

LIST OF ISSUES AND PROGRAMS

APRIL 1-JUNE 30, 2017

**WSRV-FM
97.1 THE RIVER**

**COX RADIO, INC.
GAINESVILLE-ATLANTA, GEORGIA
1601 W. Peachtree St. Atlanta, GA 30309
971theRiver.com**

ISSUES AND ANSWERS

DURING THE PERIOD OF APRIL1-JUNE 30, 2017 THE FOLLOWING ISSUES AND PROBLEMS

WERE AMONG THOSE ADDRESSED BY WSRV-FM:

**HEALTH / SAFETY / CRIME
EDUCATION
FAMILY / PARENTING / SELF-HELP / RELIGION
ART / ENTERTAINMENT / RECREATION / ENVIRONMENTAL
FINANCIAL / POVERTY / CHARITY**

WSRV-FM

ASCERTAINMENT STATEMENT

WSRV FM/97.1 The River develops on air programming to address issues of importance to Gainesville, Atlanta and surrounding communities.

WSRV-FM also produces four-thirty minute community affairs talk shows, which addresses a variety of topics and issues of concern including politics, education, health, business, lifestyle issues and civic and social issues. The River Current, The Heart of Atlanta, and Perspectives air every Sunday morning.

Issues on the program are ascertained through interviews with community leaders, including representatives of charitable and civic/social/civil rights organizations and others who make a difference in the communities in which we serve. WSRV-FM also solicits community input via the website

LIST OF PROGRAMS

AIRTIMES

LENGTH

PROGRAM DESCRIPTION

DR. JOE SHOW

SUN 6:30 AM

30 MINUTES

LOCALLY PRODUCED PUBLIC AFFAIRS PROGRAM DEALING WITH LOCAL ISSUES OR TOPICS OF GENERAL INTEREST.

PERSPECTIVES

SUN 7:00AM

30 MINUTES

LOCALLY PRODUCED PUBLIC AFFAIRS PROGRAM DEALING WITH LOCAL ISSUES OR TOPICS OF PARTICULAR MINORITY INTEREST.

2ND QTR COMMUNITY EVENTS

April

April 27 – Kaedy Kiely live broadcast at Meehan’s in Downtown Atlanta (before Tom Petty concert)

April 30 – station appearance at Taste of Marietta

May

May 4 – station appearance at Taste of Alpharetta

May 15 – station appearance at Marcy’s Mulligan (charity golf tournament hosted by Kaedy Kiely)

May 18 – station appearance at Alive in Roswell festival (location: Roswell Town Square)

May 20 – station appearance at Back to the Chattahoochee River Race & Festival (jock onsite: Jill Nelson)

June

June 2 – station appearance at Dunkin Donuts for Special Olympics GA fundraiser (Cops on Donut Shops)

June 15 – station appearance at Alive in Roswell festival (same location as above)

June 24 – Komen Atlanta Race for the Cure (street team setup along race route playing music)

ISSUE & DESCRIPTION

HEALTH / SAFETY / CRIME ISSUES

DATE **TIME** **LENGTH**

4/2/17 6:30AM 30MINS

DR. JOE SHOW: Dangerous grains. If you suffer from a condition such as osteoporosis, Crohn’s disease, rheumatoid arthritis or depression, you’re unlikely to blame your breakfast cereal. After all, intolerance of wheat, or celiac disease (CD), is an allergic reaction to a protein called gluten, thought to affect only about one in 1,000 people. Your doctor, if asked about CD, would tell you that it involves damage to the gut wall, which makes for problems absorbing certain nutrients, such as iron, calcium and vitamin D. As a result, you are more likely to develop conditions such as osteoporosis and anemia, as well as a range of gastrointestinal problems. Children who have it are often described as “failing to thrive”. The proof that you have CD comes when gut damage shows up in a biopsy. The treatment, which has a high rate of success, is to remove gluten – found in rye and barley as well as wheat – from your diet.

4/9/17 6:30AM 30MINS

DR. JOE SHOW: WiFi router stunts plants. Universities routinely spend millions of dollars running research projects, but recently, a handful of middle-school kids showed what’s possible without a budget. It started when five ninth-grade girls from a school in Denmark noticed that they felt crummy couldn’t concentrate after sleeping with their cell phones. (And no, sleeping with cell phones isn’t a Danish thing.) Anyway, their observation gave the girls an idea for a science project. They decided to check just what cell phones did to the human brain that caused the disorganization, but soon, they ran into design problems. The logistics turned out to be too complex and expensive, so instead, they settled on the idea of seeing how WiFi affected plants. They filled 12 trays with seeds from an edible herb related to watercress. Half the trays went into a room containing no electronic devices, and the other half got plunked down next to two WiFi routers in another room. The girls calculated that the routers emitted the same level of electromagnetic energy as a cell phone. The students observed the plants for 12 days. At the end, the results were dramatic. The plants in the non -EMF room had prospered. Those situated next to the routers either didn’t grow at all, or worse, they had died.

HEALTH / SAFETY / CRIME ISSUES

4/16/17 6:30AM 30MINS

DR. JOE SHOW: The food-hormone-emotion connection.

Typical romantic dinner – Wine, steak, baked potato with butter and sour cream, cheesecake, bread and butter, coffee with sugar or artificial sweetener, after dinner smoke. Steak – heavy protein – large consumption of energy; only 17% of the protein is useable, the rest is wasted. Sex is #1 consumer of energy, digestion is #2; more energy for digestion, less for romance.

4/23/17 6:30AM 30MINS

DR. JOE SHOW: Mistakes that make you age faster. We probably all know a 90-year-old who still runs and drives, and we know 50-year-olds who can barely move. We've all seen classic cars that run like new, and new vehicles that sound like they need to vomit.

To increase your odds of being the former, avoid things that speed up the aging process. Start with these seven:

Bad food choices.

Poor sleep.

Inactivity.

Toxins.

Addiction.

Ignoring risk factors

4/30/17 6:30AM 30MINS

DR. JOE SHOW: High cost of cheap food. Poor health is typically the result of a metabolically inappropriate diet. Many studies have confirmed that processed foods and sugary beverages are significant contributors to obesity and chronic disease, including cancer.

Unfortunately, while the government appears to be concerned about rising obesity and disease statistics, it has done virtually nothing to address its own role. For example, agricultural policies contribute to the poor health of Americans and play an important role in the ever-worsening obesity epidemic by promoting consumption of cheap junk food that wreak metabolic havoc.

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

HEALTH / SAFETY / CRIME ISSUES:

5/7/17

6:30AM

30Mins

DR. JOE SHOW: Take small steps. Walk to work. Use fat free milk over whole milk. Do sit-ups in front of the TV. Walk during lunch hour. Drink water before a meal .Eat no red meat & poultry. Eat half your dessert. Walk instead of drive whenever you can. Take family walk after dinner. Skate to work instead of driving. Avoid food portions larger than your fist. Mow lawn with push mower. Increase the fiber in your diet. Walk to your place of worship instead of driving. Walk kids to school. Get a dog and walk it. Join an exercise group.

5/14/17

6:30AM

30Mins

DR. JOE SHOW: Treating low back pain with diet. Low back pain became one of the biggest problems for public health systems in the Western world during the second half of the 20th century. The lifetime prevalence of low back pain is reported to be as high as 84 percent, and chronic low back pain is present in about one in five, with one in ten being disabled. It's an epidemic. Are people just lifting more heavy stuff? No. Atherosclerosis can obstruct the arteries that feed the spine, and this diminished blood flow can result in various back problems. This can be seen on special scans. Now we have MRI imaging that can show the occlusion of spinal arteries in people with back pain and the degeneration of the discs. Researchers showed that patients with long-term back pain had constricted blood flow, and those with high cholesterol appeared to suffer with more severe symptoms. Those with narrowed arteries appear about eight and a half times more likely to have suffered from chronic back pain. Although disc degeneration has multiple causal factors, with genetic, occupational and mechanical influences, alteration in nutrition has been proposed as the final common pathway. This makes sense. The discs in our lower back are the largest "vascular" tissue in the body, meaning our discs don't have any blood vessels.

HEALTH / SAFETY / CRIME ISSUES:

5/21/17 6:30AM 30Mins.

DR. JOE SHOW: Lifestyle strategies to implement today. 10 healthy lifestyle changes that can improve your health, including eating an avocado each day, giving up soda, making fermented vegetables and getting three important health tests done. Other healthy strategies to incorporate this year include sitting less and moving more, eating more fish, going grass-fed, Peak Fasting, getting eight hours of sleep each night and eating more fiber.

5/28/17 6:30AM 30MINS

DR. JOE SHOW: Quick weight loss tips. There are certain foods that – as soon as they hit your lips – can have a damaging effect on your waistline. Learning how to spot them is just step one. Now, here’s why you need to avoid them, how minimizing their consumption minimizes your waistline, and how to make simple substitutions so you don’t feel deprived. Ditch high fructose corn syrup. Sayonara, Splenda. Avoid aspartame. Take out the trans- fat. Say goodbye to soda – even diet soda. Learn to limit sugar. Eliminate suspected food sensitivities. Don’t bother with diet pills. Don’t drink diet shakes. Uncover hidden MSG. Reduce pesticides and heavy metals. Wipe out white flour.

6/4/17 6:30AM 30Mins.

DR. JOE SHOW: Good and bad fats. Good fats...
“I use a good cleanser and moisturizer, but most of the real benefits come from what I eat,” my friend replied at brunch recently after the server gushed about her vibrant, glowing skin that made her look a decade younger. Her secret? She ate an entire avocado every day, added freshly ground flaxseed to her protein shake, and supplemented with a professional quality fish oil. I wasn’t surprised she ordered wild-caught salmon over a bed of mixed greens that afternoon. The right fats promote glowing skin, while bad ones make you look old, wrinkled, and haggard. Among the signs that you’re not getting enough high-quality oils and fats include dry, itchy, scaling, or flaking skin. Let’s get the bad ones out of the way. Studies show trans fats found in vegetable oils and processed foods create oxidative damage, providing a surefire way to age your skin.

HEALTH / SAFETY / CRIME ISSUES:

	6/11/17	6:30AM	30Min.
<p>DR JOE SHOW: Fake health foods. These seemingly good-for-you eats are the reason behind your breakouts. Low fat anything. Skim milk. Vegetable oils. Wheat bread. Fruit smoothies.</p>			

	6/11/17	7AM	15:00
<p>PERSPECTIVES: Focus on Health with Dr. Jyotir Jani of Piedmont Healthcare Piedmont Healthcare provides high quality, patient centered care delivered wherever, whenever, and however is most convenient for you and/or your family. Piedmont is transforming its approach to patient experience and making it easier for patients to access services by offering convenient online scheduling, same-day appointments and on-demand virtual visits through Piedmont on Call. Piedmont on Call allows consumers too busy to make a trip to the doctor to see a physician on demand for \$49 per virtual visit. Patients can access this service by visiting piedmont.org/on call or downloading the free Piedmont on Call app available on the Apple App Store and Google Play. 20 Piedmont Urgent Care centers are located throughout the metro Atlanta and Athens regions for non-life threatening illnesses or injuries that required immediate care. Starting in August, Piedmont will operate and provide all clinical services at 27 retail health clinics located within Walgreens stores across the Atlanta area. Called Piedmont QuickCare, these health clinics will offer more options for patients to receive the care they need close to home.</p>			

	6/11/17	7AM	15:00
<p>PERSPECTIVES: Dr. John Lipman, Atlanta Interventional Institute After his training, Dr. Lipman practiced Interventional Radiology in a large private practice group in Atlanta for 14 years. In 2005, he started his own private practice – Atlanta Interventional Institute. In 2015, he opened a state of the art 5,400 square foot outpatient medical facility, caring for patients throughout the Southeastern United States, Caribbean, and as far away as Africa and New Zealand. While he is best known for his pioneering work in the non-surgical treatment of uterine fibroids, Dr. Lipman’s practice treats a number of medical conditions including tubal infertility, migraines, and osteoporotic compression fractures of the spine. A critical aspect of Dr. Lipman’s mission includes educating the public about fibroids and UFE. Equally important, he helps other physicians become better informed about uterine fibroids and their treatment.</p>			

HEALTH / SAFETY / CRIME ISSUES:

	6/18/17	6:30AM	30Min.
--	---------	--------	--------

DR. JOE SHOW: Ways your home is making you sick. Lots of household items are potential irritants and/or can cause health complications. The most important fact, however, is the physiological wellbeing of the individual's exposed to those potential items. In general, the healthier a person is, the less likely he or she is to be affected by the potential contaminant. Also, age and previous illnesses can play a role. Your couch is killing you has another meaning other than sitting too much is bad for your health. A study on fire retardants showed that all 22 mothers and 26 children tested were exposed to a fire retardant called TDCIPP, a likely carcinogen, and the average concentration in children was nearly five times that of their moms.

6/18/17 7AM 15:00

PERSPECTIVES: Andrea Petersen, author, ON EDGE – Living with Anxiety Disorder. There are an estimated 40 million American adults who suffer from some form of anxiety disorder in any given year. That number includes Andrea Petersen, a highly regarded health reporter who was experienced her first panic attack sophomore year in college. After that, nothing was the same. It took over a dozen doctors and almost a year before she was finally diagnosed with an anxiety disorder and treated. Although having a name for her symptoms and fears was an enormous relief, identifying the problem was only the beginning of Petersen's journey toward understanding it. Her book, ON EDGE is a wry, sympathetic, bracingly honest account of living with anxiety, coupled with deep reportage on the science of anxiety disorders.

6/25/17 6:30AM 30Min.

DR. JOE SHOW: Surprising diabetes triggers.
 Scented candles that set the mood.
 Your morning routine.
 Your insomniac tendencies.
 The water bottle you tote to the gym.
 Your neighbor's wood burning stove.
 Your fragrance fixation.
 Your Mom's smoking habit.
 Bee-killing chemicals.
 One of America's favorite weedkillers.
 Your laundry routine.
 Your contaminated dinner.

ISSUE & DESCRIPTION

DATE **TIME** **LENGTH**

EDUCATION ISSUES:

5/2/17 7AM 25:00

PERSPECTIVES: *Founder CJ Stewart and four of his Lead Ambassadors*

LEAD stands for launch, expose, advise and direct. The organization delivers service to the Game and World. Its mission is to empower an at-risk generation to lead and transform their city. Through its year-round Pathway 2 Empowerment Programming LEAD is inspiring and equipping black males to earn positions of leadership in business, education and government. Stewart finds his young men to develop through the game of baseball. 100-percent of program participants go to college.

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

ART & ENTERTAINMENT / RECREATION / ENVIRONMENTAL ISSUES:

4/9/17 7AM 15:00

PERSPECTIVES: EarthShare Career Fair – Madeline Reamy, Executive Dir.

Nonprofit leaders and students gathered at Emory University for the inaugural Earth Day Water Symposium & Career Expo. This event was designed to further engagement between EarthShare of Georgia’s business partners and member groups, while reaching out to rising student leaders interested in exploring the sustainability field. There were multiple opportunities to explore a variety of water issues during the Leadership Luncheon program, afternoon Water Talks and WaterHub Tours. The all-day event began with the Career Expo where students participated in a resume’ review and networking with more than twenty career booths including representatives from the business and environmental nonprofit communities.

4/16/17 7AM 25:00

PERSPECTIVES: Atlanta Jazz Festival 40th Anniversary – Guest Camille Love

The Atlanta Jazz Festival is regarded as one of the country’s largest free jazz festivals and invites music lovers from around the region to be immersed in jazz music culture. Mayor Maynard Jackson founded the original jazz festival to promote the art form that originated in the south. The Atlanta Jazz Festival is an annual musical showcase that celebrates jazz legends and features up-and-coming jazz performers in venues throughout metropolitan Atlanta, culminating on Memorial Day weekend with performances at Piedmont Park, Friday through Sunday.

4/23/17 7AM 25:00

PERSPECTIVES: The WHYs of being married with Carmen Hope Thomas

Carmen Hope Thomas was an unmarried Miami TV exec and radio personality, and had plans to remain unmarried indefinitely. She was 36 when she eventually married 10 years ago, but marriage was never in Carmen's plan. In her new book, Why Marry A Man You Don't Need, Carmen makes a case for marriage, since many men and women are opting out of marriage, and viewing it as something one does out of financial or emotional necessity. The book is for women AND men.

ART & ENTERTAINMENT / RECREATION / ENVIRONMENTAL ISSUES:

5/7/17 7AM 15:00

PERSPECTIVES: Sandra Richards – author Rice and Rocks

Sandra L. Richards is the debut picture book author of Rice & Rocks. With Rice & Rocks, Sandra brings a unique contribution to the world of children’s books. An American-born daughter of Jamaican immigrant parents, she hopes the book will serve as an educational resource for families seeking to teach their children the value of their heritage and the importance of cultural diversity. She spent much of her week in Atlanta reading her book to children.

5/14/17 7AM 25:00

PERSPECTIVES: Mother’s Day special with Authors Kelly Rowland, Leslie Stahl and Margo Lee Shutterly
When Kelly Rowland – most famous for being one of the original members of Destin’s Child gave birth to her son, she encountered all sorts of experiences that she had not read about in What to Expect When You Are Expecting, so afterwards as her son entered the “terrible twos” she got with her doctor and together the two of them wrote “Whoa Baby” for new moms to answer the questions that she had no idea she’d ask. Leslie Stahl, a legendary journalist and one of the correspondents for 60 Minutes is also a LOL – no not laugh out loud, though she does she’s as her doctor once put it a “little old lady” and she’s enjoying life as a grandmother. She writes about it in her book “Becoming Grandma.” Finally we wrap the show with a conversation with Margot Lee Shuttlerly who wrote about three amazing mothers and pioneers in her book turned movie – “Hidden Figures.”

5/21/17 7AM 25:00

PERSPECTIVES: Spirit of Atlanta Drum Corps – Chris Moore, Director
Spirit of Atlanta Drum and Bugle Corps, founded in 1976, is a nonprofit youth performing arts education organization based in Atlanta, GA. The primary objective of Spirit of Atlanta is to provide challenging, high-quality programs for youth through a positive environment that emphasizes character and social development, leadership, self-discipline, and the pursuit of excellence. The corps is comprised of 150 brass, percussion, and color guard members, ages 15 to 22, who perform an 11-minute show that integrates artistic and athletic skill in an entertaining display of outdoor pageantry. Although most of its members are from the Southeast, the popularity of Spirit of Atlanta has attracted members from all over the United States, Canada, and even Great Britain and Japan. The corps proudly represents the city of Atlanta at more than 30 competitions and exhibitions before a combined audience of over 300,000 fans.

ART & ENTERTAINMENT / RECREATION / ENVIRONMENTAL ISSUES:

5/28/17 7AM 25:00

PERSPECTIVES: Living your best life with Sheri Riley, Author
Exponential Living: Stop Spending 100% of your time on 10% of Who You Are

Riley rose to the top of the entertainment industry and was miserable... She had the incredible opportunity to work with some of the top celebrities, artists, CEOs and influencers of our lifetime. But it didn't make her happy. She got to the TOP in the entertainment industry and was miserable because she did not have a good life. S didn't spend quality time with family without feeling guilty and worried about deadlines. Her journey of pursuing peace, choosing clarity, and living courageously became my 9 Principles of *Exponential Living*®. My programs help people live FULL OUT, but with great abundance, peace, and joy.

6/4/17 7AM 25:00

PERSPECTIVES: IGY6 Service Dogs for Heroes with Ken Capello and Tiffany Hernandez Slater (board member)
 IGY6 Service Dogs for Heroes was started by Ken Cappello in memory of Stephen Akin, an army veteran who lost his battle with PTSD before he was able to obtain a service dog. Currently, it takes approximately two years and \$36,000 to train a service dog. IGY6 Service Dogs for Heroes is designed to provide help faster to veterans who are suffering from PTSD. At the same time, we're saving loving dogs from being euthanized at local shelters. Ken's team rescues dogs from the shelters, prepares them for training in foster homes, and pairs them up with needy veterans. Rather than wait two years for training, the veterans are able to train their own dogs at the IGY6 facility, providing them with much needed companionship and sense of purpose.

6/25/17 7AM 25:00

PERSPECTIVES: Dining Out in Atlanta with Malika Bowling, author of the Food Lovers' Guide to Atlanta
 Malika Bowling is the author of Food Lovers' Guide to Atlanta and Food Blogging 101. She has been featured on HGTV and The Huffington Post and has been a contributing writer to USA Today. She is also the President of the Association of Food Bloggers. In her book, Bowling takes Atlantans on a culinary tour through the southern city and will unwrap the best places to find, enjoy and celebrate local food offerings. A bounty of mouthwatering delights awaits you in this engagingly written guide as well as a rich array of other, indispensable food-related information including: Food festivals and culinary events; Specialty food shops; Trendy restaurants; Time-tested iconic landmarks; Atlanta Breweries; and Local coffee shops.

ISSUE & DESCRIPTION

DATE TIME LENGTH

FINANCIAL / POVERTY / CHARITY ISSUES:

4/9/17 7AM 15:00

PERSPECTIVES: Human Rights Campaign (HRC) Atlanta Gala – Keith Faucett HRC Atlanta

The Human Rights Campaign is America's largest civil rights organization working to achieve lesbian, gay, bisexual and transgender equality. By inspiring and engaging all Americans, HRC strives to end discrimination against LGBTQ citizens and realize a nation that achieves fundamental fairness and equality for all. The Human Rights Campaign cannot operate without funds, and here in Atlanta, has grown to host one of the largest fundraisers in the country for the cause of equality. The Atlanta Gala Dinner is an annual event that consists of a large private auction, followed by a black-tie dinner to celebrate the steps we have made and to look towards a more just future.

4/30/17 7AM 25:00

PERSPECTIVES: Georgia's Sixth Congressional District – Can Dems #Flipthe6th Tharon Johnson

On April 18, GA06, the district once represented by now Health and Human Services Secretary Tom Price saw a Democrat finish first in an open call primary. With 19 percent of the vote, Republican Karen Handel earned a spot in a June 20 runoff. The race would go on to be the most expensive race for a House seat in history with \$50 million spent. Handel prevailed to become the first Republican woman to represent Georgia in Congress. Our guest is political analyst Tharon Johnson. He's a democratic strategist. He managed Kasim Reed's campaign and worked on both Obama campaigns in '08 and '12. He also worked on the Hillary Clinton campaign in 2016.

5/7/17 7AM 25:00

PERSPECTIVES: USPS annual Food Drive – Eric Sloan Branch 73, Stefanie Mack, Eileen Ford and Lacy Manning ACFB

Each year, the U.S. Postal Service and the National Association of Letter Carriers (NALC) sponsor a nationwide food drive to benefit community food banks. In 2016, over 290,000 pounds of food were collected by local letter carriers or brought to post offices by Atlanta area residents in support of their communities. This year is the 25th anniversary of the NALC Food Drive.