#### July through September 2015

Date and Time	Program	Talent	Description
2015-07-01 01:30*	Ultimate Prescription	James Marcum & Charles	James Marcum and Charles Mills discuss as
2015-07-01 02:00!	Celebrating Life in	Mills Cheri Peters *, Ralph	a person thinketh. Cheri Peters and Ralph Sanchez discuss air.
	Recovery	Sanchez	
2015-07-01 06:00*	Body and Spirit	Brittany Nunez , Christy Soderling , Dick Nunez	Dick Nunez and helpers demonstrate simple home exercises to keep you in betteer health with proper posture.
2015-07-01 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis and Paula Eakins talk about problems with Poultry.
2015-07-01 14:00*	Action 4 Life	Casio Jones *, Dan Summers	Casio Jones and Dan Summers demonstrate exercise techniques.
2015-07-02 03:00!	Up Close		Marti Jones talks about dealing with death.
2015-07-02 06:00*	Body and Spirit Aerobics	Dick Nunez *, Jonathon Hopkins and Megan Frasier	Dick Nunez with Jonathon Hopkins and Megan Frasier discusses attitude and demonstrates fitness exercises.
2015-07-02 10:00*	Wonderfully Made	George Guthrie , Tim Arnott	George Guthrie and Tim Amott discuss health issues centering around the effects of Cholesterol.
2015-07-02 11:00!	Celebrating Life in Recovery	Cheri Peters *, Ralph Sanchez	Cheri Peters and Ralph Sanchez discuss air.
2015-07-02 12:00*	•	James Marcum & Charles Mills	James Marcum and Charles Mills discuss as a person thinketh.
2015-07-02 13:30*	Let's Cook Together	Jill Morikone *, Kyong Weathersby	Jill Morikone and Kyong Weathersby prepare some Taste of Heaven patties.
2015-07-02 14:00*	Body and Spirit (New)	Andi Hunsaker *, Lyndi Schwartz , Nancy Diaz	Andi Hunsaker, Lyndi Schwartz, and Nancy Diaz discuss waving with confidence.
2015-07-03 06:00*	Body and Spirit	Dick Nunez , Jason Maxwell , William Brauer	
2015-07-03 10:00*	Health for a Lifetime	Don Mckintosh *, Jennifer Jill Schwirzer	Don Mckintosh and Jennifer Jill Schwirzer discuss basics of helping.
2015-07-03 14:00*	Action 4 Life	Casio Jones *, Tom Mann	Casio Jones with Tom Mann discuss
2015-07-05 03:30*	Help Yourself to Health	Agatha Thrash *, Calvin Thrash , Don Miller , Rhonda Clark	Dr. Agatha Thrash with Don Miller and Rhonda Clark discuss the use of Home Remedies. Part 1.
2015-07-05 06:00*	Body and Spirit Aerobics		Dick Nunez, Brittany Nunez, and Daniel Hopkins discuss diet for a new economy.
2015-07-05 14:00*	Body and Spirit (New)	Lyndi Schwartz *, Nancy Diaz , Tami Bivens	Lyndi Schwartz, Nancy Diaz, and Tami Bivens discuss the core of the matter.
2015-07-06 01:00!	Celebrating Life in Recovery	Cheri Peters *, Tracy Hammond	Cheri Peters and Tracy Hammond discuss temperance.
2015-07-06 05:30*	Wonderfully Made	George Guthrie , Tim Arnott	•
2015-07-06 06:00*	Body and Spirit	Dick Nunez , Jason Maxwell , William Brauer	Dick Nunez with Johnathon Hopkins and Leif Sjoren discuss and demonstrate how to preclude heart disease through proper exercise.

#### July through September 2015

Date and Time	Program	Talent	Description
2015-07-06 07:30*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss beach treatment.
2015-07-06 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis and Paula Eakins discuss debriefing the beef.
2015-07-06 14:00*	Action 4 Life	Casio Jones *, Kevin Tom	Casio Jones and Kevin Tom discuss exercise by cycling.
2015-07-07 06:00*	Body and Spirit Aerobics	Dick Nunez *, Brittany Nunez , Zak Oberholster	Dick Nunez, Brittany Nunez and Zak Oberholster demonstrate aerobic exercise.
2015-07-07 10:00*	Help Yourself to Health	Agatha Thrash *, Calvin Thrash , Don Miller , Rhonda Clark	Dr. Agatha Thrash with Don Miller and Rhonda Clark discuss the use of Home Remedies. Part 1.
2015-07-07 13:30*	Let's Cook Together	Jill Morikone , Ozella Head	Jill Morikone and Ozella Head discuss and demonstrate preparing Breakfast on the Go.
2015-07-07 14:00*	Body and Spirit (New)	Andi Hunsaker *, Lyndi Schwartz , Nancy Diaz	Andi Hunsaker, Lyndi Schwartz, and Nancy Diaz discuss quick start cardio.
2015-07-08 01:30*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss beach treatment.
2015-07-08 02:00!	Celebrating Life in Recovery	Cheri Peters *, Tracy Hammond	Cheri Peters and Tracy Hammond discuss temperance.
2015-07-08 06:00*	Body and Spirit	Andrew Hard , Dick Nunez , Rick Nunez	Dick Nunez and helpers demonstrate simple home exercises for whell chair bound people.
2015-07-08 13:00*	Issues and Answers	Shelley Quinn *, Randy J. Siebold	Shelley Quinn and Randy J. Siebold discuss the problem with education.
2015-07-08 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis and Paula Eakins talk about the benefits of squash.
2015-07-08 14:00*	Action 4 Life	Casio Jones *, Galen Comstock	Casio Jones with Galen Comstock discuss the effects of sugar on the body.
2015-07-09 03:00!	Up Close	Shelley Quinn *, 01. Cheri Peters , 02. Amanda Hultz , 03. Hilary Washington	Cheri Peters provides serious and direct talk about escaping Drug and Alcohol Addictions.
2015-07-09 04:30*	Issues and Answers	Shelley Quinn *, Randy J. Siebold	Shelley Quinn and Randy J. Siebold discuss the problem with education.
2015-07-09 06:00*	Body and Spirit Aerobics		Dick Nunez, Corrie Sample, and Zak Oberholster discuss the benefits of a vegetarian diet.
2015-07-09 10:00*	Wonderfully Made	George Guthrie , Tim Arnott	For your health, George Guthrie and Tim Arnott discuss plant foods.
2015-07-09 11:00!	Celebrating Life in Recovery	Cheri Peters *, Tracy Hammond	Cheri Peters and Tracy Hammond discuss temperance.
2015-07-09 12:00*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss beach treatment.
2015-07-09 13:30*	Let's Cook Together		Jill Morikone and Ozella Head demonstrate preparing a simple family dinner.
2015-07-09 14:00*	Body and Spirit (New)	Lyndi Schwartz M.D. *, Andi Hunsaker M.D. , Lauren Rittenhouse	Lyndi Schwartz M.D., Andi Hunsaker M.D., Lauren Rittenhouse show how to prepare for safe hiking.
2015-07-10 06:00*	Body and Spirit	Brittany Nunez , Chirsty Soderling , Dick Nunez	Dick Nunez and helpers demonstrate simple home exercises especially for women.
2015-07-10 10:00*	Health for a Lifetime	Don Mckintosh *, Fraser Gary	Don Mckintosh and Fraser Gary discuss adventist health study 2.

#### July through September 2015

Date and Time	Program	Talent	Description
2015-07-10 14:00*	Action 4 Life	Casio Jones *, Sarah Behn	Casio Jones with Sarah Behn talk about
0015 07 10 00 00+			Juice and health.
2015-07-12 03:30*	Help Yourself to Health	•	Dr. Agatha Thrash with Don Miller and
		, Rhonda Clark	Rhonda Clark discuss the use of Home Remedies. Part 2.
2015-07-12 06:00*	Body and Spirit Aerobics	Dick Nunez * Brittany	Dick Nunez, Brittany Nunez and Zak
2010 07 12 00.00	body and opinit Acrobics	Nunez , Corrie Sample	Oberholster demonstrate exercise for
		, , , , , , , , , , , , , , , , , , , ,	women.
2015-07-12 14:00*	Body and Spirit (New)	Andi Hunsaker M.D. *,	Andi Hunsaker, Lauren Rittenhouse, and
		Lauren Rittenhouse , Lyndi	Lyndi Schwartz show how to run with
		Schwartz M.D.	endurance.
2015-07-13 01:00!	<u> </u>	Cheri Peters *, Wayne	Cheri Peters and Wayne Blakely discuss
0015 07 10 05:00*	Recovery	Blakely	integrity.
2015-07-13 05:30*	Wonderfully Made	George Guthrie , Tim Arnott	For your health, George Guthrie and Tim Arnott discuss plant foods.
2015-07-13 06:00*	Body and Spirit	Brittany Nunez , Chirsty	Dick Nunez with helpers shows compression
3.2.2		Sodering , Dick Nunez	exercises to help with osteoporosis
2015-07-13 07:30*	Ultimate Prescription	James Marcum & Charles	James Marcum and Charles Mills discuss
		Mills	looking at the evidence.
2015-07-13 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis and Paula Eakins talk about Breast
0045 07 40 44.00*	Antino Alifa	Ossis James * Dawn Bardas	Cancer
2015-07-13 14:00*	Action 4 Life	& Dora Bayles	Casio Jones with Barry and Dora Bayles demonstrate and discuss Pilates exercises.
2015-07-13 19:00!	Celebrating Life in	Cheri Peters *, Wayne	Cheri Peters and Wayne Blakely discuss
	Recovery	Blakely	integrity.
2015-07-14 06:00*	Body and Spirit Aerobics	Dick Nunez *, Frances	Dick Nunez with Frances Clark demonstrate
		Clark	upper body aerobics.
2015-07-14 10:00*	Help Yourself to Health	=	
		, Rhonda Clark	
2015-07-14 13:30*	Let's Cook Together	Jill Morikone *. Ozella Head	
2010 07 11 10.00	Loto Cook Togotho.	om mormone , ozona ricaa	
2015-07-14 14:00*	Body and Spirit (New)	Lyndi Schwartz M.D. *, Andi	Lyndi Schwartz M.D., Andi Hunsaker M.D.,
		Hunsaker M.D., Lauren	and Lauren Rittenhouse show stepping
			excercises for osteoporosis.
2015-07-15 01:30*	Ultimate Prescription		
2015-07-15 02:001	Calabratina Life in		•
2010-07-10 02.00!	<u>-</u>		
2015-07-15 06:00*			- ·
		Madison Turner	
			limber.\
2015-07-15 13:00*	Issues and Answers	Shelley Quinn *, Randy J.	Shelley Quinn and Randy J. Siebold discuss
		Siebold	the history of education & a need for reform.
2015-07-15 13:30*	Abundant Living	Curtis & Paula Eakins	<del>_</del>
2015-07-15 14:00*	Action 4 Life	Casio longs * Galon	
2013-07-13 14.00	ACTION 4 LINE		
2015-07-14 13:30* 2015-07-14 14:00* 2015-07-15 01:30* 2015-07-15 02:00! 2015-07-15 06:00*	Ultimate Prescription  Celebrating Life in Recovery Body and Spirit  Issues and Answers  Abundant Living	Agatha Thrash *, Don Miller , Rhonda Clark  Jill Morikone *, Ozella Head  Lyndi Schwartz M.D. *, Andi Hunsaker M.D. , Lauren Rittenhouse James Marcum & Charles Mills Cheri Peters *, Wayne Blakely Dick Nunez , Kim Rogers , Madison Turner  Shelley Quinn *, Randy J.	Dr. Agatha Thrash with Don Miller and Rhonda Clark discuss the use of Home Remedies. Part 2.  Jill Morikone and Ozella Head demonstrate preparing a simple Fish dinner.  Lyndi Schwartz M.D., Andi Hunsaker M.D., and Lauren Rittenhouse show stepping excercises for osteoporosis.  James Marcum and Charles Mills discuss looking at the evidence.  Cheri Peters and Wayne Blakely discuss integrity.  Dick Nunez and helpers demonstrate simple home exercises to keep arthritis sufferers limber.\  Shelley Quinn and Randy J. Siebold discuss

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Date and Time	Program	Talent	Description
2015-07-16 03:00!	Up Close	Shelley Quinn *, 01. Sandy	Dr. Neil Nedley offers serious and helpful
		Williams , 02. Neil Nedley	ideas about dealing with depression.
		MD , 03. Colleen Harrell	
2015-07-16 04:30*	Issues and Answers	Shelley Quinn *, Randy J.	Shelley Quinn and Randy J. Siebold discuss
0045 07 40 00.00*	Dealer and Onivit Associate	Siebold	the history of education & a need for reform.
2015-07-16 06:00	Body and Spirit Aerobics	Hopkins , Zak Oberholster	Dick Nunez, Daniel Hopkins, and Zak Oberholster discuss super foods.
2015-07-16 09:001	Stop-Smoking Clinic	Dr. Arthur Weaver	Dr. Arthur Weaver discusses stop smoking
2010 07 10 00.00:	Otop Officking Office	Dr. Attial Weaver	clinic.
2015-07-16 10:00*	Wonderfully Made	George Guthrie , Tim Arnott	
	•		importance of and cautions of common
			drinking water.
2015-07-16 11:00!	_	Cheri Peters *, Wayne	Cheri Peters and Wayne Blakely discuss
0015 07 10 10 00*	Recovery	Blakely	integrity.
2015-07-16 12:00*	Ultimate Prescription	James Marcum & Charles	James Marcum and Charles Mills discuss
2015-07-16 12:20*	Let's Cook Together	Mills Jill Morikone *, Ozella Head	looking at the evidence.  Jill Morikone and Ozella Head demonstrate
2013-07-10 13.30	Let's Cook Together	Jili Workone , Ozelia nead	preparing a Barbecue-style picnic lunch
2015-07-16 14:00*	Body and Spirit (New)	Lyndi Schwartz M.D. *, Andi	Lyndi Schwartz M.D., Andi Hunsaker M.D.,
	, , , , , , , , , , , , , , , , , , , ,	Hunsaker M.D., Lauren	and Lauren Rittenhouse show areobic
		Rittenhouse	excercises than can be done in the home.
2015-07-17 06:00*	Body and Spirit	Dick Nunez , Kim Rogers ,	Dick Nunez with Kim Rogers and Madison
		Madison Turner	Turner demonstrate exercise routines to
0015 07 17 10:00*	Llaalth fay a l ifatima	Day Makintaah * France	combat hypertension.
2015-07-17 10.00	Health for a Lifetime	Don Mckintosh *, Fraser Gary	Don Mckintosh and Fraser Gary discuss adventist health study 2-the great opportunity.
		dary	advertist fleatiff study 2-the great opportunity.
2015-07-17 14:00*	Action 4 Life	Casio Jones *, Nadezda	Casio Jones with Nadezda Stortz
		Stotz	demonstrate and discuss Pilates exercises.
			(Part 2.)
2015-07-19 03:30*	Help Yourself to Health		Dr. Agatha Thrash with Don Miller and
		, Rhonda Clark	Rhonda Clark discuss the use of Home Remedies. Part 3.
2015-07-19 06:00*	Body and Spirit Aerobics	Dick Nunez * Daniel	Dick Nunez with Daniel Hopkins demonstrate
2510 07 10 00.00	200) and opinit horobios	Hopkins	high intensity exercises.
2015-07-19 14:00*	Body and Spirit (New)	Andi Hunsaker M.D. *,	Andi Hunsaker M.D., Lauren Rittenhouse and
	- , ,	Lauren Rittenhouse , Lyndi	Lyndi Schwartz discuss the joy of
		Schwartz	excercising.
2015-07-20 01:00!	_	Cheri Peters *, Adam	Cheri Peters and Adam Schutte discuss
0015 07 00 05:00*	Recovery Wandarfully Mada	Schutte	optimism.
2015-07-20 05:30*	Wonderfully Made	George Guthrie , Tim Arnott	George Guthrie and Tim Arnott discuss the importance of and cautions of common
			drinking water.
2015-07-20 06:00*	Body and Spirit	Dick Nunez , Kim Rogers ,	Dick Nunez with Kim Rogers and Madison
	, I	Madison Turner	Turner demonstrate exercise routines for
			strength training for girls.
2015-07-20 07:30*	Ultimate Prescription	James Marcum & Charles	James Marcum and Charles Mills discuss
		Mills	water does a body good.
2015-07-20 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis and Paula Eakins discuss cooking on
			a budget.

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Date and Time	Program	Talent	Description
2015-07-20 14:00*	Action 4 Life	Casio Jones *, Monique Anderson	Casio Jones and Monique Anderson discuss Florida wellness center.
2015-07-20 19:00!	Celebrating Life in Recovery	Cheri Peters *, Adam Schutte	Cheri Peters and Adam Schutte discuss optimism.
2015-07-21 06:00*	Body and Spirit Aerobics		Dick Nunez, Brittany Nunez, and Corrie Sample demonstrate exercise to reduce pain
2015-07-21 10:00*	Help Yourself to Health	·	from Fibromyalgia. Dr. Agatha Thrash with Don Miller and Rhonda Clark discuss the use of Home Remedies. Part 3.
2015-07-21 13:30*	Let's Cook Together	Jill Morikone *, Ozella Head	
2015-07-21 14:00*	Body and Spirit (New)	Jeanie Weaver *, Terrence Marshall , Tim Tiernan	Jeanie Weaver, Terrence Marshall, and Tim Tiernan show exercises to help with aching knees.
2015-07-22 01:30*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss water does a body good.
2015-07-22 02:00!	Celebrating Life in Recovery	Cheri Peters *, Adam Schutte	Cheri Peters and Adam Schutte discuss optimism.
2015-07-22 06:00*	Body and Spirit	Brittany Nunez , Dick Nunez , Madison Turner	Dick Nunez with Brittany Nunez, Dick Nunez, and Jason Maxwell demonstrate exercise routines for cross-training. Part 1.
2015-07-22 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis and Paula Eakins discuss cause for the pause.
2015-07-22 14:00*	Action 4 Life	Casio Jones *, Marcie English	Casio Jones with Marcie English discuss running benefits.
2015-07-23 03:00!	Up Close	Kay Kuzma *, 01. Donna Teat , 02. Cassandra Thomson	Donna Teat discusses issues of teenage pregancy.
2015-07-23 06:00*	Body and Spirit Aerobics		Dick Nunez with Larry Mc Lucas demonstrate exercise to strengthen the hips.
2015-07-23 09:00!	Stop-Smoking Clinic	Dr. Arthur Weaver	Dr. Arthur Weaver discusses stop smoking clinic.
2015-07-23 10:00*	Wonderfully Made	George Guthrie , Tim Arnott	George Guthrie and Tim Arnott discuss the benefits and side effects of sun exposure.
2015-07-23 11:00!	Celebrating Life in Recovery	Cheri Peters *, Adam Schutte	Cheri Peters and Adam Schutte discuss optimism.
2015-07-23 12:00*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss water does a body good.
2015-07-23 13:30*	Let's Cook Together	Jill Morikone , Ozella Head	Jill Morikone and OzellaHead make up some dairy-free deserts and cheeses.
2015-07-23 14:00*	Body and Spirit (New)	Jeanie Weaver *, Frances Czeizinger , Tim Tiernan	Jeanie Weaver, Frances Czeizinger, Tim Tiernan show exercises to help an aching back.
2015-07-24 06:00*	Body and Spirit	Andrew Hard , Dick Nunez , Madison Turner	Dick Nunez with Andrew Hard, Madison Turner, and Dick Nunez demonstrate exercise routines to help with shoulder
2015-07-24 10:00*	Health for a Lifetime	Don Mackintosh *, Victor E. Herry	•

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Date and Time	Program	Talent	Description
2015-07-24 14:00*	Action 4 Life	Casio Jones *, Nadine Brooks	Casio Jones and Nadezda Stortz discuss reducing body fat sensibly and demonstrate excercises
2015-07-26 03:30*	Help Yourself to Health	Agatha Thrash *, Calvin Thrash , Don Miller , Rhonda clark	Dr. Agatha Thrash with Don Miller and Rhonda Clark discuss the use of Home Remedies. Part 4.
2015-07-26 06:00*	Body and Spirit Aerobics	Dick Nunez *, Brittany Nunez , Corrie Sample	Dick Nunez, Brittany Nunez, and Corrie Sample demonstrate exercises to help strenghten your bones.
2015-07-26 14:00*	Body and Spirit (New)	Jeanie Weaver *, Abigail Czeizinger , Tim Tiernan	Jeanie Weaver, Abigail Czeizinger, Tim Tiernan show exercises to help Strengthen your back.
2015-07-27 01:00!	Celebrating Life in Recovery	Cheri Peters *, Jim Attikson	Cheri Peters and Jim Attikson discuss nutrition.
2015-07-27 05:30*	Wonderfully Made	George Guthrie , Tim Arnott	George Guthrie and Tim Arnott discuss the benefits and side effects of sun exposure.
2015-07-27 06:00*	Body and Spirit	Christy Soderling , Dick Nunez , Rick Nunez	Dick Nunez with Christy Soderling and Rick Nunez demonstrate exercise routines to help with ankle injuries.
2015-07-27 07:30*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss is it edison's fault?.
2015-07-27 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis and Paula Eakins talk about diets that prevent Power Surges during the day.
2015-07-27 14:00*	Action 4 Life	Casio Jones *, Idalia Dinzey	Casio Jones and Idalia Dinzey discuss the options of bicycles
2015-07-27 19:00!	Celebrating Life in Recovery	Cheri Peters *, Jim Attikson	Cheri Peters and Jim Attikson discuss nutrition.
2015-07-28 06:00*	Body and Spirit Aerobics	Dick Nunez *, Brittany Nunez , Corrie Sample	Dick Nunez, Brittany Nunez, and Corrie Sample discuss the effects of eating disorders.
2015-07-28 10:00*	Help Yourself to Health	Agatha Thrash *, Calvin Thrash , Don Miller , Rhonda clark	Dr. Agatha Thrash with Don Miller and Rhonda Clark discuss the use of Home Remedies. Part 4.
2015-07-28 13:30*	Let's Cook Together	Jill Morikone *, Marie McCalla	Jill Morikone and Marie McCalla show how to prepare a Mediterranean style lunch.
2015-07-28 14:00*	Body and Spirit (New)	Jeanie Weaver *, Abigail Czeizinger , Frances Clark	Jeanie Weaver, Abigail Czeizinger, Frances Clark show exercises to help aching shoulders.
2015-07-29 01:30*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss is it edison's fault?.
2015-07-29 02:00!	Celebrating Life in Recovery	Cheri Peters *, Jim Attikson	Cheri Peters and Jim Attikson discuss nutrition.
2015-07-29 06:00*	Body and Spirit	Dick Nunez , Kim Rogers , William Brauer	Dick Nunez with Kim Rogers and William Brauer demonstrate exercise routines to combat neck pain.
2015-07-29 13:00*	Issues and Answers	Shelley Quinn *, Randy J. Siebold	Shelley Quinn and Randy J. Siebold discuss changing your school.
2015-07-29 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis & Paula Eakins talk about Indian Cuisine.

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Date and Time	Program	Talent	Description
2015-07-29 14:00*	Action 4 Life	Casio Jones *, Nadine	Casio Jones with Nadine Brooks discuss
		Brooks	running benefits.
2015-07-30 03:00!	Up Close	01. Kay Rizzo , 02.	Kay Rizzo offers a special disscussion for the
		Alexandra Vance, Shelley	distressed. Is suicide really a way out?
0015 07 00 04:00*	Jacobs and Americans	Quinn	Challey Oving and Dandy I Cichald discuss
2015-07-30 04:30*	Issues and Answers	Shelley Quinn *, Randy J. Siebold	Shelley Quinn and Randy J. Siebold discuss changing your school.
2015-07-30 06:00*	Body and Spirit Aerobics		Dick Nunez, Brittany Nunez, and Zak
2010 07 00 00.00	Body and opinit Morobios	Nunez , Zak Oberholster	Oberholster demonstrate exercise to
		,	increase fat metabolism.
2015-07-30 09:00!	Stop-Smoking Clinic	Dr. Arthur Weaver	Dr. Arthur Weaver discusses stop smoking
			clinic.
2015-07-30 10:00*	Wonderfully Made	George Guthrie , Tim Arnott	•
			homocysteine.
2015-07-30 11:00!	<u> </u>	Cheri Peters *, Jim Attikson	Cheri Peters and Jim Attikson discuss
0015 07 00 10:00*	Recovery	James Mayayya & Chaylas	nutrition.
2015-07-30 12:00*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss is it edison's fault?.
2015-07-30 13:30*	Let's Cook Together	Jill Morikone *, Marie	Jill Morikone and Marie McCalla show how to
2013-07-30 13.30	Let's Gook Together	McCalla	prepare a pocket surprise luncheon.
2015-07-30 14:00*	Body and Spirit (New)	Jeanie Weaver *, Pam	Jeanie Weaver, Pam Turner, and Summer
	,	Turner , Summer Boyd	Boyd show several exercises that should be
		•	done daily.
2015-07-31 06:00*	Body and Spirit	•	Dick Nunez with Brittany Nunez, Dick Nunez,
		, Jason Maxwell	and Jason Maxwell demonstrate exercise
0015 07 01 10 00*		D M 111 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	routines for cross-training. Part 2.
2015-07-31 10:00 <sup>^</sup>	Health for a Lifetime	Don Mackintosh *, Victor E.	
2015-07-31 14:00*	Action 4 Life	Herry Casio Jones *, Dan "Curly"	sweet blood. Casio Jones and Dan "Curly" Summers
2013-07-31 14.00	Action 4 Life	Summers	discuss Florida hospital massage therapy.
2015-08-02 03:30*	Help Yourself to Health		Dr. Agatha Thrash withDon Miller and
	р	, Rhonda Clark	Rhonda Clark discuss the use of Home
			Remedies. Part 5.
2015-08-02 06:00*	<b>Body and Spirit Aerobics</b>		Dick Nunez, Corrie Sample, and Daniel
		Sample , Daniel Hopkins	Hopkins discuss the benefits of outdoor
			activities.
2015-08-02 14:00*	Body and Spirit (New)		Jeanie Weaver, LaDonna Terrill, and Tim
		Terrill , Tim Tiernan	Tiernan show how to do strenght training exercises.
2015-08-03 01:00!	Celebrating Life in	Cheri Peters * Fran McKain	Cheri Peters and Fran McKain discuss social
2013-00-03 01.00:	Recovery	Onem eters , man workam	support.
2015-08-03 05:30*	Wonderfully Made	George Guthrie . Tim Arnott	George Guthrie and Tim Arnott discuss
	,,		homocysteine.
2015-08-03 06:00*	Body and Spirit	Dick Nunez , Rick Nunez ,	Dick Nunez with Rick Nunez and William
		William Brauer	Brauer demonstrate exercise routines to
			combat stress.
2015-08-03 07:30*	Ultimate Prescription	James Marcum & Charles	James Marcum and Charles Mills discuss
00/5 00 00 00	A1 1 2 2 2 2 2 2	Mills	smoking and freedom.
2015-08-03 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis & Paula Eakins talk about controlling
			high blood pressure.

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Date and Time	Program	Talent	Description
2015-08-03 14:00*	Action 4 Life	Casio Jones *, Marcie English	Casio Jones with Marcie English discuss Kayaking .
2015-08-03 19:00!	Celebrating Life in Recovery	<u> </u>	Cheri Peters and Fran McKain discuss social support.
2015-08-04 06:00*	Body and Spirit Aerobics		Dick Nunez with Chuck Algaier demonstrate
2015-08-04 10:00*	Help Yourself to Health	Algaier Agatha Thrash *, Don Miller , Rhonda Clark	knee strenghtening exercises. Dr. Agatha Thrash withDon Miller and Rhonda Clark discuss the use of Home Remedies. Part 5.
2015-08-04 13:30*	Let's Cook Together	Jill Morikone *, Marie McCalla	Jill Morikone and Marie McCalla discuss italian twist.
2015-08-04 14:00*	Body and Spirit (New)	Jeanie Weaver *, Teresa Bonilla , Tim Tiernan	Jeanie Weaver, Teresa Bonilla, and Tim Tiernan show exercises to help control your waisline.
2015-08-05 01:30*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss smoking and freedom.
2015-08-05 02:00!	Celebrating Life in Recovery		Cheri Peters and Fran McKain discuss social support.
2015-08-05 06:00*	Body and Spirit	Dick Nunez , Rick Nunez , William Brauer	Dick Nunez with William Brauer and Rick Nunez demonstrate exercise routines to help with joint injuries.
2015-08-05 13:00*	Issues and Answers	Shelley Quinn *, Janice Browne	Shelley Quinn and Janice Browne discuss decluttering your life.
2015-08-05 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis and Paula Eakins talk about some ideas for controlling cholesterol.
2015-08-05 14:00*	Action 4 Life	Casio Jones *, Nadine Brooks	Casio Jones with Nadine Brooks discuss exercise to improve balance.
2015-08-06 03:00!	Up Close	Don Mackintosh *, 01. Kelly Dulac , 02. Dr. Neil Nedley , 03. Zulan Collis	Kelly Dulac and Neil Nedley discuss the process of change in one's life.
2015-08-06 04:30*	Issues and Answers	Shelley Quinn *, Janice Browne	Shelley Quinn and Janice Browne discuss decluttering your life.
2015-08-06 06:00*	Body and Spirit Aerobics		Dick Nunez, Daniel Hopkins, and Zak Oberholster demonstrate men's exercises.
2015-08-06 09:00!	Stop-Smoking Clinic	Dr. Arthur Weaver	Dr. Arthur Weaver discusses stop smoking clinic.
2015-08-06 10:00*	Wonderfully Made	George Guthrie , Tim Arnott	George Guthrie and Tim Armott review diet and how it affects your health.
2015-08-06 11:00!	Celebrating Life in Recovery	Cheri Peters *, Fran McKain	Cheri Peters and Fran McKain discuss social support.
2015-08-06 12:00*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss smoking and freedom.
2015-08-06 13:30*	Let's Cook Together	Jill Morikone *, Marie McCalla	Jill Morikone and Marie McCalla discuss ethnic variations.
2015-08-06 14:00*	Body and Spirit (New)	Jeanie Weaver *, Tim	Jeanie Weaver, Tim Tiernan, and Wendy
2015-08-07 06:00*	Body and Spirit	Tiernan , Wendy Mitchell Dick Nunez , Rick Nunez , William Brauer	Mitchell show exercises to help aching feet. Dick Nunez with Rick Nunez and William Brauer demonstrate exercise routines for circuit training.

#### July through September 2015

Date and Time	Program	Talent	Description
2015-08-07 10:00*	Health for a Lifetime	Don Mackintosh *, Victor E.	Don Mackintosh and Victor E. Herry discuss
		Herry	bright colors & your health.
2015-08-07 14:00*	Action 4 Life	Casio Jones *, Frances	Casio Jones and Frances Czeizinger
		Czeizinger	demonstrate exercise techniques.
2015-08-09 03:30*	Help Yourself to Health	Agatha Thrash *, , ,	Dr. Agatha Thrash with Rhonda Clark talk
0045 00 00 00 00 00*	Dady and Onivit Asyabias	Rhonda Clark	about Dermatology. Part 1.
2015-08-09 06:00*	Body and Spirit Aerobics	Dick Nunez *, Kalie O'Brien	Dick Nunez, Kalie O'Brien, and Zak Oberholster discuss recreational activities.
2015-08-09 14:00*	Body and Spirit (New)	, Zak Oberholster Jeanie Weaver *, Ralph	Jeanie Weaver, Ralph Sanchez, and Tim
2013-00-09 14.00	body and Spirit (New)	Sanchez, Tim Tiernan	Tiernan show how the exercise for wellness.
2015-08-10 01:00!	Celebrating Life in	•	Cheri Peters and Nyse Collins discuss the
2010 00 10 01.00.	Recovery	Chart store , riyos comino	healthy value of food.
2015-08-10 05:30*	Wonderfully Made	George Guthrie , Tim Arnott	•
	,	oncongo ordinino, i i i i i i i i i i i i i i i i i i i	and how it affects your health.
2015-08-10 06:00*	Body and Spirit	Andrew Hard, Dick Nunez,	Dick Nunez with Andrew Hard and Jason
	, .	Jason Maxwell	Maxwell discuss the brain's frontal lobe.
2015-08-10 07:30*	Ultimate Prescription	James Marcum & Charles	James Marcum and Charles Mills discuss
		Mills	foot archery.
2015-08-10 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis & Paula Eakins talk about some ideas
			for controlling artery plaque.
2015-08-10 14:00*	Action 4 Life	Casio Jones *, Dee	Casio Jones and Dee Hilderbrand
0045 00 40 40 001	Outstanding Life in	Hilderbrand	demonstrate exercise techniques.
2015-08-10 19:00!	_	Cheri Peters *, Nyse Collins	· · · · · · · · · · · · · · · · · · ·
2015-08-11 06:00*	Recovery Body and Spirit Aerobics	Dick Nunez * Daniel	healthy value of food.  Dick Nunez, Daniel Hopkins, and Rabecca
2013-00-11 00.00	body and Spirit Aerobics		Lovelace discuss depression.
2015-08-11 10:00*	Help Yourself to Health	Agatha Thrash *, , ,	Dr. Agatha Thrash with Rhonda Clark talk
2013-00-11 10.00	rieip rouiseii to rieaitii	Rhonda Clark	about Dermatology. Part 1.
2015-08-11 13:30*	Let's Cook Together	Jill Morikone *, Marie	Jill Morikone and Marie McCalla show how to
		McCalla	prepare some sweet treats with a twist.
2015-08-11 14:00*	Body and Spirit (New)	Jeanie Weaver *, Lynette	Jeanie Weaver, Lynette Jaque, and Wendy
		Jaque , Wendy Mitchell	Mitchell show exercises to help overcome
			osteoarthritis.
2015-08-12 01:30*	Ultimate Prescription	James Marcum & Charles	James Marcum and Charles Mills discuss
		Mills	foot archery.
2015-08-12 02:00!		Cheri Peters *, Nyse Collins	Cheri Peters and Nyse Collins discuss the
0015 00 10 06:00*	Recovery	Andrew Hord Diek Nunez	healthy value of food.
2015-08-12 06:00*	Body and Spirit	Andrew Hard , Dick Nunez , Jason Maxwell	Dick Nunez, with helpers, demonstrate beginning exercises.
2015-08-12 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis & Paula Eakins talk about stroke
2013-00-12 13.30	Abundant Living	Outils & Faula Lakins	prevention.
2015-08-12 14:00*	Action 4 Life	Casio Jones *, Marcie	Casio Jones and Marcie English discuss
	7.00.0110	English	circuit / time in the gym.
2015-08-13 03:00!	Up Close	Shelley Quinn *, 01. Dr.	Shelly Quinn discuss facing the tough times.
	•	David Wilkins , 02. Jay	, , , , , , , , , , , , , , , , , , , ,
		Gallimore	
2015-08-13 06:00*	Body and Spirit Aerobics		Dick Nunez and Dick Hutchinson discuss
		Hutchinson	neck problems.
2015-08-13 09:00!	Stop-Smoking Clinic	Dr. Arthur Weaver	Dr. Arthur Weaver discusses stop smoking
			clinic.

#### July through September 2015

2015-08-13 10:00" Wonderfully Made 2015-08-13 11:001 Celebrating Life in Recovery 2015-08-13 11:001 Celebrating Life in Recovery 2015-08-13 12:00" Ultimate Prescription 2015-08-17 07:30" Vonderfully Made 2015-08-17 19:00 2015-08-18 18:30 2015-0	Date and Time	Program	Talent	Description
2015-08-13 11:001 Celebrating Life in Recovery 2015-08-13 12:00* Ultimate Prescription 2015-08-13 13:30* Let's Cook Together 2015-08-13 13:30* Let's Cook Together 2015-08-13 14:00* Body and Spirit (New) 2015-08-14 16:00* Body and Spirit 2015-08-14 10:00* Health for a Lifetime 2015-08-14 10:00* Health for a Lifetime 2015-08-14 10:00* Help Yourself to Health 2015-08-16 03:30* Help Yourself to Health 2015-08-16 06:00* Body and Spirit Aerobics 2015-08-17 01:00! Celebrating Life in Recovery 2015-08-17 01:00! Celebrating Life in Recovery 2015-08-17 13:30* Wonderfully Made 2015-08-17 13:30* Action 4 Life in Recovery 2015-08-18 10:30* Action	2015-08-13 10:00*	Wonderfully Made	George Guthrie , Tim Arnott	•
Recovery 2015-08-13 12:00* Ultimate Prescription Mills Marcum & Charles Mills Morikone *, Resa & Ozzie Oswald Jeanie Weaver *, Betsy Sajdak, and Donna Hall overviews.  2015-08-13 14:00* Body and Spirit (New) Jeanie Weaver *, Betsy Sajdak, and Donna Hall overviews.  2015-08-14 06:00* Body and Spirit Dick Nunez , Kim Rogers, Madison Turner  2015-08-14 10:00* Health for a Lifetime Hery Vourself to Health Agatha Thrash *, Calving Turner Donna Blanton  2015-08-16 06:00* Body and Spirit (New) Donna Blanton Recovery  2015-08-17 07:30* Wonderfully Made  2015-08-17 19:00! Celebrating Life in Recovery  2015-08-18 10:00* Body and Spirit Aerobics Steenson  2015-08-18 10:00* Body				<u>-</u>
2015-08-13 12:00* Ultimate Prescription Mills of Scuss Mills Mills of Scuss Mills Mills of Scuss Mills Mills of Scuss Mills Mi	2015-08-13 11:00!	<u> </u>	Cheri Peters *, Nyse Collins	
Mills   Goot archery,   Control   Goot archery,   Goot arche	2015-08-13 12:00*		James Marcum & Charles	
Ozzie Oswald   Deanie Waever *, Betsy   Sajdak, and Donna   Hall show how to do core strenthening exercises.   Dick Nunez, with helpers, demonstrate a workout for the office.   Don Mackintosh *, Victor E. Herry discuss at the help office.   Don Mackintosh *, Victor E. Herry discuss at the help office.   Don Mackintosh *, Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the help office.   Don Mackintosh and Victor E. Herry discuss at the				
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Sajdak , Donna Hall   Hall show how to do core strenthening exercises. Dick Nunez , Kim Rogers , Madison Turner   Dick Nunez , Kim Rogers , Madison Turner   Don Mackintosh *, Victor E   Herry discuss asthma.   Casio Jones *, Mindy Isaacs   Don Mackintosh and Victor E. Herry discuss asthma.   Casio Jones and Mindy Isaacs discuss full bases   Dick Nunez , Kim Rogers , Mindy Isaacs discuss full bases   Don Mackintosh and Victor E. Herry discuss asthma.   Casio Jones and Mindy Isaacs discuss full bases   Don Male Mindy Isaacs discuss full bases   Don Miller , Rhonda Clark   Don Miller and Rhonda Clark talk about Demandation   Don Male and Rhonda Clark talk about Demandation   Don Miller and Rhonda Clark talk about Demandation   Don Miller and Rhonda Clark talk about Demandation   Don Blanton   Don Miller and Rhonda Clark talk about Demandation   Don Blanton				
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2015-08-14 10:00*   Health for a Lifetime   Dick Nunez , Kim Rogers , Madison Turner   Don Mackintosh *, Victor E   Herry   Casio Jones *, Mindy   Isaacs   Madison Turner   Don Mackintosh and Victor E. Herry discuss asthma.   Casio Jones *, Mindy   Isaacs   Madison Turner   Don Mackintosh and Victor E. Herry discuss asthma.   Casio Jones and Mindy Isaacs discuss full body / abdominal workout.   Dr. Agatha Thrash, Dr. Calving Thrash with Don Miller and Rhonda Clark talk about Dermatology. Part 2.   Dick Nunez *, Corrie Sample*, Daniel Hopkins Sample*, Daniel Hopkins Sample*, Daniel Hopkins Sample*, Daniel Weaver *, Garland & Donna Blanton   Show how to do a spinal wrap that will help straighten your posture.   Cheri Peters *, Shannon Ethridge   Dick Nunez *, Kim Rogers *, Madison Turner   Dick Nunez *, Mindy Rogers *, Madison Turner   Dick Nunez *, Kim Rogers *,			Sajdak , Donna Hali	•
Madison Turner   Don Mackintosh *, Victor E.   Health for a Lifetime   Don Mackintosh *, Victor E.   Don Mackintosh and Victor E. Herry discuss asthma.	2015-08-14 06:00*	Body and Spirit	Dick Nunez . Kim Rogers .	
2015-08-14 14:00* Action 4 Life Casio Jones *, Mindy Isaacs discuss full body / abdominal workout.  2015-08-16 03:30* Help Yourself to Health Thrash , Don Miller , Rhonda Clark Dermatology. Part 2.  2015-08-16 06:00* Body and Spirit Aerobics Sample, Daniel Hopkins Jeanie Waever *, Garland & Dermatology. Part 2.  2015-08-16 14:00* Body and Spirit (New) Donna Blanton Show how to do a spinal wrap that will help straighten your posture.  2015-08-17 01:00! Celebrating Life in Recovery Ethridge Dick Nunez , Kim Rogers, Madison Turner Dick Nunez, Kim Rogers, Madison Turner Smills discusses Troiting Cancer Dick Nunez where ite truth?  2015-08-17 07:30* Ultimate Prescription Secure Dick Nunez Casio Jones *, Mindy Isaacs discuss protein.  2015-08-17 13:30* Abundant Living Curtis & Paula Eakins Sills discusses Triglycerides as well as demonstrates exercise routines for health. James Marcum and Charles Mills Giscuss protein.  2015-08-17 19:00! Celebrating Life in Recovery Ethridge Curtis & Paula Eakins Casio Jones and Mindy Isaacs discuss pure health gym.  2015-08-17 19:00! Celebrating Life in Recovery Ethridge Curtis & Paula Eakins Casio Jones and Mindy Isaacs discuss pure health gym.  2015-08-18 10:00* Body and Spirit Aerobics Dick Nunez *, Mollie Steenson Recovery Ethridge Dick Nunez and Moliel Eterson discuss plantar fasciitis.  2015-08-18 10:00* Help Yourself to Health Agatha Thrash *, Calving Thrash, Dr. Calving Thrash with Don Miller and Rhonda Clark talk about Dermatology. Part 2.  2015-08-18 13:30* Let's Cook Together Jili Morikone *, Resa & Jill Morikone with Resa and Ozzie Oswald	2010 00 11 00.00	Dody and opin		
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Thrash , Don Miller and Rhonda Clark talk about Dermatology. Part 2.  2015-08-16 06:00* Body and Spirit Aerobics Dick Nunez *, Corrie Sample, Daniel Hopkins Jeanie Weaver *, Garland & Donna Blanton Show how to do a spinal wrap that will help straighten your posture.  2015-08-17 01:00! Celebrating Life in Recovery Horderfully Made George Guthrie , Tim Arnott George Guthrie and Tim Armott discuss methods for avoiding Cancer Dick Nunez , Kim Rogers , Madison Turner Horder Show how to do a spinal wrap that will help straighten your posture.  2015-08-17 05:30* Wonderfully Made George Guthrie , Tim Arnott George Guthrie and Tim Armott discuss methods for avoiding Cancer Dick Nunez , Kim Rogers , Madison Turner Horder Show how to do a spinal wrap that will help straighten your posture.  2015-08-17 05:30* Wonderfully Made George Guthrie , Tim Arnott George Guthrie and Tim Armott discuss methods for avoiding Cancer Dick Nunez with Andrew Hard and Jason Maxwell discusses Triglycerides as well as demonstrates exercise routines for health. James Marcum and Charles Mills Wills Whelp States and Paula Eakins discuss Diabetes - An Epidemic.  2015-08-17 13:30* Abundant Living Curtis & Paula Eakins Curtis and Paula Eakins discuss Diabetes - An Epidemic.  2015-08-17 19:00! Celebrating Life in Recovery Ethridge Thriage States on Lifting Help States on Li	2015 00 16 02:20*	Holo Voursolf to Hoolth		•
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Sample , Daniel Hopkins   Jeanie Weaver , Garland & Jeanie Weaver, Garland & Donna Blanton Donna Blanton Donna Blanton   Show how to do a spinal wrap that will help straighten your posture.	2015-08-16 06:00*	Body and Spirit Aerobics		••
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2015-08-17 01:00! Celebrating Life in Recovery Ethridge Correge Guthrie , Tim Armott Correct Peters and Shannon Ethridge discuss the health and emotional value of sexual purity.  2015-08-17 05:30* Wonderfully Made George Guthrie , Tim Armott Correct Peters and Shannon Ethridge discuss the health and emotional value of sexual purity.  2015-08-17 06:00* Body and Spirit Dick Nunez , Kim Rogers , Madison Turner Dick Nunez with Andrew Hard and Jason Maxwell discusses Triglycerides as well as demonstrates exercise routines for health. James Marcum and Charles Mills discuss where's the truth?  2015-08-17 13:30* Abundant Living Curtis & Paula Eakins Curtis and Paula Eakins discuss Diabetes - An Epidemic.  2015-08-17 19:00! Celebrating Life in Recovery Ethridge Tetridge Cheri Peters *, Shannon Recovery Ethridge Dick Nunez *, Mollie Steenson Paula Eakins discuss pure health and emotional value of sexual purity.  2015-08-18 10:00* Help Yourself to Health Thrash , Don Miller , Rhonda Clark Let's Cook Together Jill Morikone *, Resa & Jill Morikone with Resa and Ozzie Oswald	2015-08-16 14:00*	Body and Spirit (New)		
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Recovery  Ethridge  the health and emotional value of sexual purity.  George Guthrie , Tim Arnott  George Guthrie and Tim Armott discuss methods for avoiding Cancer  Dick Nunez , Kim Rogers , Madison Turner  Dick Nunez , Kim Rogers , Maxwell discusses Triglycerides as well as demonstrates exercise routines for health.  Ultimate Prescription  James Marcum & Charles Mills  Ultimate Prescription  James Marcum & Charles Mills discuss where's the truth?.  Curtis & Paula Eakins  Curtis and Paula Eakins discuss Diabetes - An Epidemic.  Casio Jones *, Mindy Isaacs discuss pure health gym.  Casio Jones and Mindy Isaacs discuss pure health gym.  Cheri Peters *, Shannon  Recovery  Ethridge  Cheri Peters *, Mollie  Steenson  Agatha Thrash *, Calving  Thrash , Don Miller , Rhonda Clark  Dill Morikone *, Resa &  Jill Morikone with Resa and Ozzie Oswald	2015 00 17 01:001	Colobrating Life in	Chari Batara * Shannan	
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2015-08-17 05:30* Wonderfully Made  2015-08-17 06:00* Body and Spirit  2015-08-17 07:30* Ultimate Prescription  2015-08-17 13:30* Abundant Living  2015-08-17 14:00* Action 4 Life  2015-08-17 19:00! Celebrating Life in Recovery  2015-08-18 10:00* Body and Spirit Aerobics  2015-08-18 13:30* Let's Cook Together  2015-08-18 10:00* Lite And Spirit Aerobics Secure And Secure A		riodovory	Limago	
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Madison Turner  Maxwell discusses Triglycerides as well as demonstrates exercise routines for health.  2015-08-17 07:30* Ultimate Prescription  2015-08-17 13:30* Abundant Living  Curtis & Paula Eakins  Curtis and Paula Eakins discuss Diabetes - An Epidemic.  Curtis and Paula Eakins discuss Diabetes - An Epidemic.  Casio Jones *, Mindy Isaacs discuss pure health gym.  Celebrating Life in Recovery  Ethridge  Cheri Peters *, Shannon  Ethridge  Cheri Peters and Shannon Ethridge discuss the health and emotional value of sexual purity.  Dick Nunez and Mollie Steenson discuss plantar fasciitis.  Dr. Agatha Thrash, Dr. Calving Thrash with Don Miller and Rhonda Clark talk about Dermatology. Part 2.  2015-08-18 13:30* Let's Cook Together  Maxwell discusses Triglycerides as well as demonstrates exercise routines for health.  James Marcum & Charles  James Marcum and Charles Mills discuss where's the truth?.  Curtis and Paula Eakins discuss Diabetes - An Epidemic.  Casio Jones and Mindy Isaacs discuss pure health gym.  Cheri Peters and Shannon Ethridge discuss the health and emotional value of sexual purity.  Dick Nunez and Mollie Steenson discuss plantar fasciitis.  Dr. Agatha Thrash, Dr. Calving Thrash with Don Miller and Rhonda Clark talk about Dermatology. Part 2.  Jill Morikone with Resa and Ozzie Oswald				•
demonstrates exercise routines for health.  2015-08-17 07:30* Ultimate Prescription Mills  2015-08-17 13:30* Abundant Living  Curtis & Paula Eakins  Curtis and Paula Eakins discuss Diabetes - An Epidemic.  Casio Jones *, Mindy Isaacs discuss pure health gym.  Cheri Peters *, Shannon Ethridge discuss the health and emotional value of sexual purity.  2015-08-18 10:00* Body and Spirit Aerobics Steenson  2015-08-18 10:30* Let's Cook Together  Dill Morikone *, Resa & Jill Morikone with Resa and Ozzie Oswald	2015-08-17 06:00*	Body and Spirit		
2015-08-17 07:30* Ultimate Prescription			Madison Turner	
Mills where's the truth?.  2015-08-17 13:30* Abundant Living Curtis & Paula Eakins Curtis and Paula Eakins discuss Diabetes - An Epidemic.  2015-08-17 14:00* Action 4 Life Casio Jones *, Mindy Isaacs discuss pure Isaacs health gym.  2015-08-17 19:00! Celebrating Life in Recovery Ethridge the health and emotional value of sexual purity.  2015-08-18 06:00* Body and Spirit Aerobics Dick Nunez *, Mollie Steenson plantar fasciitis.  2015-08-18 10:00* Help Yourself to Health Thrash , Don Miller , Rhonda Clark Dermatology. Part 2.  2015-08-18 13:30* Let's Cook Together Jill Morikone *, Resa & Jill Morikone with Resa and Ozzie Oswald	2015-08-17 07:30*	Ultimate Prescription	James Marcum & Charles	
An Epidemic.  Casio Jones and Mindy Isaacs discuss pure health gym.  Cheri Peters *, Shannon Ethridge discuss the health and emotional value of sexual purity.  Colson Jones and Mindy Isaacs discuss pure health gym.  Cheri Peters and Shannon Ethridge discuss the health and emotional value of sexual purity.  Colson Jones and Mindy Isaacs discuss pure health gym.  Cheri Peters and Shannon Ethridge discuss the health and emotional value of sexual purity.  Dick Nunez and Mollie Steenson discuss plantar fasciitis.  Dr. Agatha Thrash, Dr. Calving Thrash with Don Miller and Rhonda Clark talk about Dermatology. Part 2.  Colson Jones and Mindy Isaacs discuss pure health gym.  Cheri Peters and Shannon Ethridge discuss the health and emotional value of sexual purity.  Dick Nunez and Mollie Steenson discuss plantar fasciitis.  Dr. Agatha Thrash, Dr. Calving Thrash with Don Miller and Rhonda Clark talk about Dermatology. Part 2.  Colson Jones and Mindy Isaacs discuss pure health gym.  Cheri Peters and Shannon Ethridge discuss the health and emotional value of sexual purity.  Dick Nunez and Mollie Steenson discuss pure health gym.  Cheri Peters and Shannon Ethridge discuss the health and emotional value of sexual purity.  Dick Nunez and Mollie Steenson discuss plantar fasciitis.  Dr. Agatha Thrash, Dr. Calving Thrash with Don Miller and Rhonda Clark talk about Dermatology. Part 2.	2010 00 17 07.00	ommato i rocciiption		
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2015-08-17 19:00! Celebrating Life in Recovery Ethridge Cheri Peters *, Shannon Ethridge discuss the health and emotional value of sexual purity.  2015-08-18 06:00* Body and Spirit Aerobics Dick Nunez *, Mollie Steenson Dick Nunez and Dick Nunez and Mollie Steenson Dick Nunez an				·
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2015-08-18 06:00* Body and Spirit Aerobics Dick Nunez *, Mollie Dick Nunez and Mollie Steenson discuss plantar fasciitis.  2015-08-18 10:00* Help Yourself to Health Thrash *, Calving Thrash with Thrash , Don Miller , Rhonda Clark Dermatology. Part 2.  2015-08-18 13:30* Let's Cook Together Jill Morikone *, Resa & Jill Morikone with Resa and Ozzie Oswald		ricoovery	Limage	
Steenson plantar fasciitis.  2015-08-18 10:00* Help Yourself to Health Thrash *, Calving Thrash with Agatha Thrash , Don Miller , Don Miller and Rhonda Clark talk about Dermatology. Part 2.  2015-08-18 13:30* Let's Cook Together Jill Morikone *, Resa & Jill Morikone with Resa and Ozzie Oswald	2015-08-18 06:00*	Body and Spirit Aerobics	Dick Nunez *, Mollie	•
Thrash , Don Miller , Don Miller and Rhonda Clark talk about Dermatology. Part 2.  2015-08-18 13:30* Let's Cook Together Jill Morikone *, Resa & Jill Morikone with Resa and Ozzie Oswald				•
Rhonda Clark Dermatology. Part 2. 2015-08-18 13:30* Let's Cook Together Jill Morikone *, Resa & Jill Morikone with Resa and Ozzie Oswald	2015-08-18 10:00*	Help Yourself to Health		
2015-08-18 13:30* Let's Cook Together Jill Morikone *, Resa & Jill Morikone with Resa and Ozzie Oswald				
•	2015-08-19 12:20*	Let's Cook Togothor		••
	2010-00-10 10.00	Lots Oook Together	Ozzie Oswald	show how to prepare Phillipine Cuisine.

# July through September 2015

Date and Time	Program	Talent	Description
2015-08-18 14:00*	Body and Spirit (New)	Jeanie Weaver *, Betsy	Jeanie Weaver, Betsy Sajdak, and Donna
		Sajdak , Donna Hall	Hall show us how to do body stretches.
2015-08-19 01:30*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss where's the truth?.
2015-08-19 02:00!	Celebrating Life in Recovery	Cheri Peters *, Shannon Ethridge	Cheri Peters and Shannon Ethridge discuss the health and emotional value of sexual
2015-08-19 06:00*	Body and Spirit	Dick Nunez , Kim Rogers , Madison Turner	purity.  Dick Nunez with Kim Rogers and Madison Turner demonstrates exercise routines for circuit training for women.
2015-08-19 13:00*	Issues and Answers	Shelley Quinn *, Janice Browne	Shelley Quinn and Janice Browne discuss impossible dreams made possible.
2015-08-19 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis and Paula Eakins discuss diabetes and carbohydrates.
2015-08-19 14:00*	Action 4 Life	Casio Jones *, Mindy Isaacs	Casio Jones and Mindy Isaacs discuss buddy workout.
2015-08-20 03:00!	Up Close	Danny Shelton *, Kay Kuzma *, 01. Shelley Quinn , 02. Robbie D. Windham , 03. Pat Mudgett	Shelly Quinn discuss balancing work and
2015-08-20 04:30*	Issues and Answers	Shelley Quinn *, Janice Browne	Shelley Quinn and Janice Browne discuss impossible dreams made possible.
2015-08-20 06:00*	Body and Spirit Aerobics		Dick Nunez and helpers show aerobics exercises for health.
2015-08-20 09:00!	Stop-Smoking Clinic	Dr. Arthur Weaver	Dr. Arthur Weaver discusses stop smoking clinic.
2015-08-20 10:00*	Wonderfully Made	George Guthrie , Tim Arnott	
2015-08-20 11:00!	Celebrating Life in Recovery	Cheri Peters *, Shannon Ethridge	Cheri Peters and Shannon Ethridge discuss the health and emotional value of sexual purity.
2015-08-20 12:00*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss where's the truth?.
2015-08-20 13:30*	Let's Cook Together	Jill Morikone *, Resa & Ozzie Oswald	Jill Morikone with Resa and Ozzie Oswald show some quick and easy recipes.
2015-08-20 14:00*	Body and Spirit (New)	Andi Hunsaker *, Lauren Rittenhouse , Lyndi Schwartz	Andi Hunsaker, Lauren Rittenhouse, and Lyndi Schwartz discuss tips for better health.
2015-08-21 06:00*	Body and Spirit	Brittany Nunez , Christy Soderling , Dick Nunez	Brittany Nunez, Christy Soderling, and Dick Nunez discuss hope.
2015-08-21 10:00*	Health for a Lifetime	Don Mackintosh *, John Clark	Don Mackintosh and John Clark discuss octeoporosis.
2015-08-21 14:00*	Action 4 Life	Casio Jones *, Mindy	Casio Jones and Mindy Isaacs discuss a great workout!.
2015-08-23 03:30*	Help Yourself to Health		Dr. Agatha Thrash with Don Miller and Rhonda Clark talk about Dermatology. Part 3.
2015-08-23 06:00*	Body and Spirit Aerobics	Becky Garber , Dick Nunez , Fred Garber	Dick Nunez with helpers shows simple exercises to control stress.

#### July through September 2015

Date and Time	Program	Talent	Description
2015-08-23 14:00*	Body and Spirit (New)	Lyndi Schwartz *, Andi Hunsaker , Lauren Rittenhouse	Lyndi Schwartz , Andi Hunsaker, and Lauren Rittenhouse discuss how the body is designed for action, not a sedentary lifestyle.
2015-08-24 01:00!	Celebrating Life in Recovery	Cheri Peters *, Gramdma Wilma , Jack Bridges	Cheri Peters and Grandma Wilma bring out to the open the real-life trama of using Meth.
2015-08-24 05:30*	Wonderfully Made	George Guthrie , Tim Arnott	George Guthrie and Tim Arnott discuss joy of the lord is.
2015-08-24 06:00*	Body and Spirit	Brittany Nunez , Christy Sodering , Dick Nunez	Dick Nunez with Brittany Nunez and Christy Soldering discusses Fat Metabolism as well as demonstrates exercise routines for health.
2015-08-24 07:30*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss hormonal replacement.
2015-08-24 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis and Paula Eakins show how to prepare meals in minutes.
2015-08-24 14:00*	Action 4 Life	Casio Jones *, Bradley Hite , Mindy Issacs	Casio Jones, Bradley Hite, and Mindy Issacs discuss workout circuit.
2015-08-24 19:00!	Celebrating Life in Recovery	Cheri Peters *, Gramdma Wilma , Jack Bridges	Cheri Peters and Grandma Wilma bring out to the open the real-life trama of using Meth.
2015-08-25 06:00*	Body and Spirit Aerobics		Dick Nunez with helpers discusses fitness level and demonstrates exercises to help.
2015-08-25 10:00*	Help Yourself to Health	-	Dr. Agatha Thrash with Don Miller and Rhonda Clark talk about Dermatology. Part 3.
2015-08-25 13:30*	Let's Cook Together	Irma Guerra-Murray *, Angela Poch	Irma Guerra-Murray and Angela Poch demonstrates lunch-box ideas.
2015-08-25 14:00*	Body and Spirit (New)	Lyndi Schwartz *, Andi Hunsaker , Lauren Rittenhouse	Lyndi Schwartz, Andi Hunsaker, and Lauren Rittenhouse perfrom abdominal muscle strengthening exercises.
2015-08-26 01:30*	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss hormonal replacement.
2015-08-26 02:00!	Celebrating Life in Recovery	Cheri Peters *, Gramdma Wilma , Jack Bridges	Cheri Peters and Grandma Wilma bring out to the open the real-life trama of using Meth.
2015-08-26 06:00*	Body and Spirit	Dick Nunez , Rick Nunez , William Brauer	Dick Nunez with Rick Nunez and William Brauer discusses Fat Metabolism as well as demonstrates exercise routines for health.
2015-08-26 13:00*	Issues and Answers	Shelley Quinn *, Yvonne Lewis	Shelley Quinn and Yvonne Lewis discuss new-age deception.
2015-08-26 13:30* 2015-08-26 14:00*	Abundant Living Action 4 Life	Curtis & Paula Eakins Casio Jones *, Zion Judea Hamilton	Curtis and Paula Eakins discuss the 3 diets. Casio Jones and Zion Judea Hamilton discuss workout for parents and children.
2015-08-27 03:00!	Up Close	Dan Mackintosh *, 01. Dr. Gerard McLain , 02. Naomi Coleman	Gerard McLane discusses obesity and diet.
2015-08-27 04:30*	Issues and Answers	Shelley Quinn *, Yvonne Lewis	Shelley Quinn and Yvonne Lewis discuss new-age deception.
2015-08-27 06:00*	Body and Spirit Aerobics	Becky Garber , Dick Nunez , Fred Garber	•
2015-08-27 09:00!	Stop-Smoking Clinic	Dr. Arthur Weaver	Dr. Arthur Weaver discusses stop smoking clinic.

#### July through September 2015

Date and Time	Program	Talent	Description
2015-08-27 10:00*	Wonderfully Made	Christine Salter	Dr. Christine Salter discusses methods of
			dealing with High Blood Pressure.
2015-08-27 11:00!	<u> </u>	Cheri Peters *, Gramdma	Cheri Peters and Grandma Wilma bring out
0015 00 07 10 00*	Recovery	Wilma , Jack Bridges	to the open the real-life trama of using Meth.
2015-08-27 12:00*	Ultimate Prescription	James Marcum & Charles	James Marcum and Charles Mills discuss
2015 00 27 12:20*	Let's Cook Together	Mills Irma Guerra-Murray *,	hormonal replacement. Irma Guerra-Murray and Angela Poch
2010-00-27 13.30	Let's Cook Together	Angela Poch	demonstrates some quick meal ideas.
2015-08-27 14:00*	Body and Spirit (New)	Andi Hunsaker *, Lauren	Andi Hunsaker, Lauren Rittenhouse, and
2010 00 27 11.00	Body and opinit (11011)	Rittenhouse , Lyndi	Lyndi Schwartz perform leaping exercises to
		Schwartz	help agility and building strenght.
2015-08-28 06:00*	Body and Spirit	Dick Nunez , Rick Nunez ,	Dick Nunez with Rick Nunez and William
		William Brauer	Brauer demonstrates exercise routines for
			spinal health.
2015-08-28 10:00*	Health for a Lifetime	Don Mackintosh *, John	Don Mackintosh and John Clark discuss
0045 00 00 44 00*	A .! 4 L !!	Clark	arthritis.
2015-08-28 14:00*	Action 4 Life	Casio Jones *, Mindy	Casio Jones and Mindy Isaacs discuss a pair
2015_08_30 02·20*	Help Yourself to Health	Isaacs Agatha Thrash , Don Miller	of dumbbells and yourself!.  Dr. Agatha Thrash and Don Miller disscuss
2010-00-30 03.30	ricip rouiseii to neaitti	Ayama miasii, Don Millel	how to control allergies.
2015-08-30 06:00*	Body and Spirit Aerobics	Becky Garber , Dick Nunez ,	S .
	,	Fred Garber	exercises to help with osteoporosis.
2015-08-30 14:00*	Body and Spirit (New)	Lyndi Schwartz *, Andi	Lyndi Schwartz, Andi Hunsaker, and Lauren
		Hunsaker , Lauren	Rittenhouse perfrom core strengthening
		Rittenhouse	exercises.
2015-08-31 05:30*	Wonderfully Made	Christine Salter	Dr. Christine Salter discusses methods of
2015-08-31 06:00*	Rody and Spirit	Andrew Hard , Dick Nunez ,	dealing with High Blood Pressure.  Dick Nunez with Andrew Hard and Jason
2010-00-31 00.00	body and Spirit	Jason Maxwell	Maxwell demonstrate exercise routines for
		JAJOH MAAWOII	dealing with aggression
2015-08-31 07:30*	Ultimate Prescription	James Marcum & Charles	James Marcum and Charles Mills discuss
	ı	Mills	happiness.
2015-08-31 13:30*	Abundant Living	Curtis & Paula Eakins	Curtis and Paula Eakins discuss medicines
			from the earth.
2015-08-31 14:00*	Action 4 Life	Casio Jones *, Zion Judea	Casio Jones and Zion Judea Hamilton
		Hamilton	discuss teach you how to use an exercise
2015-09-01 06:00*	Body and Spirit Aerobics	Dick Nunez , Mrs. Ford	Dick Nunez with helpers shows aerobics
2015 00 01 10:00*	Holp Vourcelf to Health	Agatha Thrach Don Miller	exercises designed for the elderly.
2010-09-01 10:00°	Help Yourself to Health	Agatha Thrash, Don Miller	Dr. Agatha Thrash and Don Miller disscuss how to control allergies.
2015-09-01 13:30*	Let's Cook Together	Idalia Dinzey *, Marlene	Idalia Dinzey and Marlene McKinney discuss
_510 00 01 10.00	Loto Gook Togotiloi	McKinney	family picnic.
2015-09-01 14:00*	Body and Spirit (New)	Andi Hunsaker *, Lauren	Andi Hnusaker with Lauren Rittehnouse and
	,	Rittenhouse , Lyndi	Lyndi Schwartz discuss benefits of stepping
		Schwartz	exercises.
2015-09-02 01:30*	Ultimate Prescription	James Marcum & Charles	James Marcum and Charles Mills discuss
0045 00 00 00 00	Ded and O. 1.9	Mills	happiness.
2015-09-02 06:00*	Body and Spirit	Andrew Hard , Dick Nunez ,	
		Jason Maxwell	Maxwell demonstrate exercise routines for super slow training.
			super slow training.

#### July through September 2015

Date and Time	Program	Talent	Description
2015-09-02 13:00*	Issues and Answers	Shelley Quinn *, Yvonne Lewis	Shelley Quinn and Yvonne Lewis discuss new-age movement & counter-christianity.
2015-09-02 13:30*	-	Paula & Curtis Eakin	Paula and Curtis Eakin discuss alzheimers - the overview.
2015-09-02 14:00*		Casio Jones *, Rena Lee	Casio Jones and Rena Lee discuss exciting workout with the medicine ball.
2015-09-03 03:00!	Up Close	Don Mackintosh *, 01. Marti Jones , 02. Jan Morris	Marti Jones with guests discuss recovering from the pain of divorce.
2015-09-03 04:30*	Issues and Answers	Shelley Quinn *, Yvonne Lewis	Shelley Quinn and Yvonne Lewis discuss new-age movement & counter-christianity.
2015-09-03 06:00*	•	Becky Garber , Dick Nunez , Fred Garber	exercises designed for Baby Boomers.
2015-09-03 09:00!	Stop-Smoking Clinic	Dr. Arthur Weaver	Dr. Arthur Weaver discusses stop smoking clinic.
2015-09-03 10:00*	•	Christine Salter	Dr. Christine Salter discusses coronary artery disease.
	Ultimate Prescription	James Marcum & Charles Mills	James Marcum and Charles Mills discuss happiness.
	Let's Cook Together	Idalia Dinzey *, Marlene McKinney	Idalia Dinzey and Marlene McKinney discuss bahamian feast.
ZU15-U9-U3 14:UU^	Body and Spirit (New)	Lyndi Schwartz *, Andi Hunsaker , Lauren Rittenhouse	Ron Giannoni with Dr. Richard Lukens and Joe Westbury disscuss the pitfalls of the American Lifestyle on health.
2015-09-04 06:00*	Body and Spirit	Andrew Hard , Dick Nunez , Jason Maxwell	Dick Nunez with Andrew Hard and Jason Maxwell demonstrate exercise routines to help with tennis elbow.
2015-09-04 10:00*	Health for a Lifetime	Don Mackintosh *, John Clark	Don Mackintosh and John Clark discuss back pain.
2015-09-04 14:00*	Action 4 Life	Casio Jones *, Rena Lee	Casio Jones and Rena Lee discuss exciting workout with an exercise ball & a dumbbell.
2015-09-06 03:30*	Help Yourself to Health	Agatha Thrash , Don Miller , Wynn Horsely	Horsely discuss phtochemicals.
2015-09-06 06:00*	Body and Spirit Aerobics	Dick Nunez , Elora Ford	Senior Citizen Fitness involves appropriate exercising. Dick Nunez and helpers shows how.
2015-09-06 14:00*	Body and Spirit (New)	Lyndi Schwartz *, Andi Hunsaker , Tami Bivens	Lyndi Schwartz, Andi Hunsaker, and Tami Bivens discuss walking in the spirit.
2015-09-07 01:00!	Celebrating Life in Recovery	Cheri Peters *, Dr. Douglas Weiss	Cheri Peters and Dr. Douglas Weiss discuss real-life situations in a segment titled Get a Grip (on real life).
2015-09-07 05:30*	Wonderfully Made	Christine Salter	Dr. Christine Salter discusses coronary artery disease.
2015-09-07 06:00*	Body and Spirit	Dick Nunez , Kim Rogers , Madison Turner	Dick Nunez with Kim Rogers and Madison Turner demonstrate exercise routines to help with chronic pain.
2015-09-07 07:30*	Ultimate Prescription	Charles Mills & James Marcum	Charles Mills and James Marcum discuss from the darkness.
2015-09-07 13:30*	Abundant Living	Paula & Curtis Eakin	Paula and Curtis Eakin discuss alzheimers - the causes.

# July through September 2015

Date and Time	Program	Talent	Description
2015-09-07 14:00*	Action 4 Life	Casio Jones *, Rena Lee	Casio Jones and Rena Lee discuss make a
			challenge workout fun!.
2015-09-07 19:00!	<u> </u>	Cheri Peters *, Dr. Douglas	Cheri Peters and Dr. Douglas Weiss discuss
	Recovery	Weiss	real-life situations in a segment titled Get a
0015 00 00 00.00*	Dady and Chirit Asyabias	Diels Numer Mas Found	Grip (on real life).
2015-09-08 06:00*	Body and Spirit Aerobics	Dick Nuriez , Mrs. Ford	Dick Nunez with Mrs. Ford shows and discusses Senior Exercise.
2015-09-08 10:00*	Help Yourself to Health	Agatha Thrash, Don Miller,	Dr. Agatha Thrash with Don Miller and Wynn
2010 00 00 10.00	Ticip Toursell to Fleathi	Wynn Horsely	Horsely discuss phtochemicals.
2015-09-08 13:30*	Let's Cook Together	Idalia Dinzey *, Marlene	Idalia Dinzey and Marlene McKinney discuss
	J	McKinney	kingly breakfast.
2015-09-08 14:00*	Body and Spirit (New)	Lyndi Schwartz *, Andi	Lyndi Schwartz, Andi Hunsaker, and Nancy
		Hunsaker , Nancy Diaz	Diaz discuss cardiovascular training / balance
			and strength.
2015-09-09 01:30*	Ultimate Prescription	Charles Mills & James	Charles Mills and James Marcum discuss
0045 00 00 00 00	Onlahandi as Life i	Marcum	from the darkness.
2015-09-09 02:00!	•	Cheri Peters *, Dr. Douglas	Cheri Peters and Dr. Douglas Weiss discuss
	Recovery	Weiss	real-life situations in a segment titled Get a Grip (on real life).
2015-09-09 06:00*	Body and Spirit	Dick Nunez , Kim Rogers ,	Dick Nunez with Kim Rogers and Madison
2010 00 00 00.00	Body and opini	Madison Turner	Turner demonstrate exercise routines for
			slow training for women.
2015-09-09 13:30*	Abundant Living	Paula & Curtis Eakin	Paula and Curtis Eakin discuss alzheimers -
			the treatment.
2015-09-09 14:00*	Action 4 Life	Casio Jones *, Monica	Casio Jones and Monica Flower discuss
0045 00 40 00 00	Lla Olaca	Flower	focus on the midsection.
2015-09-10 03:00!	Up Close	, Rick Howard	Rick Howard discusses the dangers of the occult.
2015-09-10 06:00*	Body and Spirit Aerobics		Dick Nunez with helpers show and talk about
2010 00 10 00.00	Body and opinit Morobios	, Rick Nunez	exercises for autoimmune disease.
2015-09-10 09:00!	Stop-Smoking Clinic	Dr. Arthur Weaver	Dr. Arthur Weaver discusses stop smoking
	,		clinic.
2015-09-10 10:00*	-	Christine Salter	Dr. Christine Salter discusses Diabetes.
2015-09-10 11:00!	Celebrating Life in		Cheri Peters and Dr. Douglas Weiss discuss
	Recovery	Weiss	real-life situations in a segment titled Get a
0015 00 10 10:00*	Liltimata Dressvintiav	Charles Mills 9 James	Grip (on real life).
∠015-09-10 12:00°	Ultimate Prescription	Charles Mills & James Marcum	Charles Mills and James Marcum discuss from the darkness.
2015-09-10 13:30*	Let's Cook Together	Jill Morikone *, Marlene	Jill Morikone and Marlene McKinney discuss
2010 00 10 10.00	Lot 3 Oook Together	McKinney	caribbean cuisine.
2015-09-10 14:00*	Body and Spirit (New)	Andi Hunsaker *, Lyndi	Andi Hunsaker, Lyndi Schwartz, and Nancy
	., ( )	Schwartz , Nancy Diaz	Diaz discuss total fitness.
2015-09-11 06:00*	Body and Spirit	Brittany Nunez , Christy	Dick Nunez with Christy Soderling and
		Soderling , Dick Nunez	Britney Nunez discuss and demonstrate
			exercise routines for overcomming addiction.
2015-09-11 10:00*	Health for a Lifetime	Don Mackintosh *, John	Don Mackintosh and John Clark discuss
0045 00 44 44 55*	A .! 4 L !¢	Clark	carpal tunnel.
2015-09-11 14:00*	Action 4 Life	Casio Jones *, Monica	Casio Jones and Monica Flowers discuss
		Flowers	who doesn't like to stretch?.

# July through September 2015

Date and Time	Program	Talent	Description
2015-09-11 17:00*	NEWSTART Now	Ron Giannoni *, Elton Elliot	Ron Giannoni and Elton Elliot discuss from
			wheelchair to walking.
2015-09-13 03:30*	Help Yourself to Health	Agatha Thrash , Don Miller	Dr. Agatha Thrash with Don Miller and Wynn Horsely discuss reproductive health.
2015-09-13 06:00*	Body and Spirit Aerobics	Andrew Hard , Dick Nunez , Rick Nunez	Dick Nunez with helpers show and talk about exercises for beginners.
2015-09-13 14:00*	Body and Spirit (New)	Andi Hunsaker *, Nancy Diaz , Tami Bivens	Andi Hunsaker, Nancy Diaz, and Tami Bivens discuss balance ball / abdominal workout.
2015-09-14 01:00!	Celebrating Life in	Cheri Peters *, Dr. Douglas	Cheri Peters and Dr. Douglas Weiss discuss
2010 00 14 01.00:	Recovery	Weiss	real-life situations in a segment titled Tenminute marriage.
2015-09-14 05:30*	Wonderfully Made	Christine Salter	Dr. Christine Salter discusses Diabetes.
2015-09-14 07:30*	Ultimate Prescription	Charles Mills & James	Charles Mills and James Marcum discuss
	•	Marcum	victim of deception.
2015-09-14 13:30*	Abundant Living	Paula & Curtis Eakin	Paula and Curtis Eakin discuss the master
	J		gland - part 1.
2015-09-14 14:00*	Action 4 Life	Casio Jones *, Tyler Flower	Casio Jones and Tyler Flower discuss
		-	working out with young folks.
2015-09-14 19:00!	Celebrating Life in	Cheri Peters *, Dr. Douglas	Cheri Peters and Dr. Douglas Weiss discuss
	Recovery	Weiss	real-life situations in a segment titled Ten-
			minute marriage.
2015-09-15 06:00*	<b>Body and Spirit Aerobics</b>	Andrew Hard , Dick Nunez ,	Dick Nunez with helpers show and talk about
		Rick Nunez	exercises for toning your muscles
2015-09-15 10:00*	Help Yourself to Health	Agatha Thrash , Don Miller	Dr. Agatha Thrash with Don Miller and Wynn
			Horsely discuss reproductive health.
2015-09-15 11:00*	NEWSTART Now	Ron Giannoni *, Elton Elliot	Ron Giannoni and Elton Elliot discuss from
0015 00 15 10:00*	Latta Oa ala Tanathan	III Maniliana * Manlana	wheelchair to walking.
2015-09-15 13:30	Let's Cook Together	Jill Morikone *, Marlene	Jill Morikone and Marlene McKinney discuss
2015 00 15 14:00*	Body and Spirit (New)	McKinney	special meal for sabbath.
2015-09-15 14:00*	body and Spirit (New)	Andi Hunsaker *, Lyndi Schwartz , Tami Bivens	Andi Hunsaker, Lyndi Schwartz, and Tami Bivens discuss walk for life.
2015 00 16 01:20*	Ultimate Prescription	Charles Mills & James	Charles Mills and James Marcum discuss
2013-03-10 01.30	ominate i rescription	Marcum	victim of deception.
2015-09-16 02:00!	Celebrating Life in	Cheri Peters *, Dr. Douglas	Cheri Peters and Dr. Douglas Weiss discuss
_0.0 00 10 02.00:	Recovery	Weiss	real-life situations in a segment titled Ten-
		1.3.00	minute marriage.
2015-09-16 06:00*	Body and Spirit	Brittany Nunez . Dick Nunez	Dick Nunez with Britney Nunez and Madison
	) a) and op	, Madison Turner	Turner demonstrate exercise routines for
		,	cross training for women.
2015-09-16 13:30*	Abundant Livina	Paula & Curtis Eakin	Paula and Curtis Eakin discuss the master
	3	· - <del></del>	gland - part 2.
2015-09-16 14:00*	Action 4 Life	Casio Jones *, Mindy	Casio Jones and Mindy Isaacs discuss full
		Isaacs	body / abdominal workout.
2015-09-17 03:00!	Up Close	Don Mackintosh *, Shelley	Shelly Quinn with quests discuss dealing with
	<del>.</del>	Quinn *, Cecila Hudson ,	loneliness.
		Mike McKinnon , Shirley	
		Garner	
2015-09-17 06:00*	Body and Spirit Aerobics	Dick Nunez , Fred Garber ,	Dick Nunez with helpers show and talk about
		Matthew Hard	workout excercises for men.

#### July through September 2015

Date and Time	Program	Talent	Description
2015-09-17 09:00!	Stop-Smoking Clinic	Dr. Arthur Weaver	Dr. Arthur Weaver discusses stop smoking clinic.
2015-09-17 10:00*	Wonderfully Made	Allan Handysides , Stoy Proctor	Allan Handysides and Stoy Proctor discuss prostate problems.
2015-09-17 11:00!	Celebrating Life in Recovery	Cheri Peters *, Dr. Douglas Weiss	Cheri Peters and Dr. Douglas Weiss discuss real-life situations in a segment titled Tenminute marriage.
2015-09-17 12:00*	Ultimate Prescription	Charles Mills & James Marcum	Charles Mills and James Marcum discuss victim of deception.
2015-09-17 13:30*	Let's Cook Together	Jill Morikone *, Marlene McKinney	Jill Morikone and Marlene McKinney discuss bahamian feast pt. 2.
2015-09-17 14:00*	Body and Spirit (New)	Andi Hunsaker *, Lyndi Schwartz , Tami Bivens	Andi Hunsaker, Lyndi Schwartz, and Tami Bivens discuss strengthening with bands.
2015-09-18 06:00*	Body and Spirit	Dick Nunez , Rick Nunez , William Brauer	Dick Nunez with Rick Nunez and William Brauer demonstrate exercise routines to help with diabetes.
2015-09-18 10:00*	Health for a Lifetime	Don Mackintosh *, Vicki Griffin	Don Mackintosh and Vicki Griffin discuss freedom from habits that hurt.
2015-09-18 14:00*	Action 4 Life	Casio Jones *, Mindy Isaacs	Casio Jones and Mindy Isaacs discuss pure health gym.
2015-09-20 03:30*	Help Yourself to Health	Agatha Thrash , Don Miller , Wynn Horsely	Dr. Agatha Thrash with Don Miller and Wynn Horsely discuss the problems of overweight.
2015-09-20 06:00*	Body and Spirit Aerobics	Dick Nunez , Fred Garber	For those that may be lower-body challenged, Dick Nunez demonstrates simple exercises with Fred Garber.
2015-09-20 14:00*	Body and Spirit (New)	Lyndi Schwartz *, Nancy Diaz , Tami Bivens	Lyndi Schwartz, Nancy Diaz, and Tami Bivens discuss strengthening in the legs.
2015-09-21 01:00!	Celebrating Life in Recovery	Cheri Peters *, Harmony Dust and Ashley Dodson	Cheri Peters, Harmony Dist and Ashley Dodson discuss discuss self-esteem in real-life situations in a segment titled I am a treasure.
2015-09-21 05:30*	Wonderfully Made	Allan Handysides , Stoy Proctor	Allan Handysides and Stoy Proctor discuss prostate problems.
2015-09-21 06:00*	Body and Spirit	Dick Nunez , Rick Nunez , William Brauer	Dick Nunez with Rick Nunez and William Brauer discuss does everyone need milk as well as demonstrates exercise routines for health.
2015-09-21 07:30*	Ultimate Prescription	Charles Mills & James Marcum	Charles Mills and James Marcum discuss breathing lessons.
2015-09-21 13:30*	Abundant Living	Paula & Curtis Eakin	Paula and Curtis Eakin discuss fish and
2015-09-21 14:00*	Action 4 Life	Casio Jones *, Mindy Isaacs	Casio Jones and Mindy Isaacs discuss buddy workout.
2015-09-21 19:00!	Celebrating Life in Recovery	Cheri Peters *, Harmony Dust and Ashley Dodson	Cheri Peters, Harmony Dist and Ashley Dodson discuss discuss self-esteem in real-life situations in a segment titled I am a treasure.
2015-09-22 06:00*	Body and Spirit Aerobics	Becky Garber , Brittany Nunez , Dick Nunez	Dick Nunez and helpers demonstrate simple home exercises for women.
2015-09-22 10:00*	Help Yourself to Health	Agatha Thrash , Don Miller , Wynn Horsely	

#### July through September 2015

Date and Time	Program	Talent	Description
2015-09-22 13:30*	Let's Cook Together	Jill Morikone *, Jennifer	Jill Morikone and Jennifer White talk about
2015-09-22 14:00*	Body and Spirit (New)	White Andi Hunsaker *, Lyndi Schwartz , Nancy Diaz	and show some no-cook receipes.  Andi Hunsaker, Lyndi Schwartz, and Nancy Diaz discuss waving with confidence.
2015-09-23 01:30*	Ultimate Prescription	Charles Mills & James Marcum	Charles Mills and James Marcum discuss breathing lessons.
2015-09-23 02:00!	Celebrating Life in Recovery	Cheri Peters *, Harmony Dust and Ashley Dodson	Cheri Peters, Harmony Dist and Ashley Dodson discuss discuss self-esteem in real-life situations in a segment titled I am a treasure.
2015-09-23 06:00*	Body and Spirit	Dick Nunez , Rick Nunez , William Brauer	Dick Nunez with Rick Nunez and William Brauer discuss where less is more as well as demonstrates exercise routines for health.
2015-09-23 13:00*	Issues and Answers	Shelley Quinn *, Jim Ayer	Shelley Quinn and Jim Ayer discuss the power of change.
2015-09-23 13:30*	-	Paula & Curtis Eakin	Paula and Curtis Eakin discuss alice in wonderland.
2015-09-23 14:00*	Action 4 Life	Casio Jones *, Mindy Isaacs	Casio Jones and Mindy Isaacs discuss a great workout!.
2015-09-24 03:00!	Up Close	Don Mackintosh *, 01. Marti Jones , 02. Mike McKinnon , 03. Debbie Edgerton	Marti Jones talks about dealing with death.
2015-09-24 04:30*	Issues and Answers	Shelley Quinn *, Jim Ayer	Shelley Quinn and Jim Ayer discuss the power of change.
2015-09-24 06:00*	Body and Spirit Aerobics	Becky Garber , Brittany Nunez , Dick Nunez	Dick Nunez and helpers demonstrate exercises and discuss the pitfalls of fad diets.
2015-09-24 09:00!	Stop-Smoking Clinic	Dr. Arthur Weaver	Dr. Arthur Weaver discusses stop smoking clinic.
2015-09-24 10:00*	Wonderfully Made	Christine Salter	Christine Salter discusses prevention and screening.
2015-09-24 11:00!	Celebrating Life in Recovery	Cheri Peters *, Harmony Dust and Ashley Dodson	Cheri Peters, Harmony Dist and Ashley Dodson discuss discuss self-esteem in real-life situations in a segment titled I am a treasure.
2015-09-24 12:00*	Ultimate Prescription	Charles Mills & James Marcum	Charles Mills and James Marcum discuss breathing lessons.
2015-09-24 13:30*	Let's Cook Together	Angela Lomacang *, Jennifer White	Jill Morikone and Jennifer White talk about and show how to prepare a healthy lunch box.
2015-09-24 14:00*	Body and Spirit (New)	Lyndi Schwartz *, Nancy Diaz , Tami Bivens	Lyndi Schwartz, Nancy Diaz, and Tami Bivens discuss the core of the matter.
2015-09-25 06:00*	Body and Spirit	Andrew Hard , Dick Nunez , Jason Maxwell	
2015-09-25 10:00*	Health for a Lifetime	Don Mackintosh *, Vicki Griffin	Don Mackintosh and Vicki Griffin discuss diet & stress.
2015-09-25 17:00*	NEWSTART Now	Ron Giannoni *, Lydia Kobzar	Ron Giannoni and Lydia Kobzar discuss think your way out of depression.
2015-09-27 03:00*	NEWSTART Now	Ron Giannoni *, Lydia Kobzar	Ron Giannoni and Lydia Kobzar discuss think your way out of depression.

#### July through September 2015

Date and Time	Program	Talent	Description
2015-09-27 03:30*	Help Yourself to Health	Agatha Thrash, Don Miller,	
		Wynn Horsely	Horsely discuss cancer.
2015-09-27 06:00*	Body and Spirit Aerobics	Andrew Hard , Dick Nunez ,	Dick Nunez, Kyle Gabbert and Luther Whiting
		Rick Nunez	demonstrate exercises that are appropriate
2015-09-27 14:00*	Body and Spirit (New)	Andi Hunsaker *, Lyndi	with diabetes. Andi Hunsaker, Lyndi Schwartz, and Nancy
2015-09-27 14.00	body and Spirit (New)	Schwartz , Nancy Diaz	Diaz discuss quick start cardio.
2015-09-28 01:00!	Celebrating Life in	Cheri Peters *, Cheryl	Cheri Peters and Cheryl McGuinne discuss
	Recovery	McGuinnes	recovery from addiction in a series titled
	,		Beauty Beyond the Ashes.
2015-09-28 05:30*	Wonderfully Made	Christine Salter	Christine Salter discusses prevention and
			screening.
2015-09-28 06:00*	Body and Spirit	Andrew Hard , Dick Nunez ,	Dick Nunez with Andrew Hard and Jason
		Jason Maxwell	Maxwell discuss the benefits of water as well
		<b>A</b>	as demonstrates exercise routines for health.
2015-09-28 07:30*	Ultimate Prescription	Charles Mills & James	Charles Mills and James Marcum discuss
2015-09-28 13:30*	Abundant Living	Marcum Paula & Curtis Eakin	health on solid ground. Paula and Curtis Eakin discuss go red.
2015-09-28 14:00*	Action 4 Life	Casio Jones *, Zion Judea	Casio Jones and Zion Judea Hamilton
2010 00 20 14.00	AUGUST T LITE	Hamilton	discuss workout for parents and children.
2015-09-28 19:00!	Celebrating Life in	Cheri Peters *, Cheryl	Cheri Peters and Cheryl McGuinne discuss
	Recovery	McGuinnes	recovery from addiction in a series titled
			Beauty Beyond the Ashes.
2015-09-29 06:00*	Body and Spirit Aerobics	Dick Nunez , Fred Garber ,	Dick Nunez, Fred Garber, and Matthew Hard
0015 00 00 10:00*	Holo Vouroelf to Health	Matthew Hard	discuss comfort of your own home.
2015-09-29 10:00*	Help Yourself to Health	Agatha Thrash, Don Miller, Wynn Horsely	Dr. Agatha Thrash with Don Miller and Wynn Horsely discuss cancer.
2015-09-29 11:00*	NEWSTART Now	Ron Giannoni *, Lydia	Ron Giannoni and Lydia Kobzar discuss think
2510 00 20 11.00	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Kobzar	your way out of depression.
2015-09-29 13:30*	Let's Cook Together	Angela Lomacang *,	Angela Lomacang and Jennifer White show
	· ·	Jennifer White	making food in a flash.
2015-09-29 14:00*	Body and Spirit (New)	•	Lyndi Schwartz M.D., Andi Hunsaker M.D.,
		Hunsaker M.D., Lauren	Lauren Rittenhouse show how to prepare for
0015 00 00 01-00*	Lilltim ata Duanasiatias	Rittenhouse	safe hiking.
∠015-09-30 01:30°	Ultimate Prescription	Charles Mills & James Marcum	Charles Mills and James Marcum discuss health on solid ground.
2015-09-30 02:00!	Celebrating Life in	Cheri Peters *, Cheryl	Cheri Peters and Cheryl McGuinne discuss
2010 00 00 02.00:	Recovery	McGuinnes	recovery from addiction in a series titled
			Beauty Beyond the Ashes.
2015-09-30 06:00*	Body and Spirit	Dick Nunez , Kim Rogers ,	Dick Nunez with Kim Rogers and Madison
		Madison Turner	Turner discuss the willingness to change in
			lifestyle as well as demonstrates exercise
			routines for health.
2015-09-30 13:00*	Issues and Answers	Shelley Quinn *, Jim Ayer	Shelley Quinn and Jim Ayer discuss how to
0015 00 00 10:00*	Abundant Living	Doulo 9 Curtio Falsin	overcome the adversary.
2015-09-30 13:30* 2015-09-30 14:00*	Abundant Living Action 4 Life	Paula & Curtis Eakin Casio Jones *, Mindy	Paula and Curtis Eakin discuss pms relief. Casio Jones and Mindy Isaacs discuss a pair
2010-03-00 14.00	AUDIT T LIE	Isaacs	of dumbbells and yourself!.
		134403	or dambbons and yoursen:.