



PROGRAMS LIST

4th Quarter 2022

October

Family Talk

10/03/22 4:30 AM 30 MIN

The Forgotten Promise of American Liberty (Part 1)- Dr. James Dobson and Eric Metaxas discuss Eric's book, *If You Can Keep It: The Forgotten Promise of American Liberty*. Metaxas points to author and social critic Os Guinness' notion of the "golden triangle of freedom," which states that freedom requires virtue, virtue requires faith, and faith requires freedom. Sadly, we have forgotten America's precious history, and are thus in danger of losing our republic.

Focus on the Family

10/03/22 8:00 PM 30 MIN

Abortion Pill Reversal- Rebekah Buell Hagan shares her powerful story of pursuing a chemically-induced abortion and then experiencing a change of heart which led to saving her baby's life. Dr. Bill Lile, a pro-life OB/GYN, explains how the abortion pill works, how its effects may be reversed, and how this option is being provided to women and teens.

10/04/22 4:30 AM 30 MIN

The Forgotten Promise of American Liberty (Part 2)- Dr. James Dobson and Eric Metaxas discuss Eric's book, *If You Can Keep It: The Forgotten Promise of American Liberty*. Metaxas points to author and social critic Os Guinness' notion of the "golden triangle of freedom," which states that freedom requires virtue, virtue requires faith, and faith requires freedom. Sadly, we have forgotten America's precious history, and are thus in danger of losing our republic.

Focus on the Family

10/04/22 8:00 PM 30 MIN

Fortifying Your Marriage For the Storms of Life (Part 1)- Gary Thomas offers practical help for couples about dealing with fear, overcoming anger in conflict, staying connected with your spouse, the importance of community for your marriage, and taking your marital concerns to the Holy Spirit first instead of complaining to your spouse.

Family Talk

10/05/22

4:30 AM

30 MIN

My Faith Votes- Jason Yates, the CEO of My Faith Votes, warns us that if our values aren't represented at the polls, someone else's will be. God has uniquely gifted us with the privilege of selecting our leaders, and we have a responsibility to put our faith into action during an election. Proverbs 29:2 says, "When the righteous are in authority, the people rejoice; But when a wicked man rules, the people groan."

Focus on the Family

10/05/22

8:00 PM

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Family Talk

10/06/22

4:30 AM

30 MIN

City Serve: Mobilizing the Church to Transform Communities (Part 1)- Jason Yates, the CEO of My Faith Votes, warns us that if our values aren't represented at the polls, someone else's will be. God has uniquely gifted us with the privilege of selecting our leaders, and we have a responsibility to put our faith into action during an election. Proverbs 29:2 says, "When the righteous are in authority, the people rejoice; But when a wicked man rules, the people groan."

Focus on the Family

10/06/22

8:00 PM

30 MIN

Leaving a Legacy of Faith (Part 1)- Pastor Dan Seaborn shares heartfelt family stories to illustrate the importance of passing along our faith to the next generation. He encourages parents to teach their children Godly principles through modeling, good communication, and generational influence.

Family Talk

10/07/22

4:30 AM

30 MIN

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Family Talk

10/10/22

4:30 AM

30 MIN

Choosing the Extraordinary Life (Part 1)- Dr. James Dobson and Dr. Robert Jeffress, senior pastor of Dallas First Baptist Church, discuss Dr. Jeffress' book, Choosing the Extraordinary Life. They examine the story of Elijah, and Dr. Jeffress shares how to discover God's unique purpose for your life, as well as the need for believers to influence our society, and what it means to be "salt and light."

Focus on the Family

10/10/22

8:00 PM

30 MIN

Pouring Into the Lives of Your Grandkids- Grandparents are an integral part of the family, passing along wisdom, faith, and love. While many of the "rules" of grandparenting are timeless, some of the games have changed. Chrys Howard and Shellie Tomlinson will help you better understand the unique role you have in supporting your adult children and influencing your grandchildren.

Family Talk

10/11/22

4:30 AM

30 MIN

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Focus on the Family

10/11/22

8:00 PM

30 MIN

Sharing Christ in a Cancel Culture (Part 1)- Before God fully captured his heart, Joe Dallas identified as a homosexual and tried to integrate his sexuality with his Christian beliefs, actively promoting a pro-gay theology. In this broadcast, Dallas addresses major controversies in today's increasingly hostile cancel culture, helping believers to cultivate respectful discussions and share Christ's love and truth with others.

Family Talk

10/12/22

4:30 AM

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Focus on the Family

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Family Talk

10/13/22

4:30 AM

30 MIN

Charlie Kirk: America at a Turning Point (Part 1)- America is rapidly approaching an ideological crossroad with potentially ruinous implications for future generations. On today's edition of Family Talk, Dr. James Dobson contemplates this critical time in our nation's history with Charlie Kirk, the founder and president of Turning Point USA. They discuss Turning Point's nationwide outreach on college campuses, the identity crisis that many young men are facing today, and the current state of higher education.

Focus on the Family

10/13/22

8:00 PM

30 MIN

God's Light Amidst Grief's Shadow- One of the hardest things about life on this side of eternity is the unexpected. Accidents or unforeseen circumstances can shake our faith and bring up the question of why bad things happen when we serve a good God. In this broadcast, Jonathan Pitts shares that struggle.

Family Talk

10/14/22

4:30 AM

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Focus on the Family

10/14/22

8:00 PM

30 MIN

Getting Along with Strong-Willed People- Cynthia Tobias explains the positive and negative characteristics of strong-willed adults, and provides tips for healthy communication at home and in the workplace.

Family Talk

10/17/22

4:30 AM

30 MIN

Winning at Home: Tackling the Topics that Confuse Kids and Scare Parents (Part 1)- Dr. Tim Clinton and his guest, author Dan Seaborn, address this concern by breaking down Dan's recent book, Winning at Home. Seaborn stresses the need for parents to have a solid foundation in Christ to support their parenting efforts, even when they are at their wits' end.

Focus on the Family

10/17/22

8:00 PM

30 MIN

Putting the Magic Back Into Your Marriage- Danny Ray and Kimberly Thompson have a passion to help marriages thrive. The Thompsons offer practical marital advice about "embracing the mess" of life, how a "reset button" can change your communication and create a legacy relationship for your kids and family.

Family Talk

10/18/22

4:30 AM

30 MIN

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Focus on the Family

10/18/22

8:00 PM

30 MIN

Every Single Vote Matters- Dr. Al Mohler motivates Christians to become more involved in the election process to stand up for godly values. Especially in light of current ballot measures in several states, he encourages Christians to advocate for and vote to protect preborn babies from abortion.

Family Talk

10/19/22

4:30 AM

30 MIN

Winning at Home: Tackling the Topics that Confuse Kids and Scare Parents (Part 3)- Dr. Tim Clinton and his guest, author Dan Seaborn, address this concern by breaking down Dan's recent book, Winning at Home. Seaborn stresses the need for parents to have a solid foundation in Christ to support their parenting efforts, even when they are at their wits' end.

Focus on the Family

10/19/22

8:00 PM

30 MIN

Living Joyously (Part 1)- "I have cerebral palsy-what's your problem?" Whatever difficulties you face, you can't help but be encouraged as you hear David Ring describe how God's strength helps him overcome the limitations of his severe disability.

Family Talk

10/20/22

4:30 AM

30 MIN

The Measure of a Man (Part 1)- Dr. James Dobson and his dear friend, prominent Christian author and church planter, Dr. Gene Getz, discuss God's blueprint for masculinity. They also celebrate Dr. Getz's seminal book, The Measure of a Man, as it approaches its 50th year in print.

Focus on the Family

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8:00 PM

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Focus on the Family

10/21/22

8:00 PM

30 MIN

Helping Your Kids Identify Their Strengths- Brandon and Analyn Miller admit to early parenting challenges – believing their kids were supposed to make them look good as parents. But then they discovered the power of strengths-based parenting, where you identify and encourage areas where your kids excel, rather than focus on their areas of weakness.

Family Talk

10/24/22

4:30 AM

30 MIN

Family Policy Issues Hanging in the Balance- Christian radio host Janet Parshall says that anytime people search for their significance apart from the Lord, it leads to sinful chaos. From the increase in "gender affirming" care to new definitions of marriage, Americans are rejecting their God-given design. If Christians want God-honoring, pro-family policies re-established and maintained in our nation, we must make our voices heard at the polls.

Focus on the Family

10/24/22

8:00 PM

30 MIN

Finding True Healing From Trauma- Dr. Elizabeth Stevens was a high-achieving psychiatrist in the U.S. Air Force. Her work came to an abrupt halt when she was debilitated by a traumatic brain injury and a series of other traumatic events which caused PTSD. In this conversation, Dr. Stevens offers hope to those who are bound by the pain of trauma and describes how spiritual healing was the turning point in her recovery.

Family Talk

10/25/22

4:30 AM

30 MIN

When Suffering Becomes Strength and Undying Faith- During a period in which he survived eight cancer surgeries and the removal of 80 percent of his tongue, Dr. Gary Oliver buried his father, his son, his only sibling, and his wife in a span of just four years. Because of the suffering that Dr. Oliver endured, he has been called a "modern-day Job." On today's edition of Family Talk, he reveals that in the face of unspeakable grief, his lifeline has been gut-wrenchingly honest prayer. In return, God has given him an indescribable joy and peace.

Focus on the Family

10/25/22

8:00 PM

30 MIN

Being the Man Your Family Needs (Part 1)- Brant Hansen makes brilliant observations about what women need men to be – and six key decisions men can make to set themselves apart. Alluding to the creation story, Brant encourages men to be “Keepers of the Garden” – secure, confident protectors chasing after Christ.

Family Talk

10/26/22

4:30 AM

30 MIN

America’s Moral Freefall (Part 1)- Author and theologian Dr. Francis Schaeffer asserts that America’s moral decline can be traced back to the rejection of the biblical notion that man is created in God’s image. He states that abortion, the failed public school system and the breakdown of the family are simply the ugly and inevitable results of a shift from a Christian worldview to a humanist worldview.

Focus on the Family

10/26/22

8:00 PM

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Family Talk

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4:30 AM

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Focus on the Family

10/27/22

8:00 PM

30 MIN

Becoming a Wholehearted Wife (Part 1)- Greg and Erin Smalley describe how married couples can quickly get into a rut because of unmet expectations, poor conflict management, and personal baggage that interferes with their marriage relationship. They emphasize the value of honoring your spouse, learning how to nourish your marriage, and focusing on your relationship with God instead of expecting too much from your imperfect spouse.

Family Talk

10/28/22

4:30 AM

30 MIN

Abortion Pill Reversal: A Second Chance at Life- Rebekah Hagan shares with our own Dr. Tim Clinton that she proceeded with the steps to have a medication abortion with the rationale that she would rather face her Heavenly Father later, than her earthly father's disapproval now. After taking the abortion pill at a nearby Planned Parenthood, she had instant regret. In God's providence, Rebekah found the website AbortionPillReversal.com, and was connected with a pro-life doctor who prescribed progesterone to counteract the deadly abortion pill. Eight months later, Zechariah, her healthy baby boy, was born.

Focus on the Family

10/28/22

8:00 PM

30 MIN

Becoming a Wholehearted Wife (Part 2)- Greg and Erin Smalley describe how married couples can quickly get into a rut because of unmet expectations, poor conflict management, and personal baggage that interferes with their marriage relationship. They emphasize the value of honoring your spouse, learning how to nourish your marriage, and focusing on your relationship with God instead of expecting too much from your imperfect spouse.

Family Talk

10/31/22

4:30 AM

30 MIN

America's Forgotten History and Heroes- David Barton, the founder and president of WallBuilders, highlights American heroes whose convictions were firmly planted in the Bible. He also stresses the need for biblically minded Christians to engage in politics at the local levels because from there, we will be able to influence culture at the national level. Proverbs 29:2 says, "When the righteous thrive, the people rejoice; when the wicked rule, the people groan."

Focus on the Family

10/31/22

8:00 PM

30 MIN

Laughing, Loving and Lasting With Your Spouse- Pastor Kevin Thompson believes couples can have happy marriages, if they are intentional about maintaining a healthy, godly relationship. He shared a great story about the 70-year marriage of his grandparents, who lived hard lives but had an enduring love.

November

Family Talk

11/01/22

4:30 AM

30 MIN

Friends for Life: Bill Gaither and Dr. James Dobson- Dr. James Dobson sits down with his dear friend, renowned gospel singer, Bill Gaither, to reminisce on their nearly half-century long friendship. You will delight in hearing these two godly men celebrate their fellowship through Scripture, song, and laughter.

Focus on the Family

11/01/22

8:00 PM

30 MIN

Unleashing the Possibilities for Children in Foster Care- Ryan Bomberger, founder of The Radiance Foundation, reveals important research on abortion, dispels myths about adoption, and explains why more people should explore adoption from foster care. The discussion also promotes ways to support other adoptive families.

Family Talk

11/02/22

4:30 AM

30 MIN

As Roe Crumbles, We Look to the Road Ahead (Part 1)- Janet Porter, the architect behind The Heartbeat Bill, rejoices that so many states have protected babies. A federal Heartbeat bill would protect children in the womb, even in the darkest blue states like California, Michigan, and New York. Proverbs 24:11 commands us to “rescue those being carried away to slaughter.” The church needs to rise up now and be a voice for the voiceless.

Focus on the Family

11/02/22

8:00 PM

30 MIN

Practical Advice for Parenting Powerful Kids (Part 1)- Dr. Kevin Leman gives advice to two dozen moms who join Jim Daly and John Fuller for this fast-paced, humorous-but-practical look at how you can regain control in your home by disengaging from fights with your child. You’ll discover how to overcome your child’s desire for power and control in your home.

Family Talk

11/03/22

4:30 AM

30 MIN

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Focus on the Family

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8:00 PM

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Family Talk

11/04/22

4:30 AM

30 MIN

The Value of the Hispanic Christian Vote: Making Our Voices Heard- Samuel Rodriguez, president of the National Hispanic Christian Leadership Conference, proclaims that the color of his skin doesn't define him. It's his faith in Christ that does. The increasing sexualization of children, skyrocketing inflation, and the secular culture's attack on Christians has awakened a sleeping giant, prompting believers to make their voices heard at the polls.

Focus on the Family

11/04/22

8:00 PM

30 MIN

The Beautiful Impact of Loving Your Neighbor- Patrick Linnell explains how serving and loving others is not a small thing in God's kingdom. Through the "Grace Bomb" movement, acts of kindness to strangers have had far-reaching results—even bringing people to a relationship with Christ.

Family Talk

11/07/22

4:30 AM

30 MIN

It's Okay to Love Jesus and Your Country- Michele Bachmann states that the secular culture demeans believers who affirm natural marriage, the sanctity of human life, and have respect for their country. She encourages listeners to hold fast to their faith and convictions in the midst of the changing tide. In John 16:33, Jesus says, "In this world you will have tribulation. But take heart! I have overcome the world."

Focus on the Family

11/07/22

8:00 PM

30 MIN

Defending Your Faith in a Secular Culture- Natasha Crain outlines the four pillars of secularism that are pervasive in the culture and challenges the church to recommit to a biblical foundation so we can effectively reach hearts and minds for Christ.

Family Talk

11/08/22

4:30 AM

30 MIN

Thriving in Love and Money (Part 1)- Dr. James Dobson interviews author and social researcher, Shaunti Feldhahn, to discuss her book, Thriving in Love and Money. They also examine the different fears men and women have about finances.

Focus on the Family

11/08/22

8:00 PM

30 MIN

Setting Boundaries in Your Most Difficult Relationships (Part 1)- Lysa TerKeurst reflects on the death of her marriage and how she had to place boundaries in her life to protect her own mental, emotional, and spiritual well-being. She offers insight, biblical wisdom, and encouragement to those needing to establish boundaries with others.

Family Talk

11/09/22

4:30 AM

30 MIN

Thriving in Love and Money (Part 2)- Dr. James Dobson interviews author and social researcher, Shaunti Feldhahn, to discuss her book, Thriving in Love and Money. They also examine the different fears men and women have about finances.

Focus on the Family

11/09/22

8:00 PM

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Family Talk

11/10/22

4:30 AM

30 MIN

Let's Restore Our Military to Greatness (Part 1)- Lt. Gen. (Ret.) Boykin explains that for every minute that young recruits are indoctrinated with this "woke" ideology, they're spending less time training to defend our country. Consequently, fewer young people are joining the military. It's long overdue for our armed forces to be restored back to greatness.

Focus on the Family

11/10/22

8:00 PM

30 MIN

Identifying Your Strengths as a Parent- Brandon and Analyn Miller believe that the focus on fixing your weaknesses is a waste of time. Instead embrace your strengths as a parent, which will energize you and help you find creative ways to overcome weaknesses.

Family Talk

11/11/22

4:30 AM

30 MIN

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Focus on the Family

11/11/22

8:00 PM

30 MIN

Honoring America's Veterans- Jim Daly and John Fuller highlight personal stories of veterans and their experiences in war in recognition of Veterans' Day. Topics considered are the death of comrades in battle, the role of the military chaplain, and an in-depth look at the members of our military.

Family Talk

11/14/22

4:30 AM

30 MIN

From Foster to Adoption: Finding a Forever Family- Dave Donaldson, the founder and CEO of CityServe International, shares that he and his wife, Kristy, showed similar Christ-like compassion when they adopted a girl out of foster care. He challenges listeners to join him by adopting one of the 480,000 kids sitting in foster care today.

Focus on the Family

11/14/22

8:00 PM

30 MIN

More Effective Habits to Embrace in Parenting (Part 1)- Dr. Randy Schroeder discusses the “perfect” parent, why appropriate physical and emotional love with your children is vital, and the attitude of gratitude you can create in your child’s environment.

Family Talk

11/15/22

4:30 AM

30 MIN

Ask the Experts: Trusting Scripture- Dr. James Dobson and several of America's leading apologists address your concerns. Josh McDowell proves that the Bible is the most reliable document of antiquity. Lee Strobel points to the powerful testimony of the eyewitnesses to the resurrected Christ. "If the New Testament is fiction," Frank Turek asks, "Why did the authors reveal so many of their own embarrassing foibles?" And Erwin Lutzer insists that the early church fathers believed in the deity of Christ, contrary to the false claims in The DaVinci Code. 2 Timothy 3:16 says, "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.

Focus on the Family

11/15/22

8:00 PM

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Family Talk

11/16/22

4:30 AM

30 MIN

Finding Faith and Family through Foster Care (Part 1)- As a young girl, Tori Hope Petersen grew up in a home where she experienced abuse. As a result, she was placed into the foster care system and remained there until she was 18. Tori discusses her testimony and memoir, *Fostered: One Woman's Powerful Story of Finding Faith and Family through Foster Care*.

Focus on the Family

11/16/22

8:00 PM

30 MIN

How a Dysfunctional Street Kid Became a Radical Disciple of Jesus (Part 1)- Dr. Randy Schroeder discusses the "perfect" parent, why appropriate physical and emotional love with your children is vital, and the attitude of gratitude you can create in your child's environment.

Family Talk

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Family Talk

11/18/22

4:30 AM

30 MIN

Election Reaction with Dr. James Dobson- Dr. James Dobson and Gary Bauer, vice president of public policy at the JDFI, discuss the outcome of the recent election and what the future holds for our country.

Focus on the Family

11/18/22

8:00 PM

30 MIN

Filling Your Marriage With God’s Best- Pastor Levi Lusko and his wife, Jennie, describe how you and your spouse can experience a miraculous, God-blessed marriage through several intentional practices, including fulfilling your God-assigned roles, sacrificing for one another, celebrating your victories, and more. Jim Daly’s wife, Jean, joins the conversation, offering her insights from their marriage of over 30 years.

Family Talk

11/21/22

4:30 AM

30 MIN

Tell Someone: You Can Share the Good News (Part 1)- Dr. James Dobson and Gary Bauer, vice president of public policy at the JDFI, discuss the outcome of the recent election and what the future holds for our country.

Focus on the Family

11/21/22

8:00 PM

30 MIN

Making Helpful Changes in Your Communication (Part 1)- Dr. Mike Bechtle wants to help people communicate better, especially in our social media world where everybody is talking all at once and nobody is listening. Mike explains we need “more weight” or value to our communication in order to be heard.

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Family Talk

11/23/22

4:30 AM

30 MIN

God’s Providence: The Voyage of the Mayflower (Part 1)- Jerry Newcombe, executive director of the Providence Forum, says that agreement was the first step toward the creation of the Declaration of Independence 156 years later. He also notes that gratitude to God has been America’s key to success. From the first Thanksgiving 401 years ago to Lincoln’s annual remembrance during the dark days of the Civil War, Americans continue to “give thanks to the Lord, for He is good.”

Focus on the Family

11/23/22

8:00 PM

30 MIN

Removing the Barriers Between You and Your Prodigal Child- When someone you love makes poor choices in their lifestyle, relationships, or moral decision-making, there IS hope! Phil Waldrep provides concrete steps to removing any barriers that might stop your prodigal child from coming back to the Lord.

Family Talk

11/24/22

4:30 AM

30 MIN

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Focus on the Family

11/24/22

8:00 PM

30 MIN

Reflecting on Our Blessings at Thanksgiving- Thanksgiving is a time to reflect on the blessings God has given us and express our gratitude for His bountiful grace and mercy. Becky Kopitzke will share fun ideas to incorporate gratitude into your family's Thanksgiving traditions.

Family Talk

11/25/22

4:30 AM

30 MIN

I Still Believe- After only four months of marriage, Christian singer Jeremy Camp's wife, Melissa, died of ovarian cancer in 2001. On today's edition of Family Talk, Jeremy discusses the deep heartache that rocked his entire world and shook his Christian faith. Ultimately, the experience shaped his musical career. In the midst of his grief and pain, 2 Corinthians 4:17 came alive to him. "For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all."

Focus on the Family

11/25/22

8:00 PM

30 MIN

Caring for the Forgotten Generation- Chaplain Bill Goodrich of God Cares Ministry describes the vibrant opportunity to befriend and share Christ with the elderly in your community. He shares his heart for this forgotten generation of precious people who deserve our love and attention.

Family Talk

11/28/22

4:30 AM

30 MIN

Calling Out The Church (Part 1)- Charlie Kirk, the founder and president of Turning Point USA, states that there are many in the Church who are neither strong nor courageous in the face of society's changing tide. He points to various issues in our nation and asserts that if the American Church does not rise up, our country will soon fall apart.

Focus on the Family

11/28/22

8:00 PM

30 MIN

Celebrating Advent as a Family- When the Christmas season rolls around, we often place expectations that it will be "the best Christmas ever," but we end up disappointed, stressed out and exhausted. Josh and Christi Straub urge us all to remember the true meaning of the Advent season, offering ways to sidestep the stress by being fully present with family.

Family Talk

11/29/22

4:30 AM

30 MIN

Calling Out The Church (Part 2)- Charlie Kirk, the founder and president of Turning Point USA, states that there are many in the Church who are neither strong nor courageous in the face of society's changing tide. He points to various issues in our nation and asserts that if the American Church does not rise up, our country will soon fall apart.

Focus on the Family

11/29/22

8:00 PM

30 MIN

Forgiving Others, Freeing the Soul (Part 1)- Dr. Tim Keller unpacks powerful stories of forgiveness and shares Scripture to help you forgive those who've wronged you, as you gain a better understanding of all that Christ has forgiven. Dr. Keller takes you through the steps to forgiveness, including the need to forgive yourself, and how to lovingly confront others.

Family Talk

11/30/22

4:30 AM

30 MIN

Why Young People Matter: Engage Culture to Reach the Next Generation with the Gospel- Dr. James Dobson interviews Charlie Kirk. They discuss the importance of reaching young people and encouraging them to step into the culture to make a difference with the gospel. When asked if there is a hunger for the Good News on college campuses today, Charlie said that beneath the noise and clamor of secular society, there are many who are looking for hope and a Savior.

Focus on the Family

11/30/22

8:00 PM

30 MIN

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December

Family Talk

12/01/22

4:30 AM

30 MIN

The Case for Heaven (Part 1)- Christian apologist and scholar Lee Strobel discusses his new book and film, The Case for Heaven. In his conversation with Dr. Tim Clinton, Lee makes a strong argument for Heaven as a very real and viable place, and points to corroborated near-death experiences from several individuals, including a woman named Maria, who died of a heart attack.

Focus on the Family

12/01/22

8:00 PM

30 MIN

Best of 2022: Improving Your Sex Life to Improve Your Marriage (Part 1)- Gary Thomas and Debra Fileta help couples understand and experience mutually fulfilling sexual intimacy in marriage. Our guests describe God's design for sex and how many couples don't recognize its great value within marriage.

Family Talk

12/02/22

4:30 AM

30 MIN

The Case for Heaven (Part 2)- Christian apologist and scholar Lee Strobel discusses his new book and film, The Case for Heaven. In his conversation with Dr. Tim Clinton, Lee makes a strong argument for Heaven as a very real and viable place, and points to corroborated near-death experiences from several individuals, including a woman named Maria, who died of a heart attack.

Focus on the Family

12/02/22

8:00 PM

30 MIN

Best of 2022: Improving Your Sex Life to Improve Your Marriage (Part 2)- Gary Thomas and Debra Fileta help couples understand and experience mutually fulfilling sexual intimacy in marriage. Our guests describe God's design for sex and how many couples don't recognize its great value within marriage.

Family Talk

12/05/22

4:30 AM

30 MIN

The Jesus Who Surprises (Part 1)- When Dee Brestin was grieving the death of her husband of 39 years and feeling abandoned, she was reminded of the moment when she was attempting to nurse her colicky baby son. After kicking and crying for 10 minutes, he finally calmed down and latched on. On today's edition of Family Talk, Dee says that, like her colicky baby, there's no reason for us to throw a fit. God is with us.

Focus on the Family

12/05/22

8:00 PM

30 MIN

Best of 2022: Embracing God's Truth in a Hostile Culture (Part 1)- Rod Dreher describes how you can teach your children to honor God, find fellowship and solidarity with other believers, and even discover value in suffering for the Gospel. He shares powerful stories of Christian dissidents under communism and encourages families to live counterculturally as radical disciples of Jesus Christ.

Family Talk

12/06/22

4:30 AM

30 MIN

The Jesus Who Surprises (Part 2)- When Dee Brestin was grieving the death of her husband of 39 years and feeling abandoned, she was reminded of the moment when she was attempting to nurse her colicky baby son. After kicking and crying for 10 minutes, he finally calmed down and latched on. On today's edition of Family Talk, Dee says that, like her colicky baby, there's no reason for us to throw a fit. God is with us.

Focus on the Family

12/06/22

8:00 PM

30 MIN

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Family Talk

12/07/22

4:30 AM

30 MIN

Oneness Embraced- Dr. Tony Evans, senior pastor of Oak Cliff Bible Fellowship, proclaims that God is not colorblind. Nor is He blinded by color. The Lord does not want the racial distinctives that He created to be the ultimate source of our identity. The answer to today's racial division? The church can model biblical reconciliation and unity through service, not seminars or soundbites. Each of us must recognize that everyone is created in God's image.

Focus on the Family

12/07/22

8:00 PM

30 MIN

Best of 2022: Simple Habits to Embrace in Your Marriage- Dr. Randy Schroeder has counseled thousands of married couples and has discovered simple tools that help couples avoid divorce and build a thriving marriage. In this best of 2022 broadcast, he describes practical habits to help couples navigate expectations in marriage, build emotional closeness, and resolve disagreements.

Family Talk

12/08/22

4:30 AM

30 MIN

Broken and Beautiful: Let God Turn Your Mess into a Masterpiece (part 1)- Christine Soule shares that her traumatic childhood led her down a dark path filled with pain, confusion and sin. Miraculously, at the age of 21, she came to know Jesus Christ and He turned her life around. Today, Christine is empowering other traumatized young women to make wise decisions through her Seattle ministry, Providence Heights.

Focus on the Family

12/08/22

8:00 PM

30 MIN

Best of 2022: How Godly Thinking Can Transform Your Life- In this best of 2022 broadcast, Levi Lusko shares about living your best life, overcoming worry, fear and anxiety to experience freedom in Christ. He encourages us to strategically take the high ground to combat the enemy of our souls in the right way. He challenges us to spiritual growth and courage in the face of life's storms.

Family Talk

12/09/22

4:30 AM

30 MIN

Broken and Beautiful: Let God Turn Your Mess into a Masterpiece (part 2)- Christine Soule shares that her traumatic childhood led her down a dark path filled with pain, confusion and sin. Miraculously, at the age of 21, she came to know Jesus Christ and He turned her life around. Today, Christine is empowering other traumatized young women to make wise decisions through her Seattle ministry, Providence Heights.

Focus on the Family

12/09/22

8:00 PM

30 MIN

Best of 2022: Encouraging Moms to Laugh- Pastor Ted Cunningham brings hilarious encouragement to moms by urging them to stop stressing out over non-essential decisions, and start actively seeking out a more lighthearted approach to life.

Family Talk

12/12/22

4:30 AM

30 MIN

A Conversation with the Pro-Life Doc (part 1)- In 1999, Dr. William Lile, also known as “the pro-life doc,” purchased the largest abortion practice in the Florida Panhandle. He immediately stopped all abortions and redesigned the practice, dedicating it to women and their babies’ health. He explains that he has two patients – the pregnant mother and her pre-born baby. With the advance of technology, Dr. Lile can perform life-saving surgeries on babies in the womb. Sadly, Christian medical students are being unfairly rejected as residents because of the evil, pro-abortion mentality of today’s medical industry.

Focus on the Family

12/12/22

8:00 PM

30 MIN

Best of 2022: Understanding the Hot Buttons in Your Marriage- Dr. Bob Paul and his wife Jenni explain how seemingly innocent disagreements can spiral into a major argument because of unidentified personal hot buttons that trigger primal reactions that are out of proportion to the issue at hand.

Family Talk

12/13/22

4:30 AM

30 MIN

A Conversation with the Pro-Life Doc (part 2)- In 1999, Dr. William Lile, also known as “the pro-life doc,” purchased the largest abortion practice in the Florida Panhandle. He immediately stopped all abortions and redesigned the practice, dedicating it to women and their babies’ health. He explains that he has two patients – the pregnant mother and her pre-born baby. With the advance of technology, Dr. Lile can perform life-saving surgeries on babies in the womb. Sadly, Christian medical students are being unfairly rejected as residents because of the evil, pro-abortion mentality of today’s medical industry.

Focus on the Family

12/13/22

8:00 PM

30 MIN

Best of 2022: How to Speak Your Child’s Love Language (Part)- Dr. Chapman helps parents understand their child’s primary and secondary love language to keep their son or daughter’s “love tank” filled and to strengthen the parent-child bond. Jean Daly joins the discussion to share personal examples from the Daly family.

Family Talk

12/14/22

4:30 AM

30 MIN

A Conversation with the Pro-Life Doc (part 3)- In 1999, Dr. William Lile, also known as “the pro-life doc,” purchased the largest abortion practice in the Florida Panhandle. He immediately stopped all abortions and redesigned the practice, dedicating it to women and their babies’ health. He explains that he has two patients – the pregnant mother and her pre-born baby. With the advance of technology, Dr. Lile can perform life-saving surgeries on babies in the womb. Sadly, Christian medical students are being unfairly rejected as residents because of the evil, pro-abortion mentality of today’s medical industry.

Focus on the Family

12/14/22

8:00 PM

30 MIN

Best of 2022: How to Speak Your Child’s Love Language (Part 2)- Dr. Chapman helps parents understand their child’s primary and secondary love language to keep their son or daughter’s “love tank” filled and to strengthen the parent-child bond. Jean Daly joins the discussion to share personal examples from the Daly family.

Family Talk

12/15/22

4:30 AM

30 MIN

Steeler for Life, Through Thick and Thin- Two-time Super Bowl champion and former quarterback of the NFL’s Pittsburgh Steelers, Ben Roethlisberger highlights his favorite football moments and shares the importance of faith and family, and his plans for life in retirement, including the mission to start a new foundation. Standing 6 feet, 5 inches tall, “Big Ben” reveals that the manliest thing a dad can do is to be vulnerable with his kids.

Focus on the Family

12/15/22

8:00 PM

30 MIN

Best of 2022: The Proof You Need to Believe in Jesus Christ (Part 1)- During his more than 20 years as a homicide detective, J. Warner Wallace successfully helped identify and convict killers, even without evidence from the scene. He utilizes these same detective skills and techniques to investigate the historical life and actions of Jesus – using the evidence of history alone to confirm the historicity and deity of Jesus. In this interview, Wallace discusses his faith journey and his fascinating detective research proving the claims and historical authenticity of Jesus.

Family Talk

12/19/22

4:30 AM

30 MIN

Return of the gods (Part 1)- Dr. James Dobson and Jonathan Cahn discuss the research and findings in his new book, *The Return of the Gods*. Rabbi Cahn explains that the presence of the Dark Trinity — comprised of Baal, Ishtar, and Molech—on American soil has led to our embrace of wicked practices. Ephesians 6:12 warns, “For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.”

Focus on the Family

12/19/22

8:00 PM

30 MIN

Best of 2022: A Patient is a Person, No Matter How Small- Dr. Bill Lile poses this question: if a fetus can have surgery and survive, doesn't that make him or her a patient? And isn't a patient a person? In this fast-moving presentation, Dr. Lile outlines the medical aspects of the pro-life position. He describes the moment of conception, the life-saving benefits of fetal surgery, and the benefits of ultrasound technology.

Family Talk

12/20/22

4:30 AM

30 MIN

Return of the gods (Part 2)- Dr. James Dobson and Jonathan Cahn discuss the research and findings in his new book, *The Return of the Gods*. Rabbi Cahn explains that the presence of the Dark Trinity — comprised of Baal, Ishtar, and Molech—on American soil has led to our embrace of wicked practices. Ephesians 6:12 warns, “For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.”

Focus on the Family

12/20/22

8:00 PM

30 MIN

Best of 2022: Encouraging Your Husband to Be a Hero (Part 1) - In this best of 2022 broadcast, Dr. Juli Slattery describes a wife's power to help her husband become the hero God has called him to be. She explores the core needs of men and women, corrects misconceptions about submission, and offers practical advice to help couples overcome barriers to physical intimacy.

Family Talk

12/21/22

4:30 AM

30 MIN

I Survived a Failed Abortion Attempt on My Life: Now I Stand for Those Who Can't- Melissa Ohden, the founder of Abortion Survivors Network, recounts that she was miraculously born alive after an attempted late-term saline abortion failed to kill her. After her birth, Melissa was fortunately adopted by loving parents. As she grew older, she began a journey to reunite with her birth parents and offer forgiveness. Because of Melissa's testimony, she is able to minister forgiveness and healing to others who have survived their own attempted abortions.

Focus on the Family

12/21/22

8:00 PM

30 MIN

When Suffering Becomes Strength and Undying Faith- During a period in which he survived eight cancer surgeries and the removal of 80 percent of his tongue, Dr. Gary Oliver buried his father, his son, his only sibling, and his wife in a span of just four years. Because of the suffering that Dr. Oliver endured, he has been called a "modern-day Job."

Family Talk

12/22/22

4:30 AM

30 MIN

When Suffering Becomes Strength and Undying Faith- During a period in which he survived eight cancer surgeries and the removal of 80 percent of his tongue, Dr. Gary Oliver buried his father, his son, his only sibling, and his wife in a span of just four years. Because of the suffering that Dr. Oliver endured, he has been called a "modern-day Job."

Focus on the Family

12/22/22

8:00 PM

30 MIN

Best of 2022: Helping Kids Navigate Worry in Healthy Ways- In this best of 2022 broadcast, Dr. Josh and Christi Straub describe how to help your young child identify their emotions and navigate fear in a healthy way.

Family Talk

12/23/22

4:30 AM

30 MIN

Going Home for Christmas- Roger Marsh shares Dr. Dobson's December newsletter which includes a heartfelt and almost unbelievable story of how he was able to make it home for Christmas in the midst of a blizzard.

Focus on the Family

12/23/22

8:00 PM

30 MIN

Celebrating Christmas as a Family- Gather 'round the fireplace with the Robertson clan from A&E's Duck Dynasty while they share their favorite family Christmas stories. On this one day Focus on the Family broadcast, you'll hear Phil, Kay, their four sons and wives, Phil's long-lost daughter, and Uncle Si as they reminisce and recall Robertson family Christmas memories. From duck hunting gone awry to silly Christmas antics, you'll feel right at home!

Focus on the Family

12/26/22

8:00 PM

30 MIN

Jesus Followers (Part 1)- Anne Graham Lotz and her daughter, Rachel-Ruth Lotz Wright, urge believing parents to be intentional about sharing Christ with their children. The co-authors of Jesus Followers explain that the key to discipling your kids is to model a vibrant relationship with Christ. When they see you in regular prayer and Bible study, that's when Christianity becomes contagious. And that's what will inspire the next generation to enthusiastically grasp the baton of faith and finish their own race well.

Family Talk

12/26/22

4:30 AM

30 MIN

Best of 2022: Fueling Great Relationships With Others- In this best of 2022 broadcast, Dr. John Townsend offers practical ideas on how to create incredibly meaningful relationships in every area of your life. He describes the types of people who are needed on your "life team" to help you grow – and others who need to be held at arm's length, as you seek balance in your relationships with friends and colleagues.

Focus on the Family

12/27/22

8:00 PM

30 MIN

Jesus Followers (Part 2)- Anne Graham Lotz and her daughter, Rachel-Ruth Lotz Wright, urge believing parents to be intentional about sharing Christ with their children. The co-authors of Jesus Followers explain that the key to discipling your kids is to model a vibrant relationship with Christ. When they see you in regular prayer and Bible study, that's when Christianity becomes contagious. And that's what will inspire the next generation to enthusiastically grasp the baton of faith and finish their own race well.

Family Talk

12/27/22

4:30 AM

30 MIN

Best of 2022: Parenting Teens Toward Adulthood (Part 1)- In this best of 2022 broadcast, Dr. Ken Wilgus encourages parents to deliberately work their way out of the parenting role by the time their child is 18, and instructs them to see their teenagers as young adults, not large children. He offers tips on how to progressively give your teen more responsibility, along with examples of how to have difficult conversations on a range of topics, from music choices to dating.

Focus on the Family

12/28/22

8:00 PM

30 MIN

50 Years of Marriage: Our Success Story (Part 1)- Jon and Marylois Gibson share practical advice on how to have a marriage that lasts, having just celebrated their 50th anniversary. Throughout their relationship, the Gibsons have learned that love is not a feeling, but a commitment. Despite the fact that neither of them had healthy marriage models growing up, they each recognized the Lord had put them together and divorce was never an option. As they prayed together, the Lord revealed that the key was to serve each other. By putting the needs of the other ahead of their own, Jon and Marylois were transformed by God's grace.

Family Talk

12/28/22

4:30 AM

30 MIN

Best of 2022: Parenting Teens Toward Adulthood (Part 2)- In this best of 2022 broadcast, Dr. Ken Wilgus encourages parents to deliberately work their way out of the parenting role by the time their child is 18, and instructs them to see their teenagers as young adults, not large children. He offers tips on how to progressively give your teen more responsibility, along with examples of how to have difficult conversations on a range of topics, from music choices to dating.

Focus on the Family

12/29/22

8:00 PM

30 MIN

50 Years of Marriage: Our Success Story (Part 2)- Jon and Marylois Gibson share practical advice on how to have a marriage that lasts, having just celebrated their 50th anniversary. Throughout their relationship, the Gibsons have learned that love is not a feeling, but a commitment. Despite the fact that neither of them had healthy marriage models growing up, they each recognized the Lord had put them together and divorce was never an option. As they prayed together, the Lord revealed that the key was to serve each other. By putting the needs of the other ahead of their own, Jon and Marylois were transformed by God's grace.

Family Talk

12/29/22

4:30 AM

30 MIN

Best of 2022: Staying Connected to God: A 60 Day Challenge (Part 1)- In this best of 2022 broadcast, John Burke reminds us that God is the source of life and of our contentment and joy. He gives us a clear picture of what it looks like to do life with God and how you can trust Him with your strongest and deepest desires.

Focus on the Family

12/30/22

8:00 PM

30 MIN

An Invitation to Prayer- Kathy Branzell, President of the National Day of Prayer Task Force, explains that every fruit has a root. Philippians 4:6 counsels us, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." Throughout her 14-year-long battle with a brain tumor and her teenage son's illness with a rare blood cancer, Kathy learned that God inclines His ear to hear our voice.

Family Talk

12/30/22

4:30 AM

30 MIN

Best of 2022: Staying Connected to God: A 60 Day Challenge (Part 2)- In this best of 2022 broadcast, John Burke reminds us that God is the source of life and of our contentment and joy. He gives us a clear picture of what it looks like to do life with God and how you can trust Him with your strongest and deepest desires.