

| Program | Title | Topic(s) | Guests | Time | Date | Duration |
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| CIO | January 17, 2020 - Full Edition | Panelists discuss Denver's pit bull ban, Jason Crow's role in the impeachment trial, inaccessibility of homeless shelters and sweeps of tents near the state capitol, and the implementation of the new red flag law. | Dominic Dezzutti, Patty Calhoun, Krista Kafer, Natasha Gardner, Leanne Wheeler | 8pm | 1/17/20 | 28 min |
| CIO | January 17, 2020 - Predictions | Each panelist gives a global and local prediction for 2020. | Dominic Dezzutti, Patty Calhoun, Krista Kafer, Natasha Gardner, Leanne Wheeler | 8pm | 1/17/20 | 28 min |
| CIO | January 24, 2020 - Full Edition | Panelists discuss Colorado's high rate of legislators who were not elected to the office they are now in, the impeachment trial, gray wolf sightings, paid family leave, and KP Kauffman's settlement regarding emission from oil and gas. | Dominic Dezzutti, Patty Calhoun, Michael Fields, Eric Sondermann, Leanne Wheeler | 8pm | 1/24/2020 | 28 min |
| CIO | January 24, 2020 - Predictions | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, Michael Fields, Eric Sondermann, Leanne Wheeler | 8pm | 1/24/2020 | 28 min |
| CIO | January 28, 2020 - Full Edition | Special Edition: CIO on the Road at Academy for Lifelong Learning. Panelists discuss effects of Trump impeachment Colorado elections, Colorado's U.S. Senate race, Super Tuesday, and the 2020 legislative session. | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sondermann, Natasha Gardner | 8pm | 1/28/2020 | 28 min |
| CIO | January 28, 2020 - Disgrace/Something Nice | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sondermann, Natasha Gardner | 8pm | 1/28/2020 | 28 min |
| CIO | January 31, 2020 - Full Edition | Panelists discuss Sen. Cory Gardner's decision to oppose calling witnesses for the impeachment trial, oil and gas companies shorting the state on severance taxes, a bill to give the state more control of RTD, and the Supreme Court 5-4 ruling in support of Trump's most recent immigration rule. | Dominic Dezzutti, Patty Calhoun, David Kopel, Natasha Gardner | 8pm | 1/31/20 | 28 min |

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| CIO | January 31, 2020 - Disgrace/Something Nice | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, David Kopel, Natasha Gardner | 8pm | 1/31/20 | 28 min |
| CIO | February 7, 2020 - Full Edition | Panelists discuss Denver International Airport's 25th anniversary, President Trump's impeachment trial and State of the Union, the Iowa caucuses, and Colorado's paid family leave bill. | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sonderrmann, Penfield Tate | 8pm | 2/7/2020 | 28 min |
| CIO | February 7, 2020 - Disgrace/Something Nice | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sonderrmann, Penfield Tate | 8pm | 2/7/2020 | 28 min |
| CIO | February 14, 2020 - Full Edition | Panelists discuss the presidential primary coming to Colorado, if Mayor Hancock with sign the new Denver ordinance, the state bill to study the end of private prisons, the slate of Anti-LGBTQ state bills. | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sonderrmann, Leanne Wheeler | 8pm | 2/14/20 | 28 min |
| CIO | February 14, 2020 - Disgrace/Something Nice | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sonderrmann, Leanne Wheeler | 8pm | 2/14/20 | 28 min |
| CIO | February 21, 2020 - Full Edition | Panelists discuss Hancock's pit bull veto, the presidential race, and bills about creating a state employee union, vaccine exemptions, and Columbus Day. | Dominic Dezzutti, Patty Calhoun, Michael Fields, Natasha Gardner, Alayna Alvarez | 8pm | 2/21/20 | 28 min |
| CIO | February 21, 2020 - Disgrace/Something Nice | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, Michael Fields, Natasha Gardner, Alayna Alvarez | 8pm | 2/21/20 | 28 min |
| CIO | February 28, 2020 - Full Edition | Panelist discuss Union Station and RTD, Super Tuesday, the ban on the death penalty, the paid family leave bill, and Denver International Airport's 25th Anniversary. | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sonderrmann, Natasha Gardner | 8pm | 2/28/20 | 28 min |
| CIO | February 28, 2020 - Disgrace/Something Nice | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sonderrmann, Natasha Gardner | 8pm | 2/28/20 | 28 min |

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| CIO | March 6, 2020 - Full Edition | Panelists discuss Steve Farber's passing, Super Tuesday, the graduated income tax proposal, and a tweet by Candi CdeBaca. | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sondermann, Marie Aberger | 8pm | 3/6/20 | 28 min |
| CIO | March 6, 2020 - Disgrace/Something Nice | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sondermann, Marie Aberger | 8pm | 3/6/20 | 28 min |
| CIO | March 13, 2020 - Full Edition | Panelists discuss the national and local response to the COVID-19 virus, caucus flexibility and a bill regarding law enforcement making arrests in a courthouse. | Dominic Dezzutti, Patty Calhoun, Laura Carno, Lucille Wenegieme, Leanne Wheeler, Coronavirus, Governor Polis, State of Emergency, COVID-19, COVID-19 Virus, President Trump, Caucuses, CO Legislature, Immigration, Law Enforcement Lawsuits | 8pm | 3/13/20 | 28 min |
| CIO | March 13, 2020 - Disgrace/Something Nice | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, Laura Carno, Lucille Wenegieme, Leanne Wheeler, Aurora Police Department, Media Coverage, Hysteria, HB-1319, Tourism Hall of Fame, Community Resources, Affordable Housing | 8pm | 3/13/20 | 28 min |
| CIO | March 27, 2020 - Full Edition | Panelists discuss state and local efforts to slow the COVID-19 pandemic, as well as Gov. Polis signing the death penalty ban into law. | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sondermann, Natasha Gardner | 8pm | 3/27/20 | 28 min |
| CIO | March 27, 2020 - Disgrace/Something Nice | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sondermann, Natasha Gardner | 8pm | 3/27/20 | 28 min |

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| CIO | April 3, 2020 - Full Edition | Panelists discuss Senate Republican's letter to Polis, the Supreme Court decision on session, a proposed consolidated homeless shelter, and the rent crisis. | Dominic Dezzutti, Patty Calhoun, David Kopel, Alayna Alvarez, Jake Douglas | 8pm | 4/3/2020 | 28 min |
| CIO | April 3, 2020 - Disgrace/Something Nice | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, David Kopel, Alayna Alvarez, Jake Douglas | 8pm | 4/3/2020 | 28 min |
| CIO | April 10, 2020 - Full Edition | Panelists discuss ventilator distribution, state legislature's path forward, new Secretary of State powers, and jail populations during COVID-19. | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sondermann, Natasha Gardner | 8pm | 4/10/2020 | 28 min |
| CIO | April 10, 2020 - Disgrace/Something Nice | Each panelist highlights a "disgrace" and "something nice." | Dominic Dezzutti, Patty Calhoun, David Kopel, Eric Sondermann, Natasha Gardner | 8pm | 4/10/2020 | 28 min |