

WOLL
 West Palm Beach, FL
 Quarterly Issues/Programs List
 First Quarter, 2018
 07/05/2018

WOLL Quarterly Issues/Programs List

WOLL provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

- **Vinceremos Therapeutic Riding Center:** ENRICH THE LIVES BODIES AND SPRITS OF CHILDREN
- **St. Lucie County:** FREE TAX HELP, TECH SUPPORT
- **Kelsey Cares:** A PLACE WHERE LISTENERS CAN EXPERIENCE THE FINEST IN INDEPENDENT CINEMA, MUSIC AND CABENET
- **Port St. Lucie High School:** WINTER MUSICAL
- **Hanley Foundation:** PROVIDE SUBSTANCE ABUSE PREVENTION AND EDUCATION PROGRAMS
- **Sunfest 365:** BRING IN TOURISM AND REVENUE DURING THE LOCAL "SLOW SEASON"
- **PBC Parks/VSAFL:** FOOD TRUCK INVASIONS, FREE MOVIE NIGHTS, CONCERTS IN THE PARK, ETC. VENUES ARE ALSO AVAILABLE TO RENT FOR EVENTS
- **Rock N Roll Sunday PBC Nam Knights:** TO HONOR THE MEMORY OF AMERICAN VETERANS AND POLICE OFFICERS
- **Stroke Awareness Month:** ABOUT RISK FACTORS, SYMPTOMS (F.A.S.T.) AND TREATMENTS
- **Mental Health/Addiction Help:** MENTAL HEALTH
- **Beach Safety:** LIFEGUARD, SUNCREEN
- **Hurricane Preparedness:** UPCOMING HURRICANE SEASON
- **Jupiter Tequesta Repeater Group (JTRG):** COMMUNITY ASSISTANCE AND GOODWILL
- **MNM Theatre Productions:** HELPING ENRICH THE COMMUNITY BY BRINGING ENGAGING THEATER PERFORMANCES

**Section I
 LOCAL PROGRAMMING**

Section I lists regularly-scheduled and special programs that represent the station's issue-responsive programming providing the most significant treatment of the issues listed above for the calendar quarter.

WOLL broadcast Perspective on Sundays at 7:00 am

| ISSUE | PROGRAM / TITLE | DESCRIPTION | GUEST | DATE/ TIME | DURA- TION |
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| <p>Vinceremos Therapeutic Riding Center</p> | <p>Palm Beach Perspectives</p> | <p>Talked with Susan Guinana, CEO, Vinceremos Therapeutic Riding Center. Their mission is to expand and enrich the lives, bodies and spirits of children and adults with physical, cognitive and emotional disabilities through the benefits of therapeutic horseback riding and other equine assisted activities, while serving the therapeutic riding profession through training and education. Therapeutic riding helps in many ways, including improved self-regulation, learning life skills, increasing confidence, etc. Several of the students recently competed in Special Olympics and one was honored when he was added to the Hall of Fame by the PBC Sports Commission. They offer summer camps and are taking enrollments now. They are also looking for volunteers and Listeners can find out more by calling 561-792-9900 or go to www.vinceremos.org</p> | <p>Susan Guinana, CEO, Vinceremos Therapeutic Riding Center 561-792-9900 or go to www.vinceremos.org</p> | <p>04-01-18</p> | <p>30 min</p> |
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| <p>St Lucie County</p> | <p>Palm Beach Perspectives</p> | <p>Talked with Erick and Amanda from St. Lucie County, Florida. They have a bunch of exciting events going on including, free hikes with Amanda and other volunteers. Listeners can go to www.slchikes.org to find out more (they list type of hike/local/etc). UnitedWay is offering free tax help at VITA sites (call 211 for locations). The Oxbox Eco center is hosting a fun EarthDay event including art/crafts/vendors/kids activities. Erick and I talked about the libraries and all the cool programs they offer including tech support (where you book 1/2 hour with a librarian) and can get training on your phone/ipad, etc. The libraries also offer lots of apps such as Fregal (download free music), HooplaDigital, etc. They are always looking for folks to volunteer at the different museums, centers, libraries. Listeners can go to http://www.stlucieco.gov/ for more info</p> | <p>Erick and Amanda from St. Lucie County, Florida Listeners can go to http://www.stlucieco.gov/ for more info</p> | <p>04/08/18</p> | <p>30 min</p> |
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| Kelsey Cares | Palm Beach Perspectives | <p>Talked with Wayne Felber and Elizabeth Dashiell, Kelsey Theater. Their mission is to be a place where listeners can experience the finest in independent cinema, music, cabarets, comedy and various other performing arts while also providing a convention center venue that will host anything from indoor green markets to comic book conventions. Their charity is Kelsey Cares and it's mission is "Funding art, theater, music, film, and cultural development through community outreach by providing subsidies for productions, events, artists and musicians to carry out their mission." One of the fun things they do is the mural painting events - the next one is coming up in about a month. The charity raises funds to hire local artists to keep updating the huge mural (they change a part of it each time). Kelsey Cares is working toward enriching lives through art and creating an "arts corridor" with the guidance of AJ Brockman. Listeners can volunteer/donate/get info by going to www.kelseycares.org</p> | Wayne Felber and Elizabeth Dashiell, Kelsey Theater www.kelseycares.org | 04/15/18 | 30 min |
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| <p>Hanley Foundation</p> | <p>Palm Beach Perspectives</p> | <p>Talked with Barbara Shafer and Dr. Megan Van Ella about the Hanley Foundation. Their mission is to provide substance abuse prevention and education programs for parents, caregivers and school-age children. In addition, the foundation provides financial aid scholarships for patients who could not otherwise afford addiction treatment. As part of their outreach, Project C4OPE, Barbara will be leading a free seminar at Origins Resource Center on 4/26 in the evening to help educate folks and to connect families who've experienced the loss of a loved one due to opioid overdose, survived an overdose, or are at high risk for overdose. Listeners can sign up to attend on Thursday, to become volunteers, and get information by going to HanleyFoundation.org</p> | <p>Barbara Shafer and Dr. Megan Van Ella, Hanley Foundation HanleyFoundation.org</p> | <p>04/22/18</p> | <p>30 min</p> |
| <p>Sunfest 365</p> | <p>Palm Beach Perspectives</p> | <p>Talked with Melissa Sullivan, Marketing Manager, Sunfest. Sunfest is a non-profit that was created to bring in tourism and revenue during the local "slow season" by creating a music festival. It's been around 36 years and has grown bigger and includes a wide variety of music genres. This year listeners can check out Marley Waters, Logic, Zedd, The String Assassins, Ice Cube, 311, Sublime with Rome, Pitbull, Third Eye Blind, DAFEAUXNITO, Party Next Door, Rae Sremmur, Girl Talk, Calke, DNCE, Nick Jonas and more. All artists/time are listed on website and Sunfest App. Sunfest helps charity groups do fundraisers by having them staff the drinks booths, etc. They also are looking for sponsors/volunteers. To sign up then can go to www.sunfest.com</p> | <p>Melissa Sullivan, Marketing Manager, Sunfest www.sunfest.com</p> | <p>04/29/18</p> | <p>30 min</p> |

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| <p>PBC Parks/VSAFL L</p> | <p>Palm Beach Perspectives</p> | <p>Talked with Stephanie Surrena, PR Specialist, PBC Parks & Rec and Cindy Pijanowski, VSA Florida. Palm Beach County has 85 parks and lots of great events happening at the parks. There are food truck invasions, free movie nights, concerts in the park, etc. Venues are also available to rent for events, listeners can go to www.pbc.gov/parks for more info on events and volunteer opportunities. Also, talked with Cindy from VSA FL, their mission is to provide, support and champion arts education and cultural experiences for and by people with disabilities and their family. They offer programs in schools, community centers and juvenile facilities. They are doing a fundraiser, their 21st Annual Golf Tournament at Old Marsh Golf Club on Friday, May 18th. It's the only charity event held at Old Marsh. For tickets/volunteer/sponsorship info, listeners can call Cindy at 561-966-7025 or go to VSAFL.org</p> | <p>Stephanie Surrena, PR Specialist, PBC Parks & Rec and Cindy Pijanowski, VSA Florida Vsafl.org PbcParks.com</p> | <p>05/06/18</p> | <p>30 min</p> |
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| <p>Rock N Roll Sunday PBC Nam Knights</p> | <p>Palm Beach Perspectives</p> | <p>Talked with Tony Schebell from Palm Beach County Nam Knights. They are a 501 c3 charity whose mission is to honor the memory of American Veterans and Police Officers who have lost their lives in the line of duty, to assist Veterans and Police Officers in their time of need and to promote community awareness through sponsorship and participation in various fund raising events. They help out the community with different events throughout the year. Every month they help host a Komedey Knight at the VFW on Claire Ave in West Palm Beach and they are getting ready to host their 20th annual Rock N Roll Sunday on May 20th at Greenacres Park. It starts at Noon, they have bands, vendors, car show, motorcycle show and lots of food trucks. Admission is \$5 suggested donation and the two charity beneficiaries are Vetsville Ceasefire House and Veteran's Adaptive Sports. To become a sponsor, volunteer, or get more information listeners can go to www.namknights.com or call 561-723-5958</p> | <p>Tony Schebell, PBC Nam Knights www.namknights.com 561-723-5958</p> | <p>05/13/18</p> | <p>30 min</p> |
| <p>Stroke Awareness Month</p> | <p>Palm Beach Perspectives</p> | <p>Since May is stroke awareness month, I talked with Dr. Ali Malek, Interventional Neurologist, St. Mary's Medical Center about risk factors, symptoms (F.A.S.T.) and treatments. Some risk factors are genetic and can't be controlled but other can such as: Not smoking, healthy weight, good blood pressure, good cholesterol numbers, physically active (age appropriate activities - talk with doctor), etc. Listeners can find out about their stroke risk, support group info and lots more info by going to Stroke.org or www.stmarysmc.com.</p> | <p>Dr. Ali Malek, Interventional Neurologist, St. Mary's Medical Center Stroke.org or www.stmarysmc.com.</p> | <p>05/20/18</p> | <p>30 min</p> |

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| <p>Mental Health/Addiction Help</p> | <p>Palm Beach Perspectives</p> | <p>Talked with Steve English from the Crossroads Club and Sarah Spiro, LCSW, Vice President for Programs, Mental Health Association of Palm Beach County. We talked about mental health, some of the different issues people are facing and the importance of getting help early on. The MHA's mission is to improve mental wellness and eliminate stigma in our community through education, advocacy, and by improving access to integrated behavioral health services. One of the ways they do that is with monthly My Life youth meetings and coming up on June 2nd they are hosting "My Fest Florida" at Gaines Park in West Palm Beach, FL. They'll have music, art, entertainment, and more. It's created to raise awareness about mental health, substance abuse, foster care and other issues facing young people. It's from 10a-3p and free for the whole family. A great way to spend some fun quality time. Later on Saturday June 2nd Crossroads is hosting "Taste of Recovery" from 6-9pm at Old School Square in Delray Beach, Florida featuring tasting bites from over 20 amazing area restaurants. Listeners can get tickets at tasteofrecovery.com. Both events are tented in case of rain. Listeners can get more info about volunteering, services, donations, events at www.mhapbc.org or www.thecrossroadsclub.com</p> | <p>Steve English from the Crossroads Club and Sarah Spiro, LCSW, Vice President for Programs, Mental Health Association of Palm Beach County www.mhapbc.org or www.thecrossroadsclub.com</p> | <p>05/27/18</p> | <p>30 min</p> |
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| <p>Mental Health Association</p> | <p>Palm Beach Perspectives</p> | <p>Talked with Stephanie Surrena, PB Specialist PBC Parks, Brian McManus, Lt. PBC Ocean Rescue and Kelly McConchie, PBC Ocean Lifeguard. There are lots of great things happening in the parks this summer. Both county water parks are open seven days a week now. The different nature centers have lots of programs for all ages (listeners can go to www.pbcparcs.gov for more info) Brian and Kelly went over water safety tips for the beach. They have condition boards that let you know how the water is (green good, yellow - caution, etc, purple means jellyfish are present). They recommend you check in with the lifeguard on duty, make sure you and your kids know how to swim, use sunscreen with zinc, stay hydrated, bring snacks, swim near the lifeguard. watch your kids 100% of the time, watch the flags as conditions change throughout the day, Double Red means the beach is closed and you need to leave and find shelter (it'll stay closed at least 30 minutes once the double red flags go up) Of course keep the beach clean and if you have any questions go to www.pbcsplash.com</p> | <p>Stephanie Surrena, PB Specialist PBC Parks, Brian McManus, Lt. PBC Ocean Rescue and Kelly McConchie, PBC Ocean Lifeguard</p> | <p>06/03/18</p> | <p>30 min</p> |
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| Hurricane Preparedness | Palm Beach Perspectives | <p>Talked with Jeff Berardelli, Meteorologist, WPEC-TV about the upcoming hurricane season. Jeff is part of the very, experienced Weather Team at WPEC-TV. We talked about the current weather and how it can impact the hurricane season, below normal water temperatures, etc. We talked about the new technology used in gathering weather data for hurricane tracking and how listeners need to listen to emergency managers regarding evacuation needs. Also, listeners should have or be getting their hurricane kits/plans together. They can go to wjno.com and click on Operation Stormwatch for all the info that they may need. Jeff recommends listeners tune in to social media Facebook and TV broadcast for the most up to date info during this upcoming hurricane season. They can also go to cbs12.com for more information as well.</p> | <p>Jeff Berardelli, Meteorologist, WPEC-TV www.cbs12.com</p> | 06/10/18 | 30 min |
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| <p>Jupiter Tequesta Repeater Group (JTRG)</p> | <p>Palm Beach Perspectives</p> | <p>Talked with Bert and John from Jupiter Tequesta Repeater Group, JTRG. They are an ARRL affiliated, Special Service Club and incorporated as a 501(c)(3) non-profit organization that's committed to the promotion of Amateur Radio and providing community assistance and goodwill. JTRG is an active club, involved with all aspects of amateur radio, public service and Amateur Radio examinations. The group provides communications and logistics for area events and assistance in emergency situations, like Hurricanes/Natural Disasters. For example Ham Radio operators assisted with communication after Hurricane Maria in Puerto Rico. They are hosting a field day event Saturday June 23 and Sunday June 24 to show the public how Ham Radio works. Listeners can come enjoy this free event, try and make a contact using a ham radio (club members are there to assist) and see how the JTRG folks work the radios in a no power situation. They'll be using solar, wind, battery power to operate the equipment (like they would in an emergency situation). Listeners can sign up for classes to get their Ham license at the Field day and/or go to www.jtrg.org for more info.</p> | <p>Bert and John from Jupiter Tequesta Repeater Group, JTRG www.jtrg.org</p> | <p>06/17/18</p> | <p>30 min</p> |
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| <p>MNM Theatre Productions</p> | <p>Palm Beach Perspectives</p> | <p>Talked with Marcie Gorman, Executive Producer and Artistic Director and Elizabeth Dashiell, Publicist, MNM Theatre Company about their summer season. MNM Theatre Company is now a not-for-profit 501(c)(3). Marcie has always loved the theater and wanted to create local theater opportunities for Florida's talented artists as well as helping enrich the community by bringing engaging theater performances. They have four shows this Summer: Avenue Q, (which just wrapped up): I Love You, You're Perfect, Now Change (July 27 to August 12); My Way: A Musical Tribute to Frank Sinatra (September 28 to October 14; and Grease (November 16 to December 2). MNM can always use volunteers, interns and tax deductible donations. Donations to this valuable new not-for-profit organization can be sent to: MNM Theatre Company, 318 S. Lake Drive, Lantana, FL 33462. For more information, please visit their Facebook page or www.MNMTheatre.org. Listeners can get tickets by going to www.kravis.org or calling 561-832-7469</p> | <p>Marcie Gorman, Executive Producer and Artistic Director and Elizabeth Dashiell, Publicist, MNM Theatre Company www.kravis.org</p> | <p>06/24/18</p> | <p>30 min</p> |
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Program 18-13 Producers Polly Hansen, Reed Pence
Air Week 4/1 – 4/7/2018 Production Director Sean Waldron

Time Segment Dur.
2:33 SEGMENT 1: SEXUALLY ABUSIVE DOCTORS 12:10

Synopsis: The Dr. Larry Nasser case has publicized doctors who sexually abuse patients. However, the extent of these assaults is unknown, as few doctors are ever punished and their misdeeds are never known. A reporter who investigated the official response to the problem and a physician who has worked on a sexual assault crisis line discuss the issue.

Host: Reed Pence. Guests: Dr. Alaf Saadi, neurologist and former sexual assault crisis line worker; Danny Robbins, investigative reporter, *Atlanta Journal-Constitution*

Compliance issues covered: sexual assault and abuse, crime and justice system, women's issues, state government regulation

Links for more information: <https://www.huffingtonpost.com/author/ataf-saadi>, <https://www.ajc.com/news/danny-robbins/bOyk2t5r6yheu3XxAFNa8J/>

15:15 SEGMENT 2: TEACHING DOCTORS TO LISTEN 7:34

Synopsis: Studies have found that many doctors don't really listen to their patients, and so miss how illness is affected by the "other things" in life. Experts discuss how to help doctors consider the patient as a whole.

Host: Nancy Benson. Guests: Dr. Saul Jeremy Weiner, Prof. of Medicine, pediatrics & Medical Education, Univ. of Illinois and co-author, *Listening For What Matters: Avoiding Contextual Errors in Health Care*; Dr. Alan Schwartz, Michael Reese Endowed Prof. of Medical Education, Univ. of Illinois, Chicago, and co-author, *Listening For What Matters: Avoiding Contextual Errors in Health Care*.

Compliance issues covered: health care, education, consumerism, patient safety

Links for more information: <http://www.contextualizingcare.org>

Program 18-14 Producers Reed Pence, Polly Hansen
Air Week 4/8 – 4/14/2018 Production Director Sean Waldron

Time Segment Dur.
2:06 SEGMENT 1: THE PRICE CONSEQUENCES OF DOCTOR CONSOLIDATION 12:04

Synopsis: Hospitals and very large medical groups are buying up independent physician practices to the point that in some areas, it's hard to find independent doctors. Studies show purchased practices cost more for patients. Experts discuss the incentives that have prompted consolidation and moves to eliminate them.

Host: Reed Pence. Guests: Dr. Laurence Baker, Prof. of Health Research and Policy, Stanford Univ. School of Medicine; Dr. Christopher Ody, Research Asst. Prof., Kellogg School of Management, Northwestern Univ.

Compliance issues covered: health care, economics, federal government and regulations, anti-trust

Links for more information: <https://profiles.stanford.edu/laurence-baker>,
http://www.kellogg.northwestern.edu/faculty/directory/ody_christopher.aspx

15:10 SEGMENT 2: THE VACCINE RACE AND ETHICS 7:38

Synopsis: Millions of lives have been saved as a result of vaccines. But in the development of desperately needed vaccines, scientists cut corners in ways that wouldn't be allowed today. An expert discusses the balance of need and ethics in science and medicine.

Host: Nancy Benson. Guest: Dr. Meredith Wadman, reporter, Science magazine and author, *The Vaccine Race: Science, Politics, and the Human Costs of Defeating Disease*

Compliance issues covered: health care, public health, ethics, religion, vaccines

Links for more information: <http://meredithwadman.com>

Program Log for *Radio Health Journal*

Program 18-15 **Producers** Pat Reuter, Reed Pence
Air Week 4/15 – 4/21/2018 **Production Director** Sean Waldron

| Time | Segment | Dur. |
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| 2:05 | SEGMENT 1: ADVENTURES OF A PARAMEDIC | 11:46 |

Synopsis: Paramedics and EMTs are the first responders of the health system and often find violent, confusing situations on their arrival. A former paramedic describes the "inside story" of the job, its dangers and rewards.

Host: Reed Pence. **Guests:** Kevin Hazzard, author, *A Thousand Naked Strangers: A Paramedic's Wild Ride to the Edge and Back*

Compliance issues covered: health care, emergency response, public safety

Links for more information: <http://udayjanimd.com>, <http://glenvillemedicalconciergecare.com>

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| 14:53 | SEGMENT 2: THE MYSTERY OF MENIERE'S DISEASE | 7:49 |
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Synopsis: Experts discuss symptoms and treatments of Meniere's disease, an often-misdiagnosed disorder producing loss of hearing and crippling vertigo.

Host: Nancy Benson. **Guest:** James Raath, business consultant and author, *Love Mondays*; Dr. David Friedland, Prof. and Vice Chair, Otolaryngology and Communication Sciences, Medical College of Wisconsin

Compliance issues covered: health care, disabilities

Links for more information: <https://www.nidcd.nih.gov/health/menieres-disease>, <http://www.lovemondays.global/#!blog/iphv2>, <http://www.mcw.edu/ear-nose-throat/faculty/david-friedland.htm>

Program 18-16 Producer Reed Pence
Air Week 4/22 – 4/28/2018 Production Director Sean Waldron

| Time | Segment | Dur. |
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| 2:05 | SEGMENT 1: DIAGNOSING PERINATAL DEPRESSION | 12:56 |

Synopsis: Perinatal depression (previously known as postpartum depression) is seldom brought up by a new mother, so healthcare providers must screen for it carefully. However, sometimes they err on the side of caution in efforts to prevent the mother from harming herself or her baby. Experts discuss the balancing act.

Host: Reed Pence. **Guests:** Jessica Porten, new mother diagnosed with depression; Dr. Darby Saxbe, Asst. Prof. of Psychology, Univ. of Southern California; Dr. Tiffany Moore Simas, Assoc. Prof. of Obstetrics and Gynecology, Pediatrics, Psychiatry and Quantitative Health Sciences, Univ. of Massachusetts Medical School & co-chair, Maternal Mental Health Expert Work Group, Amer. College of Obstetrics and Gynecology

Compliance issues covered: health care, women's issues, youth at risk, public health and safety

Links for more information: https://dornsife.usc.edu/cf/psyc/psyc_faculty_display.cfm?person_id=1032709,
<https://profiles.umassmed.edu/display/129886>

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| 16:03 | SEGMENT 2: FOREIGN ACCENT SYNDROME | 6:56 |
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Synopsis: People who suddenly speak with what sounds like a foreign accent often have a brain injury due to a stroke or other trauma. Experts discuss the symptoms the syndrome and chances of recovery.

Host: Nancy Benson. **Guests:** Dr. Sheila Blumstein, Albert D. Mead Prof. of Cognitive Linguistics and Psychological Sciences, Brown Univ.; Dr. Jack Ryalls, Prof. of Communication Sciences and Disorders, Univ. of Central Florida

Compliance issues covered: health care, disabilities

Link for more information: <https://www.brown.edu/Departments/CLPS/people/sheila-blumstein>,
<https://www.cohpa.ucf.edu/directory/john-ryalls/>

Program 18-17 **Producer** **Reed Pence**
Air Week 4/29 – 5/5/2018 **Production Director** **Sean Waldron**

| Time | Segment | Dur. |
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| 2:03 | SEGMENT 1: MEDICARE TACKLES THE OPIOID EPIDEMIC | 12:55 |

Synopsis: New limits on Medicare prescriptions of opioids are controversial, as some doctors believe patients could suffer more pain. Others believe the limits will achieve a much-needed brake on the temptation to overprescribe while allowing legitimate treatment. Experts discuss.

Host: Reed Pence. **Guests:** Dr. Anna Lembke, Assoc. Prof. and Chief, Addiction Medicine, Stanford Univ. School of Medicine; Dr. Sally Satel, addiction psychiatrist and lecturer, Yale Univ. School of Medicine & Resident Scholar, American Enterprise Institute

Compliance issues covered: health care, drug addiction, Medicare, federal government and regulation

Links for more information: <https://profiles.stanford.edu/anna-lembke>, <https://sallysatelmd.com/about/>

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| 16:00 | SEGMENT 2: CURING CHRONIC SINUSITIS | 7:02 |
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Synopsis: Many people confuse allergies, colds, and sinus infections. A physician specializing in these maladies describes the differences, and the new ways sinusitis can be treated.

Host: Nancy Benson. **Guests:** Dr. Lisa Liberatore, otolaryngologist specializing in sinus and sleep issues, Totum Health, New York

Compliance issues covered: health care, consumerism

Links for more information: <http://livetotum.com>

Program 18-18 Producer Reed Pence
Air Week 5/6 – 5/12/2018 Production Director Sean Waldron

| Time | Segment | Dur. |
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| 1:54 | SEGMENT 1: USING ANIMALS TO SNIFF OUT DISEASE | 12:39 |

Synopsis: Diseases apparently have distinctive odors that humans can't detect. Researchers are using dogs, mice, rats and other animals to literally sniff out cancer and other diseases in the laboratory. In the 3rd World, rats are used to diagnose TB. Experts discuss the use of animals to diagnose disease and their efforts to build machines that can do the same thing.

Host: Reed Pence. **Guests:** Dr. Cindy Otto, Exec. Director, Penn Vet Working Dog Center, Univ. of Pennsylvania; Dr. Gary Beauchamp, Emeritus Director and President, Monell Chemical Senses Center; Dr. Christiaan Mulder, Director, TB program, Apopo

Compliance issues covered: health care, public health, animal welfare, consumerism, economics, federal government regulation

Links for more information: <http://pennvetwdc.org>, <http://www.monell.org>, <https://www.apopo.org/en/>

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| 15:35 | SEGMENT 2: PROCESSED FOOD ADDICTION | 7:20 |
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Synopsis: Researchers are discovering that for some people, eating processed foods produces some of the same brain effects as people addicted to alcohol or drugs. An expert discusses how dietary adjustment can end this addiction and its effects.

Host: Nancy Benson. **Guests:** Dr. Joan Iffland, lead editor, *Processed Food Addiction: Foundations, Assessment and Recovery*

Compliance issues covered: addictions and treatment, public health, consumerism, food safety

Links for more information: <https://www.foodaddictionreset.com>

Program Log for *Radio Health Journal*

Program 18-19 **Producers** Reed Pence, Polly Hansen
Air Week 5/13 – 5/19/2018 **Production Director** Sean Waldron

| Time | Segment | Dur. |
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| 2:04 | SEGMENT 1: FIREFIGHTERS AND PTSD | 12:20 |

Synopsis: Firefighters have extremely high rates of PTSD, similar to combat soldiers, yet are very reluctant to seek help. Experts discuss reasons for this reluctance, results of it, and how new efforts at peer counseling may help ease the psychological strain.

Host: Reed Pence. **Guests:** Dan Robertson, Oakland CA fire lieutenant and President, Local 55, International Assn. of Firefighters; Dr. Suzy Bird Gulliver, Director and Chief, Warriors Research Institute, Baylor Scott & White health, Dallas, and Prof. of Psychiatry, Texas A&M College of Medicine Health Science Center

Compliance issues covered: health care, first responders, public safety, local government, military

Links for more information: <https://twitter.com/ofd20dr?lang=en>, <http://researchers.sw.org/wri/team>

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| 15:26 | SEGMENT 2: AUTISM AND PRODIGIES | 7:30 |
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Synopsis: Behavioral similarities between prodigies and some people with autism have long been noted. Now some researchers are beginning to find genetic links between the two phenomena. Experts discuss findings and their implications for autism treatment.

Host: Nancy Benson. **Guest:** Dr. Joanne Ruthsatz, Asst. Prof. of Psychology, The Ohio State Univ. and author, *The Prodigy's Cousin: The Family Link Between Autism and Extraordinary Talent*; Dr. Jennifer Gerdts, Asst. Prof. of Psychiatry and Behavioral Sciences, Univ. of Washington and attending psychologist, Seattle Children's Autism Center

Compliance issues covered: youth at risk, gifted youth, health care

Links for more information: <http://www.prodigycousin.com>, <http://theautismblog.seattlechildrens.org/author/jgerdts/>

Program Log for *Radio Health Journal*

Program 18-20 **Producer** Reed Pence
Air Week 5/20 – 5/26/2018 **Production Director** Sean Waldron

| Time | Segment | Dur. |
|-------------|-------------------------|-------------|
| 2:04 | SEGMENT 1: PRESENTEEISM | 11:45 |

Synopsis: Presenteeism is when people go to work at less than peak efficiency due to illness, injury or distraction. Experts discuss the huge cost to the economy, the chronic illnesses that exact the most cost, and the accommodations that could save businesses billions of dollars.

Host: Reed Pence. **Guests:** Rob Hosking, Senior Vice President, Ranstad USA; Todd Whitthorne, President, ACAP Health; Michael Klachevsky, Practice Consultant for Absence Management, Standard Insurance Co.

Compliance issues covered: economy, business and industry, workplace issues, public health, disabilities, employment

Links for more information: <https://www.randstadusa.com/staffing-and-solutions/staffing/>, <http://www.acaphealth.com/leadership/>, <http://www.workplace-gps.com/about.htm>

| | | |
|-------|---------------------------------------|------|
| 14:51 | SEGMENT 2: COPING WITH THE EMPTY NEST | 8:05 |
|-------|---------------------------------------|------|

Synopsis: Parents who have spent 18 years or more raising children often feel lost when the last child leaves home for college or their own place. A psychotherapist discusses common reactions and strategies for renewing purpose living in the empty nest.

Host: Nancy Benson. **Guests:** Wendy Aronssen, psychotherapist and author, *Refathering the Empty Nest: Life After the Children Leave*

Compliance issues covered: interpersonal relationships, family and parenting issues, youth at risk

Links for more information: <http://www.wendyaronssonlcsw.com>

Program 18-20 Producer Reed Pence
Air Week 5/20 – 5/26/2018 Production Director Sean Waldron

Time Segment Dur.
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Compliance issues covered: interpersonal relationships, family and parenting issues, youth at risk

Links for more information: <http://www.wendyaronssonlcs.com>

Program Log for *Radio Health Journal*

Program 18-21 **Producer** Reed Pence
Air Week 5/27 – 6/2/2018 **Production Director** Sean Waldron

| Time | Segment | Dur. |
|------|---------------------------------------|-------|
| 2:03 | SEGMENT 1: AUTISM AND SUBSTANCE ABUSE | 12:26 |

Synopsis: Recent studies show that people with autism are twice as likely as others to engage in substance abuse, contrary to previous belief that they are extremely unlikely to use drugs or alcohol. An expert and an author who has used alcohol to cope with his autism discuss the developments and their impact.

Host: Reed Pence. **Guests:** Elizabeth Kunreuther, Clinical Instructor, Univ. of North Carolina Wakebrook Addiction Treatment Center and co-author, *Drinking, Drug Use and Addiction in the Autism Community*; Matthew Tinsley, Asperger syndrome patient and co-author, *Asperger Syndrome and Alcohol: Drinking to Cope*

Compliance issues covered: autism, disabilities, alcohol and substance abuse and treatment, education

Links for more information: <https://www.med.unc.edu/psych/directories/faculty/elizabeth-kunreuther>,
<http://www.asperger-training.com/matthew-tinsley/>

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|-------|-----------------------------------------------------|------|
| 15:31 | SEGMENT 2: DROWNING: IT DOESN'T LOOK LIKE YOU THINK | 8:05 |
|-------|-----------------------------------------------------|------|

Synopsis: Seven hundred children under age 15 drown in the US each year, most within sight of a parent or other adult. Experts discuss one major reason: drowning doesn't look like most people picture it, and so are unaware the child is in trouble.

Host: Nancy Benson. **Guest:** Dr. Francesco Pia, water safety educator; Mario Vittone, Retired Marine Safety Specialist, US Coast Guard.

Compliance issues covered: public health, public safety, youth at risk, water safety, consumerism

Links for more information: <http://poolsafely.gov>, <https://www.youtube.com/watch?v=-dmYka7jLiA>

Program 18-22 Producer Reed Pence
Air Week 6/3 – 6/9/2018 Production Director Sean Waldron

| Time | Segment | Dur. |
|------|---------------------------|-------|
| 2:04 | SEGMENT 1: DOCTOR SUICIDE | 12:13 |

Synopsis: Doctors are attempting suicide in high numbers, and are much more likely than the general population to complete it. Experts discuss the coverup of doctor suicides, the reasons behind depression in doctors, and why doctors who are depressed are less likely than normal to get help.

Host: Reed Pence. Guests: Dr. Pamela Wible, founder, Ideal Medical Care movement and author, *Physician Suicide Letters, Answered*; Dr. Louise Andrew, founder, MD Mentor

Compliance issues covered: health care, public health, mental health and suicide, education, government regulation

Links for more information: <http://www.idealmedicalcare.org/blog>, <http://www.mdmentor.com/who-we-are/>

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|-------|----------------------------------|------|
| 15:20 | SEGMENT 2: ENHANCING FOOD SAFETY | 7:27 |
|-------|----------------------------------|------|

Synopsis: Increasing recalls for food contamination have scared many Americans. A noted expert discusses why contamination scares are becoming more common, what government and producers are doing to protect us, and what we can do in our own kitchens to make foods safer.

Host: Nancy Benson. Guest: Dr. Mark Tamplin, former food safety adviser, World Health Organization and US Centers for Disease Control and Prevention and author, *Phage*.

Compliance issues covered: food safety, consumer safety, health care, public health, government regulation, agriculture, business and industry

Links for more information: <http://marktampin.com/index.html>

Program 18-23 **Producer** Reed Pence
Air Week 6/10 – 6/16/2018 **Production Director** Sean Waldron

| Time | Segment | Dur. |
|-------------|--------------------------------------|-------------|
| 2:05 | SEGMENT 1: TACKLING HIGH DRUG PRICES | 12:13 |

Synopsis: The White House has rolled out a plan to reduce the cost of prescription drugs nationally. Experts and those involved discuss elements of the plan and how it might work.

Host: Reed Pence. **Guests:** Donald Trump, President of the United States; Eric Hargan, Deputy Secretary, US Dept. of Health and Human Services; Dr. David Hyman, Prof. of Law, Georgetown Univ. Law Center and co-author, *Overcharged: Why Americans Pay Too Much for Healthcare*; Alex Azar, Secretary, US Department of Health and Human Services

Compliance issues covered: health care, public health, Medicare, federal government, laws, legislation and regulation, economics, foreign trade, insurance

Links for more information: <https://www.whitehouse.gov>, <https://www.hhs.gov/about/leadership/eric-d-hargan/index.html>, <https://www.law.georgetown.edu/faculty/david-hyman/>, <https://www.hhs.gov/about/leadership/secretary/alex-m-azar/index.html>

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|-------|--------------------------------|------|
| 15:20 | SEGMENT 2: THE “BASEBALL RULE” | 7:35 |
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Synopsis: People injured by foul balls at major league baseball games have little chance of recovering damages against teams because of a more-than century old judicial rule that essentially says fans know the risk they’re taking by attending. Experts explain the rule and recent moves by teams to play it safe.

Host: Nancy Benson. **Guests:** Eldon Ham, sports attorney and faculty member, Chicago-Kent College of Law; Nathaniel Grow, Assoc. Prof. of Business Law and Ethics, Kelley School of Business, Indiana Univ.

Compliance issues covered: sports, recreation and entertainment, legal and justice system, youth at risk

Links for more information: <http://eldonham.com>, <https://kelley.iu.edu/faculty-research/faculty-directory/profile.cshhtml?id=GROWN>

Program 18-24 **Producer** Polly Hansen and Reed Pence
Air Week 6/17 – 6/23/2018 **Production Director** Sean Waldron

| Time | Segment | Dur. |
|-------------|------------------------------------------|-------------|
| 2:05 | SEGMENT 1: DRUG ABUSE AND HARM REDUCTION | 12:21 |

Synopsis: As the opioid crisis continues, the city of Vancouver, BC, has found that a harm reduction approach helps addicts move to safer drug use and eventually getting clean. An author who's watched the process discusses the controversial approach of officially allowing drug use, but in safer conditions.

Host: Reed Pence. **Guest:** Travis Lupick, author, *Fighting for Space: How a Group of Drug Users Transformed One City's Struggle With Addiction*

Compliance issues covered: drug and substance abuse and treatment, opioid crisis, local government, harm reduction

Links for more information: <https://www.fightingforspace.com>

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|-------|---------------------------------------------|------|
| 15:28 | SEGMENT 2: LIVING THROUGH EXCRUCIATING PAIN | 6:59 |
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Synopsis: Pain is an often misunderstood reality for millions of people. A noted university professor who became a quadriplegic in a bicycle accident discusses her constant pain and the way it changes life.

Host: Nancy Benson. **Guest:** Dr. Christina Crosby, Prof. of English and Feminist, Gender and Sexuality Studies, Wesleyan Univ. and author, *A Body, Undone: Living On After Great Pain*

Compliance issues covered: consumerism, health care

Links for more information: <http://magazine.wesleyan.edu/2016/04/05/christina-crosby-a-body-undone/>

Program Log for Radio Health Journal

Program 18-25 **Producer** Reed Pence
Air Week 6/24 – 6/30/2018 **Production Director** Sean Waldron

| Time | Segment | Dur. |
|-------------|--------------------------------------------|-------------|
| 2:05 | SEGMENT 1: VANISHING TEEN RITES OF PASSAGE | 12:39 |

Synopsis: Teenagers used to experience rites of passage including getting a driver's license, going out on dates, drinking, having sex, & getting a job. They're engaging in these activities much less often today. It means less risk, but may leave adolescents less ready for adulthood and independence. Experts discuss.

Host: Reed Pence. **Guests:** Dr. Jean Twenge, Prof. of Psychology, San Diego State Univ. & author, *I-Gen: Why Today's Superconnected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy and Completely Unprepared for Adulthood*; Rachel Simmons, Leadership Development Specialist, Smith College and author, *Enough As She Is: How to Help Girls Move Beyond Impossible Standards of Success to Live Happy, Healthy and Fulfilling Lives*; Dr. Dan Siegel, Clinical Prof. of Psychiatry, UCLA School of Medicine, Exec. Director, Mindsight Institute and author, *Brainstorm: The Power and Purpose of the Teenage Brain*

Compliance issues covered: youth at risk, adolescents, parenting, education, underage drinking, social media

Links for more information: <http://www.jeantwenge.com>, <https://www.rachelsimmons.com>, <http://www.drdansiegel.com>

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|-------|------------------------------------------|------|
| 15:42 | SEGMENT 2: BABIES AND THEIR GUT BACTERIA | 7:22 |
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Synopsis: Children have up to five times as much asthma and allergies as their grandparents, and a new study shows that an imbalance of gut bacteria in the first year of life may be why. An expert pediatrician discusses why this occurs and ways to address the problem.

Host: Nancy Benson. **Guest:** Dr. Tanya Altmann, Asst. Clinical Prof. of Pediatrics, UCLA Mattel Children's Hospital and Editor In Chief, American Academy of Pediatrics parenting book series

Compliance issues covered: youth at risk, public health, consumerism

Links for more information: <https://www.drtanya.com>

**Section II
NETWORK (and/or SYNDICATED) PROGRAMMING**

Section II lists the network-provided (and/or syndicated) programming that the station broadcast during the preceding calendar quarter that addresses community issues.

| ISSUE | PROGRAM / TITLE | DESCRIPTION | DATE/TIME | DURATION |
|-------|-----------------|-------------|-----------|----------|
|-------|-----------------|-------------|-----------|----------|

(Insert network and/or syndicator-provided programs lists here.)

**Section III
PUBLIC SERVICE ANNOUNCEMENTS**

Section III lists public service announcements that the station broadcast during the preceding calendar quarter that address community issues.

| ISSUE | ORGANIZATION OR TITLE | DURATION | RUNS |
|-------------------------------|-------------------------------|----------|------|
| BE KNOWLEDGABLE ABOUT FORECLO | AD COUNCIL | 001:00 | 001 |
| COMMUNITY INVOLVEMENT | FARMERS INSURANCE | 000:30 | 025 |
| COMMUNITY INVOLVEMENT | GLOBAL CITIZEN FESTIVAL | 000:30 | 015 |
| COMMUNITY INVOLVEMENT | NO KID HUNGY CAMPAIGN | 000:30 | 013 |
| COMMUNITY INVOLVEMENT | PEACE IN THE STREETS | 000:31 | 001 |
| COMMUNITY INVOLVEMENT | PROSTATE CANCER FOUNDATION | 000:30 | 013 |
| EDUCATION | HAITI PARTNERS | 001:32 | 006 |
| FUNDRAIDER FISH TOURNEY | SEBASTIAN EXCHANGE CLUB | 001:32 | 002 |
| FUNDRAISER EVENT | COMMUNITY OUTREACH | 001:32 | 003 |
| FUNDRAISER EVENT | SUBSTANCE AWARENESS INDIAN R | 001:30 | 001 |
| FUNDRAISER EVENT | YOUTH GUIDANCE | 001:32 | 005 |
| GET HELP WITH YOUR MORTGAGE | AD COUNCIL | 001:00 | 002 |
| GOV HELP WITH HOME MORTGAGES | AD COUNCIL | 000:15 | 001 |
| HABITAT FOR HUMANITY | HABITAT FOR HUMANITY | 000:31 | 014 |
| HURRICANE PREPAREDNESS | RED CROSS | 001:32 | 004 |
| KEEPING OCEANS CLEAN | AD COUNCIL | 000:29 | 002 |
| LEARN HOW TO USE THE INTERNET | AD COUNCIL | 001:00 | 001 |
| PREVENTING SLIPS AND FALLS | AMERICAN ACADEMY OTHROPEDIC S | 000:29 | 001 |

| ISSUE | ORGANIZATION OR TITLE | DURATION | RUNS |
|------------------------------|-----------------------|----------|------|
| PSL HIGH SCHOOL DRAMA DEPT | PSL HIGH | 001:30 | 001 |
| STOP THE TRAINS | CARE FLORIDA | 001:32 | 001 |
| TAKE OUR SONS & DAUGHTERS TO | TAKE YOUR KID TO WORK | 000:30 | 011 |