

# **QUARTERLY ISSUES REPORT**

## **1st Quarter 2016**

### **Program Summary**

**Identify ISSUE of Community Concern:** Wellness

**Name of Program:** Life and Love

**Title of Segment:** General Wellness

**Air Date and Time:** 3.28.2016 at 5:35pm

**Length of Segment:** 4:22

**Guest(s)-full name, title, organization.**

**Description:** Dr. Lori discussed general wellness tips going into the spring season. General wellness that will help lead to a more fulfilling life.

**Form completed by:** Jamie Derzypolski

**Date:** 4.11.2016