Issue	Program/Segment	Date	Time	Duration	# Spots	Description of Program/Segment
Various Public Awareness - Local & Regional Issues (see below)	Music Business Radio - Long form interview					Music Business Radio is production of WRLT and is an award winning specialty program spotlighting the inside workings of the music business featuring interviews with industry professionals; Grammy Award winning producers, artists, musicians, and songwriters, record executives, promoters and artist managers sharing their insight and expertise into the ever changing world of the music and entertainment business. Because a large part of the Nashville economy and job market is made up of the music industry, this show helps shed light on industry movements, career development opportunites, promotes the artform of music, while promoting the industry that made the city famous.
Business/Career Development, Career	Music Business Radio -	1/6/2019	7pm-8pm	60 mins	1x	RE-AIR. Guest: Natalie Hemby, Nashville songwriter, recording artist and
Diversity & Songwriting	long form interview					documentary filmmaker. As a songwriter, she has garnered five #1 singles and her songs have been recorded by a wide range of artists covering an even wider range of genres. Artists include Miranda Lambert, Kelly Clarkson, Kacey Musgraves, Blake Shelton, and Sheryl Crow. She will discuss her debut album and documentary film, Puxico, artistic authenticity, and more.
Business/Career Development, Career Diversity & Songwriting	Music Business Radio - long form interview	1/7/2019	10pm-11pm	60 mins	1x	RE-AIR. Guest: Natalie Hemby, Nashville songwriter, recording artist and documentary filmmaker. As a songwriter, she has garnered five #1 singles and her songs have been recorded by a wide range of artists covering an even wider range of genres. Artists include Miranda Lambert, Kelly Clarkson, Kacey Musgraves, Blake Shelton, and Sheryl Crow. She will discuss her debut album and documentary film, Puxico, artistic authenticity, and more.
Business/Career Development, Peripheral Careers & the Exploration of New Revenue Streams in Music	Music Business Radio - long form interview	1/13/2019	7pm-8pm	60 mins	1x	RE-AIR. Guest: Lance Allen, instrumental guitarist and composer. Lance discusses the many ways to make money in the industry that were originally non-existent or often considered non-traditional. However, access to a world audience from you personal computer has now afforded revenue streams that add up to career and life changing amounts. He also gives advice on how others can do the same thing. He specifially talks about how he's paying off his house with Spotify streams and doing YouTube guitar lessons.
Business/Career Development, Peripheral Careers & the Exploration of New Revenue Streams in Music	Music Business Radio - long form interview	1/14/2019	10pm-11pm	60 mins	1x	RE-AIR. Guest: Lance Allen, instrumental guitarist and composer. Lance discusses the many ways to make money in the industry that were originally non-existent or often considered non-traditional. However, access to a world audience from you personal computer has now afforded revenue streams that add up to career and life changing amounts. He also gives advice on how others can do the same thing. He specifially talks about how he's paying off his house with Spotify streams and doing YouTube guitar lessons.
Business/Career Development, Career Longevity, Songwriting, and Producing	Music Business Radio - long form interview	1/20/2019	7pm-8pm	60 mins	1x	RE-AIR. Guest: Norbert Putnam (2018), producer/songwriter/musician. He tells stories to inspire and to help break down the myths of the music industry. He also discusses his recent book, "Music Lessons." Norbert's credits include Jimmy Buffet, Roy Orbison, Kris Kristofferson, Joan Baez, and Dan Fogelberg. As a part of music history for the last 50 years, Norbert shares his life and career with us. He continues to talk about his career path from musician to producer, longevity in the business, how he got into the music business, and how the business has changed over the last 30+ years.
Business/Career Development, Career Longevity, Songwriting, and Producing	Music Business Radio - long form interview	1/21/2019	10pm-11pm	60 mins	1x	RE-AIR. Guest: Norbert Putnam (2018), producer/songwriter/musician. He tells stories to inspire and to help break down the myths of the music industry. He also discusses his recent book, "Music Lessons." Norbert's credits include Jimmy Buffet, Roy Orbison, Kris Kristofferson, Joan Baez, and Dan Fogelberg. As a part of music history for the last 50 years, Norbert shares his life and career with us. He continues to talk about his career path from musician to producer, longevity in the business, how he got into the music business, and how the business has changed over the last 30+ years.
Business/Career Development, Career Longevity, Songwriting, and Producing		1/27/2019	7pm-8pm	60 mins	1x	RE-AIR. Guest: Emmylou Harris, 12 time Grammy Award winner. It's an intimate and light-hearted conversation that you will not want to miss. Emmylou shares with us her humble beginnings as single mother playing folk music, her personal and professional life with Gram Parsons, her first record deal, finding (and writing) good material, and "trusting" the song. She talks about her other passionanimal rights and the founding of the dog rescue and fostering organization, Bonapartes Retreat, www.bonapartesretreat.org. She also shares with us stories behind some of her favorite song and of new projects with Prairie Home Companion's Garrison Keillor, and Rodney Crowell. www.emmylouharris.com

Issue	Program/Segment	Date	Time	Duration	# Spots	Description of Program/Segment
Business/Career Development, Career Longevity, Songwriting, and Producing	Music Business Radio - long form interview	1/28/2019	10pm-11pm	60 mins	1x	RE-AIR. Guest: Emmylou Harris, 12 time Grammy Award winner. It's an intimate and light-hearted conversation that you will not want to miss. Emmylou shares with us her humble beginnings as single mother playing folk music, her personal and professional
						life with Gram Parsons, her first record deal, finding (and writing) good material, and "trusting" the song. She talks about her other passionanimal rights and the founding of the dog rescue and fostering organization, Bonapartes Retreat,
						www.bonapartesretreat.org. She also shares with us stories behind some of her favorite song and of new projects with Prairie Home Companion's Garrison Keillor, and Rodney Crowell, www.emmylouharris.com
Business/Career Development for artists, media training tips	Music Business Radio - long form interview	2/3/2019	7pm-8pm	60 mins	1x	Guest: Bill Cakmis, performance coach, media consultant, and show doctor (www.cakmis.com) Bill has been in the entertainment business for over 30 years and has worked with hundreds of actors, politicians, athletes, doctors, performers, and musicians to help them be better at media and connecting with the public. He'll discuss interview etiquette, stage persona, the secret to a great "meet & greet,"
						overcoming fear of performing live, and technique vs. talent. A great episode for artists and anyone who wants to be better at "being in front of people."
Business/Career Development for artists, media training tips	Music Business Radio - long form interview	2/4/2019	10pm-11pm	60 mins	1x	Guest: Bill Cakmis, performance coach, media consultant, and show doctor (www.cakmis.com) Bill has been in the entertainment business for over 30 years and has worked with hundreds of actors, politicians, athletes, doctors, performers, and musicians to help them be better at media and connecting with the public. He'll discuss interview etiquette, stage persona, the secret to a great "meet & greet," overcoming fear of performing live, and technique vs. talent. A great episode for artists and anyone who wants to be better at "being in front of people."
Business/Career Development - Education & Peripheral Business	Music Business Radio - long form interview	2/10/2019	7pm-8pm	60 mins	1x	RE-AIR. Guest: Cullin Spelling. Ever wonder why some bands travel in a van pulling a trailer while superstar artists travel with 30 plus buses and 100 semi-trailers? MBR guest Cullin Spelling from Nashville's busforsale.com will tell you why. He'll talk about the type of artists who need bus, the right time of getting a bus, and the true cost of owning your own bus.
Business/Career Development - Education & Peripheral Business	Music Business Radio - long form interview	2/11/2019	10p-11pm	60 mins	1x	RE-AIR. Guest: Cullin Spelling. Ever wonder why some bands travel in a van pulling a trailer while superstar artists travel with 30 plus buses and 100 semi-trailers? MBR guest Cullin Spelling from Nashville's busforsale.com will tell you why. He'll talk about the type of artists who need bus, the right time of getting a bus, and the the true cost of owning your own bus.
Business/Career Development - Music Business Education, Songwriting & Touring Business	Music Business Radio - long form interview	2/17/2019	7pm-8pm	60 mins	1x	RE-AIR. Guest: Larry Butler, Author. Larry talks about his new book The Singer/Songwriter Rule Book: 101 Ways To Help You Improve Your Chances Of Success, why you don't want to be a tour manager and how to become a more successful songwriter.
Business/Career Development - Music Business Education, Songwriting & Touring Business	Music Business Radio - long form interview	2/18/2019	10pm-11pm	60 mins	1x	RE-AIR. Guest: Larry Butler, Author. Larry talks about his new book The Singer/Songwriter Rule Book: 101 Ways To Help You Improve Your Chances Of Success, why you don't want to be a tour manager and how to become a more successful songwriter.
Business/Career Development,new & non-traditional business models, & career longevity/transition	Music Business Radio - long form interview	2/24/2019	7pm-8pm	60 mins	1x	RE-AIR. Guest: Emmanuel Zunz, founder and CEO of ONErpm. ONErpm a digital distribution service and fan engagement platform for the global music community. Zunz will talk about market agitation, how streaming and other digital services have impacted the music industry and more.
Business/Career Development,new & non-traditional business models, & career longevity/transition	Music Business Radio - long form interview	2/25/2019	10pm-11pm	60 mins	1x	RE-AIR. Guest: Emmanuel Zunz, founder and CEO of ONErpm. ONErpm a digital distribution service and fan engagement platform for the global music community. Zunz will talk about market agitation, how streaming and other digital services have impacted the music industry and more.
Business/Career Development, Career Longevity, Songwriting, and Producing	Music Business Radio - long form interview	3/3/2019	7pm-8pm	60 mins	1x	RE-AIR. Guest: David Wilcox, legendary singer, songwriter, and storyteller. Since his first appearance at Nashville's famed Bluebird Cafe in the 1980's, David has created a body of work that has moved both fans and critics. He has been described by critics as a prolific songwriter and folk artist and his music deeply philosophical and insightful. He signed to A&M Records in 1989 after a Bluebird performance and has produced over 20 albums since. He talks about his long career, the importance of living the songs he writes, his beloved fans, his philosophy of life and creativity, and his recent album, A View From the Edge. davidwilcox.com

Issue	Program/Segment	Date	Time	Duration	# Spots	Description of Program/Segment
Business/Career Development, Career Longevity, Songwriting, and Producing		3/4/2019	10pm-11pm	60 mins	1x	RE-AIR. Guest: David Wilcox, legendary singer, songwriter, and storyteller. Since his first appearance at Nashville's famed Bluebird Cafe in the 1980's, David has created a body of work that has moved both fans and critics. He has been described by critics
						as a prolific songwriter and folk artist and his music deeply philosophical and insightful. He signed to A&M Records in 1989 after a Bluebird performance and has produced over 20 albums since. He talks about his long career, the importance of living the songs he writes, his beloved fans, his philosophy of life and creativity, and his recent album, A View From the Edge. davidwilcox.com
Business/Career Development, Career Longevity, Women in leadership roles	Music Business Radio - long form interview	3/10/2019	7pm-8pm	60 mins	1x	RE-AIR. Guest: Warren Haynes, legendary guitarist, vocalist, and songwriter and his wife and manager Stephanie Scamardo. Haynes is known for his career as a guitarist for The Allman Brothers Band and as a founding member of Gov't Mule, and has performed and toured with many of the surviving members of the Grateful Dead. Tune in to hear Haynes talk about his 35 years in the music business and touring with progressive bluegrass band Railroad Earth for his Ashes & Dust album. Stephanie also discusses her management company and independent record label, Evil Teen
Business/Career Development, Career Longevity, Women in leadership roles	Music Business Radio - long form interview	3/11/2019	10pm-11pm	60 mins	1x	Records RE-AIR. Guest: Warren Haynes, legendary guitarist, vocalist, and songwriter and his wife and manager Stephanie Scamardo. Haynes is known for his career as a guitarist for The Allman Brothers Band and as a founding member of Gov't Mule, and has performed and toured with many of the surviving members of the Grateful Dead. Tune in to hear Haynes talk about his 35 years in the music business and touring with progressive bluegrass band Railroad Earth for his Ashes & Dust album. Stephanie also discusses her management company and independent record label, Evil Teen
Business/Career Development, Career Longevity & re-invention	Music Business Radio - long form interview	3/17/2019	7pm-8pm	60 mins	1x	Records RE-AIR. Guest: Ben and Michael Ford of the Nashville band Airpark. To help them celebrate the release of their new EP, we re-air a special MBR episode with Airpark. Tune in to hear them talk about the highs and lows of an indie band including band diplomacy, the business of touring, and songwriting, as well as building a new band after the success of their previous band. Apache Relay.
Business/Career Development, Career Longevity & re-invention	Music Business Radio - long form interview	3/18/2019	10pm-11pm	60 mins	1x	RE-AIR. Guest: Ben and Michael Ford of the Nashville band Airpark. To help them celebrate the release of their new EP, we re-air a special MBR episode with Airpark. Tune in to hear them talk about the highs and lows of an indie band including band diplomacy, the business of touring, and songwriting, as well as building a new band after the success of their previous band, Apache Relay.
Business/Career Development - Education & Peripheral Business	Music Business Radio - Long- form interview	3/24/2019	7pm-8pm	60 mins	1X	RE-AIR. Guest: Nathan Dohse of AGD Entertainment. He'll talk about what he learned from ten years of touring, the state of music in Nashville and the five pillars that make up every artist's business foundation.
Business/Career Development - Education & Peripheral Business	Music Business Radio - Long- form interview	3/25/2019	10pm-11pm	60 mins	1X	RE-AIR. Guest: Nathan Dohse of AGD Entertainment. He'll talk about what he learned from ten years of touring, the state of music in Nashville and the five pillars that make up every artist's business foundation.
Business/Career Development, Career Longevity, Musicianship, Re-invention & Musical history	Music Business Radio - Long form interview	3/31/2019	7pm-8pm	60 mins	1X	Guest: Dave "Bucket" Colwell, acclaimed guitarist, songwriter, producer, and artist. Hailing from the United Kingdom, Bucket has been a member of hit bands ranging from Bad Company, Samson, The Eastenders, Humble Pie, and supergroup, Rock Steady. His songwriting credits include songs by Iron Maiden and Humble Pie, just to name a few. He'll discuss his successful four decade career, his current Humble Pie tour and his new band. Bucket's Rebel Heart.
Giving Voice and Support to Non- profits serving Middle Tennessee	Nashville By Nicole - Long form Interview					Nashville by Nicole hosted by Nicole Cowan Buckleypublic affairs program that spotlights non-profits and introduces Lightning 100 listeners to local organizations in the greater Nashville area that are impacting the community and challenging individuals to get engaged and see lives changed including their own.
Support of Non Profit Gilda's Club, Promote Awareness of FREE programs and resources for those impacted by cancer.	Nashville By Nicole - Long form Interview	01/05/19	7am	~20 mins	1X	(RE-AIR): Gilda's Club. Guest: Sandy Obodzinski, CEO. Gilda's club CEO Sandy Obodzinski talks about the organization's dedication to providing support, education and hope to all people impacted by cancer, including family members and friends of those diagnosed. Learn about the FREE resources provided by Gilda's Club to help those impacted.
Support of Non Profit, CareRite Centers	Nashville By Nicole - Long form Interview	01/12/19	7am	~20 mins	1X	CareRite Centers' mission is to foster and provide unprecedented levels of genuine care and customer service for the communities' Rehabilitation and Nursing needs, in a soothing, tranquil and state-of-the-art environment. CareRite Centers, a dynamic and fast growing rehabilitation and healthcare company, has successfully developed premier Rehabilitation and Nursing Centers in multiple states including Nashville, TN.

Issue	Program/Segment	Date	Time	Duration	# Spots	Description of Program/Segment
Support for Non Profit Turnip Green	Nashville By Nicole -	01/19/19	7am	~20 mins	1X	Turnip Green Creative Reuse (TGCR) is based out of passion and research started in
	Long form Interview		. 2			2010 by founding board members. They have visited other creative reuse centers
sustainble practices						across the country bringing their knowledge to the business plan for TGCR. TGCR
				1		has 4 areas of service: a retail donate what you wish (\$) store, education/outreach,
						artist support, and a green gallery. It provides a welcoming and neutral place for
						artists, educators, and any creative person to connect.
Support & promotion of non-traditional	Nashville By Nicole -	01/26/19	7am	~20 mins	1X	(RE-AIR): Creativets goal is to offer opportunities of relief and healing for the men and
re-hab practicies for returning veterans	Long form Interview					women who have sacrificed so much our country. Our purpose is to use various
						forms of art, including songwriting, visual arts, music and creative writing, to help
						disabled veterans cope with service-related trauma (i.e., post-traumatic stress, or
						PTS) by fostering self-expression in a way that allows them to transform their stories
						of trauma and struggle into an art form that can inspire and motivate continued
D (1) D (1) D (1)	N. I. W. D. M.	00/00/40		20 .	437	healing.
Promote the work of Non Profit, Project		02/02/19	7am	~20 mins	1X	Project Alive is a powerful voice for children and adults with Hunter Syndrome,
Alive and awareness of Hunter	Long form Interview					bringing together families and advocates with researchers, industry, and regulators.
Syndrome.						Project Alive funds promising curative research, assists researchers and industry with
						designing research studies for our community, and advocates for the most effective
						and efficient system of clinical research, evaluation, and approval. Through its
						innovative campaigns and grassroots efforts, Project Alive has made significant advances in public awareness about Hunter Syndrome and its symptoms, the need
						for early diagnosis, and available treatments and clinical trials.
						lor earry diagnosis, and available freatments and clinical trials.
Promote Job Training for Better	Nashville By Nicole -	02/09/19	7am	~20 mins	1X	Goodwill Industries of Middle Tennessee is based in Nashville, Tenn. The
	Long form Interview					organization employs more than 1,500 people and serves 48 counties throughout
Goodwill Industries	S					Middle and West Tennessee. We operate 30 retail stores and one outlet, more than
						60 donation sites and 8 Career Solutions centers.
Promote Job Training for Better	Nashville By Nicole -	02/16/19	7am	~20 mins	1X	(RE-AIR): Goodwill Industries of Middle Tennessee is based in Nashville, Tenn. The
Employment through Support of	Long form Interview					organization employs more than 1,500 people and serves 48 counties throughout
Goodwill Industries						Middle and West Tennessee. We operate 30 retail stores and one outlet, more than
						60 donation sites and 8 Career Solutions centers.
Support of Non Profit Music & Memory	Nashville By Nicole -	02/23/19	7am	~20 mins	1X	Music & Memory is a non-profit organization that brings personalized music into the
	Long form Interview					lives of the elderly or infirm through digital music technology, vastly improving quality
						of life. They train nursing home staff and other elder care professionals, as well as
						family caregivers, how to create and provide personalized playlists using iPods/MP3
						Players and related digital audio systems that enable those struggling with
						Alzheimer's, dementia and other cognitive and physical challenges to reconnect with
Support of Non Profit - education,	Nashville By Nicole -	03/02/19	7am	~20 mins	1X	the world through music-triggered memories. (RE-AIR): Guest: Marcel Hernandez (Executive Director) of Be About Change. Marcel
literacy, community involvemen	Long form Interview	03/02/19	7 alli	~20 1111115	1/	discusses the programs offered by the organization including offering scholarships
ineracy, community involvemen	Long form interview					plus leadership and writing workshops for students in Middle Tennessee.
						Encouraging students to write about how to make a positive impact in our community.
						He discusses Be About Change Corporation's committment to providing higher
						education scholarships to students from low-income households who meet the
						current Federal Poverty Guidelines Standards.
						Sansin Foundary Guidelines Standards
						Their goal is also to increase awareness – through blog articles – about forward-
						moving, positive individuals and efforts in our communities, so that you might be
				1		called to join those efforts and/or establish and pursue efforts of your own. The
				1		articles are about people like you who embrace the need to "be the good" they seek
				1	1	in the world. The blog articles are authored by our Founder, Marcel Hernandez, other
				<u> </u>		Board Members, Contributing Writers, and Guest Writers.
	Nashville By Nicole -	03/09/19	7am	~20 mins	1X	(RE-AIR): Picture Change empowers individuals to discover innate creativity, develop
	Long form Interview	02/46/40	7	20	41/	self confidence, and picture change in their lives through photography.
Support of Non Profit Tennessee	Nashville By Nicole - Long	03/16/19	7am	~20 mins	1X	Tennessee Justice for Our Neighbors provides affordable, high-quality immigration
Justice for Our Neighbors	form Interview			1		legal services to immigrants, educates the public and faith-based communities about issues related to immigration, and advocates for immigrant rights.
						nssues related to infinigration, and advocates for infinigrant rights.
Support of Non Profit Gilda's Club,	Nashville By Nicole -	03/23/19	7am	~20 mins	1X	(RE-AIR): Gilda's Club. Guest: Sandy Obodzinski, CEO. Gilda's club CEO Sandy
Promote Awareness of FREE	Long form Interview					Obodzinski talks about the organization's dedication to providing support, education
programs and resources for those	-			1	1	and hope to all people impacted by cancer, including family members and friends of
le and				I	1	those diagnosed. Learn about the FREE resources provided by Gilda's Club to help
impacted by cancer.		1				those diagnosed. Learn about the FREE resources provided by Gilda's Club to help

Issue	Program/Segment	Date	Time	Duration	# Spots	Description of Program/Segment
Support of Non Profit Unscripted Improv	Nashville By Nicole - Long form Interview	03/30/19	7am	~20 mins	1X	Unscripted is a 501(c)(3) nonprofit organization. They make improv a more accessible art form, use improv as a method for wellness, and teach about the impact of practicing improv.
Various Public Awareness - National & Regional Issues (see below)	PSA - total runs for Quarter	10/112/31/18	ROS	:30s	~540x	Ad Council (AC) & Other Sources PSA's, National & Local/Regional Topics/Issues (specific segment descriptions below) (approx. 5.9 per day for 92 days, 1st Qtr 2019) actual count 540 per PSA confirmation invoice
Public Awareness - Wildfire Safety Tips	PSA - Wildfire Safety	1/2/192/28/19	ROS	:30s		(AC, 1/2/192/28/19, 26165, "Bear Hug - Campfire") Nearly 9 out of 10 wildfires nationwide are caused by people. There are many ways to accidentally spark a wildfire, including some ways that people might be unaware of, such as dragging chains behind a vehicle or burning debris improperly. Run PSAs to remind your community to use fire responsibly whenever they are outdoors.
Promote resources for caregivers of elderly	PSA - Caregiver Assistance	1/2/193/5/19	ROS	:30s		(AC, 1/2/193/519, 26161, "Heroes" Of the more than 40 million Americans currently caring for an older or aging loved one, nearly seven million are Latino. New PSAs encourage Latino caregivers nationwide to visit AARP's Family Caregiving site to find free Care Guides, self-care tips, planning resources, legal and financial guidance and more so they can care for themselves and their loved ones.
Promote awareness of pest-related illnesses/diseases	PSA - National Pest Management Association	1/2/193/5/19	ROS	:30s		(1/2/193/5/19, 26143, "Sick Day") When most of us think about pests, what comes to mind? Many people just consider them to be a nuisance, as in the case of those pesky mosquitoes whose bites cause itchy welts, or the termites that can wreak havoc in our homes. However, what we often don't realize is that common pests found in our homes and communities are vectors of serious diseases such as West Nile virus and Lyme disease, and can trigger asthma and allergy symptoms. These illnesses can have a devastating toll on our health, daily life and productivity. Pests are often responsible for trips to the emergency room, hospitalizations, missed days at work and time spent away from loved ones. For the thousands who are impacted, these problems can have major financial implications and adversely affect family members, employers and co-workers. Pest-related illnesses can also have a big impact on the health and well-being of our children. According to the Centers for Disease Control and Prevention (CDC), asthma, which is often triggered by rodents and cockroaches, is a leading chronic illness among children and adolescents in the United States. This is also a leading cause of school absenteeism, which can result in kids having problems with their assignments, tests and grades.
Promote resources and programs for families impacted by childhood cancer	PSA - ALSAC/St. Jude Children's Research Hospital	1/2/193/5/19	ROS	:30s		(1/2/193/5/19, 26163, "Azalea") St. Jude is leading the way the world understands, treats and defeats childhood cancer and other life- threatening diseases. Families never receive a bill from St. Jude for treatment, travel, housing or food—because all a family should worry about is helping their child live. Treatments invented at St. Jude have helped push the overall childhood cancer survival rate from 20% when we opened to more than 80% today, and we won't stop until no child dies from cancer. St. Jude freely shares discoveries so that every child saved at St. Jude means doctors and scientists worldwide can use that knowledge to save thousands more children.
Promote resources to help smokers quit and live a smoke-free life	PSA - American Cancer Society	1/16/193/5/19	ROS	:30s		(1/16/193/5/19, 26160, "Going Pro") Quitting smoking is a process. It takes time. And more importantly, it takes a plan. Everyone won't be able to quit in one day. But everyone can start down the path toward a smoke-free life with day one. This campaign takes a lighthearted approach to the topic of smoking cessation by exploring several real-life, comical scenarios in which people attempt to master difficult skills in one day. We encourage smokers to start the process of quitting, which starts with a plan, and remind them that the American Cancer Society is here to provide helpful tools and resources along the way.
Promote National Sleep Awareness Week & Dangers of drowsy driving	PSA - National Sleep Awareness Week	3/10/193/16/19	ROS	:30s		(3/10/193/16/19, 26156, "National Sleep Awareness Week") March 10-16 is National Sleep Awareness Week. Studies show that drowsy driving can be as dangerous as drinking and driving – causing nearly 10% of all road accidents every year. Working together we can raise awareness of this overlooked issue, and help keep our communities safe.

Issue	Program/Segment	Date	Time	Duration	# Spots Description of Program/Segment
Promote resources for at-risk kids to help them graduate	PSA - Communities in Schools	1/2/193/31/19	ROS	:30s	(1/2/193/31/19, 26008, "Headcount") In your community, there are likely thousands of at-risk kids that face challenges at home and at school. But did you know that there is one organization singularly devoted to helping these students stay in school and graduate? Throughout the country, Communities In Schools (CIS) works inside schools, one-on-one with students, in communities across the country to help them with basic needs like food, clothing and shelter as well as more complex issues like emotional counseling. As the name suggests, CIS marshals a community of resources to meet each student's needs and to have a brighter future.
Promoting alternative pain management to reduce opoid use and prescription	PSA - American Academy of Orthopedic Surgeons / Opoid Abuse	1/22/193/31/19	ROS	:30s	(1/22/193/31/19, 26142, "Opoid Abuse Patient-Doctor") Did you know that the United States accounts for 80% of the opioid consumption in the world? In 2017, an average of 130 people died from opioid abuse every day in America. Long-term addiction has become America's newest health epidemic. Opioids are one of the most effective medicines for moderate to severe pain, especially for managing short-term pain after orthopaedic surgery. They can also help to speed recovery from surgery or injury. However, opioids are a narcotic and because they can be addictive, it is critical to use opioids only as directed by a doctor and one should stop the use of these medications as soon as pain starts to improve. In orthopaedic surgery, there has been a recent trend toward combining different medicines with different methods to produce the most effective pain relief. In addition to improved pain management, a combined approach can reduce opioid use and the side effects associated with it. These PSAs illustrate how patients and physicians can work together to make a plan for pain relief that safely incorporates opioid medications, and how the careful use of these medications can help patients avoid addiction and other serious problems.
Promoting healthy lifestyle and income- based resources to stay active in the community	PSA - YMCA / Physical Activity	1/22/193/31/19	ROS	:30s	(1/22/193/31/19, 26145, "One Number Different") The Y is now as it has been for over 170 years a place of possibility and promise for all. We passionately focus on strengthening communities, each year reaching millions of kids, adults, seniors and families - many living in underserved communities - with programs and resources designed to nurture the potential of every child and teen, improve the nation's health and wellbeing and encourage individuals to give back and support their neighbors. We can't do it alone though and many people still would be surprised to learn about the breadth of resources available to them through the Y - many of them free of charge. Please consider running one of our PSAs, and help us raise awareness of the many ways more people can get involved with the Y. Everything the Y does helps empower communities and the "us" who live in them to thrive. Everything the Y does helps belig build a better us.
Promoting breast health and breast cancer awareness	PSA - Breast Cancer Risk Education	3/5/193/31/19	ROS	:30s	(AC, 3/5/19-3/31/19, 26165, "Know Your Girls") Empower women to discover all the facts about their breast health. Black women in America are dying of breast cancer at unacceptable rates and are more than 40 percent more likely to die from breast cancer than white women. Share PSAs for October's Breast Cancer Awareness Month to help women access information about risk factors and take charge of their breast health.
Promote Awareness of Cervial Cancer & Treatment	Recorded PSA	7/1/184/20/19	ROS	:30s	(26169, 7/1/184/20/19, "Next Step" Lung Cancer Screening) Approximately 8 million Americans are at high risk for lung cancer, the nation's #1 cancer killer, and are eligible for screenings that could save lives. Run new "Saved by the Scan" PSAs that stress early detection through routine annual screening.
Promote awareness of Childhood Hunger	Recorded PSA	3/7/182/18/19	ROS	:30s	("Melissa," 26151, 3/7/18-3/18/19) Nearly 13 million children, that's 1 in 6 kids, in the U.S. struggle with hunger. Families and children struggling with hunger need our help. Kids who don't get enough to eat are more likely to grow up with health problems and have difficulty in school and social situations. This PSA encourages people to help end the story of hunger by visiting FeedingAmerica.org.
Promote awarenes of Childhood Poverty in hopes to end it	Recorded PSA	9/27/183/5/19	ROS	:30s	(9/27/18-9/27/19, 26141) Childhood poverty creates adult poverty. Worldwide, millions of children live in extreme poverty, a destructive cycle that is often passed down from generation to generation. In 25 countries around the world, ChildFund International is a powerful, life-changing force, dedicated to improving the lives of over 11 million children and their families. Our programs support early childhood development, children's health and education. And we help strengthen families' economic security and self-sufficiency. At ChildFund, we believe today's childhood poverty must not become tomorrow's. This PSA will raise awareness about ChildFund's efforts to end the devastating realities of childhood poverty.

Issue	Program/Segment	Date	Time	Duration	# Spots	Description of Program/Segment
Promote Emergency Preparedness	Recorded PSA	9/27/183/31/19	ROS	:30s	# Opots	Booking that Tragitally Bogillarit
0						(9/27/189/11/19, 26168, "Change of Plans-Flood") Putting emergency money aside and scanning important documents may seem low priority now, but when a disaster strikes, they are vital. Told from the perspective of the objects left behind in a disaster, PSAs give viewers helpful tips to be ready before an emergency hits.
Promote awareness of Childhood Cancer & Support Services	Recorded PSA	9/27/183/5/19	ROS	:30s		(9/27/183/5/19, 26164, "A World Without Childhood Cancer is Possible") Every day, 42 more children across the U.S. will be diagnosed with cancer, making it the leading cause of death by disease among American children. Yet only 4% of federal funding for cancer research is earmarked for childhood cancers. While research has helped increase survival rates to 80%, today's childhood cancer treatments often cause life-long side effects, including hearing loss, heart damage, cognitive delays, infertility and more. Help is urgently needed to change the way childhood cancer is understood, treated and ultimately cured. Children's Cancer Research Fund (CCRF), a 501(c)(3) nonprofit organization, works to ensure that promising childhood cancer research continues uninterrupted, and provides seed money for projects so new, they don't yet quality for federal or other grants. Our support has been instrumental in the development of key breakthroughs in treating childhood cancers and improving long-term quality of life for survivors. We also advocate for families affected by childhood cancer, funding supportive services and fostering meaningful relationships that promote healing.
Promote Clean & Healthy Community Environments	Recorded PSA	9/27/183/5/19	ROS	:30s		(9/27/183/5/19, 26157, "Let's Talk About America") In celebration of the 65th anniversary of the Keep America Beautiful PSA campaign, this iconic national community improvement nonprofit inspires people every day to take action to improve and beautify their community environment. Keep America Beautiful strives to end littering, improve recycling and beautify America's communities – and the 65th anniversary campaign aims to re-energize people to continue caring for the places they call home. In fact, Keep America Beautiful has more than 600 community-based affiliates and mobilizes millions of volunteers in urban, suburban and rural areas who work hand in hand to ensure environmentally healthy, socially-connected and economically-sound communities.
Promote Job Training for Better Employment through Support of Goodwill Industries	Recorded PSA	9/27/183/31/19	ROS	:30s		(9/27/183/3119, 26155, "Earnings") Today, 7 million Americans are out of work, but every 25 seconds of each business day, someone earns a job with the help of Goodwill®, a nonprofit organization. This PSAs explain how shopping at local Goodwill stores supports critical job training, career, and community services in shoppers' local communities throughout the U.S. and Canada.
Promote Awareness of Dangers in Texting While Driving	Recorded PSA	10/22/183/31/19	ROS	:30s		(10/22/183/31/19, 26146, "Texing & Whatever-Don't Text and Drive") A lot of us spend our entire day looking at our phones. PSA remind drivers that it may be fine to text over dinner, with friends, or at work but when drivers get behind the wheel, their phones should be out of their hands, in the glovebox or with a passenger. It is also against the law in Tennessee.
Promote Organization That Helps Restore Veterans' Lives through Home Building	Recorded PSA	10/22/183/5/19	ROS	:30s		(10/22/183/5/19, 26159, "Homes For Our Troops") (HFOT) a privately funded 501(c) (3) nonprofit organization that builds and donates specially adapted custom homes nationwide to severely injured post-9/11 Veterans. Most of these Veterans have sustained life-altering injuries including multiple limb amputations, partial or full paralysis, and/or severe traumatic brain injury (TBI). These homes restore some of the freedom and independence our Veterans sacrificed while defending our country, and enable them to focus on their family, recovery, and rebuilding their lives. HFOT builds these homes where the Veteran chooses to live, and continues its relationship with the Veterans after home delivery to assist them with rebuilding their lives. Since its inception in 2004, nearly 90% of donations to Homes For Our Troops have gone directly to our program services supporting Veterans.
Promote Child Car Safety	Recorded PSA	11/13/183/31/19	ROS	:30s		(11/13/183/31/19, 26144, "Kiddie Music") Make sure kids are safely secured in the car. Motor vehicle crashes are a leading cause of death for children under 13. PSAs show parents how their love for their children extends to car safety. This means knowing the right seat for their child's age and size - from rear-facing car seats, forward-facing car seats, boosters, all the way to seat belts - and that they are correctly buckled for every ride.

Issue	Program/Segment	Date	Time	Duration	# Spots	Description of Program/Segment
Promote Awareness of Cure Possibilities for Multiple Sclerosis	Recorded PSA	3/13/183/5/19	ROS	:30s	·	(AC, 26149, 3/13/183/519) The National Multiple Sclerosis Society's new public service awareness campaign, "What Ever it Takes" offers people a special place to share their own creative solutions to the challenges of MS and find new ones at nationalMSsociety.org/ThisISMS and know how to get involved through Walk MS at walkMS.org. When we unite to raise awareness and share solutions, we become stronger than multiple sclerosis. Thank you for helping move us closer to a world free of multiple sclerosis.
Promote Awareness of Progams to hlep Empower Vets Returning to Civilian Life	Recorded PSA	3/15/183/5/19	ROS	:30s		("Step Up," 26154, 3/15/183/5/19) Wounded Warrior Project® (WWP) is a nonprofit, nonpartisan organization dedicated to the mission to honor and empower Wounded Warriors. These brave men and women face a variety of challenges as they transition to civilian life. And when they are severely ill or injured, returning to their families is only the beginning of their road to recovery. WWP connects wounded warriors and their families to valuable resources and one another, serves them through a variety of free programs and services, and empowers them to live life on their own terms.
Promote awareness of endangered species & programs to help save	Recorded PSA	1/19/181/20/19	ROS	:30s		("Rhinos." 26153, 1/19/181/20/19) Time is running out for rhinos, giraffes, penguins and other species. There are only 3 Northern White Rhinos left in the world. In just 15 years, giraffe populations have fallen from 140,000 to just 85,000. The number of African penguins living in the wild has dropped by 70% in the last decade. Wildlife is endangered, but there is hope. Together we can turn things around and end extinction. San Diego Zoo Global is leading the fight against extinction. We are committed to using science-based techniques and collaborating with others to save species from extinction. And we have succeeded with many species! We have bred more than 165 endangered species and reintroduced over 35 species back into the wild. Our Wildlife Conservancy program empowers people from around the world to help us save species from extinction in a variety of ways. Our supporters and members play a crucial role in our conservation efforts. Your support makes our fight nossible
Promotes awareness of Fair Housing rights & how discrimation can happen	Recorded PSA	1/22/181/21/19	ROS	:30s		("Imagine," 26152, (1/22/181/21/19) We have made great strides as a country since the Fair Housing Act was signed in 1968, but significant levels of illegal housing discrimination still exist. In the process of selling, renting, or financing a home, individuals are still discriminated against because of their race, color, national origin, religion, sex, familial status, or disability. As we approach the 50th anniversy of the passage of the Fair Housing Act in 2018, it is more important than ever to educate people and housing providers about their fair housing rights and responsibilities. This new PSA campaign from the U.S. Department of Housing and Urban Development and the National Fair Housing Alliance educates viewers about their fair housing rights. When people are aware of their rights and how housing discrimination happens, they can take action and report it.
Promotes volunteerism to aid seniors & shut-ins		5/2/183/5/19	ROS	:30s		("Desk, Meals on Wheets," 26150, 5/3/183/5/19) 10 million seniors face the threat of hunger, and millions more live alone in isolation. New PSAs feature real stories of friendship between seniors and Meals on Wheels volunteers. Air these spots to encourage your community to donate their lunch break, drop off a warm meal and get more than they expect.
Promotes awareness of discrimination & promote acceptance of the LBGT Community		5/2/184/18/19	ROS	:30s		("Imagine," 26171, 5/2/184/18/19) Discrimination against LGBT people is on the rise, and in 31 states it's still legal to fire, evict, or deny services to LGBT people. While most Americans support equal treatment, they're unware LGBT people lack these protections. Share new PSAs to raise awareness about anti-LGBT discrimination and promote equal treatment for all.
Various Public Awareness (see below)	Weekly Community Features			various lengths (see below)		Various Issues see following list
Promotion of Local Music, Career Development, Support of Local Musicians	Two hour weekly show: Local Artist - The615	1/13/31/19	6:15p8p	:105m	12x	2 hour show devoted exclusively to local music. Airs every Monday. All music is from local artists. Interviews of local artists. Each show features approximately 20 songs by local artists promoting further Middle Tennessee artistry and creativity (12 weeks X 20 artists = approx 240 local artists' featured). Each week there are interviews with at least one local artist discussing their craft, the Nashville music scene, etc.

Issue	Program/Segment	Date	Time	Duration	# Spots	Description of Program/Segment
Promotion of Local Music, Career Development, Support of Local Musicians	Local Lightning Spins & Local Artist of the Week Feature	1/13/31/19	ROS	~:03m	~2100X	1) "Local Lightning" features a rotation of local artists getting approx one spin per hour throughout the day of reg programming: ~20 local artists per day (1800 approx spins= 90 days X 20 artists), 2) "Local Artist of the Week"features one specific local artist getting played in heavy rotation throughout the week of reg programming (approx 300 local artist featured spins/songs = 12 wks @ 25 spins per wk). Spins are often accompanied by liners regarding the Nashville music scene including info on where and how to develop careers.
Public Safety	EAS	10/112/31/18	ROS		12X	WRLT is a Participating Station in the middle Tennessee Area Emergency Alert System. We forward the Required Monthly Test, generate a weekly test and forward selected Watches & Warnings issued by NOAA. During this period several warnings and watches were forwarded & aired.
Promote Children & Family Entertainment, Education, parenting and Activites in Mid TN	One-hour weekly show: The Early Birds with Mr. Steve (1/32/28); Lightning Bugs with Jack (3/73/28/19)	10/112/31/18	6:45a-7:45a	~:60m	12X	WRLT produces and airs a very special 60-minute weekly show for kids and the kids at heart, The Early Birds with Mr. Steve & Mr. Jack. The audience includes parents of pre—and elementary school children and the show creates a radio experience they could share together. Both Mr. Steve Mr. jack are children's singer-songwriters who makes socially conscious music for kids that even parents love. Every Thursday at 6:45am they join our morning team to sing, laugh, educate, and bring joy to the morning routine with children call-ins and engaging kid-friendly conversation. Special quests.
Support of Non Profit / Public Awareness of Local Issues	PSA - total runs for Quarter, Lightning Bolts & other			:30s	~347x	Various Issues see following list (generally 3-4 PSA's run per day) (4 X 90 days= 360) ROS except where noted. Lightning 100 Bolts are thirty second recorded public service announcements, written and produced in-house. Lightning 100. Actual count from contract 347.
					1	
LIGHTNING 100 BOLTS and LIV Support of Non Profit, Sexual assault hotline	PSA - RAINN, National sexual assault hotline	9/6/17-3/12/19	ts are thirty second ROS	recorded public serv :30s	ice announcemer	nts. written and produced in-house. Lightning 100 Bolts focuses mostly on local Recorded PSA about under-reporting sexual assault, offering confidential easy to obtain help for those who have been attacked and their loved ones. RAINN.org or the National Sexual Assault Hotline 800-656-HOPE
Support of Non Profit, Women's recovery program	PSA - The Next Door	9/6/17-12/31/19	ROS	:30s		Ongoing recorded PSA promoting The Next Door's programs to help women in recovery.
Support of Shelby Bottoms Nature Center - Use of Public Parks	PSA - Mr. Bond Science Guys Community Program	2/9/19-3/9/19	ROS	:30s		Mr. Bond Science Guys (3/9 Show); Get your kids excited about science. Great for kids of all ages and 100% of donations go to the Shelby Bottoms Nature Center.
Support of Shelby Bottoms Nature Center - Use of Public Parks	PSA - Mr. Bond Science Guys Community Program	3/9/19-4/13/19	ROS	:30s		Mr. Bond Science Guys (4/13 Show) Get your kids excited about science. Great for kids of all ages and 100% of donations go to the Shelby Bottoms Nature Center.
Support of Non Profit Music & Memory Alzheimers Rehabilitation Services	- PSA - Music & Memory	3/5/19-4/8/19	ROS	:30s		Music & Memory is a non profit organization that creates personalized music playlists for individuals in nursing homes and other long-term care organizations, who suffer from a wide range of cognitive and physical challengers, to find renewed meaning and connection in their lives through music-triggered memories. As of august 2017, music and memory has been implemented by more than 4,500 healthcare organizations in the United States.
Support of Nashville Government Youth Job Placement program - Opportunity Now	PSA - Opportunity NOW	3/8/19-3/18/19	ROS	:30s		Opportunity NOW paid internship applications are open until March 18th! These paid career exploration experiences are available to Davidson County youth between the ages of 14-18. Opportunity NOW is Nashville's Hub for youth employment. Apply before the deadline to be considered for a position!
Support of Tennessee Environmental Council - Environmental Protection Services	Come Post Your Compost	3/13/19-3/27/19	ROS	:30s		Come, Post Your Compost is a campaign started by TEC to decrease the amount of food waste Tennesseans send to the land. We ask that volunteers sign up with our program and post their compost data and pictures. Our goal is to reach 60 tons of food waste diverted from the land by the beginning of 2020. We would like Lightning 100 to make an announcement on the air to encourage listeners to sign up with our campaign to join the effort against land waste.
Support of Non Profit/Community Issues	Recorded Commercials / Live Liners / Short, Med- Form Interview					Various Issues see following list
Support of Local Non-Profit/ Community Engagement Fair	Recorded spots	1/6191/20/2019	ROS	:30\$	50x	Once a year, the Nashville Area Chamber and YP Nashville host this after-hours networking event. YP Nashville Connect helps young professionals figure out where they can get connected and involved in the Nashville area. Display booths are staffed by members of young professional organizations that are a part of YP Nashville so YPs can learn about the benefits and offerings of each organization.

Issue	Program/Segment	Date	Time	Duration	# Spots	Description of Program/Segment
Support of Local Non Profit / providing	Recorded spots	1/9/191/31/19	ROS	:60s	55x	HOME is a nonprofit community of music creators and music lovers. They are here to
resources and professional						help you with all things music-related. Whether you are a musician, producer, or
development opportunities for						music-biz professional, they have the space, resources, and networking opportunities
musicians						needed to build your team and grow your career.
Awareness of non-profits fund raising	Recorded Spots	1/1/192/7/19	ROS	:60s:10s	286x14x	Recorded Spots & Live Liners to promote fund raising concert/event for the Recording
event to help Nashville's Music	Live Liners					Academy's Nashville Chapter of MusiCares (Chocolate Affair). This is the charitable
community in times of need						arm of The Recording Academy that provides a variety of professional services and
						programs and offers help to meet the needs of the local music community (" services
						and resources cover(ing) a wide range of financial, medical and personal
						emergencies, and each case is treated with integrity and confidentiality"). From
						mentor programs to financial assistance there is a wealth of music education to be
Support of Non-profit fundraising event	Decembed anote	1/26/192/20/19	ROS	-00-	75x	found within this non-profit organization.
	Recorded spots	1/26/192/20/19	RUS	:30s	/5X	Recorded commercials to promote Our Kid's annual fundraising event, "Soup
and awaresness of resources and						Sunday" and awareness about child maltreatment. The Our Kids mission is to provide
programs for victims of childhood						expert medical evaluations and crisis counseling services in response to concerns of
sexual abuse						child sexual abuse, and to increase community awareness, conduct research and
						offer education and training about child maltreatment. With the guidance of the
						founders, community and corporate support and countless hours of volunteer effort,
						what began as a program operating with little more than 300 feet of space has
						become the Our Kids Center. Our Kids services are provided in a warm, child-friendly
						environment. Today, as a result of the commitment of hundreds of individuals and a
						dedicated community, Tennessee's children and families get compassionate care at
Awareness & support of organization's	Recorded spots	3/4/193/13/19	ROS	:30s	40x	the Our Kids Center. ourkidscenter.com Recorded spots to promote awareness and support the operations of The Hermitage
mission to maintain historical site	Recorded spots	3/4/193/13/19	ROS	.305	401	(home of Andrew Jackson) and to promote visitation and appreciation of this TN
mission to maintain historical site						Historical site.
Support of Local Non Profit / providing	Recorded spots	2/1/1912/6/19	ROS	:30s	20x	A new music industry panel series, MUSICSPEAK. This bi-monthly educational series
resources and professional	Tecoraca spots	2/1/10 12/0/10	1100	.503	20%	focuses on a variety of compelling topics, features a panel of respected music
development opportunities for						industry professionals, and hosts an hour of connection and networking over
musicians						appetizers and beverages. The six MUSICSPEAK events in 2019 will take place on
madiciand						the last Wednesday of February, April, June, August, and October, and the second
						Wednesday of December.
Support Local Young Professional	Recorded spots	2/6/192/20/19	ROS	:30s	50x	Call for submissions. The Nashville Area Chamber and YP Nashville annually present
Organization / Professional Growth	ricesiasa speis	2/0/10 2/20/10	1100	.000	OOX	the Nashville Emerging Leader Awards (NELA). The NELA recognize Nashville's
Opportunity						young professionals for significant accomplishments in their chosen career fields, as
- F						well as their commitment and contribution to the community.
Support of Local Non Profit / providing	Recorded spots	3/4/193/30/19	ROS	:30s	50x	The Nashville Songwriters Association International (NSAI) is the world's largest not-
resources and professional	, , , , , , ,					for-profit songwriters trade association. Established in 1967, the membership of more
development opportunities for						than 5,000 active and professional members spans the United States and foreign
musicians						countries. NSAI is dedicated to protecting the rights of and serving aspiring and
						professional songwriters in all genres of music. Each year NSAI hosts a world
						Renowned Songwriters Festival and 100% of the proceeds benefit NSAI.
						, , , , , , , , , , , , , , , , , , ,
Support of Local Non Profit / providing	Recorded spots	2/20/193/1/19	ROS	:30s	50x	In the spirit of ideas worth spreading, TEDx is a program of local, self-organized
resources and professional	•					events that bring people together to share a TED-like experience. At a TEDx event,
development opportunities for						TED Talks video and live speakers combine to spark deep discussion and
musicians						connection. These local, self-organized events are branded TEDx, where x =
						independently organized TED event. The TED Conference provides general guidance
						for the TEDx program, but individual TEDx events are self-organized.
Support of Local Non Proft Fundraiser -	Recorded spots	3/5/193/14/19	ROS	:30s	30x	Walk For Wishes is a nationwide Make-A-Wish fundraiser that celebrates the more
organization providing resources and						than 300,000 wishes that have already been granted, while raising funds for future
programs for terminally ill children						wishes. It's a family-friendly event powered by wish families, volunteers, companies,
-						donors and friends.
Support of Local Non Proft Fundraiser -	Recorded spots	1/1/191/17/19	ROS	:60s:10s	284x20x	
addressing healthcare needs of the	Live Liners					L100 Event "New Sound of Nashville". Proceeds benefitting MusiCares. MusiCares
local music community						provides a safety net of critical assistance for music people in times of need.
						MusiCares' services and resources cover a wide range of financial, medical and
						personal emergencies, and each case is treated with integrity and confidentiality.
						MusiCares also focuses the resources and attention of the music industry on human
						service issues that directly influence the health and welfare of the music community.
LIVE ON AIR: INTERVIEW	/S, REMOTES AND APPE	EARANCES:				
					_	

Issue	Program/Segment	Date	Time	Duration	# Spots	Description of Program/Segment
Support of Non-Profit Fundraiser - Child Abuse Prevention, Resources, and Advocacy	PSA - Our Kids	02/07/19	2:00 PM	10 mins	1x	Live on air interview with Lightning 100 program director, Dan Buckley and Sue Fort White of Our Kids local non profit to promote Our Kids Soup Sunday, a fundraising event for this local charity serving children.
Promote Awareness - Traffic & Events in Nashville	PSA - Traffic & Weekly Events	02/14/19	8:45 AM	10 mins	1x	Sergeant John Borque with the Metro Nashville Police Department joins the Early Birds/ Lightning Bugs weekly to provide updates on traffic issues and special event programming affecting weekend road closures.
Promote Awareness - Traffic & Events in Nashville	PSA - Traffic & Weekly Events	02/21/19	8:45 AM	8 mins	1x	Sergeant John Borque with the Metro Nashville Police Department joins the Early Birds/ Lightning Bugs weekly to provide updates on traffic issues and special event programming affecting weekend road closures.
Promote Awareness - Traffic & Events in Nashville	PSA - Traffic & Weekly Events	02/28/19	8:45 AM	5 mins	1x	Sergeant John Borque with the Metro Nashville Police Department joins the Early Birds/ Lightning Bugs weekly to provide updates on traffic issues and special event programming affecting weekend road closures. Updates included Rodeo @ Bridgetsone Arena, Prep for the NFL Draft in Nashville, & The Rock N' Roll Marathon in April.
Promote Awareness - Traffic & Events in Nashville	PSA - Traffic & Weekly Events	03/07/19	8:44 AM	6 mins	1x	Sergeant John Borque with the Metro Nashville Police Department joins the Early Birds/ Lightning Bugs weekly to provide updates on traffic issues and special event programming affecting weekend road closures. Updates included the SEC Tournament, NFL Draft Prep. & Nashville Soccer Club @ Nissan Stadium.
Promote Awareness - Traffic & Events in Nashville	PSA - Traffic & Weekly Events	03/14/19	8:46 AM	6 mins	1x	Sergeant John Borque with the Metro Nashville Police Department joins the Early Birds/ Lightning Bugs weekly to provide updates on traffic issues and special event programming affecting weekend road closures. Updates included SEC Tournament, NFL Draft, traffic and Parking issues downtown
Promote Awareness - Traffic & Events in Nashville	PSA - Traffic & Weekly Events	03/21/19	8:40 AM	10 mins	1x	Sergeant John Borque with the Metro Nashville Police Department joins the Early Birds/ Lightning Bugs weekly to provide updates on traffic issues and special event programming affecting weekend road closures. Updates included Recap of National incident with ATVs down Broadcast and Sgt. Borque's recovery after being dragged by the suspect.
Promote Awareness - Traffic & Events in Nashville	PSA - Traffic & Weekly Events	03/28/19	8:43 AM	6 mins	1x	Sergeant John Borque with the Metro Nashville Police Department joins the Early Birds/ Lightning Bugs weekly to provide updates on traffic issues and special event programming affecting weekend road closures. Updates included Bridgestone Events, Nashville Sounds Season, & starting road Closures for the NFL Draft.