

**FOCUS ON THE FAMILY BROADCAST  
FCC ISSUES REPORT  
(For Radio Station's Public File)  
July/ August / September 2021**

Date 7/7/2021 & 7/8/2021  
Title What to Do When You're Not Okay I-II  
Length 57 minutes  
Description Life can be pretty stressful. Between work, relationships, and other obligations, the pressure builds, and we lose sight of who we are. On this two-day Focus on the Family broadcast, counselor Debra Fileta helps you better understand your emotions, assess your mental, physical, and spiritual health, and intentionally pursue a path to wellbeing. In dealing with anxiety, depression, and panic attacks, Debra understands the importance of self-examination as well as the benefits of seeking professional help. She offers biblically-based advice, tools, and encouragement to help you get on a path toward healing and wholeness.

Date 7/23/2021  
Title Overcoming Adversity Through Faith and Sports  
Length 27 minutes  
Description Four-time Olympic gold medalist and former WNBA All-Star Tamika Catchings-Smith shares her story—a journey through adversity as she dealt with bullying during childhood due to hearing loss. Finding her identity in basketball, she pursued her dream of playing at college and professional levels, even going on to be part of the Olympic teams. Her testimony is an encouragement and inspiration.

Date 8/09/2021  
Title How a Strong-Willed Woman Can be Used by God I-II  
Length 26 minutes  
Description Cynthia Tobias encourages strong-willed women to make the most of their abilities by harnessing their will to God's plans and purposes for their lives. She explains several common traits found in strong-willed women, along with the "dark side" of each attribute, explaining how that characteristic can be problematic if it's not closely monitored. She concludes with an encouraging look at a modern interpretation of the Proverbs 31 woman.

Date 08/11/2021  
Title Understanding Your Teen's Digital World  
Length 27 minutes  
Description Our kids are drawn to digital devices. Between remote learning, peer pressure, social media and general entertainment and communication, today's generation is constantly staring at a screen. What is a parent to do? Based on his latest book Parenting Generation Screen, Jonathan McKee equips parents with insight and general guidelines to promote safety and healthy boundaries as they navigate a screen-driven world with their kids.

Date 9/01/2021 & 09/02/2021  
Title Finding Freedom from Addiction I-II  
Length 57 minutes  
Description Dr. Gregory Jantz helps define what an addiction is, contrasting it with other practices that don't interfere with daily living, and what drives people to addiction. He discusses various forms of common addictions, such as opioids, eating disorders, sexual or relationship addictions, and technology. He talks about some of the dynamics of addiction in the Christian community, such as shame, accountability and the importance of receiving God's love and forgiveness. He also tackles the tough questions about intervention for family members who refuse to seek help.

Date 09/23/2021  
Title Discovering Your New Identity as a Stay-at-Home Mom  
Length 27 minutes  
Description Jen Babakhan is a former 3rd grade teacher who never intended to be a stay-at-home mom. But shortly after the birth of her firstborn, she sensed God telling her to stay home. Jen felt very conflicted for several years; thrilled to be at home yet also feeling isolated and alone, and even guilty about the financial stress upon her husband. She recounts how God compared her son's tantrum to her own distrust of His better plan for her life. Jen also addressed the importance of mom friends and community, why moms need something special for themselves outside of motherhood, and how God sees their service to their children as serving Him.

**SHINE.FM FCC ISSUES REPORT**  
**(For Radio Station's Public File)**  
July/ August / September 2021

25 minutes | Jul 18, 2021

## **Game Day, Every Day with Coach Bud Boughton #1**

Welcome to the premiere episode of the Game Day, Every Day podcast with Coach Bud Boughton. Coach Bud is a husband, father, former college football player, coach and educator, sales professional, former senior executive, and author. Coach Bud has lived an amazing life filled with a variety of experiences and uses those experiences from the sports world and every day life to encourage everyone to lead a life that matters. For more information on Coach Bud visit [www.budboughton.com](http://www.budboughton.com). Be sure to subscribe to get all our Shine.FM podcasts.

30 minutes | Jul 23, 2021

## **Shine 180: Jamie & Kristen**

Shine 180...stories of lives transformed by God because of your faithfulness. We are all on a journey. We are all at different points on our journey...and that's OK. The purpose of our journey is simple, but sometimes difficult...keep moving forward becoming more like Jesus. One night, changed the next 10 years of their lives. Jamie & Kristin bravely share their journey of what God can do in the midst of a horrific accident. The devil may have tried to take them out, but by the power of the Holy Spirit, Kristin & Jamie stand back up and sing the song of God's goodness over and over. This is Shine 180: Jamie & Kristen's story.

78 minutes | Jul 29, 2021

## **Leaning In Leadership #16: Lead Well - A Conversation with Dr. Jeff Stark and Dr. Esau McCaulley**

This month, guest host Dr. Jeff Stark, Director of the Center for Theological Leadership at Olivet Nazarene University, interviews author and professor Dr. Esau McCaulley, in the LEAD WELL virtual conversation series. Be sure to subscribe to get all our Shine.FM podcasts.

12 minutes | Jul 30, 2021

## **Shine.FM Presents A Closer Look: Logan from CAIN**

"We don't always need a mountain moved or a sea parted. Sometimes you just need to know that He's there. You just need to remember that He brought you out of that place where you were and set you in a new place." Logan from the band CAIN shares with Megan how the Cain siblings came to where they are today and the hope behind the song "Yes He Can." If you'd love to check out more podcasts like this, visit the Shine.FM Podcast Channel!