DATE OF PROGRAM	TIME AND DURATION	TYPE OF PROGRAM	ISSUE ADDRESSED BY PROGRAM	HOST AND GUEST	NARRATIVE OF HOW ISSUE WAS TREATED
April 1, 2023	4:00AM & 10:30PM 30 Minutes	Issues & Answers 885 Public Affairs	Education	Host: Diane Kinderwater Guest: Jazmin Harb- Travel to Blank Blogger	There are similarities and differences between Ecuador and New Mexico like; culture, food, weather, clothes, and colors. New Mexico has four seasons and Ecuador is the country of four worlds. They have diverse animals. Travel to Blank Blog educates people about different countries and sights around the world.
April 2, 2023 April 3, 2023	2:00PM & 11:00PM 6:30PM	Issues & Answers 886 Public Affairs	Economy / Health / Education	Host: Diane Kinderwater Guests: Desiree van	Since the pandemic of 2020 more people are selling their houses in the city and living in RVs or yachts. City living is stressful, and the pandemic made people stop and think that life is short and
April 8, 2023	4:00AM; 7:30PM & 10:30PM 30 Minutes			Welsum-United Nations in Geneva, Jonathon Murry- Travel Writer RV Cruising	there were places they wanted to go and see and things they wanted to experience. They start to realize they don't need all those things they had. And what is really important like water, power, and sewage.
April 5, 2023	10:00AM	Issues & Answers 884 Public Affairs	Economy / Health	Host: Diane Kinderwater	2022 is the 50 th anniversary of the Albuquerque International Balloon Fiesta. It started with only 13 hot air balloons and got up to
April 7, 2023	10:00AM & 6:30PM 30 Minutes	1 dollo / tildillo		Guest: Kim Vesely- America's Challenge Media Laison	over a thousand. They have a cap of 650 now for safety reasons. The AIBF has a huge economic impact on our city and state. America's Challenge is a Gas Balloon Race. These balloons can go around the world.
April 6, 2023	12:30PM & 4:30PM 30 Minutes	Issues & Answers 890 Public Affairs	Health / Education	Host: Diane Kinderwater Guest: Dave Mager- Motivational Speaker and Author	People can feel good and have major problems ready to surface. Dave Mager helped develop the Insight Millennium scan. It can see issues with your spine, nerves, and muscles. Prevention or wellness care is the key. High blood pressure, cancer and diabetes are silent killers. We don't have health care we have sick care.

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April 9, 2023 April 10, 2023 April 15, 2023	2:00P & 11:00PM 6:30PM 4:00AM; 7:30PM & 10:30PM 30 Minutes	Issues & Answers 891 Public Affairs	Health	Host: Diane Kinderwater Guest: Pam Garcia- Lifestyle Coach, Dianne Christensen- NMSU Associate Professor/Family and Consumer Science Agent	Diabetes is a major health concern. One in three Americans, or about 84 million, have pre-diabetes, and 90% of those don't know they have it. The Bernalillo County Extension Service and the National Diabetes Prevention Service and working together with a free one-year program to help people manage their diabetes through lifestyle changes.
April 12, 2023	10:00AM 30 Minutes	Issues & Answers 892 Public Affairs	Health / Substance Abuse	Host: Diane Kinderwater Guest: Dianne Christensen-NMSU Associate Professor/Family and Consumer Science Agent	Life is full of everyday stress. How you react to stressful situations can determine the impact on your body. The BCES has tips to manage stress through a free program. Three types of stress are identified and Pseudo, Adaptive and Maladaptive. The three F's of reacting to stress are Fight, Flight and Freese. Chronic stress causes cell inflammation that can cause many health problems. And Substance abuse.
April 13, 2023	12:30PM & 4:30PM 30 Minutes	Issues & Answers 900 Public Affairs	Economy	Host: Diane Kinderwater Guests: Shelly Barker- Enrolled Agent, Lynne Shupp-Enrolled Agent	Enrolled Agents are employed by the US Treasury Department. They represent people who have been contacted by the IRS. They also provide the service of tax preparation and get people the most benefit because of their knowledge of the tax code. There are new rules in Albuquerque for tax preparers. Small business owners and sole proprietorships need to report earnings and expenses on Schedule C and pay gross receipts tax, social Security tax and sales tax.

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April 14, 2023	10:00AM & 6:30PM 30 Minutes	Issues & Answers 897 Public Affairs	Suicide Prevention / Mental Health	Host: Diane Kinderwater Guests: Dianne Christensen-NMSU Associate Professor/Family and Consumer Sciences Agent, Phillip Alden- Family Consumer Sciences/4-H Agent	QPR stands for Question, Persuade and Refer. This training is provided by the Bernalillo County Extension Service to help prevent suicide. There is also a new phone number to call. 988 will connect you to a national suicide prevention hotline. The course will also help non-professionals recognize signs that someone might be thinking about ending their lives. Every eleven minutes someone in the US takes their own life. Middle aged men have the highest rate of suicide.
April 16, 2023	2:00PM & 11:00PM 30 Minutes	Issues & Answers 898 Public Affairs	Mental Health	Host: Diane Kinderwater Guests: Dianne Christensen-NMSU Associate Professor/Family and Consumer Sciences Agent	Mind Matters is a class by the Bernalillo County Extension Service to help people overcome adversity and build resiliency. ACES is a 10 question test you can take concerning childhood adversity. One out of six adults have experienced four or more and live 20 years less because of the stress of not dealing with physical, emotional, verbal, or sexual abuse as a child. Mind Matters gives people coping mechanisms.
April 17, 2023	6:30PM 30 Minutes	Issues & Answers 851 Public Affairs	Crime / Law Enforcement / Suicide Prevention / Substance	Host: Diane Kinderwater Guest: Alan E. Diehl - Ph.D., Author	Dr. Diehl authored a fiction book about the apparent suicide of Marilyn Monroe. The premise is that if she was not killed by the CIA because of her affairs with the Kennedys and other high-ranking officials and the top-secret information she was privy to and instead she was abducted and put in the MK Ultra program and given a new life in New Mexico.
April 19, 2023	10:00AM 30 Minutes	Issues & Answers 793 Public Affairs	Health/Substance Abuse	Host: Diane Kinderwater Guest: Dr. Patrick Nuzzo- Naprapathic Medicine of New Mexico	Dr. Nuzzo says that 80% of people in the US suffer from some form of back or neck pain. Even children are getting "text neck" and are getting headaches and neck pain. Sciatica causes intense pain and is part of the reason for the opioid epidemic. Naprapathy is the manual medicine of the future.

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April 20, 2023	12:30PM & 4:30PM 30 Minutes	Issues & Answers 850 Public Affairs	Disaster / Law Enforcement / Economy	Host: Diane Kinderwater Guest: Alan E. Diehl - Ph.D., Author	Dr. Diehl is an expert in plane crashes and psychology. He talked about the things he suggested to make flying safer and the times he had to become a whistleblower to get the government and the airlines to take him seriously.
April 21, 2023 April 26, 2023	10:00AM & 6:30PM 10:00AM	Issues & Answers 902 Public Affairs	Crime / Economy	Host: Diane Kinderwater Guest: Senator Gerald	Inflation in New Mexico is affecting our economy. Crime is up in New Mexico. The state budget is \$6.3 billion due to gas and oil revenues. Jobs are being created and unemployment is at an all-
April 29, 2023	4:00AM; 7:30PM & 10:30PM			Ortiz y Pino-NM State Senator	time low.
	30 Minutes				
April 22, 2023	4:00AM; 7:30PM & 10:30PM	Issues & Answers 904 Public Affairs	Economy	Host: Diane Kinderwater Guest: Paul Gessing-Rio	New Mexico ranked number one in the nation in tax revenue growth. New Mexico is in the biggest revenue booms that any state has ever seen. The oil and gas industry in New Mexico has
April 24, 2023	6:30pm			Grande Foundation President	created a \$ 6.3 billion budget surplus.
April 27, 2023	12:30PM & 4:30PM			Tresident	
April 28, 2023	10:00AM & 6:30PM				
	30 Minutes				
April 23, 2023	2:00PM & 11:00PM 30 Minutes	Issues & Answers 903 Public Affairs	Education / Crime / Health	Host: Diane Kinderwater Guest: Senator Gerald Ortiz y Pino-NM State Senator	New Mexico needs Education reform. They are feeding more students than ever. Opportunity scholarships are generating higher enrolments at two- and four-year colleges. The crime rate in New Mexico is high. The health care system needs doctors. Oil and gas revenues are up.

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April 30, 2023	2:00PM & 11:00PM 30 Minutes	Issues & Answers 907 Public Affairs	Economy / Mental Health	Host: Diane Kinderwater Guest: Dianne Christensen-NMSU Associate Professor / FCS Agent Bernalillo County Extension Service	Inflation is causing stress in the population. There are things that can be done to learn to live well in the face of adversity. Look for spending leaks and substitutes for higher priced items. Look at expenses that add up over time. It's like giving yourself a raise.
May 1, 2023	6:30PM	Issues & Answers 902 Public Affairs	Crime / Economy	Host: Diane Kinderwater	Inflation in New Mexico is affecting our economy. Crime is up in New Mexico. The state budget is \$6.3 billion due to gas and oil
May 4, 2023	12:30PM & 4:30M	Fublic Allalis		Guest: Senator Gerald	revenues. Jobs are being created and unemployment is at an all-
May 7, 2023	2:00PM & 11:00PM			Ortiz y Pino-NM State Senator	time low.
May 9, 2023	7:30AM				
May 11, 2023	4:30PM				
May 17, 2023	10:00AM				
May 18, 2023	12:30PM & 4:30PM				
	30 Minutes				

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May 3, 2023	10:00AM	Issues & Answers 906 Public Affairs	Mental Health / Economy	Host: Diane Kinderwater	Resiliency is the ability to bounce back in the face of adversity. A daily habit of gratitude can help with life's stress triggers. Inflation
May 22, 2023	6:30PM			Guest: Dianne Christensen-NMSU	is causing people a lot of stress.
May 26, 2023	10:00AM & 6:30PM			Associate Professor / FCS Agent Bernalillo	
May 27, 2023	4:00AM; 7:30PM & 10:30PM			County Extension Service	
May 28, 2023	2:00PM & 11:00PM				
	30 Minutes				
May 5, 2023	10:00AM & 6:30PM	Issues & Answers 905 Public Affairs	Economy / Education / Health	Host: Diane Kinderwater	New Mexico ranks high on individual liberty. New Mexico needs economic and educational reform. The Covid lock down in New
May 20, 2023	4:00AM, 7:30PM & 10:30PM			Guest: Paul Gessing-Rio Grande Foundation President	Mexico hurt the students. New Mexico came in last in reading and math.
May 21, 2023	2:00PM & 11:00PM			Trosidont	
	30 Minutes				

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May 6, 2023	4:00AM; 7:30PM & 10:30PM	Issues & Answers 903 Public Affairs	Education / Crime / Health	Host: Diane Kinderwater Guest: Senator Gerald	New Mexico needs Education reform. They are feeding more students than ever. Opportunity scholarships are generating higher enrolments at two- and four-year colleges. The crime rate in
May 12, 2023	10:00AM & 6:30PM			Ortiz y Pino-NM State Senator	New Mexico is high. The health care system needs doctors. Oil and gas revenues are up.
May 15, 2023	6:30PM			Condition	and gas revenues are up.
May 23, 2023	7:30AM				
May 24, 2023	10:00AM				
	30 Minutes				
May 8, 2023	6:30Pm	Issues & Answers 904 Public Affairs	Economy	Host: Diane Kinderwater	New Mexico ranked number one in the nation in tax revenue growth. New Mexico is in the biggest revenue booms that any
May 10, 2023	10:00AM	T ubile Allalis		Guest: Paul Gessing-Rio Grande Foundation	state has ever seen. The oil and gas industry in New Mexico has created a \$ 6.3 billion budget surplus.
May 11, 2023	12:30PM			President	created a \$ 0.5 billion budget surplus.
May 14, 2023	2:00PM & 11:00PM				
May 25, 2023	12:30PM & 4:30PM				
	30 Minutes				

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May 13, 2023	4:00AM; 7:30PM & 10:30PM	Issues & Answers 907 Public Affairs	Economy / Mental Health	Host: Diane Kinderwater Guest: Dianne	Inflation is causing stress in the population. There are things that can be done to learn to live well in the face of adversity. Look for spending leaks and substitutes for higher priced items. Look at
May 16, 2023	7:30AM			Christensen-NMSU Associate Professor /	expenses that add up over time. It's like giving yourself a raise.
May 19, 2023	10:00AM & 6:30PM			FCS Agent Bernalillo County Extension	
May 29, 2023	10:00AM; 6:30PM & 11:30PM			Service	
May 31, 2023	10:00AM				
	30 Minutes				
June 1, 2023	12:30PM & 4:30PM	Issues & Answers 904 Public Affairs	Economy	Host: Diane Kinderwater	New Mexico ranked number one in the nation in tax revenue growth. New Mexico is in the biggest revenue booms that any
June 8, 2023	12:30PM & 4:30PM			Guest: Paul Gessing-Rio Grande Foundation	state has ever seen. The oil and gas industry in New Mexico has created a \$ 6.3 billion budget surplus.
	30 Minutes			President	,
June 2, 2023	10:00AM & 6:30PM	Issues & Answers 906 Public Affairs	Mental Health / Economy	Host: Diane Kinderwater	Resiliency is the ability to bounce back in the face of adversity. A daily habit of gratitude can help with life's stress triggers. Inflation
	30 Minutes			Guest: Dianne Christensen-NMSU	is causing people a lot of stress.
				Associate Professor / FCS Agent Bernalillo	
				County Extension Service	

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June 3, 2023	4:00AM; 7:30PM & 10:30PM	Issues & Answers 883 Public Affairs	Economy / Health	Host: Diane Kinderwater	Volunteers for the Albuquerque International Balloon Fiesta are called Navigators. Other people that work to make the AIBF
	30 Minutes			Guests: Cynthia Brittain-	happen are the Board of Directors and paid staff. The AIBF has a
	30 Williutes			AIBF Navigator, Kim Vesely-AIBF Navigator	huge economic impact of Albuquerque and New Mexico. The AIBF is back after the worldwide pandemic for its 50th anniversary.
June 4, 2023	2:00PM & 11:00PM	Issues & Answers 887	Economy	Host: Diane Kinderwater	Albuquerque hosts the largest hot air balloon event in the world. It
	30 Minutes	Public Affairs		Guest: Ben Blass-	has a major economic impact. Renown photographer Ben Blass from the Netherlands has been to the Albuquerque International
				Professional Photographer	Balloon Fiesta for 21 years. He travels around the world to different balloon events, and he helped start one in Holland.
June 5, 2023	6:30PM	Issues & Answers 905 Public Affairs	Economy / Education / Health	Host: Diane Kinderwater	New Mexico ranks high on individual liberty. New Mexico needs economic and educational reform. The Covid lock down in New
June 7, 2023	10:00AM	,		Guest: Paul Gessing-Rio Grande Foundation	Mexico hurt the students. New Mexico came in last in reading and
	30 Minutes			President	math.
June 9, 2023	10:00AM & 6:30PM	Issues & Answers 907 Public Affairs	Economy / Mental Health	Host: Diane Kinderwater	Inflation is causing stress in the population. There are things that can be done to learn to live well in the face of adversity. Look for
	30 Minutes			Guest: Dianne Christensen-NMSU Associate Professor / FCS Agent Bernalillo County Extension Service	spending leaks and substitutes for higher priced items. Look at expenses that add up over time. It's like giving yourself a raise.

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June 10, 2023	4:00AM; 7:30PM & 10:30PM	Issues & Answers 911 Public Affairs	Environment	Host: Diane Kinderwater	The recent plane crash in Virginia where 9 people died of possible Hypoxia. Why did this happen, how can it be prevented? The
June 11, 2023	2:00Pm & 11:00PM			Guest: Dr. Alan Diehl- Aviation Human Factor/Safety Consultant	sonic boom is also discussed and how it can cause some environmental problems. Around the country.
June 16, 2023	10:00AM & 6:30PM			1 actor/salety Consultant	Around the country.
June 20, 2023	11:30PM				
June 26, 2023	6:30PM				
June 29, 2023	12:30PM & 4:30PM				
	30 Minutes				
June 12, 2023	6:30PM	Issues & Answers 747 Public Affairs	Home	Host: Diane Kinderwater	The Garage Door Doctor talked about ways to maintain electric garage doors.
June 23, 2023	10:00AM & 6:30PM			Guest: N. Garcia	
	30 Minutes				
June 14, 2023	10:00AM	Issues & Answers 889 Public Affairs	Economy / Health	Host: Diane Kinderwater	The Albuquerque International Balloon Fiesta is important to the economy of Albuquerque and New Mexico. They are back after
June 15, 2023	12:30PM & 4:30PM			Guests: Craig Farrell- Australian Hot Air Balloon	the pandemic of 2020. Some pilots take crews with them around the world because they speak English and know about hot air
	30 Minutes			Pilot, Jude Austin-Hot Air Balloon Crew Chief	balloon safety. There are many hot air balloon events around the world like; Asia, Europe, India, Saudia Arabia, Thailand, Chine, France, and Panama.

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June 17, 2023 June 25, 2023 June 30, 2023	4:00AM; 7:30PM & 10:30PM 2:00PM & 11:00PM 10:00AM & 6:30PM 30 Minutes	Issues & Answers 909 Public Affairs	Health/ Mental	Host: Diane Kinderwater Guest: Caullin Murray Administrative Director Shauna Frost CEO Fighting Hunger in NM	Prices are escalating in food prices and causing stress for families to get by. Volunteer programs like Meals and wheels are making an impact her in New Mexico. The success of the program is in its volunteers, who continue to bring food to the homes here in New Mexico
June 18, 2023	2:00PM & 11:00PM 30 Minutes	Issues & Answers 851 Public Affairs	Crime / Law Enforcement / Suicide Prevention / Substance	Host: Diane Kinderwater Guest: Alan E. Diehl - Ph.D., Author	Dr. Diehl authored a fiction book about the apparent suicide of Marilyn Monroe. The premise is that if she was not killed by the CIA because of her affairs with the Kennedys and other high-ranking officials and the top-secret information she was privy to and instead she was abducted and put in the MK Ultra program and given a new life in New Mexico.
June 19, 2023 June 27, 2023	6:30PM 11:30PM 30 Minutes	Issues & Answers 908 Public Affairs	Health/Economy	Host: Diane Kinderwater Guest: Dennis Plummer-Chief Strategy Officer Shauna Frost CEO Fighting Hunger in NM	New Mexico ranks 1st in childhood hunger, and 6th in the nation for hunger in the general population. New Mexico has the 2nd highest rate in food insecurity. These are the issues that are discussed in this program and why New Mexico has this problem with so many government programs.

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June 21, 2023	10:00AM 30 Minutes	Issues & Answers 854 Public Affairs	Crime / Law Enforcement / Economy	Host: Diane Kinderwater Guest: Mark Medley-ID Theft Resolutions President	Mark Medley was the victim of ID theft. The thief used his identity when he was arrested on federal charges. It was exceedingly difficult to get this corrected. Mark and Senator Ortiz y Pino got the ID Theft Passport bill passed and signed into law in New Mexico. MVD puts a V on your driver's license to alert police that you have been the victim of ID theft. Mark also encourages people to check their annual credit reports.
June 22, 2023	12:30PM & 4:30PM 30 Minutes	Issues & Answers 872 Public Affairs	Education / Health	Host: Diane Kinderwater Guests: Lynda Garvin- State Master Gardener Program Manager, Sara Moran-NMSU BCCES Agent	The Bernalillo County Cooperative Extension Services Garden Project is teaching people how to grow things in New Mexico. They also have the Master Gardener Program and the Ready, Set, Grow Program. They share science-based information about gardening, landscaping, flower beds, growing fruits and vegetables, invasive trees, watering, pollenating insects, ecosystems, biodiversity, and soil. A renewed interest occurred during the pandemic.
June 24, 2023	4:00AM; 7:30PM & 10:30PM 30 Minutes	Issues & Answers 910 Public Affairs	Health	Host: Diane Kinderwater Guest: Shauna Frost-CEO The Power of Knock	Delivering meals to homes in the Albuquerque area helps feed the people who are home bound. These services help feed the frail in our area. Meals on Wheels is celebrating 50 years of serving the ABQ area and continues to serve.

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