

Peaceful Means, a musical collaboration between Leah Boyd and Heather Pierson, will offer a workshop at the UU Church of Brunswick on Saturday, March 16th. The workshop's goal is to foster better communication across all generations. Through a combination of exercises for all ages, including games and music, attendees will learn practical tools for Nonviolent Communication and community building. Whether you're a parent striving to better connect with your teenager, a manager seeking to foster a more collaborative work environment, or a community leader working towards collective understanding, this workshop will offer you something useful.

Light snacks and refreshments will be available throughout the session. Pre-registration is required.

FMI: email Shirley at the address: administrator at u-u-brunswick dot org

Again, that's Saturday, March 16th; FMI administrator at u-u-brunswick dot org

This has been a Public Service Announcement from Heritage Radio Society and station WYAR-FM in Yarmouth.