

WOLL  
West Palm Beach, FL  
Quarterly Issues/Programs List  
Fourth Quarter, 2018  
01/04/2019

WOLL  
Quarterly Issues/Programs List

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WOLL provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

- Health
  - Kravis Center
  - Crohns and Colitis Foundation
  - Association of Fundraising
  - Students & Palm Health Foundation
  - Leukemia Lymphoma Society
  - MNM Theatre Company
  - PBC Parks
  - St. Jude
  - Jewish Women's Foundation of Greater Palm Beach
  - Mounts Botanical 40<sup>th</sup> Year Anniversary
  - Adopt a Cop USA
  - Treasure Coast Youth Symphony
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**Section I  
LOCAL PROGRAMMING**

Section I lists regularly-scheduled and special programs that represent the station's issue-responsive programming providing the most significant treatment of the issues listed above for the calendar quarter.

WOLL broadcast Perspective on Sundays at 7:00 am

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/ TIME	DURA- TION
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<p>Kravis Center</p>	<p>Palm Beach Perspectives</p>	<p>Talked w Linda Birdsey and Ashley Douglass, from the Kravis Center. They are starting their 27th season with lots of great shows. Their mission is to provide enrichment through arts to the community. They have multiple venues: Perrson Hall, Rinker and Dreyfus. Listeners can find all the shows listed online and lots of video clips of upcoming shows. They are also on Facebook, Twitter, Instagram. They have several fundraisers including the Gala, <a href="http://kravis.org/gala">kravis.org/gala</a> and Palm Beach Wine Auction, <a href="http://www.palmbeachwineauction.org">www.palmbeachwineauction.org</a>. They are also in the middle of an expansion, Kravis 20/20 the Future is Now, <a href="mailto:kravis2020@kravis.org">kravis2020@kravis.org</a>. Kravis is also looking for volunteers and they have a sign up tab on the website. For more info listeners can go to <a href="http://www.Kravis.org">www.Kravis.org</a></p>	<p>Linda Birdsey and Ashley Douglass, from the Kravis Center <a href="http://www.kravis.org">www.kravis.org</a></p>	<p>OCT 7, 2018</p>	<p>30 min</p>
<p>Crohns and Colitis Foundation</p>	<p>Palm Beach Perspectives</p>	<p>Talked with Katie Keohane, Exec Dir. and Alyssa Rich, Take Steps Walk Mgr, Crohns and Colitis Foundation. They have a walk coming up on November 3 at 10am at City Place. It's family friendly and is an easy 1/2 mile stroll around City Place. This is the 10th anniversary of the Walk in West Palm Beach. Listeners are welcome to create teams and come out and show their support. It's free to walk but funds raised will go to research and helping kids with IBD go to Camp Oasis. For more info on the walk, Crohns, Ulcerative Colitis, symptoms and treats listeners can go to <a href="http://www.chronscolitisfoundation.org">www.chronscolitisfoundation.org</a> They can also sign up to volunteer online and patients can access the latest research and connect with multiple support options on line as well. For more details call 561-218-2929 or 888-my-gut-pain.</p>	<p>Katie Keohane, Exec Dir. and Alyssa Rich, Take Steps Walk Mgr, Crohns and Colitis Foundation <a href="http://www.chronscolitisfoundation.org">www.chronscolitisfoundation.org</a></p>	<p>Oct 14, 2018</p>	<p>30 min</p>

<p>Association of Fundraising Professionals Palm Beach County</p>	<p>Palm Beach Perspectives</p>	<p>Talked with Jay Zeager and Sarah Turner, Co-Chairs, Association of Fundraising Professionals Palm Beach County. They are co-hosting this year's AFP National Philanthropy Day Awards Luncheon. It's happening on Friday, November 16th at the Cohen Pavilion at the Kravis Center for the Performing Arts. It's from 11:30am-1:30pm. Proceeds from the event benefit training and scholarships for individuals and organizations serving non-profits in the community. The Association of Fundraising Professionals is about connecting community to philanthropy. They work to advance philanthropy through advocacy, research, education and certification programs. For more information, to apply for a scholarship, become a volunteer or a member, listeners can go to <a href="http://www.afppbc.org">www.afppbc.org</a></p>	<p>Jay Zeager and Sarah Turner, Co-Chairs, Association of Fundraising Professionals Palm Beach County <a href="http://www.afppbc.org">www.afppbc.org</a></p>	<p>Oct 21, 2018</p>	<p>30 min</p>
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<p>Students &amp; Palm Health Foundation (formerly Palm Healthcare Foundation )</p>	<p>Palm Beach Perspectives</p>	<p>Talked with Marjorie Sullivan, Vice President, Communications and Vanessa Moss, Communications Manager, Palm Health Foundation. They recently changed their name to Palm Health from Palm Healthcare. Palm Health was created from the sales of St. Mary's and Good Sam and the monies designated for community health programs. They are currently doing October's Train the Brain campaign. This campaign is designed to engage the public in taking care of their brain health, like they would their body. Listeners can go to <a href="http://Trainthebrainpbc.org">Trainthebrainpbc.org</a> and sign up to take the Brain Training pledge. It includes various activities such as: sleep 7 hours, add fruits/veg to meals, be active for at least 30 minutes, meditation, and spending time with family/friends and showing kindness to everyone. They are doing a bunch of different programs throughout the month to support the different goals. Coming up on the 29th they have Healthy Cooking for Thriving Couples and families - a cooking demo taught by Chef Michael Schenk of Farmer's Table restaurant in Boca. Then on the 30th, Lindsey White will be teaching a Train the Brain Yin Yoga class at Little Ocean Yoga. For more details, listeners can go to <a href="http://www.trainthebrainpbc.org">www.trainthebrainpbc.org</a>.</p>	<p>Marjorie Sullivan, Vice President, Communications and Vanessa Moss, Communications Manager, Palm Health Foundation <a href="http://www.trainthebrainpbc.org">www.trainthebrainpbc.org</a></p>	<p>Oct 28, 2018</p>	<p>30 min</p>
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<p>Leukemia Lymphoma Society</p>	<p>Palm Beach Perspectives</p>	<p>Talked with Terrie and Mike from Leukemia Lymphoma Society. The annual Light the Night Walk is coming up on Friday November 9th in West Palm Beach at the Ballpark and then on the 10th in Boca at the Mizner Amphitheatre. Mike is this year's Walk Chair and encourages everyone to sign up, make a team, raise money for research and help spread awareness. For more info, to volunteer, to donate, or to become a sponsor, Listeners can go <a href="https://www.lls.org/palm-beach-area">https://www.lls.org/palm-beach-area</a></p>	<p>Terrie and Mike from Leukemia Lymphoma Society <a href="http://www.lls.org">www.lls.org</a></p>	<p>Nov 4, 2018</p>	<p>30 min</p>
<p>MNM Theatre Company</p>	<p>Palm Beach Perspectives</p>	<p>Talked with Marcie Gorman and Emily Tarallo from MNM Theatre Company formerly MNM Productions. MNM is now a 501c3 and they are committed to producing wonderful live theatre using local actors/musicians. They are wrapping up their season with a co-production with the Kravis Center of Grease. It will be running in the Rinker Playhouse November 15th- Dec2. They already have some sold out shows so for dates/tickets availability, listeners can go to <a href="http://www.kravis.org">www.kravis.org</a>. Grease is set in Rydell High School in 1959 with the "Burger Palace Boys" and "Pink Ladies" and features lots of great pop hits such as Greased Lightnin' and Summer Loving. To find out more about being a volunteer, sponsor or to make donations, listeners can go to <a href="http://www.mnmtheatre.org">www.mnmtheatre.org</a></p>	<p>Marcie Gorman and Emily Tarallo from MNM Theatre Company <a href="http://www.mnmtheatre.org">www.mnmtheatre.org</a></p>	<p>Nov 11, 2018</p>	<p>30 min</p>

PBC Parks	Palm Beach Perspectives	<p>Talked with Stephanie Surrena, PR Specialist, Office of Public Engagement Palm Beach County Parks and Recreation Department. There are 80+ county parks in Palm Beach County. We talked about the health benefits of getting outside and spending time in nature. They have lots of fun events that are family friendly including 5k run/walks. This year they are doing two 5k race/walks on Thanksgiving morning: 9th Annual Turkey Trot 7:30am at Burt Aaronson South County Regional Park (West Boca) and the inaugural Hunger Heroes 5k at John Prince Park, Lake Worth at 7:30am. Listeners can sign up at PBCparks.com. There's a movie night (Secret Life of Walter Mitty) Saturday November 24th at Canyon Amphitheater District Park in Boynton (free admission). They have 4 dog parks throughout the county as well. They are always looking for volunteers to help at events or for long term opportunities (such as Docent at Pioneer Home in Dubois Park). Folks can sign up at the website. <a href="http://www.pbcparks.com">www.pbcparks.com</a></p>	<p>Stephanie Surrena, PR Specialist, Office of Public Engagement Palm Beach County Parks and Recreation Department <a href="http://www.pbcparks.org">www.pbcparks.org</a></p>	Nov 18, 2018	30 min
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<p>St. Jude (repeat on 12/2)</p>	<p>Palm Beach Perspectives</p>	<p>Talked with Melissa Miranda, Development Representative Atlantic Coast Region-Miami ALSAC, St. Jude Children's Research Hospital and Lindsay Wolf, Promotions Director, IHeartMedia about St. Jude and our upcoming 2nd annual radio telethon on WAVE Country to raise funds for St. Jude. St. Jude was founded by Danny Thomas in Memphis, TN to provide cutting edge cancer treatment to children regardless of their ability to pay. They've increased the survival rate from 20% in 1962 to 80% today. St. Jude works with local hospitals as well; the kids go to St. Jude for their initial treatment and then get their treatments at home with follow-up visits at St. Jude. Listeners can tune in to WAVE Country on Dec 6 and 7th to help donate. If they want to volunteer to work with St. Jude go to <a href="http://www.stjude.org">www.stjude.org</a></p>	<p>Melissa Miranda, Development Representative Atlantic Coast Region-Miami ALSAC, St. Jude Children's Research Hospital and Lindsay Wolf, Promotions Director, IHeartMedia  <a href="http://www.stjude.org">www.stjude.org</a></p>	<p>Nov 25, 2018</p>	<p>30 min</p>
<p>Jewish Women's Foundation of the Greater Palm Beaches</p>	<p>Palm Beach Perspectives</p>	<p>Talked with Jennifer Kryshka, Interim Executive Director, Jewish Women's Foundation of the Greater Palm Beaches. Their vision is a world where gender is not a barrier to safety or success and women and girls have equal social, political, economic, and religious opportunities. They are working toward that goal with grant making, advocacy, leadership training and educational seminars in the community. They are having their "Imagine the Possibilities" luncheon this Wednesday at the Kravis Center honoring founding trustee, Paula Lustbader. On December 17th the Young Leaders Society Celebratory Happy Hour will be at West Palm Brewery &amp; Wine Vault ta 5:30pm. Listeners can go to <a href="http://www.jwfpalmbeach.org">www.jwfpalmbeach.org</a> to find out about making donations, volunteer opportunities, local programs, teen programs, leadership programs and more.</p>	<p>Jennifer Kryshka, Interim Executive Director, Jewish Women's Foundation of the Greater Palm Beaches <a href="http://www.jwfpalmbeach.org">www.jwfpalmbeach.org</a></p>	<p>Dec 9, 2018</p>	<p>30 min</p>

<p>Mounts Botanical 40th Anniversary</p>	<p>Palm Beach Perspectives</p>	<p>Talked with Rochelle Wolberg, Curator/Director Mounts Botanical and Elizabeth Dashiell, Palm Beach PR about Mount's 40th year and all the events they are planning. Right now through December 30th is their 1st annual Garden of Lights event (daily from 5:30p-8:30p, last ticket sold at 7:45pm). And on certain days they offer extra treats for example, Dance Arts Conservatory - Ballet performance on Friday, December 21st, 6:30 pm. Then in January, renowned artist, Patrick Dougherty will create an original, massive Stickwork structure right on site. It's an interactive, environmental exhibit, called "Twisted."and the community can help in the build. There a lots of different gardens, programs/classes and volunteer opportunities at Mounts Botanical. To get more information/make donations, listeners can go to <a href="http://www.mounts.org">www.mounts.org</a> and can follow them on FB/instagram as well.</p>	<p>Rochelle Wolberg, Curator/Director Mounts Botanical and Elizabeth Dashiell, Palm Beach PR <a href="http://www.mounts.org">www.mounts.org</a></p>	<p>Dec 16, 2018</p>	<p>30 min</p>
<p>Adopt A Cop USA</p>	<p>Palm Beach Perspectives</p>	<p>Talked with Sgt. Frank Danysh, Founder, Adopt-A-Cop USA. He retired after serving 24 years with the Boynton Beach Police department. He and fellow officers recognized the need for improved communications/mentoring with the community. Adopt-A-Cop USA was formed to create that link between officers and kids in schools to help by mentoring, being role models, and offering like coaching to the children. If listeners want more information they can go to <a href="http://myaacusa.org">myaacusa.org</a> to become volunteers, make donations and request services at their kid's school.</p>	<p>Sgt. Frank Danysh, Founder, Adopt-A-Cop USA. <a href="http://www.myaacusa.org">www.myaacusa.org</a></p>	<p>Dec 23, 2018</p>	<p>30 min</p>



Treasure Coast Youth Symphony	Palm Beach Perspectives	Talked with Tom Servinsky, Conductor, Treasure Coast Youth Symphony; Jack Maravell, McCartney Mania and Daniel Hartwell, Producer, International Beatles on the Beach Festival. Tom works with students to improve their musical skill and provide them opportunities to play in concerts throughout the season. He's also working with the Academy Orchestra (pro-am) and they in conjunction with McCartney Mania are performing January 5th at the Lyric Theatre, Stuart FL. Daniel is producing the International Beatles on the Beach Festival in Delray Beach, FL from April 25-28 and the orchestra will play there as well. For more info listeners can go to <a href="http://www.treasurecoastyouthsymphony.com">www.treasurecoastyouthsymphony.com</a> , reach out to Jack <a href="mailto:fab4ent@aol.com">fab4ent@aol.com</a> ; or get details from Daniel at <a href="http://www.beatlesonthebeach.com">www.beatlesonthebeach.com</a>	Tom Servinsky, Conductor, Treasure Coast Youth Symphony; Jack Maravell, McCartney Mania and Daniel Hartwell, Producer, International Beatles on the Beach Festival <a href="http://www.treasurecoastyouthsymphony.com">www.treasurecoastyouthsymphony.com</a>	Dec 30, 2018	30 min

**Section II  
NETWORK (and/or SYNDICATED) PROGRAMMING**

Section II lists the network-provided (and/or syndicated) programming that the station broadcast during the preceding calendar quarter that addresses community issues.

**WOLL broadcasts Radio Health Journal on Sundays at 7:30 a.m.**

**2018-Q4 (October-December) Radio Health Journal Quarterly Report  
Compliance Issues covered this quarter:**

Adoption	Human development
Aging	Infectious disease
Air pollution	Insurance
American society and culture	Medical ethics
Business and industry	Mental health
Child abuse and neglect	Nutrition
Child welfare system	Obesity
Climate change	Online fraud
Consumerism	Pets and people
Dementia	Police and justice system
Disabilities	Pop culture
Discrimination	PTSD
Drug abuse and enforcement	Public health
Economics	Public safety
Education	Research and development
Elderly and senior citizens	Science and engineering
Employment and unemployment	Technology
Environmental issues	Traffic safety
Family and parenting issues	Treatment and prevention
Food Safety	Veteran's issues
Government and regulation	Youth at risk
Health care	Women's issues
Housing	Workplace issues

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Guest information, segment podcasts and the latest health news are available at [www.radiohealthjournal.net](http://www.radiohealthjournal.net)

**Program Log for *Radio Health Journal***

**Program** 18-40      **Producers** Reed Pence, Ariana Kraft  
**Air Week** 10/7 – 10/13/2018      **Production Director** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
2:01	SEGMENT 1: HEALTH CRISES AND FINANCIAL DISASTER	12:48

**Synopsis:** Medical bills have long been labeled the number one cause of bankruptcy in the US. A recent study has examined how medical crises produce personal financial disaster. Researchers say for the uninsured, medical bills are, indeed, a heavy burden. But for both insured and uninsured, illness or injury can cause disruption of employment that may linger for years, and from which family finances may never recover. Experts discuss causes and possible solutions to the problem.

**Host:** Reed Pence. **Guests:** Dr. David Himmelstein, Distinguished Prof. of Public Health, City Univ. of New York at Hunter College; Dr. Matthew Notowidigdo, Assoc. Prof. of Economics & Strategy, Northwestern Univ.

**Compliance issues covered:** health care; economics; employment and unemployment; insurance; consumerism

**Links for more information:** <https://www.commonwealthfund.org/person/david-u-himmelstein>;  
<https://www.ipr.northwestern.edu/faculty-experts/fellows/notowidigdo.html>

15:51	SEGMENT 2: POLYAMINES	6:59
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**Synopsis:** Researchers have discovered a variety of components in foods that are essential to health but are low in quantity in most diets. One of these is a set of compounds called polyamines. Researchers explain what they are, how they work, and how people can replace those that are needed in the diet.

**Host:** Nancy Benson. **Guests:** Rick Bendera, Pres. And CEO, Nokomis Research; Dr. Brazos Minshew, Naturopath, Austin TX

**Compliance issues covered:** consumerism; nutrition

**Links for more information:** <https://skytreenaturals.com/press-kit-quotations-and-reviews/>; <http://sovoungamerica.com/?p=573>

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**Program Log for *Radio Health Journal***

**Program** 18-41                      **Producers** Ariana Kraft, Reed Pence  
**Air Week** 10/14 – 10/202018      **Production Director** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
2:02	SEGMENT 1: DEMENTIA IN WOMEN	12:26

**Synopsis:** About two-thirds of people with dementia in the United States are women, and researchers are discovering it's not just because they live longer. Reproductive history also plays a role. Scientists are focusing on the role of estrogen as a potential protective factor against Alzheimer's disease. Several who are involved in this research explain.

**Host:** Reed Pence. **Guests:** Dr. Rachel Whitmer, Prof. of Epidemiology, Univ. of California-Davis; Dr. Heather Snyder, Senior Director, Medical and Scientific Operations, Alzheimer's Assn.; Dr. Pauline Maki, Prof. of Psychiatry and Psychology, Univ. of Illinois-Chicago

**Compliance issues covered:** health care; women's issues; aging, elderly and senior citizens

**Links for more information:** <https://profiles.ucsf.edu/rachel.whitmer>; [https://www.alz.org/press/spokespeople/heather\\_m\\_snyder\\_ph\\_d](https://www.alz.org/press/spokespeople/heather_m_snyder_ph_d); <https://crwg.uic.edu/crwg-home/crwg-staff/pauline-maki-phd/>

15:30	SEGMENT 2: HOMESICKNESS	7:35
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**Synopsis:** What we now call "homesickness" used to be a medical diagnosis called "nostalgia," and it was considered life-threatening. Today many people consider homesickness to be a childish emotion, but an expert says it's nothing to be ashamed of. We all suffer from it sometime and need to know how to cope.

**Host:** Nancy Benson. **Guests:** Dr. Susan Matt, Prof. of History, Weber State Univ.; Dr. Chris Willard, Lecturer in Psychology, Harvard Medical School

**Compliance issues covered:** mental health; American society and culture

**Links for more information:** <https://global.oup.com/academic/product/homesickness-9780195371857?cc=us&lang=en&>; <http://drchristopherwillard.com>

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**Program Log for *Radio Health Journal***

**Program** 18-42                      **Producers** Reed Pence, Ariana Kraft  
**Air Week** 10/21 – 10/27/2018      **Production Director** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
2:03	SEGMENT 1: DOCTORS' OBESITY BIAS	13:08

**Synopsis:** Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor. Experts explain the problem, results, and what might be done about it.

**Host:** Reed Pence. **Guests:** Dr. Rebecca Puhl, Prof. of Human Development and Family Studies, Univ. of Connecticut and Deputy Director, Rudd Center for Food Policy and Obesity; Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale Univ. and Founder, True Health Initiative; Kathy Kater, psychotherapist specializing in body image, eating and weight issues

**Compliance issues covered:** health care; public health; discrimination; obesity; education

**Links for more information:** <http://www.uconnruddcenter.org/faculty-and-staff-rebecca-puhl>; <http://www.yalegriffinprc.org/http://bodyimagehealth.org>

16:13	SEGMENT 2: GETTING RID OF THOSE OLD STYLE HOSPITAL GOWNS	6:45
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**Synopsis:** Surveys show that hospital gowns are one of the things that most makes a hospital stay unpleasant. Finally hospitals may be moving to get rid of the old style gowns toward a less revealing, more dignified design that is still functional for healthcare workers. Experts discuss.

**Host:** Nancy Benson. **Guests:** Chat Razdan, co-founder and CEO, Care and Wear garment maker; Dr. Deborah Mullen, Assoc. Prof. of Health Care Administration, Univ. of Tennessee-Chattanooga and consultant, Health Partners-Park Nicollet Health System

**Compliance issues covered:** health care; consumerism

**Links for more information:** <https://www.careandwear.com/pages/our-team>  
<https://www.utc.edu/college-business/profiles/management/rpp348.php>

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**Program Log for *Radio Health Journal***

**Program** 18-43                      **Producer**                      **Reed Pence**  
**Air Week** 10/28 – 11/3/2018      **Production Director**      **Jason Dickey**

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
2:02	<b>SEGMENT 1: EXPLODING MYTHS ABOUT THE FLU AND FLU VACCINES</b>	<b>12:40</b>

**Synopsis:** About 40 percent of eligible people have been vaccinated against the flu in recent years, but many more might do so were it not for persistent myths about the disease and its vaccine. For example, a new survey shows that more than half of parents believe the flu shot can cause the flu. Experts explain why those myths aren't true and set the record straight.

**Host:** Reed Pence. **Guests:** Dr. William Schaffner, Prof. of Preventive Medicine & Infectious Diseases, Vanderbilt Univ. School of Medicine; Dr. Jean Moorjani, pediatric hospitalist, Arnold Palmer Children's Hospital, Orlando, FL; Dr. Michael Deem, Prof. of Bioengineering, Physics & Astronomy, Rice Univ.

**Compliance issues covered:** health care; public health; infectious disease; youth at risk; senior citizens

**Links for more information:** <https://www.vumc.org/health-policy/person/william-schaffner-md>;  
<https://www.arnoldpalmerhospital.com/physician-finder/jean-siri-moorjani-md>; [https://bioengineering.rice.edu/people/faculty/michael\\_deem](https://bioengineering.rice.edu/people/faculty/michael_deem)

15:44	<b>SEGMENT 2: NARCOLEPSY AND CATAPLEXY</b>	<b>8:18</b>
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**Synopsis:** Sleep disorders can be difficult to diagnose and treat. A science journalist discusses his efforts to overcome narcolepsy, which produces extreme daytime sleepiness, and cataplexy, which produces instant sleep-like paralysis, as well as the science behind sleep disorders.

**Host:** Nancy Benson. **Guest:** Henry Nicholls, author, *Sleepyhead: The Neuroscience of a Good Night's Sleep*

**Compliance issues covered:** health care; consumerism

**Link for more information:** <http://henrynicholls.com/sleepyhead/>

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**Program Log for *Radio Health Journal***

**Program** 18-44                      **Producer** Reed Pence  
**Air Week** 11/4 - 11/10/18        **Production Director** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
2:02	<b>SEGMENT 1: THE PSYCHOLOGY OF ADOPTED PEOPLE</b>	<b>12:40</b>

**Synopsis:** People who are adopted have more psychological problems than others, yet they also tend to have other psychological strengths. Experts, both themselves also adoptees, discuss the roots and outcomes of these issues as adopted children grow up.

**Host:** Reed Pence. **Guests:** Dr. Stephen Betchen, Clinical Asst. Prof. of Psychology, Thomas Jefferson Univ., Sr. Supervisor, Council for Relationships and author, *Magnetic Partners*; Dr. Joyce Maguire Pavao, adoption consultant and Lecturer in Psychiatry, Harvard Medical School

**Compliance issues covered:** youth at risk; parenting issues; adoption; human development

**Links for more information:** [http://www.pavaoconsulting.com/Site/Dr.\\_Joyce\\_Maguire\\_Pavao.html](http://www.pavaoconsulting.com/Site/Dr._Joyce_Maguire_Pavao.html); <http://www.stephenbetchen.com>

14:21	<b>SEGMENT 2: THE SURPRISING IMPORTANCE OF TICKLING</b>	<b>7:37</b>
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**Synopsis:** Tickling is a unique application of the sense of touch that surprisingly has developmental and cultural importance. Experts discuss the science and sociology of tickling.

**Host:** Nancy Benson. **Guests:** Dr. David Linden, Prof. of Neuroscience, Johns Hopkins Univ. School of Medicine and author, *Touch: The Science of Hand, Heart and Mind*; Dr. Robert Provine, Prof. of Psychology & Neuroscience, Univ. of Maryland, Baltimore County and author, *Curious Behavior: Yawning, Laughing, Hiccuping, and Beyond*

**Compliance issues covered:** science and culture; human development

**Links for more information:** <http://davidlinden.org/bio/>; <http://provine.umbc.edu>

**Program Log for *Radio Health Journal***

**Program** 18-45      **Producer** Reed Pence, Heather Muno  
**Air Week** 11/11 – 11/17/2018      **Production Director** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
2:01	SEGMENT 1: MDMA FOR PTSD	12:19

**Synopsis:** People suffering from post-traumatic stress disorder often can't face their trauma, which is necessary for psychotherapy to work. It is a big reason PTSD is so difficult to treat. Scientists are leading clinical trials into the use of the banned drug MDMA in connection with therapy to help break this hurdle, and the results so far have been outstanding in curing PTSD.

**Host:** Reed Pence. **Guests:** Dr. Michael Mithoefer, Clinical Asst. Pprof. Of Psychiatry, Medical Univ. of South Carolina and Medical Director, MAPS Public Benefit Corporation clinical trials; Charlotte Harrison, Senior Clinical Research Associate, MAPS Public Benefit Corporation

**Compliance issues covered:** veterans issues; disability; mental health; drug abuse and enforcement

**Links for more information:** <https://maps.org>; <https://maps.org/news/bulletin/articles/427-bulletin-winter-2017/6957-the-faces-of-phase-3-principal-investigators-in-maps-clinical-trials-of-mdma-assisted-psychotherapy-for-ptsd>

15:22	SEGMENT 2: LEPROSY IN THE MODERN ERA	7:34
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**Synopsis:** Thanks in part to its Biblical past, the disfiguring disease leprosy carries more stigma than most diseases. We hear little about it today, but it still exists, and because it's now treatable, often the stigma is worse than the disease. An expert discusses.

**Host:** Nancy Benson. **Guest:** Dr. David Scollard, Director, National Hansen's Disease Program

**Compliance issues covered:** health care; public health

**Links for more information:** <http://www.hrsa.gov/hansensdisease/>

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**Program Log for *Radio Health Journal***

**Program** 18-46      **Producers** Reed Pence, Polly Hansen  
**Air Week** 11/18 – 11/24/2018      **Production Director** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
2:01	<b>SEGMENT 1: REPORTING “BAD PARENTS”</b>	12:57

**Synopsis:** Just about anyone can report a parent to a child abuse hotline. It’s meant to protect children, but all too often, parents are reported when no abuse or neglect exists in order to retaliate for a divorce or some other grievance. And though the world is actually safer for children than it used to be, some parents are reported for merely letting children play outside or walk to school without an adult in attendance, what was once thought of as normal. Some activists say this robs children of independence. An expert and a woman who went through an unjustified child abuse investigation discuss.

**Host:** Reed Pence. **Guests:** Corey Widen, mother reported to child abuse hotline, Wilmette, IL; Rachel Ruttenberg, Exec. Dir., Family Defense Center, Chicago

**Compliance issues covered:** youth at risk; child abuse and neglect; child welfare system; police and justice system; child safety and public safety; family issues

**Links for more information:** <https://www.familydefenscenter.net/about-us/staff>

16:00	<b>SEGMENT 2: EMOTIONAL SUPPORT ANIMALS</b>	6:55
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**Synopsis:** A woman who suffered abuse as a child describes the mental health benefits of owning a dog, and an expert on the Americans with Disabilities Act discusses requirements for emotional support animals.

**Host:** Nancy Benson. **Guests:** Julie Barton, author, *Dog Medicine: The Unbreakable Bond Between One Woman and the Dog That Saved Her Life*; Vinh Nguyen, Project Director, Southwest ADA Center at TIRR Memorial Hermann, Houston.

**Compliance issues covered:** disabilities; mental health issues; pets and people; housing issues

**Links for more information:** <https://byjuliebarton.com>  
<http://tirr.memorialhermann.org/research/independent-living-and-community-integration/>

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**Program Log for *Radio Health Journal***

**Program** 18-47      **Producer** Reed Pence, Ariana Kraft  
**Air Week** 11/25 – 12/1/2018      **Production Director** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
2:01	SEGMENT 1: SCHOOL BASED MENTAL HEALTH	12:02

**Synopsis:** Schools would be a good place for programs to screen for mental health issues in students, and to educate about mental health to lessen the pervasive stigma. Some states are making programs mandatory, but elsewhere schools and personnel may resist, seeing mental health as outside the normal role of teachers. Experts discuss how inventive programs are overcoming obstacles.

**Host:** Reed Pence. **Guests:** Dr. Kimberly Kendziora, Managing Researcher, American Institutes for Research; Dr. Michael Murphy, psychologist, Massachusetts General Hospital and Assoc. Prof. of Psychology, Harvard Medical School

**Compliance issues covered:** youth at risk; education; mental health

**Links for more information:** <https://www.air.org/person/kimberly-t-kendziora>;  
<http://www.michaelmurphypsychologies.com/aboutme.html>

14:05	SEGMENT 2: OPEN OFFICES	7:42
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**Synopsis:** Companies instituting open offices without walls often claim they improve collaboration and interaction. Studies now show that the opposite is true—that workers put on headphones and interact via email rather than in person in order to shut out distractions and stress. Experts discuss.

**Host:** Nancy Benson. **Guests:** Dr. Ethan Bernstein, Assoc. Prof. of Leadership and Organizational Behavior, Harvard Business School; Ashley Dunn, Director of Workplace, Dyer Brown Architects, Boston

**Compliance issues covered:** employment and workplace issues

**Links for more information:** <https://www.hbs.edu/faculty/Pages/profile.aspx?facId=17441>;  
<http://dyerbrown.com/team/ashley-dunn>

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**Program Log for *Radio Health Journal***

**Program** 18-48                      **Producer** Reed Pence, Polly Hansen  
**Air Week** 12/2 – 12/8/2018      **Production Director** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
2:02	SEGMENT 1: FUNGAL SINUSITIS	11:59

**Synopsis:** Many people who have chronic recurrent sinusitis may have an allergic reaction to fungi rather than a bacterial infection. Treatments for the two are completely different, and in some cases, fungal sinusitis can be life threatening. Two experts and a patient explain.

**Host:** Reed Pence. **Guests:** Erin Porter, fungal sinusitis patient and founder, EatPrayGetWell.com; Dr. Donald Dennis, ear, nose & throat surgeon, Atlanta; Dr. Joseph Han, Prof. of Otolaryngology-Head & Neck Surgery, Eastern Virginia Medical School

**Compliance issues covered:** consumerism; health care; air pollution and environment

**Links for more information:** <https://eatpraygetwell.com/>; <http://www.sinusitiswellness.com/donald-p-dennis-m-d-f-a-c-s-bio/>;  
<http://www.evms.edu>

15:03	SEGMENT 2: DROWNING: IMPLICIT BIASES IN SCIENCE	7:35
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**Synopsis:** Most people think of science as fact-based and not as subject to bias as the rest of the world. However, studies show that gender bias is rampant in science, and that women are not taken as seriously as men, even with identical qualifications. Experts discuss the problem and possible solutions.

**Host:** Nancy Benson. **Guests:** Dr. Hannah Valentine, Chief Officer for Scientific Workforce Diversity, National Institutes of Health, and Senior Investigator, National Heart, Blood and Lung Institute; Dr. Nancy Hopkins, Prof. of Biology Emeritus, Massachusetts Institute of Technology

**Compliance issues covered:** employment discrimination; employment and workplace issues

**Links for more information:** <https://www.nhlbi.nih.gov/node/84069>; <https://biology.mit.edu/profile/nancy-hopkins/>;  
<https://implicit.harvard.edu/implicit/>

**Program Log for Radio Health Journal**

**Program** 18-49                      **Producer** Reed Pence  
**Air Week** 12/9 – 12/15/2018      **Production Director** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
2:04	SEGMENT 1: ICU INEFFICIENCY	12:26

**Synopsis:** With monitors surveying every part of patients’ bodies, hospital intensive care units appear to be a model of high tech. But systems engineers say ICU’s are actually models of inefficiency because few of those high tech devices talk to each other. Experts discuss how ICU’s could be improved to save lives.

**Host:** Reed Pence. **Guests:** Dr. Peter Pronovost, Senior Vice President for Patient Safety and Quality, Johns Hopkins Medicine and Director, Armstrong Institute for Patient Safety and Quality; Dr. Brian Pickering, intensive care anesthesiologist, Mayo Clinic, Rochester, MN

**Compliance issues covered:** health care; technology; science and engineering; economics; business and industry

**Links for more information:** [http://www.hopkinsmedicine.org/armstrong\\_institute/about/peter\\_pronovost.html](http://www.hopkinsmedicine.org/armstrong_institute/about/peter_pronovost.html);  
<http://www.mayo.edu/research/faculty/pickering-brian-w-m-b-b-ch/bio-00096469>

15:32	SEGMENT 2: PARTY FOOD SAFETY	7:21
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**Synopsis:** During the holidays, party foods are a prime source of food-borne illness. Two food scientists discuss common ways foods become contaminated, some of the myths of food contamination, and ways to keep foods safe when you have guests to protect.

**Host:** Nancy Benson. **Guests:** Dr. Brian Sheldon, Prof. Emeritus of Food Microbiology, North Carolina State Univ. and co-author, *Did You Just Eat That?* Dr. Paul Dawson, Prof. of Food, Nutrition and Packaging Sciences, Clemson Univ. and co-author, *Did You Just Eat That?*

**Compliance issues covered:** public health; food safety

**Links for more information:** <http://books.wwnorton.com/books/Did-You-Just-Eat-That/>

**Program Log for Radio Health Journal**

**Program** 18-50      **Producer** Reed Pence  
**Air Week** 12/16 – 12/22/2018      **Production Director** Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
2:02	SEGMENT 1: THE GOOD AND BAD OF MEDICAL CROWDFUNDING	12:15

**Synopsis:** Medical campaigns account for a third of monies raised on crowdfunding sites like GoFundMe, and many people who've fallen through the holes of the safety net have been helped this way. But new studies show that fraud is rampant in crowdfunding, with fake patients and medical providers who all too eager to take money for worthless treatment. Experts discuss these issues and the need for regulation.

**Host:** Reed Pence. **Guests:** Dr. Jeremy Snyder, Prof. of Health Sciences, Simon Fraser Univ.; Dr. Art Caplan, head, Division of Medical Ethics, New York University School of Medicine; Dr. Nora Kenworthy, Asst. Prof. of Nursing and Health Studies, Univ. of Washington-Bothell

**Compliance issues covered:** health care; consumerism; consumer protection; online fraud; federal government and regulation; medical ethics

**Links for more information:** <https://www.sfu.ca/fhs/people/profiles/jeremy-snyder.html>;  
<https://med.nyu.edu/faculty/arthur-l-caplan>; <https://www.uwb.edu/nhs/facultyandstaff/faculty/nkenworthy>

15:19	SEGMENT 2: AVOIDING FOOD WASTE	7:35
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**Synopsis:** During the holidays, leftovers from gatherings and parties may threaten to take over the refrigerator. An expert discusses consumer-friendly how-to's, including how to read labels, that can lengthen food life and help avoid food waste.

**Host:** Nancy Benson. **Guest:** Karen Bakies, registered dietitian and Vice President of Nutrition Affairs, American Dairy Assn. Mideast

**Compliance issues covered:** public health; food safety; environment; consumerism

**Links for more information:** <https://www.nationaldairyCouncil.org/our-story/local-dairy-council/ohio>

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**Program Log for *Radio Health Journal***

**Program** 18-51      **Producer** Reed Pence  
**Air Week** 12/23 – 12/29/2018      **Production Director** Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
2:02	SEGMENT 1: AMNESIA	12:22

**Synopsis:** It's a rare thing for people to lose their memory of past events. An expert discusses why doctors believe it may occur, and a woman to whom it happened recounts her experience.

**Host:** Reed Pence. **Guests:** Naomi Jacobs, amnesia victim and author, *Forgotten Girl*; Dr. Jason Brandt, Prof. of Psychiatry and Neurology, Johns Hopkins Univ. School of Medicine

**Compliance issues covered:** health care; family issues; pop culture

**Links for more information:** <http://www.iwokeupinthefuture.com>;  
<http://www.hopkinsmedicine.org/profiles/results/directory/profile/0009953/jason-brandt>

15:26	SEGMENT 2: LITTLE PEOPLE, DISABILITY AND THE PROSPECT OF “CURE”	7:41
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**Synopsis:** Many people with dwarfism also face skeletal abnormalities which can lead to disability. Experts, and little people themselves, discuss major causes of dwarfism, the hurdles they create, the struggle for respect, and the prospect of treatments that could one day make little people much more rare.

**Host:** Nancy Benson. **Guests:** Dr. Jennifer Arnold, co-star, TLC's *The Little Couple* and co-author, *Think Big*; Ericka Okenfuss, licensed genetic counselor, Kaiser Permanente, Sacramento, CA; Gary Arnold, President, Little People of America and Public Affairs Manager, Access Living, Chicago

**Compliance issues covered:** health care; disabilities; youth at risk; parenting issues; discrimination

**Links for more information:** <https://www.lpaonline.org/>; <http://jenniferarnoldmd.com>

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**Program Log for *Radio Health Journal***

**Program** 18-52                      **Producer** Reed Pence  
**Air Week** 12/30 – 1/5/2019      **Production Director** Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
2:03	SEGMENT 1: SMART ROADS	12:55

**Synopsis:** In the near future, cars will be able to provide data as well as receive it, and a variety of methods are being researched to tap into this. Experts explain how cars can communicate with roads, traffic signals and central computers, and how roads themselves may collect data on the cars they carry. In the future, autonomous cars may use these links to greatly speed travel and make it much safer.

**Host:** Reed Pence. **Guests:** Andrew Bremer, Managing Director of Local Affairs, Drive Ohio; Tim Sylvester, Founder and CEO, Integrated Roadways Co.

**Compliance issues covered:** technology; traffic safety; public safety and police; economics

**Links for more information:** [https://smartregionsconference2018.sched.com/speaker/andrew\\_bremer.1vltrq28](https://smartregionsconference2018.sched.com/speaker/andrew_bremer.1vltrq28);  
<http://integratedroadways.com/#Team>

16:00	SEGMENT 2: EPILEPSY MYTHS	6:53
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**Synopsis:** Epilepsy affects 3.5 million Americans, yet stigma prevents many from speaking out, which in turn prolongs the stigma. An award-winning writer who has epilepsy describes the discrimination faced by people with seizure disorders and dispels the many myths many people hold about them.

**Host:** Nancy Benson. **Guest:** Kurt Eichenwald, author, *A Mind Unraveled*

**Compliance issues covered:** health care; disabilities; discrimination

**Links for more information:** <https://www.nytimes.com/2018/10/15/books/review/kurt-eichenwald-mind-unraveled.html>

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**Section III  
PUBLIC SERVICE ANNOUNCEMENTS**

Section III lists public service announcements that the station broadcast during the preceding calendar quarter that address community issues.

<b>ISSUE</b>	<b>ORGANIZATION OR TITLE</b>	<b>DURATION</b>	<b>RUNS</b>
-----	FAB FLA DEPT OF STATE PSA	000:29	029
-----	FAB FLORIDA DEPT BIZ PSA	000:30	056
-----	FAN- FLA DEPT OF STATE PSA	000:30	028
-----	FLORIDA ARMY NATIONAL GUARD	000:29	063
-----	FLORIDA ARMY NATIONAL GUARD	000:30	189
-----	FLORIDA DEPT OF CHILDREN	000:31	034
-----	FLORIDA DEPT OF CHILDREN & FAMILIES	000:31	034
-----	Living With Diabetes Longform PSA	029:01	001
-----	National Guard	000:59	015
-----	National Guard	001:00	045
-----	Ounce.Org	000:29	035
-----	Ounce.Org	000:30	034
BULLYING	CRISIS TEXTLINE	000:30	005
COMMUNITY INVOLVEMENT	CRISIS TEXTLINE	000:30	015
COMMUNITY INVOLVEMENT	GLAAD	000:30	004
COMMUNITY INVOLVEMENT	L'OREAL	000:30	010
DISASTER RELIEF	100 ROOFS	000:30	015
DISASTER RELIEF	RED CROSS	000:30	016
HEALTH AND FITNESS	RED	000:30	019
MOTOR VEHICLE SAFETY	PROJECT YELLOW LIGHT	000:30	007
SMOKING SOLUTIONS	FLORIDA DEPT OF HEALTH	000:30	003
SMOKING SOLUTIONS	FLORIDA DEPT OF HEALTH	001:00	009