

Issues Today 18-40

Date Aired: _____ Time Aired: _____
Length: 28 Min.

1. Dr. Elaina George, Author of "Big Medicine"

She discussed the concept of Medicare for all. She also talked about new options for healthcare.

Issues covered:

1. Health
2. Big Government

2. Melissa Ridolfi, Vice President of Retirement and College Leadership, Fidelity Investments

She commented on a new survey that looks at how families have prepared for college funding. She also urged parents to have a discussion on finances with their kids during the early years of high school.

Issues covered:

1. Education
2. College Costs

3. Dr. Nimani Fernando, Founder of the Dr. Yum Project

She described why nutrition counseling to poor areas is so important. She also talked about how parents can help.

Issues covered:

1. Obesity
2. Youth

Issues Today 18-41

Date Aired: _____ Time Aired: _____
Length: 28 Min.

1. Mick Cornett, Oklahoma City Mayor

He discussed the emerging mid-size cities and how important they are becoming. He also talked about the local economies.

Issues covered:

1. Economy
2. Consumerism

2. Anthony Saccaro, Registered Investment Adviser

He commented on the strength of the economy. He also talked about how college loans are causing big problems of consumers.

Issues covered:

1. Economy
2. College Loans

3. Dr. Nina Shapiro, Pediatric Doctor and Author

She discussed medical myths regarding youths. She also talked about the need for better nutrition education for everyone.

Issues covered:

1. Youth
2. Health

Issues Today 18-42

Date Aired: _____ Time Aired: _____
Length: 28 Min.

1. Dr. Antoine Kanabubirey, Author and Researcher

He discussed the dangers of marijuana. He also talked about the increasing strength of today's cannabis.

Issues covered:

1. Marijuana Safety
2. Depression

2. Danny Iney, Higher Education Researcher and Author

He commented on the future of higher education. He also talked about the need for people to get lifetime education not just college degrees.

Issues covered:

1. Education
2. Communication

3. Dr. John Kontor, Vice President of Optum Advisory Services

He detailed new ways for doctors to evaluate whether medical tests are needed. He also talked about how new procedures can save medical costs.

Issues covered:

1. Health
2. Education

Issues Today 18-43

Date Aired: _____ Time Aired: _____
Length: 28 Min.

1. Chris, Garcia, Former Deputy Director at Commerce Department

He gave an assessment of the U.S. economy. He also talked about the effects of tariffs.

Issues covered:

1. Economy
2. Tariffs

2. Dr. Keita Franklin, Executive Director of Suicide Prevention for Dept. of Veterans Affairs, Office of Mental Health and Suicide Prevention

She detailed the growing problem of suicide among veterans. She also called for more therapy for them.

Issues covered:

1. Veterans
2. Suicide

3. Rose Stuckey-Kirk, Chief of Corporate Relations for Verizon

She detailed a new program aimed at poor communities to aid kids to use technology to improve education. She also talked about the training of teachers for the program.

Issues covered:

1. Education
2. Youth

Issues Today 18-44

Date Aired: _____ Time Aired: _____
Length: 28 Min.

1. Tony Uphoff, President and CEO of Thomas

He commented on the results of a poll on manufacturing in the United States. He also talked about the unemployment rate in that sector.

Issues covered:

1. Unemployment
2. Education

2. Kathy Longo, Author of "Flourish Financially"

She talked about her book that gives tips on how consumers can better growth their financial empires. She also discussed how couples should have better communication on financial matters.

Issues covered:

1. Economy

2. Communication

3. Laura Adams, Member of driversed.com

She announced the results of a study on distracted driving. She also talked about the effects of marijuana on driving.

Issues covered:

1. Crime
2. Marijuana Safety

Issues Today 18-45

Date Aired: _____ Time Aired: _____

Length: 28 Min.

1. Bruce Nagy, Clean Energy Spokesperson and Author

He commented on the future of electric cars. He also talked about other alternative energy products.

Issues covered:

1. Alternative Energy
2. Environment

2. Sanford Kahn, Economist and Author of "Rebellion of a Rogue, Raged Economist"

He gave an update on the economy. He also talked about the need for better economic education for the public.

Issues covered:

1. Economy
2. Education

3. Dr. Susan Noonan, Depression Expert and Author

She gave some tips for parents on depression in their kids. She also discussed the role of social media on the problem.

Issues covered:

1. Depression
2. Youth

Issues Today 18-46

Date Aired: _____ Time Aired: _____
Length: 28 Min.

1. Audra Wolfe, Writer, Editor and Historian

She discussed how science has been used for political causes. She also commented on the climate change controversy.

Issues covered:

1. Climate Change
2. Education

2. Dr. Ana Fuentevilla, Internal Task Force, United Health Group Opioid Crisis

She talked about the growing opioid crisis. She also talked about the role that doctors should take to reduce the risks.

Issues covered:

1. Opioid Epidemic
2. Health

3. Mike Moore, Former FBI Agent and Journalist

He commented on the current make-up of the FBI. He also described why needs to be done to fix the problem.

Issues covered:

1. Crime
2. Big Government

Issues Today 18-47

Date Aired: _____ Time Aired: _____

Length: 28 Min.

1. David Clarke, Former Sheriff and Author

He addressed increasing racial violence in the United States. He also talked about need for less harmful rhetoric in the media and other avenues.

Issues covered:

1. Crime
2. Big Government

2. Dr. Mark Menolascino, Medical Director of Meno Clinic for Functional Medicine

He discussed the growing problem of anxiety disorders in youth. He also talked about the need for more pure ingredients in health products.

Issues covered:

1. Youth
2. Health

3. Dr. Anne Kenny, Palliative Care Physician and Author

She gave some guidelines for caregivers. She also talked about how to pick the right long-term facility.

Issues covered:

1. Seniors
2. Health

Issues Today 18-48

Date Aired: _____ Time Aired: _____

Length: 28 Min.

1. Ralph Cipriano, Investigative Reporter and Author

He discussed media bias in America. He also commented on the future of journalism.

Issues covered:

1. Media Bias
2. Communication

2. Dr. Ira Williams, Healthcare Expert and Author

He detailed new ways to deliver healthcare to communities. He also talked about the need for better health communication to patients.

Issues covered:

1. Health
2. Communication

3. Ben Shear, Owner and Director of Performance at Athletic Edge

He gave some tips for those who suffer from sports injuries and exercise in pain. He also commented on how to pick healthful foods.

Issues covered:

1. Health
2. Seniors

Issues Today 18-49

Date Aired: _____ Time Aired: _____
Length: 28 Min.

1. Kurt Eichenwald, Author and Newsweek Contributor

He talked about social stigmas relating to epilepsy. He also discussed the growing problem of depression and suicide in society.

Issues covered:

1. Depression
2. Suicide

2. Jill Ferguson, Writer, Artist and Business Consultant

She extolled the virtues of career freelancing. She also talked about how to communicate better.

Issues covered:

1. Unemployment
2. Communication

3. Hannibal Luis Negrón, Business Owner

He detailed why the veganism movement is growing. He also talked about the need to protect the environment better.

Issues covered:

1. Health
2. Environment

Issues Today 18-50

Date Aired: _____ Time Aired: _____
Length: 28 Min.

1. John Mathews, Founder of Community Safety Institute

He put a new take on mass shootings. He also talked about new ways to protect the public.

Issues covered:

1. Crime
2. Youth

2. Jack Myers, Founder of Media Village and Media Ecologist

He discussed how the male culture is changing. He also talked about the role women should have in encouraging males to evolve.

Issues covered:

1. Women
2. Cultural Norms

3. Dr. Erin Largo-White, Assoc. Professor at University of North Florida's Dept. of Public Health

She detailed who people can better deal with stress. She also talked about the health risks of stress.

Issues covered:

1. Stress
2. Health

Issues Today 18-51

Date Aired: _____ Time Aired: _____
Length: 28 Min.

1. Dr. Maria Brose/Nicole Miller, Spokespersons for Genomic Cancer Testing

They discussed the new genomic cancer testing. A discussion on the ramifications for new cancer treatments was also featured.

Issues covered:

1. Health
2. Scientific Research

2. Joseph Falbo, President of Falbo Wealth Management

He gave some tips on how retirement planning. He also discussed the state of the economy.

Issues covered:

1. Seniors
2. Economy

3. Dr. Anita Myers, Dentist and Author

She discussed good dental health. She also commented on new dangers for youth using vaping products.

Issues covered:

1. Health
2. Youth

Issues Today 18-52

Date Aired: _____ Time Aired: _____
Length: 28 Min.

1. Dan Klein, President and CEO of PAN Foundation

He detailed how people with low incomes can get relief through heir foundation. He also addressed general health issues.

Issues covered:

1. Seniors
2. Health

2. Diane Herbert, Diabetes Expert and Author

She described how patients and family members can better cope with diabetes. She also talked about the need for better early diagnosis by the health community.

Issues covered:

1. Health
2. Youth

3. Sarah Janssen, Senior Editor of World Almanac

She commented on parts of the almanac dealing with crime and consumerism.

She also talked about the complete election results.

Issues covered:

1. Crime
2. Consumerism

2018-Q4 (October-December) Radio Health Journal Quarterly Report
Compliance Issues covered this quarter:

Adoption
Aging
Air pollution
American society and culture
Business and industry
Child abuse and neglect
Child welfare system
Climate change
Consumerism
Dementia
Disabilities
Discrimination
Drug abuse and enforcement
Economics
Education
Elderly and senior citizens
Employment and unemployment
Environmental issues
Family and parenting issues
Food Safety
Government and regulation
Health care
Housing

Human development
Infectious disease
Insurance
Medical ethics
Mental health
Nutrition
Obesity
Online fraud
Pets and people
Police and justice system
Pop culture
PTSD
Public health
Public safety
Research and development
Science and engineering
Technology
Traffic safety
Treatment and prevention
Veteran's issues
Youth at risk
Women's issues
Workplace issues

Program 18-40 **Producers** Reed Pence, Ariana Kraft
Air Week 10/7 – 10/13/2018 **Production Director** Jason Dickey

Time **Segment**

Dur.

2:01 **SEGMENT 1: HEALTH CRISES AND FINANCIAL
DISASTER**

12:48

Synopsis: Medical bills have long been labeled the number one cause of bankruptcy in the US. A recent study has examined how medical crises produce personal financial disaster. Researchers say for the uninsured, medical bills are, indeed, a heavy burden. But for both insured and uninsured, illness or injury can cause disruption of employment that may linger for years, and from which family finances may never recover. Experts discuss causes and possible solutions to the problem.

Host: Reed Pence. **Guests:** Dr. David Himmelstein, Distinguished Prof. of Public Health, City Univ. of New York at Hunter College; Dr. Matthew Notowidigdo, Assoc. Prof. of Economics & Strategy, Northwestern Univ.

Compliance issues covered: health care; economics; employment and unemployment; insurance; consumerism

Links for more information: <https://www.commonwealthfund.org/person/david-u-himmelstein>;
<https://www.ipr.northwestern.edu/faculty-experts/fellows/notowidigdo.html>

15:51 **SEGMENT 2:
POLYAMINES**

6:59

Synopsis: Researchers have discovered a variety of components in foods that are essential to health but are low in quantity in most diets. One of these is a set of compounds called polyamines. Researchers explain what they are, how they work, and how people can replace those that are needed in the diet.

Host: Nancy Benson. **Guests:** Rick Bendera, Pres. And CEO, Nokomis Research; Dr. Brazos Minshew, Naturopath, Austin TX

Compliance issues covered: consumerism; nutrition

Links for more information: <https://skyreenaturals.com/press-kit-quotations-and-reviews/>;
<http://soyoungamerica.com/?p=573>

Program 18-41 **Producers** Ariana Kraft, Reed Pence
Air Week 10/14 – 10/202018 **Production Director** Jason Dickey

Time **Segment**
Dur.
2:02 **SEGMENT 1: DEMENTIA IN**
WOMEN
12:26

Synopsis: About two-thirds of people with dementia in the United States are women, and researchers are discovering it's not just because they live longer. Reproductive history also plays a role. Scientists are focusing on the role of estrogen as a potential protective factor against Alzheimer's disease. Several who are involved in this research explain.

Host: Reed Pence. **Guests:** Dr. Rachel Whitmer, Prof. of Epidemiology, Univ. of California-Davis; Dr. Heather Snyder, Senior Director, Medical and Scientific Operations, Alzheimer's Assn.; Dr. Pauline Maki, Prof. of Psychiatry and Psychology, Univ. of Illinois-Chicago

Compliance issues covered: health care; women's issues; aging, elderly and senior citizens

Links for more information: <https://profiles.ucsf.edu/rachel.whitmer>;
https://www.alz.org/press/spokespeople/heather_m_snyder_ph_d; <https://crwg.uic.edu/crwg-home/crwg-staff/pauline-maki-phd/>

15:30 **SEGMENT 2:**
HOMESICKNESS
7:35

Synopsis: What we now call "homesickness" used to be a medical diagnosis called "nostalgia," and it was considered life-threatening. Today many people consider homesickness to be a childish emotion, but an expert says it's nothing to be ashamed of. We all suffer from it sometime and need to know how to cope.

Host: Nancy Benson. **Guests:** Dr. Susan Matt, Prof. of History, Weber State Univ.; Dr. Chris Willard, Lecturer in Psychology, Harvard Medical School

Compliance issues covered: mental health; American society and culture

Links for more information: <https://global.oup.com/academic/product/homesickness-9780195371857?cc=us&lang=en&>;
<http://drchristopherwillard.com>

Program 18-42 **Producers** Reed Pence, Ariana Kraft
Air Week 10/21 – 10/27/2018 **Production Director** Jason Dickey

<u>Time</u>	<u>Segment</u>
	<u>Dur.</u>
2:03	SEGMENT 1: DOCTORS' OBESITY
BIAS	13:08

Synopsis: Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor. Experts explain the problem, results, and what might be done about it.

Host: Reed Pence. **Guests:** Dr. Rebecca Puhl, Prof. of Human Development and Family Studies, Univ. of Connecticut and Deputy Director, Rudd Center for Food Policy and Obesity; Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale Univ. and Founder, True Health Initiative; Kathy Kater, psychotherapist specializing in body image, eating and weight issues

Compliance issues covered: health care; public health; discrimination; obesity; education

Links for more information: <http://www.uconnruddcenter.org/faulty-and-staff-rebecca-puhl>; <http://www.yalegriffinprc.org>; <http://bodyimagehealth.org>

16:13 SEGMENT 2: GETTING RID OF THOSE OLD STYLE HOSPITAL
GOWNS
6:45

Synopsis: Surveys show that hospital gowns are one of the things that most makes a hospital stay unpleasant. Finally hospitals may be moving to get rid of the old style gowns toward a less revealing, more dignified design that is still functional for healthcare workers. Experts discuss.

Host: Nancy Benson. **Guests:** Chat Razdan, co-founder and CEO, Care and Wear garment maker; Dr. Deborah Mullen, Assoc. Prof. of Health Care Administration, Univ. of Tennessee-Chattanooga and consultant, Health Partners-Park Nicollet Health System

Compliance issues covered: health care; consumerism

Links for more information: <https://www.careandwear.com/pages/our-team>
<https://www.utc.edu/college-business/profiles/management/rpp348.php>

Program 18-43 **Producer** Reed Pence
Air Week 10/28 – 11/3/2018 **Production Director** Jason Dickey

Time **Segment**
Dur.

2:02 **SEGMENT 1: EXPLODING MYTHS ABOUT THE FLU AND FLU VACCINES**
12:40

Synopsis: About 40 percent of eligible people have been vaccinated against the flu in recent years, but many more might do so were it not for persistent myths about the disease and its vaccine. For example, a new survey shows that more than half of parents believe the flu shot can cause the flu. Experts explain why those myths aren't true and set the record straight.

Host: Reed Pence. **Guests:** Dr. William Schaffner, Prof. of Preventive Medicine & Infectious Diseases, Vanderbilt Univ. School of Medicine; Dr. Jean Moorjani, pediatric hospitalist, Arnold Palmer Children's Hospital, Orlando, FL; Dr. Michael Deem, Prof. of Bioengineering, Physics & Astronomy, Rice Univ.

Compliance issues covered: health care; public health; infectious disease; youth at risk; senior citizens

Links for more information: <https://www.vumc.org/health-policy/person/william-schaffner-md>;
<https://www.arnoldpalmerhospital.com/physician-finder/jean-siri-moorjani-md>;
https://bioengineering.rice.edu/people/faculty/michael_deem

15:44 **SEGMENT 2: NARCOLEPSY AND CATAPLEXY** **8:18**

Synopsis: Sleep disorders can be difficult to diagnose and treat. A science journalist discusses his efforts to overcome narcolepsy, which produces extreme daytime sleepiness, and cataplexy, which produces instant sleep-like paralysis, as well as the science behind sleep disorders.

Host: Nancy Benson. **Guest:** Henry Nicholls, author, *Sleepyhead: The Neuroscience of a Good Night's Sleep*

Compliance issues covered: health care; consumerism

Link for more information: <http://henrynicholls.com/sleepyhead/>

Program 18-44 **Producer** Reed Pence
Air Week 11/4 - 11/10/18 **Production Director** Jason Dickey

Time **Segment**
 Dur.

2:02 **SEGMENT 1: THE PSYCHOLOGY OF ADOPTED**
PEOPLE
 12:40

Synopsis: People who are adopted have more psychological problems than others, yet they also tend to have other psychological strengths. Experts, both themselves also adoptees, discuss the roots and outcomes of these issues as adopted children grow up.

Host: Reed Pence. **Guests:** Dr. Stephen Betchen, Clinical Asst. Prof. of Psychology, Thomas Jefferson Univ., Sr. Supervisor, Council for Relationships and author, *Magnetic Partners*; Dr. Joyce Maguire Pavao, adoption consultant and Lecturer in Psychiatry, Harvard Medical School

Compliance issues covered: youth at risk; parenting issues; adoption; human development

Links for more information: http://www.pavaoconsulting.com/Site/Dr._Joyce_Maguire_Pavao.html;
<http://www.stephenbetchen.com>

14:21 **SEGMENT 2: THE SURPRISING IMPORTANCE OF**
TICKLING
 7:37

Synopsis: Tickling is a unique application of the sense of touch that surprisingly has developmental and cultural importance. Experts discuss the science and sociology of tickling.

Host: Nancy Benson. **Guests:** Dr. David Linden, Prof. of Neuroscience, Johns Hopkins Univ. School of Medicine and author, *Touch: The Science of Hand, Heart and Mind*; Dr. Robert Provine, Prof. of Psychology & Neuroscience, Univ. of Maryland, Baltimore County and author, *Curious Behavior: Yawning, Laughing, Hiccuping, and Beyond*

Compliance issues covered: science and culture; human development

Links for more information: <http://davidlinden.org/bio/>;
<http://provine.umbc.edu>

Program 18-45 **Producer** Reed Pence, Heather Muno
Air Week 11/11 – 11/17/2018 **Production Director** Jason Dickey

Time **Segment**
Dur.

2:01 **SEGMENT 1: MDMA FOR**
PTSD **12:19**

Synopsis: People suffering from post-traumatic stress disorder often can't face their trauma, which is necessary for psychotherapy to work. It is a big reason PTSD is so difficult to treat. Scientists are leading clinical trials into the use of the banned drug MDMA in connection with therapy to help break this hurdle, and the results so far have been outstanding in curing PTSD.

Host: Reed Pence. **Guests:** Dr. Michael Mithoefer, Clinical Asst. Pprof. Of Psychiatry, Medical Univ. of South Carolina and Medical Director, MAPS Public Benefit Corporation clinical trials; Charlotte Harrison, Senior Clinical Research Associate, MAPS Public Benefit Corporation

Compliance issues covered: veterans issues; disability; mental health; drug abuse and enforcement

Links for more information: <https://maps.org>; <https://maps.org/news/bulletin/articles/427-bulletin-winter-2017/6957-the-faces-of-phase-3-principal-investigators-in-maps'-clinical-trials-of-mdma-assisted-psychotherapy-for-ptsd>

15:22 **SEGMENT 2: LEPROSY IN THE MODERN**
ERA **7:34**

Synopsis: Thanks in part to its Biblical past, the disfiguring disease leprosy carries more stigma than most diseases. We hear little about it today, but it still exists, and because it's now treatable, often the stigma is worse than the disease. An expert discusses.

Host: Nancy Benson. **Guest:** Dr. David Scollard, Director, National Hansen's Disease Program

Compliance issues covered: health care; public health

Links for more information: <http://www.hrsa.gov/hansensdisease/>

Program 18-46 **Producers** Reed Pence, Polly Hansen
Air Week 11/18 – 11/24/2018 **Production Director** Jason Dickey

Time **Segment**
Dur.

2:01 **SEGMENT 1: REPORTING “BAD PARENTS”**
12:57

Synopsis: Just about anyone can report a parent to a child abuse hotline. It’s meant to protect children, but all too often, parents are reported when no abuse or neglect exists in order to retaliate for a divorce or some other grievance. And though the world is actually safer for children than it used to be, some parents are reported for merely letting children play outside or walk to school without an adult in attendance, what was once thought of as normal. Some activists say this robs children of independence. An expert and a woman who went through an unjustified child abuse investigation discuss.

Host: Reed Pence. **Guests:** Corey Widen, mother reported to child abuse hotline, Wilmette, IL; Rachel Ruttenberg, Exec. Dir., Family Defense Center, Chicago

Compliance issues covered: youth at risk; child abuse and neglect; child welfare system; police and justice system; child safety and public safety; family issues

Links for more information: <https://www.familydefensecenter.net/about-us/staff>

16:00 **SEGMENT 2: EMOTIONAL SUPPORT ANIMALS**
6:55

Synopsis: A woman who suffered abuse as a child describes the mental health benefits of owning a dog, and an expert on the Americans with Disabilities Act discusses requirements for emotional support animals.

Host: Nancy Benson. **Guests:** Julie Barton, author, *Dog Medicine: The Unbreakable Bond Between One Woman and the Dog That Saved Her Life*; Vinh Nguyen, Project Director, Southwest ADA Center at TIRR Memorial Hermann, Houston.

Compliance issues covered: disabilities; mental health issues; pets and people; housing issues

Links for more information: <https://byjuliebarton.com>
<http://tirr.memorialhermann.org/research/independent-living-and-community-integration/>

Program 18-47 **Producer** Reed Pence, Ariana Kraft
Air Week 11/25 – 12/1/2018 **Production Director** Jason Dickey

Time **Segment**
Dur.

2:01 **SEGMENT 1: SCHOOL BASED MENTAL**
HEALTH
12:02

Synopsis: Schools would be a good place for programs to screen for mental health issues in students, and to educate about mental health to lessen the pervasive stigma. Some states are making programs mandatory, but elsewhere schools and personnel may resist, seeing mental health as outside the normal role of teachers. Experts discuss how inventive programs are overcoming obstacles.

Host: Reed Pence. **Guests:** Dr. Kimberly Kendziora, Managing Researcher, American Institutes for Research; Dr. Michael Murphy, psychologist, Massachusetts General Hospital and Assoc. Prof. of Psychology, Harvard Medical School

Compliance issues covered: youth at risk; education; mental health

Links for more information: <https://www.air.org/person/kimberly-t-kendziora>;
<http://www.michaelmurphypsychologies.com/aboutme.html>

14:05 **SEGMENT 2: OPEN**
OFFICES
7:42

Synopsis: Companies instituting open offices without walls often claim they improve collaboration and interaction. Studies now show that the opposite is true—that workers put on headphones and interact via email rather than in person in order to shut out distractions and stress. Experts discuss.

Host: Nancy Benson. **Guests:** Dr. Ethan Bernstein, Assoc. Prof. of Leadership and Organizational Behavior, Harvard Business School; Ashley Dunn, Director of Workplace, Dyer Brown Architects, Boston

Compliance issues covered: employment and workplace issues

Links for more information: <https://www.hbs.edu/faculty/Pages/profile.aspx?facId=17441>;
<http://dyerbrown.com/team/ashley-dunn>

Program 18-48 **Producer** Reed Pence, Polly Hansen
Air Week 12/2 – 12/8/2018 **Production Director** Jason Dickey

Time **Segment**
Dur.

2:02 **SEGMENT 1: FUNGAL**
SINUSITIS
11:59

Synopsis: Many people who have chronic recurrent sinusitis may have an allergic reaction to fungi rather than a bacterial infection. Treatments for the two are completely different, and in some cases, fungal sinusitis can be life threatening. Two experts and a patient explain.

Host: Reed Pence. **Guests:** Erin Porter, fungal sinusitis patient and founder, EatPrayGetWell.com; Dr. Donald Dennis, ear, nose & throat surgeon, Atlanta; Dr. Joseph Han, Prof. of Otolaryngology-Head & Neck Surgery, Eastern Virginia Medical School

Compliance issues covered: consumerism; health care; air pollution and environment

Links for more information: <https://eatpraygetwell.com>; <http://www.sinusitiswellness.com/donald-p-dennis-m-d-f-a-c-s-bio/>; <http://www.evms.edu>

15:03 **SEGMENT 2: DROWNING: IMPLICIT BIASES IN**
SCIENCE
7:35

Synopsis: Most people think of science as fact-based and not as subject to bias as the rest of the world. However, studies show that gender bias is rampant in science, and that women are not taken as seriously as men, even with identical qualifications. Experts discuss the problem and possible solutions.

Host: Nancy Benson. **Guests:** Dr. Hannah Valentine, Chief Officer for Scientific Workforce Diversity, National Institutes of Health, and Senior Investigator, National Heart, Blood and Lung Institute; Dr. Nancy Hopkins, Prof. of Biology Emeritus, Massachusetts Institute of Technology

Compliance issues covered: employment discrimination; employment and workplace issues

Links for more information: <https://www.nhlbi.nih.gov/node/84069>; <https://biology.mit.edu/profile/nancy-hopkins/>; <https://implicit.harvard.edu/implicit/>

Program 18-49 **Producer** Reed Pence
Air Week 12/9 – 12/15/2018 **Production Director** Jason Dickey

Time **Segment**
Dur.

2:04 **SEGMENT 1: ICU**
INEFFICIENCY
12:26

Synopsis: With monitors surveying every part of patients' bodies, hospital intensive care units appear to be a model of high tech. But systems engineers say ICU's are actually models of inefficiency because few of those high tech devices talk to each other. Experts discuss how ICU's could be improved to save lives.

Host: Reed Pence. **Guests:** Dr. Peter Pronovost, Senior Vice President for Patient Safety and Quality, Johns Hopkins Medicine and Director, Armstrong Institute for Patient Safety and Quality; Dr. Brian Pickering, intensive care anesthesiologist, Mayo Clinic, Rochester, MN

Compliance issues covered: health care; technology; science and engineering; economics; business and industry

Links for more information: http://www.hopkinsmedicine.org/armstrong_institute/about/peter_pronovost.html;
<http://www.mayo.edu/research/faculty/pickering-brian-w-m-b-b-ch/bio-00096469>

15:32 **SEGMENT 2: PARTY FOOD**
SAFETY
7:21

Synopsis: During the holidays, party foods are a prime source of food-borne illness. Two food scientists discuss common ways foods become contaminated, some of the myths of food contamination, and ways to keep foods safe when you have guests to protect.

Host: Nancy Benson. **Guests:** Dr. Brian Sheldon, Prof. Emeritus of Food Microbiology, North Carolina State Univ. and co-author, *Did You Just Eat That?* Dr. Paul Dawson, Prof. of Food, Nutrition and Packaging Sciences, Clemson Univ. and co-author, *Did You Just Eat That?*

Compliance issues covered: public health; food safety

Links for more information: <http://books.wwnorton.com/books/Did-You-Just-Eat-That/>

Program 18-50 **Producer** Reed Pence
Air Week 12/16 – 12/22/2018 **Production Director** Jason Dickey

Time **Segment**
Dur.

2:02 **SEGMENT 1: THE GOOD AND BAD OF MEDICAL CROWDFUNDING**
12:15

Synopsis: Medical campaigns account for a third of monies raised on crowdfunding sites like GoFundMe, and many people who've fallen through the holes of the safety net have been helped this way. But new studies show that fraud is rampant in crowdfunding, with fake patients and medical providers who all too eager to take money for worthless treatment. Experts discuss these issues and the need for regulation.

Host: Reed Pence. **Guests:** Dr. Jeremy Snyder, Prof. of Health Sciences, Simon Fraser Univ.; Dr. Art Caplan, head, Division of Medical Ethics, New York University School of Medicine; Dr. Nora Kenworthy, Asst. Prof. of Nursing and Health Studies, Univ. of Washington-Bothell

Compliance issues covered: health care; consumerism; consumer protection; online fraud; federal government and regulation; medical ethics

Links for more information: <https://www.sfu.ca/fhs/people/profiles/jeremy-snyder.html>;
<https://med.nyu.edu/faculty/arthur-l-caplan>; <https://www.uwb.edu/nhs/facultyandstaff/faculty/nkenworthy>

15:19 **SEGMENT 2: AVOIDING FOOD WASTE**
7:35

Synopsis: During the holidays, leftovers from gatherings and parties may threaten to take over the refrigerator. An expert discusses consumer-friendly how-to's, including how to read labels, that can lengthen food life and help avoid food waste.

Host: Nancy Benson. **Guest:** Karen Bakies, registered dietitian and Vice President of Nutrition Affairs, American Dairy Assn. Mideast

Compliance issues covered: public health; food safety; environment; consumerism

Links for more information: <https://www.nationaldairycouncil.org/our-story/local-dairy-council/ohio>

Program 18-51 **Producer** Reed Pence
Air Week 12/23 – 12/29/2018 **Production Director** Jason Dickey

Time **Segment**
Dur.

2:02 **SEGMENT 1:**
AMNESIA
12:22

Synopsis: It's a rare thing for people to lose their memory of past events. An expert discusses why doctors believe it may occur, and a woman to whom it happened recounts her experience.

Host: Reed Pence. **Guests:** Naomi Jacobs, amnesia victim and author, *Forgotten Girl*; Dr. Jason Brandt, Prof. of Psychiatry and Neurology, Johns Hopkins Univ. School of Medicine

Compliance issues covered: health care; family issues; pop culture

Links for more information: <http://www.iwokeupinthefuture.com>;
<http://www.hopkinsmedicine.org/profiles/results/directory/profile/0009953/jason-brandt>

15:26 **SEGMENT 2: LITTLE PEOPLE, DISABILITY AND THE PROSPECT OF**
“CURE”
7:41

Synopsis: Many people with dwarfism also face skeletal abnormalities which can lead to disability. Experts, and little people themselves, discuss major causes of dwarfism, the hurdles they create, the struggle for respect, and the prospect of treatments that could one day make little people much more rare.

Host: Nancy Benson. **Guests:** Dr. Jennifer Arnold, co-star, TLC's *The Little Couple* and co-author, *Think Big*; Ericka Okenfuss, licensed genetic counselor, Kaiser Permanente, Sacramento, CA; Gary Arnold, President, Little People of America and Public Affairs Manager, Access Living, Chicago

Compliance issues covered: health care; disabilities; youth at risk; parenting issues; discrimination

Links for more information: <https://www.lpaonline.org/>; <http://jenniferarnoldmd.com>

Program 18-52 **Producer** Reed Pence
Air Week 12/30 – 1/5/2019 **Production Director** Jason Dickey

Time **Segment**
Dur.

2:03 **SEGMENT 1: SMART**
ROADS 12:55

Synopsis: In the near future, cars will be able to provide data as well as receive it, and a variety of methods are being researched to tap into this. Experts explain how cars can communicate with roads, traffic signals and central computers, and how roads themselves may collect data on the cars they carry. In the future, autonomous cars may use these links to greatly speed travel and make it much safer.

Host: Reed Pence. **Guests:** Andrew Bremer, Managing Director of Local Affairs, Drive Ohio; Tim Sylvester, Founder and CEO, Integrated Roadways Co.

Compliance issues covered: technology; traffic safety; public safety and police; economics

Links for more information: [https://smartregionsconference2018.sched.com/speaker/andrew_bremer.1vltrq28:](https://smartregionsconference2018.sched.com/speaker/andrew_bremer.1vltrq28;)
<http://integratedroadways.com/#Team>

16:00 **SEGMENT 2: EPILEPSY**
MYTHS6:53

Synopsis: Epilepsy affects 3.5 million Americans, yet stigma prevents many from speaking out, which in turn prolongs the stigma. An award-winning writer who has epilepsy describes the discrimination faced by people with seizure disorders and dispels the many myths many people hold about them.

Host: Nancy Benson. **Guest:** Kurt Eichenwald, author, *A Mind Unraveled*

Compliance issues covered: health care; disabilities; discrimination

Links for more information: <https://www.nytimes.com/2018/10/15/books/review/kurt-eichenwald-mind-unraveled.html>