

RADIO COMMUNITY ISSUES – PROGRAMS REPORT

CURVAS PELIGROSAS

ENTRAVISION HOLDINGS, LLC
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SANTA MONICA, CA 90404 4030

QUARTER 2, 2016

April 1, 2015 – June 30, 2016

APRIL

Issue: Health

Program: Luz Maria Briseño

Monday April 4, 2016 1:05pm

Description:

Luz Maria Briseño talked about protein foods, how to identify the different kinds of proteins, she talked about the difference between good and refined carbs. She also explained how adolescents should eat to stay healthy.

Issue: Health

Program: Luz Maria Briseño

Thursday April 14, 2016 1:10pm

Description:

Luz Maria spoke about high blood pressure, the consequences of taking medication for this condition and what a person suffering from this disease should do to regulate the blood pressure and how it is possible by following a healthy lifestyle.

Issue: Health

Program: Luz Maria Briseño

Tuesday April 19, 2016 1:05pm

Description:

Luz Maria talked about the benefits of coffee. Coffee contains antioxidants that are helpful to prevent the oxidation of the cells. She also spoke about food items that elevate the glucose level in the blood.

Issue: Health

Program: Luz Maria Briseño

Tuesday April 20, 2016 at 1:05pm

Description:

Luz Maria gave information about a soccer program for kids between the ages 8-16 available in Pomona. She explained the importance of enrolling our kids in this type of activities to help maintain a healthy body.

Apnea

Issue: Health

Program: Luz Maria Briseño

Thursday April 28, 2016 1:10pm

Description:

Luz Maria explained what Apnea is, the consequences and how it can be treated. She said a person suffering from this condition can get better with a healthy lifestyle.

MAY

Issue: Health

Program: Luz Maria Briseño

Monday May 2, 2016 1:15pm

Description:

Luz Maria Briseño had a guest over the phone. Her name is Amanda; she is part of the health club (fans of Luz Maria Briseño) in the Inland Empire. Amanda spoke about her experience in eating healthier based on Luz Maria's advice.

Issue: Health

Program: Luz Maria Briseño

Friday May 6, 2016 1:10pm

Description:

Luz Maria talked about the benefits of exercising, not only to keep in shape, but to be healthy. Exercise keeps our joints healthy. She said a person should start slow, like walking for 15 minutes, then little by little increment the time.

Issue: Health

Program: Luz Maria Briseño

Tuesday May 10, 2016 1:30pm

Description:

Luz Maria talked about cancer. She mentioned the three cancer types that affects men the most, which are; prostate, lung, and colon. She said women are more affected by breast, colon and lung cancers. Cancer can be caused by eating too much artificial colors in food, radiation, and having too much acidity on the body.

Issue: Health

Program: Luz Maria Briseño

Wednesday April 18, 2016 at 1:10pm

Description:

Luz Maria talked about obesity. She explained that people 7-10 pounds overweight around the waist are in higher risk of having a heart attack. She talked about prostate problems and the type of healthy foods that can help prevent them.

Issue: Health

Program: Luz Maria Briseño

Thursday May 26, 2016 1:10pm

Description:

Luz Maria explained what foods infants should eat. She mentioned a list of foods that mothers should not give to their babies and what they should consume depending on their age.

JUNE

ISSUE: HEALTH

PROGRAM: Luz Maria Briseño

Tuesday June 7th, 2016 1:02pm

Description:

Luz Maria spoke about how important it is for people suffering from cancer to change their eating habits to healthy ones. And the important role good nutrition and a healthy lifestyle make in the battle against cancer, and even prevent cancer.

ISSUE: HEALTH

PROGRAM: Luz Maria Briseño

Tuesday June 15th, 2016 1:08pm

Description:

Luz Maria speaks of how the latin community is being diagnosed with diabetes at an alarming rate and how cutting back on traditional foods can help bring that rate down.

ISSUE: HEALTH

PROGRAM: Luz Maria Briseño

Tuesday June 22nd, 2016 1:05pm

Description:

Luz Maria speaks of different types of home tricks for skin exfoliation. She elaborates how some home remedies can help with acne breakouts and help with the overall aging to the skin.

ISSUE: HEALTH

PROGRAM: Luz Maria Briseño

Tuesday June 28th, 2016 1:11pm

Description:

Luz goes in depth about dialysis. She explains how each day more and more Hispanics are being diagnosed with kidney problems and by doing the littlest thing like drinking plenty of water and cutting back on alcohol consumption, you can help your kidney stay healthy.