



PROGRAMS LIST

1st Quarter

January 2020

Family Talk

1/01/20

4:30 AM

30 MIN

Healing the Past and Moving On (Part 1)- Romans chapter 5 says to rejoice in our suffering because trials develop perseverance, character, and hope. Dr. Carolyn Koons opens up about her painful childhood that was scarred by feelings of abandonment and lack of love from her own parents.

Focus on the Family

1/01/20

8:00 PM

30 MIN

Harnessing the Power of Word Pictures- Greg Smalley and John Trent explain how spouses and parents can avoid miscommunication and conflict by using "word pictures," which are simple metaphors to help clarify thoughts and feelings. The discussion is based on a book by John and Greg's father, Gary Smalley, titled The Language of Love: The Secret to Being Instantly Understood.

Family Talk

1/02/20

4:30 AM

30 MIN

Healing the Past and Moving On (Part 2)- Romans chapter 5 says to rejoice in our suffering because trials develop perseverance, character, and hope. Dr. Carolyn Koons opens up about her painful childhood that was scarred by feelings of abandonment and lack of love from her own parents.

Focus on the Family

1/02/20

8:00 PM

30 MIN

Homemade Meals for Busy Families- Mary Beth Lagerborg, co-creator of Once-A-Month-Cooking, discusses the importance of hospitality and how families can prioritize dinner time by cooking a month's worth of healthy meals in one session.

Family Talk

1/03/20

4:30 AM

30 MIN

Depression: A Global Problem- According to mental health experts, 300 million people worldwide suffer from depression every year. Dr. Tim Clinton discusses this global struggle with licensed counselor and author, Dr. Gregory Jantz.

Focus on the Family

1/03/20

8:00 PM

30 MIN

Honoring Preborn Life in 2020- Jeanne Mancini, President of the March for Life Education and Defense Fund, discusses the current status of the pro-life movement and the ongoing threat to eliminate all protection of preborn babies.

Family Talk

1/06/20

4:30 AM

30 MIN

Relying on God's Strength- Businessman David Abel shares with Dr. Dobson how he has personally relied on the Lord. He explains his start in the corporate world, then talks about his decision to purchase the historic Star Barn.

Focus on the Family

1/06/20

8:00 PM

30 MIN

Empowering Women to Take Control of Their Finances- Deborah Smith Pegues equips women to manage finances wisely in a discussion based on her book *The One-Minute Money Mentor for Women: 21 Strategies for Financial Empowerment*.

Family Talk

1/07/20

4:30 AM

30 MIN

Behind Enemy Lines: Fighting for the Least of These (Part 1)- During His earthly ministry, Jesus challenged His disciples to purposely find and help those in need. On this broadcast, humanitarians Victor and Eileen Marx explain why that statute still applies to believers today.

Focus on the Family

1/07/20

8:00 PM

30 MIN

My Journey to Salvation (Part 1)- Adolph Coors explains how growing up in the Coors Brewing family taught him that wealth could never protect him from misfortune. After his father was murdered, Adolph spent years searching for meaning in life, which he eventually found in a relationship with Jesus Christ.

Family Talk

1/08/20

4:30 AM

30 MIN

Behind Enemy Lines: Fighting for the Least of These (Part 2)- During His earthly ministry, Jesus challenged His disciples to purposely find and help those in need. On this broadcast, humanitarians Victor and Eileen Marx explain why that statute still applies to believers today.

Focus on the Family

1/08/20

8:00 PM

30 MIN

My Journey to Salvation (Part 2)- Adolph Coors explains how growing up in the Coors Brewing family taught him that wealth could never protect him from misfortune. After his father was murdered, Adolph spent years searching for meaning in life, which he eventually found in a relationship with Jesus Christ.

Family Talk

1/09/20

4:30 AM

30 MIN

Dark Agenda: The War to Destroy Christian America (Part 1)- Dr. Dobson sits down with popular conservative author and speaker, David Horowitz. The two discuss the origins of the hostility towards religion, while David explains his decision to walk away from a liberal mindset.

Focus on the Family

1/09/20

8:00 PM

30 MIN

Being a “Yes” Parent in a World of No’s (Part 1)- In a discussion based on their book, Never Say No: Raising Big-Picture Kids, Pastor Mark Foreman and his wife, Jan, describe how parents can expand their children’s world by saying “yes” to them more often, instead of relying on the word “no” as a default response for managing their kids’ behavior.

Family Talk

1/10/20

4:30 AM

30 MIN

Dark Agenda: The War to Destroy Christian America (Part 2)- Dr. Dobson sits down with popular conservative author and speaker, David Horowitz. The two discuss the origins of the hostility towards religion, while David explains his decision to walk away from a liberal mindset.

Focus on the Family

1/10/20

8:00 PM

30 MIN

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Family Talk

1/13/20

4:30 AM

30 MIN

Embracing Love and Respect in Marriage (Part 1)- Popular author and speaker Dr. Emerson Eggerichs delivers a message based on his best-selling book, Love and Respect. He highlights the importance of spouses valuing each other and clarifies some of the different dynamics between the sexes.

Focus on the Family

1/13/20

8:00 PM

30 MIN

Answering Your Kids’ Tough Faith Questions- Natasha Crain helps parents strengthen their children’s Christian beliefs in a discussion based on her book Keeping Your Kids on God’s Side: 40 Conversations to Help Them Build a Lasting Faith.

Family Talk

1/14/20

4:30 AM

30 MIN

Embracing Love and Respect in Marriage (Part 2)- Popular author and speaker Dr. Emerson Eggerichs delivers a message based on his best-selling book, Love and Respect. He highlights the importance of spouses valuing each other and clarifies some of the different dynamics between the sexes.

Focus on the Family

1/14/20

8:00 PM

30 MIN

Finding Strength in the Midst of Disappointment (Part 1)- Lysa TerKeurst offers hope and encouragement to listeners struggling with life's hardships in a discussion based on her new book, It's Not Supposed to be This Way: Finding Unexpected Strength When Disappointments Leave You Shattered.

Family Talk

1/15/20

4:30 AM

30 MIN

Brain Health 101- Dr. Tim Clinton sits down with renowned psychiatrist and neuroscientist, Dr. Daniel Amen. Dr. Amen talks about his years of studying the brain and identifies various threats to our mental health. Hear what you can do to better appreciate and preserve your brain.

Focus on the Family

1/15/20

8:00 PM

30 MIN

Finding Strength in the Midst of Disappointment (Part 2)- Lysa TerKeurst offers hope and encouragement to listeners struggling with life's hardships in a discussion based on her new book, It's Not Supposed to be This Way: Finding Unexpected Strength When Disappointments Leave You Shattered.

Family Talk

1/16/20

4:30 AM

30 MIN

Women and Emotional Infidelity (Part 1)- Marital unfaithfulness oftentimes begins with seemingly harmless interactions with the opposite sex, either online or during one's daily routine. Dr. Dobson discusses this topic with respected author, Julie Barnhill. She candidly opens up about her own battle with emotional infidelity which stemmed from an unhealthy view of relationships in her teen years.

Focus on the Family

1/16/20

8:00 PM

30 MIN

Restoring Godly Values to America- Tim Goeglein encourages Christians to work within their families, churches, and local communities to restore the biblical and moral principles that helped establish the greatness America had when it was first founded.

Family Talk

1/17/20

4:30 AM

30 MIN

Women and Emotional Infidelity (Part 2)- Marital unfaithfulness oftentimes begins with seemingly harmless interactions with the opposite sex, either online or during one's daily routine. Dr. Dobson discusses this topic with respected author, Julie Barnhill. She candidly opens up about her own battle with emotional infidelity which stemmed from an unhealthy view of relationships in her teen years.

Focus on the Family

1/17/20

8:00 PM

30 MIN

A Lighthearted Look at Wedded Bliss- Comedian John Branyan shares a humorous look at living with a spouse who is your polar opposite and a touching message about the wonder of true, lasting love.

Family Talk

1/20/20

4:30 AM

30 MIN

A Snowflake Named Hannah (Part 1)- John and Marlene Strege were the first couple to adopt a frozen embryo, a process now called 'snowflake adoption.' Hear their fascinating testimony and their daughter Hannah's perspective of her unique origins.

Focus on the Family

1/20/20

8:00 PM

30 MIN

Reaching Across Cultural Divides (Part 2)- Dr. David Ireland explains how Christians can help foster racial and ethnic diversity, and experience cross-cultural relationships in healthy, godly ways.

Family Talk

1/21/20

4:30 AM

30 MIN

A Snowflake Named Hannah (Part 2)- John and Marlene Strege were the first couple to adopt a frozen embryo, a process now called 'snowflake adoption.' Hear their fascinating testimony and their daughter Hannah's perspective of her unique origins.

Focus on the Family

1/21/20

8:00 PM

30 MIN

Reaching Across Cultural Divides (Part 2)- Dr. David Ireland explains how Christians can help foster racial and ethnic diversity, and experience cross-cultural relationships in healthy, godly ways.

Family Talk

1/22/20

4:30 AM

30 MIN

Pre-Born Lives Matter (Part 1)- Dr. Lile makes strong arguments for the precious life inside a mother's womb and highlights the egregious effects abortion has on our culture.

Focus on the Family

1/22/20

8:00 PM

30 MIN

From Abortionist to Pro-Life Advocate: A Story of God's Redemption (Part 1)- Dr. David Ireland explains how Christians can help foster racial and ethnic diversity, and experience cross-cultural relationships in healthy, godly ways.

Family Talk

1/23/20

4:30 AM

30 MIN

Pre-Born Lives Matter (Part 2)- Dr. Lile makes strong arguments for the precious life inside a mother's womb and highlights the egregious effects abortion has on our culture.

Focus on the Family

1/23/20

8:00 PM

30 MIN

From Abortionist to Pro-Life Advocate: A Story of God's Redemption (Part 2)- Dr. David Ireland explains how Christians can help foster racial and ethnic diversity, and experience cross-cultural relationships in healthy, godly ways.

Family Talk

1/24/20

4:30 AM

30 MIN

When Life Throws You a Curveball- The late baseball pitcher Frank Pastore is widely remembered for his outspoken faith in Jesus, rather than his MLB career. On this broadcast, you will hear a moving speech he gave several years before his untimely death in 2012.

Focus on the Family

1/24/20

8:00 PM

30 MIN

Reaching Women in Crisis- Greta Henry, the director of a pregnancy resource center in Illinois, shares inspiring stories of how centers like hers are changing the minds of abortion-seeking moms and saving pre-born babies' lives. Rain Pierce joins the conversation to tell her dramatic story of past domestic violence, drug abuse and God's redemptive power in her life.

Family Talk

1/27/20

4:30 AM

30 MIN

What Is a Girl Worth? (Part 1)- In 2016, Rachael Denhollander was the first woman to accuse former USA Gymnastics physician, Larry Nassar, of sexual abuse. On this broadcast, she shares her heartbreaking testimony detailed in her book, What Is a Girl Worth?

Focus on the Family

1/27/20

8:00 PM

30 MIN

Cherishing the Differences in Your Spouse- Authors Greg and Erin Smalley encourage spouses to embrace each other's differences, focusing on their good qualities instead of their faults.

Family Talk

1/28/20

4:30 AM

30 MIN

What Is a Girl Worth? (Part 2)- In 2016, Rachael Denhollander was the first woman to accuse former USA Gymnastics physician, Larry Nassar, of sexual abuse. On this broadcast, she shares her heartbreaking testimony detailed in her book, What Is a Girl Worth?

Focus on the Family

1/28/20

8:00 PM

30 MIN

Speaking of Life: Our Listeners' Stories- Focus on the Family presents touching stories from listeners who've defended and upheld the sanctity of human life.

Family Talk

1/29/20

4:30 AM

30 MIN

Seven Men Who Changed the World (Part 1)- What does it mean to be a 'hero'? Who should young men look up to? On this broadcast, Dr. Dobson discusses a few prominent historical role models with Eric Metaxas, author of Seven Men: And the Secret of Their Greatness.

Focus on the Family

1/29/20

8:00 PM

30 MIN

Rocking Your Grandparenting Years- Chrys Howard offers grandparents encouragement and advice in a discussion based on her book *Rockstar Grandparent: How You Can Lead the Way, Light the Road, and Launch a Legacy*.

Family Talk

1/30/20

4:30 AM

30 MIN

Seven Men Who Changed the World (Part 2)- What does it mean to be a 'hero'? Who should young men look up to? On this broadcast, Dr. Dobson discusses a few prominent historical role models with Eric Metaxas, author of *Seven Men: And the Secret of Their Greatness*.

Focus on the Family

1/30/20

8:00 PM

30 MIN

Finding Hope Through Family Tragedy- Speaker Keith Becker describes how the tragic loss of his younger brother in a drunk-driving accident ultimately helped to bring about healing and restoration to their family.

Family Talk

1/31/20

4:30 AM

30 MIN

Seven Men Who Changed the World (Part 3)- What does it mean to be a 'hero'? Who should young men look up to? On this broadcast, Dr. Dobson discusses a few prominent historical role models with Eric Metaxas, author of *Seven Men: And the Secret of Their Greatness*.

Focus on the Family

1/31/20

8:00 PM

30 MIN

Remaining Calm in the Chaos of Life- Popular speaker and author Nicole Johnson highlights some of the challenges she's faced – including being stressed out as a crazy-busy mom and losing her relationship with a long-time, dear friend – and describes how these experiences taught her to find inner calm and healing with God's help.

February 2020

Family Talk

2/3/20

4:30 AM

30 MIN

Living as Salt and Light (Part 1)- Dr. Dobson and Bob Vander Plaats, President and CEO of The Family Leader, address every believer's call to be politically involved. Bob describes his life and career in politics, while Dr. Dobson highlights key social issues that will shape America's moral future.

Focus on the Family

2/3/20

8:00 PM

30 MIN

How to Find a Good and Godly Spouse- Author Gary Thomas outlines some important, biblically-based character attributes which singles should look for in a future spouse.

Family Talk

2/4/20

4:30 AM

30 MIN

Living as Salt and Light (Part 2)- Dr. Dobson and Bob Vander Plaats, President and CEO of The Family Leader, address every believer's call to be politically involved. Bob describes his life and career in politics, while Dr. Dobson highlights key social issues that will shape America's moral future.

Focus on the Family

2/4/20

8:00 PM

30 MIN

Are Your Five Core Needs Being Met? (Part 1)- Author Gary Thomas outlines some important, biblically-based character attributes which singles should look for in a future spouse.

Family Talk

2/5/20

4:30 AM

30 MIN

Healing Childhood Wounds Through Mentorship (Part 1)- Through this edition, you will hear about the significance of intentional Christian mentorship, from strong leaders Joe White and Jon Gibson. They talk with Dr. Dobson about their heart to guide those who don't have godly male role models.

Focus on the Family

2/5/20

8:00 PM

30 MIN

Are Your Five Core Needs Being Met? (Part 2)- Author Gary Thomas outlines some important, biblically-based character attributes which singles should look for in a future spouse.

Family Talk

2/6/20

4:30 AM

30 MIN

Healing Childhood Wounds Through Mentorship (Part 2)- Through this edition, you will hear about the significance of intentional Christian mentorship, from strong leaders Joe White and Jon Gibson. They talk with Dr. Dobson about their heart to guide those who don't have godly male role models.

Focus on the Family

2/6/20

8:00 PM

30 MIN

Standing for Life in the Black Community- Pro-life activist Christina Bennett discusses how she's fighting the number one killer of black Americans – abortion. She also shares her story of how she's alive today because a Christian woman encouraged her mother to flee an abortion clinic.

Family Talk

2/7/20

4:30 AM

30 MIN

Breaking the Argument Cycle in Marriage- Conflict is a predictable part of every marriage, but it shouldn't be a consistent habit. On this edition, Dr. Tim Clinton discusses the idea of healthy arguing with Dr. Sharon May of the Safe Haven Relationship Center.

Focus on the Family

2/7/20

8:00 PM

30 MIN

Parenting the Heart of Your Teen- Connie Albers offers parents practical advice for overcoming challenges they face in rearing their teenage children in a discussion based on her book, Parenting Beyond the Rules: Raising Teens With Confidence and Joy.

Family Talk

2/10/20

4:30 AM

30 MIN

Be Still and Know God: Discerning Wild at Heart (Part 1)- People living in the 21st century have become so entrenched in this fast-paced society, they don't know how to relax or unplug. John Eldredge joins Dr. Dobson to tackle this pressing issue.

Focus on the Family

2/10/20

8:00 PM

30 MIN

Becoming Messengers for Life (Part 1)- Joni Eareckson Tada describes how the weak and vulnerable in our society are being stripped of value and dignity, and urges Christians to stand against today's culture of death by fighting against abortion, assisted suicide, and euthanasia.

Family Talk

2/11/20

4:30 AM

30 MIN

Be Still and Know God: Get Your Life Back- (Part 2)- People living in the 21st century have become so entrenched in this fast-paced society, they don't know how to relax or unplug. John Eldredge joins Dr. Dobson to tackle this pressing issue.

Focus on the Family

2/11/20

8:00 PM

30 MIN

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Family Talk

2/12/20

4:30 AM

30 MIN

The Heart of the Story: Tough Love in Marriage (Part 1)- Even though marriage can be tough at times and extreme hardships can happen, reconciliation is possible

Focus on the Family

2/12/20

8:00 PM

30 MIN

Embracing Your Imperfections as a Parent- In a discussion based on their book Parenting With Heart, counselors Stephen James and Chip Dodd encourage parents to let go of perfectionism and to give themselves grace when they make mistakes.

Family Talk

2/13/20

4:30 AM

30 MIN

The Heart of the Story: Tough Love in Marriage (Part 2)- Even though marriage can be tough at times and extreme hardships can happen, reconciliation is possible

Focus on the Family

2/13/20

8:00 PM

30 MIN

How to Have a Better Sex Life by Understanding Your Love Style (Part 1)- Counselors Milan and Kay Yerkovich outline the four basic attachment styles (avoider, pleaser, vacillator, & chaotic) in terms of

how each approaches marital intimacy and describe how the healing of your style can help overcome barriers to physical intimacy with your spouse.

Family Talk

2/14/20

4:30 AM

30 MIN

The Heart of the Story: Tough Love in Marriage (Part 3)- Even though marriage can be tough at times and extreme hardships can happen, reconciliation is possible

Focus on the Family

2/14/20

8:00 PM

30 MIN

How to Have a Better Sex Life by Understanding Your Love Style (Part 2)- Counselors Milan and Kay Yerkovich outline the four basic attachment styles (avoider, pleaser, vacillator, & chaotic) in terms of how each approaches marital intimacy and describe how the healing of your style can help overcome barriers to physical intimacy with your spouse.

Family Talk

2/17/20

4:30 AM

30 MIN

God's Way or My Way (Part 1)- There are many world religions that elevate mankind into the role of God. This classic broadcast deals with our pride problem, through a speech by best-selling author and speaker, Frank Peretti.

Focus on the Family

2/17/20

8:00 PM

30 MIN

Getting Rid of Clutter in Your Home- In a discussion based on her book The Clutter-Free Home, Kathi Lipp offers insight into the emotional and spiritual issues that may be leading you to cling to stuff you don't need, and suggests practical ways to de-clutter your home so that it becomes a place of greater comfort and peace.

Family Talk

2/18/20

4:30 AM

30 MIN

God's Way or My Way (Part 2)- There are many world religions that elevate mankind into the role of God. This classic broadcast deals with our pride problem, through a speech by best-selling author and speaker, Frank Peretti.

Focus on the Family

2/18/20

8:00 PM

30 MIN

Bringing Laughter to Your Marriage- Pastor Ted Cunningham shares humorous stories from life with his spouse to illustrate how laughter is a key component for a thriving and lasting marriage. He explores the emotional, physical, and spiritual benefits of laughter, and encourages listeners to discover their “humor muscle” and flex it on a daily basis.

Family Talk

2/19/20

4:30 AM

30 MIN

Dealing with Marital Infidelity- Dr. Tim Clinton talks about this issue with licensed marriage and family therapist, Dr. Sheri Keffer. She speaks candidly about how pornography, lust and infidelity wrecked her first marriage.

Focus on the Family

2/19/20

8:00 PM

30 MIN

How God Redeemed My Teen Pregnancy (Part 1)- Lindsay Pepin Ophus, her mother, Scarlet, and her aunt Bethany share their inspiring story of how God brought about redemption in their family when Lindsay became pregnant as a teenager. Our guests describe how God’s grace turned distress into hope when Bethany was moved to adopt her niece’s baby.

Family Talk

2/20/20

4:30 AM

30 MIN

Raising Boys: Routine Panic (Part 1)- You will hear a timeless message from Dr. Dobson's Bringing Up Boys teaching series. He shares his own antics from his teen years, while also highlighting the crucial lessons that only a dad can teach his son.

Focus on the Family

2/20/20

8:00 PM

30 MIN

How God Redeemed My Teen Pregnancy (Part 2)- Lindsay Pepin Ophus, her mother, Scarlet, and her aunt Bethany share their inspiring story of how God brought about redemption in their family when Lindsay became pregnant as a teenager. Our guests describe how God’s grace turned distress into hope when Bethany was moved to adopt her niece’s baby.

Family Talk

2/21/20

4:30 AM

30 MIN

Raising Boys: Routine Panic (Part 2)- You will hear a timeless message from Dr. Dobson's Bringing Up Boys teaching series. He shares his own antics from his teen years, while also highlighting the crucial lessons that only a dad can teach his son.

Focus on the Family

2/21/20

8:00 PM

30 MIN

Discussing Family Values With Vice President Pence- Vice President Mike Pence discusses his family, faith, the importance of protecting religious freedoms worldwide, and the sanctity of human life. Join us for an insightful discussion about the vice president's values and how his Christian faith guides him daily.

Family Talk

2/24/20

4:30 AM

30 MIN

Let the Buyer Beware (Part 1)- Dr. Dobson sits down with author, radio host and financial expert, Dave Ramsey. The two focus on the marketing schemes that threaten one's fiscal stability, while also sharing what the Bible says about stewarding finances.

Focus on the Family

2/24/20

8:00 PM

30 MIN

Raising Courageous Daughters- Counselor Terra Mattson describes how today's culture is influencing girls to doubt their sense of self-worth through the emotional turmoil caused by doubt, fear, and negative body image.

Family Talk

2/25/20

4:30 AM

30 MIN

Let the Buyer Beware (Part 2)- Dr. Dobson sits down with author, radio host and financial expert, Dave Ramsey. The two focus on the marketing schemes that threaten one's fiscal stability, while also sharing what the Bible says about stewarding finances.

Focus on the Family

2/25/20

8:00 PM

30 MIN

The Crucial Role of Men Standing for Life- Recognizing that behind every abortion, there's a man involved, Stephen Arterburn offers hope to post-abortive men as he describes how he found God's forgiveness amidst the guilt of coercing a past girlfriend to have an abortion. He also discusses the need for Christian men to advocate the value of all human life.

Family Talk

2/26/20

4:30 AM

30 MIN

Why Children Are Precious in God's Sight- Dr. Dobson reads his February newsletter, which emphasizes the miracle and preciousness of children.

Focus on the Family

2/26/20

8:00 PM

30 MIN

Strengthening Your Marriage Through Daily Choices- Pastor Ron Zappia and his wife, Jody, describe the turbulent early years of their marriage and how God's grace helped restore their relationship.

Family Talk

2/27/20

4:30 AM

30 MIN

Coach Wooden: Timeless Wisdom (Part 1)- Coach Wooden reflects back on his life before basketball and passes along timeless biblical insights. It's a meaningful discussion you don't want to miss.

Focus on the Family

2/27/20

8:00 PM

30 MIN

Bringing Gospel Clarity to a Feelings-First World (Part 1)- Abdu Murray, Senior Vice President of Ravi Zacharias Ministries, shares his story of how he converted from Islam to Christianity and offers insight into modern evangelism which faces the challenge of sharing the Gospel in a "post-truth" world where personal preferences often override logic and truth.

Family Talk

2/28/20

4:30 AM

30 MIN

Coach Wooden: Timeless Wisdom (Part 2)- Coach Wooden reflects back on his life before basketball and passes along timeless biblical insights. It's a meaningful discussion you don't want to miss.

Focus on the Family

2/28/20

8:00 PM

30 MIN

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March 2020

Family Talk

3/2/20

4:30 AM

30 MIN

A Tribute to Dr. Lois Evans (Part 1)- Dr. Tony Evans' touching tribute to his late wife of 49 years. He shares heartfelt moments from her last few days and uses the Apostle Paul's goodbye to Timothy as a basis for our eternal perspective. Hear the biblical way we should honor someone's Christ-centered legacy.

Focus on the Family

3/2/20

8:00 PM

30 MIN

Discovering the Secrets to a Lifelong Romance (Part 1)- Popular guest Dr. Kevin Leman offers practical suggestions for maintaining a lasting, thriving marriage, including identifying your spouse's key needs, living a lifestyle of “24/7 intimacy,” using feelings to strengthen your relationship, and more.

Family Talk

3/3/20

4:30 AM

30 MIN

A Tribute to Dr. Lois Evans (Part 2)- Dr. Tony Evans' touching tribute to his late wife of 49 years. He shares heartfelt moments from her last few days and uses the Apostle Paul's goodbye to Timothy as a basis for our eternal perspective. Hear the biblical way we should honor someone's Christ-centered legacy.

Focus on the Family

3/3/20

8:00 PM

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Family Talk

3/4/20 4:30 AM 30 MIN

Adrenaline and Stress (Part 1)- Dr. Dobson discusses the consequences of stress and adrenaline with Dr. Archibald Hart. Dr. Hart describes the unhealthy prevalence of stress in our society, and how adrenaline can either be good or bad in certain situations.

Focus on the Family

3/4/20 8:00 PM 30 MIN

Championing Your Son Through His Battles- Jonathan McKee offers advice to parents on how they can help their teen sons win the four common battles every young man faces – self-image, screens, sexual temptation, and substance abuse.

Family Talk

3/5/20 4:30 AM 30 MIN

Adrenaline and Stress (Part 2)- Dr. Dobson discusses the consequences of stress and adrenaline with Dr. Archibald Hart. Dr. Hart describes the unhealthy prevalence of stress in our society, and how adrenaline can either be good or bad in certain situations.

Focus on the Family

3/5/20 8:00 PM 30 MIN

Redeeming Life, Finding Forgiveness(Part 1)- Melissa Ohden, the survivor of a failed abortion attempt, shares her incredible story about the power of love and forgiveness as she relates how God’s grace enabled her to build relationships with her mother and other family members.

Family Talk

3/6/20 4:30 AM 30 MIN

Adrenaline and Stress (Part 3)- Dr. Dobson discusses the consequences of stress and adrenaline with Dr. Archibald Hart. Dr. Hart describes the unhealthy prevalence of stress in our society, and how adrenaline can either be good or bad in certain situations.

Focus on the Family

3/6/20 8:00 PM 30 MIN

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Family Talk

3/9/20

4:30 AM

30 MIN

Restoration of the American Family: The Road Ahead- Dr. Dobson addresses these threats against parents and marriages through his recent appearance on the CMDA Matters podcast.

Focus on the Family

3/9/20

8:00 PM

30 MIN

Transformed by Grace: Leaving Homosexuality to Follow Christ- Becket Cook shares his story as a former homosexual who worked in the world of fashion and lived a promiscuous lifestyle until he had a transforming encounter with Jesus Christ which led him to walk away from homosexuality.

Family Talk

3/10/20

4:30 AM

30 MIN

I Still Believe- Grammy-nominated singer, Jeremy Camp, shares with Dr. Tim Clinton the ways his relationship with God has been tested. Jeremy talks about the deep heartache that rocked his early Christian walk, which ultimately shaped his musical career.

Focus on the Family

3/10/20

8:00 PM

30 MIN

Helping Children Understand How They Feel- Josh and Christi Straub offer insight on how parents can help their young children to identify and navigate their emotions in a healthy way.

Family Talk

3/11/20

4:30 AM

30 MIN

Facing the Blitz (Part 1)- The entire momentum of a football game can be dramatically shifted as the result of an aggressive blitz. On this broadcast, former NFL quarterback Jeff Kemp breaks down how life can also feel like a sudden ruthless attack.

Focus on the Family

3/11/20

8:00 PM

30 MIN

Embracing God's Grace for a Past Abortion (Part 1) Al and Lisa Robertson discuss the challenges they faced early on in their relationship, particularly her struggles with guilt and shame over a past abortion.

Family Talk

3/12/20

4:30 AM

30 MIN

Facing the Blitz (Part 2)- The entire momentum of a football game can be dramatically shifted as the result of an aggressive blitz. On this broadcast, former NFL quarterback Jeff Kemp breaks down how life can also feel like a sudden ruthless attack.

Focus on the Family

3/12/20

8:00 PM

30 MIN

Embracing God's Grace for a Past Abortion (Part 2) Al and Lisa Robertson discuss the challenges they faced early on in their relationship, particularly her struggles with guilt and shame over a past abortion.

Family Talk

3/13/20

4:30 AM

30 MIN

The Amazing Power of Prayer- Dr. Tim Clinton shares how he personally experienced the power of prayer in his own life. He opens up about a horrific car accident that caused his family to cry out to God, and outlines the ways we can communicate with our Heavenly Father on a daily basis.

Focus on the Family

3/13/20

8:00 PM

30 MIN

Filling Your Marriage With God's Best- Pastor Levi Lusko and his wife, Jennie, describe how you and your spouse can experience a miraculous, God-blessed marriage through several intentional practices, including fulfilling your God-assigned roles, sacrificing for one another, celebrating your victories, and more.

Family Talk

3/16/20

4:30 AM

30 MIN

The Need for Affordable Housing- Dr. Tim Clinton sits down with the Secretary of Housing and Urban Development, Dr. Ben Carson to discuss how government and faith groups are working together to provide affordable housing and support for those who are less fortunate.

Focus on the Family

3/16/20

8:00 PM

30 MIN

Standing Firm on God's Word- Cancer survivor Michele Cushatt offers an encouraging reminder about how you can find your identity in God, and His purpose and plan for your life, rather than relying on your own talents, appearance or relationships.

Family Talk

3/17/20

4:30 AM

30 MIN

Walking in Victory (Part 1)-- Priscilla Shirer talks about the spiritual warfare that surrounds us every day. She teaches from Ephesians 6 and explains our access to and the power of the Armor of God.

Focus on the Family

3/17/20

8:00 PM

30 MIN

Understanding the Two Different Sides of Love- In a discussion based on his book The Two Sides of Love, Dr. John Trent explains the differences between the “hard side” and the “soft side” of love and how they may manifest themselves in your marriage.

Family Talk

3/18/20

4:30 AM

30 MIN

Walking in Victory (Part 2)-- Priscilla Shirer talks about the spiritual warfare that surrounds us every day. She teaches from Ephesians 6 and explains our access to and the power of the Armor of God.

Focus on the Family

3/18/20

8:00 PM

30 MIN

Growing Closer Through Family Devotions- NFL chaplain Jonathan Evans and his wife, Kanika, offer parents practical ideas for effectively leading family devotions.

Family Talk

3/19/20

4:30 AM

30 MIN

What Men Need to Know About Women (Part 1)- Shaunti and Jeff Feldhahn simplify some concepts that men should understand about women. Along with Dr. Dobson, Jeff and Shaunti explain a husband's duty to continually reassure his wife of his love and devotion to her, and they highlight the drastic differences in the ways men and women think.

Focus on the Family

3/19/20

8:00 PM

30 MIN

Responding to the Coronavirus With Faith and Common Sense- Dr. Francis Collins, Director of the National Institutes of Health, shares his expert knowledge about the coronavirus pandemic, highlighting what families need to know and encouraging us all to respond to this crisis with faith and common sense.

Family Talk

3/20/20

4:30 AM

30 MIN

What Men Need to Know About Women (Part 2)- Shaunti and Jeff Feldhahn simplify some concepts that men should understand about women. Along with Dr. Dobson, Jeff and Shaunti explain a husband's duty to continually reassure his wife of his love and devotion to her, and they highlight the drastic differences in the ways men and women think.

Focus on the Family

3/20/20

8:00 PM

30 MIN

Showing Love in Everyday Relationships- Dave Willis outlines the ways true love is expressed, helping you better understand what love looks like in action. He offers insight on how you can have a positive and significant impact on the world around you by loving others as Jesus did.

Family Talk

3/23/20

4:30 AM

30 MIN

The Ins and Outs of a Big Family (Part 1)- Randy and Marcia Hekman, the parents of 12 kids, explain their decision to continue having children and describe the specific hardships and adversities they faced as their family grew over the years.

Focus on the Family

3/23/20

8:00 PM

30 MIN

Tips for Building a Healthy Family (Part 1)- Using home improvement as a fun and easy-to-remember metaphor, Drs. Gary Chapman and Shannon Warden offer insights for creating a family blueprint that will help build up faith and godly character in a discussion based on their book *The DIY Guide to Building a Family That Lasts: 12 Tools for Improving Your Home Life*.

Family Talk

3/24/20

4:30 AM

30 MIN

The Ins and Outs of a Big Family (Part 2)- Randy and Marcia Hekman, the parents of 12 kids, explain their decision to continue having children and describe the specific hardships and adversities they faced as their family grew over the years.

Focus on the Family

3/24/20

8:00 PM

30 MIN

Tips for Building a Healthy Family (Part 2)- Using home improvement as a fun and easy-to-remember metaphor, Drs. Gary Chapman and Shannon Warden offer insights for creating a family blueprint that will help build up faith and godly character in a discussion based on their book *The DIY Guide to Building a Family That Lasts: 12 Tools for Improving Your Home Life*.

Family Talk

3/25/20

4:30 AM

30 MIN

Building a Passionate Love Life- God intended sex to be reserved for and exclusive to a marital relationship. On this broadcast, we'll learn why that Divine purpose has been disregarded, through Dr. Dobson's interview with sex therapists Dr. Clifford and Joyce Penner.

Focus on the Family

3/25/20

8:00 PM

30 MIN

Trusting God in Worrisome Times (Part 1)- Using home improvement as a fun and easy-to-remember metaphor, Drs. Gary Chapman and Shannon Warden offer insights for creating a family blueprint that will help build up faith and godly character in a discussion based on their book *The DIY Guide to Building a Family That Lasts: 12 Tools for Improving Your Home Life*.

Family Talk

3/26/20

4:30 AM

30 MIN

Harvest at Home: Finding Peace During Crisis (Part 1)- Dr. Dobson connects with Pastor Greg Laurie and Barry Meguiar to discuss the crisis surrounding COVID-19. Hear how Christians should respond to this crisis and the ways we can continue encouraging others with the Gospel of Jesus.

Focus on the Family

3/26/20

8:00 PM

30 MIN

Trusting God in Worrisome Times (Part 2)- Using home improvement as a fun and easy-to-remember metaphor, Drs. Gary Chapman and Shannon Warden offer insights for creating a family blueprint that will help build up faith and godly character in a discussion based on their book *The DIY Guide to Building a Family That Lasts: 12 Tools for Improving Your Home Life*.

Family Talk

3/27/20

4:30 AM

30 MIN

Harvest at Home: Finding Peace During Crisis (Part 2)- Dr. Dobson connects with Pastor Greg Laurie and Barry Meguiar to discuss the crisis surrounding COVID-19. Hear how Christians should respond to this crisis and the ways we can continue encouraging others with the Gospel of Jesus.

Focus on the Family

3/27/20

8:00 PM

30 MIN

Reducing Conflict in Your Marriage- Fawn Weaver explains how you can reduce conflict with your spouse by making small, intentional changes, and timing your discussions.

Family Talk

3/30/20

4:30 AM

30 MIN

Socialism: The Enemy of Christianity- Dr. Jack Graham focuses on one of those threats that has risen in popularity in recent years: socialism. He identifies its notable failures around the world and explains why socialism is in direct opposition to God's Word.

Focus on the Family

3/30/20

8:00 PM

30 MIN

Understanding Your Triggers for More Peaceful Parenting (Part 1)- Amber Lia and Wendy Speake return to offer more practical advice found in their book Triggers: Exchanging Parents' Angry Reactions for Gentle Biblical Responses.

Family Talk

3/31/20

4:30 AM

30 MIN

How to Know You're in Love- Dawson McAllister explores God's definition of marital love. He speaks against the deceiving emotion of infatuation, which distorts the picture of true devotion. Hear why a servant heart is at the center of Biblical love. **Focus on the Family**

3/31/20

8:00 PM

30 MIN

Understanding Your Triggers for More Peaceful Parenting (Part 2)- Amber Lia and Wendy Speake return to offer more practical advice found in their book Triggers: Exchanging Parents' Angry Reactions for Gentle Biblical Responses.