



QUARTERLY LISTING OF COMMUNITY ISSUES AND PROGRAMS

WTMX-Chicago

October 1, 2018 – December 31, 2018

Placed in the Public File-January 2, 2019

**Susan Wiencek
Public Affairs Manager**

Section I. Issues

WTMX has identified these significant issues facing our community in this quarter:

- A. Children's Health and Well-Being** so all our kids can be their best.
- B. Family Issues** to help support and strengthen families in our community.
- C. Community Issues** and ways to unite our neighborhoods and make them stronger and safer.
- D. Education Issues** related to schools and students in our community.
- E. Women's Issues** to keep women informed of health, employment, and other issues.
- F. Youth At Risk** and ways to help and support at-risk children and teens.
- G. Veterans and First Responder Issues**, concerns, and ways to support them.
- H. Health** and health-related issues.

Section II. Responsive Programs

WTMX has broadcast programming dealing with each of the above-referenced issues. Details about said programming is set out below.

A. Children's health and well-being

Public Service Announcement-Opioid abuse, broadcast on 10/14/18, 6:58am, one-minute in length. The truth about opioid abuse and how dependence can happen to anyone, particularly young people, in just five days.

"Hubbard Helps-Community Calendar segment with Lisa Allen"-broadcast on 10/14/18, 6:44am, one-minute in length. The upcoming Halo Awards on Oct. 25th will honor, celebrate and raise additional funds for three Chicago researchers/scientists who have been making incredible strides attacking three different diseases.

Public Service Announcement-Autism Speaks, broadcast 10/16/18-10/31/18, various times, 30-seconds in length, aired 15 times. A benefit gaming night is being held for the non-profit Autism Speaks; proceeds from "Chip In Casino Night" will help raise funds for autism research and everyday resources for families impacted by autism.

“Hubbard Helps”-broadcast on 10/21/18, 6:45am, 14-minutes in length. Helping moms with breast cancer talk to their children about the disease. A local mother and two-time breast cancer survivor and her teenage daughter helped create a mobile app called The Magic Tree to help take away some of the pain mothers face when having to tell their children about their cancer diagnosis. Kimberly Jewett was 34 years old when she was first diagnosed, her kids were six and three; her cancer returned four years later and her kids had more questions and concerns. Now Kimberly and her 16 year old daughter Kalli are reaching out to others who find themselves in the same situation and hope to take away some of the fear, pain, and uneasiness of a cancer diagnosis. Host: Susan Wiencek. Guests: Kimberly and Kalli Jewett.

“Hubbard Helps-Community Calendar segment with Lisa Allen”-broadcast on 10/21/18, 6:59am, one-minute in length. Details about the Bear Necessities Pediatric Cancer Foundation’s 5th Annual “Walk for the Bear” Costume Walk in Lincoln Park.

“Hubbard Helps-Community Calendar segment with Lisa Allen”-broadcast on 11/11/18, 6:59am, one-minute in length. Lisa has details about today’s 11th Annual Tow Trucks for Tots Parade to set a Guinness Book World Record and collect toys for children in need.

“Radio Health Journal”-broadcast on 12/9/18, 6:16am, eight-minutes in length. Party food safety. During the holidays, party foods are a prime source of food-borne illness. Two food scientists discuss common ways foods become contaminated, some of the myths of food contamination, and ways to keep foods safe when you have guests to protect. Host: Nancy Benson. Guests: Dr. Brian Sheldon, Prof. Emeritus of Food Microbiology, North Carolina State Univ. and co-author, Did You Just Eat That? Dr. Paul Dawson, Prof. of Food, Nutrition and Packaging Sciences, Clemson Univ. and co-author, Did You Just Eat That?

“Hubbard Helps”-broadcast on 12/9/18, 6:45am, 14-minutes in length. Teens and tattoos, piercings, and body modifications. For the first time, the American Academy of Pediatrics has made recommendations on tattoos, body piercings and body modifications in young people. We discussed concerns about the cleanliness of the tattoo parlor and the possibility of infection, that a teen should be up to date with vaccinations, the permanence of each of these forms of

art and self-expression, and long-term ramifications such as women getting nipple rings and then wanting to nurse their newborns later in life. Host: Susan Wiencek. Guest: Dr. Cora Breuner, Chair of the AAP Committee on Adolescents and lead author of the AAP's recommendations.

"Hubbard Helps"-broadcast on 12/16/18, 6:45am, 13-minutes in length.

The positive effects of paternity leave. A new study explores couples and their relationship when there's a new baby in the family, and found many positives to the couple's relationship when a father takes paternity leave early in a baby's life. Researchers also looked at a child's growth and development for the first ten years of life, comparing outcomes when a father has taken paternity leave, and when he hasn't. Again, the positive results were striking: better test scores, well-adjusted emotionally, happier children, content, and had better relationships with their fathers. Host: Susan Wiencek. Guest is Dr. Richard Petts, sociology professor at Ball State University and co-author of the study "Paternity Leave and Parental Relationships: Variations by Gender and Mothers' Work Statuses."

Public Service Announcement-Adopt Us Kids, broadcast 12/16/18-12/31/18, various times, 30-seconds in length, aired 15 times. Adopt Us Kids urges adults to consider adopting a teen in foster care.

Public Service Announcement-Step Up for Kids, broadcast 12/16/18-12/31/18, various times, 30-seconds in length, aired 15 times. Step Up for Kids is stair challenge to benefit Lurie Children's Hospital.

Public Service Announcement-Pilot Light, broadcast 12/16/18-12/31/18, various times, 30-seconds in length, aired 15 times. The annual First Bites Bash, a preview of Chicago Restaurant Week, supports the non-profit Pilot Light which helps Chicago children make healthier food choices.

B. Family

"Hubbard Helps"-broadcast on 10/7/18, 6:45am, 13-minutes in length.

The non-profit organization BrainUp. Following the terrifying news that their 22-year old daughter had an aggressive, terminal brain cancer and just a few months to live, Dan and Meg Kresach made good on a promise to do all they could for brain cancer research and three years ago created the non-profit BrainUp. The organization provides support and information for brain cancer patients and their

families, raises awareness for the disease, and funds for research. Host: Susan Wiencek. Guest: Dan Kresach, co-founder of BrainUp.

“Hubbard Helps”-broadcast on 10/14/18, 6:45am, 13-minutes in length.

The Kenneth Young Center. This non-profit organization in the northwest suburbs provides mental health services, programs and support for patients ages three to 103, and their families. Programs include counseling, intervention, addiction treatment, employment services, permanent supportive housing for those with mental illness, transitional living, and senior services. Host: Susan Wiencek. Guest: Grace Hong Duffin, CEO of Kenneth Young Center.

Public Service Announcement-Opioid abuse, broadcast on 10/14/18, 6:58am, one-minute in length. The truth about opioid abuse and how dependence can happen to anyone in just five days.

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“Hubbard Helps-Community Calendar segment with Lisa Allen”-broadcast on 11/4/18, 6:59am, one-minute in length. Details on the “Love for Lindsey” benefit on Nov. 9th to help a local woman battling the rare JC Virus.

“Hubbard Helps”-broadcast on 11/11/18, 6:45am, 14-minutes.

The Road Home Program at the Center for Veterans and Their Families at Rush University Medical Center. The Road Home program helps veterans and their families and friends cope with the invisible wounds of military service including PTSD, depression, anxiety, military sexual trauma, thoughts of suicide and more. The non-for-profit also helps with career training, housing, financial, and other issues vets may have, free of charge. Host: Susan Wiencek. Guests: Will Beiersdorf, Executive Director of The Road Home Program, and Thad Rydberg, Manager of Social Work Services at The Road Home Program.

“Hubbard Helps-Community Calendar segment with Lisa Allen”-broadcast on 11/11/18, 6:59am, one-minute in length. Lisa has details about today’s 11th

Annual Tow Trucks for Tots Parade to set a Guinness Book World Record and collect toys for children in need.

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“Hubbard Helps”-broadcast on 12/23/18 and 12/30/18, 6:45am, 13-minutes in length. Celebrating the holidays, and what to do if there’s a drug addict in the family. More than 21 million people are battling some type of substance abuse and for them the holidays can bring many triggers. So how can we help and what can we do when there’s an addict in the family? What should we do when grandpa blows a gasket and people are storming off? How do we behave around an addict we haven’t seen all year and want them to know we care? And what should hosts do to keep temptation at bay? Host is Susan Wiencek. Guest is Carleen Cardosi, Regional Administrator for Rosecrance, a not-for-profit addiction treatment program.

C. Community

Public Service Announcement-Goodwill, broadcast 10/1/18-10/31/18, 11/16/18-11/30/18, various times, 30-seconds in length, aired 44 times. Goodwill Industries is good place to shop for holiday decorations and help provide jobs and job training for our neighbors in need.

Public Service Announcement-In Good Taste, broadcast 10/1/18-10/31/18, various times, 30-seconds in length, aired 31 times. In Good Taste is a month-long benefit for Lynn Sage Scholars, a local non-profit that funds a handful of local researchers working on new treatments for breast cancer.

“Hubbard Helps”-broadcast on 10/7/18, 6:45am, 13-minutes in length.

The non-profit organization BrainUp. Following the terrifying news that their 22-year old daughter had an aggressive, terminal brain cancer and just a few months to live, Dan and Meg Kresach made good on a promise to do all they could for brain cancer research and three years ago created the non-profit BrainUp. The organization provides support and information for brain cancer patients and their families, raises awareness for the disease, and funds for research. Host: Susan Wiencek. Guest: Dan Kresach, co-founder of BrainUp.

Public Service Announcement-See something, say something, broadcast on 10/7/18, 10/28/18, 12/16/18, 6:58am, one-minute in length. If you see something, say something campaign urges everyone to be vigilant about our safety.

Public Service Announcement-broadcast on 10/14/18, 6:58am, one-minute in length. The truth about opioid abuse and how dependence can happen to anyone in just five days.

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Pediatric Cancer Foundation's 5th Annual "Walk for the Bear" Costume Walk in Lincoln Park.

"Hubbard Helps"-broadcast on 10/28/18, 6:45am, 13-minutes in length.

Twist Out Cancer presents Brushes with Cancer. A 29-year old Chicago woman wanted to feel a little better after her chemotherapy treatment so she made a little video of herself doing the twist, shared it on Facebook, and asked others to join her. Within two days more than 2,000 people responded with their own twist videos. Jenna Benn Shersher did feel better, happier, and felt she was on to something. She went on to create a community and subsequent non-profit called Twist Out Cancer for patients and their family and friends. Then she invited artists to get involved and Brushes with Cancer was born, for artists to create one-of-a-kind pieces for specific cancer patients. Brushes with Cancer is now worldwide and hosting a big reveal party in Chicago on Nov. 3rd. Host: Susan Wiencek. Guest: Jenna Benn Shersher.

"Hubbard Helps-Community Calendar segment with Lisa Allen"-broadcast on 10/28/18, 6:59am, one-minute in length. Details on Spooktacular, a street party, retail trick or treating, and costume contest in Chicago's Lincoln Park neighborhood.

"Hubbard Helps"-broadcast on 11/4/18, 6:45am, 14-minutes in length.

Caring Patriots. This local not-for-profit is hosting the 10th Annual Veterans Food Drive, with a goal of providing complete Thanksgiving dinners for 1,000 Chicago-area veterans in need. The food drive has been going on for months but they still need donations of food and money, and volunteers to help with sorting and distribution the weekend of Nov. 17th and 18th. Host: Susan Wiencek. Guest: Caring Patriots founder and President Mike Cozzi.

"Hubbard Helps-Community Calendar segment with Lisa Allen"-broadcast on 11/4/18, 6:59am, one-minute in length. Details on the "Love for Lindsey" benefit on Nov. 9th to help a local woman battling the rare JC Virus.

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“Hubbard Helps-Community Calendar segment with Lisa Allen”-broadcast on 11/18/18, 6:59am, one-minute in length. Details on efforts by commuters to get a book published that’s been written by a Chicago man who is homeless.

Public Service Announcement-broadcast on 11/21/18, 1:10pm, one-minute in length. The Northern Illinois Food Bank is asking people to sponsor a Holiday Meal Box for \$30 to provide a full holiday meal and some extras for a family of eight.

“Hubbard Helps-Community Calendar segment with Lisa Allen”-broadcast on 11/25/18, 6:59am, one-minute in length. Details on the Santa Run hosted by the Rotary Club of Arlington Heights.

Public Service Announcement-Feeding America, broadcast 12/1/18-12/15/18, various times, 30-seconds in length, aired 15 times. Donations to Feeding America help support Chicago’s two biggest food banks: The Greater Chicago Food Depository and The Northern Illinois Food Bank.

“Hubbard Helps”-broadcast on 12/2/18, 6:45am, 14-minutes in length. Esperanza Community Services offers help and hope to Chicago-area children and adults with developmental and intellectual disabilities, particularly those with autism spectrum disorder who are non-verbal. Esperanza means “hope” in Spanish, and the non-profit school brings hope to special needs adults and children by way of education and classes and training for older children and adults so they can become as independent as possible. Esperanza also has a vibrant art program and adults help put together art shows of their work and even sell their pieces with the proceeds going to Esperanza and the artists. An upcoming art show, titled We Work Together, is set for Dec. 8th. Host is Susan Wiencek. Guest is Joy Decker, Executive Director of Esperanza Community Services.

“Hubbard Helps-Community Calendar segment with Lisa Allen”-broadcast on 12/2/18, 6:59am, one-minute in length. Details on Gallery 37 in downtown Chicago hosting a student art sale featuring works by high school students participating in the After School Matters program.

Public Service Announcement-Adopt Us Kids, broadcast 12/16/18-12/31/18, various times, 30-seconds in length, aired 15 times. Adopt Us Kids urges adults to consider adopting a teen in foster care.

Public Service Announcement-Chicago Art Girls, broadcast 12/1/18-12/15/18, various times, 30-seconds in length, aired 15 times. Chicago Art Girls, a collection of local artisans, is hosting its 7th Annual Holiday Pop Up Shop with proceeds supporting a local food bank, Common Pantry.

Public Service Announcement-Support the USO, broadcast on 12/23/18, 12/30/18, 6:58am, one-minute in length. The USO is supporting our troops, and there are ways we can support the USO.

D. Education

“Hubbard Helps”-broadcast on 11/25/18, 6:45am, 14-minutes in length. His Chicago upbringing and education helped Jonathon Cain go on to become a true rock star! Born and raised on Chicago’s West Side, Cain is a member of the iconic band Journey. He plays keyboards, sings backup, and is also a prolific songwriter having penned many of the groups biggest hits including “Don’t Stop Believing,” “Faithfully,” and “Open Arms.” Cain and Journey are in the Rock and Roll Hall of Fame, and he’s just written a book about growing up in Chicago and how it influenced his life titled Don’t Stop Believin’. Host is Susan Wiencek. Guest is Jonathon Cain.

“Hubbard Helps”-broadcast on 12/2/18, 6:45am, 14-minutes in length. Esperanza Community Services offers help and hope to Chicago-area children and adults with developmental and intellectual disabilities, particularly those with autism spectrum disorder who are non-verbal. Esperanza means “hope” in Spanish, and the non-profit school brings hope to special needs adults and children by way of education and classes and training for older children and adults so they can become as independent as possible. Esperanza also has a vibrant art program and adults help put together art shows of their work and even sell their pieces with the proceeds going to Esperanza and the artists. An upcoming art show, titled We Work Together, is set for Dec. 8th. Host is Susan Wiencek. Guest is Joy Decker, Executive Director of Esperanza Community Services.

E. Women’s Issues

Public Service Announcement-broadcast 10/1/18-10/31/18, various times, 30-seconds in length, aired 31 times. In Good Taste is a month-long benefit for Lynn Sage Scholars, a local non-profit that funds a handful of local researchers working on new treatments for breast cancer.

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“Hubbard Helps”-broadcast on 11/18/18, 6:45am, 14-minutes in length. A conversation on “festive stress,” and ways to avoid it! Some people, usually women, get so stressed out by the holidays and making everything merry and bright for everyone else that they can’t enjoy the holidays themselves. It impacts more than half of moms surveyed! One way to avoid festive stress is to be better organized. Ruth Soukup is an organizer, a New York Times best-selling author, and marquis blogger with more than one million moms following her at *Living Well, Spending Less*. Ms. Soukup suggests we start by identifying what’s really important to us at the holidays, what we can do to help others, what we don’t want to do over the holidays. She also has time-saving suggestions, tips for avoiding overspending, and a free holiday planner. Host: Susan Wiencek. Guest: Ruth Soukup.

“Hubbard Helps”-broadcast on 12/16/18, 6:45am, 13-minutes in length. The positive effects of paternity leave. A new study explores couples and their relationship when there’s a new baby in the family, and found many positives to the couple’s relationship when a father takes paternity leave early in a baby’s life. Researchers also looked at a child’s growth and development for the first ten years of life, comparing outcomes when a father has taken paternity leave, and

when he hasn't. Again, the positive results were striking: better test scores, well-adjusted emotionally, happier children, content, and had better relationships with their fathers. Host: Susan Wiencek. Guest is Dr. Richard Petts, sociology professor at Ball State University and co-author of the study "Paternity Leave and Parental Relationships: Variations by Gender and Mothers' Work Statuses."

Public Service Announcement-National Breast Cancer Foundation, broadcast on 12/23/18, 12/30/18, 6:59am, one-minute in length. The National Breast Cancer Foundation helps women from all walks of life get tested for breast cancer.

F. Youth at risk

"Hubbard Helps"-broadcast on 10/14/18, 6:45am, 13-minutes in length.

The Kenneth Young Center. This non-profit organization in the northwest suburbs provides mental health services, programs and support for patients ages three to 103, and their families. Programs include counseling, intervention, addiction treatment, employment services, permanent supportive housing for those with mental illness, transitional living, and senior services. Host: Susan Wiencek. Guest: Grace Hong Duffin, CEO of Kenneth Young Center.

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years of life, comparing outcomes when a father has taken paternity leave, and when he hasn't. Again, the positive results were striking: better test scores, well-adjusted emotionally, happier children, content, and had better relationships with their fathers. Host: Susan Wiencek. Guest is Dr. Richard Petts, sociology professor at Ball State University and co-author of the study "Paternity Leave and Parental Relationships: Variations by Gender and Mothers' Work Statuses."

G. Veterans and First Responders

Public Service Announcement-See something, say something, broadcast on 10/7/18, 10/28/18, 12/16/18, 6:58am, one-minute in length. If you see something, say something campaign urges everyone to be vigilant about our safety.

Public Service Announcement-Americans for Better Hearing Foundation, broadcast 10/1/18-10/15/18, various times, 30-seconds in length, aired 15 times. Americans for Better Hearing Foundation is local non-profit that provides free hearing testing and hearing aids for low-income citizens and all veterans.

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Caring Patriots. This local not-for-profit is hosting the 10th Annual Veterans Food Drive, with a goal of providing complete Thanksgiving dinners for 1,000 Chicago-area veterans in need. The food drive has been going on for months but they still need donations of food and money, and volunteers to help with sorting and distribution the weekend of Nov. 17th and 18th. Host: Susan Wiencek. Guest: Caring Patriots founder and President Mike Cozzi.

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The Road Home Program at the Center for Veterans and Their Families at Rush University Medical Center. The Road Home program helps veterans and their families and friends cope with the invisible wounds of military service including PTSD, depression, anxiety, military sexual trauma, thoughts of suicide and more. The non-for-profit also helps with career training, housing, financial, and other issues vets may have, free of charge. Host: Susan Wiencek. Guests: Will Beiersdorf, Executive Director of The Road Home Program, and Thad Rydberg, Manager of Social Work Services at The Road Home Program.

Public Service Announcement-broadcast on 12/23/18, 12/30/18, 6:58am, one-minute in length. The USO is supporting our troops, and there are ways we can support the USO.

H. Health

Public Service Announcement-broadcast 10/1/18-10/31/18, various times, 30-seconds in length, aired 31 times. In Good Taste is a month-long benefit for Lynn Sage Scholars, a local non-profit that funds a handful of local researchers working on new treatments for breast cancer.

Public Service Announcement-broadcast 10/1/18-10/15/18, various times, 30-seconds in length, aired 15 times. Americans for Better Hearing Foundation is local non-profit that provides free hearing testing and hearing aids for low-income citizens and all veterans.

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The non-profit organization BrainUp. Following the terrifying news that their 22-year old daughter had an aggressive, terminal brain cancer and just a few months to live, Dan and Meg Kresach made good on a promise to do all they could for brain cancer research and three years ago created the non-profit BrainUp. The organization provides support and information for brain cancer patients and their families, raises awareness for the disease, and funds for research. Host: Susan Wiencek. Guest: Dan Kresach, co-founder of BrainUp.

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Public Service Announcement-Movember, broadcast 11/1/18-11/26/18, various times, 30-seconds in length, aired 26 times. Movember is a campaign designed to raise awareness for men's health issues including prostate cancer, testicular cancer, mental health, and suicide.

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Teens and tattoos, piercings, and body modifications. For the first time, the American Academy of Pediatrics has made recommendations on tattoos, body piercings and body modifications in young people. We discussed concerns about the cleanliness of the tattoo parlor and the possibility of infection, that a teen should be up to date with vaccinations, the permanence of each of these forms of art and self-expression, and long-term ramifications such as women getting nipple rings and then wanting to nurse their newborns later in life. Host: Susan Wiencek. Guest: Dr. Cora Breuner, Chair of the AAP Committee on Adolescents and lead author of the AAP's recommendations.

Public Service Announcement-broadcast on 12/16/18, 6:59am, one-minute in length. Fake online pharmacies and the dangers of purchasing and ingesting prescriptions from illegitimate online pharmacy companies.

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family. More than 21 million people are battling some type of substance abuse and for them the holidays can bring many triggers. So how can we help and what can we do when there's an addict in the family? What should we do when grandpa blows a gasket and people are storming off? How do we behave around an addict we haven't seen all year and want them to know we care? And what should hosts do to keep temptation at bay? Host is Susan Wiencek. Guest is Carleen Cardosi, Regional Administrator for Rosecrance, a not-for-profit addiction treatment program.

Public Service Announcement-broadcast on 12/23/18, 12/30/18, 6:59am, one-minute in length. The National Breast Cancer Foundation helps women from all walks of life get tested for breast cancer.

Other issues addressed:

Business, jobs, employment

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"Hubbard Helps"-broadcast on 10/14/18, 6:45am, 13-minutes in length. The Kenneth Young Center. This non-profit organization in the northwest suburbs provides mental health services, programs and support for patients ages three to 103, and their families. Programs include counseling, intervention, addiction treatment, employment services, permanent supportive housing for those with mental illness, transitional living, and senior services. Host: Susan Wiencek. Guest: Grace Hong Duffin, CEO of Kenneth Young Center.

"Hubbard Helps"-broadcast on 11/11/18, 6:45am, 14-minutes. The Road Home Program at the Center for Veterans and Their Families at Rush University Medical Center. The Road Home program helps veterans and their families and friends cope with the invisible wounds of military service including PTSD, depression, anxiety, military sexual trauma, thoughts of suicide and more.

The non-for-profit also helps with career training, housing, financial, and other issues vets may have, free of charge. Host: Susan Wiencek. Guests: Will Beiersdorf, Executive Director of The Road Home Program, and Thad Rydberg, Manager of Social Work Services at The Road Home Program.

“Hubbard Helps”-broadcast on 12/2/18, 6:45am, 14-minutes in length. Esperanza Community Services offers help and hope to Chicago-area children and adults with developmental and intellectual disabilities, particularly those with autism spectrum disorder who are non-verbal. Esperanza means “hope” in Spanish, and the non-profit school brings hope to special needs adults and children by way of education and classes and training for older children and adults so they can become as independent as possible. Esperanza also has a vibrant art program and adults help put together art shows of their work and even sell their pieces with the proceeds going to Esperanza and the artists. An upcoming art show, titled We Work Together, is set for Dec. 8th. Host is Susan Wiencek. Guest is Joy Decker, Executive Director of Esperanza Community Services.

Mental health/addiction issues

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“Hubbard Helps”-broadcast on 11/18/18, 6:45am, 14-minutes in length. A conversation on “festive stress,” and ways to avoid it! Some people, usually women, get so stressed out by the holidays and making everything merry and bright for everyone else that they can’t enjoy the holidays themselves. It impacts more than half of moms surveyed! One way to avoid festive stress is to be better organized. Ruth Soukup is an organizer, a New York Times best-selling author, and marquis blogger with more than one million moms following her at *Living Well, Spending Less*. Ms. Soukup suggests we start by identifying what’s really important to us at the holidays, what we can do to help others, what we don’t want to do over the holidays. She also has time-saving suggestions, tips for avoiding overspending, and a free holiday planner. Host: Susan Wiencek. Guest: Ruth Soukup.

“Hubbard Helps”-broadcast on 12/23/18 and 12/30/18, 6:45am, 13-minutes in length. Celebrating the holidays, and what to do if there’s a drug addict in the family. More than 21 million people are battling some type of substance abuse and for them the holidays can bring many triggers. So how can we help and what can we do when there’s an addict in the family? What should we do when grandpa blows a gasket and people are storming off? How do we behave around an addict we haven’t seen all year and want them to know we care? And what should hosts do to keep temptation at bay? Host is Susan Wiencek. Guest is Carleen Cardosi, Regional Administrator for Rosecrance, a not-for-profit addiction treatment program.

Technology, media, communications, and social media

“Hubbard Helps”-broadcast on 10/21/18, 6:45am, 14-minutes in length. Helping moms with breast cancer talk to their children about the disease. A local mother and two-time breast cancer survivor and her teenage daughter helped create a mobile app called The Magic Tree to help take away some of the pain mothers face when having to tell their children about their cancer diagnosis. Kimberly Jewett was 34 years old when she was first diagnosed, her kids were six and three; her cancer returned four years later and her kids had more questions and concerns. Now Kimberly and her 16 year old daughter Kalli are reaching out to others who find themselves in the same situation and hope to take away some of the fear, pain, and uneasiness of a cancer diagnosis. Host: Susan Wiencek. Guests: Kimberly and Kalli Jewett.

“Hubbard Helps”-broadcast on 10/28/18, 6:45am, 13-minutes in length. Twist Out Cancer presents Brushes with Cancer. A 29-year old Chicago woman wanted to feel a little better after her chemotherapy treatment so she made a little video of herself doing the twist, shared it on Facebook, and asked others to join her. Within two days more than 2,000 people responded with their own twist videos. Jenna Benn Shersher did feel better, happier, and felt she was on to something. She went on to create a community and subsequent non-profit called Twist Out Cancer for patients and their family and friends. Then she invited artists to get involved and Brushes with Cancer was born, for artists to create one-of-a-kind pieces for specific cancer patients. Brushes with Cancer is now worldwide and hosting a big reveal party in Chicago on Nov. 3rd. Host: Susan Wiencek. Guest: Jenna Benn Shersher.

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Art, the arts, culture

“Hubbard Helps”-broadcast on 10/28/18, 6:45am, 13-minutes in length. Twist Out Cancer presents Brushes with Cancer. A 29-year old Chicago woman wanted to feel a little better after her chemotherapy treatment so she made a little video of herself doing the twist, shared it on Facebook, and asked others to join her. Within two days more than 2,000 people responded with their own twist videos. Jenna Benn Shersher did feel better, happier, and felt she was on to something. She went on to create a community and subsequent non-profit called Twist Out Cancer for patients and their family and friends. Then she invited artists to get involved and Brushes with Cancer was born, for artists to create one-of-a-

kind pieces for specific cancer patients. *Brushes with Cancer* is now worldwide and hosting a big reveal party in Chicago on Nov. 3rd. Host: Susan Wiencek. Guest: Jenna Benn Shersher.

“Hubbard Helps-Community Calendar segment with Lisa Allen”-broadcast on 11/18/18, 6:59am, one-minute in length. Details on efforts by commuters to get a book published that’s been written by a Chicago man who is homeless.

“Hubbard Helps”-Broadcast on 11/25/18, 6:45am, 14-minutes in length. His Chicago upbringing and education helped Jonathon Cain go on to become a true rock star! Born and raised on Chicago’s West Side, Cain is a member of the iconic band Journey. He plays keyboards, sings backup, and is also a prolific songwriter having penned many of the groups biggest hits including “Don’t Stop Believing,” “Faithfully,” and “Open Arms.” Cain and Journey are in the Rock and Roll Hall of Fame, and he’s just written a book about growing up in Chicago and how it influenced his life titled Don’t Stop Believin’. Host is Susan Wiencek. Guest is Jonathon Cain.

“Hubbard Helps”-broadcast on 12/2/18, 6:45am, 14-minutes in length. Esperanza Community Services offers help and hope to Chicago-area children and adults with developmental and intellectual disabilities, particularly those with autism spectrum disorder who are non-verbal. Esperanza means “hope” in Spanish, and the non-profit school brings hope to special needs adults and children by way of education and classes and training for older children and adults so they can become as independent as possible. Esperanza also has a vibrant art program and adults help put together art shows of their work and even sell their pieces with the proceeds going to Esperanza and the artists. An upcoming art show, titled *We Work Together*, is set for Dec. 8th. Host is Susan Wiencek. Guest is Joy Decker, Executive Director of Esperanza Community Services.

“Hubbard Helps-Community Calendar segment with Lisa Allen”-broadcast on 12/2/18, 6:59am, one-minute in length. Details on Gallery 37 in downtown Chicago hosting a student art sale featuring works by high school students participating in the After School Matters program.

“Hubbard Helps”-broadcast on 12/9/18, 6:45am, 14-minutes in length. Teens and tattoos, piercings, and body modifications. For the first time, the American Academy of Pediatrics has made recommendations on tattoos, body

piercings and body modifications in young people. We discussed concerns about the cleanliness of the tattoo parlor and the possibility of infection, that a teen should be up to date with vaccinations, the permanence of each of these forms of art and self-expression, and long-term ramifications such as women getting nipple rings and then wanting to nurse their newborns later in life. Host: Susan Wiencek. Guest: Dr. Cora Breuner, Chair of the AAP Committee on Adolescents and lead author of the AAP's recommendations.

Public Service Announcement-Chicago Art Girls, broadcast 12/1/18-12/15/18, various times, 30-seconds in length, aired 15 times. Chicago Art Girls, a collection of local artisans, is hosting its 7th Annual Holiday Pop Up Shop with proceeds supporting a local food bank, Common Pantry.