

<u>Number</u>	<u>Date</u>	<u>Time - Start/End</u>	<u>Duration</u>	<u>Programming</u>	<u>Show Host</u>	<u>Guest</u>	<u>Topic(s)</u>
1	10/02/23 (Monday)	8:05-8:35am	0:30:00	FST Morning Show	Frank Truatt	Mike Sweeton (Supervisor of Warwick)	Mike joins the show for his monthly update on Warwick and all the great events and people throughout the town. He discusses major upcoming projects for the town and announces any major road blockages that listeners need to know to operate in Warwick.
2	10/02/23 (Monday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for his weekly Monday morning segment to discuss the latest and greatest around Orange County. While pointing out issues, he remains positive and upbeat as he details there is plenty to celebrate throughout the entire County. He details the weekend that was and highlights the best of the events he attends.
3	10/03/23 (Tuesday)	8:53-9:13am	0:20:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for a quick update on Orange County and highlights the positives despite the ongoing negative consequences of new policies throughout the state.
4	10/04/23 (Wednesday)	8:05-8:20am	0:15:00	FST Morning Show	Frank Truatt	Susan McCosker (President of Pine Island CC)	Susan calls into the show for her monthly update on Pine Island and the upcoming events as they look forward to the fall. She discusses all things Black Dirt and how the season changes, it effects the soil.
5	10/04/23 (Wednesday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve uses his Wednesday time to join the show to discuss some inconsistencies he is getting the the government in NY and NYC. He is concerned about the shipment of migrants coming up to Orange County and around New York. He still finds time to highlight the good. However, the migrant issue will be one to watch moving forward as new policy changes every day.
6	10/05/23 (Thursday)	8:05-8:40am	0:35:00	FST Morning Show	Frank Truatt	Jimmy O'Donnell (Legislator)	Jimmy joins the show for his monthly update on the legislature. He provides clarity into what is happening around there. Jimmy urges residents to continue to press issues with their elected officials. He discusses recent, impactful events and incidents as he always remind folks of their right to vote.
7	10/06/23 (Friday)	8:05-8:45am	0:40:00	FST Morning Show	Frank Truatt	Bob Krahulik	Bob joins the show to discuss the latest and hottest cases around the country. Bob details the incidents and what actions need to be taken moving forward and if there is a legitimate case. Bob details local and Supreme Court decisions and reminds the listeners of the laws in regards to each case.
8	10/06/23 (Friday)	9:02-9:28am	0:26:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve joins the show to close out the week and provide updates for the upcoming weekend and what events the County is hosting and putting on. He urges residents to go out and enjoy the events. He highlights the positive work of citizens around the County.
9	10/09/23 (Monday)	8:05-8:35am	0:30:00	FST Morning Show	Frank Truatt	Amanda Dana (Director of OC Tourism)	Amanda comes into the studio for her monthly update. She talked about the what's happening on the events side and other area attractions that OC Tourism is highlighting as the cooler weather settles in. She mentions varioud family fun experiences and adult breweries to attend during these months.
10	10/09/23 (Monday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for his weekly Monday morning segment to discuss the latest and greatest around Orange County. While pointing out issues, he remains positive and upbeat as he details there is plenty to celebrate throughout the entire County. He details the weekend that was and highlights the best of the events he attends.
11	10/11/23 (Wednesday)	8:05-8:36am	0:31:00	FST Morning Show	Frank Truatt	Neil Dwyer (Mayor of Monroe)	Neil comes into the studio for his monthly update on Monroe. He explains the events and services throughout the town as the fall and cooler weather approaches. He highlights projects that will be done around the town for residents to avoid.
12	10/12/23 (Thursday)	8:05-8:45am	0:40:00	FST Morning Show	Frank Truatt	Paul Nebrasky	Paul joins the show to answer all your plumbing, heating, and cooling needs. He answers listener's questions about a variety of topics to keep the home safe and sound. Paul provides clear, concise plumbing advice for any and all questions. He mentions the key tune ups residents may need as the weather cools.
13	10/13/23 (Friday)	9:25-9:35am	0:10:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve joins the show to close out the week and provide updates for the upcoming weekend and what events the County is hosting and putting on. He urges residents to go out and enjoy the events. He highlights the positive work of citizens around the County.
14	10/16/23 (Monday)	8:05-8:15am	0:10:00	FST Morning Show	Frank Truatt	Dr. Alicia Pointer (Orange County Department of Health)	Dr. Pointer joins the show to discuss common, local issues that her and her department see each day and best practices to avoid certain illness and germs. She discusses the flu shot and why it is important for listeners to get one before the cold, hard winter days hit.
15	10/16/23 (Monday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for his weekly Monday morning segment to discuss the latest and greatest around Orange County. While pointing out issues, he remains positive and upbeat as he details there is plenty to celebrate throughout the entire County. He details the weekend that was and highlights the best of the events he attends.

16	10/18/23 (Wednesday)	8:05-8:42am	0:37:00	FST Morning Show	Frank Truatt	Keith Parsons (Board Member Warwick Valley CSD)	Keith joins the show for the latest update on the schools including an update on how each school in the district is doing. He mentions upcoming projects that could have an impact on the community's taxes and what they should be on the lookout for and he provides resources for those wanting to vent their frustrations with any new policy. He discusses what could be on the horizon moving forward to continue to build up the school system.
17	10/18/23 (Wednesday)	9:40-10:00am	0:20:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve uses his Wednesday time to join the show to discuss some inconsistencies he is getting from the government in NY and NYC. He is concerned about the shipment of migrants coming up to Orange County and around New York. He still finds time to highlight the good. However, the migrant issue will be one to watch moving forward as new policy changes every day.
18	10/20/23 (Friday)	8:05-8:35am	0:30:00	FST Morning Show	Frank Truatt	Darcie Miller (Commissioner of Mental Health and Social Services)	Darcie joins the show for her monthly update on Mental Health and Social Services around Orange County. People continue to struggle every day and they need help. Not everyone has recovered mentally from the Pandemic. She also frequently suggests new practices to help with socialization as it is needed throughout the growing Mental Health crisis throughout the country.
19	10/20/23 (Friday)	9:13-9:29am	0:16:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve joins the show to close out the week and provide updates for the upcoming weekend and what events the County is hosting and putting on. He urges residents to go out and enjoy the events. He highlights the positive work of citizens around the County.
20	10/23/23 (Monday)	8:05-8:28am	0:23:00	FST Morning Show	Frank Truatt	Ann Marie Maglione (Director of OC Office for the Aging)	Ann Marie gives the crew the latest update on the elderly in Orange County. While progressing, they continue to struggle coming out of the Pandemic, but there is optimism and the fight never stops. She discusses best practices for seniors to live their best life despite ongoing struggles. She also mentions scams and how people are trying to take advantage of the elderly in their vulnerable state.
21	10/24/23 (Tuesday)	8:05-8:37am	0:32:00	FST Morning Show	Frank Truatt	Tom Faggione (OC Legislature)	Tom joins the show to provide his monthly update for his Legislative district. He highlights the Port Jervis area and how it operates. He details the current issues surrounding decision-makers and how they are not focused on improving with the best interest of the residents in mind. He addresses common issues that need attention.
22	10/24/23 (Tuesday)	11:05-11:30am	0:25:00	Non-profit Notebook	Janice Valentino	Hospice of Orange	Janice discusses the role of Hospice for end of life care and how rewarding of a career it is and the benefits they provide. She details the services they provide and the mission they set out to accomplish each day.
23	10/24/23 (Tuesday)	11:34-11:59am	0:25:00	Non-Profit Notebook	Chris Molinelli	Liz Schmidt	Chris and Liz detail what Honor is and why it is critical to the community as they help those who need the comfort of a place to stay, they are always applying for grants to better their facility and organization.
24	10/25/23 (Wednesday)	8:05-8:43am	0:38:00	FST Morning Show	Frank Truatt	Tony Cardone (Monroe Town Supervisor)	Tony comes into the studio for his update on Monroe and highlights the positive actions of his residents. Tony discusses some minor issues that he and other officials will continue to work through as the year rolls on. He addresses the successes of the communities including a list of upcoming events. He highlights new Monroe businesses. He urges residents to continue to help create change where it is needed.
25	10/26/23 (Thursday)	8:05-8:33am	0:28:00	FST Morning Show	Frank Truatt	Bill Fiorvanti (Dir. of Economic Development)	Bill joins the show to discuss the latest in Economic Development and the work they continue to do to provide for the residents of Orange County. He highlights ongoing backlash he is facing from politicians, but assures the listeners he is helping to attract new and bigger business to Orange County.
26	10/27/23 (Friday)	9:07-9:23am	0:16:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve joins the show to close out the week and provide updates for the upcoming weekend and what events the County is hosting and putting on. He urges residents to go out and enjoy the events. He highlights the positive work of citizens around the County.
27	10/30/23 (Monday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for his weekly Monday morning segment to discuss the latest and greatest around Orange County. While pointing out issues, he remains positive and upbeat as he details there is plenty to celebrate throughout the entire County. He details the weekend that was and highlights the best of the events he attends.
28	11/01/23 (Wednesday)	8:05-8:20am	0:15:00	FST Morning Show	Frank Truatt	Susan McCosker (President of Pine Island CC)	Susan calls into the show for her monthly update on Pine Island and the upcoming events as they look forward to the fall. She discusses all things Black Dirt and how the season changes, it effects the soil.

29	11/01/23 (Wednesday)	9:42-9:55am	0:13:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve uses his Wednesday time to join the show to discuss some inconsistencies he is getting the the government in NY and NYC. He is concerned about the shipment of migrants coming up to Orange County and around New York. He still finds time to highlight the good. However, the migrant issue will be one to watch moving forward as new policy changes every day.
30	11/02/23 (Thursday)	8:05-8:34am	0:29:00	FST Morning Show	Frank Truatt	Jimmy O'Donnell (Legislator)	Jimmy joins the show for his monthly update on the legislature. He provides clarity into what is happening around there. Jimmy urges residents to continue to press issues with their elected officials. He discusses recent, impactful events and incidents as he always remind folks of their right to vote.
31	11/03/23 (Friday)	8:05-8:40am	0:35:00	FST Morning Show	Frank Truatt	Bob Krahulik	Bob joins the show to discuss the latest and hottest cases around the country. Bob details the incidents and what actions need to be taken moving forward and if there is a legitimate case. Bob details local and Supreme Court decisions and reminds the listeners of the laws in regards to each case.
32	11/03/23 (Friday)	9:06-9:22am	0:16:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve joins the show to close out the week and provide updates for the upcoming weekend and what events the County is hosting and putting on. He urges residents to go out and enjoy the events. He highlights the positive work of citizens around the County.
33	11/06/23 (Monday)	8:05-8:30am	0:25:00	FST Morning Show	Frank Truatt	Mike Sweeton (Supervisor of Warwick)	Mike joins the show for his monthly update on Warwick and all the great events and people throughout the town. He discusses major upcoming projects for the town and announces any major road blockages that listeners need to know to operate in Warwick.
34	11/06/23 (Monday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for his weekly Monday morning segment to discuss the latest and greatest around Orange County. While pointing out issues, he remains positive and upbeat as he details there is plenty to celebrate throughout the entire County. He details the weekend that was and highlights the best of the events he attends.
35	11/08/23 (Wednesday)	8:05-8:40am	0:35:00	FST Morning Show	Frank Truatt	Neil Dwyer (Mayor of Monroe)	Neil comes into the studio for his monthly update on Monroe. He explains the events and services throughout the town as the fall and cooler weather approaches. He highlights projects that will be done around the town for residents to avoid.
36	11/08/23 (Wednesday)	9:15-9:40am	0:25:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve uses his Wednesday time to join the show to discuss some inconsistencies he is getting the the government in NY and NYC. He is concerned about the shipment of migrants coming up to Orange County and around New York. He still finds time to highlight the good. However, the migrant issue will be one to watch moving forward as new policy changes every day.
37	11/09/23 (Thursday)	8:05-8:47am	0:42:00	FST Morning Show	Frank Truatt	Paul Nebrasky	Paul joins the show to answer all your plumbing, heating, and cooling needs. He answers listener's questions about a variety of topics to keep the home safe and sound. Paul provides clear, concise plumbing advice for any and all questions. He mentions the key tune ups residents may need as the weather cools.
38	11/10/23 (Friday)	9:02-9:19am	0:17:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve joins the show to close out the week and provide updates for the upcoming weekend and what events the County is hosting and putting on. He urges residents to go out and enjoy the events. He highlights the positive work of citizens around the County.
39	11/13/23 (Monday)	8:05-8:36am	0:31:00	FST Morning Show	Frank Truatt	Amanda Dana (Director of OC Tourism)	Amanda comes into the studio for her monthly update. She talked about the what's happening on the events side and other area attractions that OC Tourism is highlighting as the cooler weather settles in. She mentions varioud family fun experiences and adult breweries to attend during these months.
40	11/13/23 (Monday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for his weekly Monday morning segment to discuss the latest and greatest around Orange County. While pointing out issues, he remains positive and upbeat as he details there is plenty to celebrate throughout the entire County. He details the weekend that was and highlights the best of the events he attends.
41	11/15/23 (Wednesday)	8:05-8:40am	0:35:00	FST Morning Show	Frank Truatt	Keith Parsons (Board Member Warwick Valley CSD)	Keith joins the show for the latest update on the schools including an update on how each school in the district is doing. He mentions upcoming projects that could have an impact on the community's taxes and and what they should be on the lookout for and he provides resources for those wanting to vent their frustrations with any new policy. He discusses what could be on the horizon moving forward to continue to build up the school system.
42	11/15/23 (Wednesday)	9:26-9:45am	0:19:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve uses his Wednesday time to join the show to discuss some inconsistencies he is getting the the government in NY and NYC. He is concerned about the shipment of migrants coming up to Orange County and around New York. He still finds time to highlight the good. However, the migrant issue will be one to watch moving forward as new policy changes every day.

43	11/17/23 (Friday)	8:05-8:35am	0:30:00	FST Morning Show	Frank Truatt	Darcie Miller (Commissioner of Mental Health and Social Services)	Darcie joins the show for her monthly update on Mental Health and Social Services around Orange County. People continue to struggle every day and they need help. Not everyone has recovered mentally from the Pandemic. She also frequently suggests new practices to help with socialization as it is needed throughout the growing Mental Health crisis throughout the country.
44	11/17/23 (Friday)	8:45-9:05am	0:20:00	FST Morning Show	Frank Truatt	Joe Sclafani	Joe joins the Morning Show to discuss Backpack Snack Attack, what it is, and how people can help. The initiative is centered around feeding kids in the community who do not have access to food on the weekends. Joe provides full detail into the event and how listeners can aid.
45	11/17/23 (Friday)	9:17-9:30am	0:13:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve joins the show to close out the week and provide updates for the upcoming weekend and what events the County is hosting and putting on. He urges residents to go out and enjoy the events. He highlights the positive work of citizens around the County.
46	11/20/23 (Monday)	8:05-8:15am	0:10:00	FST Morning Show	Frank Truatt	Dr. Alicia Pointer (Orange County Department of Health)	Dr. Pointer joins the show to discuss common, local issues that her and her department see each day and best practices to avoid certain illness and germs. She discusses the flu shot and why it is important for listeners to get one before the cold, hard winter days hit.
47	11/20/23 (Monday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for his weekly Monday morning segment to discuss the latest and greatest around Orange County. While pointing out issues, he remains positive and upbeat as he details there is plenty to celebrate throughout the entire County. He details the weekend that was and highlights the best of the events he attends.
48	11/21/23 (Tuesday)	8:05-8:33am	0:28:00	FST Morning Show	Frank Truatt	Tom Faggione (OC Legislature)	Tom joins the show to provide his monthly update for his Legislative district. He highlights the Port Jervis area and how it operates. He details the current issues surrounding decision-makers and how they are not focused on improving with the best interest of the residents in mind. He addresses common issues that need attention.
49	11/21/23 (Tuesday)	11:05-11:30am	0:25:00	Non-Profit Notebook	Michelle McKewan	Michelle McKewan (RECAP)	Non-profit organization to help people living in poverty in Orange County.
50	11/21/23 (Tuesday)	11:34-11:59am	0:25:00	Non-Profit Notebook	Christopher Molinelli	Liz Schmidt	Chris and Liz detail what Honor is and why it is critical to the community as they help those who need the comfort of a place to stay, they are always applying for grants to better their facility and organization.
51	11/22/23 (Wednesday)	8:05-8:28am	0:23:00	FST Morning Show	Frank Truatt	Tony Cardone (Monroe Town Supervisor)	Tony comes into the studio for his update on Monroe and highlights the positive actions of his residents. Tony discusses some minor issues that he and other officials will continue to work through as the year rolls on. He addresses the successes of the communities including a list of upcoming events. He highlights new Monroe businesses. He urges residents to continue to help create change where it is needed.
52	11/22/23 (Wednesday)	9:16-9:42am	0:26:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve uses his Wednesday time to join the show to discuss some inconsistencies he is getting from the government in NY and NYC. He is concerned about the shipment of migrants coming up to Orange County and around New York. He still finds time to highlight the good. However, the migrant issue will be one to watch moving forward as new policy changes every day.
53	11/23/23 (Thursday)	8:05-8:40am	0:35:00	FST Morning Show	Frank Truatt	Bill Fiorvanti (Dir. of Economic Development)	Bill joins the show to discuss the latest in Economic Development and the work they continue to do to provide for the residents of Orange County. He highlights ongoing backlash he is facing from politicians, but assures the listeners he is helping to attract new and bigger business to Orange County.
54	11/24/23 (Friday)	9:10-9:25am	0:15:00	FST Morning Show	Frank Truatt	Joe Sclafani	Joe joins the Morning Show to discuss Backpack Snack Attack, what it is, and how people can help. The initiative is centered around feeding kids in the community who do not have access to food on the weekends. Joe provides full detail into the event and how listeners can aid.
55	11/24/23 (Friday)	9:16-9:33am	0:17:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve joins the show to close out the week and provide updates for the upcoming weekend and what events the County is hosting and putting on. He urges residents to go out and enjoy the events. He highlights the positive work of citizens around the County.
56	11/27/23 (Monday)	8:05-8:25am	0:20:00	FST Morning Show	Frank Truatt	Ann Marie Maglione (Director of OC Office for the Aging)	Ann Marie gives the crew the latest update on the elderly in Orange County. While progressing, they continue to struggle coming out of the Pandemic, but there is optimism and the fight never stops. She discusses best practices for seniors to live their best life despite ongoing struggles. She also mentions scams and how people are trying to take advantage of the elderly in their vulnerable state.

57	11/27/23 (Monday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for his weekly Monday morning segment to discuss the latest and greatest around Orange County. While pointing out issues, he remains positive and upbeat as he details there is plenty to celebrate throughout the entire County. He details the weekend that was and highlights the best of the events he attends including Thanksgiving.
58	11/29/23 (Wednesday)	8:56-9:14am	0:18:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve uses his Wednesday time to join the show to discuss some inconsistencies he is getting from the government in NY and NYC. He is concerned about the shipment of migrants coming up to Orange County and around New York. He still finds time to highlight the good. However, the migrant issue will be one to watch moving forward as new policy changes every day.
59	12/01/23 (Friday)	8:05-8:34am	0:29:00	FST Morning Show	Frank Truatt	Bob Krahulik	Bob joins the show to discuss the latest and hottest cases around the country. Bob details the incidents and what actions need to be taken moving forward and if there is a legitimate case. Bob details local and Supreme Court decisions and reminds the listeners of the laws in regards to each case.
60	12/04/23 (Monday)	8:05-8:30am	0:25:00	FST Morning Show	Frank Truatt	Mike Sweeton (Supervisor of Warwick)	Mike joins the show for his monthly update on Warwick and all the great events and people throughout the town. He discusses major upcoming projects for the town and announces any major road blockages that listeners need to know to operate in Warwick.
61	12/04/23 (Monday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for his weekly Monday morning segment to discuss the latest and greatest around Orange County. While pointing out issues, he remains positive and upbeat as he details there is plenty to celebrate throughout the entire County. He details the weekend that was and highlights the best of the events he attends.
62	12/06/23 (Wednesday)	8:05-8:19am	0:14:00	FST Morning Show	Frank Truatt	Susan McCosker (President of Pine Island CC)	Susan calls into the show for her monthly update on Pine Island and the upcoming events as they look forward to the fall. She discusses all things Black Dirt and how the season changes, it effects the soil.
63	12/06/23 (Wednesday)	9:43-9:58am	0:16:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve uses his Wednesday time to join the show to discuss some inconsistencies he is getting from the government in NY and NYC. He is concerned about the shipment of migrants coming up to Orange County and around New York. He still finds time to highlight the good. However, the migrant issue will be one to watch moving forward as new policy changes every day.
64	12/07/23 (Thursday)	8:05-8:32am	0:27:00	FST Morning Show	Frank Truatt	Jimmy O'Donnell (Legislator)	Jimmy joins the show for his monthly update on the legislature. He provides clarity into what is happening around there. Jimmy urges residents to continue to press issues with their elected officials. He discusses recent, impactful events and incidents as he always reminds folks of their right to vote.
65	12/08/23 (Friday)	9:12-9:20am	0:08:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve joins the show to close out the week and provide updates for the upcoming weekend and what events the County is hosting and putting on. He urges residents to go out and enjoy the events. He highlights the positive work of citizens around the County.
66	12/11/23 (Monday)	8:05-8:43am	0:38:00	FST Morning Show	Frank Truatt	Amanda Dana (Director of OC Tourism)	Amanda comes into the studio for her monthly update. She talked about the what's happening on the events side and other area attractions that OC Tourism is highlighting as the cooler weather settles in. She mentions various family fun experiences and adult breweries to attend during these months.
67	12/11/23 (Monday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for his weekly Monday morning segment to discuss the latest and greatest around Orange County. While pointing out issues, he remains positive and upbeat as he details there is plenty to celebrate throughout the entire County. He details the weekend that was and highlights the best of the events he attends.
68	12/12/23 (Tuesday)	8:10-8:32am	0:22:00	FST Morning Show	Frank Truatt	Sheriff Paul Arteta	Sheriff Arteta joins the show to discuss the Toys for Military Tots drive and what it means to the local community. He, also, provides various updates on the department and what is happening in there.
69	12/13/23 (Wednesday)	8:05-8:29am	0:24:00	FST Morning Show	Frank Truatt	Neil Dwyer (Mayor of Monroe)	Neil comes into the studio for his monthly update on Monroe. He explains the events and services throughout the town as the fall and cooler weather approaches. He highlights projects that will be done around the town for residents to avoid.
70	12/13/23 (Wednesday)	9:41-9:58am	0:17:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve uses his Wednesday time to join the show to discuss some inconsistencies he is getting from the government in NY and NYC. He is concerned about the shipment of migrants coming up to Orange County and around New York. He still finds time to highlight the good. However, the migrant issue will be one to watch moving forward as new policy changes every day.

71	12/14/23 (Thursday)	8:05-8:40am	0:35:00	FST Morning Show	Frank Truatt	Paul Nebrasky	Paul joins the show to answer all your plumbing, heating, and cooling needs. He answers listener's questions about a variety of topics to keep the home safe and sound. Paul provides clear, concise plumbing advice for any and all questions. He mentions the key tune ups residents may need as the weather cools.
72	12/15/23 (Friday)	8:05-8:25am	0:20:00	FST Morning Show	Frank Truatt	Darcie Miller (Commissioner of Mental Health and Social Services)	Darcie joins the show for her monthly update on Mental Health and Social Services around Orange County. People continue to struggle every day and they need help. Not everyone has recovered mentally from the Pandemic. She also frequently suggests new practices to help with socialization as it is needed throughout the growing Mental Health crisis throughout the country.
73	12/15/23 (Friday)	9:15-9:30am	0:15:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve joins the show to close out the week and provide updates for the upcoming weekend and what events the County is hosting and putting on. He urges residents to go out and enjoy the events. He highlights the positive work of citizens around the County.
74	12/18/23 (Monday)	8:05-8:35am	0:30:00	FST Morning Show	Frank Truatt	Ann Marie Maglione (Director of OC Office for the Aging)	Ann Marie gives the crew the latest update on the elderly in Orange County. While progressing, they continue to struggle coming out of the Pandemic, but there is optimism and the fight never stops. She discusses best practices for seniors to live their best life despite ongoing struggles. She also mentions scams and how people are trying to take advantage of the elderly in their vulnerable state.
75	12/18/23 (Monday)	9:30-10:00am	0:30:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve calls in for his weekly Monday morning segment to discuss the latest and greatest around Orange County. While pointing out issues, he remains positive and upbeat as he details there is plenty to celebrate throughout the entire County. He details the weekend that was and highlights the best of the events he attends.
76	12/20/23 (Wednesday)	8:05-8:35am	0:30:00	FST Morning Show	Frank Truatt	Keith Parsons (Board Member Warwick Valley CSD)	Keith joins the show for the latest update on the schools including an update on how each school in the district is doing. He mentions upcoming projects that could have an impact on the community's taxes and what they should be on the lookout for and he provides resources for those wanting to vent their frustrations with any new policy. He discusses what could be on the horizon moving forward to continue to build up the school system.
77	12/20/23 (Wednesday)	9:40-10:00am	0:20:00	FST Morning Show	Frank Truatt	Steve Neuhaus (Orange County Exec)	Steve uses his Wednesday time to join the show to discuss some inconsistencies he is getting from the government in NY and NYC. He is concerned about the shipment of migrants coming up to Orange County and around New York. He still finds time to highlight the good. However, the migrant issue will be one to watch moving forward as new policy changes every day.
78	12/26/23 (Tuesday)	8:05-8:37am	0:32:00	FST Morning Show	Frank Truatt	Tom Faggione (OC Legislature)	Tom joins the show to provide his monthly update for his Legislative district. He highlights the Port Jervis area and how it operates. He details the current issues surrounding decision-makers and how they are not focused on improving with the best interest of the residents in mind. He addresses common issues that need attention.
79	12/27/23 (Wednesday)	8:05-8:40am	0:35:00	FST Morning Show	Frank Truatt	Tony Cardone (Monroe Town Supervisor)	Tony comes into the studio for his update on Monroe and highlights the positive actions of his residents. Tony discusses some minor issues that he and other officials will continue to work through as the year rolls on. He addresses the successes of the communities including a list of upcoming events. He highlights new Monroe businesses. He urges residents to continue to help create change where it is needed.
80	12/28/23 (Thursday)	8:05-8:33am	0:28:00	FST Morning Show	Frank Truatt	Bill Fiorvanti (Dir. of Economic Development)	Bill joins the show to discuss the latest in Economic Development and the work they continue to do to provide for the residents of Orange County. He highlights ongoing backlash he is facing from politicians, but assures the listeners he is helping to attract new and bigger business to Orange County.
81	12/29/23 (Friday)	8:05-8:27am	0:22:00	FST Morning Show	Frank Truatt	Mike Martucci (Former State Senator)	Former Senator Martucci joins the show to discuss the newest bills that have been signed by the Governor and what it means for businesses and residents moving forward including minimum wage laws and how background check information may disappear for certain criminals. He mentions both the positives and negatives of each bill.
Total:			34:26:00				