WOLL

West Palm Beach, FL Quarterly Issues/Programs List Third Quarter, 2015 10/01/2015

WOLL Quarterly Issues/Programs List

WOLL provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

- 1. Workplace safety;
- 2. Education; learning
- 3. Air pollution; the environment
- 4. Healthcare; access; health & wellness; nutrition; exercise;
- 5. Children; parenting
- 6. Crime; violence
- 7. Distracted driving
- 8. The arts; access & availability
- 9. The disabled; services; access; injured vets
- 10. Recreational opportunities

Section I LOCAL PROGRAMMING

Section I lists regularly-scheduled and special programs that represent the station's issue-responsive programming providing the most significant treatment of the issues listed above for the calendar quarter.

WOLL broadcasts Perspectives on Sundays at 6:00am

IS	SSUE	PROGRAM /	DESCRIPTION	GUEST	DATE/	DURA-
		TITLE			TIME	TION

Palm Beach Shakespear e Festival	Perspectives	Interns Mariah and Kelsey and I spoke with Elizabeth Dashiell, PR Cord., Palm Beach Shakespeare Festival. They are celebrating their 25th year by producing the most popular of Shakespeare's plays, "Hamlet". It's running from 7/0-7/19 on Thursday-Sun both weeks. It's at Seabreeze Amphitheatre at Carlin Park in Jupiter, Florida. Gates open at 6:30pm. Free admission (with a suggested \$5 donation). Listeners can bring lawn chairs, blankets, coolers or buy from the food trucks. Well behaved dogs and children are welcome. For more info. www.pbshakespeare.org. They can also get more info on the Florida Weekly Shakespeare Selfie Contest at the website.	Elizabeth Dashiell, PR PB Shakespeare Festival www.pbshakes peare.org/f 1	07/05/15	30 min
Lighthouse Arts Center	Perspectives	Talked with Katie Deits, Exec Dir. Lighthouse Arts Center. They are a member supported non-profit that provides visual and preforming arts for the community via unique collections, exhibitions and cultural programs. Their slogan is: "We bring the joy of art to all". They have multiple summer camps running now and a school that offers a wide variety of classes for pre-k to adults. Listeners can find out more at www.lighthousearts.org	Katie Deits, Exec Dir. Lighthouse Arts Center www.lighthou searts.org	07/12/15	30 min

United Cerebral Palsy Palsy Intern Garrett and I talked with Pat Murphy, Exec. Dir. and Richard Keelan, Dir of Vocation Svcs from United Cerebral Palsy of South Florida. (UCP) We talked about the upcoming 25tth anniversary of the ADA (Americans with Disabilities Act) awareness day on July 26th. They offer a wide variety of services for Infants to adults with developmental disabilities with over 60 locations. The programs are designed to meet individual needs to enable people with disabilities to reach their greatest potential, live productive lives and participate fully as members of their communities. They have a Optime 5k run, 9/27/15 at Markham Park in Sunrise. They have lots of volunteer opportunities. Listeners can go to www.ucpsouthflorida.org for more info.	and Richard Keelan, Dir of Vocation Svcs from United Cerebral Palsy of South Florida www.ucpsouth florida.org		
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T-Leroy Jefferson Medical Society	Perspectives	Interns Renee (Bubbles), Jackie and I spoke with Dr. Seth Crapp, VP, T Leroy Jefferson Medical Society. They are doing their 15 annual Community Health Fair on August 8th at Foundcare in West Palm Beach from 7:30a-2pm. Must be registered before Noon. Services are free and include back to school physicals/shots, diabetes, blood pressure, cholesterol, HIV and cancer screenings. The sponsors for this year's clinic are: T. Leroy Jefferson Medical Society, FoundCare, Merrill Lynch, Sanofi U.S., Good Samaritan Medical Center, Palm Beach Pathology, Palm Beach County Immunization Coalition, and the Florida Department of Health in Palm Beach County. TLJ is a group of healthcare professionals who donate their time to improve health/wellness in underserved populations.	Dr. Seth Crapp, VP, T Leroy Jefferson Medical Society tljmedicalso ciety.org	07/26/15	30 min
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T Leroy Jefferson Repeat Vacation Coverage	Perspectives	Interns Renee (Bubbles), Jackie and I spoke with Dr. Seth Crapp, VP, T Leroy Jefferson Medical Society. They are doing their 15 annual Community Health Fair on August 8th at Foundcare in West Palm Beach from 7:30a-2pm. Must be registered before Noon. Services are free and include back to school physicals/shots, diabetes, blood pressure, cholesterol, HIV and cancer screenings. The sponsors for this year's clinic are: T. Leroy Jefferson Medical Society, FoundCare, Merrill Lynch, Sanofi U.S., Good Samaritan Medical Center, Palm Beach Pathology, Palm Beach	Dr. Seth Crapp, VP, T Leroy Jefferson Medical Society tljmedicalso ciety.org	08/2/15	30 min	7
		cholesterol, HIV and cancer screenings. The sponsors for this year's clinic are: T. Leroy Jefferson Medical Society, FoundCare, Merrill Lynch, Sanofi U.S., Good				

Wounded Warriors of SF	Perspectives	Interns Morissa and Brianna and I spoke with Robert Chelberg, Lt. General U.S. Army Retired, President, Wounded Warriors of South Florida. They are a 501c3 that provides financial assistance to wounded vets with a 50% or higher disability via the VA Hospital/VA Centers.	Robert Chelberg, Lt. General U.S. Army Retired, President, Wounded Warriors of South	08/09/15	30 min
		They are doing a lot of fun events to help raise funds to distribute to the vets. The next one is the Bonita Blast Fishing Tournament. Registration is from 7p-9p on August 21st at the Manatee Island Bar and Grill in Port Salerno, FL. Tournament starts Saturday at 8am. Lots of prizes, fun. Registration Fee is \$100, four anglers and kids under 12 fish free. For details about services, volunteering and upcoming events, listeners can go to www.wwofsf.org	Florida wwofsf.org		

MacArthur Beach State Park	Perspectives	Talked with Lu Dodson, Park Services Specialist, Division of Recreation & Parks, John D. MacArthur Beach State Park. It's the only state park in PBC. They offer a wide variety of programs and events in addition to the beach. Some of the programs/events are: Sea Turtle Talk & Walks, Educational Reef Program, Beach CleanUps, Bird/Butterfly Talks & Walks, Blue Grass Music, Kayaking, intro to surfing, nature photography workshops, Kayaking led Tours of Munyon Island. It's a great place for visitors to see some of Florida's diverse subtropical coastal habitats. They have volunteer opportunities for both big and little kids and do a lot of "field experiences" with school children. Teachers can sign up at the Science Symposium or call the Ranger Station, 561-624-6950 or go to www.macarthurbeach.org	Lu Dodson, Park Services Specialist, Division of Recreation & Parks, John D. MacArthur Beach State Park Macarthurbea ch.org	08/16/15	30 min
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FAU CARD Program	Perspectives	Talked with Darius Murray, Clinical Mentoring Assoc and Elisa Cruz-Torres, Ed.D., BCBA Asst Dir., Center for Autism and Related Disabilities (CARD) at Florida Atlantic University. They offer free expert counseling, training and support for people with autism and related disabilities. They also offer services to their families, employers, professionals and community and governmental agencies serving them. They have a lot of programs including a mentoring program called iRISE2 which stands for Interest & Relationships Impacting Social Engagement & Employment. Students (proteges) must be from 11-22 years old, live in PBC, express interest in working with a mentor and meet other requirements that are listed on the Website. www.autism.fau.edu. They need both maile and femaile mentors, but more male as there are more boys with autism and they are same gender pairings. Mentors have to be 21 and up, pass background checks, agree to spend minimum of 4-6 hours/month mentoring for 1 year. They also do a 5k run fundraiser and listeners can sign up to particpate online too. For more info call 561- 297-4247	Darius Murray, Clinical Mentoring Assoc Elisa Cruz- Torres, Ed.D., BCBA Asst Dir., Center for Autism and Related Disabilities (CARD) at Florida Atlantic University Fau.edu	08/23/15	30 min
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S Fla Wildlife Center	Perspectives	Interns Maddi, Randy and I talked with Scott Gregory, Dir of Op. at South Florida Wildlife Center. They rescue/rehabilitate and release over 12,000 wild animals that have been injured each year. They service the tri-county area. Listeners can volunteer with: animal care, data entry/medical notation assistant, housekeeping, landscaping, nursery assistant and rescue. Just go to the website www.southfloridawildlifecenter. org or call 866-SOS-WILD. They also have fundraising events on the web	Scott Gregory, Dir of Op. at South Florida Wildlife Center Southflorida wildlifecen ter.org	08/30/15	30 min
Catholic Charites PB Diocese	Perspectives	Spoke with Sheila Gomez, Exec Dir and Janelle Hoffman, Development Dir, Catholic Charities of the Diocese of Palm Beach. The Catholic Charities offers a wide variety of programs/services in the 5 county area. They have Elder help, guardianship program, food assistance with their backpack program just to name a few. Listeners can find out about them, volunteer opportunities and events by going to the website. www.catholiccharitiesdpb.org	Sheila Gomez, Exec Dir and Janelle Hoffman, Development Dir, Catholic Charities of the Diocese of Palm Beach. Catholicchar itiespb.org	09/06/15	30 min
Catholic Charites PB Diocese Repeat Vacation	Perspectives	Spoke with Sheila Gomez, Exec Dir and Janelle Hoffman, Development Dir, Catholic Charities of the Diocese of Palm Beach. The Catholic Charities offers a wide variety of programs/services in the 5 county area. They have Elder help, guardianship program, food assistance with their backpack program just to name a few. Listeners can find out about them, volunteer opportunities and events by going to the website. www.catholiccharitiesdpb.org	Sheila Gomez, Exec Dir and Janelle Hoffman, Development Dir, Catholic Charities of the Diocese of Palm Beach. Catholiccha itiespb.org	09/13/15	30 min

Palm Beach Internatio nal Film Fest Swede Fest 4	Perspectives	Spoke with Jeff Davis, Exec Dir. Palm Beach International Film Festival and Elizabeth Dashiell, PR Coor, Swede Fest Palm Beach. PBIFF now owns the Palm Beaches Theatre in Manalapan and this year will be hosting Swede Fest 4. PBIFF will actually be offering events year round starting in September with Comedy and \$5 Movie matinees (which include the popcorn). Students will have a showcase in the Film Festival and local film directors/producers can submit as well. Also, folks can make a 3 minute Swede as long as it's in by 9/30. Listeners can find out more by going to pbifilmfest.org or swedefestpalmbeach.com	Jeff Davis, Exec Dir. Palm Beach Internation al Film Festival and Elizabeth Dashiell, PR Coor, Swede Fest Palm Beach Pbifilmfest. org or swedefestpa lmbeach.com	09/20/15	30 min
Making Strides Walk ACS	Perspectives	Talked with Stacey Halpin, Volunteer Walk Chair and Sharon Horton-Parker, Community Mgr, ACS. Stacey is the walk chair this year and it's being held at the Meyer Amphitheatre in West Palm Beach on October 17th. This is a non-competitive walk/run for survivors, co- survivors and friends. There is no registration fee but team funds that are raised stay here for local services. Some of the services are: road to recovery, look good feel good and more. They are looking for volunteers, just call 561-650- 0136. Listeners can sign up there teams at www.makingstrideswalk.org\palmb each	Stacey Halpin, Volunteer Walk Chair and Sharon Horton- Parker, Community Mgr, ACS Makingstride swalk.org\p almbeach	09/27/15	30 min

Section II NETWORK (and/or SYNDICATED) PROGRAMMING

Section II lists the network-provided (and/or syndicated) programming that the station broadcast during the preceding calendar quarter that addresses community issues.

WOLL broadcasts Radio Health Journal on Sundays at 6:30am

Radio Health Journal ®

Quarterly Issues Report - Q3 2015

Program # 15-27 Air week: **7-5-15**

SEGMENT 1: REFUSE WORKERS: THE DANGERS OF TRASH 12:12

Synopsis: Most people don't think much about what happens to their trash after they set it at the curb. But day in and day out, refuse workers have the most dangerous municipal job, with more injuries than police or firefighters. Two experts discuss the massive job of hauling our garbage away.

Host: Reed Pence. Guests: Robin Nagle, Clinical prof. of Anthropology and Urban Studies, New York Univ., anthropologist in residence, New York Sanitation Dept., and author, <u>Picking Up: On the Streets and Behind the Trucks with the Sanitation Workers of New York City</u>; Sam Shick, franchise operator.

Compliancy issues covered: local and municipal government; worker safety; environment

SEGMENT 2: TV DOCTORS: TRUTH OR FICTION? 7:17

Synopsis: TV doctors wield tremendous influence with patients, sometimes even more than a person's own doctor. Yet studies show that the advice you hear on TV is often unsupported by medical research. Experts discuss how celebrity doctors miss the mark and why they're so popular.

Host: Nancy Benson. Guests: Dr. Christina Korownyk, Assoc. Prof. of Family Medicine, Univ. of Alberta; Dr. Georgianna Donadio, Program Director, National Institute of Whole Health; Dr. Lindsey Meredith, Prof. of Marketing, Beedie School of Business, Simon Fraser Univ.

Compliancy issues covered: health care; public health; consumerism; mass media; pop culture

Program #15-28 Air week: **7-12-15**

SEGMENT 1: PERFECT PITCH 12:54

Synopsis: The ability to "know" the musical pitch of any sound has traditionally been thought to be learnable only at a very early age through musical training. But new research shows perfect pitch is teachable to adults as well. Experts discuss the implications on all forms of learning.

Host: Reed Pence. Guests: Dr. Diana Deutsch, Prof. of Psychology, Univ. of California, San Diego; Stephen Van Hedger, PhD student in cognitive psychology, Univ. of Chicago; Dr. Howard Nusbaum, Prof. of Psychology, Univ. of Chicago

Compliancy issues covered: education and learning; adult education

SEGMENT 2: AIR POLLUTION AND LUNG HEALTH

7:01

Synopsis: Air pollution is blamed for one of every eight deaths worldwide, including 200,000 in the US each year. A noted lung physician discusses some of the diseases smog can cause and ways to keep your lungs safe.

Host: Nancy Benson. Guest: Dr. Steven Nathan, Director, Advanced Lung Disease and Lung Transplant Program, Inova Fairfax Hospital, Falls Church, VA

Compliancy issues covered: health care; public health; pollution and environment

Program #15-29 Air week: **7-19-15**

SEGMENT 1: MATERNAL MORTALITY

10:55

Synopsis: The death rate surrounding pregnancy in the US has been climbing to the point it compares with some third world countries rather than the western European nations we once compared to. Experts discuss possible reasons for the increase and one possible way to reverse it—more reliance on midwives.

Host: Reed Pence. Guests: Dr. Kate Menard, Prof. and Chief, Obstetrics & Gynecology, Univ. of North Carolina School of Medicine; Patricia Harman, certified nurse-midwife and author, The Midwife of Hope River novel series.

Compliancy issues covered: health care; public health; infants at risk; women's issues

SEGMENT 2: THE JOY OF SINGING

8:24

Synopsis: Research shows that singing in a group has health benefits, as well as simply making people feel good. Experts and participants discuss this increasing singing trend in society, and how singing is being used to treat one serious disease.

Host: Nancy Benson. Guests: Stacy Horn, author, Imperfect Harmony: Finding Happiness Singing With Others; Dr. Barbara Reuer, CEO and Founder, Musicworx,

Inc. music therapy practice, San Diego; Karen Hesley, speech pathologist and director, Tremble Clefs singing group

Compliancy issues covered: health care; psychology; pop culture; elderly, senior citizens, and aging

Program #15-30 Air week: **7-26-15**

SEGMENT 1: YOUR BRAIN WITH TINNITUS

9:19

Synopsis: Scientists have discovered that tinnitus, or "ringing in the ears," involves many more areas of the brain than just those involved with hearing. Experts explain why the findings mean it will be difficult to develop treatments for tinnitus, and what sufferers can do now.

Host: Reed Pence. Guests: Dr. Richard Salvi, Distinguished Prof. of Communicative Disorders and Sciences, Univ. at Buffalo; Dr. Phillip Gander, Univ. of Iowa

Compliancy issues covered: health care; public health; consumerism; disabilities

SEGMENT 2: CHILD SUICIDE SURVIVORS

10:05

Synopsis: Children whose parents die by suicide face a difficult emotional recovery. Well-meaning adults often make it worse with their mistakes in how they talk about the death. Experts discuss the right and wrong ways to help children cope with parental suicide.

Host: Nancy Benson. Guests: Wendy Parmley, psychotherapist and author, <u>Hope</u> <u>After Suicide: One Woman's Journey From Darkness to Light;</u> Donna Schuurman, CEO, Dougy Center for Grieving Children and Families, Portland, OR

Compliancy issues covered: youth at risk; parenting issues; mental health and mental illness

Program #15-31 Air week: **8-2-15**

SEGMENT 1: THE RISK OF THE FRONT PASSENGER SEAT

11:20

Synopsis: Few people are aware that the vehicle occupant most likely to be hurt in a crash is the one in the front passenger seat. Experts discuss why this occurs, the different injuries that can occur there, and many ways car occupants can protect themselves from injury.

Host: Reed Pence. Guests: Meghan Smeenge, injured in auto accident; Dr. David Pedley, consultant, accident and emergency medicine, Dumfries & Galloway Royal Infirmary, Scotland; Dr. Peter Cummings, Emeritus Prof. of Epidemiology, Univ. of Washington; Dr. Elisa Braver, Adjunct Assoc. Prof. of Epidemiology, Univ. of Maryland School of Medicine

Compliancy issues covered: public health; traffic & vehicle safety; public safety; consumerism

SEGMENT 2: TOWARD A MORE PEACEFUL DEATH

Synopsis: It's a fine line between preserving life and prolonging death. An award winning science writer discusses her experience observing how medical professionals and patients differ in their acceptance of impending death, and what families need to know to navigate the end of life toward a "good death."

10:05

Host: Nancy Benson. Guest: Katy Butler, author, <u>Knocking on Heaven's Door:</u> The Path to a Better Way of Death.

Compliancy issues covered: ethics; health care; consumerism; family issues; technology and society

Program #15-32 Air week: **8-9-15**

SEGMENT 1: ONLINE PHARMACIES, FAKE DRUGS 11:57

Synopsis: Consumers who purchase medicines online for convenience and price are taking a big risk--experts say 97% of online "pharmacies" are rogue sites operating illegally. Often the medications they sell are counterfeit or substandard. Experts discuss the risks and how consumers can buy safely.

Host: Reed Pence. Guests: Carmen Catizone, Exec. Dir., National Assoc. of Boards of Pharmacy; Libby Baney, Exec. Dir., Alliance for Safe Online Pharmacies; Dr. Roger Bate, scholar, American Enterprise Institute & author, Phake: The Deadly World of Falsified and Substandard Medicines

Compliancy issues covered: public health; public safety; consumerism; crime

SEGMENT 2: MULTITASKING 8:06

Synopsis: Multitasking seems like a necessity for most people, and most of us think it improves our efficiency. However, studies show that only a tiny proportion of people can juggle tasks well. Researchers discuss why our brains can't do two things at once, and why "supertaskers" may be different.

Host: Nancy Benson. Guests: Dr. David Strayer, Prof. of Cognition Neurosciences, Univ. of Utah; Dr. Jayson Watson, Assoc. Prof. of Psychology, Univ. of Utah Compliancy issues covered: workplace issues; consumerism

Program #15-33 Air week: **8-16-15**

SEGMENT 1: ENLISTING MEN AGAINST SEXUAL ASSAULT 13:19

Synopsis: Colleges are now required by Federal law to present anti-sexual assault training to new students, but rather than instilling "no means no," some experts think we need to do much more to enlist men to help prevent sexual assault. Experts discuss how it can be done by making men allies, rather than regarding them as potential perpetrators, and through bystander training.

Host: Reed Pence. Guests: Dr. John Foubert, Prof. of Higher Education and Student Affairs, Oklahoma State Univ., National President, One in Four, and author of 7 books on preventing sexual assault; Ashley Warner, psychoanalyst and author, The Year After: A Memoir; Dorothy Edwards, Exec. Director, Green Dot, Etc.

Compliancy issues covered: women's issues; sexual assault; crime; education; colleges and universities; gender issues; public safety; men's issues

6:32

SEGMENT 2: THE POWER OF TEARS

Synopsis: Researchers are learning that tears shed for different reasons are chemically different. Emotional tears, for example, contain high levels of stress hormones, indicating they may be a way for the body to reduce stress. Experts discuss why it's good for people to cry.

Host: Nancy Benson. Guests: Dr. William Frey, Univ. of Minnesota and Research Director, Health Partners Neuroscience; Dr. Judith Orloff, psychiatrist and author, Emotional Freedom

Compliancy issues covered: health; mental health; gender issues

Program #15-34 Air week: **8-23-15**

SEGMENT 1: HEART ATTACKS IN YOUNG WOMEN 11:15

Synopsis: Young women are at relatively low risk of heart attacks, but when they have one, a much greater proportion die than among men of the same age. Surveys show young women are often unaware of their risk and are much less likely to go to the emergency room when a heart attack occurs. Experts discuss reasons and possible remedies.

Host: Reed Pence. Guests: Dr. Judith Lichtman, Assoc. Prof. and Chair of Epidemiology, Yale School of Public Health; Dr. Holly Andersen, attending cardiologist and Director of Education and Outreach, Perelman Heart Institute, New York Presbyterian Hospital.

Compliancy issues covered: public health; health care; women's issues; education;

SEGMENT 2: ODD MEDICAL TREATMENTS OF THE PAST

7:38

12:01

Synopsis: An expert examines how far we've come in medicine by focusing on past practices, which lead him to conclude doctors in ancient Greece provided better care than those in the US 150 years ago.

Host: Nancy Benson. GuesT: Nathan Belofsky, author, <u>Strange Medicine: A</u> Shocking History of Real Medical Practices Through the Ages.

Compliancy issues covered: education; consumerism

Program #15-35 Air week: **8-30-15**

SEGMENT 1: MISOPHONIA: RAGE AT THE SMALLEST SOUND

Synopsis: A surprisingly large number of people may become agitated or even enraged when they hear "mouth sounds" such as chewing or slurping, sniffling, or crunching of paper. This disorder, misophonia, is largely unknown, but researchers believe audio processing of these sounds is mis-routed to rage centers in the brain. Experts and a sufferer discuss the syndrome.

Host: Reed Pence. Guests: Paul Tabachneck, IT professional, musician, and misophonia sufferer; Judy Krauthamer, author, <u>Sound Rage: A Primer of the Neurobiology and Psychology of a Little Known Anger Disorder</u>; Dr. Aage Moller, Prof. of Behavioral and Brain Sciences, Univ. of Texas at Dallas.

Compliancy issues covered: youth at risk; education; interpersonal relations; health care

SEGMENT 2: GRIEF 7:50

Synopsis: Everyone deals with grief at one time or another. An expert discusses how it's experienced by most people, and what separates normal grief from more problematic depression A writer/illustrator discusses his experience dealing with his spouse's sudden death.

Host: Nancy Benson. Guests: Dr. Ronald Pies, Prof. of Psychiatry, State Univ. of New York Upstate Medical Univ. and Clinical Prof. of Psychiatry, Tufts Univ.; Danny Gregory, author and illustrator, A Kiss Before You Go

Compliancy issues covered: mental illness: family issues

Program #15-36 Air week: **9-6-15**

SEGMENT 1: LIQUID BIOPSIES

11:12

Synopsis: Cancer biopsies traditionally require surgery to remove a piece of tumor. But doctors are increasingly able to find evidence of cancer in the blood, eliminating the need for surgery. Researchers hope to eventually be able to use these liquid biopsies for cancer screening and early diagnosis. Experts discuss.

Host: Reed Pence. Guests: Dr. Nicholas Papadopoulos, Prof. of Oncology, Johns Hopkins Univ; Dr. Scott Kopetz, Assoc. Prof. of Medical Oncology, Univ. of Texas MD Anderson Cancer Center; Dr. Terry Friedlander, Asst. Clinical Prof. of Medicine, Univ. of California at San Francisco

Compliancy issues covered: health care; public health; technology

SEGMENT 2: PET OBESITY

8:44

Synopsis: Just as people face an obesity crisis in the US, so do our pets, who have many of the same health consequences as overweight humans. Experts discuss why pet obesity is a problem and ways pet owners can keep their furry friends healthy.

Host: Nancy Benson. Guests: Dr. Ernie Ward, Veterinarian and founder, Association for Pet Obesity Prevention; Dr. Deborah Linder, Research Asst. Prof., Cummings School of Veterinary Medicine, Tufts Univ.

Compliancy issues covered: family issues; pets and people

Program #15-37 Air week: **9-13-15**

SEGMENT 1: CAR CRASHES & PTSD

13:59

Synopsis: Auto accidents are the largest cause of post-traumatic stress disorder. About 25 percent of people injured in car crashes will suffer from it. Accident survivors and one of the world's foremost experts discuss variables that make PTSD worse and those that make recovery easier, as well as the essentials victims must carry out to recover.

Host: Reed Pence. Guests: Bill Hansen, car accident survivor; Dr. Edward Hickling, Prof. of Psychology, Univ. at Albany and co-author, After the Crash; Debbie Miller Koziarz, car accident survivor

Compliancy issues covered: public safety; auto & highway safety; mental health

SEGMENT 2: PALCOHOL--POWDERED ALCOHOL

6:03

Synopsis: Newly-invented powdered alcohol is entering the market, but some experts and legislators believe it should be banned because it's likely to be abused by teens. Experts, the product's inventor and legislators discuss.

Host: Nancy Benson. Guests: Mark Phillips, Palcohol inventor; David Jernigan, Assoc. Prof., Johns Hopkins Bloomberg School of Public Health; Rick Jones (R), State Senator, Michigan; Brian Kelsey (R), State Senator, Tennessee

Compliancy issues covered: alcohol; youth at risk; laws and legislation; public health

Program #15-38 Air week: **9-20-15**

SEGMENT 1: STEM CELL REGENERATION

11:46

Synopsis: Scientists have discovered that older research animals can seemingly be made young again with infusions of young blood which reactivate stem cells. Researchers have started to isolate factors in plasma that appear to be responsible, opening the door to possibly rolling back the clock on aging. Experts explain.

Host: Reed Pence. Guests: Dr. Harold Katcher, Prof. of Biology, Univ. of Maryland Univ. College and co-founder, Turritopsis Corp.; Dr. Michael Conboy, researcher, Univ. of California, Berkeley; Nelson Yee, founder, XVitality Sciences

Compliancy issues covered: aging; technology; public health

SEGMENT 2: EXPLODING HEAD SYNDROME

7:07

Synopsis: A sleep disorder strangely named "exploding head syndrome" may keep more than 10 percent of people awake at night by inflicting them with crashing sounds that only they can hear. A sufferer and an expert discuss.

Host: Nancy Benson. Guests: Walter Michka, health blogger and exploding head syndrome sufferer; Dr. Brian Sharpless, Asst. Prof. of Psychology, Washington State Univ. and author, Sleep Paralysis

Compliancy issues covered: health care; lifestyle issues

Program #15-39 Air week: **9-27-15**

SEGMENT 1: THE RETURN ON WORKPLACE WELLNESS

13:08

Synopsis: Most medium and large businesses now have corporate wellness programs for employees in an effort to keep health insurance costs down. Many have incentives for reaching health goals. Experts discuss how these plans work and whether the effort shows up favorably on the bottom line.

Host: Reed Pence. Guests: Dr. Katherine Baicker, Prof. of Health Economics, Harvard School of Public Health; Larry Chapman, President and CEO, Chapman Institute; Al Lewis, co-author, Cracking Health Costs: How to Cut Your Company's Health Costs and Provide Employees Better Care

Compliancy issues covered: health care; consumerism; economics; education; business and industry; employment

SEGMENT 2: THE IMPORTANCE OF PLAY

7:01

Synopsis: Many schools are cutting down on recess to focus on the 3R's, but child development experts say play is part of children's "work" and an important part of how they learn. One expert discusses.

Host: Nancy Benson. Guest: Ann Gadzikowski, Early Childhood Coordinator, Center for Talent Development, Northwestern Univ. and author, Creating a Beautiful Mess: The Essential Experiences for a Joyful Childhood

Compliancy issues covered: youth at risk; education; parenting

Section III
PUBLIC SERVICE ANNOUNCEMENTS

Section III lists public service announcements that the station broadcast during the preceding calendar quarter that address community issues.

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
Tourism	Visit Florida	000:30	051
Tourism	Visit Florida	001:00	051
American Cancer Society	AMERICAN CANCER SOCIETY	000:14	033
American Cancer Society	AMERICAN CANCER SOCIETY	000:18	030
AMERICAN DIABETES	AMER DIABETES ASSOC	000:21	113
COMMUNITY INVOLVEMENT	9/11 NATIONAL DAY OF SERVICE	000:30	011
COMMUNITY INVOLVEMENT	SPECIAL OLYMPICS	000:31	006
Disaster Preparedness	Division Emergency Management	000:30	022
FL ASSOC BROAD	Fla Restaurant & Lounge	000:30	039
Flood Insurance	Division Emergency Management	000:30	015
MAKING STRIDES AGAINST	AMERICAN CANCER SOCIETY	000:30	018
MILITARY AND VETERANS	SHOW YOUR STRIPES	000:30	028
POVERTY	A PLACE AT THE TABLE	000:32	003
SPECIAL NEEDS	Division Emergency Management	000:30	014