

PROGRAMS LIST

1st Quarter 2023

January

Family Talk

1/02/23 4:30 AM 30 MIN

I'm Alive: Standing with the Poor and the Oppressed- In 2005, Sarah Vienna was asked to sing Christmas carols in a Romanian children's hospital. To her dismay, many of the kids had been abandoned by their families because of desperate poverty. They'd been left alone with rags for diapers, and worst of all, because the nurses had ignored them, the kids didn't cry. Sarah shares her heart and the work of her ministry, Firm Foundations Romania. She cites Psalm 82:3 as her mission, "Defend the weak, the fatherless, uphold the cause of the poor, and the oppressed."

Focus on the Family

1/02/23 8:00 PM 30 MIN

Uncovering the Secrets to a Happy Marriage (part 1)- Best-selling author Shaunti Feldhahn offers insights from research she's conducted on what makes for a happier, more fulfilling marriage. She also outlines practical ways to develop a more Christ-like relationship with your spouse.

Family Talk

1/03/23 4:30 AM 30 MIN

She is She- Dr. Tim Clinton sits down with Ryan and Bethany Bomberger to discuss their new children's book, She is She. The co-founders of life affirming non-profit, The Radiance Foundation, declare that every child is made in the image of God, and encourage parents to celebrate their children's uniqueness in who the Lord made them to be. Psalm 139:13-14 boldly proclaims, "For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made. Your works are wonderful; I know that full well."

1/03/23 8:00 PM 30 MIN

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Family Talk

1/04/23 4:30 AM 30 MIN

Healthy Kids, Thriving Families (Part 1)- Dr. James Dobson is joined by pediatric dietitian, Ali Elliott. They discuss how the deterioration of the family has negatively impacted children's overall health, and they break down what kids should be eating daily through the 5-2-1-0 principle.

Focus on the Family

1/04/23 8:00 PM 30 MIN

The Joys and Challenges of Parenthood (part 1)- Katharine Hill offers practical advice and encouragement to parents of young children. She recommends stop trying to a "superhero" parent and don't compare your family to others.

Family Talk

1/05/23 4:30 AM 30 MIN

Healthy Kids, Thriving Families (Part 2)- Dr. James Dobson is joined by pediatric dietitian, Ali Elliott. They discuss how the deterioration of the family has negatively impacted children's overall health, and they break down what kids should be eating daily through the 5-2-1-0 principle.

Focus on the Family

1/05/23 8:00 PM 30 MIN

The Joys and Challenges of Parenthood (part 2)- Katharine Hill offers practical advice and encouragement to parents of young children. She recommends stop trying to a "superhero" parent and don't compare your family to others.

1/06/23 4:30 AM 30 MIN

Are You Ready? Because the Opportunity is Huge- "Are you so filled with God's power that you're shaping culture, or is culture shaping you?" That is the question international speaker and author Rick Rigsby posed to 5,000 men at the 2022 Men's Ignite event. He challenges men to rise up, be authentic in their Christian faith, and stand firm in their communities "for such a time as this." Joshua 1:9 says, "Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

Focus on the Family

1/06/23 8:00 PM 30 MIN

Discovering the Power of One- Pastor Kyle Idleman's life was changed when he realized that when Jesus reached the multitudes, he actually focused on one person at a time. In this broadcast, Pastor Kyle Idleman discusses developing a mentality of compassion for others, using your words and actions to reach those in need.

Family Talk

1/09/23 4:30 AM 30 MIN

One on One with Michele Bachmann- Michele Bachmann has lived a full life. After coming to Christ at age 16, she graduated from college and law school, got married, and served in the U.S. Congress. Remarkably, she and her husband not only raised five biological children, but fostered 23 teenage girls. Bachmann urges Christians to bear one another's burdens and practice kindness to unbelievers. Echoing the words of Luke 21, she reminds us to "stand up and lift up your heads, because your redemption is drawing near."

Focus on the Family

1/09/23 8:00 PM 30 MIN

Simple Tips for Growing Closer to Your Kids- Dr. Miles Mettler recommends parents "ask for permission" to talk to their kids — rather than barging in and interrupting what they're doing. That models respect and how parents want their kids to approach them. Overall, Miles' objective is to help parents build trust their children.

1/10/23 4:30 AM 30 MIN

The Character of God in the Prophecy of Christ- Dan Seaborn, the president of Winning At Home, highlights the four descriptions of the God who loves us despite ourselves. In Isaiah 9:6, the prophet writes that our redeemer is the "Wonderful Counselor, Mighty God, Everlasting Father, and Prince of Peace." Seaborn methodically unfolds the rich meaning of each title. When you fully grasp who the Lord is, in all His majesty and love, it's a game changer! Focus on the Family

1/10/23 8:00 PM 30 MIN

Applying Love Languages to Families With Special Needs- Raising a child with special needs has many challenges. Jolene Philo will help you discover how to use Love Languages to express love to your child with special needs, as well as their siblings and your spouse! It's a terrific conversation you won't want to miss.

Family Talk

1/11/23 4:30 AM 30 MIN

Men and Marriage (part 1)- Dr. James Dobson interviews economist and author, George Gilder, about his book, Men and Marriage. The two highlight the important role men have in the holy union of husband and wife, and the ongoing effects that relationship has had on our society.

Focus on the Family

1/11/23 8:00 PM 30 MIN

Being Wise With Your Money During a Crisis (part 1)- Michelle Singletary discusses wise money management during the economic downturn. She'll help you with the basics of getting out of debt, budgeting, and saving when money is tight.

Family Talk

1/12/23 4:30 AM 30 MIN

Men and Marriage (part 2)- Dr. James Dobson interviews economist and author, George Gilder, about his book, Men and Marriage. The two highlight the important role men have in the holy union of husband and wife, and the ongoing effects that relationship has had on our society.

1/12/23

8:00 PM

30 MIN

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Family Talk

1/13/23

4:30 AM

30 MIN

Letting Go of Worry- Dr. Linda Mintle, the author of Letting Go of Worry, outlines God's plan for finding peace in the midst of chaos. Like a spam email in your inbox, Dr. Mintle says that you don't have to click on an anxious thought. She underscores the importance of taking "captive every thought to make it obedient to Christ," as 2 Corinthians 10:5 commands. God's prescription is to renew our mind daily in His Word.

Focus on the Family

1/13/23

8:00 PM

30 MIN

Letting Go of Offenses- Radio host and author Brant Hansen discusses the importance of humility and forgiving others in a discussion based on his book Unoffendable: How Just One Change Can Make All of Life Better.

Family Talk

1/16/23

4:30 AM

30 MIN

Praying for Your Family- The late Pastor Jack Hayford reveals that his dad was so moved by that image from the Scriptures that every morning his mom and dad brought before the Lord not only the names of their own children, but also any person who had the same last name. Providentially, they heard first-hand from three separate people who shared their name, who crossed their paths and testified that they had personally received Christ in the last few months.

Focus on the Family

1/16/23

8:00 PM

30 MIN

Reaching Across Cultural Divides (Part 1)- Dr. David Ireland explains how Christians can help foster racial and ethnic diversity, and experience cross-cultural relationships in healthy, godly ways.

1/17/23 4:30 AM 30 MIN

Band of Brothers: Stronger Together- Christian comedian Dennis Swanberg says that many men are lonely and they struggle with regret and secret fears. Proverbs 27:17 declares, "As iron sharpens iron, so one man sharpens another." That's why all Christian men need to resist the temptation to isolate, and should find a trustworthy accountability partner. Swanberg points to the biblical examples of Paul and Luke as well as Silas and Timothy. When men confess their sins in transparency to God and to one another, they can be healed.

Focus on the Family

1/17/23 8:00 PM 30 MIN

Reaching Across Cultural Divides (Part 2)- Dr. David Ireland explains how Christians can help foster racial and ethnic diversity, and experience cross-cultural relationships in healthy, godly ways.

Family Talk

1/18/23 4:30 AM 30 MIN

Support After Abortion- Lisa Rowe, a licensed social worker, who works directly with women experiencing this tremendous loss and pain, shares that women consider abortion to be the best option after enduring other preliminary traumas. She says that post-abortive women grapple with regret, anger, grief, and anxiety. Through the network of counselors available at Support After Abortion, women learn the difference between guilt which says, "I did bad," and shame which says, "I am bad."

Focus on the Family

1/18/23 8:00 PM 30 MIN

Being Completely Transparent With Your Spouse- Marriage coaches Dave and Ashley Willis encourage couples to be completely open and honest with their spouse about 'private' struggles they may face, like depression or a secret addition. They assert that transparency leads to a better marital relationship, and a better chance at healing!

1/19/23 4:30 AM 30 MIN

Taking the Next Steps: Marching in a Post-Roe America- Jeanne Mancini, president of the March for Life Education and Defense Fund, explains that while Roe has been reversed, the battle has just begun for the sanctity of life. Not only do the March for Life organizers want to make abortion unthinkable, but they hope to build a stronger safety net for women facing unexpected pregnancies. This includes maternity homes, pro-life pregnancy resource centers and compassion for those who are in crisis. Since some "blue states" have championed partial-birth abortions, there is obviously so much work left to be done.

Focus on the Family

1/19/23 8:00 PM 30 MIN

Sharing Your Faith With Your Kids- Natalie Frisk shares her insights as a parent and a curriculum developer to help equip parents to share their faith and disciple their children more intentionally at every age. Rather than focusing on morality, Natalie emphasizes the importance of helping your child find their identity in a relationship with Christ.

Family Talk

1/20/23 4:30 AM 30 MIN

Concerned Women For Life- Penny Young Nance, CEO and president of Concerned Women for America, urges Christian women to stand up for Truth in the public square and "vote with their purses." In a culture that has gone mad, now is the time to speak the Lord's absolute truth in love.

Focus on the Family

1/20/23 8:00 PM 30 MIN

Don't Give Up: Stay Engaged in the Pro-Life Battle- The executive director for Advocacy for Children at Focus on the Family, Robyn Chambers, and pastors Todd and Kelly Hudnall discuss the impact you can have on transforming hearts and minds toward a life perspective. From sharing God's love and grace to supporting Option Ultrasound, you can stand for life and make a difference.

Family Talk

1/23/23 4:30 AM 30 MIN

Hearts of the Fathers: Modeling Leadership That Lasts (Part 1)- Dr. Charles Crismier, the author of Hearts of the Fathers: Leaving a Legacy that Lasts, insists that there's only one way that will happen. If the hearts of Christian fathers are turned back to their Heavenly Father, only then will these newly equipped dads be able to model that kind of love to their kids.

1/23/23 8:00 PM 30 MIN

If You Want a Great Marriage, Do This (Part 1)- Katharine Hill, Director of Care for the Family in England, offers couples helpful reminders for cultivating a thriving marriage in a discussion based on her book If You Forget Everything Else, Remember This: Building a Great Marriage.

Family Talk

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Family Talk

1/25/23 4:30 AM 30 MIN

Finding God in the Hard Places- In 1999, Carol Kent was living a happy life with her husband, Gene, until they received a phone call at 12:35 a.m. that changed everything. Their son, Jason, a promising Naval Academy graduate, was arrested and charged with first-degree murder. After he received a life sentence without parole, Carol discovered what it meant to live between a rock and a grace place. On today's edition of Family Talk, Carol shares that, like the Apostle Paul who asked for the thorn in his flesh to be removed, God's grace is sufficient for her too.

Focus on the Family

1/25/23 8:00 PM 30 MIN

Taming Your Child's Tounge- In a discussion based on her book I Can't Believe You Just Said That!, Ginger Hubbard offers parents a Biblically-based three-step plan for dealing effectively with their children's back talk, whining and lying. She also stresses the importance of dealing with matters of the heart, rather than simply addressing outward behavior.

1/26/23 4:30 AM

30 MIN

Priests and People for Life (Part 1)- Dr. James Dobson and Frank Pavone discuss the implications of his removal, and why he now has a renewed interest and commitment to fight for the sanctity of life. 1 Corinthians 15:58 says, "Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain."

Focus on the Family

1/26/23

8:00 PM

30 MIN

The Heart Of a Warrior- War veteran Chad Robichaux uses a story of nearly being captured by the Taliban in Afghanistan to make an important point: when we are at a critical juncture in our life, we need to recognize that fact and then make a move. He calls it being "on the X." Chad goes on to share how he almost committed suicide while suffering PTSD, and encourages his audience to fight against suicidal thoughts. He concludes by describing how a mission to save his Afghan interpreter turned into a huge evacuation of anyone targeted by the Taliban after American forces left Afghanistan.

Family Talk

1/27/23

4:30 AM

30 MIN

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Focus on the Family

1/27/23

8:00 PM

30 MIN

Investing in Your Child for the Teen Years- A panel of parents join with Jim Daly and John Fuller to discuss preparing their children for the teen years and adulthood, providing a biblical perspective on sexuality, peer relationships and technology.

Family Talk

1/30/23

4:30 AM

30 MIN

Recovery and Care for Eating Disorders- Dr. Tim Clinton interviews Christian clinical psychologist, Dr. Margaret Nagib, to discuss this devastating epidemic. Dr. Nagib identifies the widespread impact of diseases such as bulimia and anorexia, and how those struggling can find healing and restoration.

1/30/23 8:00 PM 30 MIN

Making Parenting Fun (Part 1)- Pastor Doug Fields shares humorous stories about his own parenting journey, and offers nuts-and-bolts ideas on how to raise children who display confidence, good moral character and convictions, compassion, and competence.

Family Talk

1/31/23 4:30 AM 30 MIN

Outdated: Find Love That Lasts When Dating Has Changed- JP Pokluda, senior pastor of Harris Creek Baptist Church, points to 1 Timothy 4:12, which says, "Set an example for the believers in speech, in conduct, in love, in faith, and in purity." The author of Outdated: Find Love That Lasts When Dating Has Changed says you should date someone long enough to examine those same five attributes. Does the person you are interested in act and speak in a God-honoring way? Is he or she committed to purity before marriage?

Focus on the Family

1/31/23 8:00 PM 30 MIN

Making Parenting Fun (Part 2)- Pastor Doug Fields shares humorous stories about his own parenting journey, and offers nuts-and-bolts ideas on how to raise children who display confidence, good moral character and convictions, compassion, and competence.

February

Family Talk

2/1/23 4:30 AM 30 MIN

Why Do I Do What I Don't Want to Do?- JP Pokluda shares how God radically transformed him, calling him to a liberating life of holiness. In his new book entitled Why Do I Do What I Don't Want to Do? JP invites fellow believers to counter their lust with self-control, their pride with humility, their anger with forgiveness, and their greed with generosity. Heed the call of Romans 12:2 – "Do not be conformed to this world, but be transformed by the renewing of your mind."

2/1/23 8:00 PM 30 MIN

Overcoming the Betrayal of an Affair- The Bulmans' marriage almost shattered when Rick discovered his wife Tiffany, was having an affair. The day after the revelation, Rick remembered a conversation from their premarital counseling where the minister said if adultery necessitates divorce, then God is not big enough to fix a broken relationship. In this interview, Rick and Tiffany will share how their marriage was restored and offer hope to other couples.

Family Talk

2/2/23 4:30 AM 30 MIN

Pornography: A Public Health Crisis (Part 1)- Dr. James Dobson interviews Patrick Trueman, the president of The National Center on Sexual Exploitation, to discuss its damaging effects. Viewing pornography actually alters the brain and "lights the fire trail" for increased desire and progressive consumption. But there is hope in taking back our nation's hearts and minds.

Focus on the Family

2/2/23 8:00 PM 30 MIN

Investigating the Eyewitness Accounts of Jesus Christ (Part 1)- Through his own faith journey and the context of his police-work analogies, J. Warner Wallace will provide a compelling evangelistic message that will challenge nonbelievers and inspire Christians to be bolder in their faith.

Family Talk

2/3/23 4:30 AM 30 MIN

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Focus on the Family

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2/6/23 4:30 AM 30 MIN

U.S. Senator Marsha Blackburn on The Big Issues Currently Affecting the Family- Sen. Blackburn shares with Dr. Tim Clinton that while there has been a victory for life at the Supreme Court level, there is still a lot of work to be done. Listen today as the senior Senator from Tennessee discusses the uphill battle the Senate now faces in passing the Born-Alive Abortion Survivors Protection Act.

Focus on the Family

2/6/23 8:00 PM 30 MIN

Living a Life of Bold Faith (Part 1)- Dr. Erwin Lutzer implores Christians to stand for their faith and refuse to hide. Dr. Lutzer helps Christians to defend biblical truth with confidence and compassion. The discussion also helps equip us for suffering that may come as we stand for our faith in a culture that desperately needs God.

Family Talk

2/7/23 4:30 AM 30 MIN

The Bible from 30,000 Feet (Part 1)- Dr. James Dobson interviews Pastor Heitzig of Calvary Church in Albuquerque, New Mexico about his testimony and book entitled The Bible From 30,000 Feet. Taking the acronym FLIGHT, Skip's book explores the Facts, Landmarks, Itinerary, Gospel, History, and Travel Tips of all 66 books in 52 chapters. 2 Timothy 3:16-17 says, "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work."

Focus on the Family

2/7/23 8:00 PM 30 MIN

Living a Life of Bold Faith (Part 2)- Dr. Erwin Lutzer implores Christians to stand for their faith and refuse to hide. Dr. Lutzer helps Christians to defend biblical truth with confidence and compassion. The discussion also helps equip us for suffering that may come as we stand for our faith in a culture that desperately needs God.

2/8/23

4:30 AM

30 MIN

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Focus on the Family

2/8/23

8:00 PM

30 MIN

Hope and Encouragement for Moms- Kirsten Watson offers encouragement for moms in the trenches. As a mom of seven and wife of NFL veteran Benjamin Watson, Kirsten reminds you to embrace your identity in Christ and trust God through the everyday-ness of motherhood.

Family Talk

2/9/23

4:30 AM

30 MIN

Celebrating Black History: One Family's Story (Part 1)- Alveda King, the niece of Martin Luther King, Jr., and the daughter of Alfred Daniels Williams King, recalls to our own Dr. Tim Clinton the pain of their deaths and the rage that developed inside her. Over time, and since her commitment to Jesus Christ in the 1980s, Alveda has embraced her mother's motto: "Love, forgive, and heal on your feet."

Focus on the Family

2/9/23

8:00 PM

30 MIN

Inviting God Into Your Dating Relationship (Part 1)- Debra Fileta discusses finding your identity before you make it your relationship, having emotional boundaries, and focusing on Christ as the true healing and fulfillment in your life. Her practical advice and fun stories are something you don't want to miss!

Family Talk

2/10/23

4:30 AM

30 MIN

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Family Talk

2/13/23 4:30 AM 30 MIN

Being a Godly Wife and Mom: Mentoring the Next Generation- Dr. James Dobson sits down with author Betty Huizenga to discuss her heart for reaching the next generation of wives and mothers through her ministry, Apples of Gold. She shares how her program provides opportunities for experienced mothers to pass along helpful advice to younger women through mentorship, cooking, and Bible studies.

Focus on the Family

2/13/23 8:00 PM 30 MIN

How to Stay Crazy in Love With Your Spouse (Part 1)- Debra Fileta discusses finding your identity before you make it your relationship, having emotional boundaries, and focusing on Christ as the true healing and fulfillment in your life. Her practical advice and fun stories are something you don't want to miss!

Family Talk

2/14/23 4:30 AM 30 MIN

Chasing Love (Part 1)- Dr. Sean McDowell, author of Chasing Love, shares with Dr. Tim Clinton that true freedom is restraining your sexual impulses until marriage. Life-long commitment is God's design for intimacy. Genesis 2:24 says, "That is why a man leaves his father and mother and is united to his wife, and they become one flesh."

Focus on the Family

2/14/23 8:00 PM 30 MIN

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Focus on the Family

2/15/23 8:00 PM 30 MIN

Choosing the Right Attitude- Author Deborah Pegues encourages listeners to embrace God's promises and focus on His divine perspective as a way of cultivating a more positive outlook on life.

Family Talk

2/16/23 4:30 AM 30 MIN

Workplace Grace: Your Spiritual Influence at Work (Part 1)- Dr. James Dobson sits down with Dr. Walt Larimore and Dr. Bill Peel to discuss their book, Workplace Grace, and how to take your faith to work and share the Good News.

Focus on the Family

2/16/23 8:00 PM 30 MIN

Helping Your Daughter Become a Confident Woman (Part 1)- Dr. Meg Meeker outlines the powerful influence that fathers have on their daughters, especially when it comes to counteracting the negative influences of our culture.

Family Talk

2/17/23 4:30 AM 30 MIN

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Family Talk

2/20/23 4:30 AM 30 MIN

Honoring Elizabeth: The Never Alone Project (Part 1)- Steve Reiter shares that because it happened at the beginning of the COVID pandemic, he was not allowed in the room to see his wife. Tragically, Elizabeth died alone, prompting Steve to create The Never Alone Project. Because patients thrive when a loved one is present, he advocates that at least one person be allowed to stay with a loved one at all times.

Focus on the Family

2/20/23 8:00 PM 30 MIN

Help For Single Moms Raising Boys (Part 1)- Roland Warren, who was raised by a single mom, offers help and encouragement for single moms with boys. He describes the importance of acknowledging loss and seeking healing.

Family Talk

2/21/23 4:30 AM 30 MIN

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2/21/23 8:00 PM 30 MIN

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Family Talk

2/22/23 4:30 AM 30 MIN

Rebuilding America: Evangelism on Capitol Hill (Part 1)- Ralph Drollinger and his wife, Danielle, share their hearts for those who are lost and have not yet encountered Jesus. Together, the Drollingers founded Capitol Ministries, a non-profit organization with a mission to minister to political leaders with God's Word.

Focus on the Family

2/22/23 8:00 PM 30 MIN

Centering Your Marriage on Christ- Ryan and Selena Frederick describe how, early in their marriage, his severe health problems compelled them to become more intentional about putting Christ at the center of their relationship. They explain what that means and offer couples help for doing the same.

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Focus on the Family

2/23/23 8:00 PM 30 MIN

My Passion For the Harvest (Part 1)- Pastor Greg Laurie describes his troubled past, growing up in the turbulent 1960's. As an illegitimate child, Greg questioned whether his life had any meaning or purpose. While his single mom was out partying, Greg sought solace through drugs and alcohol in his pre-teen years.

2/24/23 4:30 AM 30 MIN

Enough is Enough: Let's Stop the Threat of Porn to our Children- Dr. Tim Clinton interviews Donna Rice Hughes, president and CEO of Enough is Enough. With a mission to protect children and empower moms and dads, she urges parents to become cyber savvy by using Internet filters, regular monitoring, and using time-limiting tools. As a culture, it's time that we collectively yell, "Enough is enough!" We will no longer allow pornography to rob our kids of their innocence and pollute their minds.

Focus on the Family

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Family Talk

2/27/23 4:30 AM 30 MIN

Provide the Pattern (Part 1)- Pastor Brenen Beeler reminds Christian dads that their bodies are temples of the Holy Spirit. Unlike the Old Testament temple where God only revealed Himself once a year, we are blessed that He inhabits us daily. That should empower us to disciple our children through regular Bible reading together, weekly church attendance, and devoted service in Jesus Christ's name.

Focus on the Family

2/27/23 8:00 PM 30 MIN

Seeing God's Grace in a Broken World (Part 1)- Pastor Greg Laurie describes his troubled past, growing up in the turbulent 1960's. As an illegitimate child, Greg questioned whether his life had any meaning or purpose. While his single mom was out partying, Greg sought solace through drugs and alcohol in his pre-teen years.

Family Talk

2/28/23 4:30 AM 30 MIN

Provide the Pattern (Part 2)- Pastor Brenen Beeler reminds Christian dads that their bodies are temples of the Holy Spirit. Unlike the Old Testament temple where God only revealed Himself once a year, we are blessed that He inhabits us daily. That should empower us to disciple our children through regular Bible reading together, weekly church attendance, and devoted service in Jesus Christ's name.

2/28/23 8:00 PM 30 MIN

Seeing God's Grace in a Broken World (Part 2)- Pastor Greg Laurie describes his troubled past, growing up in the turbulent 1960's. As an illegitimate child, Greg questioned whether his life had any meaning or purpose. While his single mom was out partying, Greg sought solace through drugs and alcohol in his pre-teen years.

March

Family Talk

3/01/23 4:30 AM 30 MIN

A Story of Redemption: How One Woman Survived Sex Trafficking (Part 1)- Jessa Crisp shares her story with Dr. James Dobson and how God provided an escape for her at the age of 21 with a path toward restoration. Today, Jessa is a ray of light, helping others. With her testimony and professional skills in counseling and recovery, she has a mission to help others escape some of the darkest sins that humans commit against one another.

Focus on the Family

3/01/23 8:00 PM 30 MIN

Game Plan for Raising Well-Behaved Children (Part 1)- Psychologist and best-selling author Dr. Kevin Leman explains how you can avoid common parenting mistakes and implement "reality discipline," in which real-life consequences teach children rather than you lecturing, reminding or rescuing them.

Family Talk

3/02/23 4:30 AM 30 MIN

A Story of Redemption: How One Woman Survived Sex Trafficking (Part 2)- Jessa Crisp shares her story with Dr. James Dobson and how God provided an escape for her at the age of 21 with a path toward restoration. Today, Jessa is a ray of light, helping others. With her testimony and professional skills in counseling and recovery, she has a mission to help others escape some of the darkest sins that humans commit against one another.

Focus on the Family

3/02/23 8:00 PM 30 MIN

Game Plan for Raising Well-Behaved Children (Part 2)- Psychologist and best-selling author Dr. Kevin Leman explains how you can avoid common parenting mistakes and implement "reality discipline," in which real-life consequences teach children rather than you lecturing, reminding or rescuing them.

3/03/23 4:30 AM 30 MIN

A Story of Redemption: How One Woman Survived Sex Trafficking (Part 3)- Jessa Crisp shares her story with Dr. James Dobson and how God provided an escape for her at the age of 21 with a path toward restoration. Today, Jessa is a ray of light, helping others. With her testimony and professional skills in counseling and recovery, she has a mission to help others escape some of the darkest sins that humans commit against one another.

Focus on the Family

3/03/23 8:00 PM 30 MIN

Love in the Midst of Alzheimer's- Muriel began repeating her stories without realizing it. Alzheimer's disease had begun its insidious attack and would ultimately take over her mind. Her husband left his prestigious career behind to care for her full-time. It was a decision that had been made in his heart, years earlier, when he vowed "in sickness or in health."

Family Talk

3/06/23 4:30 AM 30 MIN

Serving God With What You Have- Are you living in the "God Space?" According to Dr. Lori Salierno-Maldonado, it is the place where the need is greater than the resources, and where the opportunity is greater than our ability.

Focus on the Family

3/06/23 8:00 PM 30 MIN

Combating the Lies That Can Destroy Your Marriage (Part 1)- Drs. Greg Smalley and Bob Paul describe how cultural myths and fairy-tale expectations about marriage have a detrimental effect on couples, and how knowing and applying biblical truth can help those couples develop a thriving marriage.

Family Talk

3/07/23 4:30 AM 30 MIN

Homosexuality and the 21st Century Church (Part 1)- Dr. James Dobson addresses this trend with Anne Edward, the executive director of Restored Hope Network, a ministry dedicated to serving those who are broken by relational sin and homosexuality. They examine the hostility toward the biblical truth about homosexuality, while Anne shares her own story of being liberated from a sinful lifestyle.

3/07/23 8:00 PM 30 MIN

Combating the Lies That Can Destroy Your Marriage (Part 1)- Drs. Greg Smalley and Bob Paul describe how cultural myths and fairy-tale expectations about marriage have a detrimental effect on couples, and how knowing and applying biblical truth can help those couples develop a thriving marriage.

Family Talk

3/08/23 4:30 AM 30 MIN

Homosexuality and the 21st Century Church (Part 2)- Dr. James Dobson addresses this trend with Anne Edward, the executive director of Restored Hope Network, a ministry dedicated to serving those who are broken by relational sin and homosexuality. They examine the hostility toward the biblical truth about homosexuality, while Anne shares her own story of being liberated from a sinful lifestyle.

Focus on the Family

3/08/23 8:00 PM 30 MIN

Accepting My True Identity in Christ (Part 1)- Rosaria Champagne Butterfield shares her dramatic testimony of coming to faith in Jesus Christ after living as a lesbian who was vehemently opposed to Christianity and the Bible.

Family Talk

3/09/23 4:30 AM 30 MIN

Crossfire Ministries - Evangelism Through Sports (Part 1)- Dr. Tim Clinton interviews Randy Shepherd and Jamie Johnson, the co-founders of Crossfire Ministries. Through their organization, Randy and Jamie are influencing today's generation and others by using sports as an evangelistic tool. They are finding the love of the game to be an effective way to reach people from all walks of life with the gospel. Tune in to learn more about how Randy and Jamie are utilizing basketball and grabbing the attention of thousands, not only coaching them with great lessons, but also introducing them to Jesus Christ.

Focus on the Family

3/09/23 8:00 PM 30 MIN

Accepting My True Identity in Christ (Part 2)- Rosaria Champagne Butterfield shares her dramatic testimony of coming to faith in Jesus Christ after living as a lesbian who was vehemently opposed to Christianity and the Bible.

3/10/23 4:30 AM 30 MIN

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Focus on the Family

3/10/23 8:00 PM 30 MIN

Seeing the Funny Side of Life- As a full-time comedian, Kenn Kington works hard to see the funny side of life. Whether he's traveling by plane or by car, situations arise that can produce frustration or laughter, and Kenn tries to choose joy whenever possible.

Family Talk

3/13/23 4:30 AM 30 MIN

Prayer, Peace, and the Presence of God- Adversity in life can sometimes cause our faith to be shaken. On today's edition of Family Talk, Dr. James Dobson interviews Dave Butts, the late president of Harvest Prayer Ministries in 2018. Before his passing, Dave opened up about his battle with a rare form of cancer, from which he wasn't expected to recover. Through this difficult journey, he revealed what he learned about fervent prayer and the peace of God.

Focus on the Family

3/13/23 8:00 PM 30 MIN

Fun Ways to Instill Virtues in Your Children (Part 1)- Blogger and speaker Courtney DeFeo offers practical suggestions and fun ideas on how parents can make biblically-based values, love and laughter a part of everyday life in the home.

Family Talk

3/14/23 4:30 AM 30 MIN

Only the Beginning: Students for Life, Building New Leaders in 2023- Kristan Hawkins, the president of Students for Life of America, shares with our own Dr. Tim Clinton her undying passion and drive for preserving the rights of the preborn even after the major win at the Supreme Court. Learn how Kristan and her team are mobilizing young people nationwide to spread the truth about the abortion industry and where it's headed. Find out how you can get involved in the fight to not only make abortion illegal, but unthinkable!

3/14/23 8:00 PM 30 MIN

Fun Ways to Instill Virtues in Your Children (Part 2)- Blogger and speaker Courtney DeFeo offers practical suggestions and fun ideas on how parents can make biblically-based values, love and laughter a part of everyday life in the home.

Family Talk

3/15/23 4:30 AM 30 MIN

I am Rahab: Touched by God, Fully Restored- Dr. James Dobson interviews author and speaker Autumn Miles to discuss her book, I Am Rahab: Touched by God, Fully Restored. Autumn also shares her testimony of how God used domestic abuse in her life to guide her to salvation in Him, and bring her to freedom from the bondage and shame she bore for many years. 2 Corinthians 5:17 boldly proclaims, "Therefore, if anyone is in Christ, the new creation has come. The old has gone, the new is here!"

Focus on the Family

3/15/23 8:00 PM 30 MIN

Trusting God That Hope is On the Way- Grammy award-winning artist TobyMac shares about faith, family, and music, as he encourages you to trust Christ in all circumstances. Toby shares about the tragic loss of his oldest son and the dark valley his family has walked through while holding onto their hope in God.

Family Talk

3/16/23 4:30 AM 30 MIN

Rise Up: Moms in Prayer (Part 1)- God, through prayer, has transformed the hearts and minds of moms all over the world as they come together and stand in the gap to pray for their children. On today's edition of Family Talk, Dr. Tim Clinton speaks with Sally Burke, president of Moms in Prayer International. She shares how God is moving in and through her ministry, using schools and teachers to provide an opportunity for their children to come to know Jesus Christ as their Lord and Savior.

Focus on the Family

3/16/23 8:00 PM 30 MIN

Answering Questions About Sex in Marriage (Part 1)- Shaunti Feldhahn and professional sex therapist Dr. Michael Sytsma join Jim and John to discuss common questions that married couples ask about physical intimacy. Whether you just tied the knot, or you've been married for decades, there are bound to be questions surrounding the topic of sex — and that's okay!

3/17/23 4:30 AM 30 MIN

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Focus on the Family

3/17/23 8:00 PM 30 MIN

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Family Talk

3/20/23 4:30 AM 30 MIN

Living Through the Loss of a Spouse (Part 1)- Dr. James Dobson interviews Dee Brestin to discuss her heart-wrenching journey back into a life of singleness following the death of her husband, Steve. In the midst of her journey, Dee learned to lean on the Lord, and discovered His unwavering faithfulness in the midst of deep loneliness and grief.

Focus on the Family

3/20/23 8:00 PM 30 MIN

Experiencing God's Mercy After Leaving the Abortion Industry (Part 1)- Abby Johnson recounts what God has done in her life since she originally released her book Unplanned and shares stories of the ways she's helped women leave the abortion industry through her ministry, And Then There Were None.

Family Talk

3/21/23 4:30 AM 30 MIN

Living Through the Loss of a Spouse (Part 2)- Dr. James Dobson interviews Dee Brestin to discuss her heart-wrenching journey back into a life of singleness following the death of her husband, Steve. In the midst of her journey, Dee learned to lean on the Lord, and discovered His unwavering faithfulness in the midst of deep loneliness and grief.

3/21/23 8:00 PM 30 MIN

Experiencing God's Mercy After Leaving the Abortion Industry (Part 2)- Abby Johnson recounts what God has done in her life since she originally released her book Unplanned and shares stories of the ways she's helped women leave the abortion industry through her ministry, And Then There Were None.

Family Talk

3/22/23 4:30 AM 30 MIN

One at a Time: God Wants to Use You to Change the World (Part 1)- It seems that culture is changing faster than we can imagine, and it can be overwhelming to think of how we can make a difference and where to start. But what if all we need to do is focus on just one person at a time? Dr. Tim Clinton discusses this concept with Kyle Idleman, senior pastor of Southeast Christian Church, and the author of One at a Time: The Unexpected Way God Wants to Use You to Change the World. Hear how Kyle's life was changed one day after reading Luke 8, and how he learned to view serving others with a "zoom lens" focus.

Focus on the Family

3/22/23 8:00 PM 30 MIN

Creating a Marriage Full of Love and Laughter- Lisa Jacobson and Phylicia Masonheimer discuss the series of "flirtation experiments" they created to rekindle their connection with their husbands. Through simple acts of love and kindness, these women were able to start a chain reaction that resulted in happier, stronger marriages.

Family Talk

3/23/23 4:30 AM 30 MIN

One at a Time: God Wants to Use You to Change the World (Part 2)- It seems that culture is changing faster than we can imagine, and it can be overwhelming to think of how we can make a difference and where to start. But what if all we need to do is focus on just one person at a time? Dr. Tim Clinton discusses this concept with Kyle Idleman, senior pastor of Southeast Christian Church, and the author of One at a Time: The Unexpected Way God Wants to Use You to Change the World. Hear how Kyle's life was changed one day after reading Luke 8, and how he learned to view serving others with a "zoom lens" focus.

3/23/23 8:00 PM 30 MIN

How to Be a Prayer Warrior for Your Child- Dr. Erwin Lutzer shows parents how to abandon their routine lists of requests and trade them for scriptural prayers, immersing them in God's promises and will.

Family Talk

3/24/23 4:30 AM 30 MIN

I Can Do All Things Through Him: Living Out Philippians 4:13- Philippians 4:13, says, "I can do all things through Him who gives me strength." For author and Bible teacher Jennifer Rothschild, this verse came to be an anchor after she lost her eyesight as a teenager. Jennifer shares with Dr. Tim Clinton her triumphant story of how despite being blind, God has made her life "well with her soul."

Focus on the Family

3/24/23 8:00 PM 30 MIN

Making Waves of Good News- Pastor John Burke encourages listeners to create opportunities to reach others for Christ by building relationships and providing a judgment-free "come as you are" learning space. Hear inspiring stories of how you can engage with others in everyday life, leading to lasting change.

Family Talk

3/27/23 4:30 AM 30 MIN

Taking My Life Back (Part 1)- On April 15, 2013, terrorists set off two bombs at the annual Boston Marathon, killing three people and brutally injuring over 260 more. Dr. James Dobson interviews one of the survivors, Rebekah Gregory. She shares her account of that day, the horror of that fateful moment, and the gruesome injuries she sustained, which led her to have over 65 surgeries and the amputation of her left leg. Discover how God spared the lives of Rebekah and her son, and how this experience strengthened her relationship with the Lord.

Focus on the Family

3/27/23 8:00 PM 30 MIN

Cherish Your Spouse, Change Your Marriage (Part 1)- Author Gary Thomas describes what it means to truly cherish your spouse, offering practical advice to help you build a more satisfying and fulfilling marriage.

3/28/23 4:30 AM 30 MIN

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Focus on the Family

3/28/23 8:00 PM 30 MIN

Cherish Your Spouse, Change Your Marriage (Part 2)- Author Gary Thomas describes what it means to truly cherish your spouse, offering practical advice to help you build a more satisfying and fulfilling marriage.

Family Talk

3/29/23 4:30 AM 30 MIN

The Role of Christianity and The Church in American Public Life- According to Gary Bauer, "there would not be an America without involved Christians". The senior vice president of public policy at the Dr. James Dobson Family Institute shares that despite the opposing views within secular culture, our Christian faith plays a significant role in the public square. Gary also points out the blueprints for our nation, designed by the Lord, that are embedded throughout our nation's capital and history, and warns that the threats to our religious freedom must not be ignored.

Focus on the Family

3/29/23 8:00 PM 30 MIN

Restoring the Broken Pieces of Our Lives (Part 1)- Elisa Morgan shares stories of brokenness from her own family to assure other wives and mothers that God uses tragedy to create beauty here on earth.

3/30/23 4:30 AM 30 MIN

Firsthand Witness: My Story of Working Inside the Abortion Industry (Part 1)- September 26, 2009, was the day that changed Abby Johnson's life forever. On that date, she was working as a clinic administrator at Planned Parenthood when she was asked to assist with an ultrasound-guided abortion. Abby recounts to Dr. Tim Clinton the horror she felt as she watched a 13-week-old baby lose its life in the womb. From that traumatic event, she learned the awful truth about abortion, and decided to dedicate her life to helping women find a way out from the abortion industry and experience healing through her organization, And Then There Were None.

Focus on the Family

3/30/23 8:00 PM 30 MIN

Restoring the Broken Pieces of Our Lives (Part 2)- Elisa Morgan shares stories of brokenness from her own family to assure other wives and mothers that God uses tragedy to create beauty here on earth.

Family Talk

3/31/23 4:30 AM 30 MIN

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Focus on the Family

3/31/23 8:00 PM 30 MIN

Inviting Your Child Into the Easter Story- Josh and Christi Straub want to help Christian parents introduce their young children to the story of Jesus Christ's life, death and resurrection in ageappropriate ways. Exposing kids to the gruesome fact of Christ's execution is challenging, yet the Straubs believe parents are too quick to fast-forward to the joy of Resurrection Sunday.