

Focus on the Family

1/02/24

8:00 PM

30 MIN

How to Take Your Family Through a Digital Fast- Like most parents of children born after 2010, Molly DeFrank embraced the new digital technologies of smart phones and tablets for her kids. But she grew increasingly alarmed as she observed detrimental effects of “zombified kids,” emotional outbursts, loss of other interests, etc. And she discovered alarming research that the average child spends more than 7 hours per day on a screen for entertainment purposes! Molly is not anti-tech; she simply wants to equip families to put technology in its proper place as a tool for our families.

Family Talk

1/03/24

4:30 AM

30 MIN

Advocating for Our Country and Freedoms (Part 1)- Dr. Ben Carson gives a stirring speech about our society today, and the responsibilities that Christians have been given by our Father in Heaven. Let your heart be inspired as Dr. Carson reminds us that we are all fearfully and wonderfully made in God’s image.

Focus on the Family

1/03/24

8:00 PM

30 MIN

How to Experience Great Intimacy and Love in Your Marriage (Part 1)- Dave and Ashley Willis help husbands and wives rediscover God's design for a marriage that enables them to be emotionally, spiritually and physically vulnerable and transparent with each other. They share their own love story and describe how “love is not enough” to sustain a lifelong marriage; couples need to commit to serving and sacrificing for each other.

Family Talk

1/04/24

4:30 AM

30 MIN

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Focus on the Family

1/04/24

8:00 PM

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Family Talk

1/05/24

4:30 AM

30 MIN

Our Dear Friend, Joni- Her faith is strong, her heart is pure, and for over 40 years she has lived with grace and dignity as a quadriplegic. Her name is Joni Eareckson Tada, and on today's classic edition of Family Talk, Dr. James Dobson interviewed her in 2010 to discuss her battle with cancer. It's a tender conversation that will uplift your spirit and provide courage as only God can do.

Focus on the Family

1/05/24

8:00 PM

30 MIN

Finding Freedom Through the Art of Forgiveness- Have you ever been betrayed by a close friend or a loved one? Does it seem impossible to forgive that person? In this transparent message, Pastor Phil Waldrep shares how to overcome the natural feelings of denial, bitterness, and a need for vengeance, by embracing biblical forgiveness. The benefits of forgiveness include relief from the pain of the betrayal, release from the need for retribution, and a healthy sense of detachment from the situation.

Family Talk

1/08/24

4:30 AM

30 MIN

Common Sense Truth in Today's Culture (Part 1)- Gary Bauer discusses with Pastor Hamrick the chaos and confusion that ensues when we trade biblical wisdom for the lies that many in our society would rather believe.

Focus on the Family

1/08/24

8:00 PM

30 MIN

Filling Your Marriage With Joy- In a discussion based on their book *The 4 Habits of Joy-Filled Marriages*, Dr. Marcus Warner and Pastor Chris Coursey offer practical guidance for how a husband and wife can work together to experience greater joy in their relationship.

Family Talk

1/09/24

4:30 AM

30 MIN

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Focus on the Family

1/09/24

8:00 PM

30 MIN

Special Needs and the Imago Dei: Encouragement for Parents- One in five households care for a child with a disability. Laura Wifler and Erin Smalley are included in this count as they are both mothers to daughters with special needs. Over the years they have learned how to navigate parenting through the lens of disabilities. Some days involve going to physical therapy or undergoing surgery, other days include coping with a school bully or a difficult diagnosis. Laura and Erin remind us that the smallest acts of inclusivity, such as a kind word or a friendly smile, can make all the difference.

Family Talk

1/10/24

4:30 AM

30 MIN

He Calls You Beautiful: Hearing the Voice of Jesus in the Song of Songs- Dee Brestin speaks about the one-of-a-kind relationship you can have with God. Listen and be blessed as you learn why we are all precious in His sight.

Focus on the Family

1/10/24

8:00 PM

30 MIN

Breaking Bad Habits in Your Life (Part 1)- Debra Fileta wants to help people experience change in healthy ways. She warns about the typical pattern of changing a few externals in our lives but not working on our "internal wiring". Debra examines our thought life and how easy it is for our brains to follow the path of least resistance.

Family Talk

1/11/24

4:30 AM

30 MIN

Jim & Jill Kelly: A Family Restored (Part 1)- Dr. James Dobson interviews former Buffalo Bills quarterback, Jim Kelly, and his wife, Jill, and discusses how truly empty their lives were before knowing Jesus Christ. Discover how the Lord revealed Himself and rescued the Kelly family through the suffering of their young son, Hunter.

Focus on the Family

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Family Talk

1/12/24

4:30 AM

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Focus on the Family

1/12/24

8:00 PM

30 MIN

Growing Closer Through Family Devotions- NFL chaplain Jonathan Evans and his wife, Kanika, offer parents practical ideas for effectively leading family devotions.

Family Talk

1/15/24

4:30 AM

30 MIN

Encouraging Your Kids To Lead- Dr. James Dobson discusses with Dr. Elmore and his wife, Pam, the importance of teaching our children how to become leaders who will stand firm in their convictions, rather than being like sheep, who just follow the crowd. Be encouraged as Dr. Tim shares his belief that every child has the potential to be a great leader, regardless of his or her personality.

Focus on the Family

1/15/24

8:00 PM

30 MIN

Seeing God’s Image in All Men- Pastor Miles McPherson challenges believers of all skin tones to consider the fact that grouping humans by skin color promotes racism, which hinders the gospel. He encourages us to treat every person like they truly were created in the image of God.

Family Talk

1/16/24

4:30 AM

30 MIN

Turning the Tables: Greg Laurie Interviews Dr. James Dobson- Evangelist Greg Laurie turns the tables and interviews America's beloved Christian psychologist. Tune in to hear more about the challenges Dr. Dobson overcame in life, and how he became successful by depending solely on God.

Focus on the Family

1/16/24

8:00 PM

30 MIN

Homesteading: Embracing a Simpler Life- Author and homesteader Kathi Lipp offers insightful ideas on homesteading. Her practical tips include creative cooking, gardening, and getting through harsh weather. Even if you live in a busy city, you can simplify and use your resources intentionally.

Family Talk

1/17/24

4:30 AM

30 MIN

The Family Doctor Speaks: The Truth About Life (Part 1)- While Dr. Robert Jackson, Jr., was a second-year medical resident, he was asked to administer a drug to induce premature labor on a woman who was carrying a special needs baby in order to abort the pregnancy. He refused, but another doctor did so, prompting the woman to deliver a 22-week-old infant. Dr. Jackson recounts that the patient's little baby, born alive, was wrapped in a cold, wet towel, and abandoned to die in a metal basin. Since that horrific moment, Dr. Jackson has been a passionate and staunch defender of pre-born children.

Focus on the Family

1/17/24

8:00 PM

30 MIN

Investing in Your Child for the Teen Years- A panel of parents join with Jim Daly and John Fuller to discuss preparing their children for the teen years and adulthood, providing a biblical perspective on sexuality, peer relationships and technology.

Family Talk

1/18/24

4:30 AM

30 MIN

The Family Doctor Speaks: The Truth About Life (Part 2)- While Dr. Robert Jackson, Jr., was a second-year medical resident, he was asked to administer a drug to induce premature labor on a woman who was carrying a special needs baby in order to abort the pregnancy. He refused, but another doctor did so, prompting the woman to deliver a 22-week-old infant. Dr. Jackson recounts that the patient's little baby, born alive, was wrapped in a cold, wet towel, and abandoned to die in a metal basin. Since that horrific moment, Dr. Jackson has been a passionate and staunch defender of pre-born children.

Focus on the Family

1/18/24

8:00 PM

30 MIN

Allowing Grace to Transform Your Marriage (Part 1)- Brad and Marilyn Rhoads openly share their terrible first year of marriage and how God intervened to introduce the concept of grace in their relationship. You'll better understand how marriage is a picture of the gospel and learn ways to honor your spouse in a more grace-filled, loving manner.

Family Talk

1/19/24

4:30 AM

30 MIN

Who Switched the Labels? Clarifying the Pro-Life Message- Scott Klusendorf, who is president of Life Training Institute, shares with college students the importance of clarifying what's at stake within the pro-life message, and the crystal-clear difference between right and wrong.

Focus on the Family

1/19/24

8:00 PM

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Family Talk

1/22/24

4:30 AM

30 MIN

Managing Your Home and Time (Part 1)- Dr. James Dobson talks with the late Emilie Barnes, an author, speaker and time-management expert whose invaluable advice continues to help women get rid of stress, and better organize their families and homes. Proverbs 16:3 says, "Commit to the Lord whatever you do, and He will establish your plans."

Focus on the Family

1/22/24

8:00 PM

30 MIN

Abortion Survivors Share the Value of Pre-Born Lives (Part 1)- Priscilla Hurley shares about being recruited to work in the abortion industry before her heart was broken with the realization that precious lives were being taken. Melissa Ohden shares her story of surviving a saline abortion, against all odds, and later founding the Abortion Survivors Network. Both women now inspire and encourage thousands of people.

Family Talk

1/23/24

4:30 AM

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Family Talk

1/24/24

4:30 AM

30 MIN

What Women Should Know About Men (Part 1)- James Dobson's timeless interview with Shaunti Feldhahn, author of the book, For Women Only. Through her detailed research, Shaunti identifies the feelings that may be buried deep within a man's soul, and explains to women why their husbands crave respect. Discover these crucial characteristics that may unlock the secrets that will lead to a much more intimate relationship.

Focus on the Family

1/24/24

8:00 PM

30 MIN

When Your Money and Marriage Clash- Money is one of the top reasons why couples experience conflict in marriage. Taylor and Megan Kovar believe the conflict isn't about money but about a lack of communication about money. They explain how to be more content with your financial situation and trust God for the future.

Family Talk

1/25/24

4:30 AM

30 MIN

What Women Should Know About Men (Part 2)- James Dobson's timeless interview with Shaunti Feldhahn, author of the book, For Women Only. Through her detailed research, Shaunti identifies the feelings that may be buried deep within a man's soul, and explains to women why their husbands crave respect. Discover these crucial characteristics that may unlock the secrets that will lead to a much more intimate relationship.

Focus on the Family

1/25/24

8:00 PM

30 MIN

Engaging Others With Love, Kindness and Service- In a discussion centered around her book Listen, Love, Repeat, Karen Ehman offers inspiration and practical advice for stepping out of our comfort zone to bless others, particularly those who are lonely, sick or hard to love.

Family Talk

1/26/24

4:30 AM

30 MIN

What Women Should Know About Men (Part 3)- James Dobson's timeless interview with Shaunti Feldhahn, author of the book, For Women Only. Through her detailed research, Shaunti identifies the feelings that may be buried deep within a man's soul, and explains to women why their husbands crave respect. Discover these crucial characteristics that may unlock the secrets that will lead to a much more intimate relationship.

Focus on the Family

1/26/24

8:00 PM

30 MIN

Enjoying the Earth Without Loving the World- Is it wrong to experience pleasure? Many Christians assume "pleasure" and "sin" are synonymous. Others define godly pleasure so narrowly that they drastically minimize the powerful and Holy role that pleasure can play in their lives. Still others feel guilty even thinking about how to build a life of pleasure. Pastor Gary Thomas invites Christians to embrace a life of true pleasure as a pathway to obedience, worship, and service. Gary provides a theological and inspirational framework to help us cultivate the kind of life that pleases God.

Family Talk

1/29/24

4:30 AM

30 MIN

Glorifying God in our Daily Lives (Part 1)- Paul gives a stirring speech about the absolute necessity of every Christian to love the Lord our God with all our hearts, souls, and strength. Be challenged as Pastor Blair asks, "What part of your life is Jesus not in control of?"

Focus on the Family

1/29/24

8:00 PM

30 MIN

Teaching Children to Celebrate Their Strengths- Lucille Williams equips you with ways you can nurture your child's strengths and help them learn to overcome their weaknesses. She shares her story of struggle and challenges as she discovered her own abilities. By building a strong identity in Christ, you can develop strategies to highlight their talents.

Family Talk

1/30/24

4:30 AM

30 MIN

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Focus on the Family

1/30/24

8:00 PM

30 MIN

Finding Hope For Lasting Relief From Depression (Part 1)- Dr. Gregory Jantz, a leading authority on mental and behavioral health, shares encouragement and help for those overwhelmed by feelings of guilt and shame associated with depression. He tells success stories from patients who've found hope and healing for mind, soul and body, by developing healthy habits, growing spiritually in your faith community, and taking prescribed medication when appropriate.

Family Talk

1/31/24

4:30 AM

30 MIN

Essentials for Healthy Living- Dr. James Dobson and Dr. Paul Reisser discuss the vital importance of healthy living. Discover the difference you can make in your health and that of your family's by carving out time to eat right, exercise, get proper amounts of sleep, and see your doctor regularly. Take charge now before your quality of life is unexpectedly taken from you!

Focus on the Family

1/31/24

8:00 PM

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February

Family Talk

2/01/24

4:30 AM

30 MIN

Building Hedges Around Your Marriage (Part 1)- Dr. James Dobson and best-selling author and speaker, Jerry Jenkins, talk about the vulnerability of every marital relationship unless the proper defenses are put in place. 1 Peter 5:8 says, "Be alert and of sober mind. Our enemy the devil prowls around like a roaring lion looking for someone to devour."

Focus on the Family

2/01/24

8:00 PM

30 MIN

Inviting God Into Your Dating Relationship (Part 1)- Dr. Gregory Jantz, a leading authority on mental and behavioral health, shares encouragement and help for those overwhelmed by feelings of guilt and shame associated with depression. He tells success stories from patients who've found hope and healing for mind, soul and body, by developing healthy habits, growing spiritually in your faith community, and taking prescribed medication when appropriate.

Family Talk

2/02/24

4:30 AM

30 MIN

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Family Talk

2/05/24

4:30 AM

30 MIN

The New Orphan Crisis (Part 1)- Gary Bauer talks with John and Marlene Strege (pronounced stre-gee), about their story of being the first couple to “adopt” a frozen, fertilized egg and carry it through a successful pregnancy. The result of that endeavor was the birth of their daughter, Hannah, who is now a young adult with dreams of opening her own adoption counseling practice.

Focus on the Family

2/05/24

8:00 PM

30 MIN

How to Avoid Bad Influences On Your Marriage- Dave and Ashley Willis encourage husbands and wives to share as much as possible, rather than have separate bank accounts, hobbies, and even friends. The risk is pursuing your own life rather than prioritizing your spouse.

Family Talk

2/06/24

4:30 AM

30 MIN

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Focus on the Family

2/06/24

8:00 PM

30 MIN

Using Your Unique Personality to Share Your Faith (Part 1)- Dave and Ashley Willis encourage husbands and wives to share as much as possible, rather than have separate bank accounts, hobbies, and even friends. The risk is pursuing your own life rather than prioritizing your spouse.

Family Talk

2/07/24

4:30 AM

30 MIN

Unbroken: The Louis Zamperini Story (Part 1)- Dr. James Dobson interviews Louis’ son and daughter-in-law, Luke and Lisa Zamperini. Together they discuss Louis’ upbringing, his feats at the 1936 Olympics, and the plane crash that stranded him at sea.

Focus on the Family

2/07/24

8:00 PM

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Family Talk

2/08/24

4:30 AM

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Focus on the Family

2/08/24

8:00 PM

30 MIN

Leading Your Family as a Single Mom (Part 1)- Pam Farrel (raised by a single mom) and PeggySue Wells (a single mom of seven!) offer guidance to single moms (and dads!) as they navigate life with their children. They examine some of the best decisions a single mom can make—things like choosing to thrive, creating a nurturing home, introducing your child to Jesus, and learning to respond to situations in healthy ways. It's an encouraging conversation for the single parent!

Family Talk

2/09/24

4:30 AM

30 MIN

Unbroken: The Louis Zamperini Story (Part 3)- Dr. James Dobson interviews Louis' son and daughter-in-law, Luke and Lisa Zamperini. Together they discuss Louis' upbringing, his feats at the 1936 Olympics, and the plane crash that stranded him at sea.

Focus on the Family

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Family Talk

2/12/24

4:30 AM

30 MIN

Building a Passionate Love Life (Part 1)- Dr. James Dobson’s interview with sex therapists, Dr. Clifford and Joyce Penner. They share how pornography and casual sex have warped our view of intimacy. Hebrews 13:4 says, “Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.”

Focus on the Family

2/12/24

8:00 PM

30 MIN

Cultivating a Mentally Healthy Family- Research increasingly shows that our culture is in the midst of a mental health epidemic, especially among children and youth — persistent feelings of sadness and hopelessness, anxiety and even suicidal thoughts. But Dr. Danny Huerta believes parents can offset these issues by routinely initiating conversations with their children to assess their mental and emotional well-being. He encourages parents to establish a solid spiritual environment in the home to help improve mental health.

Family Talk

2/13/24

4:30 AM

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Focus on the Family

2/13/24

8:00 PM

30 MIN

Discovering the Secrets to a Lifelong Romance (Part 1)- Popular guest Dr. Kevin Leman offers practical suggestions for maintaining a lasting, thriving marriage, including identifying your spouse’s key needs, living a lifestyle of “24/7 intimacy,” using feelings to strengthen your relationship, and more. Jim Daly’s wife, Jean, joins the conversation to offer her insights from their marriage of over 30 years.

Family Talk

2/14/24

4:30 AM

30 MIN

Love Like You Mean It (Part 1)- Dr. James Dobson discusses the real meaning of love with Bob Lepine, author of Love Like You Mean It. Bob explains that patience, kindness, and humility are like marital disinfectants that help wash away toxins that can build up over time.

Focus on the Family

2/14/24

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Family Talk

2/15/24

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Focus on the Family

2/15/24

8:00 PM

30 MIN

Believing God's Promises Despite Hard Circumstances- Are you waiting for a miracle from God? In this winsome presentation, author and bible teacher Lisa Harper shares how the Lord redeemed gut-wrenching disappointments in her life. She encourages believers to see "waiting on God" as the bold stance of a prayerful warrior, not an attitude of defeated pessimism.

Family Talk

2/16/24

4:30 AM

30 MIN

Filling Your Love Tanks- Dennis Swanberg, will highlight the importance of different emotional fuels, such as humor and words, that we need. Through wit and wisdom, Swanberg emphasizes how central it is to love someone by using their specific grade of "fuel" that relates to them. Dennis will have you in fits of laughter and then tears as he shares his pearls of wisdom.

Focus on the Family

2/16/24

8:00 PM

30 MIN

The Impact of a Life Well Lived- Dr. Gary Chapman reflects on the lessons God has taught him throughout his life—through his parents, his wife, and his children. He recalls how he identified the Five Love Languages and offers some solid insight on marriage and parenting. As he reflects on his personal journey, you'll be encouraged to do the same!

Family Talk

2/19/24

4:30 AM

30 MIN

Concerned Women for America: Protecting Biblical Values (Part 1)- Gary Bauer interviews Penny Young Nance, CEO and president of Concerned Women for America. Be inspired as you listen to Penny's bold resolve to stand in the gap and fight for women's and children's rights and their religious freedoms. "If you can't stand when things are the hardest, what are you doing?"

Focus on the Family

2/19/24

8:00 PM

30 MIN

Changing Minds to Save the Pre-Born- Kristan Hawkins, the president of Students for Life of America, shares inspiring stories about the pro-life movement and will help you to speak up for the preborn and vulnerable women. She talks about what motivated her as a teenager to get involved in the pro-life movement, her work with Students for Life of America, and how to graciously deal with criticism, attacks, and misinformation from abortion advocates

Family Talk

2/20/24

4:30 AM

30 MIN

Concerned Women for America: Protecting Biblical Values (Part 2)- Gary Bauer interviews Penny Young Nance, CEO and president of Concerned Women for America. Be inspired as you listen to Penny's bold resolve to stand in the gap and fight for women's and children's rights and their religious freedoms. "If you can't stand when things are the hardest, what are you doing?"

Focus on the Family

2/20/24

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30 MIN

Practical Advice for Parenting Strong-Willed Children (Part 1)- Educator and author Cynthia Tobias offers encouragement and practical advice for the difficult scenarios faced by frustrated parents of strong-willed children, ranging from very young to adult.

Family Talk

2/21/24

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Family Talk

2/22/24

4:30 AM

30 MIN

Defusing the Aging Process (Part 1)- Dr. James Dobson and Dr. Cooper, the "father of aerobics," break down three factors that speed up the aging process, and discuss the lasting impact of a wholesome diet along with exercise. The Apostle Paul says in 1 Corinthians 6 that your body is the temple of the Holy Spirit. Therefore, honor God with your body.

Focus on the Family

2/22/24

8:00 PM

30 MIN

Restoring Your Marriage After an Affair (Part 1)- Infidelity can rip a marriage apart — and it's hard to imagine a betrayal more painful than finding out your spouse is involved with someone else. Josh and Katie Walters share the story of Katie's affair with the husband of their good friend couple, and how Katie vacillated for quite a while, torn between doing the right thing (ending the affair) and still feeling love for the other man. Meanwhile, Josh was convinced by God that divorce was wrong and he needed to love Katie as Christ loves the Church, which meant pushing through the pain and hoping against hope to rescue his marriage.

Family Talk

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Family Talk

2/26/24

4:30 AM

30 MIN

Marriage Survival Skills (Part 1)- Dr. James Dobson discusses these crucial details with Dr. Scott Stanley and the late Dr. Gary Smalley. Tune in and take advantage of their years of research. These pearls of wisdom could very well save your marriage.

Focus on the Family

2/26/24

8:00 PM

30 MIN

Learning to Live Out God's Call on Your Life- Did you know that God uses ordinary people like you to do extraordinary things? Pastor Jeff Simmons shares insights into living a fulfilling and joyful life by embracing God's call. He'll encourage you to invest your time and money wisely, with your focus on God and others instead of yourself.

Family Talk

2/27/24

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Focus on the Family

2/27/24

8:00 PM

30 MIN

When Lives Collide: Navigating Remarriage and Stepfamily (Part 1)- In this broadcast, Sabrina Beasley McDonald will help couples and single adults prepare for remarriage and the formation of a stepfamily. She also talks about the unique challenges that couples face in remarriages and stepfamilies face.

Family Talk

2/28/24

4:30 AM

30 MIN

Marriage Survival Skills (Part 3)- Dr. James Dobson discusses these crucial details with Dr. Scott Stanley and the late Dr. Gary Smalley. Tune in and take advantage of their years of research. These pearls of wisdom could very well save your marriage.

Focus on the Family

2/28/24

8:00 PM

30 MIN

When Lives Collide: Navigating Remarriage and Stepfamily (Part 2)- In this broadcast, Sabrina Beasley McDonald will help couples and single adults prepare for remarriage and the formation of a stepfamily. She also talks about the unique challenges that couples face in remarriages and stepfamilies face.

Family Talk

2/29/24

4:30 AM

30 MIN

American Marxisms (Part 1)- Mark Levin, author of American Marxism, discusses with Dr. James Dobson that this God-hating, individual-despising worldview is often cloaked in deceptive labels such as "progressivism." The enemy is working 24/7 against all that we hold dear in America. Tune in and learn how you can take a stand and fight for our God-given liberties before it's too late.

Focus on the Family

2/29/24

8:00 PM

30 MIN

Who God Says You Are- Speaking to an enthusiastic crowd of two-thousand women, J. John uses his trademark humor and compelling stories to convey four traits that God sees in each of us: We are lovable, we are valuable, we are forgiven, and we are capable.

Family Talk

3/01/24

4:30 AM

30 MIN

American Marxisms (Part 2)- Mark Levin, author of American Marxism, discusses with Dr. James Dobson that this God-hating, individual-despising worldview is often cloaked in deceptive labels such as "progressivism." The enemy is working 24/7 against all that we hold dear in America. Tune in and learn how you can take a stand and fight for our God-given liberties before it's too late.

Focus on the Family

3/01/24

8:00 PM

30 MIN

Teaching Kids to Love God and Serve Others Well- Monica Swanson shares a story about taking her son Jonah through “character training” when he was 13 to learn more about the importance of godly character in his life. She also shares why allowing kids to suffer and learn through adversity will help them become stronger and healthier adults.

Family Talk

3/04/24

4:30 AM

30 MIN

Firm Foundations Romania: An Update with Sarah Vienna- Gary Bauer talks with Sarah Vienna, singer/songwriter, and the co-founder and CEO of Firm Foundations Romania. Sarah shares about the leap of faith she took over 20 years ago and how God turned her faith and passion to share the love of Jesus Christ into a global ministry. She seeks to support and educate the beautiful children and people of Brasov (pronounced brah-showv), Romania.

Focus on the Family

3/04/24

8:00 PM

30 MIN

Teaching Kids to Love God and Serve Others Well- Monica Swanson shares a story about taking her son Jonah through “character training” when he was 13 to learn more about the importance of godly character in his life. She also shares why allowing kids to suffer and learn through adversity will help them become stronger and healthier adults.

Family Talk

3/05/24

4:30 AM

30 MIN

Enough is Enough: Making the Internet Safer (Part 1)- Dr. James Dobson interviews Donna Rice Hughes and discusses the early years of her life that culminated in betrayal and sexual exploitation. Donna proudly shares how God used those events to get her attention and reverse the trajectory of her life. Hear Donna’s journey back to redemption, and all that she is doing as CEO of Enough is Enough, an organization dedicated to making the Internet safer for everyone.

Focus on the Family

3/05/24

8:00 PM

30 MIN

God’s Amazing Grace in a Transgendered Person’s Life (Part 1)- Monica Swanson shares a story about taking her son Jonah through “character training” when he was 13 to learn more about the importance of godly character in his life. She also shares why allowing kids to suffer and learn through adversity will help them become stronger and healthier adults.

Family Talk

3/06/24

4:30 AM

30 MIN

Enough is Enough: Making the Internet Safer (Part 2)- Dr. James Dobson interviews Donna Rice Hughes and discusses the early years of her life that culminated in betrayal and sexual exploitation. Donna proudly shares how God used those events to get her attention and reverse the trajectory of her life. Hear Donna's journey back to redemption, and all that she is doing as CEO of Enough is Enough, an organization dedicated to making the Internet safer for everyone.

Focus on the Family

3/06/24

8:00 PM

30 MIN

God's Amazing Grace in a Transgendered Person's Life (Part 2)- Monica Swanson shares a story about taking her son Jonah through "character training" when he was 13 to learn more about the importance of godly character in his life. She also shares why allowing kids to suffer and learn through adversity will help them become stronger and healthier adults.

Family Talk

3/07/24

4:30 AM

30 MIN

God's Miracle of Life (Part 1)- Dr. James Dobson interviews pro-life advocate, Dr. William Lile. He shares his passion for defending the pre-born, as well as his research that will leave you wondering how anyone could believe that the unborn are not human beings. Tune in and learn of the science that points to life at conception.

Focus on the Family

3/07/24

8:00 PM

30 MIN

Never Perfect: Finding More Joy, and Less Guilt, As a Mom- Leslie and her husband Duncan have raised six kids on two remote islands in Alaska. She shares her journey from perfect mother, to fishing-crew mother, to embattled mother, to happy "good-enough" mother who discovers the power of true love.

Family Talk

3/08/24

4:30 AM

30 MIN

God's Miracle of Life (Part 2)- Dr. James Dobson interviews pro-life advocate, Dr. William Lile. He shares his passion for defending the pre-born, as well as his research that will leave you wondering how anyone could believe that the unborn are not human beings. Tune in and learn of the science that points to life at conception.

Focus on the Family

3/08/24

8:00 PM

30 MIN

Choosing Joy in Healthy Relationships- Chris Coursey helps you better understand the role of joy in your marriage, your parenting, and your friendships. He'll explore the joy center in your brain, so you can know how it works and how to keep it from turning off. As joy overflows into your relationships, you'll be able to connect with others.

Family Talk

3/11/24

4:30 AM

30 MIN

Living for Christ, Whatever the Cost (Part 1)- Twin brothers David and Jason Benham are former professional baseball players, as well as nationally acclaimed entrepreneurs, and best-selling authors. Their rise to prominence came with their first company, which grew to 100 offices in 35 states, and catapulted them onto the national stage. David and Jason's success eventually landed them a reality show with HGTV in 2014 that was soon canceled when activist groups pressured the network to fire them because of their commitment to biblical values. Appearing on numerous media outlets, the brothers encouraged people to stand for what they believe, whatever the cost. Since that time, they have started many businesses and launched an online coaching series called "Expert Ownership." David and Jason reside in Charlotte, North Carolina, with their families.

Focus on the Family

3/11/24

8:00 PM

30 MIN

Putting Children First in Education- Cynthia Tobias shares practical advice on how to best maximize your student's environment, attitude, time-management, learning style, organizational skills, and mental capacity. She will help parents understand the various schooling options so they can decide what method of education will be best for their child.

Family Talk

3/12/24

4:30 AM

30 MIN

Living for Christ, Whatever the Cost (Part 2)- Twin brothers David and Jason Benham are former professional baseball players, as well as nationally acclaimed entrepreneurs, and best-selling authors. Their rise to prominence came with their first company, which grew to 100 offices in 35 states, and catapulted them onto the national stage. David and Jason's success eventually landed them a reality show with HGTV in 2014 that was soon canceled when activist groups pressured the network to fire them because of their commitment to biblical values. Appearing on numerous media outlets, the brothers encouraged people to stand for what they believe, whatever the cost. Since that time, they have started many businesses and launched an online coaching series called "Expert Ownership." David and Jason reside in Charlotte, North Carolina, with their families.

Focus on the Family

3/12/24

8:00 PM

30 MIN

From Rebellion to Redemption- Duck Dynasty's Phil and Al Robertson lived portions of their lives in direct rebellion against God, until they were redeemed by the work of the Holy Spirit. They share their moving testimonies and the simple truth of the Gospel of Jesus Christ, which has led to an incredible family legacy.

Family Talk

3/13/24

4:30 AM

30 MIN

Your Past Erased: A Salvation Message from Rev. Franklin Graham- Rev. Franklin Graham points out that not only did Jesus miraculously restore this desperate man's sight, but He forgave his sins, erasing his past as well. Discover for yourself that like Bartimaeus, Jesus can forgive your sins and erase your past too!

Focus on the Family

3/13/24

8:00 PM

30 MIN

Identifying Triggers in Your Marriage (Part 1)- Based on their book Marriage Triggers, Amber and Guy Lia discuss common, everyday things – from house cleaning and backseat driving to workaholism and lack of intimacy – which can provoke anger and tension in marriage. Our guests explain how couples can identify those 'triggers' and deal with them in a healthy way.

Family Talk

3/14/24

4:30 AM

30 MIN

Law and Faith: Defending Religious Freedom (Part 1)- Rev. Franklin Graham points out that not only did Jesus miraculously restore this desperate man's sight, but He forgave his sins, erasing his past as well. Discover for yourself that like Bartimaeus, Jesus can forgive your sins and erase your past too!

Focus on the Family

3/14/24

8:00 PM

30 MIN

Identifying Triggers in Your Marriage (Part 2)- Based on their book Marriage Triggers, Amber and Guy Lia discuss common, everyday things – from house cleaning and backseat driving to workaholism and lack of intimacy – which can provoke anger and tension in marriage. Our guests explain how couples can identify those 'triggers' and deal with them in a healthy way.

Family Talk

3/15/24

4:30 AM

30 MIN

Law and Faith: Defending Religious Freedom (Part 2)- Rev. Franklin Graham points out that not only did Jesus miraculously restore this desperate man's sight, but He forgave his sins, erasing his past as well. Discover for yourself that like Bartimaeus, Jesus can forgive your sins and erase your past too!

Focus on the Family

3/15/24

8:00 PM

30 MIN

Becoming Screen Savvy As a Family- Adam Holz and Paul Asay from Focus on the Family's Plugged In team equips you to guide your family to make healthy media choices. They explain what the Bible says about entertainment and how to engage with and teach your kids discernment when it comes to what they are watching and playing

Family Talk

3/18/24

4:30 AM

30 MIN

Changing the World Through Prayer (Part 1)- Dr. James Dobson interviews Dr. Dick Eastman, the former president of Every Home for Christ, to discuss how their ministry goes door-to-door around the world to spread the gospel. Since 1946, Every Home for Christ has planted 4.7 billion gospel messages in homes worldwide, resulting in over 243 million follow-up decision cards and responses!

Focus on the Family

3/18/24

8:00 PM

30 MIN

Overcoming Obstacles to Pursue God's Direction in Life- What can you do when God gives you a task that seems impossible? Join Robyn Dykstra for a fascinating look at a time when Jesus did the impossible – raising Lazarus from the dead.

Family Talk

3/19/24

4:30 AM

30 MIN

Changing the World Through Prayer (Part 2)- Dr. James Dobson interviews Dr. Dick Eastman, the former president of Every Home for Christ, to discuss how their ministry goes door-to-door around the world to spread the gospel. Since 1946, Every Home for Christ has planted 4.7 billion gospel messages in homes worldwide, resulting in over 243 million follow-up decision cards and responses!

Focus on the Family

3/19/24

8:00 PM

30 MIN

Praying for Your Teen’s Heart and Future (Part 1)- Parents often face the teen years with fear because we often don’t fully understand what struggles teens are dealing with. Jodie wants to equip parents of teens to pray with confidence about dating, peer pressure, social media, prodigals and more — using the power of God’s Word.

Family Talk

3/20/24

4:30 AM

30 MIN

The Sandwich Generation: Being There for Your Aging Parents- the late Grace Chavis will share about her experience supporting her ailing parents and in-laws for a number of years. She also gives advice for those who are in that season on how to handle their family members with grace and love. Proverbs 16:31 says, “Gray hair is a crown of splendor; it is attained in the way of righteousness.”

Focus on the Family

3/20/24

8:00 PM

30 MIN

Praying for Your Teen’s Heart and Future (Part 2)- Parents often face the teen years with fear because we often don’t fully understand what struggles teens are dealing with. Jodie wants to equip parents of teens to pray with confidence about dating, peer pressure, social media, prodigals and more — using the power of God’s Word.

Family Talk

3/21/24

4:30 AM

30 MIN

Roe v. Wade: My Journey with Roe, Doe and God (Part 1)- Michele Bachmann interviews Allan Parker, Jr., president of The Justice Foundation and the author of the book, Reversing Roe v. Wade: My Journey with Roe, Doe and God. If you value the sanctity of human life, you must not miss this insightful program.

Focus on the Family

3/21/24

8:00 PM

30 MIN

Seeing God’s Goodness During Medical Crises- As a former trauma surgeon, Dr. Kathryn Butler saw suffering and death firsthand more times than she could count. Sometimes her patients would have a happy outcome, while others endured unspeakable tragedies. Before becoming a Christian, these tragedies led Kathryn to question God and to struggle with intense depression.

Family Talk

3/22/24

4:30 AM

30 MIN

Roe v. Wade: My Journey with Roe, Doe and God (Part 2)- Michele Bachmann interviews Allan Parker, Jr., president of The Justice Foundation and the author of the book, Reversing Roe v. Wade: My Journey with Roe, Doe and God. If you value the sanctity of human life, you must not miss this insightful program.

Focus on the Family

3/22/24

8:00 PM

30 MIN

Bringing Laughter to Your Marriage- On this lighthearted broadcast, Pastor Ted Cunningham shares humorous stories from life with his spouse to illustrate how laughter is a key component for a thriving and lasting marriage. He explores the emotional, physical, and spiritual benefits of laughter, and encourages listeners to discover their "humor muscle" and flex it on a daily basis.

Family Talk

3/25/24

4:30 AM

30 MIN

Be Still and Know God: Discerning Wild at Heart (Part 1)- Dr. James Dobson interviews John Eldredge, author of the best-selling book, Wild at Heart. They discuss the "father wound" that can manifest itself in a young boy's life if he grows up without a strong male figure at home. Learn how Jesus came to heal that hurt in the lives of the brokenhearted as He sets the captives free.

Focus on the Family

3/25/24

8:00 PM

30 MIN

Establishing Clear Boundaries in Your Life- Pastor Kevin Thompson helps you learn how to navigate the roads of life—circumstances, situations relationships—by staying in your lane. By examining what belongs to us, what belongs to others, and what belongs to God, you'll get a strong grasp on boundaries and how to apply them in your life.

Family Talk

3/26/24

4:30 AM

30 MIN

Be Still and Know God: Discerning Wild at Heart (Part 2)- Dr. James Dobson interviews John Eldredge, author of the best-selling book, Wild at Heart. They discuss the "father wound" that can manifest itself in a young boy's life if he grows up without a strong male figure at home. Learn how Jesus came to heal that hurt in the lives of the brokenhearted as He sets the captives free.

Focus on the Family

3/26/24

8:00 PM

30 MIN

Creating a Shared Vision for Your Marriage (Part 1)- Pastor Sean and Lanette Reed describe their marital journey and God’s faithfulness. Although many wondered if their relationship would survive, the Reeds were proactive about creating a long-term plan and a godly legacy for future generations of their family.

Family Talk

3/27/24

4:30 AM

30 MIN

Plugged In: Teaching Your Children to Be Media Savvy- Is your family honoring God with their media choices? Bob Waliszewski (pronounced Wall-eh-shess-key), former director of PluggedIn.com for over twenty-seven years, joins Dr. James Dobson on today’s edition of Family Talk. They discuss what to look for in today’s movies, TV programs, video games, and more.

Focus on the Family

3/27/24

8:00 PM

30 MIN

Creating a Shared Vision for Your Marriage (Part 2)- Pastor Sean and Lanette Reed describe their marital journey and God’s faithfulness. Although many wondered if their relationship would survive, the Reeds were proactive about creating a long-term plan and a godly legacy for future generations of their family.

Family Talk

3/28/24

4:30 AM

30 MIN

Jesus, The Greatest of All Time- Dr. Ralph “Yankee” Arnold talks about our desperate need for a savior, and Christ’s incredible sacrifice that paid for our sins in full. John 14:6 says, “I am the way and the truth and the life. No one comes to the Father except through me.” Discover the peace which surpasses all understanding and how faith in Christ alone can bring salvation.

Focus on the Family

3/28/24

8:00 PM

30 MIN

Building Strong Father-Son Relationships- This father and son team describe the problem of disengaged dads — men who may be present physically but not emotionally with their families. The Beckers encourage dads and sons to be “tender lions” who will confront societal ills and yet remain tender and compassionate in their relationships.

Family Talk

3/29/24

4:30 AM

30 MIN

Why the Need for a Savior- On this Good Friday edition of Family Talk, we'll listen to Dr. James Dobson as he reads his March newsletter, appropriately titled, "Why the Need for a Savior." Dr. Dobson will share his views on Easter, and why it is the most important occasion for all believers in Christ Jesus. So, whether you have known the Lord for years or perhaps you are still not quite sure who Jesus is, listen and learn about this Good News and how it provides the only explanation for why we are here and where we are going. Come celebrate the risen Lord and His promise of eternal life for all who believe!

Focus on the Family

3/29/24

8:00 PM

30 MIN

Jesus and His Power- In this engaging message, Dr. Tony Evans explains that in the cosmic chess game between good and evil, Jesus is the winner. The death and resurrection of Jesus Christ provides power for victorious living for those who identify with Him, who testify about Him to others, and who love Him more than life itself.