’ Justice
4. Bending the Arc <i>Local</i>	8/8/2023	8:00 AM	One Hour	In this episode of Bending the Arc, the host, Sharon Brisolara, spoke with Tania Narciso, an Immigration Lawyer born in Redding who has returned to open an immigration law practice, Hope Law. They discussed how she became interested in immigration law, some of the challenges that people face in legalizing their immigration status, legal system reforms that could make a positive difference for people, and organizations that provide helpful information and support.	Immigration

5. On Mindfulness <i>Local</i>	8/15 2023	8:00PM	One Hour	This is the inaugural episode of our new show, On Mindfulness. In the first episode host Sharon Brisolaro conversed with Doreen Bradshaw, Executive Director of the Health Alliance of Northern California (HANC). HANC is “a network of federally qualified health centers working to promote the health and well-being of our communities in rural and frontier areas of Northern California.” Doreen had a leadership role in bringing Mind Body Medicine (MBM) training to our community in 2019. Doreen talked about HANC, her introduction to MBM, community trauma, and the benefits of engaging in mindfulness-based healing.	Mental Health/Mind Body Medicine
6. Making Contact	8/30/ 2023	7:00 PM	One Half Hour	Highway Robbery: How a Small-Town Traffic Trap Became a Legal Black Hole. This week on Making Contact host Anita Johnson interviewed John Archibald, a Pulitzer Prize winner, about a story from the working-class town of Brookside, Alabama. On paper, it was a lot like other small towns in this part of Alabama. That is, until 2022, when the town’s black population endured harsh and discriminatory policing practices for 2 years through traffic stops.	Racial Injustice
7. MLK Day Special	9/14/ 2023	8:00 PM	One Half Hour	Scratched Up Radio Theater aired an exclusive 60th anniversary recreation of Reverend Dr. Martin Luther King's celebrated speech at the Lincoln Memorial on August 28th 1963. The speech was presented by actor and orator Benjamin Mertz, backed by John Moss on piano, with La Pena Community Chorus of Berkeley providing the inspirational voices that made this program a really momentous occasion.	Civil Rights
8. Bending the Arc	9/19/ 2023	8:00 AM	One Hour	In this episode host Sharon Brisolaro interviewed Brittany Stonesifer, an attorney for the ACLU of No. California's Democracy and Civic Engagement team. Brittany has been deeply involved in the Dominion controversy here in Shasta County and speaks about the implications of requiring hand counting of ballots. In the second half of the episode, the host interviewed Cathy Darling Allen Shasta County's County Clerk and Registrar of Voters about the costs and implications of the governor signing/not signing AB 969.	Local Voting Issues
9. People’s Pharmacy	9/23/ 2023	9:00 PM	One Hour	Looking Through the Windows of the Brain: Host Joe and Terry Graedon interviewed Dr. Sharon Fekrat, a retinal specialist. Scientists have found that imaging the retina with novel technology including optical coherence tomography angiography, they can assess the presence of various eye conditions such as glaucoma, age-related macular degeneration and diabetic retinopathy. They can also detect early signs of certain brain conditions that may lead to cognitive decline.	Eye Health

