

## **WAQX-FM Issues/Programs October – December 2023**

**“Street Talk” Weekly Program 30 minutes including some commercial content.**

**Sundays 6 am to 6:30 am**

**10/1/2023: Peggy Northrup and Art Palermo, Francis House:** Francis House will be holding their annual There’s No Place Like Home Fundraiser at the Expo Center of the New York State Fairgrounds on Wednesday, October 11<sup>th</sup> from 5:30 to 8:30. You can buy tickets to the event at [FrancisHouseNY.org](http://FrancisHouseNY.org).

**Joe Stanley, Workers Comp:** If you have been involved in trying to collect insurance money for worker’s comp or disability cases, you know it can be a frustrating process. See the webinar on preparing for a worker’s comp case at [StanleyLawOffices.com](http://StanleyLawOffices.com).

**Adrian Autry, The Boys and Girls Club of Syracuse:** The annual Hoops for Hope event on Wednesday, October 18<sup>th</sup> at Drumlins Country Club. Buy your tickets today at [BGCSyracuse.org/hoops-for-hope](http://BGCSyracuse.org/hoops-for-hope).

**10/8/2023: Davis Yohe, Rotary Club of Dewitt:** The Rotary Club of Dewitt will be holding their second annual Community Day on Saturday, October 14<sup>th</sup> beginning with a pancake breakfast and continuing with a day of fun and community involvement. See more about the Rotary Club of Dewitt’s Community Day at [DewittRotary.org](http://DewittRotary.org).

**Ann Marie Cerone, Cicero American Legion:** The Cicero American Legion Post 787’s Auxiliary will be holding their second annual Apple Festival to benefit different veteran organizations in Central New York. It’s happening at the Post on Legionaire Drive in Cicero on Sunday, October 15<sup>th</sup> from 11 am to 3 pm. See more on their Facebook page at [CiceroAmericanLegionPost787](http://CiceroAmericanLegionPost787).

**Madison Taylor, CMC Dance:** CMC Dance Studio on Route 31 in Cicero has been operating their Haunted House for over 20 years to raise money for their dance competitions. CMC Haunted House runs Friday and Saturday nights through October. See more at [CMCHaunts.com](http://CMCHaunts.com)

**10/15/2023: Spotlight on local business: Chris Farmer, F and F Bargains:** F and F Bargains is a liquidation warehouse that now has locations in both Oswego and Liverpool. You can see more about F and F Bargains both in Liverpool and Oswego by checking out their Facebook pages.

**Beth Trunfio, Ronald McDonald House:** The Ronald McDonald House continues to provide housing for families of those whose children are being treated at area hospitals. See more at [RMHCNY.org](http://RMHCNY.org).

**Joe Stanley, Celebrity Lawsuits:** If you think you need patience to wait for a lawsuit to be settled, celebrities have the same problem! Lawyer Joe Stanley says the main thing everyone needs is patience: Get more legal advice at [StanleyLawOffices.com](http://StanleyLawOffices.com)

**Assemblyman Al Stirpe, Free Paint Recycling Event:** After holding a free e-recycling event just yesterday, New York State Assemblyman Al Stirpe is holding a paint recycling collection this coming weekend at Great Northern Mall. Register for a spot to drop your paints off on Assemblyman Al Stirpe's website or Facebook page.

**10/22/2023: Dr. Kavitha Prezzano, Hematology/Oncology of CNY, Free Lung Cancer screenings:** There will be a free lung cancer screening offered through Hematology/Oncology Associates of CNY. The number to call to book an appointment is 315-472-7504 ext. 1301.

**Katie Hanlon and Evelyn Ingram, United Way of Central New York:**

The United Way of CNY is once again holding their annual CNY Care Package Project where they collect basic necessities for distribution through many major agencies in the area. Wegmans is one of the main

collection locations. See more at <https://www.unitedwedomore.org/carepackage>

**Joe Convertino Jr. CH Insurance:** Why get your insurance through a local company? See more at [CH Insurance.cc](http://CHInsurance.cc)

**10/29/2023: First Sgt. LaShaun Benjamin and Retired Army Colonel Orrin “Mac” Macmurry, The Central New York Veterans Parade and Expo:** The Central New York Veterans Parade and Expo. is happening on Saturday, November 4th at the New York State Fairgrounds. The parade is at noon and the expo is from 9 until 2 in the Center of Progress Building. It is free and open to the public to come and honor our service members and for veterans and their families to get some valuable information on veterans services. Join us in honoring our service members Saturday November 4<sup>th</sup> at the fairgrounds. Visit [CNY veterans parade dot org](http://CNYveteransparade.org) more information.

**Alannah Gallagher, Destiny USA:** Halloween is Tuesday and Destiny USA is once again holding their popular Spook-A-Thon from 4 – 6 pm on Halloween night as well as a cool way to raise money for Make-A-Wish. Find out more at [DestinyUSA.com](http://DestinyUSA.com).

**11/5/2023: Laurie Mezzalingua and Dr. Stephen Montgomery, Crouse Health Foundation, Saint Agatha Foundation:** Crouse Health Foundation has announced an \$800,000 grant that has enabled them to buy two new 3D mammography machines to help improve early breast cancer detection and save lives. Those grants were provided by the Saint Agatha Foundation and JMA Wireless, both in memory of Laurie Mezzalingua, a woman who battled breast cancer and lost her fight in 2009. See more on the Saint Agatha Foundation at [SaintAgathaFoundation.org](http://SaintAgathaFoundation.org) and more on Crouse Breast Health Center at [Crouse.org](http://Crouse.org).

**Frieda Weeks, Hope for Heather:** Hope For Heather, whose mission is to raise money for ovarian cancer research, is holding their annual Hope and

Heels Fashion Show and Brunch on Sunday, November 12<sup>th</sup> at the Marriot Syracuse Downtown. Get tickets now at [HopeForHeather.org](http://HopeForHeather.org).

**Evelyn Ingram from Wegmans, Lynn Hy from The Food Bank of CNY, Linda Lopez from the Salvation Army Syracuse Area Services, and Dan Sieburg of the Rescue Mission Together Against Hunger**

**Campaign:** The Together Against Hunger Campaign launched at all Central New York Wegmans stores last week and through November 29<sup>th</sup>, will be collecting donations at the register to be evenly divided between The Food Bank of CNY, The Salvation Army and The Rescue Mission. Drop by any area Wegmans through November 29<sup>th</sup> to donate.

11/12/2023: **Longtime NBC3/ CNY Central news anchor and reporter Laura Hand, Mike Kelly of CX Tech, Kirk Narburgh is with King and King Architects, Andrew Sabbaghzadeh is the Salvation Army's Director of Development. The Salvation Army Syracuse Area Services** The Salvation Army is looking for one thousand bell ringers to volunteer this holiday season for their Red Kettle Campaign to help in their biggest fundraiser of the year. For the next two weeks, we'll be hearing from different people who either work for the Salvation Army or who are donating their time to ring the bell. To volunteer for the Salvation Army Red Kettle bell ringing, go to [RegisterToRing.com](http://RegisterToRing.com).

**11/19/2023:**

**Dr. Steven Duffy, Hematology/Oncology of CNY, Pancreatic Cancer:** November is Pancreatic Cancer Awareness Month and Medical Oncologist Dr. Steven Duffy of Hematology Oncology of CNY talks about the treatments for and prognosis of pancreatic cancer. See more at [HOACNY.com](http://HOACNY.com).

**Joe Convertino Jr. CH Insurance:** Tis the season for major holiday purchases, whether it be something for your home or jewelry for that special someone. But in case of theft or loss, do you have insurance coverage? See more at [CHInsurance.cc](http://CHInsurance.cc).

**Megan Fallon, Music For The Mission:** Some of the best performers in town perform a classical concert the Cathedral of Immaculate Conception for free? Donations are being accepted for Music for the Mission. See more at [MusicForTheMission.org](http://MusicForTheMission.org).

**11/26/2023: Daniele Backus, Lindsay Potter, Sonya Alwardt, Mary Schwanke, David's Refuge:** November is National Family Caregivers Month and, we're focusing on four different styles of caregiving with our friends from David's Refuge, who provides respite for caregivers of all types. See more on National Family Caregivers Month and the services provided at David's Refuge at [DavidsRefuge.org](http://DavidsRefuge.org).

**12/2/2023: Nikki Polos, Crunch Fitness:** The weather is getting colder, the days are getting shorter and our "comfort" meals are getting more calorie laden. So how can we possibly stay motivated to keep on an exercise routine. See more on Crunch fitness gift cards for the holidays at [Crunch.com](http://Crunch.com).

**Joe Stanley, Pedestrians in the dark:** As we just mentioned when it comes to exercise, we are at the time of year when we have much more darkness than light every day. That means it's even more important to use ALL of your senses when you're a pedestrian. See more on [StanleyLawOffices.com](http://StanleyLawOffices.com).

**12/10/2023: Laurie Black, United Way Book Buddys:** How would you like to be a Book Buddy for an elementary school student in the Syracuse City School District? The United Way's Book Buddies is trying to gather enough weekly volunteers to cover six schools and they need your help. See more and sign up at [CNYBookBuddies.org](http://CNYBookBuddies.org).

**Joey Stanley, Online Ordering:** If you are doing a lot of online ordering this holiday season, beware of where it's coming from. See more at [StanleyLawOffices.com](http://StanleyLawOffices.com).

**Nick DeMartino, Volunteer Advocate Lawyer for Animal Abuse Court Program:** There are couple of groups that are focusing on taking care of our four legged friends for the holidays. Nick DeMartino is part of the Volunteer Advocate Lawyer for Animal Abuse Court Program or VALAC. See more on the VALAC Facebook page.

**Assemblyman Al Stirpe, Pet Supplies Drive:** December Pet Supplies Drive, collecting pet food and supplies throughout December. See the entire wish list on Assemblyman Al Stirpe's Facebook page.

**12/17/2023: Kate Flannery, Alzheimer's Association:** This can be a tough time of year for caregivers and family members of those living with dementia and Alzheimer's Disease. Again the 24 hour hotline for the Alzheimer's Association is 1-800-272-3900 or go to [ALZ.org](http://ALZ.org).

**Joe Convertino Jr. CH Insurance:** The beginning of the year can bring changes to your home and business insurance policies. See more at [CHInsurance.cc](http://CHInsurance.cc).

**Jennifer Catney, Filling the Manger:** There is a local author who has both written and illustrated a Children's Christmas book called "Filling the Manger". Buy "Filling the Manger" locally or online and see more on the "Filling The Manger" Facebook page.