

#### PROGRAMS LIST

#### 4<sup>th</sup> Quarter

#### October 2021

#### Family Talk

10/01/21

4:30 AM

30 MIN

**Becoming the Couple You Long to Be (Part 2)-** As children, we often listened to fairy tales in which it was Prince Charming's job to sweep the heroine off her feet and "live happily ever after." But what happens if the prince fails? On today's edition of Family Talk, Rhonda Stoppe (pronounced STOP-ee), Christian author of The Marriage Mentor, says the key to a successful marriage is to find your worth in Christ first. Our prayer should echo Psalm 139. "Search me, O God, and know my heart. Know my anxious thoughts and see if there's any wicked way in me."

#### Focus on the Family

10/01/21	8:00 PM	30 MIN

**Hope and Renewal for Our Pastors-** Pastoral couples face unique challenges that many of us don't realize or understand. On this broadcast, a panel of guests, made up of two former pastoral couples, helps identify those challenges, and describes the restorative work they perform.

#### Family Talk

10/04/21	4:30 AM	30 MIN
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Helping Your Child Develop a Healthy Self-Esteem (Part 1)- Dr. Tim Clinton interviews Dr. Gary Sibcy. The two urge parents to help their children develop a healthy self-esteem by showing them how to manage the childhood stresses of teasing, peer pressure, and rejection as they grow up. As you lovingly encourage your kids to rely on Christ, they can develop a sound, true view of God and themselves.

#### Focus on the Family

10/04/21	8:00 PM	30 MIN
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**When God Gives You a Second Chance (Part 1)-** Humorist Ken Davis shares insights from the biblical story of Jonah to encourage Christians to listen for God's voice and follow in the direction He leads.

10/05/21	4:30 AM	30 MIN
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**Helping Your Child Develop a Healthy Self-Esteem (Part 2)-** Dr. Tim Clinton interviews Dr. Gary Sibcy. The two urge parents to help their children develop a healthy self-esteem by showing them how to manage the childhood stresses of teasing, peer pressure, and rejection as they grow up. As you lovingly encourage your kids to rely on Christ, they can develop a sound, true view of God and themselves.

Focus on the Family	cus on the Family
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10/05/21	8:00 PM	30 MIN
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**When God Gives You a Second Chance (Part 2)-** Humorist Ken Davis shares insights from the biblical story of Jonah to encourage Christians to listen for God's voice and follow in the direction He leads.

<u>Family Talk</u>		
10/06/21	4:30 AM	30 MIN

Love Like You've Never Been Hurt - Hope, Healing and the Power of an Open Heart (Part 1)- Jentezen (pronounced JEN-sen) Franklin, a "preacher's kid," went down the wrong path in high school like so many youngsters do. After hearing a sermon from a Trinidad missionary, he started his adult walk with the Lord. On today's edition of Family Talk, Dr. Dobson and Franklin, a pastor in Gainesville, Georgia, discuss the power that God's love has to transform hearts, heal brokenness in the face of crisis, and bring restoration.

#### Focus on the Family

10/06/21		
10/06/21	8:00 PM	30 MIN
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**Helping Your Child Build a Lifelong Faith-** In a discussion based on their book Resilient, Valerie Bell and Matt Markins equip parents to raise kids who are resilient disciples for Christ who won't give up their faith in the face of cultural pressure.

	Family Talk	
10/07/21	4:30 AM	30 MIN

Love Like You've Never Been Hurt - Hope, Healing and the Power of an Open Heart (Part 2)- Jentezen (pronounced JEN-sen) Franklin, a "preacher's kid," went down the wrong path in high school like so many youngsters do. After hearing a sermon from a Trinidad missionary, he started his adult walk with the Lord. On today's edition of Family Talk, Dr. Dobson and Franklin, a pastor in Gainesville, Georgia, discuss the power that God's love has to transform hearts, heal brokenness in the face of crisis, and bring restoration.

10/07/21	8:00 PM	30 MIN
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**Breathe Spiritual Life Into Your Marriage (Part 1)-** Gary Thomas encourages married couples to seek selflessness and spiritual purpose for their relationship in a discussion based on his book A Lifelong Love: Discovering How Intimacy With God Breathes Passion Into Your Marriage.

#### **Family Talk**

10/08/21 4:3	0 AM	30 MIN
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An Honest Conversation about Breast Cancer Awareness- In December 2020, Shaunti Feldhahn was diagnosed with stage one breast cancer. Having just written a 60-day devotional entitled Find Joy, she learned the importance of personally practicing gratitude. On today's Family Talk, Shaunti explains when she was gripped by raw fear over yet another biopsy, she thanked God for the advance of medicine. She was also genuinely grateful for and energized by the presence of her friends who reached out. Shaunti's trial affirmed God's goodness and faithfulness in her life.

#### Focus on the Family

10/08/21	8:00 PM	30 MIN
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#### **Family Talk**

10/11/21	4:30 AM	30 MIN
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Let's Talk about What's Right with America (Part 1)- Former U.S. Congressman and Dobson Institute advisory board member Bob McEwen declares that there were two great events in world history. First, Jesus Christ made the ultimate sacrifice by dying on the cross for our sins. And second, on July 4, 1776, America was born as an independent nation. Despite the obvious lines of division that exist in our country today, we must remain faithful to the principles that built this great nation. It was founded in liberty and has become a lighthouse to the world for the gospel and for truth.

#### Focus on the Family

10/11/21	8:00 PM	30 MIN

**Fasting for a Financially Fit Future (Part 1)-** In a discussion based on her book The 21-Day Financial Fast, Michelle Singletary offers expert guidance for managing your money wisely so that you'll experience financial freedom and peace.

10/12/21	4:30 AM	30 MIN
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#### Family Talk

10/13/21 4:30 AM 30 I
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**Biblical Romance: The Design for Intimacy (Part 1)-** Tommy Nelson is the senior pastor of Denton Bible Church, located in Denton, Texas. He graduated from the University of North Texas with a Bachelor of Education and received his Master in Biblical Studies from Dallas Theological Seminary. He is a bestselling author of several books including, A Life Well Lived, The Book of Romance, The Big Picture, and Walking on Water. Tommy and his wife, Teresa, live in Texas and have two adult sons.

#### Focus on the Family

10/13/21	8:00 PM	30 MIN
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**Finding God's Healing for Sexual Brokenness (Part 1)-** Sy Rogers describes how his childhood was marked by devastation and loss, which led to homosexual promiscuity and a brush with transgenderism during his teen and early adult years. He explains how his life has been transformed by God, and offers parents guidance for protecting their children against harmful cultural influences.

#### Family Talk

10/14/21 4:30 AM 30 MIN

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#### **Family Talk**

10/15/21	4:30 AM	30 MIN

**Be Anxious for Nothing: The Anxiety Reset-** Did you know that, according to the American Psychological Association, 25% of Americans experienced an anxiety disorder over the past year? On today's edition of Family Talk, Dr. Tim Clinton and Dr. Gregory Jantz, author of The Anxiety Reset, analyze the avenues of anxiety and its treatment. 2 Timothy 1:7 says, "For God has not given us a spirit of fear, but of power and of love and of a sound mind." Dr. Jantz poses the question, "What do I need to do today to build that sound mind?"

#### Focus on the Family

**Keeping Your Family Healthy-** Dr. Scott James offers a three-step approach for how families can integrate biblical truth and faith with their health and well-being. He also offers some general health tips and encouragement for those struggling with fear in the face of trying circumstances.

# Family Talk 10/18/21 4:30 AM 30 MIN

**Sexuality and Singles (Part 1)-** On today's edition of Family Talk, the late Elisabeth Elliot, author of Passion and Purity, claims that too many self-professing Christian singles are having premarital sex. While they profess Jesus to be their Savior, they have rejected the authority of His Lordship. Despite the fact that First Corinthians 6:18 says, "Flee sexual immorality," some Christian singles feel it's optional whether they obey or not. Elliot insists that if you want to be Christ's disciple, then you must give up your rights, take up your cross, and follow Him.

#### Focus on the Family

**Raising Sons to be Honorable Men (Part 1)-** Author and speaker Robert Lewis offers advice and encouragement to dads in a discussion based on his best-selling book Raising a Modern-Day Knight: A Father's Role in Guiding His Son to Authentic Manhood.

10/19/21	4:30 AM	30 MIN
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10/19/21	8:00 PM	30 MIN
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#### Family Talk

**Preventing Teen Suicide: Kids in Crisis-** Dr. James Dobson and Dr. Tim Clinton, president of the American Association of Christian Counselors, alert parents to the warning signs in their teens' behavior and recommend how best to respond. The key is to connect; talk with your son or daughter, communicate your unconditional love and get the help that he or she needs.

#### Focus on the Family

10/20/21	8:00 PM	30 MIN
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**Friends Helping Friends: Identifying Abuse in Marriage-** Darby Strickland offers listeners guidance from her book Is It Abuse?: A Biblical Guide to Identifying Domestic Abuse and Helping Victims.

## <u>Family Talk</u> 10/21/21 4:30 AM 30 MIN

**Crisis Point: Youth Suicide – Addressing Our Kids Mental Well-Being (Part 1)-** Dr. Tim Clinton and Jennifer Cisney-Ellers, a professional counselor and crisis response trainer, explain that due to the pandemic, many youths experienced tremendous loss of experiences and opportunities they will never get back. Dr. Clinton and Cisney-Ellers urge Christian parents to be attuned to their teens' mental and emotional well-being, and watch out for emotional disconnect. If needed, parents can also consider strategies such as home education and limited use of smartphones and social media.

10/20/21	8:00 PM	30 MIN
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**Finding Hope in an Unexpected Pregnancy**- Leslie Leyland Fields offers encouragement to those who are struggling because of an unplanned pregnancy. She describes her own experiences of becoming unexpectedly pregnant twice during her forties, and how she learned to trust in God's plans for her and her family.

#### Family Talk

10/22/21	4:30 AM	30 MIN
10/22/21	4.507(14)	30 10111

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#### Focus on the Family

10/22/21 8:00 PM 30
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**Sharing Your Faith With Boldness-** Twin brothers David and Jason Benham share inspiring stories of how they've stood for Biblical values publicly as entrepreneurs. They offer advice to help Christians share their faith in everyday life with courage and compassion.

#### Family Talk

10/25/21	4:30 AM	30 MIN

**Life Without Limbs (Part 1)-** Have you ever felt as though your prayers were bouncing off the ceiling? On today's edition of Family Talk, Nick Vujicic (VOO-yi-chich), author of Life Without Limits, can totally relate! After he was born without arms or legs, he begged God for a miracle so he could look like every other boy. His depression led to a suicide attempt at age 10. But, as a teen, the Lord revealed to Nick through John 9:3, that he was born this way, "so that the works of God might be displayed in him." Indeed, the 38-year-old evangelist has led one million people to Christ since 2005!

#### Focus on the Family

10/25/21	8:00 PM	30 MIN
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**Connecting With Your Teen Daughter-** Kari Kampakis offers insight into the world of teen girls and explains how mothers can strengthen their relationships with their daughters.

10/26/21	4:30 AM	30 MIN
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#### Focus on the Family

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10/26/21	8:00 PM	30 MIN

A Godly Perspective on End-of-Life Decisions (Part 1)- Dr. Kathryn Butler, an experienced trauma surgeon, helps families navigate end-of-life decisions according to Biblical principles.

#### Family Talk

10/27/21	4:30 AM	30 MIN

**She is Yours-** As Christian parents, we have two primary responsibilities. The first is to evangelize our kids, revealing God's character through word and deed. The second, as our children's stewards, is to prayerfully release them back to the Lord. On today's program, Dr. James Dobson presents one of his favorite interviews from the Family Talk archives, a conversation he had with Jonathan and Wynter Pitts, just one year before Wynter's sudden passing. Together they examine the Pitts' book, She is Yours, which encourages moms and dads to breathe a sigh of relief because God is in control of their daughters' lives. Abba is the one Who protects them, and He is the one Who will guide their future.

## Focus on the Family

10/27/21	8:00 PM	30 MIN
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10/28/21	4:30 AM	30 MIN
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The Vulnerability of Girls: Protecting the Ones We Love (Part 1)- Sadly, too many women believe the lie that they can have pre-marital sex without consequences. On today's edition of Family Talk, Drs. Joe McIlhaney and Freda McKissic-Bush declare that our Western culture is the first society in history that has entirely abandoned the biblical role of protecting the sexuality of its young women. We are leaving girls and young women uncovered and unprotected before all of the evil forces that surround them. The result? Unplanned pregnancies, a record number of sexually transmitted infections, and spiritually wayward adults. Our guests explain the harms of cohabitation, the threats of sexually transmitted infections, and why culture has normalized promiscuity.

	Focus on the Family
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**Maximizing the Happiness in Your Marriage (Part 1)-** Shaunti Feldhahn reveals from her extensive research some simple attitudes and actions that can help your marriage thrive

Family Talk
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Focus on the Family
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10/29/21 8:00 PM 30 MIN

**Maximizing the Happiness in Your Marriage (Part 2)-** Shaunti Feldhahn reveals from her extensive research some simple attitudes and actions that can help your marriage thrive.

#### November 2021

#### **Family Talk**

**Running to Win-** Weighing a mere 144 pounds and standing 5 feet, 9 inches, Mark Anderson began his track & field career at the age of 16. Despite the tragic suicide of his father and the physical abuse he endured from his stepfather, he went on to become the U.S. #1 ranked decathlete, and was America's gold-medal hope for the 1984 Summer Olympics. On today's classic edition of Family Talk, Mark shares about his \$2,000-a-day cocaine habit, born out of pride and emotional pain, and how Jesus pulled him out of addiction and into a new life in Him.

#### Focus on the Family

11/01/21	8:00 PM	30 MIN
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A Conversation With Governor Greg Abbott- Texas Governor Greg Abbott discusses current issues which have garnered national attention, including the Texas "Heartbeat Bill" which protects babies from abortion starting at nearly six weeks from conception.

#### Family Talk

11/02/21	4:30 AM	30 MIN
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**America's Porndemic (Part 1)-** Jim Cress, a certified sex addiction therapist, explains that porn is crack cocaine to the soul. When people are bored or stressed, they self-medicate with pornography and its instant rush of pleasure, but often feel shame afterwards. In 2 Corinthians 10:4, the Apostle Paul urges us to demolish strongholds through divine power. That includes the stronghold of porn.

#### Focus on the Family

**Cultivating a Kingdom Marriage (Part 1)-** Texas Governor Greg Abbott discusses current issues which have garnered national attention, including the Texas "Heartbeat Bill" which protects babies from abortion starting at nearly six weeks from conception.

#### Family Talk

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11/03/21	8:00 PM	30 MIN
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**Cultivating a Kingdom Marriage (Part 2)-** Texas Governor Greg Abbott discusses current issues which have garnered national attention, including the Texas "Heartbeat Bill" which protects babies from abortion starting at nearly six weeks from conception.

#### Family Talk

11/04/21 4:30 AM	30 MIN
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The Family Doctor Speaks: The Truth about Life (Part 1)- While Dr. Robert Jackson, Jr. was a secondyear medical resident, he was asked to administer a drug to induce premature labor for a woman who was carrying a special needs baby in order to abort the pregnancy. He refused, but another doctor did so, prompting the woman to deliver a 22-week-old infant. On today's edition of Family Talk, Dr. Jackson recounts that the patient's little baby, born alive, was wrapped in a cold, wet towel, and abandoned to die in a metal basin. Since that horrific moment, Dr. Jackson has been a passionate and staunch pro-life defender of the child in the womb.

#### Focus on the Family

11/04/21	8:00 PM	30 MIN
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A Captive Missionary's Journey To Freedom (Part 1)- Missionaries Andrew Brunson and his wife, Norine, describe their new level of trust in Christ after being falsely accused of terrorism and arrested by Turkish officials in 2016.

# Family Talk 11/05/21 4:30 AM 30 MIN

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#### Focus on the Family

11/05/21 8:00 PM 30 MIN

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11/08/21	4:30 AM	30 MIN
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**Domestic Violence and the Trauma in Its Wake (Part 1)-** Dr. Tim Clinton and clinical psychologist, Dr. Shannae (SHAWN-ay) Anderson reveal that the ongoing isolation has compounded spousal abuse. In order to survive, victims often experience dissociation, in which the mind essentially separates from the body. The helplessness and powerlessness that the victim feels at the hands of their abuser is often unspeakable terror. Dr. Anderson reveals the means necessary for a survivor to regain their voice and feel safe again.

#### Focus on the Family

11/08/21	8:00 PM	30 MIN
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How You Can Help Support Foster and Adoptive Families- Jenn and Josh Hook, joined by Mike Berry, offer advice to help foster and adoptive families find training and support. And, they describe how anyone can help care for hurting kids.

#### Family Talk

11/09/21 4:30	AM 30	MIN
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**Domestic Violence and the Trauma in Its Wake (Part 2)-** Dr. Tim Clinton and clinical psychologist, Dr. Shannae (SHAWN-ay) Anderson reveal that the ongoing isolation has compounded spousal abuse. In order to survive, victims often experience dissociation, in which the mind essentially separates from the body. The helplessness and powerlessness that the victim feels at the hands of their abuser is often unspeakable terror. Dr. Anderson reveals the means necessary for a survivor to regain their voice and feel safe again.

#### Focus on the Family

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11/09/21	8:00 PM	30 MIN
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**Pouring Into the Lives of Your Grandkids-** Grandparents are an integral part of the family, passing along wisdom, faith, and love. While many of the "rules" of grandparenting are timeless, some of the games have changed. Chrys Howard and Shellie Tomlinson will help you better understand the unique role you have in supporting your adult children and influencing your grandchildren.

11/10/21	4:30 AM	30 MIN
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**One on One with Bill Gaither (Part 1)-** Music. It's an art form and an instrument of expression that has been used throughout the ages to release praise, share deep emotions, and heal the soul. It affects everyone differently but is consistently influential. On today's special program, Dr. James Dobson visits with gospel music legend Bill Gaither about what inspired him to write over 700 worship songs, including "Because He Lives," "The King Is Coming," and "He Touched Me."

#### Focus on the Family

11/10/21	8:00 PM	30 MIN
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**Stressed Out? Here's Help-** Deborah Pegues offers an insightful look at everyday worry and anxiety and effective ways to deal with the stress they cause. With hope and biblical wisdom, she encourages you to seek God and conquer these troublesome emotions.

### <u>Family Talk</u> 11/11/21 4:30 AM 30 MIN

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#### Focus on the Family

11/12/21	8:00 PM	30 MIN
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**Going All Out for Your Wife (Part 1)-** Steve Farrar warns that Satan has a two-fold strategy for every Christian man – to sever relationships between husbands and wives, and to alienate parents from children. Steve encourages men to renew their commitment to their families, and offers five strategies for marital fidelity.

#### Family Talk

11/12/21 4:30 AM 30 MIN

**Focus on the Future: The Importance of the Family-** America is a wounded nation. On one hand, we've endured a year unlike any other with the pandemic, the ensuing shutdowns, and racial tension. On the other, the skyrocketing rates of fatherlessness, divorce, and anxiety leave us desperate for answers. On today's Family Talk, Dr. Tim Clinton, author of Focus on the Future, gives his prescription for a bold tomorrow. His advice? Your family, faith and voice matter now more than ever. The future is bright, the

victories are destined, and great things await the faithful who prepare. Dr. Clinton encourages everyone to practice their faith in public and model Christ-like behavior in and outside the home.

#### Focus on the Family

11/12/21	8:00 PM	30 MIN
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#### Family Talk

11/15/21	4:30 AM	30 MIN
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**Faith Before Politics**- Bob Vander Plaats, President of the Iowa-based public policy organization, The Family Leader, urges citizens to engage the Body of Christ and anchor it with prayer. Bob encourages pastors to be boldly biblical and culturally relevant from the pulpit. Only then, as Hebrews 2:1 teaches us, will the church and its people be empowered to stand firm in their knowledge of truth and boldly proclaim it.

#### Focus on the Family

11/15/21	8:00 PM	30 MIN
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**Why Praying for Yourself is Essential-** Jodie Berndt explores what it means to "abide in Christ" from John 15. She also discusses the importance of praying for your marriage, your children, for forgiveness, for being a good friend, and why waiting on God to answer our prayers is actually a good thing.

#### **Family Talk**

**Thriving As A Blended Family (Part 1)-** Ron Deal, author of Preparing to Blend: The Couple's Guide to Becoming A Smart Stepfamily, contends that combining families does not have to be like oil and water. He encourages parents to be empathetic with their step kids.

#### Focus on the Family

11/16/21 8:00 PM 30 MIN

**Rescuing Your Marriage from Pornography (Part 1)-** Rosie Makinney examines the damaging impact of porn on marriage and explains how couples can protect themselves against it.

**Thriving As A Blended Family (Part 2)-** Ron Deal, author of Preparing to Blend: The Couple's Guide to Becoming A Smart Stepfamily, contends that combining families does not have to be like oil and water. He encourages parents to be empathetic with their step kids.

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11/17/21	8:00 PM	30 MIN
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Family Talk		
11/18/21	4:30 AM	30 MIN

**The Joys and Challenges of Adoption (Part 1)-** Dr. James Dobson speaks with Billy Jack and Anne Barrett, who candidly share about the challenges they experienced adopting five foster kids. Despite the difficulty of following God's calling, Anne declares, "I would rather have the scars on my heart, healed by Christ, than no scars at all!"

#### Focus on the Family

11/18/21	8:00 PM	30 MIN
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**Planting the Seeds of Success in Your Kids (Part 1)-** Dr. Kevin Leman offers time-tested solutions for parenting that will help moms and dads plant the seeds of patience, kindness, humility, and respect in their children as they prepare them for adulthood.

#### Family Talk

11/19/21 4:30 AM 30 MIN

**The Joys and Challenges of Adoption (Part 2)-** Dr. James Dobson speaks with Billy Jack and Anne Barrett, who candidly share about the challenges they experienced adopting five foster kids. Despite the difficulty of following God's calling, Anne declares, "I would rather have the scars on my heart, healed by Christ, than no scars at all!"

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11/22/21	4:30 AM	30 MIN
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**Rise Up: The Dalton Risner Story (Part 1)-** At six feet, five inches tall and weighing 300 plus pounds, there's a reason why Denver Broncos offensive lineman Dalton Risner is called "Moose." On today's edition of Family Talk, listeners will get a sneak peek into the self-discipline that enabled this 26-year-old Christian to make it in the NFL. His life verse is First Peter 4:10, "Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace." The author of an inspirational children's book entitled Rise Up, Dalton credits Jesus, along with his college coach, and his tough-as-nails dad for his success.

#### Focus on the Family

11/22/21	8:00 PM	30 MIN

**Enjoying Mealtime as a Family-** Ted Cunningham offers practical suggestions for making family mealtimes more meaningful in a discussion based on his book Come to the Family Table: Slowing Down to Enjoy Food, Each Other and Jesus.

#### Family Talk

11/23/21 4:30 AM 30 N	1IN
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**Rise Up: The Dalton Risner Story (Part 2)-** At six feet, five inches tall and weighing 300 plus pounds, there's a reason why Denver Broncos offensive lineman Dalton Risner is called "Moose." On today's edition of Family Talk, listeners will get a sneak peek into the self-discipline that enabled this 26-year-old Christian to make it in the NFL. His life verse is First Peter 4:10, "Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace." The author of an inspirational children's book entitled Rise Up, Dalton credits Jesus, along with his college coach, and his tough-as-nails dad for his success.

#### Focus on the Family

11/23/21 8:00 PM 30 MIN

**Healing Parent and Adult Child Relationships (Part 1)-** Dr. John Townsend offers parents guidance and encouragement for resolving a strained relationship with their adult children.

11/24/21	4:30 AM	30 MIN
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**An Attitude of Gratitude**- Pastor Chuck Swindoll, in a timeless sermon on the topic gratitude, reflects on Psalm 103, in which King David thanks God for pardoning his sin, redeeming his life from the pit, and crowning him with love and compassion. The hymn "It Is Well with My Soul" reveals why we are so grateful. "My sin, not in part but the whole; Is nailed to the cross, and I bear it no more; Praise the Lord, praise the Lord, O my soul!" That's true redemption indeed!

#### Focus on the Family

11/24/21	8:00 PM	30 MIN
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**Healing Parent and Adult Child Relationships (Part 2)-** Dr. John Townsend offers parents guidance and encouragement for resolving a strained relationship with their adult children.

<u>Family Talk</u>		
11/25/21	4:30 AM	30 MIN

**Welcome to Our Table-** Dr. James Dobson invites his wife and daughter into the studio to discuss the finer points of gracious hosting. Shirley and Danae Dobson, co-authors of Welcome to Our Table, discuss the importance of hospitality and breaking bread together.

## Focus on the Family 11/25/21 8:00 PM 30 MIN

**Remembering the Pilgrims' Journey-** Law professor Jay Milbrandt offers a fascinating look at the Pilgrims' flight to North America from religious persecution in a discussion based on his book They Came for Freedom: The Forgotten, Epic Adventure of the Pilgrims.

#### Family Talk

11/26/21	4:30 AM	30 MIN
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A Biblical Template for Judgment: The Shaking of Nations- Messianic Rabbi Jonathan Cahn, author of The Harbinger, declares that the Lord is using the identical template of harbingers on American soil, calling us to return to Him in repentance. Beginning with 9/11 to the redefinition of marriage and the emergence of COVID-19, God is shaking us to our core. Will we ever repent? Now, while in a breath-taking freefall, we've not only called evil good, but the culture delights in cancelling God's people.

11/26/21	8:00 PM	30 MIN
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**Remembering the Gospel This Christmas-** Allison Pittman inspires listeners to make Christmas more meaningful as she shares insightful parallels between the Bible and Charles Dickens' classic novel A Christmas Carol.

#### Family Talk

11/29/21	4:30 AM	30 MIN
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**The Latest on Court Cases Impacting Our Religious Freedom (Part 1)-** Attorney Kelly Shackelford, President of First Liberty Institute, shares the latest examples of his organization fighting for the rights and beliefs of churches during the COVID pandemic and beyond. If those who are hoping to remove religion from the public square are able to remove our "first freedom," all our rights are in jeopardy!

#### Focus on the Family

**Reigniting Your Passion for Jesus (Part 1)**- For those of faith whose passion has waned over time, Kim Meeder will reinspire you in your relationship with Jesus Christ as she tells powerful, true stories about God that will spark renewed joy in your heart and encourage you to share the Gospel with others.

# Family Talk 11/30/21 4:30 AM 30 MIN

**The Latest on Court Cases Impacting Our Religious Freedom (Part 2)-** Attorney Kelly Shackelford, President of First Liberty Institute, shares the latest examples of his organization fighting for the rights and beliefs of churches during the COVID pandemic and beyond. If those who are hoping to remove religion from the public square are able to remove our "first freedom," all our rights are in jeopardy!

## Focus on the Family 21 8:00 PM 30 PM

11/30/21 8:00 PM 30 MIN

**Reigniting Your Passion for Jesus (Part 2)-** For those of faith whose passion has waned over time, Kim Meeder will reinspire you in your relationship with Jesus Christ as she tells powerful, true stories about God that will spark renewed joy in your heart and encourage you to share the Gospel with others.

#### December 2021

#### <u>Family Talk</u>

12/01/21 4:30 AM 30 MIN

**Let's Talk: Conversation Starters for Dads & Daughters-** Dr. Michelle Watson Canfield, author of Let's Talk: Conversation Starters for Dads and Daughters, shares with co-host Dr. Tim Clinton about how dads can begin to have meaningful conversations with their daughters. Girls tend to figure things out and feel valued as they can talk it through.

#### Focus on the Family

12/01/21	8:00 PM	30 MIN
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**Praying Scripture Over Your Child's Life (Part 1)-** Jodie Berndt, best-selling author of the Praying the Scriptures book series, offers parents guidance for how they can more frequently and effectively pray for their children's faith, wisdom, self-discipline, character, life purpose, and more.

#### Family Talk

12/02/21	4:30 AM	30 MIN
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**Christianity and Wokeness: How the Social Justice Movement is Hijacking the Gospel (Part 1)**-Theologian Dr. Owen Strachan joins Dr. James Dobson to discuss "Critical Race Theory" (CRT) and how it does not align with Christian beliefs.

#### Focus on the Family

12/02/21	8:00 PM	30 MIN
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**Praying Scripture Over Your Child's Life (Part 2)-** Jodie Berndt, best-selling author of the Praying the Scriptures book series, offers parents guidance for how they can more frequently and effectively pray for their children's faith, wisdom, self-discipline, character, life purpose, and more.

Family Talk			
12/03/21	4:30 AM	30 MIN	

#### **Christianity and Wokeness: How the Social Justice Movement is Hijacking the Gospel (Part 2)**-Theologian Dr. Owen Strachan joins Dr. James Dobson to discuss "Critical Race Theory" (CRT) and how it

does not align with Christian beliefs.

**Embracing Your Role as a Spouse-** Pastor Kevin Thompson explores three primary roles in marriage – friend, partner, and lover – and explains how spouses can live out those roles optimally by investing in their relationship mentally, emotionally, and physically.

#### Family Talk

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**The Jesus Who Surprises (Part 1)-** When Dee Brestin was grieving the death of her husband of 39 years and feeling abandoned, she was reminded of the moment when she was attempting to nurse her colicky baby son. After kicking and crying for 10 minutes, he finally calmed down and latched on. On today's edition of Family Talk, Dee says that, like the colicky baby, there's no reason for us to throw a fit. God is with us.

#### Focus on the Family

12/06/21	8:00 PM	30 MIN
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**Mothers and Sons: Being a Godly Influence (Part 1)-** Rhonda Stoppe explains how a mom with sons can shape them into becoming good and godly men. She offers moms practical guidance for spiritual training, effective communication, supporting the father-son relationship as a wife, and more.

Family Talk			
12/07/21	4:30 AM	30 MIN	

**The Jesus Who Surprises (Part 2)**- When Dee Brestin was grieving the death of her husband of 39 years and feeling abandoned, she was reminded of the moment when she was attempting to nurse her colicky baby son. After kicking and crying for 10 minutes, he finally calmed down and latched on. On today's edition of Family Talk, Dee says that, like the colicky baby, there's no reason for us to throw a fit. God is with us.

#### Focus on the Family

12/07/21 8:00 PM 30 MIN

**Mothers and Sons: Being a Godly Influence (Part 2)-** Rhonda Stoppe explains how a mom with sons can shape them into becoming good and godly men. She offers moms practical guidance for spiritual training, effective communication, supporting the father-son relationship as a wife, and more.

12/08/21	4:30 AM	30 MIN
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**Absolute Truth for Our Times-** Congresswoman Michele Bachmann explains that America, like Israel in Isaiah chapter 22, is being punished for rejecting God.

#### Focus on the Family

12/08/21	8:00 PM	30 MIN
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**Identifying Triggers in Your Marriage (Part 1)-** Based on their book Marriage Triggers, Amber and Guy Lia discuss common, everyday things – from house cleaning and backseat driving to workaholism and lack of intimacy – which can provoke anger and tension in marriage.

	<u>Family Talk</u>	
12/09/21	4:30 AM	30 MIN

**Revival Rising (Part 1)-** At 9 years of age, Kim Meeder tragically became an orphan in the blink of an eye. On today's edition of Family Talk, discover how she found indescribable solace in the presence of her new horse and learned that God loves her unconditionally.

#### Focus on the Family

12/09/21	8:00 PM	30 MIN
12/03/21	0.001101	30 10111

**Identifying Triggers in Your Marriage (Part 2)-** Based on their book Marriage Triggers, Amber and Guy Lia discuss common, everyday things – from house cleaning and backseat driving to workaholism and lack of intimacy – which can provoke anger and tension in marriage.

#### Family Talk

12/10/21	4:30 AM	30 MIN
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#### Focus on the Family

12/10/21 8:00 PM 30 MIN
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**Sharing Your Faith With Grace and Purpose-** Greg Koukl outlines the "Columbo" tactic of asking questions, the "self-defeating argument" tactic to find holes in your opponent's arguments, and other specific methods for engaging in faith-building conversations with others.

American Marxism (Part 1)- Mark Levin, author of American Marxism, tells Dr. James Dobson that this God-hating, individual-despising worldview is often cloaked in deceptive labels such as "progressivism." In addition to advocating for homeschooling and school choice, Levin warns parents against sending children to colleges that indoctrinate them to hate America and its precious Judeo-Christian heritage.

#### Focus on the Family

12/13/21	8:00 PM	30 MIN

**Cherishing Your Spouse Every Day-** Do you love your spouse, or do you truly cherish them? Gary Thomas encourages couples to make a daily effort to go beyond the 'duty' of love, and combat the natural inclination to drift apart by choosing to see the best in their spouse.

#### Family Talk

12/11/21	4:30 AM	30 MIN
12/14/21	4.30 AIVI	50 IVIIIN

American Marxism (Part 2)- Mark Levin, author of American Marxism, tells Dr. James Dobson that this God-hating, individual-despising worldview is often cloaked in deceptive labels such as "progressivism." In addition to advocating for homeschooling and school choice, Levin warns parents against sending children to colleges that indoctrinate them to hate America and its precious Judeo-Christian heritage.

#### Focus on the Family

12/14/21	8:00 PM	30 MIN
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What to Do When You're Not Okay (Part 1)- Debra Fileta helps you better understand your emotions, assess your mental, physical, and spiritual health, and intentionally pursue a path to wellbeing.

Family Talk		
12/15/21	4:30 AM	30 MIN

**You're Not Enough (And That's Okay)-** Allie B. Stuckey, author of You're Not Enough (And That's Okay), reveals that her time feeding from the lie of self-empowerment left her battling anorexia, bulimia, and shame. Once you exchange the god of self with the God of Scripture, you'll experience a Heaven-sent sacrificial love that will remove your narcissism.

12/15/21	8:00 PM	30 MIN
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What to Do When You're Not Okay (Part 2)- Debra Fileta helps you better understand your emotions, assess your mental, physical, and spiritual health, and intentionally pursue a path to wellbeing.

	<u>Family Talk</u>	
12/16/21	4:30 AM	30 MIN

**Children at Risk: An Update with Gary Bauer (Part 1)-** Dr. James Dobson and Gary Bauer, President of American Values, revisit their 1990 best-seller Children at Risk, and discuss how its content was a prophetic message to our society, even today. The question is raised, "How can America be preserved if a rising generation is rejecting the very idea that there is a God who was the author of our liberty?"

#### Focus on the Family

12/16/21 8:00 PM 30 MIN

**Navigating a Toxic Culture With Your Daughter (Part 1)-** Dr. Meg Meeker explains how parents can shape their daughter's character and faith so that she can successfully navigate our culture's most difficult challenges, which include the toxic elements associated with social media, feminism, sexual identity, and more.

Family Talk			
12/17/21	4:30 AM	30 MIN	
hildren at Risk: An Update with Gary Baue	<b>r (Part 2)-</b> Dr. James Dob	son and Gary Bauer, Pres	

**Children at Risk: An Update with Gary Bauer (Part 2)-** Dr. James Dobson and Gary Bauer, President of American Values, revisit their 1990 best-seller Children at Risk, and discuss how its content was a prophetic message to our society, even today. The question is raised, "How can America be preserved if a rising generation is rejecting the very idea that there is a God who was the author of our liberty?"

#### Focus on the Family

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12/17/21	8:00 PM	30 MIN

**Navigating a Toxic Culture With Your Daughter (Part 2)-** Dr. Meg Meeker explains how parents can shape their daughter's character and faith so that she can successfully navigate our culture's most difficult challenges, which include the toxic elements associated with social media, feminism, sexual identity, and more.

12/20/21	4:30 AM	30 MIN
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**Reignite: How to Bring Joy Back into Your Life for Enduring Faith-** Twelve years ago, when doctors told Pastor Jack Graham that they might not have removed all of his prostate cancer, he sank into a dark night of depression. Graham, the author of Reignite: Fresh Focus for an Enduring Faith, shares that he felt then as if he'd been hit by a Mack truck and left in a ditch.

#### Focus on the Family

12/20/21	8:00 PM	30 MIN
12/20/21	0.001101	30 10111

**Understanding the Root of Your Child's Misbehavior (Part 1)-** Dr. Kevin Leman offers advice to help parents transform their child's behavior. He discusses the benefits of allowing your kids to learn from real-life consequences and describes the importance of understanding your child's temperament based on his birth order. Featuring Jean Daly.

Family Talk		
12/21/21	4:30 AM	30 MIN

**Plugged In: Teaching Your Children to Be Media Savvy-** Is your family honoring God with their media choices? Bob Waliszewski, former director of PluggedIn.com for over twenty-seven years, joins Dr. James Dobson to discuss what to look out for with today's movies, TV programs, video games and more.

#### Focus on the Family

12/21/21	8:00 PM	30 MIN

**Understanding the Root of Your Child's Misbehavior (Part 2)-** Dr. Kevin Leman offers advice to help parents transform their child's behavior. He discusses the benefits of allowing your kids to learn from real-life consequences and describes the importance of understanding your child's temperament based on his birth order. Featuring Jean Daly.

#### Family Talk

12/22/21 4:30 AM 30 MIN

Live to Forgive: A Family Story of Pain and Redemption- Jason Romano always had a passion for sports, an interest he shared with his father and grandfather. He turned that passion into a dream career at ESPN, producing SportsCenter and Monday Night Football. But sadly, Jason couldn't always share his "love of the game" with his father, whose alcoholism was a constant source of anguish and shame for the entire family. On today's edition of Family Talk, the author of Live to Forgive says the four steps toward forgiveness are to feel the pain, evaluate the trauma, transform the wound, and forgive the abuser. In Matthew chapter 18, Jesus commands us to forgive. If we don't, we hurt ourselves more than our offender.

12/22/21	8:00 PM	30 MIN
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**Understanding the Root of Your Child's Misbehavior (Part 2)-** Dr. Kevin Leman offers advice to help parents transform their child's behavior. He discusses the benefits of allowing your kids to learn from real-life consequences and describes the importance of understanding your child's temperament based on his birth order. Featuring Jean Daly.

Family Talk			
12/23/21	4:30 AM	30 MIN	

**Delayed Delivery: A Christmas Story read by Dr. Dobson-** Dr. James Dobson reads a story from his book entitled A Family Christmas.

Focus on the Family		
12/23/21	8:00 PM	30 MIN

**The Spiritual Battle for Your Marriage-** Based on his book Defending Your Marriage, Dr. Tim and Noreen Muehlhoff share about the reality of spiritual warfare against marriages, and how to combat the enemy's lies with the truth of God.

12/24/21	4:30 AM	30 MIN

Family Talk

Holiday Traditions: Dr. Dobson and Dr. Clinton Share Their Favorite Christmas Memories- On today's Christmas Eve edition of Family Talk, Dr. James Dobson and co-host Dr. Tim Clinton share cherished Christmas memories.

#### Focus on the Family

12/24/21	8:00 PM	30 MIN
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**Women Who Welcomed the Birth of Jesus-** Liz Curtis Higgs reminds us that God can do the impossible, as reflected in the unexpected pregnancies of two women in the original Christmas story. She explains how Jesus' coming to Earth impacted those around Him and can impact your family this Christmas, too.

#### <u>Family Talk</u>

**Grandparents and Their Vital Role (Part 1)-** Dr. James Dobson sits down with Larry Fowler, founder of the Legacy Coalition, to discuss the great need for grandparents to be involved in their grandchildren's lives.

12/27/21	8:00 PM	30 MIN
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**Words of Kindness, Source of Healing-** Florence Littauer describes how words of encouragement can be one of the most wonderful gifts you could ever give. Through several moving stories, she illustrates how words can literally change somebody's life for better or for worse.

#### Family Talk

12/28/21 4:30 AM	30 MIN
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**Grandparents and Their Vital Role (Part 2)-** Dr. James Dobson sits down with Larry Fowler, founder of the Legacy Coalition, to discuss the great need for grandparents to be involved in their grandchildren's lives.

Focus on the Family		
12/28/21	8:00 PM	30 MIN

Loving Your Spouse Through the Seasons of Marriage (Part 1)- Debra Fileta will help couples better understand the four seasons of healthy relationships, what to expect during each one, and how to carefully navigate them for a stronger marriage.

#### Family Talk

12/29/21	4:30 AM	30 MIN

**Mysteries of the Messiah (Part 1)-** Dr. James Dobson sits down with Larry Fowler, founder of the Legacy Coalition, to discuss the great need for grandparents to be involved in their grandchildren's lives.

#### Focus on the Family

12/29/21	8:00 PM	30 MIN
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Loving Your Spouse Through the Seasons of Marriage (Part 2)- Debra Fileta will help couples better understand the four seasons of healthy relationships, what to expect during each one, and how to carefully navigate them for a stronger marriage.

#### Family Talk

12/30/21 4:30 AM 30 MIN

**Mysteries of the Messiah (Part 2)-** Dr. James Dobson sits down with Larry Fowler, founder of the Legacy Coalition, to discuss the great need for grandparents to be involved in their grandchildren's lives.

12/30/21	8:00 PM	30 MIN

**Reconciling Faith and Science in a Medical Crisis-** Dr. Lee Warren is a neurosurgeon who's faced many difficult challenges including serving in the Iraq War, removing deadly brain tumors, and experiencing the loss of a son. On this insightful broadcast, he shares lessons he's learned as he's sought answers to life's toughest questions while holding on to his faith in God.

#### Family Talk

12/31/21	4:30 AM	30 MIN

**We've Never Been This Way Before-** Dr. R.T. Kendall discusses his book We've Never Been This Way Before: Trusting God in Unprecedented Times.

	Focus on the Family	
12/31/21	8:00 PM	30 MIN

**Effective Habits to Embrace in Parenting-** In a discussion based on his book Simple Habits for Effective Parenting, Dr. Randy Schroeder offers moms and dads practical guidance for leading their children in a loving, confident manner by building on the foundational family principles of relationship, routines, responsibilities, and rules.