

KHMG Public Issues/Programs List

Quarterly Community Issues/Programs List

KHMG Non-Commercial Educational FM

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### **KHMG Overview/Mission Statement**

KHMG began broadcasting on March 26, 1996 with a mission to:

"build the homes of the people of Guam by offering daily encouragement to fathers, mothers, singles, children and the elderly members of our community."

"provide news broadcasting, weather forecasting, and other public services which inform the community."

"offer a calming alternative of peaceful Christian living in the midst of the increasingly-hurried lifestyle of the people of Guam."

--Excerpted from KHMG Mission Statement

As a ministry of Harvest Baptist Church, our purpose is one and the same: to glorify God by helping people develop a heart for God through evangelizing the unbeliever, edifying the saints and employing the soldier.

KHMG fulfills its purpose by proclaiming God's word in music and messages through the medium of radio.

The following are a general list of programs that strive to respond to community issues from a "religious" or Christian perspective.

### **Family Health Checkup**

Airs at the bottom of random hours throughout the day. (Health, Education)

This one-minute program gives helpful advice on how to keep you family healthy.

### **My Money Life**

M-F, 1:15p.m., 11:15 p.m. (Finances, Family)

This 1:50 program provides financial advice and assistance for listeners.

### **Legal Alert**

M-F, 12:15 a.m., 9:15a.m., 8:15p.m. (Legal Advice, Education)

This 90-second program with Attorney David Gibbs is the radio voice of the Christian Law Association. It airs Monday through Friday and covers a variety of legal issues.

### **Living Well**

Airs at the bottom of random hours throughout the day. (Health, Education)

A one-minute program hosted by Pam Smith that feature advice on health topics. This is a practical and helpful program for the people of Guam.

### **Parent Minute**

Airs at the bottom of random hours throughout the day. (Family)

This one-minute program offers practical advice on raising children and living together as a family.

### **Building Great Leaders**

M-F 11:30 a.m., 7:30 p.m. (Marriage, Family)

This 28-minute program presents Bible teaching from Dr. Les Ollila, usually on topics related to leadership, marriage, and the family.

### **Harvest Echoes**

M-F 8:30 a.m., 6:30 p.m. (Family, Education)

This 28-minute program features sermons presented at Harvest Baptist Church through the years. Many messages are focused on improving our families and becoming a better member of our community.

### **Worship Service of Harvest Baptist Church**

Sunday at 10:30 a.m., Re-broadcast on Saturday at 12:05 p.m. and 9:05 p.m. (Education, Family)  
Harvest has been meeting the various needs of local citizens since 1975. This one-hour program is an outreach of that ministry and provides special music, occasional references to current events, and a message from the Bible that will inform, educate, and inspire listeners.

### **Specific Examples of programs/issues of importance to the community:**

The following program list is compiled from a log of audio that actually aired on KHMG. It is generated by the software that automates our station. KHMG believes the vast majority of our programming meets the needs of our community. This is merely a sample list of specific programs and topics. (Descriptions listed are often provided by the programmers.)

Issues	Program	Title	Brief Description	Date(s)	Times	Length
Health	Family Health Checkup	Fighting Off Fall Flu	Doug Chamberlain shares steps that can be taken to fight off infection.	10/7 10/14	0729 0329	:60
Health	Family Health Checkup	Healthy Aging Starts Now	Doug Chamberlain talks about how people can promote healthy aging.	10/7 10/13	0329 2028	:60
Health	Family Health Checkup	Boost Your Cardio Endurance	Doug Chamberlain speaks about the benefits of aerobic exercise and gives a list of beneficial activities.	10/3 10/10 10/15	1328 1128 0928	:60
Health	Family Health Checkup	Remote Work and Life In Balance	Doug Chamberlain talks about the benefits of working at home and how to put a break between work and home time.	10/3 10/9 10/15	1128 0528 0728	:60

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Health	Family Health Checkup	Importance of Fiber	Doug Chamberlain talks about the importance of having enough fiber in your diet.	10/4 10/10 10/15	0729 0129 1228	:60
Health	Family Health Checkup	Twenty Health Hacks	Doug Chamberlain list 20 health hacks to improve your health.	10/12 10/21 10/27	1328 1428 0728	:60
Health	Family Health Checkup	Ladies, Take Care of Your Heart	Doug Chamberlain gives woman a list of things that they can do limit the likelihood of heart disease.	10/12 10/21 10/26	0531 0129 1828	:60
Health	Family Health Checkup	A Gut Feeling	Doug Chamberlain explains how good and bad bacteria effect your gut health	10/17 10/23 10/28	0928 0129 0729	:60
Health	Family Health Checkup	More Pumpkins Please!	Doug Chamberlain shares the health benefits of Pumpkins.	10/18 10/25 10/29	1329 0329 1929	:60
Health	Family Health Checkup	Six Snack Swaps	Doug Chamberlain gives six snack swaps that turns mindless snacking into a healthy snack option.	10/18 10/25 11/3	1829 0528 1329	:60
Health	Family Health Checkup	Indoor Garden	Doug Chamberlain explains how to grow fresh vegetables and herbs inside your house.	10/24 10/29 11/3	0529 2128 0529	:60
Health	Family Health Checkup	The Power of Rest	Doug Chamberlain shares the benefits of rest and taking a break from our busy schedules.	10/25 10/30 11/5	0129 0529 1928	:60
Health	Family Health Checkup	Caring for the Caregiver	Doug Chamberlain shares how to gives support to someone who is a caregiver.	10/31 11/4 11/9	0530 2237 1128	:60
Health	Family Health Checkup	How Much is Too Much?	Doug Chamberlain explains that diets need to have variety and too much of one nutrient can cause health problems.	10/30 11/5 11/9	2028 0129 0529	:60
Health	Family Health Checkup	S'more Autumn Please!	Doug Chamberlain lists many rules to stay safe when making a campfire.	10/30 11/7 11/12	2228 1329 1928	:60

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Health	Family Health Checkup	Getting Rid of Germs Fast	Doug Chamberlain encourages carrying hand sanitizer and list steps to take for it work properly.	11/9 11/16 11/23	0329 0528 0329	:60
Health	Family Health Checkup	Is Your Diet Healthy?	Doug Chamberlain lists ways to know if you are eating a healthy diet.	11/6 11/15 11/19	2228 0128 1228	:60
Health	Family Health Checkup	Tips For a Healthy Thanksgiving	Doug Chamberlain talks about how to stay healthy during thanksgiving and gives some healthy alternatives to normal menu items.	11/14 11/18 11/26	0329 1628 1429	:60
Health	Family Health Checkup	Healthy Holiday Spending	Doug Chamberlain gives tips to have a merry holiday without breaking the budget.	11/14 11/18 11/22 11/26	1129 1429 1829 1928	:60
Health	Family Health Checkup	Nutrient Deficiencies	Doug Chamberlain lists the most common nutrient deficiencies, how they affect the body and how to make sure you getting enough.	11/20 11/25 11/30	1528 1828 0728	:60
Health	Family Health Checkup	Healthy Hot Drinks	Doug Chamberlain gives alternative hot drinks that don't have too many calories.	11/21 11/25 12/4	0528 2229 0128	:60
Health	Family Health Checkup	Winter Fitness Fun	Doug Chamberlain Encourages parents to get children outside to exercise	11/30 12/5 12/9	1128 0529 1828	:60
Health	Family Health Checkup	Winter Weight Gain	Doug Chamberlain talks about weight gain during Holidays and how to keep it off.	11/28 12/2 12/7 12/10	0928 1428 1829 1929	:60
Health	Family Health Checkup	I forgive - Me	Doug Chamberlain talks about how to forgive yourself and how it affects you physically.	12/1 12/7 12/10	2329 1128 1629	:60
Health	Family Health Checkup	Don't Get Tangled in the Tinsel	Doug Chamberlain lists ways to stay safe when celebrating Christmas.	12/4 12/8 12/11 12/16	2030 0928 1329 1628	:60

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Health	Family Health Checkup	Slow Down	Doug Chamberlain shares the importance of slowing down and resting	12/5 12/8 12/11 12/16	2030 0928 1329 1628	:60
Health	Family Health Checkup	Healthy Holiday Baking	Doug Chamberlain lists food substitutes for more healthy baking.	12/14 12/19 12/23	1329 2328 0328	:60
Health	Family Health Checkup	Healthy Holiday Charcuterie Boards	Doug Chamberlain shares how to keep a Charcuterie Board healthy for your holiday parties.	12/18 12/23	0628 2228	:60
Health	Living Well	Osteoporosis	Pam Smith talks about osteoporosis and how to prevent it.	10/2 10/11 10/19	0529 1029 1528	:60
Health	Living Well	Sweet Alternatives	Pam Smith gives alternatives to cooking with sugar.	10/7 10/14	0932 1429	:60
Health	Living Well	Sweet Tooth	Pam Smith shares a tip on handling your sweet tooth.	10/6 10/18	1128 0329	:60
Health	Living Well	Overcoming Setbacks	Pam Smith gives people a license to have a short lapse in a healthy diet but encourages them to get back on track.	10/3 10/10 10/17	1829 0729 1528	:60
Health	Living Well	The Ten Worst Foods - II	Pam Smith looks at foods that work against good health.	10/3 10/9 10/15	1528 0729 2128	
Health	Living Well	Boosting HDL's	Pam Smith shares a tip on high cholesterol levels.	10/4 10/10 10/16	0329 2028 0928	:60
Health	Living Well	The Fast Food Option	Pam Smith shares how to have healthy fast food.	10/3 10/12 10/22	2227 2228 1628	
Health	Living Well	Tasty Vinaigrettes	Pam Smith shares a tip on ways to sauce up vinaigrettes.	10/13 10/20 10/27	1328 2227 1829	:60
Health	Living Well	Marvelous Muffins	Pam Smith shares a tip on the right kind of muffin for breakfast.	10/12 10/19 10/26	0329 0528 1128	:60
Health	Living Well	Forgive to Live	Pam Smith shares how forgiveness can help you heart health.	10/12 10/19 10/27	1528 0929 0128	:60

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Health	Living Well	Magnesium Magic	Pam Smith talks about how low Magnesium in your blood affects you and what to eat to gain more magnesium.	10/19 10/27 11/2	0129 1328 0129	:60
Health	Living Well	Wonderful Fish	Pam Smith talks about the importance of eating fatty fish and their health benefits.	10/16 10/21 11/4	1528 1628 0932	:60
Health	Living Well	Whole Wheat or Rye?	Pam Smith shares a tip on the difference between rye bread and whole wheat.	10/17 10/24 10/29	1128 1329 0928	:60
Health	Living Well	Energy to Sniff	Pam Smith shares a tip on what smells do to your moods and energy.	10/24 11/1 11/8 11/12	0728 2029 0129 0529	:60
Health	Living Well	Starving for Nutrition	Pam Smith shares a tip on suffering from a junk diet.	10/24 10/30 11/3	0128 0329 2227	:60
Health	Living Well	Exercise Motivation	Pam Smith shares a tip on why you should exercise.	11/1 11/7 11/13	0129 1528 0328	:60
Health	Living Well	The Top Six	Pam Smith talks about improving your vegetable choices to improve your health	10/31 11/14 11/22	1129 0928 0528	:60
Health	Living Well	Healthy Holidays – III	Pam Smith encourages people not to worry about one lapse in diets but to continue to eat right after the slip.	10/31 11/7 11/11	2228 0928 0528	:60
Health	Living Well	Healthy Holidays – II	Pam Smith talks about saying no to unhealthy eating even when others are encouraging you to eat unhealthily.	11/7 11/12 11/17	0728 1229 0928	:60
Health	Living Well	Giving and Receiving	Pam Smith shares that people that are more giving and caring for others tend to be healthier.	11/6 11/15 11/21	2029 0928 0329	:60
Health	Living Well	Brain Food	Pam Smith talks about how your diet can boost your mental health.	11/14 11/20 11/23	2028 0928 1128	:60
Health	Living Well	Holiday Happiness	Pam Smith Talks about expectations and how they can let you down and don't expect constant feasting and company, but plan for times of rest.	11/16 11/27 11/30 12/4	0930 0929 1328 0729	:60

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Health	Living Well	Time Release Capsule	Pam Smith talks about the importance of whole grain foods and how they keep you full longer and improve your health.	11/21 11/24 11/29	1130 1528 1329	:60
Health	Living Well	Holiday Survival 101	Pam Smith talk about not starving before a big party but eating the right food at the right times could help you avoid eating too much unhealthy food.	11/24 12/2	0928 0930	:60
Health	Living Well	I Hate to Cook Guide	Pam Smith talks about planning ahead to plan dinners and not having to run to the store all the time, which lowers frustration.	11/30 12/3 12/6 12/10	0128 1828 2028 0728	:60
Health	Living Well	My Quickest Meals	Pam Smith talks about being busy and how to cook a healthy meal in a brief time.	11/29 12/2 12/6 12/9	2328 1928 1128 0728	:60
Health	Living Well	The Pill Bonanza	Pam Smith talks about pills claim and how they stack up to reality, healthy eating is better.	12/1 12/8 12/12	0329 0528 0528	:60
Health	Living Well	Blood Pressure	Pam Smith lists food that can affect blood pressure both good and bad.	12/7 12/17	0728 1629	:60
Health	Living Well	May Cause Drowsiness	Pam Smith lists things that sap your energy including sleeping pills and medications	12/4 12/9 12/11 12/16	2328 0528 2029 1429	:60
Health	Living Well	Energy to Exercise	Pam Smith talks about exercise and how it can boost your energy.	12/15 12/21 12/27	1830 0328 0729	:60
Health	Living Well	Zinc Sense	Pam Smith talks about zinc deficiency and how important zinc is for a person's health.	12/12 12/15 12/19 12/23 12/28	1529 0628 1329 1429 0729	:60
Health	Living Well	Water Exercise	Pam Smith shares how exercising in the water can be fun and better for your body.	12/19 12/22 12/29	0128 0729 0728	:60
Financial	My Money Life	Love God – Not Money	Chuck Bentley warns of the dangers loving money and encourages setting our heart on God instead.	10/2	1314 2315	1:55



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Financial	My Money Life	Single Moms Need Community	Chuck Bentley encourages people in churches to help single moms and give them the help a community or believers can give.	10/5	1314 2315	1:55
Financial	My Money Life	Resolve to Stop Borrowing	Chuck Bentley encourages people to stop borrowing money because it only enslaves you to the lender and prevents the opportunity of experiencing God's provision.	10/9	1314 2315	1:55
Financial	My Money Life	Economic Value of Community	Chuck Bentley shares the benefits of having trusted people around you to help you make wise decision when facing financial challenges.	10/11	1314 2314	1:55
Financial	My Money Life	How to Save Money on Dental Care	Chuck Bentley shares how getting a routine dental checkup could save money and explains ways to pay for this checkup.	10/13	1314 2315	1:55
Financial	My Money Life	Give Like the Macedonians	Chuck Bentley encourages believers to give of what God has given them and experience the joy of giving to God.	10/17	1314 2315	1:55
Financial	My Money Life	Be Encouraged! You Can Become a Planner	Chuck Bentley shares Biblical examples of planning for the future and getting good advice so your plans can succeed.	10/19	1315 2315	1:55
Financial	My Money Life	Challenge to Cut Your Food Bill	Chuck Bentley encourages saving money on groceries for a week by eating from just what you have on hand.	10/25	1314 2314	1:55
Financial	My Money Life	Love Your Neighbor	Chuck Bentley shows how loving others leads to good business practices and is beneficial to the whole community.	10/27	1314 2315	1:55
Financial	My Money Life	Swedish Death Cleaning	Chuck Bentley shares about a method of decluttering that gets rid of anything that is unnecessary so your family has less to deal with at your death.	10/31	1315 2314	1:55
Financial	My Money Life	The Heart of a Steward	Chuck Bentley encourages putting your focus on God who gives you the money that you have and don't start loving the money.	11/02	1315 2314	1:55

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Financial	My Money Life	Prioritize Giving	Chuck Bentley encourages setting aside some of the money you receive for giving first and then some for saving before anything gets spent.	11/06	1315 2315	1:55
Financial	My Money Life	Find True Financial Freedom	True financial freedom comes when we realize that all we have belongs to God and we are just managers for him.	11/08	1314 2315	1:55
Financial	My Money Life	Crazy Money! Lottery Losers	Chuck Bentley shows how winning the lottery often leads the person back into financial problems. It is better to learn to be faithful with what you have and trust God.	11/10	1315 2314	1:55
Financial	My Money Life	How to Prepare for Gray Swans – Part 1	Chuck Bentley lists steps to take to be prepared for a financial storm.	11/14	1314 2315	1:55
Financial	My Money Life	Selling a Home During the Holidays	During the holiday season less homes are on the market so decorate your home for Christmas and create a warm atmosphere to encourage buyers.	11/16	1314 2315	1:55
Financial	My Money Life	Your True Identity	Your business card shows only your temporary identity, but your belief in God and identity in Him is eternal.	11/20	1315 2315	1:55
Financial	My Money Life	The Basics of Financial Literacy for Families	Chuck Bentley reminds people that God owns everything and we should use our money wisely through a budget and wise spending habits.	11/22	1314 2315	1:55
Financial	My Money Life	Crazy Money! Ebay Shoppers	Chuck Bentley shares how to control your holiday spending so you can stay out of debt and still have a memorable Christmas.	11/24	1314 2315	1:55
Financial	My Money Life	It's a Wonderful Life	Chuck Bentley shows how the movie "It's a Wonderful Life" show two competing financial worldviews and challenges people to think about if they are a miser or a giver.	11/28	1315 2315	1:55

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Financial	My Money Life	Debt-Free Holidays	Chuck Bentley discusses ways that you can stay on budget and still give meaningful presents to family and friends.	11/30	1315 2315	1:55
Financial	My Money Life	For Financial Self-Control, Use a Budget	Chuck Bentley shares how having a budget can help you control your spending.	12/4	1315 2315	1:55
Financial	My Money Life	The Heart of a Steward	Chuck Bentley reminds Christians that all we have is from God and gives practical ways to live this truth out.	12/6	1315 2315	1:55
Financial	My Money Life	Crazy Money! Integrity Protects and Honors God	Chuck Bentley points out the security that comes from honesty and how the crooked will be found out.	12/8	1315 2315	1:55
Financial	My Money Life	Don't Be Anxious	Chuck Bentley gives practical advice on how to turn over your finances to God and move forward with a commitment to be debt free.	12/12	1315 2315	1:55
Financial	My Money Life	Don't Threaten to Quit	Chuck Bentley encourages employee to not threaten to quit, but to work hard at their job and be loyal or find a job that better fits your talents.	12/14	1314 2315	1:55
Financial	My Money Life	Check Your Credit Report	Chuck Bentley encourages doing a yearly credit check to make sure you haven't been effected by fraud.	12/18	1314 2315	1:55
Financial	My Money Life	Greed Corrupts	Chuck Bentley shows how putting money first can mess up your life and relationships.	12/20	1315 2315	1:55
Financial	My Money Life	Crazy Money! A thoroughbred and Trust	Chuck Bentley asks if we trust God with our finances and encourages confessing our money mismanagement and turn to God for help.	12/22	1315 2314	1:55
Financial	My Money Life	Resolve to Improve Your Finances	Chuck Bentley encourages making a financial New Year Resolution and gives tips on how to succeed at keeping it.	12/26	1315 2315	1:55
Financial	My Money Life	Pros and Cons of Store Credit Cards	Chuck Bentley lists the reasons for and against getting a store credit card.	12/28	1314 2315	1:55

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Legal Advice	Legal Alert	The Supreme Court of the United States Protects Your Rights at Work	David Gibbs shares how a recent court case requires businesses to show substantial financial hardship in order to deny a religious accommodation to an employee.	10/3	0016 0915 2014	1:29
Legal Advice	Legal Alert	Employers Regulate Offensive Clothing in the Workplace?	David Gibbs shares how making policy that discriminates against a person's faith is prohibited, but requiring everyone to wear neutral clothing is fine.	10/5	0015 0915 2014	1:29
Legal Advice	Legal Alert	Working on Sundays	David Gibbs shares how the case of Gerard Groff made it easier for Christian to get an accommodation to not work on Sundays.	10/9	0015 0915 2014	1:29
Legal Advice	Legal Alert	Religious Liberty Battle	David Gibbs shares how the law has been strengthened so that Christians do not have to work on Sundays.	10/11	0015 0914 2015	1:29
Legal Advice	Legal Alert	State Department of Labor may save you money.	David Gibbs shares how to obtain required labor posters for you organization.	10/13	0014 0915 2015	1:29
Legal Advice	Legal Alert	The fight to end abortion isn't done.	David Gibbs shares of a court case about the availability of a dangerous abortion pill that could kill not only the baby but also the mother.	10/19	0014 0915 2015	1:29
Legal Advice	Legal Alert	Celebrate the victories while continuing the fight for Religious Liberties.	David Gibbs shares a law that prohibits obscene material being purchased and displaying certain materials near children's areas at libraries in Missouri.	10/23	0014 0914 2015	1:29
Legal Advice	Legal Alert	Children's Safety in Public Bathrooms	David Gibbs shares how stands of schools to allow transgender students to use bathrooms of their choice could pose risks for children.	10/25	0015 0914 2015	1:29
Legal Advice	Legal Alert	Praying at Public School	David Gibbs shares how a child has every right to pray at the public school.	10/27	0015 0914 2015	1:29

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Legal Advice	Legal Alert	A Man in the Lady's Bathroom	David Gibbs shares how a woman can uphold her dignity and beliefs when dealing with men using the women's restroom.	10/31	0015 0914 2015	1:29
Legal Advice	Legal Alert	A Camera as a Second Nursery Worker	David Gibbs explains that it is better to not have a nursery then to not have two workers at all times for the safety of the children.	11/02	0015 0915 2015	1:29
Legal Advice	Legal Alert	Can Businesses regulate offensive clothing?	David Gibbs shares how you can't discriminate against religious images on clothing but you can require all people to wear neutral uniforms.	11/06	0015 0915 2014	1:29
Legal Advice	Legal Alert	Can churches contribute to political candidates.	David Gibbs shares how churches cannot use their money to give to political candidates.	11/08	0015 0914 2014	1:29
Legal Advice	Legal Alert	5% rule for churches	David Gibbs shares how churches cannot endorse a candidate, but can use 5% of resources to influence legislation.	11/10	0014 0914 2015	1:29
Legal Advice	Legal Alert	Church Legal Documents Up to Date	David Gibbs speaks about the importance of keeping church documents up to date to stay legal.	11/14	0015 0915 2315	1:29
Legal Advice	Legal Alert	Camera as Second Nursery Worker	David Gibbs shares how even in a small church it is important to have two workers to avoid safety issues.	11/16	0015 0914 2315	1:29
Legal Advice	Legal Alert	Church Giving All of Its Money to Its Members	David Gibbs warns that non-profits like churches cannot distribute their resources to their members if they shut down.	11/20	0014 0915 2015	1:29
Legal Advice	Legal Alert	Rewriting Church Bi-laws	David Gibbs shares how churches need to keep their bi-laws up to date and voting procedures need to be followed during the process.	11/22	0014 0914 2015	1:29
Legal Advice	Legal Alert	Exemption for copyrighted song in Church Service?	David Gibbs shares how there are copyright exceptions for churches but not if a service is broadcast on the internet.	11/24	0015 0914 2015	1:29
Legal Advice	Legal Alert	Handing Christian Literature at the Library	David Gibbs shares how if a library doesn't allow everyone to hand out literature they have the right to limit distribution.	11/28	0015 0915 2015	1:29

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Legal Advice	Legal Alert	Baptismal Consent Forms for Children	David Gibbs Recommends that the church should have baptismal forms signed by parents before they baptize children.	11/30	0015 0915 2015	1:29
Legal Advice	Legal Alert	No Good Deed Goes Unpunished	David Gibbs talks about being legally liable even if you are doing work for free.	12/4	0015 0915 2015	1:29
Legal Advice	Legal Alert	Rules of Road for Pastor's New Truck	David Gibbs shares of a church buying a car for the pastor and since it was in the pastor's name the cost would be taxable.	12/6	0015 0915 2015	1:29
Legal Advice	Legal Alert	Power of Attorney across State Lines	David Gibbs Shares how a Power of Attorney should be created in the state of residence.	12/8	0015 0915 2015	1:29
Legal Advice	Legal Alert	Christians Fired from Place of Employment	David Gibbs shares how Christians should handle being fired when they think it was because of their faith.	12/12	0015 0915 2015	1:29
Legal Advice	Legal Alert	Ministry Caution with Outside Facility Use	David Gibbs warns that opening facilities to outside use could backfire and the legal documents that should be in place.	12/14	0015 0915 2015	1:29
Legal Advice	Legal Alert	Paper versus Electronic Records	David Gibbs shares that paper and electronic records need to be kept for the same amount of time.	12/18	0015 0914 2015	1:29
Legal Advice	Legal Alert	Church Sued for Helping in People's Homes?	David Gibbs talks about liability form need to be signed for all volunteers and the people who are receiving the help when work is done.	12/20	0015 0915 2014	1:29
Legal Advice	Legal Alert	Church Bi-laws	David Gibbs shares how specific churches need to be when dealing with member discipline.	12/22	0015 0915 2015	1:29
Legal Advice	Legal Alert	No Margin for Error	David Gibbs shares the importance of background checks in ministries even though it is expensive.	12/26	0015 0914 2015	1:29
Legal Advice	Legal Alert	Do churches need to be incorporated?	David Gibbs talks about the benefits and liabilities of churches being incorporated.	12/28	0015 0915 2015	1:29
Family	Parent Minute	I'm not a built-in babysitter.	Greg Yoder speaks to parents about disciplining their kids when visiting family and encouraging right behavior instead of thinking the grandparents will do it.	10/6 10/14	0129 2234	:60

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Family	Parent Minute	My daughter is so depressed. What do I do?	Greg Yoder talks about depression and encourages people who tend to be depressed to get help and stay in God's Word.	10/2 10/10	1328 0529	:60
Family	Parent Minute	My kid's always in trouble!	Greg Yoder talks about the difference between discipline and punishment and encourages parents to give a way of redemption to their children.	10/6 10/14	2029 0528	:60
Family	Parent Minute	I'm not a parent, but I love kids!	Greg Yoder encourages people who don't have kids to be involved in children's lives in their church and family to encourage them to grow in Christ.	10/14 10/21	1928 0528	:60
Family	Parent Minute	Racism can tear a community apart.	Greg Yoder talks about appreciating different cultures and teaching our children that we're all one race that points back to Adam and Eve.	10/4 10/10 10/15	1328 1529 1428	:60
Family	Parent Minute	Tattoos are in – I want one.	Greg Yoder talks about the permanence of tattoos and how it can negatively effect your live in years to come.	10/5 10/13 10/19	1328 0329 1328	:60
Family	Parent Minute	My kids told me they're divorcing.	Greg Yoder tells of a friend who went through many trials in a short time and still trusts in God. Parents need to set the example of trusting God no matter what happens.	10/12 10/22 10/31	1828 0728 1329	:60
Family	Parent Minute	Four kids in sports? What am I going to do?	Greg Yoder shares how to keep your family time even when busy with many sporting event that your kids are participating in.	10/11 10/20 10/27	1528 2029 0329	:60
Family	Parent Minute	My youngest still isn't talking.	Greg Yoder shares how sometimes the youngest doesn't talk much because the older children speak for her.	10/14 10/20 11/3	0728 1129 1129	:60
Family	Parent Minute	The problems are fewer, but they're bigger.	When your children are grown the problems don't disappear, cry with them, love them and point them to Jesus.	10/20 10/27 11/2	0929 2029 0329	:60

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Family	Parent Minute	I just found out my kid's a cheater.	Greg Yoder reminds parents that although we teach our children to do right, they are little sinners and need Christ to help them do what is right.	10/17 10/21 10/27	0528 2233 0528	:60
Family	Parent Minute	What's our parental mission statement?	Greg Yoder shares how most people come to Christ when they are children and pointing our children to God should be our mission.	10/19 10/29 11/4	2029 1628 1629	:60
Family	Parent Minute	Stay away from evil; hold on to what's good.	Greg Yoder point out the danger of pointing out people's fault and not seeking a way to reach them for Christ.	10/29 11/3 11/10	0528 0729 0329	:60
Family	Parent Minute	How do I help m kids process the news?	Greg Yoder speaks about how every news service has some kind of bias and how you should find a trusted source, but question the truth and research it for yourself.	10/25 10/5 11/11	0731 1230 1128	:60
Family	Parent Minute	It's a free country. I can say what I want!	Greg Yoder shares how we have free speech, but we should use our words wisely with gentle, gracious and encouraging words.	10/25 11/1 11/9	2030 1829 1830	:60
Family	Parent Minute	My daughter is so negative – how do I fix it?	Greg Yoder encourages parents to teach their children to speak positively about people and not tear them down.	10/30 11/5 11/10	1331 2128 1328	:60
Family	Parent Minute	My kids keep coming back – what do I do?	Greg Yoder talks about setting up guidelines when letting your kids return home because of financial problems.	10/31 11/4 11/11	0329 1428 1628	:60
Family	Parent Minute	My kids would die without their cell phones.	Greg Yoder encourages parents to set boundaries on phone usage to promote healthy social interaction.	11/7 11/11 11/16 11/20	2029 1428 0128 0329	:60
Family	Parent Minute	There's just no respect	Greg Yoder encourages parents to treat their children with respect before expecting respect from them.	11/9 11/15 11/23	1330 0529 2228	:60
Family	Parent Minute	I hope you support the LGBT	Greg Yoder encourages loving people no matter their sin, while not condoning what they are doing that is wrong.	11/8 11/12 11/18	1829 1629 0129	:60



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Family	Parent Minute	My kids have graduated. Now what?	Greg Yoder talks about how parents should let their children make their future plans while encouraging them to serve God.	11/13 11/17 11/23	2029 0328 0129	:60
Family	Parent Minute	Chores or no chores?	Children need the responsibility of chores to teach them a good work ethic.	11/18 11/22 11/25	0930 2228 1929	:60
Family	Parent Minute	My little kids are afraid of disabled kids.	Greg Yoder shares how to teach your children to interact with disabled children and how it can benefit the children and their parents.	11/19 11/24 12/2	0728 0529 1829	:60
Family	Parent Minute	Giving Tuesday, are you participating?	Greg Yoder shares how parents should set the example of giving to other for their children to correct our children's sense of entitlement.	11/23 11/27 12/2	0928 2029 0329	:60
Family	Parent Minute	Why do you think I'm going to buy you everything?	Greg Yoder encourages parents to not buy everything for their kids, but have them do chores and pay them so they can buy things they want.	11/20 11/23 11/27 12/1	1328 1529 0629 0728	:60
Family	Parent Minute	I LOVE spoiling my grandkids.	Greg Yoder talks to grandparents about spoiling their grandkids without undermining their relationship with their children.	11/29 12/2 12/7 12/11	1128 1628 0128 0528	:60
Family	Parent Minute	Keeping Christ in Christmas can be a challenge.	Greg Yoder shares some of his family traditions that point to Christ and encourages people to make their own.	11/30 12/5 12/8	0928 1828 1129	:60
Family	Parent Minute	It always looks better on TV.	Kids need to learn that what they see on TV isn't always as good in person. Gift giving at Christmas shouldn't get in the way of remember the Christ of Christmas.	11/28 12/3 12/6 12/9	1128 0128 1828 2229	:60
Family	Parent Minute	I don't want to sing in the Christmas program!	Greg Yoder gives advice on how to encourage children who don't enjoy being in front of an audience by explaining to them why they sing.	12/5 12/11 12/15	1528 0628 1129	:60
Family	Parent Minute	Don't look at me. DON'T!	Greg Yoder warns of posting embarrassing Christmas program blunders on social media and gives ways to encourage kids who are afraid of performing in public.	12/4 12/9 12/14	1528 1429 2028	:60

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Family	Parent Minute	I just need a break!	Greg Yoder encourages taking a day for the family to just rest and enjoy time together.	12/5 12/13 12/17	0730 0729 0929	:60
Family	Parent Minute	Keeping Christ in Christmas	Greg Yoder shares how his family has traditions that keep their family focused on Christ during Christmas.	12/13 12/16 12/20 12/24	1329 2229 1828 0128	:60
Family	Parent Minute	My kids are asking for so much this Christmas!	Greg Yoder shares ways that we can help our children be more selfless and giving during the Christmas season.	12/14 12/20	0329 0128	:60
Family	Parent Minute	Screen time – What’s too much?	Greg Yoder lists how much screen time is advised for each age group by the American Academy of Pediatrics.	12/13 12/16 12/20 12/24	0628 1928 0929 0729	:60
Family	Parent Minute	Proactive Christmas vacation for the kids.	Greg Yoder shares ways to keep kids busy during the Christmas break and promote time together as a family.	12/20 12/24 12/27	2329 0528 1828	:60
Family	Parent Minute	If I don’t, it won’t!	Greg Yoder encourages driven people to take time to rest and recharge so their body doesn’t force them to later.	12/19 12/26	0729 2329	:60
Family and Marriage	Building Great Leaders	The Spirit of Marriage	Dr. Les Ollila lists attitude that cause problems in a marriage: resistance to a husbands will, ingratitude and an unfavorable comparison to others. A spirit filled husband will avoid the attitudes that destroy a marriage.	10/16	1129 1933	28:00
Family and Marriage	Building Great Leaders	Tools That Build Relationships	Dr. Les Ollila expresses how relationships break-up because someone has been irresponsible and someone has been unrestrained. The Bible shows many responsibilities of husbands and wives. There is a focus on abstinence before marriage to start the relationship on the right foundation.	10/26	1129 1929	28:00

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Family and Marriage	Building Great Leaders	5 Keys to Communication	Dr. Les Ollila shares 5 keys to build the husband and wife relationship. First very important key is time together. Second is learning about the other person and their needs. Third the man needs to show his wife honor and tenderness. The last two are leading and laughing.	11/14	1130 1932	28:00
Family and Marriage	Building Great Leaders	Marriage in Genesis	Dr. Les Ollila shares the foundation of marriage that is found in Genesis. The importance of leaving all others and cleaving to your spouse. Love is an act of the will and staying married is also.	12/07	1129 1929	28:00
Family and Marriage	Building Great Leaders	The Spirit-filled Wife	Dr. Les Ollila Talks about the need for submission of the wife in marriage. The husband is the leader and the wife is in the position of honor and protection.	12/26	1130 1930	28:00
Family and Marriage	Harvest Echoes	7 Marks of a Growing Family	Curt Lamansky goes through the 7 marks of a family growing in Christ likeness: faith, virtue, knowledge, self-control, patience, godliness, brotherly-kindness, love.	10/5	0829 1829	28:00
Family and Marriage	Harvest Echoes	How to Make a Great Family	Jeff Kahl shares from scripture how parents can have a great family. First, put God first and have a genuine love for him. Then, Parents need to take responsibility for their training and spend quality time the them. Finally, parents need to model how to live right and show their children that they love God.	12/5	0830 1829	28:00

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Family and Marriage	Harvest Echoes	Rules for Relationships	Steve Pettit shares how to have good relationships from Ephesians 4:25-32. First, we should tell the truth to one to another. We need to overcome our anger before the day ends because it is dangerous to let it fester. Believer need to work hard so they have what they need and enough to give to others. We need to control our tongue and use it to build others up. Finally remember to forgive and be kind.	12/8	0829 1831	28:00
Education	HBC Worship Service	From the Pain of the Cross to the Promise of Paradise.	Larry Nagengast shares about the thief on the cross next to Jesus who started out reviling him, but soon came to believe in him and died knowing he would be in heaven with Jesus.	10/28	1205 2106	32:50
Education	HBC Worship Service	Failing to Honor God's Day Part 1	Gary Walton speaks about the history of the Sabbath and how Christian should honor God on Sundays.	11/11	1205 2105	56:12
Education	HBC Worship Service	Cheapening the Value of Life	Gary Walton shares how the Bible puts value on human life, people are created in the image of God and life has meaning.	11/25	1205 2105	56:08
Education	HBC Worship Service	What do you do when you feel like God has let you down?	Gary Walton speaks about trusting God even when circumstance look bad because God has a plan and He will bring it to pass.	12/23	1205 2105	55:22