#### A 5-Minute Program Heard Saturdays\* at 6:25 AM and 6:55 PM January – March, 2024

DATE	ISSUE	GUEST AND DESCRIPTION
T ( 2024		
January 6, 2024	Grateful Gatherings	Host: Carmen Shantz
	Provides California	Guest: Donna Sommerville, Founder and Executive Director,
	Housing Support	Grateful Gatherings, (Oakland, CA). <a href="https://gratefulgatherings.org">https://gratefulgatherings.org</a>
		<u>Description</u> : When a family transitions from homelessness or
		crisis into a new home in the Bay Area, Grateful Gatherings helps
		them furnish it. With seven chapters in California, they believe
		that families can thrive when they have a safe and comfortable
		home. Grateful Gatherings has turned into a vibrant, close-knit, and dedicated community of volunteers, donors, and corporate
		partners who help furnish homes of families transitioning out of
		homelessness or crisis, including single mothers, foster children,
		and military veterans. For example, after three years of a family
		being helped, that family will help another to pay it forward.
January 13, 2024	Bridging the Gap:	Host: Carmen Shantz
January 13, 2024	From Salinas Streets	Guest: Jill Allen, Executive Director, Dorothy's Place, (Salinas,
	to Homes	CA). https://www.dorothysplace.org
	to Homes	Description: There is a high cost of living that can become too
		expensive for those with lower incomes to the point of
		homelessness. Dorothy's Place is a bridge to services, a listening
		ear, and a path into permanent housing for our marginalized
		neighbors throughout the Monterey County area. They offer
		hospitality, safety, motivation, and guidance toward a life of
		greater health and happiness, as well as a bridge to services they
		might feel are unavailable to them elsewhere—all at a pace with
		which they can feel safe. Dorothy's Place makes relationships in
		the encampments and builds trust by keeping their word. People
		need small but safe places to live, so they can sleep, so that money
		is used for small homes, rather than cleanup and law enforcement.
		They carry out their goals with four programs: Dorothy's Kitchen,
		Dorothy's Drop-In Center, Streets To Homes, and House of Peace
		Supportive Housing.
January 20, 2024	Food Bank Serves	Host: Carmen Shantz
	Young and Old with	Guest: Ginette Bott, President and CEO, Utah Food Bank, Salt
	Food Insecurity	Lake City, UT). www.utahfoodbank.org
		<u>Description</u> : The Utah Food Bank feeds Utahns in need statewide,
		including seniors, families with parents working two jobs, and
		some individually newly out of the foster care system. They offer
		several direct service programs to help the most vulnerable

\*KFRS' local edition of Community Bridge was preempted by national Community Bridge public affairs programming in February 2024, please see descriptions below.

#### A 5-Minute Program Heard Saturdays\* at 6:25 AM and 6:55 PM January – March, 2024

DATE	ISSUE	GUEST AND DESCRIPTION
January 27, 2024	Hood Stout Office	populations in our state — children and seniors. Children cannot focus if they are hungry, and seniors cannot obtain medications if they do not have enough food. By combining these direct service programs with their emergency food assistance services, they truly impact the lives of Utahns who live in a world of food insecurity. Ginette encouraged listeners to help their local food pantry with food, time and money, involving children by allowing them to donate their favorite foods. If there is need, reach out for help.
January 27, 2024	Head Start Offers Education, Nutrition, and Mental Health	Host: Carmen Shantz Guest: Sebastian Camacho, Director, Head Start of Socorro, (Socorro, NM). https://www.ourkidzrock.com/head-start/socorro/ Description: Serving more than one hundred and eleven children annually, Socorro Head Start has provided quality services in a school setting in the form of education, nutrition and mental health to children, families and the community. Their teaching and support staff provide such a quality service that it is hard to compare to, with hands-on reading, arithmetic, sign language, problem-solving, reasoning, perception and motor skills treated. For example, they have a garden and eat its tomatoes and potatoes for the children. They provide extended day services to children between the ages of 3-and-5-years old which support social skills self-help, self-discipline, group work and problem-solving. The program is free, with many openings available, and includes meals and transportation.
February 3 & March 2, 2024	Fill Your Local Pantry in California	Host: Carmen Shantz Guest: Janelle Morimoto, Executive Director, San Lorenzo Hope Family Health Center, (San Lorenzo, CA). https://www.slzhelp.org/ Description: The San Lorenzo Family Help Center is a team of non-paid individuals coming together with a common purpose – to defeat hunger in Alameda County. They are actively involved in food recovery and distribution three times a week, making food accessible and available to anyone in need within the community, including families and seniors. They offer clients a store they can shop in – with lots of variety, including diapers. The San Lorenzo Family Help Center could use food donations and money.

\*KFRS' local edition of Community Bridge was preempted by national Community Bridge public affairs programming in February 2024, please see descriptions below.

# A 5-Minute Program Heard Saturdays\* at 6:25 AM and 6:55 PM January – March, 2024

DATE	ISSUE	GUEST AND DESCRIPTION
March 0, 2024	I agal Camriaga	Host Common Chants
March 9, 2024	Legal Services for Seniors in	Host: Carmen Shantz Guest: Terry Scarlett, Executive Director, Legal Services for
	Soledad Area	Seniors, (Monterey, CA). https://www.lssmc.org
	Soleuau Alea	Description: Legal Services for Seniors is a nonprofit organization
		providing high quality legal assistance and representation at no
		charge to Monterey County seniors 60 years old and over. They
		specialize in elder abuse, landlord and tenant issues, small claims,
		consumer issues and more. There are many scams on the elderly,
		related to solar companies and housing. Legal Services has four
		attorneys, with two that are bilingual, and a retired judge. Legal
		Services for Seniors need volunteers in this very rewarding
		outreach that is also supported by federal funding.
March 16, 2024	The Sharing Place	Host: Carmen Shantz
	and Grief Recovery	Guest: Jill MacFarlane, Executive Director, The Sharing Place,
		(Salt Lake City, UT). <a href="https://www.thesharingplace.org">https://www.thesharingplace.org</a>
		<u>Description</u> : The Sharing Place provides a safe and caring
		environment for grieving children, teens, and their families to
		share their feelings while healing themselves. One out of 4 kids
		they serve has experienced a death of a family member before the
		age of eighteen years, and they have a waiting list and work with
		school counselors. The group allows children to express their grief
		appropriately by remembering, sharing, and learning coping skills.
		It's especially a safe place for those dealing with suicide deaths;
		those served realize they're not the only ones, which normalizes
		their grief. The children process it, rather than suppressing the
		grief. This is achieved through a support group model that meets
		twice monthly and emphasizes acknowledging any and all feelings
		related to grief, connection with others experiencing grief, and channeling feelings through art, play, and discussion. They have
		another group just for parents.
March 23, 2024	Prevention and	Host: Carmen Shantz
	Education on	Guest: Athena Gassoumis, Executive Director, Socorro County
	Substance/Alcohol	Prevention, (Socorro, NM). https://www.so
	Abuse	corrocountyprevention.com/alcohol-help
		Description: The Socorro County DWI (Driving While
		Intoxicated) Program helps educate on the effects that drinking
		and driving has on everyone in the family. They provide classes on
		how to get help for people who have been convicted of a DWI or

\*KFRS' local edition of Community Bridge was preempted by national Community Bridge public affairs programming in February 2024, please see descriptions below.

#### A 5-Minute Program Heard Saturdays\* at 6:25 AM and 6:55 PM January – March, 2024

DATE	ISSUE	GUEST AND DESCRIPTION
		DUI, providing wrap-around services. They have a compliance officer who handles DWIs, misdemeanors and alcohol related offenses. Issues are being seen not only related to alcohol, but also fentanyl and meth. They also have a treatment facility, as well as a detention center where they provide education, literacy, and a RISE program. Ethnicity is represented
March 30, 2024	Safe Environment Alternatives in California	Host: Carmen Shantz Guest: Jennifer Dow Rowell, Vice President, Safe Alternatives to Violent Environments (SAVE), (Fremont, CA). https://save-dv.org Description: SAVE provides support to survivors of domestic violence. Other SAVE firsts include educating police officers and medical personnel about intimate partner violence and establishing a transitional housing program. SAVE is committed to creating strong, trusting partnerships. and centering inclusiveness and cultural humility for those dealing with physical, verbal, psychological and financial abuse. They offer parenting and cancer workshops, as well as provide childcare at the same time. SAVE services a twenty-four-hour crisis line a safe house, motel program, crisis counseling, support groups, therapy, social services, assistance with rentals and restraining orders and violence prevention. This issue is important as victims can develop chronic conditions themselves-PTSD, substance abuse, serious physical, cardiovascular, and mental health issues. The goal is to take the victim from survivor to "thriver."

#### Family Stations, Inc. Issues/Program List Community Bridge, Heard Saturdays

at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain

January - March, 202	4
----------------------	---

January 6, 2024    Developing Good Habits and Stronger Relationships   Guest: Shaunti Feldhahn, Author of The Kindness Challenge, Social Researcher, and Speaker, (Norcross, GA). https://shaunti.com/; www.jointhekindnesschallenge.com   Description: The Apostle Paul says in Philippians 4, "do not be anxious about anything," but that is much easier said than done, especially when it comes to money. Most couples (92%) have some degree of conflict or tension around money. When couples argue or disagree about money, what is really going on deep down within? There are five different factors that determine couples' response to money-related conflicts. One of the factors discussed was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the Kindness Challenge and then employing the following steps:
Relationships  (25 minutes)  Guest: Shaunti Feldhahn, Author of The Kindness Challenge, Social Researcher, and Speaker, (Norcross, GA). https://shaunti.com/; www.jointhekindnesschallenge.com  Description: The Apostle Paul says in Philippians 4, "do not be anxious about anything," but that is much easier said than done, especially when it comes to money. Most couples (92%) have some degree of conflict or tension around money. When couples argue or disagree about money, what is really going on deep down within? There are five different factors that determine couples' response to money-related conflicts. One of the factors discussed was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the Kindness Challenge and then employing the following steps:
Relationships  (25 minutes)  Social Researcher, and Speaker, (Norcross, GA).  https://shaunti.com/; www.jointhekindnesschallenge.com  Description: The Apostle Paul says in Philippians 4, "do not be anxious about anything," but that is much easier said than done, especially when it comes to money. Most couples (92%) have some degree of conflict or tension around money. When couples argue or disagree about money, what is really going on deep down within? There are five different factors that determine couples' response to money-related conflicts. One of the factors discussed was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the Kindness Challenge and then employing the following steps:
https://shaunti.com/; www.jointhekindnesschallenge.com  Description: The Apostle Paul says in Philippians 4, "do not be anxious about anything," but that is much easier said than done, especially when it comes to money. Most couples (92%) have some degree of conflict or tension around money. When couples argue or disagree about money, what is really going on deep down within? There are five different factors that determine couples' response to money-related conflicts. One of the factors discussed was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the Kindness Challenge and then employing the following steps:
Description: The Apostle Paul says in Philippians 4, "do not be anxious about anything," but that is much easier said than done, especially when it comes to money. Most couples (92%) have some degree of conflict or tension around money. When couples argue or disagree about money, what is really going on deep down within? There are five different factors that determine couples' response to money-related conflicts. One of the factors discussed was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
anxious about anything," but that is much easier said than done, especially when it comes to money. Most couples (92%) have some degree of conflict or tension around money. When couples argue or disagree about money, what is really going on deep down within? There are five different factors that determine couples' response to money-related conflicts. One of the factors discussed was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
especially when it comes to money. Most couples (92%) have some degree of conflict or tension around money. When couples argue or disagree about money, what is really going on deep down within? There are five different factors that determine couples' response to money-related conflicts. One of the factors discussed was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
some degree of conflict or tension around money. When couples argue or disagree about money, what is really going on deep down within? There are five different factors that determine couples' response to money-related conflicts. One of the factors discussed was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
argue or disagree about money, what is really going on deep down within? There are five different factors that determine couples' response to money-related conflicts. One of the factors discussed was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
within? There are five different factors that determine couples' response to money-related conflicts. One of the factors discussed was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
response to money-related conflicts. One of the factors discussed was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
was, "we don't value what the other person values." Shaunti discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
discussed how couples can communicate their needs and values to each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
each other to better understand what the real issue is in a money conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
conflict. In a marriage relationship, learning to be financially responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
responsible and creating a budget is great, but if a spouse is not on the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
the same page with creating a budget, that can make being financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
financially responsible frustrating. Finally, Shaunti explained the importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
importance of kindness in all relationships and encouraged taking the <i>Kindness Challenge</i> and then employing the following steps:
the <i>Kindness Challenge</i> and then employing the following steps:
1
nix the negative, practice praise, and be generous to start the new
year with good habits and stronger relationships.
January 13, 2024 How to Build Host: Jenny Burkhiser
Stronger, Safer  Guest: Reverend Markel Hutchens, CEO, MovementForward, Inc.
Neighborhoods in Faith and Blue Movement, (Atlanta, GA). https://faithandblue.org
America Description: Strong communities are built through mutual respect
and understanding. Law enforcement and faith institutions are key
(25 minutes) pillars of each community, and when they work together,
neighborhoods thrive. Faith and Blue was inaugurated in 2020 by
MovementForward, Inc., working with the Office of Community Oriented Policing Services (COPS Office) at the U.S. Department
of Justice. The ties that bind officers and residents must be
reinforced if neighborhoods are to be built where everyone feels
safe and included. Faith-based organizations are key to building
these bonds because they are not only the largest community
resource in the nation, with 65 million participants in weekly
events, but because they are as diverse as our nation. Moreover,
they speak to Americans' shared conviction that we are our

#### Family Stations, Inc. Issues/Program List Community Bridge, Heard Saturdays

# at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain

DATE	ISSUE	GUEST AND DESCRIPTION
		brothers' and sisters' keepers. Faith and Blue seeks to facilitate
		safer, stronger, more just and unified communities by directly
		enabling local partnerships among law enforcement professionals,
		residents, businesses, and community groups through the
		connections of local faith-based organizations to re-calibrate
		police-community relations.
January 20, 2024	School Choice and	Host: Jenny Burkhiser
	<b>Curriculum Options:</b>	Guest: Reverend Joel Maus, Superintendent of Smithtown
	Creating A Biblical	Christian School, (Smithtown, NY). https://www.learnwithscs.org/
	Worldview for Youth	<u>Description</u> : Parents in America are concerned about the rise of
		nonBiblical ideology in public schools and erosion of parental
	(25 minutes)	rights, spurring many families to seek a model of education that
		prioritizes parental involvement. Rev. Maus shared that school
		choice is important in that it allows parents to choose what school
		they desire their child to attend, despite any financial constraints.
		For 40 years, Smithtown Christian School (SCS) has been a place
		where faculty, staff, and administration are committed to preparing
		the youth of today to be the leaders of tomorrow. SCS is a faithful,
		caring community, in the midst of an unstable and confusing
		world, where students are educated to think Biblically, serve
		effectively, and lead Christ-centered lives through academic
		excellence and spiritual growth. At SCS, parents have the opportunity to see their children encouraged to pursue academic
		excellence so that through their careers, passions, and daily lives,
		students can effectively glorify God and minister to others.
January 27, 2024	Investing in the	Host: Jenny Burkhiser
January 21, 2024	Kingdom: Faithful	Guest: Brian Miller, Private Wealth Advisor, the <i>Bahnsen Group</i> ,
	Stewardship through	(Nashville, TN). www.thebahnsengroup.com
	Legacy Planning/Gifts	
	Legacy Frammig/Gitts	Description: Despite inflation impacting everyone's lives, Gallup's
	(25 minutes)	latest polling finds that slightly less than half of U.S. adults, 46%,
	(20 111114005)	have a will that describes how they would like their money and
		estate to be handled after death. Planned giving professionals have
		been waiting over 20 years for legislation that would allow donors
		to fund charitable gift annuities and charitable remainder trusts
		with funds from their IRAs without negative tax consequences. A
		retirement plan can be a tax-efficient and simple way of including
		your favorite charity in your estate plan. A charity that is named as
		the beneficiary does not pay income or estate taxes on the

#### Family Stations, Inc. Issues/Program List Community Bridge, Heard Saturdays

## at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain

DATE	ISSUE	GUEST AND DESCRIPTION
		distribution. In short, the new "Legacy IRA" rollover into a gift annuity more than pays for itself, and most of the tax benefit is immediate. Providing these contributions support the Gospel and provide a tax benefit to consider when paired with a ministry aligning with your heart and the Bible.
February 3, 2024	<b>Providing Hope</b>	Host: Jenny Burkhiser
	Beyond the Food:	Guest: Pastor Howie Mann, Outreach Director, Lighthouse
	Fill Your Local Food	Mission, (Suffolk County, NY).
	Pantry	https://www.lighthousemission.com/
		<u>Description</u> : The Lighthouse Mission exists to feed the hungry
	(25 minutes)	and help the homeless by sharing God's love with people in need
		in practical ways. Food insecurity is defined by the United States
		Department of Agriculture as the lack of access, at times, to
		enough food for an active, healthy life and it is impacting the
		entire nation. For example, according to a New York State
		Department of Health report on food insecurity, about one in four adults (24.9 percent) in New York State experience food
		insecurity. Within New York State, the percentage of adults who
		report that they are food insecure varies by county and ranges from
		11.2 percent to 39 percent. Whether caused by unemployment,
		poverty, and income shocks, which can prevent adequate access to
		food, or other reasons, Lighthouse Mission is committed to feed
		the poor, but their goal is to empower people to overcome poverty
		and live purpose-filled lives. Pastor Howie encouraged each
		individual to be aware of the needs from their local pantry and
		encouraged financial or nonperishable item donations, or for a
		church or small group to volunteer time and effort to gather food
		items or finances in the local community.
February 10, 2024	<b>Helping Older Adults</b>	Host: Jenny Burkhiser
	Prepare for	Guest: Marcus Coleman, a Senior Official for the Federal
	Natural Disasters	Emergency Management Agency (FEMA) and DHS Center for
	(~27 minutes)	Faith-Based and Neighborhood Partnerships, (Washington, DC).
		www.ready.gov/Older-Adults
		<u>Description</u> : Disasters and emergencies can affect anyone at any
		time, but older Americans are often left more susceptible to
		damaging consequences, especially if they are living alone, are
		low-income, have a disability, or live in rural areas. Seniors are more at risk due to scarce financial resources, isolation, and
		problems with mobility; therefore, it can be hard for seniors to
		problems with mobility, therefore, it can be hard for semors to

#### Family Stations, Inc. Issues/Program List Community Bridge, Heard Saturdays

at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain

January - March, 2024		
DATE	ISSUE	GUEST AND DESCRIPTION
		prepare for disasters. It is essential, then, for seniors and the people who care for them to give a lot of thought to how best to

DATE	ISSUE	GUEST AND DESCRIPTION
Γ		
		prepare for disasters. It is essential, then, for seniors and the
		people who care for them to give a lot of thought to how best to
		respond to natural disasters. They should, ideally, plan and prepare
		for them. "Take Control in 1, 2, 3" Campaign encourages older
		adults, emergency managers and all those who work with and
		support older adult communities to take three simple steps: 1)
		assess needs, 2) make a plan, and 3) engage support networks.
		FEMA has also created a Disaster Preparedness Guide for Older
		Adults that provides checklists and questions to answer under each
		step and is specifically designed for older adult communities.
		These include but are not limited to: learning about the types of
		disasters within their specific communities and signing up for
		electronic alerts, building a kit to be prepared for disaster at any
		time, and engaging friends, family, and caregivers in plans,
		ensuring they are each aware of specific needs during an
		emergency. Taking appropriate precautions can not only help
		mitigate risk and danger but help save lives.
February 17, 2024	Health Care Options	Host: Jenny Burkhiser
	for Christians as	Guest: Katy Talento, Veteran Policy Advisor, Epidemiologist and
	Critical Care	Executive Director, Alliance of Health Care Sharing Ministries,
	Costs Rise	(Washington, DC). <a href="http://ahcsm.org/">http://ahcsm.org/</a>
		<u>Description</u> : Many Americans are skipping appointments, not
	(~28 minutes)	getting prescriptions filled or simply are getting emotionally
		stressed by all the inflation and a mounting stack of bills. In fact,
		according to the American Psychological Association's annual
		Stress in America survey, 87% of Americans say that the rising
		prices caused by inflation are a significant source of stress. Lower-
		income, younger adults and women are the most likely to report
		delaying care. However, Christians don't have to face delays due
		to the combination of skyrocketing premiums plus high
		deductibles and other out-of-pocket costs: Health Care Sharing
		Ministries are more affordable monthly than health insurance,
		leaving far more in a family's pocket to manage other out-of-
		pocket costs. Health Care Sharing Ministries (HCSM) should not
		be confused with health insurance. When members go to a doctor
		or hospital or incur a medical cost, they submit the bill to their
		community through the ministry. The community regularly shares
		big-ticket items like treatments for cancer or heart disease.

Members pray for other members, send shares to assist with bills,

#### Family Stations, Inc. Issues/Program List Community Bridge, Heard Saturdays

### at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain

DATE	ISSUE	GUEST AND DESCRIPTION
	T	
		and often mail cards and letters of encouragement. HCSM provide
		a way for Christians to share not only financial costs of medical
		care but also to convey and to receive spiritual and emotional
Folomory 24, 2024	Emetional Health and	encouragement from other believers.
February 24, 2024	Emotional Health and	Host: Jenny Burkhiser
	the Importance of	Guest: Mark Hancock, Author of Why Are We Sitting Here Until
	Male Role Models for	We Die? and CEO, Trail Life USA, (Belton, SC).
	Boys	https://www.traillifeusa.com
	(30 minutes)	Description: Going to school to learn should be the focus for
		students in America, but verbal and physical harassment is a
		continuing problem for students of all ages. The statistics paint a troubling picture: one in five high students ages 12-18 years
		reported being bullied during any given school year;
		approximately 160,000 teens reported skipping school to avoid
		bullying; and students who say they are frequently bullied score
		lower in reading, mathematics and science than their peers. Factors
		that cause boys in particular to bully other children are 1) the lack
		of a male role model in a young man's life and, 2) boys inherently
		process emotions differently than girls. Boys need action, activity
		and purpose to channel their emotions in positive and constructive
		ways, yet these are the very elements denied to boys during
		school. Boys are hard-wired with a drive for action, risk and
		adventure. As the largest Christ-centered, boy-focused scout-type
		organization in the country, Trail Life USA offers a dynamic
		mentor-led program that nurtures spiritual growth, teaches life
		lessons, and molds boys to become bold, courageous, godly men.
		They offer activities such as camping, hiking, and outdoor
		activities help build deep relationships and provide a special
		context for leadership, problem-solving, conflict-resolution, and
		character-building. Find or a start a local troop today!
March 2, 2024	How to Best Love	Host: Jenny Burkhiser
	Children in the	Guest: Dr. Sharen Ford, Director of Foster Care and Adoption,
	Foster Care System	Focus on the Family, (Colorado Springs, CO).
		https://www.waitnomore.org/
	(25 minutes)	<u>Description</u> : There are over 319,000 children currently in
		U.S. foster care who are unable to stay with their temporary
		families. By the age of 17 yrs., more than half of youth who are
		removed from their homes will have some encounter with the legal
		system – either through arrest, conviction, or detention. To add to

#### Family Stations, Inc. Issues/Program List Community Bridge, Heard Saturdays

at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain

DATE	ISSUE	GUEST AND DESCRIPTION
March 9, 2024 N	New Hope for ficked Survivors (25 minutes)	this complicated issue, many states do not have enough foster homes for the number of children who need them. This has led them to be "housed" in jails and offices. Restoring order and routine to children who have been removed by authorities is crucial in their developmental process. Focus on the Family has designed, "Wait No More," a Foster Care and Adoption Program, to raise adoption awareness and recruit parents for children and youth in the U.S. foster care system. Their desire is to see local church members "step up" to welcome these children into their homes. This is an achievable goal because the number of church congregations outweighs the number of children in need. Local congregations outweighs the number of children in foster care in this country. Wait No More inspires and mobilizes the Church to do its part to extend the love and hope of Christ to these children. An integral part of their program is a recruitment event called Wait No More: Preparing Hearts and Homes for Kids in Foster Care, which is coordinated in partnership with local and state child welfare officials, adoption agencies, ministries, and local churches. Whether becoming a foster family or supporting those who are fostering, each person can support U.S. youth in foster care.  Host: Jenny Burkhiser  Guest: Jeanne Allert, PhD, Executive Director, Institute for Shelter Care, (LaGrange, KY). www.instituteforsheltercare.org  Description: Human trafficking is an affront to foundational values—that everyone is created equal and has the unalienable rights of life, liberty, and the pursuit of happiness. It erodes our communities, weakens the rule of law, and undermines our national security. Every year, millions of people are exploited within and across borders. Many victims are exploited for commercial sex, adults and children alike. In 2023, the Institute sought to hear from the survivors themselves about their experiences in recovery. Specifically, given that 66% of trafficking shelters in the U.S. identify as Christian programs, they wan

#### Family Stations, Inc. Issues/Program List Community Bridge, Heard Saturdays

### at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain

DATE	ISSUE	GUEST AND DESCRIPTION
	1	
		words—survivors have experienced spiritual growth and healing
		as a result. Scripture can change the life of a victim because it
		replaces lies about his or her identity with hope and a future.
		Jeanne shared a story of a woman who had rejected Bible study
		offerings at the shelter but then decided she wanted to know more
		about Christ and gave her life to Christ. To get help, call the
		National Human Trafficking Hotline at 1-888-373-7888.
March 16, 2024	Christian Outreach to	Host: Jenny Burkhiser
	Trafficked Survivors	Guest: Jeanne Allert, PhD, Executive Director, Institute for Shelter
		Care, (LaGrange, KY). www.instituteforsheltercare.org
		<u>Description</u> : Sexual exploitation is a national problem, and it will
		take each person doing our part in our own communities to raise
		awareness and solicit change. Christ followers have an opportunity
		to share the love and forgiveness they have experienced with
		trafficking victims, sharing the gift of time and listening. Some of
		the ways to join in the fight against human trafficking: 1) offer
		prayers for the shelter leaders, dedicated staff, and resilient
		survivors who stand at the frontline of this battle; 2) be a force of
		change in your community by volunteering at a local shelter, as
		time and dedication can make a life-changing difference for those
		seeking refuge and support; 3) be equipped with the knowledge
		and tools to fight trafficking effectively, using your voice to
		advocate against sexual exploitation. Other ways to help are to
		offer support to individuals struggling with pornography, become
		a guiding light for vulnerable children in your community, or
		make a lasting impact on the lives of families and children by
		becoming a foster parent or offering respite care. Finally, consider
		igniting a movement in your church or community by organizing a
16 1 00 0001		human trafficking awareness event.
March 23, 2024	Passover Implications	Host: Jenny Burkhiser
	to Palm Sunday and	Guest: Rev. Malcolm Hedding, International Spokesman and
	Easter for Christians	Board Member, International Christian Embassy Jerusalem,
		(Murfreesboro, TN). <a href="https://malcolmhedding.com/">https://malcolmhedding.com/</a>
		<u>Description</u> : Christians in America and throughout the world are
		preparing for what is one of the most important celebrations of the
		year; the resurrection of Jesus Christ from the dead (after his
		crucifixion and burial). Leading up to this triumphant celebration
		is Palm Sunday, which is connected to the ancient Israeli
		celebration of Passover that is read about in the Old Testament of

#### Family Stations, Inc. Issues/Program List Community Bridge, Heard Saturdays

at 6:00 a.m. and 6:30 p.m. Central/Pacific and at 7:00 a.m. and 7:30 p.m. Eastern/Mountain

January	- March,	2024
---------	----------	------

January - March, 2024		
DATE	ISSUE	GUEST AND DESCRIPTION
		the Bible. Sadly, many in today's American society do not seem
		to be aware of the Biblical events of Jesus' death, crucifixion,
		burial and resurrection, even in our country where the Bible is
		freely available. Rev. Hedding said that teaching children of the
		strong Biblical connections between Passover and what Jesus did
		for humanity on Good Friday are powerful. It is important to note
		that both the Apostle Peter and John the Baptist refer to Jesus as
		the Lamb of God. By this imagery, they take us back to the
		Passover story where the blood of a lamb saved the Israelites from
		destruction (Exodus 12:21-23). This is precisely what Jesus has
		done for all of us! He has saved us from the Destroyer or the wrath
		to come. Rev. Hedding shared how individuals, families, and
		churches can celebrate Christian Passover meals to remember and
		share the Gospel with the next generation as Easter approaches.
March 30, 2024	<b>Equipping Parents</b>	Host: Jenny Burkhiser
	and the Church to	Guest: Charles White, Retired Christian Preschool Teacher of and
	Hide God's Word in	Editor, www.bibleparent.com, (Topeka, KS).
	Children's Hearts	Description: In the U.S., the Church is losing 86% of the children
		raised in church and yet only 15% of ministers regarded Sunday
		school as a leading concern. About 83% of Christians make their
		first commitment to Jesus between the ages of 4 and 14 yrs. and
		yet one out of four churches has closed their Sunday School, with
		the decline increasing every year. God's commands for parents
		can be found in Deuteronomy 6:5-9: "You shall love the Lord your
		God with all your heart and with all your soul and with all your
		might. And "these words that I command you today shall be on
		your heart. You shall teach them diligently to your children, and
		shall talk of them when you sit in your house, and when you walk
		by the way, and when you lie down, and when you rise. You shall
		bind them as a sign on your hand, and they shall be as frontlets
		between your eyes. You shall write them on the doorposts of your
		house and on your gates." Charles noted that the essence of God's
		commands to parents is to surround their children with Bible
		verses: on their walls and windows, doors and bedsides, pockets etc. His website provides many free resources, including daily
		Bible verses, calendars, and coloring books, for churches to reproduce and give to parents in their own "Bible Makeover" at
		home to bring children up in the instruction of the Lord.

#### KFRS, Soledad, CA Issues/Program List

#### "FAMILY NEWS TODAY" with Jason Frentsos

#### A 2-Minute Program Heard Weekdays

DATE	ISSUE	DESCRIPTION
January 3, 2024	Assistance for the Hearing Impaired	A hearing-impaired Pennsylvania couple is helping to lead a ministry for the hearing impaired in their community while breaking down false
January 4, 2024	Community/Police Relations	stigmas attached those with hearing impairment.  An Atlanta non-profit is using barbershops as a way to bring police officers and community members together.
January 5, 2024	Need for Blood Donations	Marcos Perez has helped thousands of lives by donating his platelets every two weeks for the past 37 years. This wonderful act of kindness was inspired by the very transfusion that saved his life when he was born prematurely.
January 8, 2024	Pro-Life Advocacy	A pro-life coffee company has donated nearly \$300,000 to pregnancy resource centers nationwide to enable them to continue serving as a "shield and protector" to pregnant women.
January 9, 2024	Serving the Needy	A church congregation in Pennsylvania gave out gift cards worth \$50 each to all the employees of a local grocery store, while also helping to pay the bills of 200 customers.
January 11, 2024	Christmas Generosity to Area Hospitals	Now we all need a good hug sometimes, and one Milwaukee man made sure that children in 5 area hospitals got huge "bear hugs over the holidays." Since starting the <i>Bear Hug Project</i> , Noel has provided the comfort of over 500 stuffed bears to hospitalized children this past Christmas.
January 16, 2024	Bibles in Schools Educate Youth	What began as a prayer walk outside a Virginia school has grown into a global ministry that distributes Bibles to school libraries.
January 17, 2024	Child Safety/Rescue	One of America's finest rescued an 8-year-old girl from Vermont who had fallen through the ice while playing with her siblings!
January 19, 2024	Community Engagement	An abandoned neighborhood in Detroit came alive, all thanks to an empty lot, a fire truck full of water, and a local mother with a big heart. Kaytea Moreno-Elst saw the lot and thought it would be a perfect place to build an ice-skating rink.
January 22, 2024	Shoveling Snow for the Elderly	A delivery driver went above and beyond his duties to shovel a snow-covered driveway for a man who has been in a wheelchair for two decades.
January 24, 2024	School Debt Lightened by Incarcerated	When a high school student needed help paying his tuition fees, an unlikely group offered a helping hand: prison inmates.
January 25, 2024	Church Feeds Families Worldwide	Volunteers at a Tennessee church recently packed more than 101,000 meals to be delivered to hungry families worldwide.

#### KUFR, Salt Lake City, UT Issues/Program List

#### "FAMILY NEWS TODAY" with Jason Frentsos

#### A 2-Minute Program Heard Weekdays

DATE	ISSUE	DESCRIPTION
January 29, 2024	Kind Neighborly	For years, Colorado resident John Holtz used to only clear the snow in
	Gesture	front of his home. But one day, he decided to go an extra block with his snowblower and that decision made a big impact in this neighborhood.
January 30, 2024	Helping the Elderly	The Gallatin Police Department went the extra mile to assist a 72-year-
	Without Heat	old woman during last week's freezing temperatures in Tennessee. The
		story began when the police received a distress call from a resident
		whose heating system had failed. Sgt. Woodard, determined to help,
		mobilized a team of officers and reached out to a firewood supplier in
		the community. Despite the usual cost of firewood, the supplier
		selflessly donated it to the woman. The officers then delivered the
		firewood to her home, ensuring she could stay warm.
February 1, 2024	Foster Care	Entering the foster system can feel like a hopeless situation for a child
		and that's why one North Carolina organization is building free homes
		for foster families in an effort to keep siblings together in their own
		home communities. Fostering Hope helps build community support for
T. 1	T1 11 T	foster parents and ultimately works to keep families together.
February 5, 2024	Finding a Lost	In a remarkable display of dedication and teamwork, a South Carolina
	Wedding Ring	Sanitation Crew dumped its entire garbage truck load on the ground to
Falamaga 7, 2024	Walk for Cancer	find a woman's diamond ring!
February 7, 2024	walk for Cancer	When three young sisters learned that their mother was diagnosed with breast cancer back in 2017, they knew what steps they had to take to
		helpand it started with their two feet! Sisters Samantha, Lauren, and
		Emilie Scalise organized the 2.7-mile <i>Stride for Survivors Walk</i> as a
		tribute for their mother, Stephanie, and as a way to help other families
		gain access to life-changing resources!
February 9, 2024	Child Rescue	The Auburn Massachusetts Police Dept. announced the rescue of a
1 00100013 >, 202 .		missing 12-year-old child in the freezing cold, thanks to the heroic
		efforts of K9 (canine) named Biza!
February 12, 2024	Trapped Dog Rescue	In a heartwarming rescue off the coast of Texas, a U.S. Coast Guard
		team discovered an unexpected passenger during a routine inspection
		of shipping containers. The team couldn't believe their ears when they
		heard scratching sounds coming from one of the containers. As they
		opened it up, a small furry face poked its head out – a DOG was
		trapped inside!
February 13, 2024	Free Prom Dresses	A Texas church has made it easier for hundreds of girls to participate in
	for Young Ladies	their high school's prom night by allowing them to choose a gown from
		among thousands, all for free.

#### KUFR, Salt Lake City, UT Issues/Program List

#### "FAMILY NEWS TODAY" with Jason Frentsos

#### A 2-Minute Program Heard Weekdays

DATE	ISSUE	DESCRIPTION
February 14, 2024	Valentine's Day Widow Outreach	A North Carolina woman is celebrating Valentine's Day by delivering hundreds of flower arrangements to widows.
February 16, 2024	Waitress Given Generous Gift	In just an extraordinary display of kindness and generosity, a customer left a staggering \$10,000 tip for a waitress at a Cafe in Benton Harbor, Michigan!
February 20, 2024	Staff Appreciation Trips	Sometimes one just knows when God blesses oneself with a wonderful staff. And that's the case for restaurant owner in New Hampshire she's showing her appreciation for her employees by taking them on vacations every year.
February 22, 2024	Assisting Rescue Animals	A pilot is giving rescue dogs a "golden ticket" out of overcrowded shelters with a new lease on life.
February 26, 2024	A Miracle Recovery	A mother's love sparks a miracle, helping a woman wake up from a 5-year coma.
February 29, 2024	Leap Day Celebration	A group of people born of Leap Day bonded online and now they're embarking on a cruise to celebrate their birthdays.
March 1, 2024	Puppy Rescue Results in Services	A small puppy dumped on the side of the street now has a future as a beloved service dog.
March 4, 2024	Police Assistance for the Needy	A Police Officer arrests a delivery driver, and then goes out of his way to finish delivering his order.
March 6, 2024	<b>Battling Loneliness</b>	A Utah senior center is battling loneliness with a 60,000-piece jigsaw puzzle.
March 7, 2024	Library Fee Forgiveness	A pet-friendly initiative is taking a Massachusetts community by storm. The Worcester Public Library just introduced "March Meowness: Felines for Fee Forgiveness."
March 8, 2024	K-9 Rescue	A terrifying search for a little boy in Michigan ended with a joyful reunion, thanks to a canine (K9) hero.
March 11, 2024	Kindness to Neighbors	An anonymous coffee lover demonstrated love for his neighbors by paying for \$4,000 worth of coffee and doughnuts.
March 13, 2024	Aiding the Homeless	In a heartening display of compassion, a Georgia police officer is being honored for his selfless act towards a homeless man out in the cold.
March 16, 2024	Starting A Prayer Wall for Youth	At Whitley County High, the issues of mental health and suicide had become a growing concern among the students, including "Sophy." Sophy is a member of the student-led Christian organization, <i>First Priority</i> , and so she started a prayer wall to encourage herself and her friends after watching a popular trend on social media.

#### KUFR, Salt Lake City, UT Issues/Program List

#### "FAMILY NEWS TODAY" with Jason Frentsos

#### A 2-Minute Program Heard Weekdays

DATE	ISSUE	DESCRIPTION
		<del>,</del>
March 18, 2024	Unexpected	A man with no car and no furniture passed away with a big secret,
	Generosity to	leaving his small town with millions.
	Small Community	
March 21, 2024	Tornado Relief	Three teams from a Cincinnati relief organization have responded to
	Effort	the areas devastated by tornadoes.
March 25, 2024	Student Adoption	A student was adopted by her principal after getting suspended.
	_	Kentucky Middle School principal, Jason Smith, opened his heart and
		home to a troubled student, changing the trajectory of her life.
March 27, 2024	Sanctuary for Urban	Amidst the bustling streets of Harlem, a small storefront serves as an
	Families	oasis for children and families. <i>Grandma's Place</i> is a quaint book and
		toy shop, which thanks to its owner, Dawn Martine, has become a
		beacon of hope and community!
March 29, 2024	Autistic	An entrepreneur with autism is inspiring others with his pretzel
,	Entrepreneur	business. Marcus Moore, a business owner in Annapolis, is inspiring
	Inspires	people with autism and other disabilities. Marcus started his business
	•	"Moore Crunch" last October for two simple reasons: he likes snacking
		and he likes pretzels.