SHINE.FM Podcast Content Q4 2021:

Game Day, Every Day #6: Learning to Give is Learning to Live!

Thanksgiving is behind us. That "Game Day" is over. But does 'one day' give us enough time to truly give thanks for the abundant lives we are living? But, as head into the Christmas Season, who says we can't continue to give thanks, and yes, find creative ways to give to others? In this episode, Bud Boughton shares a story from over 30 years ago that reminds us all that Learning to Give is Learning to Live! That's right, even the simplest form of giving can turn any day into a special, one-of-a-kind GAME Day

(20:55) 12/14/21

Shine.FM MomCast #32: What Foster/Adoptive Families Wish You Knew About Their Families

Today Heather welcomes Jennifer to the MomCast. Jennifer is a mom of three and a family life educator with a Master's degree from Spring Arbor University. She and her husband have been foster parents. (31:09)

by Shine.FM on Dec 09, 2021

Game Day, Every Day #5: When We Ask 'What if?', Are We Looking Ahead or Behind?

Ever look at your past and wonder, "What if" I had done this or that, how might my life be different? Well, we need to accept that God's plan for each of us included whatever has already happened in our life. So why ask, "What if?" But, when we ask the "What if" question in a way that can influences our actions and behaviors going forward, it can turn any day into the best Game Day ever! Tune in for the next episode of Game Day, EVERY Day – Leading a Life that Matters as Bud Boughton shares his recent learning experience about asking the "What if" question.

(14:45)

by Shine.FM on Nov 16, 2021

Game Day, Every Day #4: Making Your GAME Day Even Better!

What if... somehow, you could take that special GAME Day and make it even better? Tune in for the next episode of Game Day, EVERY Day – Leading a Life that Matters as Bud Boughton discusses how the amazing, healing power of PRACTING FORGIVENESS turned an ordinary day in his life into one of his BEST GAME DAYS ever!

(29:20)

by Shine.FM on Nov 16, 2021

FOCUS ON THE FAMILY (For Radio Station's Public File)

October, November, December 2021

Date 10/06/2021

Title Helping Your Child Build a Lifelong Faith

Length 26 minutes

Description Valerie Bell and Matt Markins want to equip parents to raise kids who are "resilient

disciples" for Christ, which they define as people who won't give up their faith under pressure from today's culture. They describe 3 "B's" for developing resilience — (1) Belong: providing a community of believers and at least one loving adult who will point them to Christ. (2) Believe: emphasizing the truth of God's Word. (3) Become: training children how to become disciple-makers themselves. These guests also explain the

important balance of "spine" (God's truth) with "heart" (sharing God's love).

Date 10/26/2021 & 10/27/2021

Title Godly Perspective on End-of-Life Decisions, A I-II

Length 56 minutes

Description Watching a loved one decline in the ICU is a heart-wrenching experience no one can

truly prepare for. And if you're not a medical expert, it can be difficult to discern the value of ventilators, feeding tubes, and many other technologies. In this two-day Focus on the Family broadcast, Jim Daly and John Fuller talk with Dr. Kathryn Butler, author of Between Life and Death: A Gospel-Centered Guide to End-of-Life Medical Care. Dr. Butler draws from her experience as a trauma surgeon to help families navigate end-of-life

decisions according to Biblical principles.

Date 11/08/2021

Title How You Can Help Support Foster and Adoptive Families

Length 26 minutes

Description Foster care and adoption can be both deeply meaningful and deeply challenging. Jenn

and Josh Hook, joined by Mike Berry, offer advice to help foster and adoptive families find training and support. And they describe how anyone can help care for hurting kids.

Date 11/18/2021 & 11/19/2021

Title Planting the Seeds of Success in Your Kids I-II

Length 57 minutes

Description Parents often have misplaced dreams for their kids – focusing on things and

achievements instead of focusing on building their character. In his new book, 8 Secrets to Raising Successful Kids, Dr. Leman helps parents place emphasis on WHO their children will become instead of WHAT they become. He offers time-tested solutions for parenting that will help moms and dads plant the seeds of patience, kindness, humility, thankfulness, and respect in their children, as they prepare them for adulthood. His strategies include starting with the end in mind, expecting the best from your children, modeling a disciplined life, minimizing friction, while optimizing solutions, and keeping the relationship first. The broadcast, recorded with a live audience, encourages parents to examine their parenting style and transform their thinking to get successful results

with their kids.

Date 12/06/2021 & 12/07/2021

Title Mothers and Sons: Being a Godly Influence I-II

Length 57 minutes

Description Rhonda Stoppe describes her early motherhood challenges of raising a son, which was

intimidating to her. She found help through group of older women mentors (her

"Mommy Club"). She urges moms to see their role as ministry in shaping sons to be good and godly men. Rhonda described her challenges of raising son Brandon, who has epilepsy, as well as her son Tony, whom the Stoppes informally "fostered" for several years. Rhonda outlines several practical suggestions to moms about spiritual training, how to communicate with boys, and supporting the father-son relationship as a wife.

Date 12/20/2021 & 12/21/2021

Title Understanding the Root of Your Child's Misbehavior I-II

Length 55 minutes

Description Often, children act out because they are used to getting attention through bad behavior.

Dr. Kevin Leman offers advice to help parents transform their child's behavior. He discusses the benefits of allowing your kids to learn from real-life consequences and describes the importance of understanding your child's temperament based on his birth

order.